

II Rybnicki Półmaraton Księżycowy

WYNIKI ZAWODÓW / RESULTS LIST

Bieg

Organizator: Miejski Ośrodek Sportu i Rekreacji w Rybniku

Data: 25 czerwca 2011

Miejsce: Rybnik

Dystans: 21,097 km

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | [km/h] | Check points | | | | | |
|-------------|-----------|-------------------------|---------------------|--------------|------------------------------|------------|-----------------------|---------------|----------------|----------|--------------|---------------|---------------|---------------|---------------|---------------|
| | | | | | | | | | | | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 1 | 302 | OKSENIUK SERGIJ | LUCK | UKR | RUDNIK | 80 | M30/1 | M / 1 | 01:05:50 | 01:05:49 | 19.23 | 00:09:03 / 1 | 00:21:13 / 2 | 00:30:48 / 2 | 00:43:24 / 1 | 00:53:12 / 1 |
| 2 | 444 | ROTICH HILLARY | MARAKWET | KEN | ZAWISZA BYDGOSZCZ | 87 | M18/1 | M / 2 | 01:05:50 | 01:05:49 | 19.23 | 00:09:04 / 3 | 00:21:13 / 3 | 00:30:48 / 3 | 00:43:24 / 2 | 00:53:13 / 3 |
| 3 | 115 | ERLSHA KIPROTICH SAWE | ELDORÉ | KEN | BENDEK TEAM | 82 | M18/2 | M / 3 | 01:05:50 | 01:05:50 | 19.23 | 00:09:04 / 2 | 00:21:13 / 1 | 00:30:48 / 1 | 00:43:24 / 3 | 00:53:12 / 2 |
| 4 | 356 | ROSIUK YURIY | LUCK | UKR | KOVEL | 87 | M18/3 | M / 4 | 01:06:46 | 01:06:45 | 18.96 | 00:09:09 / 4 | 00:21:28 / 4 | 00:31:07 / 4 | 00:43:50 / 4 | 00:53:51 / 4 |
| 5 | 5 | BACZYŃSKI WOJTEK | PSZCZYNA | POL | BAKO-TEAM PSZCZYNA | 81 | M30/2 | M / 5 | 01:10:02 | 01:10:02 | 18.07 | 00:09:56 / 8 | 00:23:08 / 8 | 00:33:29 / 8 | 00:46:46 / 7 | 00:57:08 / 6 |
| 6 | 236 | MAGIERA PIOTR | MYSZKOW | POL | LKS MYSZKOW | 82 | M18/4 | M / 6 | 01:10:08 | 01:10:08 | 18.05 | 00:09:55 / 7 | 00:23:08 / 7 | 00:33:25 / 7 | 00:46:46 / 8 | 00:57:08 / 7 |
| 7 | 175 | KIPTACH ALEXANDR | RIVNE | UKR | KOVEL | 86 | M18/5 | M / 7 | 01:10:18 | 01:10:18 | 18.01 | 00:09:55 / 6 | 00:23:08 / 6 | 00:33:25 / 6 | 00:46:46 / 6 | 00:57:07 / 5 |
| 8 | 111 | DOBROWOLSKI EMIL | CHOTOMÓW | POL | LOTOS JABLONNA | 86 | M18/6 | M / 8 | 01:11:10 | 01:11:10 | 17.79 | 00:09:12 / 5 | 00:21:56 / 5 | 00:32:05 / 5 | 00:46:11 / 5 | 00:57:33 / 8 |
| 9 | 33 | BRACHMAN TOMASZ | KRAKÓW | POL | AZS AWF KRAKÓW | 80 | M30/3 | M / 9 | 01:11:31 | 01:11:31 | 17.70 | 00:09:57 / 10 | 00:23:09 / 9 | 00:33:29 / 9 | 00:47:04 / 9 | 00:57:48 / 9 |
| 10 | 390 | SOBCZYK TOMASZ | WROCLAW | POL | LUKS ŻÓRAWINA | 77 | M30/4 | M / 10 | 01:12:04 | 01:12:04 | 17.56 | 00:09:56 / 9 | 00:23:09 / 10 | 00:33:36 / 10 | 00:47:21 / 10 | 00:58:22 / 10 |
| 11 | 323 | PIECH KACPER | BIAŁA PODLASKA | POL | WAWEL KRAKÓW | 90 | M18/7 | M / 11 | 01:13:23 | 01:13:22 | 17.25 | 00:10:37 / 12 | 00:24:15 / 12 | 00:34:57 / 12 | 00:48:53 / 11 | 00:59:43 / 11 |
| 12 | 404 | STARZYŃSKI DARIUSZ | SĘDZISZÓW | POL | IKARION BOBREK | 74 | M30/5 | M / 12 | 01:13:52 | 01:13:51 | 17.14 | 00:10:37 / 11 | 00:24:15 / 11 | 00:34:57 / 11 | 00:48:53 / 12 | 00:59:44 / 12 |
| 13 | 292 | NOWAK ANDRZEJ | SOSNOWIEC | POL | OSZŃW-GLIWICE | 79 | M30/6 | M / 13 | 01:14:47 | 01:14:46 | 16.93 | 00:10:52 / 14 | 00:25:05 / 14 | 00:36:03 / 14 | 00:50:06 / 14 | 01:00:54 / 13 |
| 14 | 124 | GÓRNY KRZYSZTOF | KALISZ | POL | FINISZ KALISZ | 78 | M30/7 | M / 14 | 01:15:00 | 01:14:59 | 16.88 | 00:10:39 / 13 | 00:24:31 / 13 | 00:35:34 / 13 | 00:49:44 / 13 | 01:00:54 / 14 |
| 15 | 391 | KUDZIELICH SVIATLANA | MIŃSK | BLR | LESZNO | 87 | K18/1 | K / 1 | 01:15:35 | 01:15:35 | 16.75 | 00:11:19 / 18 | 00:25:56 / 18 | 00:37:19 / 17 | 00:51:22 / 15 | 01:01:59 / 15 |
| 16 | 110 | LEWANDOWSKA IWONA | WARSZAWA | POL | LKS VECTRA- BGS WŁOCŁAWEK | 85 | K18/2 | K / 2 | 01:16:00 | 01:16:00 | 16.66 | 00:11:19 / 22 | 00:25:56 / 23 | 00:37:19 / 19 | 00:51:22 / 16 | 01:02:00 / 16 |
| 17 | 324 | PIECZUROWSKI SŁAWOMIR | WROCLAW | POL | | 60 | M50/1 | M / 15 | 01:16:31 | 01:16:31 | 16.54 | 00:11:18 / 17 | 00:25:56 / 17 | 00:37:19 / 16 | 00:51:22 / 17 | 01:02:18 / 17 |
| 18 | 317 | PAWŁOWSKI PIOTR | KOBIÓR | POL | 40-LATEK TYCHY | 73 | M30/8 | M / 16 | 01:17:04 | 01:17:04 | 16.43 | 00:11:16 / 16 | 00:25:56 / 19 | 00:37:20 / 23 | 00:51:25 / 18 | 01:02:45 / 19 |
| 19 | 120 | GOŁĘBIEWSKI MIROSŁAW | RYBNIK | POL | CHEMIA HURT RYBNIK | 62 | M40/1 | M / 17 | 01:17:27 | 01:17:27 | 16.34 | 00:10:52 / 15 | 00:25:10 / 15 | 00:36:30 / 15 | 00:51:28 / 20 | 01:02:38 / 18 |
| 20 | 114 | KOUHAN SVIETLANA | MIŃSK | BLR | LESZNO | 80 | K30/1 | K / 3 | 01:17:40 | 01:17:40 | 16.30 | 00:11:19 / 19 | 00:25:56 / 21 | 00:37:19 / 18 | 00:51:25 / 19 | 01:02:45 / 20 |
| 21 | 133 | HATAŁA SŁAWOMIR | RZYKI | POL | 18BPD | 81 | M30/9 | M / 18 | 01:17:54 | 01:17:53 | 16.25 | 00:11:20 / 23 | 00:25:56 / 25 | 00:37:20 / 22 | 00:51:32 / 21 | 01:03:01 / 21 |
| 22 | 437 | SZYMURA GRZEGORZ | LESZCZYNY | POL | NIEZRZESZONY AMATOR BIEGANIA | 71 | M40/2 | M / 19 | 01:18:00 | 01:18:00 | 16.23 | 00:11:20 / 24 | 00:25:56 / 24 | 00:37:20 / 24 | 00:51:46 / 22 | 01:03:17 / 22 |
| 23 | 48 | YULIYA IGNATAVA | MYKOLAIR | UKR | KOVEL | 83 | K18/3 | K / 4 | 01:19:13 | 01:19:13 | 15.98 | 00:11:19 / 21 | 00:25:56 / 20 | 00:37:19 / 21 | 00:51:54 / 23 | 01:03:56 / 23 |
| 24 | 80 | DURAK KATARZYNA | WROCLAW | POL | LUKS ŻÓRAWINA | 80 | K30/2 | K / 5 | 01:20:31 | 01:20:31 | 15.72 | 00:11:19 / 20 | 00:25:56 / 22 | 00:37:36 / 25 | 00:52:55 / 25 | 01:05:02 / 25 |
| 25 | 21 | BIELIŃSKI PIOTR | KNURÓW | POL | KB SOKÓŁ KNURÓW | 88 | M18/8 | M / 20 | 01:20:39 | 01:20:37 | 15.70 | 00:11:22 / 27 | 00:25:56 / 16 | 00:37:19 / 20 | 00:52:54 / 24 | 01:05:02 / 24 |
| 26 | 384 | UCIECHOWSKI PIOTR | OPOLE | POL | OZPR OPOLE | 63 | M40/3 | M / 21 | 01:20:53 | 01:20:52 | 15.65 | 00:11:28 / 29 | 00:26:34 / 26 | 00:38:28 / 26 | 00:53:42 / 26 | 01:05:50 / 26 |
| 27 | 53 | CIEPLAK TOMASZ | RYBNIK | POL | CHEMIKA RYBNIK | 84 | M18/9 | M / 22 | 01:21:15 | 01:21:14 | 15.58 | 00:11:54 / 42 | 00:27:12 / 35 | 00:39:10 / 33 | 00:54:30 / 29 | 01:06:19 / 28 |
| 28 | 494 | YAKIMOVICH NATALYA | LUCK | UKR | KOVEL | 68 | K40/1 | K / 6 | 01:21:24 | 01:21:23 | 15.55 | 00:11:29 / 31 | 00:26:35 / 27 | 00:38:29 / 28 | 00:53:43 / 27 | 01:05:51 / 27 |
| 29 | 72 | DEŃCA JAN | RUDNIK | POL | LKS 'ZRYW' RUDNIK | 53 | M50/2 | M / 23 | 01:22:10 | 01:22:09 | 15.41 | 00:11:28 / 30 | 00:26:35 / 28 | 00:38:29 / 27 | 00:53:54 / 28 | 01:06:20 / 29 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | Check points | | | | | | |
|----------|--------|------------------------|---------------------|--------------------|-------------------------|---------|--------------------|------------|-------------|--------------|--------|---------------|---------------|---------------|---------------|---------------|
| | | | | | | | | | | [km/h] | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 30 | 346 | RAKIEĆ KAROLINA | KALISZ | POL | SUPERMARATON KALISZ | 79 | K30/3 | K / 7 | 01:22:56 | 01:22:55 | 15.27 | 00:11:47 / 40 | 00:27:07 / 32 | 00:39:10 / 32 | 00:54:41 / 33 | 01:07:08 / 32 |
| 31 | 489 | WRZESIŃSKI ANDRZEJ | TYCHY | POL | 40-LATEK TYCHY | 61 | M50/3 | M / 24 | 01:23:00 | 01:23:00 | 15.25 | 00:11:30 / 33 | 00:26:39 / 30 | 00:38:45 / 29 | 00:54:31 / 30 | 01:06:55 / 30 |
| 32 | 245 | MATECKI TOMASZ | BIELSKO-BIAŁA | POL | | 80 | M30/10 | M / 25 | 01:23:06 | 01:23:04 | 15.24 | 00:11:44 / 37 | 00:27:14 / 36 | 00:39:30 / 34 | 00:55:00 / 34 | 01:07:20 / 33 |
| 33 | 269 | MOGILSKI MARCIN | RACIBÓRZ | POL | | 75 | M30/11 | M / 26 | 01:23:08 | 01:23:06 | 15.23 | 00:11:21 / 26 | 00:26:38 / 29 | 00:38:47 / 30 | 00:54:36 / 32 | 01:07:07 / 31 |
| 34 | 218 | KURIATA ROBERT | ZŁOTORYJA | POL | OLAWS ZŁOTORYJA | 66 | M40/4 | M / 27 | 01:23:13 | 01:23:09 | 15.22 | 00:12:00 / 44 | 00:27:34 / 44 | 00:39:55 / 39 | 00:55:41 / 38 | 01:08:03 / 36 |
| 35 | 366 | SAMBAK TADEUSZ | BRZESZCZE | POL | ZADYSZKA OŚWIĘCIM | 69 | M40/5 | M / 28 | 01:23:15 | 01:23:12 | 15.21 | 00:12:12 / 51 | 00:27:57 / 46 | 00:40:17 / 46 | 00:55:58 / 40 | 01:08:09 / 37 |
| 36 | 385 | KOŹDOŃ JAROSŁAW | ŻORY | POL | KW GLIWICE | 84 | M18/10 | M / 29 | 01:23:22 | 01:23:20 | 15.19 | 00:12:01 / 45 | 00:27:32 / 43 | 00:39:36 / 36 | 00:55:25 / 35 | 01:07:48 / 35 |
| 37 | 229 | LOTA ANDRZEJ | LEGNICA | POL | FENIKS LEGNICA | 70 | M40/6 | M / 30 | 01:23:33 | 01:23:29 | 15.16 | 00:12:53 / 77 | 00:28:56 / 68 | 00:40:57 / 54 | 00:56:21 / 46 | 01:08:17 / 41 |
| 38 | 320 | PECHKO ANNA | DNEPROPETROVSKUKR | KOVEL | | 86 | K18/4 | K / 8 | 01:23:57 | 01:23:56 | 15.08 | 00:11:56 / 43 | 00:27:35 / 45 | 00:40:02 / 41 | 00:55:58 / 39 | 01:08:26 / 43 |
| 39 | 10 | BASTA GRZEGORZ | CHELMK | POL | ZADYSZKA OŚWIĘCIM | 70 | M40/7 | M / 31 | 01:23:58 | 01:23:55 | 15.08 | 00:12:12 / 53 | 00:27:58 / 48 | 00:40:18 / 48 | 00:56:05 / 44 | 01:08:13 / 38 |
| 40 | 339 | PRZEWOŹNIK MAREK | BRZESZCZE | POL | ZADYSZKA OŚWIĘCIM | 63 | M40/8 | M / 32 | 01:24:10 | 01:24:07 | 15.05 | 00:12:12 / 52 | 00:27:57 / 47 | 00:40:17 / 47 | 00:55:59 / 42 | 01:08:15 / 40 |
| 41 | 59 | CZAPLA KAMIL | KRZESZÓW | POL | | 89 | M18/11 | M / 33 | 01:24:12 | 01:24:11 | 15.04 | 00:12:32 / 71 | 00:28:47 / 60 | 00:41:20 / 59 | 00:57:15 / 53 | 01:09:02 / 48 |
| 42 | 209 | KUCHARSKA EWA | PSZCZYNA | POL | MKS ISKRA PSZCZYNA | 81 | K30/4 | K / 9 | 01:24:30 | 01:24:29 | 14.98 | 00:12:06 / 49 | 00:27:59 / 49 | 00:40:29 / 51 | 00:56:24 / 48 | 01:08:54 / 46 |
| 43 | 11 | BEDNARZ JAKUB | SOSNOWIEC | POL | POGORIA BIEGA | 85 | M18/12 | M / 34 | 01:24:30 | 01:24:29 | 14.98 | 00:12:12 / 50 | 00:28:03 / 51 | 00:40:28 / 49 | 00:56:24 / 47 | 01:08:53 / 45 |
| 44 | 51 | CIELNIASZEK MAREK | BĘDZIN | POL | HUMAN LABEL TEAM | 78 | M30/12 | M / 35 | 01:24:52 | 01:24:51 | 14.92 | 00:11:27 / 28 | 00:26:39 / 31 | 00:38:48 / 31 | 00:54:35 / 31 | 01:07:35 / 34 |
| 45 | 441 | ŚNIEŻEK ADAM | ŻERNICA | POL | AKMB PĘDZIWIATR GLIWICE | 80 | M30/13 | M / 36 | 01:25:01 | 01:24:59 | 14.89 | 00:11:50 / 41 | 00:27:15 / 37 | 00:39:39 / 37 | 00:55:36 / 37 | 01:08:15 / 39 |
| 46 | 386 | SOBCZAK HENRYK | NOWY TARG | POL | | 83 | M18/13 | M / 37 | 01:25:22 | 01:25:21 | 14.83 | 00:11:47 / 39 | 00:27:17 / 38 | 00:39:33 / 35 | 00:55:33 / 36 | 01:08:25 / 42 |
| 47 | 44 | BUKOWCZAN MARIAN | OŚWIĘCIM | POL | KB BUKMAR | 53 | M50/4 | M / 38 | 01:25:28 | 01:25:25 | 14.82 | 00:12:24 / 57 | 00:28:12 / 53 | 00:40:34 / 52 | 00:56:34 / 49 | 01:09:18 / 49 |
| 48 | 328 | PIONTEK KRZYSZTOF | RYBNIK | POL | CHEMIA-HURT RYBNIK | 74 | M30/14 | M / 39 | 01:25:31 | 01:25:30 | 14.80 | 00:12:32 / 69 | 00:28:47 / 61 | 00:41:20 / 57 | 00:57:20 / 54 | 01:09:44 / 52 |
| 49 | 296 | OBERTYN ROMAN | JAWORZNO | POL | KS ENERGETYK JAWORZNO | 70 | M40/9 | M / 40 | 01:25:49 | 01:25:47 | 14.76 | 00:11:43 / 36 | 00:27:30 / 42 | 00:39:57 / 40 | 00:56:08 / 45 | 01:09:21 / 50 |
| 50 | 397 | LIZAK WOJCIECH | JASTRZĘBIE ZDRÓJ | POL | | 80 | M30/15 | M / 41 | 01:25:55 | 01:25:54 | 14.74 | 00:11:42 / 35 | 00:27:29 / 41 | 00:40:03 / 42 | 00:55:59 / 41 | 01:08:56 / 47 |
| 51 | 135 | HERMAN JANUSZ | CHYBIE | POL | NIEZRZESZONY | 79 | M30/16 | M / 42 | 01:25:55 | 01:25:55 | 14.73 | 00:11:45 / 38 | 00:27:20 / 39 | 00:39:44 / 38 | 00:56:00 / 43 | 01:08:42 / 44 |
| 52 | 52 | CIEPLAK MACIEJ | RYBNIK | POL | CHEMIA-HURT RYBNIK | 62 | M40/10 | M / 43 | 01:26:07 | 01:26:07 | 14.70 | 00:12:32 / 70 | 00:28:47 / 62 | 00:41:20 / 58 | 00:57:20 / 55 | 01:09:48 / 53 |
| 53 | 113 | PALICHLB ADAM | SOBÓDKA | POL | WKB PIAST WROCŁAW | 64 | M40/11 | M / 44 | 01:26:30 | 01:26:29 | 14.64 | 00:12:03 / 47 | 00:28:01 / 50 | 00:40:29 / 50 | 00:56:38 / 51 | 01:09:37 / 51 |
| 54 | 297 | OBOŃSKI ARTUR | KNURÓW | POL | KB SOKÓŁ KNURÓW | 88 | M18/14 | M / 45 | 01:26:43 | 01:26:35 | 14.62 | 00:13:09 / 88 | 00:29:40 / 81 | 00:42:35 / 74 | 00:58:33 / 66 | 01:10:57 / 61 |
| 55 | 39 | BRZENCZEK MICHAŁ | GLIWICE | POL | TEAM TELEGROSIK | 71 | M40/12 | M / 46 | 01:26:45 | 01:26:44 | 14.59 | 00:12:20 / 54 | 00:28:35 / 55 | 00:41:19 / 56 | 00:57:24 / 56 | 01:10:05 / 55 |
| 56 | 373 | SIWEK DAWID | KATOWICE | POL | | 83 | M18/15 | M / 47 | 01:26:58 | 01:26:54 | 14.57 | 00:11:30 / 32 | 00:27:29 / 40 | 00:40:16 / 45 | 00:56:49 / 52 | 01:10:01 / 54 |
| 57 | 330 | PISKOROWSKA DANUTA | WROCŁAW | POL | | 80 | K30/5 | K / 10 | 01:26:58 | 01:26:57 | 14.56 | 00:12:27 / 63 | 00:28:39 / 58 | 00:41:27 / 61 | 00:57:55 / 63 | 01:10:51 / 60 |
| 58 | 372 | SIWCZYK ANDRZEJ | RYBNIK | POL | CHEMIA-HURT RYBNIK | 57 | M50/5 | M / 48 | 01:27:15 | 01:27:14 | 14.51 | 00:12:33 / 72 | 00:28:49 / 66 | 00:41:20 / 60 | 00:57:40 / 58 | 01:10:36 / 57 |
| 59 | 201 | KRAVČÍK MIREK | KARVINA | CZE | BK SAK LOZISKA KARVINA | 53 | M50/6 | M / 49 | 01:27:32 | 01:27:25 | 14.48 | 00:13:08 / 86 | 00:29:40 / 79 | 00:42:34 / 72 | 00:58:51 / 70 | 01:11:30 / 65 |
| 60 | 351 | ROCZKOWSKI ARTUR | RYBNIK | POL | SBD ENERGETYK RYBNIK | 65 | M40/13 | M / 50 | 01:27:38 | 01:27:37 | 14.45 | 00:12:04 / 48 | 00:28:35 / 56 | 00:41:32 / 64 | 00:57:53 / 61 | 01:10:39 / 58 |
| 61 | 43 | MICHALSKI ADAM | SOBÓDKA | POL | WKB PIAST WROCŁAW | 70 | M40/14 | M / 51 | 01:27:48 | 01:27:47 | 14.42 | 00:12:03 / 46 | 00:28:04 / 52 | 00:40:44 / 53 | 00:57:34 / 57 | 01:10:40 / 59 |
| 62 | 92 | DZIWOKI MAREK | RYBNIK | POL | | 72 | M30/17 | M / 52 | 01:27:54 | 01:27:53 | 14.40 | 00:12:24 / 56 | 00:28:35 / 54 | 00:41:18 / 55 | 00:57:42 / 59 | 01:10:57 / 62 |
| 63 | 71 | BUGDOŁ ANDRZEJ | MAKÓW | POL | KP PSP W RACIBORZU | 81 | M30/18 | M / 53 | 01:27:58 | 01:27:50 | 14.41 | 00:13:08 / 87 | 00:29:42 / 82 | 00:42:35 / 73 | 00:58:49 / 68 | 01:11:44 / 67 |
| 64 | 91 | DZIUŁ DĄGARA | PAWŁOWICE | POL | KB MOSIR JASTRZĘBIE | 87 | K18/5 | K / 11 | 01:27:59 | 01:27:59 | 14.39 | 00:12:30 / 68 | 00:29:12 / 71 | 00:42:15 / 71 | 00:58:52 / 71 | 01:11:40 / 66 |
| 65 | 421 | SZCZEPAŃCZYK ARKADIUSZ | JASTRZĘBIE ZDRÓJ | POL | KSRG-ZOFIÓWKA | 67 | M40/15 | M / 54 | 01:28:10 | 01:28:09 | 14.36 | 00:11:32 / 34 | 00:27:07 / 33 | 00:40:06 / 43 | 00:56:37 / 50 | 01:10:16 / 56 |
| 66 | 223 | LESIK KRZYSZTOF | WODZISŁAW ŚLĄSKIPOL | FORMA WODZISŁAW ŚL | | 74 | M30/19 | M / 55 | 01:28:28 | 01:28:22 | 14.32 | 00:13:13 / 91 | 00:29:51 / 86 | 00:42:48 / 79 | 00:59:25 / 74 | 01:12:26 / 72 |
| 67 | 20 | BIELIŃSKI ARTUR | PRZYSZOWICE | POL | | 86 | M18/16 | M / 56 | 01:28:34 | 01:28:32 | 14.30 | 00:12:25 / 59 | 00:28:38 / 57 | 00:41:30 / 63 | 00:57:52 / 60 | 01:11:21 / 64 |
| 68 | 195 | KOTELUK TOMASZ | KALIONOWICE | POL | OSIR STRZELCE OPOLSKIE | 73 | M30/20 | M / 57 | 01:28:39 | 01:28:34 | 14.29 | 00:13:14 / 92 | 00:29:52 / 88 | 00:42:49 / 80 | 00:59:25 / 75 | 01:12:26 / 73 |
| 69 | 149 | JANOWSKI KRZYSZTOF | KAMIENIEC | POL | LUKS ŻÓRAWINA | 70 | M40/16 | M / 58 | 01:28:41 | 01:28:37 | 14.28 | 00:12:29 / 66 | 00:28:42 / 59 | 00:41:29 / 62 | 00:57:54 / 62 | 01:11:06 / 63 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | Check points | | | | | | |
|----------|--------|-----------------------|-------------------|-----------|---|---------|--------------------|------------|-------------|--------------|--------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | [km/h] | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 70 | 301 | OGŁOZA KAMIL | CZĘSTOCHOWA | POL | ZABIEGANI CZĘSTOCHOWA | 84 | M18/17 | M / 59 | 01:28:41 | 01:28:40 | 14.28 | 00:13:01 / 81 | 00:29:35 / 76 | 00:42:40 / 76 | 00:59:29 / 78 | 01:12:31 / 76 |
| 71 | 29 | BORKOWSKI WALDEMAR | CZĘSTOCHOWA | POL | ZABIEGANI CZĘSTOCHOWA | 72 | M30/21 | M / 60 | 01:28:42 | 01:28:39 | 14.28 | 00:13:00 / 80 | 00:29:39 / 78 | 00:42:49 / 82 | 00:59:26 / 77 | 01:12:27 / 74 |
| 72 | 26 | BODANKA PIOTR | NIEZANANICE | POL | | 79 | M30/22 | M / 61 | 01:29:07 | 01:29:05 | 14.21 | 00:12:27 / 62 | 00:29:26 / 75 | 00:42:38 / 75 | 01:00:23 / 84 | 01:13:05 / 78 |
| 73 | 19 | BIELIŃSKA MONIKA | PRZYSZOWICE | POL | | 83 | K18/6 | K / 12 | 01:29:34 | 01:29:32 | 14.14 | 00:12:28 / 65 | 00:29:12 / 69 | 00:42:14 / 69 | 00:58:52 / 72 | 01:12:01 / 68 |
| 74 | 493 | WYSZKOŃ FRANCISZEK | ŁAŃCE | POL | FORMA WODZISŁAW ŚL | 81 | M30/23 | M / 62 | 01:29:38 | 01:29:33 | 14.14 | 00:12:36 / 74 | 00:28:48 / 65 | 00:41:40 / 65 | 00:58:25 / 65 | 01:12:07 / 69 |
| 75 | 277 | MROZEK MARIUSZ | LYSKI | POL | | 85 | M18/18 | M / 63 | 01:29:41 | 01:29:36 | 14.13 | 00:12:26 / 61 | 00:28:48 / 64 | 00:41:50 / 68 | 00:58:53 / 73 | 01:12:19 / 71 |
| 76 | 140 | ŠITKA JOSEF | DRNOVICE | CZE | WYSZKÓW NA MORAWACH | 86 | M18/19 | M / 64 | 01:29:47 | 01:29:40 | 14.12 | 00:13:23 / 98 | 00:30:05 / 92 | 00:43:05 / 87 | 00:59:31 / 79 | 01:12:57 / 77 |
| 77 | 112 | MOJIZEK PAVEL | OSTRAVA | CZE | MK SEITL OSTRAVA | 65 | M40/17 | M / 65 | 01:30:08 | 01:30:05 | 14.05 | 00:13:25 / 99 | 00:30:39 / 99 | 00:43:28 / 90 | 01:00:27 / 86 | 01:13:22 / 80 |
| 78 | 264 | MLAK KAZIMIERZ | MILIKOWICE | POL | HERMES ŚWIDNICA | 58 | M50/7 | M / 66 | 01:30:08 | 01:30:06 | 14.05 | 00:12:25 / 58 | 00:28:48 / 63 | 00:41:45 / 66 | 00:58:43 / 67 | 01:12:28 / 75 |
| 79 | 388 | DRAMSKI EDWARD | STRZELCE | POL | OSIR STRZELCE OPOLSKIE | 74 | M30/24 | M / 67 | 01:30:13 | 01:30:07 | 14.05 | 00:13:14 / 93 | 00:29:52 / 87 | 00:42:49 / 81 | 00:59:25 / 76 | 01:13:13 / 79 |
| 80 | 327 | PILATOWSKI MIROSLAW | JASTRZĘBIE-ZDRÓJ | POL | | 66 | M40/18 | M / 68 | 01:30:14 | 01:30:13 | 14.03 | 00:12:23 / 55 | 00:28:50 / 67 | 00:41:46 / 67 | 00:58:50 / 69 | 01:12:18 / 70 |
| 81 | 242 | MARENIN ADAM | OPOLE | POL | BIEG OPOLSKI | 72 | M30/25 | M / 69 | 01:30:18 | 01:30:07 | 14.05 | 00:13:35 / 108 | 00:30:18 / 93 | 00:43:29 / 92 | 01:00:26 / 85 | 01:13:31 / 81 |
| 82 | 31 | BOUAYAD MOHAMED SAMI | RYBNIK | POR | | 83 | M18/20 | M / 70 | 01:31:21 | 01:31:16 | 13.87 | 00:12:48 / 76 | 00:29:25 / 73 | 00:42:40 / 77 | 01:00:17 / 82 | 01:14:19 / 84 |
| 83 | 141 | JACHIMCZYK ALEKSANDRA | CHRZANÓW | POL | FALSTART CHRZANÓW | 83 | K18/7 | K / 13 | 01:31:43 | 01:31:40 | 13.81 | 00:12:28 / 64 | 00:29:12 / 70 | 00:42:15 / 70 | 00:59:36 / 80 | 01:13:39 / 82 |
| 84 | 367 | SANIAWA PAWEŁ | KĘDZIERZYN-KOŹLEP | POL | | 74 | M30/26 | M / 71 | 01:31:47 | 01:31:35 | 13.82 | 00:13:14 / 94 | 00:29:46 / 85 | 00:43:01 / 86 | 01:00:09 / 81 | 01:13:55 / 83 |
| 85 | 362 | RUSIN TOMASZ | ŻERNICA | POL | | 71 | M40/19 | M / 72 | 01:31:52 | 01:31:49 | 13.79 | 00:13:09 / 89 | 00:29:45 / 84 | 00:43:13 / 89 | 01:00:36 / 88 | 01:14:35 / 87 |
| 86 | 355 | ROSINSKI ARTUR | RUDA ŚLĄSKA | POL | XTRI.PL | 93 | M18/21 | M / 73 | 01:31:59 | 01:31:54 | 13.77 | 00:14:20 / 158 | 00:32:07 / 138 | 00:45:36 / 122 | 01:03:06 / 114 | 01:16:08 / 103 |
| 87 | 103 | FLIEGERT EWA | RYBNIK | POL | CHEMIA-HURT RYBNIK | 65 | K40/2 | K / 14 | 01:32:10 | 01:32:09 | 13.74 | 00:12:46 / 75 | 00:29:45 / 83 | 00:43:11 / 88 | 01:00:42 / 91 | 01:14:33 / 86 |
| 88 | 313 | PAPUGA DARIUSZ | JAWISZOWICE | POL | ZADYSZKA OŚWIĘCIM | 65 | M40/20 | M / 74 | 01:32:19 | 01:32:15 | 13.72 | 00:12:29 / 67 | 00:29:19 / 72 | 00:42:47 / 78 | 01:00:20 / 83 | 01:14:27 / 85 |
| 89 | 274 | MROZEK DANIEL | LYSKI | POL | | 91 | M18/22 | M / 75 | 01:32:29 | 01:32:18 | 13.71 | 00:13:40 / 116 | 00:30:54 / 100 | 00:44:44 / 102 | 01:02:07 / 99 | 01:15:48 / 97 |
| 90 | 368 | SARNOCIŃSKI SEBASTIAN | LUBOCHNIA | POL | | 89 | M18/23 | M / 76 | 01:32:39 | 01:32:36 | 13.67 | 00:13:28 / 102 | 00:31:00 / 104 | 00:44:46 / 104 | 01:02:10 / 101 | 01:15:49 / 99 |
| 91 | 62 | CZERWIEŃSKI ANDRZEJ | HÓLDUNÓW | POL | TRUCHTACZ MYSŁOWICE | 75 | M30/27 | M / 77 | 01:32:41 | 01:32:37 | 13.67 | 00:12:25 / 60 | 00:29:26 / 74 | 00:42:50 / 83 | 01:00:30 / 87 | 01:14:45 / 88 |
| 92 | 58 | CZAJKOWSKI DARIUSZ | GLIWICE | POL | | 69 | M40/21 | M / 78 | 01:32:45 | 01:32:40 | 13.66 | 00:13:36 / 110 | 00:31:00 / 103 | 00:44:45 / 103 | 01:02:10 / 100 | 01:15:49 / 98 |
| 93 | 117 | GEHR SEBASTIAN | KRAKÓW | POL | | 80 | M30/28 | M / 79 | 01:32:54 | 01:32:53 | 13.63 | 00:13:06 / 83 | 00:29:55 / 90 | 00:43:29 / 91 | 01:01:02 / 92 | 01:15:07 / 91 |
| 94 | 248 | CZARTORYSKA NATALIA | OPOLE | POL | | 78 | K30/6 | K / 15 | 01:33:03 | 01:32:59 | 13.61 | 00:13:15 / 96 | 00:30:28 / 96 | 00:44:05 / 97 | 01:01:36 / 96 | 01:15:26 / 93 |
| 95 | 9 | BASIAGA KRZYSZTOF | PIEKARY ŚLĄSKIE | POL | RUNBASIAGA RUN | 65 | M40/22 | M / 80 | 01:33:13 | 01:33:09 | 13.59 | 00:13:46 / 119 | 00:31:06 / 105 | 00:44:47 / 105 | 01:02:17 / 104 | 01:16:08 / 102 |
| 96 | 364 | RYŚ ZBIGNIEW | RYBNIK | POL | CHEMIA-HURT RYBNIK | 76 | M30/29 | M / 81 | 01:33:20 | 01:33:20 | 13.56 | 00:12:35 / 73 | 00:29:40 / 80 | 00:43:00 / 85 | 01:00:41 / 89 | 01:14:59 / 89 |
| 97 | 490 | WYBRANIEC ANDRZEJ | KIETRZ | POL | KS GRYF KIETRZ | 50 | M60/1 | M / 82 | 01:33:27 | 01:33:22 | 13.56 | 00:13:34 / 106 | 00:31:08 / 106 | 00:44:58 / 107 | 01:02:37 / 109 | 01:16:12 / 104 |
| 98 | 483 | WOLNY KRZYSZTOF | MIASTECZKO | POL | | 81 | M30/30 | M / 83 | 01:33:33 | 01:33:20 | 13.56 | 00:14:04 / 138 | 00:31:14 / 108 | 00:44:50 / 106 | 01:02:14 / 102 | 01:15:55 / 101 |
| 99 | 159 | KALKOWSKI PRZEMYSŁAW | ŚLAWNO | POL | WSO | 89 | M18/24 | M / 84 | 01:33:51 | 01:33:48 | 13.49 | 00:13:07 / 85 | 00:30:19 / 94 | 00:43:58 / 95 | 01:01:47 / 98 | 01:15:50 / 100 |
| 100 | 46 | BUREK PIOTR | GASZOWICE | POL | | 61 | M50/8 | M / 85 | 01:34:08 | 01:34:06 | 13.45 | 00:13:05 / 82 | 00:30:27 / 95 | 00:44:05 / 98 | 01:01:36 / 95 | 01:15:41 / 96 |
| 101 | 15 | BARON ADAM | ŻORY | POL | | 92 | M18/25 | M / 86 | 01:34:09 | 01:34:02 | 13.46 | 00:14:12 / 147 | 00:31:28 / 113 | 00:45:03 / 108 | 01:02:34 / 107 | 01:16:35 / 106 |
| 102 | 75 | DOROSZUK CEZARY | BIAŁA PODLASKA | POL | | 83 | M18/26 | M / 87 | 01:34:11 | 01:34:07 | 13.45 | 00:14:05 / 139 | 00:31:41 / 124 | 00:45:30 / 119 | 01:03:05 / 113 | 01:17:02 / 110 |
| 103 | 82 | DUŚ ARTUR | CHORZÓW | POL | KONSORCJUM OCHRONY KOPALŃ SP.Z O.O.ZABRZE | 72 | M30/31 | M / 88 | 01:34:13 | 01:34:10 | 13.44 | 00:12:57 / 78 | 00:29:55 / 89 | 00:43:42 / 93 | 01:01:22 / 94 | 01:15:41 / 95 |
| 104 | 69 | DĄBROWSKI TOMASZ | NYSA | POL | NYSA BIEGA | 71 | M40/23 | M / 89 | 01:34:20 | 01:34:19 | 13.42 | 00:13:47 / 121 | 00:30:58 / 102 | 00:44:13 / 99 | 01:01:37 / 97 | 01:15:32 / 94 |
| 105 | 116 | KOLANKO MATEUSZ | GLIWICE | POL | | 86 | M18/27 | M / 90 | 01:34:31 | 01:34:20 | 13.42 | 00:14:11 / 145 | 00:31:28 / 114 | 00:45:03 / 109 | 01:02:34 / 108 | 01:16:19 / 105 |
| 106 | 67 | DZIEWIT KRZYSZTOF | RAQCIBÓRZ | POL | | 76 | M30/32 | M / 91 | 01:34:51 | 01:34:45 | 13.36 | 00:13:28 / 101 | 00:30:39 / 98 | 00:43:58 / 96 | 01:01:11 / 93 | 01:15:05 / 90 |
| 107 | 3 | KSIĄŻEK WIESŁAW | TYCHY | POL | CZTERDZIESTOLATEK TYCHY | 52 | M50/9 | M / 92 | 01:34:55 | 01:34:48 | 13.35 | 00:13:59 / 134 | 00:31:29 / 115 | 00:45:28 / 115 | 01:03:11 / 116 | 01:17:22 / 114 |
| 108 | 18 | BIELAŃSKI TYBERIUSZ | KATOWICE | POL | NIEZRZESZONY | 74 | M30/33 | M / 93 | 01:34:58 | 01:34:56 | 13.33 | 00:13:37 / 111 | 00:31:26 / 112 | 00:45:29 / 117 | 01:03:31 / 120 | 01:17:32 / 116 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | Check points | | | | | | |
|----------|--------|----------------------|-------------------|-----------|-------------------------------|---------|--------------------|------------|-------------|--------------|--------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | [km/h] | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 109 | 407 | STAWARZ KRZYSZTOF | ŻYWIEC | POL | | 80 | M30/34 | M / 94 | 01:35:02 | 01:34:55 | 13.34 | 00:13:38 / 112 | 00:30:54 / 101 | 00:44:25 / 101 | 01:02:17 / 105 | 01:16:42 / 108 |
| 110 | 182 | KOBIERSKA AGNIESZKA | GLIWICE | POL | | 80 | K30/7 | K / 16 | 01:35:03 | 01:35:02 | 13.32 | 00:13:39 / 113 | 00:31:41 / 125 | 00:45:42 / 124 | 01:03:37 / 123 | 01:17:39 / 117 |
| 111 | 250 | MENCNER ADRIAN | GOLASOWICE | POL | | 70 | M40/24 | M / 95 | 01:35:03 | 01:35:01 | 13.32 | 00:13:33 / 104 | 00:31:09 / 107 | 00:45:08 / 111 | 01:02:56 / 112 | 01:17:14 / 112 |
| 112 | 1 | ADAMCZYK MIROSLAW | SIEMIANOWICE | POL | NIEZRZESZONY | 70 | M40/25 | M / 96 | 01:35:05 | 01:35:02 | 13.32 | 00:13:54 / 126 | 00:31:30 / 117 | 00:45:17 / 114 | 01:03:21 / 117 | 01:17:23 / 115 |
| 113 | 446 | TASAREK RYSZARD | NYSA | POL | NYSA BIEGA | 52 | M50/10 | M / 97 | 01:35:10 | 01:35:09 | 13.30 | 00:13:47 / 120 | 00:31:20 / 110 | 00:45:05 / 110 | 01:02:46 / 110 | 01:16:55 / 109 |
| 114 | 268 | MOCEK STANISLAW | ZABRZE | POL | CAPGEMINI | 81 | M30/35 | M / 98 | 01:35:13 | 01:34:59 | 13.33 | 00:14:06 / 141 | 00:31:40 / 123 | 00:45:31 / 120 | 01:03:09 / 115 | 01:17:15 / 113 |
| 115 | 325 | JACKIEWICZ MIROSLAW | JASTRZĘBIE ZDRÓJ | POL | NIEZRZESZONY | 69 | M40/26 | M / 99 | 01:35:16 | 01:35:14 | 13.29 | 00:12:59 / 79 | 00:29:39 / 77 | 00:43:00 / 84 | 01:00:42 / 90 | 01:15:26 / 92 |
| 116 | 460 | UCHEREK MATEUSZ | RYBNIK | POL | ABSORTIO GYM RYBNIK | 81 | M30/36 | M / 100 | 01:35:45 | 01:35:38 | 13.24 | 00:14:10 / 144 | 00:31:30 / 118 | 00:45:08 / 112 | 01:02:48 / 111 | 01:17:04 / 111 |
| 117 | 400 | GUCMAN BARTŁOMIEJ | OPOLE | POL | KLUB BIEG OPOLSKI | 76 | M30/37 | M / 101 | 01:35:58 | 01:35:47 | 13.22 | 00:14:08 / 143 | 00:32:10 / 144 | 00:46:11 / 132 | 01:03:52 / 125 | 01:18:07 / 119 |
| 118 | 408 | STEC JERZY | RUDA ŚLĄSKA | POL | | 64 | M40/27 | M / 102 | 01:36:13 | 01:36:07 | 13.17 | 00:13:57 / 131 | 00:32:02 / 135 | 00:46:21 / 135 | 01:04:42 / 134 | 01:18:51 / 127 |
| 119 | 193 | KOSTRZAK CZESLAW | KNURÓW | POL | KB. ENDURANCE-SOLDARNI KNURÓW | 60 | M50/11 | M / 103 | 01:36:16 | 01:36:14 | 13.15 | 00:13:06 / 84 | 00:30:33 / 97 | 00:44:16 / 100 | 01:02:18 / 106 | 01:16:39 / 107 |
| 120 | 186 | KOCZUR ANDRZEJ | BIELSKO-BIAŁA | POL | NIEZRZESZONY | 71 | M40/28 | M / 104 | 01:36:20 | 01:36:12 | 13.16 | 00:14:30 / 168 | 00:33:01 / 160 | 00:47:19 / 153 | 01:05:05 / 144 | 01:18:56 / 129 |
| 121 | 332 | PLOCH SEBASTIAN | WROCLAW | POL | | 73 | M30/38 | M / 105 | 01:36:26 | 01:36:18 | 13.14 | 00:14:15 / 149 | 00:32:15 / 147 | 00:46:29 / 139 | 01:04:28 / 130 | 01:18:41 / 126 |
| 122 | 119 | ZASTAWNY RYSZARD | POGWIZDÓW | POL | | 49 | M60/2 | M / 106 | 01:36:30 | 01:36:27 | 13.12 | 00:13:35 / 109 | 00:31:29 / 116 | 00:45:28 / 116 | 01:03:37 / 124 | 01:18:10 / 121 |
| 123 | 381 | SŁOMCZYŃSKI MARCIN | KRAKÓW | POL | FINANCE BROTHERS | 86 | M18/28 | M / 107 | 01:36:34 | 01:36:32 | 13.11 | 00:13:54 / 125 | 00:31:51 / 127 | 00:46:04 / 130 | 01:04:15 / 128 | 01:18:41 / 125 |
| 124 | 150 | JANUSZEWSKI TOMASZ | ZBYTKÓW | POL | | 65 | M40/29 | M / 108 | 01:36:37 | 01:36:33 | 13.11 | 00:13:48 / 122 | 00:31:24 / 111 | 00:45:29 / 118 | 01:03:29 / 119 | 01:18:01 / 118 |
| 125 | 165 | KARPIŃSKI KONRAD | WROCLAW | POL | | 78 | M30/39 | M / 109 | 01:36:56 | 01:36:51 | 13.07 | 00:14:21 / 160 | 00:32:15 / 148 | 00:46:39 / 141 | 01:04:42 / 133 | 01:18:56 / 130 |
| 126 | 196 | KOWALSKI ROBERT | RYBNIK | POL | | 68 | M40/30 | M / 110 | 01:36:58 | 01:36:57 | 13.06 | 00:13:32 / 103 | 00:31:31 / 119 | 00:45:46 / 126 | 01:04:14 / 127 | 01:18:40 / 124 |
| 127 | 318 | PAWTEL AGATA | RYBNIK | POL | AGA-FIT | 81 | K30/8 | K / 17 | 01:37:05 | 01:37:00 | 13.05 | 00:14:29 / 166 | 00:32:50 / 156 | 00:46:46 / 144 | 01:04:54 / 140 | 01:19:15 / 136 |
| 128 | 212 | KUCZOK MIROSLAW | WODZISLAW ŚLĄSKI | POL | FORMA WODZISLAW ŚL | 72 | M30/40 | M / 111 | 01:37:12 | 01:37:07 | 13.03 | 00:13:34 / 105 | 00:31:15 / 109 | 00:45:11 / 113 | 01:03:36 / 122 | 01:18:09 / 120 |
| 129 | 467 | WAWRZYCZEK GRZEGORZ | ZABRZE | POL | RUNNING TEAM ZABRZE | 68 | M40/31 | M / 112 | 01:37:16 | 01:37:04 | 13.04 | 00:14:21 / 159 | 00:32:07 / 137 | 00:46:28 / 138 | 01:04:38 / 132 | 01:18:53 / 128 |
| 130 | 491 | WYDRA STANISLAW | CYCHRY | POL | NETTO GB 42195 DĘBNO | 50 | M60/3 | M / 113 | 01:37:21 | 01:37:19 | 13.01 | 00:14:19 / 154 | 00:32:32 / 151 | 00:46:45 / 143 | 01:04:45 / 136 | 01:19:00 / 133 |
| 131 | 314 | PAROBCZY RYSZARD | SIECHNICE | POL | | 66 | M40/32 | M / 114 | 01:37:23 | 01:37:14 | 13.02 | 00:14:00 / 136 | 00:32:02 / 133 | 00:46:23 / 137 | 01:04:46 / 138 | 01:19:06 / 134 |
| 132 | 334 | PODESWA PRZEMYSŁAW | WODZISLAW ŚLĄSKI | POL | | 79 | M30/41 | M / 115 | 01:37:27 | 01:37:22 | 13.00 | 00:14:01 / 137 | 00:32:02 / 134 | 00:46:22 / 136 | 01:04:43 / 135 | 01:18:58 / 132 |
| 133 | 436 | SZYMOCZYK TOMASZ | CZĘSTOCHOWA | POL | RCC | 82 | M18/29 | M / 116 | 01:37:30 | 01:37:21 | 13.00 | 00:14:11 / 146 | 00:31:53 / 129 | 00:46:03 / 128 | 01:04:14 / 126 | 01:18:40 / 123 |
| 134 | 434 | SZYDŁOWSKI LUKASZ | RYBNIK | POL | | 82 | M18/30 | M / 117 | 01:37:30 | 01:37:19 | 13.01 | 00:15:31 / 243 | 00:34:10 / 198 | 00:48:58 / 187 | 01:07:00 / 170 | 01:20:53 / 152 |
| 135 | 412 | STENCEL ZBIGNIEW | MARKLOWICE | POL | NIEZRZESZONY | 64 | M40/33 | M / 118 | 01:37:41 | 01:37:28 | 12.99 | 00:15:24 / 222 | 00:33:24 / 174 | 00:47:25 / 155 | 01:05:48 / 153 | 01:19:58 / 139 |
| 136 | 321 | PELC CZESLAW | RYBNIK | POL | PĘDZIWIATR GLIWICE | 57 | M50/12 | M / 119 | 01:37:46 | 01:37:44 | 12.95 | 00:14:17 / 150 | 00:31:57 / 131 | 00:46:04 / 129 | 01:04:17 / 129 | 01:18:56 / 131 |
| 137 | 370 | SIEKIERKA JANUSZ | SŁUPSKO | POL | ZRYW SŁUPSKO | 79 | M30/42 | M / 120 | 01:37:51 | 01:37:46 | 12.95 | 00:13:53 / 124 | 00:31:35 / 121 | 00:45:42 / 125 | 01:03:31 / 121 | 01:18:16 / 122 |
| 138 | 167 | KASPERSKI ANDRZEJ | KATOWICE | POL | | 82 | M18/31 | M / 121 | 01:38:19 | 01:38:15 | 12.88 | 00:14:48 / 180 | 00:33:30 / 178 | 00:48:09 / 171 | 01:06:18 / 160 | 01:20:17 / 144 |
| 139 | 247 | MATERLA MAREK | SŁUPSKO | POL | ZRYW SŁUPSKO | 84 | M18/32 | M / 122 | 01:38:19 | 01:38:15 | 12.88 | 00:14:18 / 152 | 00:32:40 / 152 | 00:46:48 / 145 | 01:04:49 / 139 | 01:19:21 / 137 |
| 140 | 17 | BIALUCHA SERGIUSZ | BYTOM | POL | SAINT-GOBAIN SQUAD | 73 | M30/43 | M / 123 | 01:38:19 | 01:38:05 | 12.91 | 00:14:20 / 156 | 00:32:40 / 153 | 00:46:57 / 151 | 01:05:16 / 145 | 01:19:56 / 138 |
| 141 | 168 | KAWECKI MARIAN | BRANICE | POL | K.B. BRANICE | 49 | M60/4 | M / 124 | 01:38:21 | 01:38:17 | 12.88 | 00:13:35 / 107 | 00:31:32 / 120 | 00:45:59 / 127 | 01:04:32 / 131 | 01:19:10 / 135 |
| 142 | 158 | KALICIAK TOMASZ | RYBNIK | POL | | 60 | M50/13 | M / 125 | 01:38:22 | 01:38:06 | 12.90 | 00:14:54 / 186 | 00:33:29 / 176 | 00:47:56 / 167 | 01:06:04 / 155 | 01:20:09 / 143 |
| 143 | 35 | BRANIA ANDRZEJ | OŚWIĘCIM | POL | ZADYSZKA OŚWIĘCIM | 69 | M40/34 | M / 126 | 01:38:24 | 01:38:15 | 12.88 | 00:14:54 / 185 | 00:33:14 / 167 | 00:47:25 / 157 | 01:05:40 / 147 | 01:20:02 / 140 |
| 144 | 496 | ZAKRZEWSKI JACEK | DANKOWICE | POL | ZGRI BIERUŃ | 63 | M40/35 | M / 127 | 01:38:31 | 01:38:23 | 12.87 | 00:14:30 / 169 | 00:33:00 / 159 | 00:47:46 / 160 | 01:06:14 / 159 | 01:20:38 / 149 |
| 145 | 96 | FARON DARIUSZ | NOWY SĄCZ | POL | VISEGRAD MARATON RYTRO | 73 | M30/44 | M / 128 | 01:38:39 | 01:38:29 | 12.85 | 00:14:53 / 184 | 00:33:13 / 166 | 00:47:47 / 161 | 01:06:10 / 157 | 01:20:31 / 147 |
| 146 | 261 | MILEK RAFAŁ | KĘDZIERZYN-KOŹLEP | POL | POLSKA BIEGA | 73 | M30/45 | M / 129 | 01:39:10 | 01:38:57 | 12.79 | 00:14:44 / 178 | 00:33:07 / 164 | 00:47:53 / 164 | 01:06:13 / 158 | 01:20:43 / 151 |
| 147 | 131 | GRUDA MARLENA | KATOWICE | POL | | 84 | K18/8 | K / 18 | 01:39:18 | 01:39:16 | 12.75 | 00:13:58 / 132 | 00:32:19 / 149 | 00:46:56 / 150 | 01:05:32 / 146 | 01:20:38 / 148 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | Check points | | | | | | |
|----------|--------|----------------------|------------------|-----------|---------------------------|---------|--------------------|------------|-------------|--------------|--------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | [km/h] | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 148 | 68 | DĄBROWSKI JAROSŁAW | POLKOWICE | POL | 4F SPORT PERFORMANCE | 73 | M30/46 | M / 130 | 01:39:18 | 01:39:12 | 12.76 | 00:13:55 / 129 | 00:32:05 / 136 | 00:46:33 / 140 | 01:05:03 / 143 | 01:20:06 / 141 |
| 149 | 308 | PACHTOVA IVA | OSTRAVA | CZE | MK SEITL OSTRAVA | 70 | K40/3 | K / 19 | 01:39:20 | 01:39:14 | 12.76 | 00:13:58 / 133 | 00:32:09 / 142 | 00:46:54 / 148 | 01:05:41 / 148 | 01:20:39 / 150 |
| 150 | 262 | MIODUCKI MAREK | ZABRZE | POL | MARATONY POLSKIE.PL TEAM | 74 | M30/47 | M / 131 | 01:39:27 | 01:39:12 | 12.76 | 00:15:20 / 217 | 00:33:51 / 190 | 00:48:58 / 189 | 01:08:06 / 183 | 01:21:56 / 161 |
| 151 | 197 | KOZAK KATARZYNA | JASTRZĘBIE ZDRÓJ | POL | | 75 | K30/9 | K / 20 | 01:39:28 | 01:39:18 | 12.75 | 00:15:16 / 209 | 00:33:35 / 180 | 00:47:58 / 169 | 01:06:31 / 163 | 01:21:09 / 155 |
| 152 | 270 | MOMRO ŁUKASZ | ZABRZE | POL | | 83 | M18/33 | M / 132 | 01:39:30 | 01:39:25 | 12.73 | 00:15:21 / 218 | 00:34:22 / 203 | 00:49:35 / 207 | 01:08:54 / 206 | 01:22:53 / 174 |
| 153 | 45 | FOJCIK GRZYGORZ | RYBNIK | POL | | 67 | M40/36 | M / 133 | 01:39:42 | 01:39:32 | 12.72 | 00:14:27 / 165 | 00:33:06 / 162 | 00:47:39 / 159 | 01:06:08 / 156 | 01:21:07 / 154 |
| 154 | 405 | STASZEK MATEUSZ | BLUSZCZÓW | POL | REPREZENTUJE SIEBIE | 92 | M18/34 | M / 134 | 01:39:51 | 01:39:40 | 12.70 | 00:15:29 / 238 | 00:34:02 / 194 | 00:48:39 / 176 | 01:06:56 / 167 | 01:22:11 / 164 |
| 155 | 417 | ŚWIDA DARIUSZ | SOSNOWIEC | POL | NIEZRZESZONY | 65 | M40/37 | M / 135 | 01:39:52 | 01:39:44 | 12.69 | 00:15:12 / 198 | 00:34:35 / 223 | 00:50:01 / 223 | 01:08:50 / 203 | 01:22:42 / 171 |
| 156 | 311 | PANOCHA DANIEL | TARNÓW | POL | | 78 | M30/48 | M / 136 | 01:40:04 | 01:39:54 | 12.67 | 00:15:12 / 200 | 00:34:20 / 202 | 00:48:59 / 193 | 01:07:42 / 174 | 01:22:04 / 162 |
| 157 | 336 | POŚPIECH KAROL | SYRYNIA | POL | FORMA WODZISŁAW ŚL | 54 | M50/14 | M / 137 | 01:40:06 | 01:40:02 | 12.65 | 00:13:56 / 130 | 00:31:59 / 132 | 00:46:19 / 133 | 01:04:45 / 137 | 01:20:25 / 145 |
| 158 | 136 | HOLONA WOJCIECH | RYBNIK | POL | ASAHI RYBNIK | 67 | M40/38 | M / 138 | 01:40:26 | 01:40:09 | 12.64 | 00:15:09 / 195 | 00:33:51 / 188 | 00:48:58 / 191 | 01:08:06 / 182 | 01:21:56 / 160 |
| 159 | 215 | KULPOK TOMASZ | RUDA ŚLĄSKA | POL | TKKF JASTRZĄB RUDA ŚLĄSKA | 80 | M30/49 | M / 139 | 01:40:31 | 01:40:25 | 12.61 | 00:14:31 / 170 | 00:33:14 / 168 | 00:47:55 / 166 | 01:06:46 / 166 | 01:21:39 / 158 |
| 160 | 322 | PEŁKA DANIEL | BYTOM | POL | | 80 | M30/50 | M / 140 | 01:40:45 | 01:40:43 | 12.57 | 00:13:50 / 123 | 00:32:08 / 141 | 00:46:52 / 147 | 01:05:46 / 151 | 01:21:10 / 156 |
| 161 | 354 | ROLKA GABRIELA | NOWY SĄCZ | POL | AZS AGH KRAKÓW | 89 | K18/9 | K / 21 | 01:40:48 | 01:40:41 | 12.57 | 00:14:35 / 171 | 00:33:36 / 181 | 00:48:52 / 182 | 01:08:10 / 186 | 01:22:39 / 170 |
| 162 | 319 | PAWTEL JACEK | WARSZAWA | POL | FROST & SULLIVAN | 82 | M18/35 | M / 141 | 01:41:02 | 01:40:56 | 12.54 | 00:14:12 / 148 | 00:31:53 / 128 | 00:46:05 / 131 | 01:05:01 / 142 | 01:20:30 / 146 |
| 163 | 273 | MROWIEC TOMASZ | ORZESZE | POL | CO JA TUTAJ ROBIĘ | 90 | M18/36 | M / 142 | 01:41:03 | 01:40:51 | 12.55 | 00:14:41 / 175 | 00:33:30 / 179 | 00:48:53 / 184 | 01:08:08 / 185 | 01:22:49 / 173 |
| 164 | 410 | STEMPIAK ANDRZEJ | CZYŻOWICE | POL | FORMA WODZISŁAW ŚL | 65 | M40/39 | M / 143 | 01:41:06 | 01:40:56 | 12.54 | 00:14:22 / 161 | 00:32:49 / 155 | 00:47:25 / 156 | 01:05:48 / 152 | 01:22:16 / 165 |
| 165 | 56 | CUKROWSKI EUGENIUSZ | RYBNIK | POL | SBD ENERGETYK RYBNIK | 55 | M50/15 | M / 144 | 01:41:07 | 01:40:51 | 12.55 | 00:14:46 / 179 | 00:32:59 / 158 | 00:47:30 / 158 | 01:05:53 / 154 | 01:21:20 / 157 |
| 166 | 61 | KWIECIEŃ SEBASTIAN | ROGOŹNIK | POL | | 83 | M18/37 | M / 145 | 01:41:11 | 01:41:03 | 12.53 | 00:14:48 / 181 | 00:33:07 / 163 | 00:47:58 / 168 | 01:06:57 / 168 | 01:22:06 / 163 |
| 167 | 406 | STAWARZ ANDRZEJ | ŻYWIEC | POL | | 83 | M18/38 | M / 146 | 01:41:11 | 01:41:03 | 12.53 | 00:15:13 / 204 | 00:33:59 / 193 | 00:48:56 / 185 | 01:07:48 / 177 | 01:22:46 / 172 |
| 168 | 64 | ROŚ RAFAŁ | BUKOWNO | POL | | 76 | M30/51 | M / 147 | 01:41:16 | 01:40:59 | 12.53 | 00:16:17 / 284 | 00:35:13 / 244 | 00:49:52 / 217 | 01:08:20 / 196 | 01:22:39 / 169 |
| 169 | 34 | BRAJLICH SYLWIA | CZĘSTOCHOWA | POL | | 90 | K18/10 | K / 22 | 01:41:22 | 01:41:13 | 12.51 | 00:15:32 / 245 | 00:35:08 / 240 | 00:50:12 / 230 | 01:09:06 / 213 | 01:23:42 / 197 |
| 170 | 265 | MŁOST TOMASZ | WADOWICE | POL | | 85 | M18/39 | M / 148 | 01:41:32 | 01:41:24 | 12.48 | 00:15:13 / 203 | 00:34:35 / 224 | 00:50:04 / 227 | 01:08:50 / 202 | 01:22:58 / 177 |
| 171 | 338 | PRZESDZIEN ADAM | RYBNIK | POL | | 71 | M40/40 | M / 149 | 01:41:35 | 01:41:33 | 12.46 | 00:13:39 / 114 | 00:32:08 / 139 | 00:46:44 / 142 | 01:05:44 / 149 | 01:21:04 / 153 |
| 172 | 299 | OCIEPA ARTUR | CZĘSTOCHOWA | POL | ZABIEGANI CZĘSTOCHOWA | 79 | M30/52 | M / 150 | 01:41:39 | 01:41:37 | 12.46 | 00:14:43 / 177 | 00:33:41 / 184 | 00:48:58 / 190 | 01:08:11 / 189 | 01:23:16 / 189 |
| 173 | 448 | TECZA TOMASZ | CZĘSTOCHOWA | POL | ZABIEGANI CZĘSTOCHOWA | 59 | M50/16 | M / 151 | 01:41:40 | 01:41:34 | 12.46 | 00:15:15 / 208 | 00:34:30 / 213 | 00:49:23 / 202 | 01:08:10 / 187 | 01:23:08 / 185 |
| 174 | 337 | PROBIERZ PAWEŁ | DĄBROWA | POL | OSZŹ GLIWICE | 74 | M30/53 | M / 152 | 01:41:48 | 01:41:35 | 12.46 | 00:15:26 / 229 | 00:34:15 / 201 | 00:49:04 / 196 | 01:08:13 / 194 | 01:23:04 / 181 |
| 175 | 341 | PTAK MICHAŁ | DĄBROWA | POL | POGORIA BIEGA | 86 | M18/40 | M / 153 | 01:41:50 | 01:41:36 | 12.46 | 00:15:13 / 206 | 00:34:29 / 210 | 00:49:33 / 206 | 01:08:26 / 197 | 01:23:17 / 190 |
| 176 | 369 | SCHMIDT PAWEŁ | GLIWICE | POL | OSZŹ GLIWICE | 79 | M30/54 | M / 154 | 01:41:52 | 01:41:37 | 12.46 | 00:15:25 / 227 | 00:34:15 / 200 | 00:49:04 / 195 | 01:08:13 / 193 | 01:23:03 / 180 |
| 177 | 234 | SZADURA MAŁGORZATA | SKRZESZEW | POL | CHTMO GRUPA BIEGOWA | 65 | K40/4 | K / 23 | 01:41:52 | 01:41:49 | 12.43 | 00:14:23 / 162 | 00:33:21 / 173 | 00:48:40 / 177 | 01:08:05 / 181 | 01:23:05 / 184 |
| 178 | 55 | CISZYŃSKI MAREK | KATOWICE | POL | START KATOWICE | 64 | M40/41 | M / 155 | 01:41:58 | 01:41:50 | 12.43 | 00:14:07 / 142 | 00:31:46 / 126 | 00:45:34 / 121 | 01:03:28 / 118 | 01:23:36 / 194 |
| 179 | 109 | FRYDEL PIOTR | OPOLE | POL | BIEG OPOLSKI | 76 | M30/55 | M / 156 | 01:42:13 | 01:41:57 | 12.42 | 00:16:53 / 315 | 00:36:41 / 287 | 00:51:39 / 262 | 01:10:12 / 233 | 01:24:36 / 208 |
| 180 | 375 | KOZYRSKA AGNIESZKA | SOBÓDKA | POL | WKB PIAST WROCLAW | 72 | K30/10 | K / 24 | 01:42:16 | 01:42:05 | 12.40 | 00:15:30 / 240 | 00:34:31 / 214 | 00:49:21 / 200 | 01:08:12 / 191 | 01:23:05 / 183 |
| 181 | 309 | PALYGIEWICZ JACEK | KATOWICE | POL | | 83 | M18/41 | M / 157 | 01:42:18 | 01:42:09 | 12.39 | 00:16:23 / 288 | 00:36:37 / 285 | 00:51:41 / 263 | 01:10:11 / 232 | 01:24:35 / 207 |
| 182 | 387 | SOBCZAK JAROSŁAW | GLIWICE | POL | | 73 | M30/56 | M / 158 | 01:42:23 | 01:42:21 | 12.37 | 00:15:08 / 193 | 00:33:51 / 189 | 00:48:59 / 192 | 01:08:04 / 180 | 01:23:20 / 191 |
| 183 | 202 | ŠKRDOVÁ DANUŠE | OSTRAVA | CZE | MK SEITL OSTRAVA | 65 | K40/5 | K / 25 | 01:42:35 | 01:42:29 | 12.35 | 00:14:27 / 164 | 00:33:21 / 172 | 00:48:30 / 174 | 01:07:44 / 176 | 01:23:15 / 188 |
| 184 | 84 | DVORSKÝ LADISLAV | OSTRAVA | CZE | MK SEITL OSTRAVA | 65 | M40/42 | M / 159 | 01:42:36 | 01:42:29 | 12.35 | 00:14:27 / 163 | 00:33:20 / 171 | 00:48:29 / 173 | 01:07:44 / 175 | 01:23:15 / 187 |
| 185 | 145 | JANECZEK KAZIMIERZ | RYBNIK | POL | | 61 | M50/17 | M / 160 | 01:42:37 | 01:42:26 | 12.36 | 00:14:42 / 176 | 00:33:19 / 170 | 00:47:52 / 163 | 01:06:44 / 165 | 01:22:17 / 166 |
| 186 | 415 | STYPUŁA GRZEGORZ | ŚWIĘTOCHŁOWICE | POL | | 73 | M30/57 | M / 161 | 01:42:56 | 01:42:53 | 12.30 | 00:13:26 / 100 | 00:31:35 / 122 | 00:46:21 / 134 | 01:05:45 / 150 | 01:21:45 / 159 |
| 187 | 151 | JAWORSKI JAROSŁAW | WADOWICE | POL | AWF KRAKÓW | 88 | M18/42 | M / 162 | 01:43:03 | 01:42:56 | 12.30 | 00:15:12 / 199 | 00:34:34 / 220 | 00:50:03 / 226 | 01:09:15 / 216 | 01:24:00 / 200 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | Check points | | | | | | |
|----------|--------|----------------------|---------------------|-----------|-------------------------------------|---------|--------------------|------------|-------------|--------------|--------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | [km/h] | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 188 | 411 | STENCEL PIOTR | WODZISLAW | POL | | 70 | M40/43 | M / 163 | 01:43:04 | 01:42:53 | 12.30 | 00:15:02 / 189 | 00:33:53 / 192 | 00:48:50 / 181 | 01:07:38 / 173 | 01:22:54 / 175 |
| 189 | 241 | MALINOWSKA IWONA | BYTOM | POL | | 75 | K30/11 | K / 26 | 01:43:19 | 01:43:18 | 12.25 | 00:13:40 / 115 | 00:32:14 / 146 | 00:47:22 / 154 | 01:07:11 / 171 | 01:23:00 / 178 |
| 190 | 258 | MIKA MATEUSZ | ORZESZE | POL | | 90 | M18/43 | M / 164 | 01:43:19 | 01:43:08 | 12.27 | 00:14:41 / 174 | 00:33:12 / 165 | 00:47:47 / 162 | 01:06:40 / 164 | 01:22:30 / 167 |
| 191 | 487 | WRÓBEL DARIUSZ | RYBNIK | POL | | 63 | M40/44 | M / 165 | 01:43:27 | 01:43:20 | 12.25 | 00:15:43 / 253 | 00:34:59 / 238 | 00:49:29 / 205 | 01:08:00 / 178 | 01:22:55 / 176 |
| 192 | 293 | NOWICZ LESZEK | KSIĘŻY LAS | POL | AKMB PĘDZIWIATR GLIWICE | 87 | M18/44 | M / 166 | 01:43:34 | 01:43:24 | 12.24 | 00:15:25 / 225 | 00:34:30 / 212 | 00:49:37 / 209 | 01:09:03 / 208 | 01:24:12 / 204 |
| 193 | 469 | WEGNER JACEK | RYBNIK | POL | SBD ENERGETYK RYBNIK | 75 | M30/58 | M / 167 | 01:43:39 | 01:43:29 | 12.23 | 00:15:34 / 247 | 00:34:38 / 231 | 00:49:52 / 216 | 01:09:12 / 215 | 01:24:28 / 206 |
| 194 | 295 | NOVOTNY JIRI | KARVINA | CZE | | 59 | M50/18 | M / 168 | 01:43:42 | 01:43:33 | 12.22 | 00:15:48 / 258 | 00:35:32 / 252 | 00:51:06 / 247 | 01:10:05 / 231 | 01:25:12 / 222 |
| 195 | 63 | CZERWIŃSKI MACIEJ | KATOWICE | POL | RUN-LOG.COM DZIENNIKI BIEGOWE | 78 | M30/59 | M / 169 | 01:43:46 | 01:43:39 | 12.21 | 00:13:41 / 117 | 00:32:13 / 145 | 00:46:55 / 149 | 01:06:22 / 161 | 01:22:36 / 168 |
| 196 | 173 | KIECOŃ MICHAŁ | USTROŃ | POL | | 88 | M18/45 | M / 170 | 01:43:52 | 01:43:47 | 12.20 | 00:14:30 / 167 | 00:33:29 / 177 | 00:48:38 / 175 | 01:08:04 / 179 | 01:23:21 / 192 |
| 197 | 276 | MROZEK KRZYSZTOF | RUDA ŚLĄSKA | POL | TKKF JASTRZĄB RUDA ŚLĄSKA | 84 | M18/46 | M / 171 | 01:43:52 | 01:43:35 | 12.22 | 00:15:32 / 244 | 00:34:45 / 235 | 00:49:42 / 213 | 01:09:04 / 210 | 01:24:24 / 205 |
| 198 | 371 | SITKO ADAM | RYBNIK | POL | | 73 | M30/60 | M / 172 | 01:44:10 | 01:43:55 | 12.18 | 00:15:49 / 260 | 00:35:21 / 249 | 00:51:17 / 254 | 01:09:43 / 228 | 01:24:57 / 213 |
| 199 | 28 | BOŃCZYK ZDZISŁAW | RYBNIK | POL | | 63 | M40/45 | M / 173 | 01:44:13 | 01:44:00 | 12.17 | 00:15:28 / 236 | 00:34:32 / 218 | 00:49:56 / 222 | 01:09:22 / 219 | 01:24:59 / 217 |
| 200 | 227 | LIPPA RAFAŁ | RYDUŁTOWY | POL | WBIJAMY NA GRILA | 86 | M18/47 | M / 174 | 01:44:17 | 01:44:01 | 12.17 | 00:14:20 / 157 | 00:32:54 / 157 | 00:48:49 / 180 | 01:08:39 / 199 | 01:24:11 / 203 |
| 201 | 219 | KURYŁO ZENON | RYBNIK | POL | SBD ENERGETYK RYBNIK | 66 | M40/46 | M / 175 | 01:44:22 | 01:44:14 | 12.14 | 00:15:03 / 190 | 00:34:09 / 196 | 00:49:18 / 198 | 01:08:07 / 184 | 01:23:42 / 196 |
| 202 | 22 | BIERNAT MICHAŁ | ŁÓDŹ | POL | DMMM TEAM | 59 | M50/19 | M / 176 | 01:44:25 | 01:44:14 | 12.14 | 00:15:27 / 232 | 00:34:52 / 237 | 00:50:13 / 231 | 01:09:32 / 225 | 01:24:53 / 211 |
| 203 | 305 | ORLIK JERZY | GLIWICE | POL | AKMB PĘDZIWIATR GLIWICE | 59 | M50/20 | M / 177 | 01:44:28 | 01:44:21 | 12.13 | 00:15:18 / 213 | 00:34:33 / 219 | 00:50:14 / 232 | 01:09:31 / 223 | 01:25:18 / 223 |
| 204 | 286 | NIEROBISZ PIOTR | WIESZOWA | POL | | 69 | M40/47 | M / 178 | 01:44:35 | 01:44:19 | 12.13 | 00:15:21 / 220 | 00:34:28 / 209 | 00:49:41 / 212 | 01:09:05 / 212 | 01:24:56 / 212 |
| 205 | 176 | KIRKIEWICZ IRENEUSZ | OLAWA | POL | KOLEGA MAĆKA | 71 | M40/48 | M / 179 | 01:44:39 | 01:44:30 | 12.11 | 00:15:31 / 241 | 00:34:31 / 215 | 00:49:22 / 201 | 01:08:12 / 192 | 01:23:21 / 193 |
| 206 | 376 | SKOWRONEK WOJCIECH | OPOLE | POL | BIEG OPOLSKI | 57 | M50/21 | M / 180 | 01:44:44 | 01:44:32 | 12.11 | 00:15:26 / 231 | 00:34:37 / 229 | 00:49:54 / 219 | 01:09:18 / 218 | 01:24:58 / 215 |
| 207 | 130 | GROCHOWSKI GRZEGORZ | PIEKARY ŚLĄSKIE | POL | MOSIR PIEKARY ŚLĄSKIE | 71 | M40/49 | M / 181 | 01:44:51 | 01:44:45 | 12.08 | 00:15:05 / 191 | 00:34:13 / 199 | 00:49:42 / 214 | 01:09:32 / 224 | 01:25:04 / 218 |
| 208 | 172 | KĘPA WIESŁAW | BIELAWA | POL | BIELAWIANKA | 59 | M50/22 | M / 182 | 01:44:58 | 01:44:52 | 12.07 | 00:13:55 / 128 | 00:32:10 / 143 | 00:47:03 / 152 | 01:06:59 / 169 | 01:23:50 / 198 |
| 209 | 123 | GÓRECKI MIECZYŚLAW | TYCHY | POL | 40-LATEK TYCHY | 57 | M50/23 | M / 183 | 01:45:06 | 01:44:56 | 12.06 | 00:15:30 / 239 | 00:35:18 / 248 | 00:50:51 / 244 | 01:10:28 / 237 | 01:25:56 / 227 |
| 210 | 73 | DOMAGALSKI RYSZARD | ZABRZE-ROKITNICA | POL | NIEZRZESZONY | 58 | M50/24 | M / 184 | 01:45:12 | 01:44:58 | 12.06 | 00:15:10 / 196 | 00:33:53 / 191 | 00:48:59 / 194 | 01:08:53 / 205 | 01:24:09 / 202 |
| 211 | 399 | SROKA MARCIN | BIELSKO - BIAŁA | POL | | 81 | M30/61 | M / 185 | 01:45:13 | 01:44:55 | 12.07 | 00:15:27 / 234 | 00:34:23 / 205 | 00:49:38 / 210 | 01:09:25 / 220 | 01:25:24 / 224 |
| 212 | 132 | GWOŹDZIEWICZ TOMASZ | BYTOM | POL | | 75 | M30/62 | M / 186 | 01:45:13 | 01:45:01 | 12.05 | 00:14:18 / 151 | 00:33:39 / 183 | 00:48:58 / 186 | 01:08:40 / 200 | 01:24:42 / 209 |
| 213 | 144 | JAMRÓZ RADEK | BIELSKO-BIAŁA | POL | ULTRA BESKID SPORT BIELSKO-BIAŁA | 68 | M40/50 | M / 187 | 01:45:14 | 01:45:06 | 12.04 | 00:15:16 / 210 | 00:34:27 / 208 | 00:49:39 / 211 | 01:09:03 / 209 | 01:24:59 / 216 |
| 214 | 433 | SZUROWSKI PIOTR | WAŁBRZYCH | POL | F.P.U. UNIPES TEAM | 74 | M30/63 | M / 188 | 01:45:16 | 01:45:15 | 12.03 | 00:14:20 / 155 | 00:33:02 / 161 | 00:47:54 / 165 | 01:07:25 / 172 | 01:23:37 / 195 |
| 215 | 401 | STANKOWIAK MACIEJ | MIKOŁÓW | POL | | 78 | M30/64 | M / 189 | 01:45:23 | 01:45:06 | 12.04 | 00:16:06 / 279 | 00:36:23 / 279 | 00:51:53 / 268 | 01:11:34 / 258 | 01:26:46 / 240 |
| 216 | 38 | BRYCHY WIOLETA | GLIWICE | POL | SBD ENERGETYK RYBNIK | 71 | K40/6 | K / 27 | 01:45:28 | 01:45:14 | 12.03 | 00:15:09 / 194 | 00:33:51 / 187 | 00:48:58 / 188 | 01:08:53 / 204 | 01:25:26 / 225 |
| 217 | 222 | LATOCHA GRZEGORZ | ZDZIESZOWICE | POL | NIEZRZESZONY | 82 | M18/48 | M / 190 | 01:45:37 | 01:45:19 | 12.02 | 00:16:16 / 282 | 00:35:50 / 265 | 00:51:18 / 257 | 01:11:02 / 247 | 01:26:32 / 238 |
| 218 | 394 | SOWA MACIEJ | JASTRZĘBIE-ZDRÓJ | POL | NIEZRZESZONY | 89 | M18/49 | M / 191 | 01:45:40 | 01:45:31 | 12.00 | 00:15:53 / 266 | 00:35:35 / 253 | 00:51:07 / 249 | 01:11:02 / 245 | 01:26:32 / 236 |
| 219 | 2 | ADYNOWSKI JERZY | RYBNIK | POL | NIEZRZESZONY | 76 | M30/65 | M / 192 | 01:45:41 | 01:45:37 | 11.99 | 00:13:13 / 90 | 00:31:57 / 130 | 00:46:48 / 146 | 01:06:26 / 162 | 01:23:00 / 179 |
| 220 | 94 | FABIAN MICHAŁ | CHORZÓW | POL | | 79 | M30/66 | M / 193 | 01:45:43 | 01:45:40 | 11.98 | 00:14:36 / 173 | 00:33:36 / 182 | 00:48:52 / 183 | 01:08:10 / 188 | 01:23:52 / 199 |
| 221 | 184 | KOCIOŁEK PIOTR | CZECHOWICE-DZIEDPOL | | | 89 | M18/50 | M / 194 | 01:45:52 | 01:45:43 | 11.97 | 00:15:57 / 272 | 00:35:36 / 257 | 00:51:10 / 252 | 01:11:02 / 246 | 01:26:32 / 237 |
| 222 | 267 | MOCEK ROMAN | CHUDÓW | POL | | 60 | M50/25 | M / 195 | 01:45:59 | 01:45:45 | 11.97 | 00:16:05 / 278 | 00:35:16 / 247 | 00:50:48 / 241 | 01:10:38 / 239 | 01:26:09 / 232 |
| 223 | 465 | WALA PETR | HAVIROV | CZE | BK SAK LOZISKA KARVINA | 71 | M40/51 | M / 196 | 01:46:03 | 01:45:54 | 11.95 | 00:16:26 / 294 | 00:36:56 / 291 | 00:53:17 / 290 | 01:13:11 / 280 | 01:27:36 / 251 |
| 224 | 153 | JĘDRZEJAS KRZYSZTOF | KĘDZIERZYN-KOŹLEPOL | | | 54 | M50/26 | M / 197 | 01:46:06 | 01:45:50 | 11.96 | 00:16:02 / 275 | 00:35:54 / 270 | 00:51:19 / 258 | 01:11:04 / 249 | 01:26:29 / 234 |
| 225 | 129 | GROBELNY MARIUSZ | MARKLOWICE | POL | NIEZRZESZONY | 88 | M18/51 | M / 198 | 01:46:20 | 01:46:13 | 11.92 | 00:13:15 / 95 | 00:32:48 / 154 | 00:48:18 / 172 | 01:08:14 / 195 | 01:24:49 / 210 |
| 226 | 238 | MAKOWSKI JAN | RYBNIK | POL | | 61 | M50/27 | M / 199 | 01:46:23 | 01:46:10 | 11.92 | 00:16:25 / 292 | 00:34:34 / 221 | 00:49:19 / 199 | 01:08:12 / 190 | 01:24:03 / 201 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | [km/h] | Check points | | | | | |
|----------|--------|---------------------------|---------------------|-----------|------------------------------|---------|--------------------|------------|-------------|----------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 227 | 30 | BORUSZEWSKA-FRĄCZEK BEATA | BYTOM | POL | NIEZRZESZONY AMATOR BIEGANIA | 79 | K30/12 | K / 28 | 01:46:28 | 01:46:26 | 11.89 | 00:15:01 / 188 | 00:34:05 / 195 | 00:49:53 / 218 | 01:10:15 / 234 | 01:26:51 / 243 |
| 228 | 228 | LIS TOMASZ | LUBOŃ | POL | | 59 | M50/28 | M / 200 | 01:46:28 | 01:46:16 | 11.91 | 00:16:28 / 296 | 00:36:29 / 282 | 00:52:01 / 272 | 01:11:38 / 259 | 01:27:06 / 247 |
| 229 | 365 | SADŁO TOMASZ | ZABRZE | POL | NIEZRZESZONY | 81 | M30/67 | M / 201 | 01:46:34 | 01:46:31 | 11.88 | 00:15:05 / 192 | 00:34:31 / 216 | 00:50:03 / 225 | 01:09:49 / 229 | 01:26:02 / 229 |
| 230 | 210 | KUCZ ROBERT | MIKOŁÓW | POL | NIEZRZESZONY | 77 | M30/68 | M / 202 | 01:46:53 | 01:46:48 | 11.85 | 00:15:35 / 248 | 00:35:11 / 242 | 00:50:51 / 243 | 01:10:41 / 241 | 01:26:44 / 239 |
| 231 | 420 | SZCZEPANIK TOMASZ | CZĘSTOCHOWA | POL | ZABIEGANI CZĘSTOCHOWA | 67 | M40/52 | M / 203 | 01:46:57 | 01:46:48 | 11.85 | 00:15:18 / 212 | 00:34:38 / 230 | 00:50:40 / 238 | 01:10:40 / 240 | 01:26:55 / 244 |
| 232 | 357 | ROSKOSZ LESZEK | RYBNIK | POL | NIEZRZESZONY | 78 | M30/69 | M / 204 | 01:46:58 | 01:46:52 | 11.84 | 00:15:22 / 221 | 00:34:29 / 211 | 00:49:27 / 204 | 01:09:04 / 211 | 01:24:58 / 214 |
| 233 | 230 | ŁAPOT DARIUSZ | KATOWICE | POL | NIEZRZESZONY AMATOR BIEGANIA | 71 | M40/53 | M / 205 | 01:46:59 | 01:46:51 | 11.85 | 00:15:41 / 251 | 00:35:14 / 246 | 00:50:35 / 236 | 01:09:57 / 230 | 01:26:00 / 228 |
| 234 | 206 | KRUSZELNICKI JANUSZ | KUŹNIA | POL | | 82 | M18/52 | M / 206 | 01:47:00 | 01:46:49 | 11.85 | 00:15:45 / 255 | 00:35:13 / 245 | 00:50:43 / 239 | 01:10:18 / 236 | 01:26:08 / 231 |
| 235 | 500 | ŻYKWIŃSKA DOROTA | TYCHY | POL | | 83 | K18/11 | K / 29 | 01:47:02 | 01:46:50 | 11.85 | 00:15:42 / 252 | 00:35:45 / 263 | 00:51:58 / 270 | 01:12:27 / 272 | 01:28:10 / 262 |
| 236 | 359 | RUCIŃSKI KRZYSZTOF | RYBNIK | POL | NIEZRZESZONY | 70 | M40/54 | M / 207 | 01:47:02 | 01:46:52 | 11.84 | 00:16:46 / 309 | 00:37:20 / 297 | 00:53:20 / 294 | 01:13:06 / 279 | 01:28:18 / 265 |
| 237 | 66 | KARDASZ GRZEGORZ | OLKUSZ | POL | | 76 | M30/70 | M / 208 | 01:47:03 | 01:46:50 | 11.85 | 00:17:14 / 337 | 00:38:27 / 323 | 00:54:49 / 306 | 01:14:39 / 293 | 01:29:48 / 275 |
| 238 | 275 | MROZEK JANUSZ | RACIBÓRZ | POL | | 77 | M30/71 | M / 209 | 01:47:03 | 01:46:41 | 11.87 | 00:16:09 / 280 | 00:35:35 / 255 | 00:50:59 / 246 | 01:10:16 / 235 | 01:26:05 / 230 |
| 239 | 239 | MARTYNA MICHAŁ | RYBNIK | POL | | 84 | M18/53 | M / 210 | 01:47:06 | 01:46:54 | 11.84 | 00:16:20 / 285 | 00:36:07 / 274 | 00:51:09 / 251 | 01:10:50 / 243 | 01:27:07 / 248 |
| 240 | 329 | PIOTROWSKI MIROSLAW | KIETRZ | POL | KS GRYP KIETRZ | 66 | M40/55 | M / 211 | 01:47:19 | 01:47:04 | 11.82 | 00:15:53 / 265 | 00:35:27 / 251 | 00:51:17 / 256 | 01:11:04 / 248 | 01:27:01 / 246 |
| 241 | 25 | BOCZAR MIROSLAW | BRZEG | POL | | 76 | M30/72 | M / 212 | 01:47:23 | 01:47:22 | 11.79 | 00:13:19 / 97 | 00:30:05 / 91 | 00:43:42 / 94 | 01:02:14 / 103 | 01:20:06 / 142 |
| 242 | 403 | STAROSTKA JACEK | KĘDZIERZYN-KOŹLEPOL | | | 74 | M30/73 | M / 213 | 01:47:25 | 01:47:13 | 11.81 | 00:15:12 / 201 | 00:35:44 / 260 | 00:51:25 / 260 | 01:11:33 / 257 | 01:27:28 / 249 |
| 243 | 188 | KOMANIECKI ŁUKASZ | RYBNIK | POL | NIEZRZESZONY AMATOR BIEGANIA | 83 | M18/54 | M / 214 | 01:47:48 | 01:47:44 | 11.75 | 00:14:00 / 135 | 00:33:17 / 169 | 00:48:44 / 178 | 01:09:25 / 221 | 01:26:46 / 241 |
| 244 | 154 | JOHANIEWICZ KRZYSZTOF | CZELADŹ | POL | ASOCJACJA DZIEŃ ŚWIRA | 73 | M30/74 | M / 215 | 01:47:50 | 01:47:44 | 11.75 | 00:15:59 / 274 | 00:36:23 / 280 | 00:51:50 / 265 | 01:11:52 / 261 | 01:27:44 / 254 |
| 245 | 27 | BOŃCZYK BARTŁOMIEJ | RYBNIK | POL | | 86 | M18/55 | M / 216 | 01:47:50 | 01:47:38 | 11.76 | 00:15:28 / 237 | 00:34:32 / 217 | 00:49:56 / 220 | 01:09:29 / 222 | 01:26:47 / 242 |
| 246 | 106 | FREITES LUIS | WARSZAWA | VEN | POL VEN TEAM | 61 | M50/29 | M / 217 | 01:47:56 | 01:47:56 | 11.73 | 00:13:45 / 118 | 00:33:24 / 175 | 00:48:45 / 179 | 01:08:46 / 201 | 01:25:10 / 220 |
| 247 | 164 | KARŁOWSKA KATARZYNA | GLIWICE | POL | | 86 | K18/12 | K / 30 | 01:47:56 | 01:47:40 | 11.76 | 00:15:49 / 262 | 00:35:54 / 269 | 00:52:05 / 275 | 01:12:17 / 267 | 01:28:15 / 264 |
| 248 | 214 | KUDŁA JAROSŁAW | POZNAŃ | POL | | 60 | M50/30 | M / 218 | 01:47:57 | 01:47:53 | 11.73 | 00:14:50 / 182 | 00:34:45 / 234 | 00:50:46 / 240 | 01:11:11 / 250 | 01:27:29 / 250 |
| 249 | 379 | SKUPIEŃ KRZYSZTOF | ŁAŃCE | POL | | 91 | M18/56 | M / 219 | 01:48:13 | 01:48:05 | 11.71 | 00:14:56 / 187 | 00:33:47 / 186 | 00:49:14 / 197 | 01:09:41 / 226 | 01:25:52 / 226 |
| 250 | 237 | MAKOWSKI JACEK | NYSA | POL | NYSA BIEGA | 91 | M18/57 | M / 220 | 01:48:20 | 01:48:14 | 11.70 | 00:15:33 / 246 | 00:35:07 / 239 | 00:50:10 / 229 | 01:09:07 / 214 | 01:26:17 / 233 |
| 251 | 451 | TOMAN JANUSZ | CIESZYN | POL | | 60 | M50/31 | M / 221 | 01:48:21 | 01:48:03 | 11.72 | 00:17:58 / 352 | 00:39:11 / 332 | 00:55:06 / 312 | 01:14:36 / 292 | 01:29:46 / 274 |
| 252 | 187 | KOŁODZIEJ MARIAN | CHORZÓW | POL | DOLINIARZE.COM-CHORZÓW | 53 | M50/32 | M / 222 | 01:48:21 | 01:48:11 | 11.70 | 00:15:48 / 259 | 00:35:47 / 264 | 00:51:44 / 264 | 01:11:54 / 263 | 01:28:01 / 260 |
| 253 | 378 | SKOWROŃSKI MARIUSZ | SZCZERBICE | POL | SPOKORUN | 65 | M40/56 | M / 223 | 01:48:32 | 01:48:17 | 11.69 | 00:15:54 / 268 | 00:35:52 / 266 | 00:51:52 / 266 | 01:12:14 / 266 | 01:28:11 / 263 |
| 254 | 442 | ŚWIAĆ MICHAŁ | GLIWICE | POL | AKMB PĘDZIWIATR GLIWICE | 78 | M30/75 | M / 224 | 01:48:33 | 01:48:28 | 11.67 | 00:15:21 / 219 | 00:34:22 / 204 | 00:49:36 / 208 | 01:08:58 / 207 | 01:25:05 / 219 |
| 255 | 203 | KROCZYK LESŁAW | KNURÓW | POL | NIEZRZESZONY AMATOR BIEGANIA | 76 | M30/76 | M / 225 | 01:48:46 | 01:48:33 | 11.66 | 00:15:20 / 215 | 00:34:43 / 232 | 00:50:35 / 235 | 01:10:59 / 244 | 01:27:42 / 253 |
| 256 | 54 | TOMCZUK WOJCIECH | WOŁÓW | POL | | 69 | M40/57 | M / 226 | 01:48:48 | 01:48:35 | 11.66 | 00:16:24 / 291 | 00:36:31 / 284 | 00:52:15 / 277 | 01:12:22 / 270 | 01:28:23 / 266 |
| 257 | 300 | ODYJAS SZYMON | ŁAZY | POL | | 82 | M18/58 | M / 227 | 01:48:57 | 01:48:51 | 11.63 | 00:15:25 / 226 | 00:34:36 / 226 | 00:50:34 / 233 | 01:11:16 / 253 | 01:27:50 / 255 |
| 258 | 425 | SZCZYGIEŁ MICHAŁ | MYSŁOWICE | POL | | 82 | M18/59 | M / 228 | 01:48:57 | 01:48:52 | 11.63 | 00:15:25 / 224 | 00:34:36 / 225 | 00:50:34 / 234 | 01:11:16 / 254 | 01:27:50 / 256 |
| 259 | 475 | WIEWIÓRA GRZEGORZ | CHORZÓW | POL | | 71 | M40/58 | M / 229 | 01:49:01 | 01:48:59 | 11.61 | 00:14:35 / 172 | 00:34:24 / 206 | 00:49:56 / 221 | 01:10:36 / 238 | 01:27:36 / 252 |
| 260 | 431 | SZUBART KAZIMIERZ | DZIERŻONIÓW | POL | BIELAWIANKA | 57 | M50/33 | M / 230 | 01:49:17 | 01:49:05 | 11.60 | 00:15:13 / 205 | 00:34:34 / 222 | 00:50:03 / 224 | 01:09:15 / 217 | 01:25:10 / 221 |
| 261 | 50 | CICHOŃ MARCIN | KATOWICE | POL | | 73 | M30/77 | M / 231 | 01:49:19 | 01:49:03 | 11.61 | 00:16:46 / 310 | 00:37:18 / 294 | 00:53:13 / 286 | 01:13:11 / 281 | 01:29:03 / 270 |
| 262 | 177 | KISIEL TOMASZ | WRZOSOWA | POL | | 68 | M40/59 | M / 232 | 01:49:31 | 01:49:23 | 11.57 | 00:15:19 / 214 | 00:34:44 / 233 | 00:50:51 / 242 | 01:11:23 / 255 | 01:28:10 / 261 |
| 263 | 41 | BRZEZIŃSKI ZBIGNIEW | BRZEG | POL | | 69 | M40/60 | M / 233 | 01:49:35 | 01:49:22 | 11.57 | 00:16:24 / 290 | 00:36:31 / 283 | 00:52:15 / 278 | 01:12:23 / 271 | 01:28:24 / 267 |
| 264 | 152 | JĘDRZEJAK MICHAŁ | ŻORY | POL | POLITECHNIKA ŚLĄSKA | 89 | M18/60 | M / 234 | 01:49:42 | 01:49:33 | 11.55 | 00:15:57 / 271 | 00:35:35 / 254 | 00:51:10 / 253 | 01:11:13 / 251 | 01:28:00 / 259 |
| 265 | 358 | RÓŻAŃSKI PIOTR | RYBNIK | POL | | 84 | M18/61 | M / 235 | 01:49:42 | 01:49:36 | 11.55 | 00:14:52 / 183 | 00:33:42 / 185 | 00:49:24 / 203 | 01:09:42 / 227 | 01:26:56 / 245 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | [km/h] | Check points | | | | | |
|----------|--------|--------------------------------|---------------------|-----------|-------------------------|---------|--------------------|------------|-------------|----------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 266 | 424 | SZCZĘŚNIAK PRZEMYSŁAW | TYCHY | POL | | 81 | M30/78 | M / 236 | 01:50:38 | 01:50:23 | 11.47 | 00:15:18 / 211 | 00:35:09 / 241 | 00:52:05 / 274 | 01:12:01 / 264 | 01:29:02 / 269 |
| 267 | 393 | SOLCZYKOVA RENATA | KARVINA | CZE | BK SAK LOZISKA KARVINA | 77 | K30/13 | K / 31 | 01:50:43 | 01:50:33 | 11.45 | 00:16:26 / 295 | 00:36:56 / 292 | 00:53:18 / 292 | 01:13:26 / 282 | 01:30:12 / 281 |
| 268 | 252 | MENŻYK MARCIN | STANOWICE | POL | CO JA TUTAJ ROBIĘ | 87 | M18/62 | M / 237 | 01:50:44 | 01:50:38 | 11.44 | 00:15:51 / 263 | 00:35:45 / 262 | 00:51:20 / 259 | 01:11:43 / 260 | 01:27:51 / 257 |
| 269 | 353 | ROLECZEK PIOTR | ZŁOTORYJA | POL | | 69 | M40/61 | M / 238 | 01:50:46 | 01:50:35 | 11.45 | 00:16:32 / 300 | 00:37:44 / 303 | 00:54:54 / 310 | 01:15:38 / 300 | 01:31:32 / 289 |
| 270 | 289 | NOSAL BOGUSŁAW | RYBNIK | POL | FORMA WODZISŁAW ŚL | 75 | M30/79 | M / 239 | 01:50:54 | 01:50:46 | 11.43 | 00:13:55 / 127 | 00:32:30 / 150 | 00:48:06 / 170 | 01:08:34 / 198 | 01:26:30 / 235 |
| 271 | 423 | SZCZERBA ANDRZEJ | BĘDZIN | POL | | 63 | M40/62 | M / 240 | 01:50:55 | 01:50:51 | 11.42 | 00:15:31 / 242 | 00:36:12 / 275 | 00:52:03 / 273 | 01:12:31 / 274 | 01:29:08 / 271 |
| 272 | 484 | WOWRA JACEK | STANOWICE | POL | | 64 | M40/63 | M / 241 | 01:51:03 | 01:50:55 | 11.41 | 00:15:47 / 257 | 00:35:42 / 259 | 00:51:37 / 261 | 01:12:19 / 269 | 01:29:27 / 272 |
| 273 | 174 | KIEDACZ ZBIGNIEW | KRAKÓW | POL | ZADYSZKA PROKOCIM | 86 | M18/63 | M / 242 | 01:51:04 | 01:51:03 | 11.40 | 00:15:36 / 249 | 00:36:05 / 272 | 00:52:14 / 276 | 01:13:03 / 278 | 01:30:16 / 282 |
| 274 | 137 | HORNIK JAROSŁAW | MYSŁOWICE | POL | TRUCHTACZ MYSŁOWICE | 67 | M40/64 | M / 243 | 01:51:33 | 01:51:28 | 11.36 | 00:17:02 / 321 | 00:38:39 / 325 | 00:55:03 / 311 | 01:15:42 / 302 | 01:31:45 / 291 |
| 275 | 226 | LIPOWSKI GRZEGORZ | KOMPRACHCICE | POL | | 68 | M40/65 | M / 244 | 01:51:37 | 01:51:21 | 11.37 | 00:17:05 / 326 | 00:37:46 / 305 | 00:54:03 / 297 | 01:14:35 / 291 | 01:31:09 / 285 |
| 276 | 60 | CZECH ANDRZEJ | KUŹNIA | POL | WWW.CAMGAMES.PL | 80 | M30/80 | M / 245 | 01:51:40 | 01:51:29 | 11.35 | 00:15:45 / 256 | 00:35:38 / 258 | 00:51:58 / 271 | 01:12:58 / 277 | 01:29:52 / 276 |
| 277 | 199 | KÓLECZKO KAROL | ŻORY | POL | | 79 | M30/81 | M / 246 | 01:51:47 | 01:51:35 | 11.34 | 00:15:55 / 269 | 00:35:54 / 268 | 00:51:57 / 269 | 01:12:29 / 273 | 01:29:58 / 277 |
| 278 | 306 | OSADNIK REMIGIUSZ | TYCHY | POL | | 78 | M30/82 | M / 247 | 01:51:49 | 01:51:35 | 11.34 | 00:16:40 / 303 | 00:37:18 / 296 | 00:53:16 / 289 | 01:14:07 / 285 | 01:31:08 / 284 |
| 279 | 181 | KŁOS MARCIN ARTUR | SIEMIANOWICE | POL | | 85 | M18/64 | M / 248 | 01:51:55 | 01:51:43 | 11.33 | 00:14:06 / 140 | 00:32:08 / 140 | 00:45:37 / 123 | 01:04:54 / 141 | 01:23:04 / 182 |
| 280 | 49 | CHOMICZ KRZYSZTOF | ORZESZE | POL | 16 BPD KRAKÓW | 79 | M30/83 | M / 249 | 01:51:59 | 01:51:41 | 11.33 | 00:16:29 / 298 | 00:36:42 / 288 | 00:53:14 / 287 | 01:14:21 / 290 | 01:31:12 / 286 |
| 281 | 85 | DYCHAŁA JERZY | RACIBÓRZ | POL | KREMATORIUM OSTRAWA | 77 | M30/84 | M / 250 | 01:51:59 | 01:51:36 | 11.34 | 00:16:09 / 281 | 00:36:05 / 273 | 00:51:52 / 267 | 01:12:58 / 276 | 01:29:40 / 273 |
| 282 | 254 | MICHALSKI MATEUSZ | PSZCZYNA | POL | NIEZRZESZONY | 89 | M18/65 | M / 251 | 01:52:06 | 01:51:58 | 11.31 | 00:15:53 / 267 | 00:35:36 / 256 | 00:51:08 / 250 | 01:11:13 / 252 | 01:28:00 / 258 |
| 283 | 413 | STOBIECKI TOMASZ | GLIWICE | POL | NIEZRZESZONY | 72 | M30/85 | M / 252 | 01:52:21 | 01:52:10 | 11.29 | 00:16:50 / 313 | 00:37:55 / 313 | 00:54:20 / 301 | 01:15:19 / 297 | 01:31:52 / 293 |
| 284 | 208 | KUCHAROVA LIBUSE | OSTRAVA - PORUBACZE | CZE | MK SEITL OSTRAVA | 62 | K40/7 | K / 32 | 01:52:24 | 01:52:06 | 11.29 | 00:17:16 / 338 | 00:38:23 / 321 | 00:54:07 / 298 | 01:15:39 / 301 | 01:32:19 / 296 |
| 285 | 81 | DURNIAT ROBERT | KIELCZÓW | POL | | 73 | M30/86 | M / 253 | 01:52:51 | 01:52:36 | 11.24 | 00:15:49 / 261 | 00:35:22 / 250 | 00:51:17 / 255 | 01:12:09 / 265 | 01:30:06 / 279 |
| 286 | 476 | WIKA SEBASTIAN | TYCHY | POL | 40-LATEK TYCHY | 75 | M30/87 | M / 254 | 01:52:56 | 01:52:46 | 11.23 | 00:15:41 / 250 | 00:36:16 / 277 | 00:52:54 / 284 | 01:14:08 / 286 | 01:31:22 / 287 |
| 287 | 427 | SZCZYRBOWSKI JAN | LIGOTA | POL | | 57 | M50/34 | M / 255 | 01:53:08 | 01:52:55 | 11.21 | 00:17:55 / 346 | 00:39:23 / 336 | 00:56:18 / 332 | 01:17:36 / 322 | 01:34:02 / 310 |
| 288 | 246 | JAWORSKI MICHAŁ | KNURÓW | POL | IPA GLIWICE | 79 | M30/88 | M / 256 | 01:53:13 | 01:53:08 | 11.19 | 00:14:19 / 153 | 00:34:10 / 197 | 00:50:36 / 237 | 01:11:53 / 262 | 01:29:58 / 278 |
| 289 | 429 | SZTULPA BOGUMIŁA | GLIWICE | POL | SBD ENERGETYK RYBNIK | 70 | K40/8 | K / 33 | 01:53:19 | 01:53:18 | 11.17 | 00:15:55 / 270 | 00:36:39 / 286 | 00:53:14 / 288 | 01:14:09 / 287 | 01:31:07 / 283 |
| 290 | 42 | BUCZAK JAROSŁAW | PIŃCZÓW | POL | KL PONIDZIE PIŃCZÓW | 62 | M40/66 | M / 257 | 01:53:22 | 01:53:10 | 11.19 | 00:17:03 / 325 | 00:37:38 / 302 | 00:54:02 / 296 | 01:15:05 / 296 | 01:32:11 / 295 |
| 291 | 380 | BATOG JAKUB | ZABRZE | POL | | 92 | M18/66 | M / 258 | 01:53:22 | 01:53:10 | 11.19 | 00:15:20 / 216 | 00:34:37 / 228 | 00:50:05 / 228 | 01:10:43 / 242 | 01:28:50 / 268 |
| 292 | 249 | MAZUR MACIEJ | PYSKOWICE | POL | PYSKOWICE CLIMBING TEAM | 79 | M30/89 | M / 259 | 01:53:47 | 01:53:32 | 11.15 | 00:15:14 / 207 | 00:34:50 / 236 | 00:51:06 / 248 | 01:12:18 / 268 | 01:30:11 / 280 |
| 293 | 360 | RUDZKI MACIEJ | CHORZÓW | POL | RMD-ALPINSPOORT | 71 | M40/67 | M / 260 | 01:53:48 | 01:53:45 | 11.13 | 00:15:28 / 235 | 00:36:02 / 271 | 00:52:44 / 282 | 01:14:16 / 289 | 01:31:33 / 290 |
| 294 | 32 | BOŻYŃSKI DANIEL | RACIBÓRZ | POL | | 76 | M30/90 | M / 261 | 01:53:58 | 01:53:43 | 11.13 | 00:16:37 / 302 | 00:36:46 / 290 | 00:52:47 / 283 | 01:13:46 / 283 | 01:31:30 / 288 |
| 295 | 40 | BRZEZINA SANDRA | RYBNIK | POL | SBD ENERGETYK RYBNIK | 89 | K18/13 | K / 34 | 01:54:08 | 01:53:52 | 11.12 | 00:17:08 / 331 | 00:38:59 / 329 | 00:56:02 / 328 | 01:18:05 / 325 | 01:34:20 / 312 |
| 296 | 225 | LIPKA BOGUSŁAW | GLIWICE | POL | NIEZRZESZONY | 54 | M50/35 | M / 262 | 01:54:20 | 01:54:06 | 11.09 | 00:18:22 / 361 | 00:39:38 / 338 | 00:56:02 / 327 | 01:17:08 / 319 | 01:34:07 / 311 |
| 297 | 281 | NAGALEWSKI EMIL | RYBNIK | POL | | 78 | M30/91 | M / 263 | 01:54:31 | 01:54:21 | 11.07 | 00:16:50 / 314 | 00:37:59 / 319 | 00:55:15 / 319 | 01:16:17 / 309 | 01:33:43 / 307 |
| 298 | 307 | OSTROWSKI ŁUKASZ | GLIWICE | POL | NIEZRZESZONY | 77 | M30/92 | M / 264 | 01:54:39 | 01:54:26 | 11.06 | 00:16:49 / 312 | 00:37:58 / 317 | 00:54:53 / 309 | 01:16:18 / 310 | 01:33:32 / 304 |
| 299 | 304 | OLSZEWSKI PIOTR | RYBNIK | POL | | 65 | M40/68 | M / 265 | 01:54:43 | 01:54:25 | 11.06 | 00:16:59 / 320 | 00:37:59 / 318 | 00:54:51 / 308 | 01:16:14 / 307 | 01:32:31 / 297 |
| 300 | 8 | BASIAGA JOLANTA | PIEKARY ŚLĄSKIE | POL | RUN BASIAGARUN | 66 | K40/9 | K / 35 | 01:54:55 | 01:54:45 | 11.03 | 00:16:41 / 304 | 00:37:54 / 306 | 00:54:12 / 300 | 01:15:56 / 305 | 01:32:56 / 299 |
| 301 | 77 | DUDEK JAN | TARNOWSKIE GÓRYPOL | POL | | 50 | M60/5 | M / 266 | 01:55:03 | 01:54:56 | 11.01 | 00:16:44 / 305 | 00:37:54 / 308 | 00:54:51 / 307 | 01:16:14 / 306 | 01:33:10 / 301 |
| 302 | 473 | WÁGNEROVÁ LENKA | OSTRAVA | CZE | MK SEITL OSTRAVA | 72 | K30/14 | K / 36 | 01:55:04 | 01:54:56 | 11.01 | 00:16:44 / 306 | 00:37:58 / 316 | 00:55:14 / 318 | 01:16:47 / 314 | 01:34:02 / 309 |
| 303 | 37 | NIEDZIEOLKOWSKI WOJCIECH NĘDZA | | POL | SPEED JOGG | 62 | M40/69 | M / 267 | 01:55:06 | 01:55:00 | 11.01 | 00:16:45 / 307 | 00:37:35 / 301 | 00:54:38 / 303 | 01:15:52 / 304 | 01:33:21 / 302 |
| 304 | 478 | WINKLER SZYMON | RYBNIK | POL | | 76 | M30/93 | M / 268 | 01:55:11 | 01:54:53 | 11.02 | 00:16:25 / 293 | 00:36:43 / 289 | 00:52:59 / 285 | 01:14:05 / 284 | 01:32:34 / 298 |
| 305 | 271 | MOSKWA MARIUSZ | RYBNIK | POL | | 61 | M50/36 | M / 269 | 01:55:12 | 01:55:09 | 10.99 | 00:17:10 / 333 | 00:38:24 / 322 | 00:55:18 / 320 | 01:16:31 / 311 | 01:33:29 / 303 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | [km/h] | Check points | | | | | |
|----------|--------|---------------------------|------------------|-----------|---------------------------------|---------|--------------------|------------|-------------|----------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 306 | 479 | WNUK GRZEGORZ | RYBNIK | POL | SBD ENERGETYK RYBNIK | 68 | M40/70 | M / 270 | 01:55:22 | 01:55:06 | 11.00 | 00:17:07 / 329 | 00:38:58 / 328 | 00:56:02 / 326 | 01:18:05 / 324 | 01:34:33 / 314 |
| 307 | 224 | LINDER RAFAŁ | RYBNIK | POL | PUMA RUNNING | 83 | M18/67 | M / 271 | 01:55:23 | 01:55:22 | 10.97 | 00:11:21 / 25 | 00:27:11 / 34 | 00:40:15 / 44 | 00:58:22 / 64 | 01:23:15 / 186 |
| 308 | 221 | LABUS BOŻENA | RUDA ŚLĄSKA | POL | | 76 | K30/15 | K / 37 | 01:55:28 | 01:55:11 | 10.99 | 00:16:33 / 301 | 00:37:28 / 299 | 00:54:09 / 299 | 01:15:42 / 303 | 01:32:58 / 300 |
| 309 | 171 | KĘDZIERSKI ZENON | STRZELCE OP. | POL | OSIR STRZELCE OP. | 51 | M60/6 | M / 272 | 01:55:50 | 01:55:38 | 10.95 | 00:15:44 / 254 | 00:35:54 / 267 | 00:52:30 / 280 | 01:14:15 / 288 | 01:32:08 / 294 |
| 310 | 326 | PIKULSKI MIECZYSLAW | PIŃCZÓW | POL | KL PONIDZIE PIŃCZÓW | 43 | M60/7 | M / 273 | 01:56:11 | 01:55:58 | 10.92 | 00:17:03 / 324 | 00:37:55 / 314 | 00:55:09 / 314 | 01:17:00 / 316 | 01:34:38 / 315 |
| 311 | 383 | SŁOWIŃSKA AGNIESZKA | JASTRZĘBIE ZDRÓJ | POL | | 87 | K18/14 | K / 38 | 01:56:23 | 01:56:13 | 10.89 | 00:16:23 / 286 | 00:37:44 / 304 | 00:55:11 / 315 | 01:17:07 / 318 | 01:34:42 / 316 |
| 312 | 349 | RAWLUK DAMIAN | KĘDZIERZYN-KOŹLE | POL | XTRI.PL MULTISPORT TEAM | 79 | M30/94 | M / 274 | 01:56:44 | 01:56:32 | 10.86 | 00:15:13 / 202 | 00:35:44 / 261 | 00:52:22 / 279 | 01:14:57 / 295 | 01:33:36 / 305 |
| 313 | 7 | BANASIAK PIOTR | WARSZAWA | POL | IKS POD WEZWANIEM DOBREGO ŁOTRA | 70 | M40/71 | M / 275 | 01:56:44 | 01:56:31 | 10.86 | 00:16:47 / 311 | 00:38:02 / 320 | 00:55:26 / 322 | 01:16:51 / 315 | 01:34:46 / 317 |
| 314 | 87 | DYRDA TERESA | SOSNOWIEC | POL | SKOK PIAST TYCHY | 49 | K60/1 | K / 39 | 01:56:59 | 01:56:47 | 10.84 | 00:17:17 / 339 | 00:39:20 / 335 | 00:56:17 / 331 | 01:17:52 / 323 | 01:34:53 / 318 |
| 315 | 183 | KOCIELSKA ANNA | GLIWICE | POL | | 87 | K18/15 | K / 40 | 01:57:10 | 01:57:06 | 10.81 | 00:15:27 / 233 | 00:36:24 / 281 | 00:53:18 / 293 | 01:15:34 / 299 | 01:33:36 / 306 |
| 316 | 127 | GRABSKI MICHAŁ | GLIWICE | POL | | 86 | M18/68 | M / 276 | 01:58:01 | 01:57:46 | 10.75 | 00:15:57 / 273 | 00:36:23 / 278 | 00:53:17 / 291 | 01:15:31 / 298 | 01:34:01 / 308 |
| 317 | 443 | ŚWIĄTEK EWELINA | BORZĘCIN DUŻY | POL | POL VEN TEAM | 80 | K30/16 | K / 41 | 01:58:03 | 01:57:59 | 10.73 | 00:16:58 / 318 | 00:38:39 / 324 | 00:55:58 / 325 | 01:18:23 / 326 | 01:36:04 / 325 |
| 318 | 458 | TYMUSZ RAFAŁ | RYBNIK | POL | NIEZRZESZONY | 69 | M40/72 | M / 277 | 01:58:22 | 01:58:20 | 10.70 | 00:15:24 / 223 | 00:36:15 / 276 | 00:53:59 / 295 | 01:16:44 / 312 | 01:35:38 / 320 |
| 319 | 466 | WALIDUDA JAROSLAW | PISARZOWICE | POL | KB LUPUS OLEŚNICA | 72 | M30/95 | M / 278 | 01:59:02 | 01:58:46 | 10.66 | 00:17:57 / 349 | 00:40:04 / 344 | 00:57:56 / 339 | 01:20:08 / 333 | 01:37:34 / 327 |
| 320 | 211 | KUCZMIK ARTUR | RYBNIK | POL | PEXG | 88 | M18/69 | M / 279 | 01:59:03 | 01:58:57 | 10.64 | 00:16:30 / 299 | 00:37:55 / 311 | 00:55:29 / 323 | 01:17:35 / 321 | 01:35:59 / 324 |
| 321 | 36 | SMOLKA MAREK | RYBNIK | POL | SPEED JOGG | 88 | M18/70 | M / 280 | 01:59:04 | 01:58:48 | 10.66 | 00:18:23 / 362 | 00:41:01 / 355 | 01:00:06 / 359 | 01:21:33 / 342 | 01:39:15 / 334 |
| 322 | 288 | NOSAL AGNIESZKA | RYBNIK | POL | FORMA WODZISLAW ŚL | 72 | K30/17 | K / 42 | 01:59:17 | 01:59:08 | 10.63 | 00:16:28 / 297 | 00:37:55 / 312 | 00:55:13 / 316 | 01:17:26 / 320 | 01:35:43 / 323 |
| 323 | 279 | MZYK JANUSZ | TYCHY | POL | 40-LATEK TYCHY | 52 | M50/37 | M / 281 | 01:59:21 | 01:59:14 | 10.62 | 00:16:23 / 289 | 00:37:23 / 298 | 00:54:26 / 302 | 01:16:16 / 308 | 01:35:13 / 319 |
| 324 | 122 | GÓRECKI GRZEGORZ | GLIWICE | POL | | 82 | M18/71 | M / 282 | 01:59:48 | 01:59:33 | 10.59 | 00:18:33 / 367 | 00:41:12 / 356 | 00:59:07 / 344 | 01:21:11 / 340 | 01:38:57 / 332 |
| 325 | 284 | NIEMCZYK MARIUSZ | POŁOMIA | POL | | 88 | M18/72 | M / 283 | 02:00:20 | 02:00:08 | 10.54 | 00:15:11 / 197 | 00:34:25 / 207 | 00:49:52 / 215 | 01:11:28 / 256 | 01:31:46 / 292 |
| 326 | 374 | SIWEK ILONA | DĄBROWA | POL | AZS UŚ KATOWICE | 88 | K18/16 | K / 43 | 02:00:23 | 02:00:14 | 10.53 | 00:15:26 / 230 | 00:35:11 / 243 | 00:52:36 / 281 | 01:14:56 / 294 | 01:36:51 / 326 |
| 327 | 191 | KORZUSZNIK PIOTR | CZERWIONKA | POL | COTTON CLUB | 56 | M50/38 | M / 284 | 02:00:27 | 02:00:12 | 10.53 | 00:17:05 / 327 | 00:38:53 / 327 | 00:56:11 / 330 | 01:18:53 / 330 | 01:37:41 / 328 |
| 328 | 126 | GRABOWSKI PIOTR | CHELMEK | POL | NIEZRZESZONY | 82 | M18/73 | M / 285 | 02:00:47 | 02:00:32 | 10.50 | 00:19:37 / 383 | 00:42:32 / 368 | 00:59:46 / 351 | 01:21:33 / 343 | 01:39:15 / 335 |
| 329 | 430 | SZTULPA GRZEGORZ | GLIWICE | POL | SBD ENERGETYK RYBNIK | 60 | M50/39 | M / 286 | 02:01:28 | 02:01:07 | 10.45 | 00:19:06 / 373 | 00:42:07 / 363 | 01:00:16 / 361 | 01:23:38 / 356 | 01:40:22 / 342 |
| 330 | 283 | NIEDBALA AGNIESZKA | PSARY | POL | | 80 | K30/18 | K / 44 | 02:01:34 | 02:01:19 | 10.43 | 00:16:56 / 317 | 00:39:10 / 330 | 00:56:36 / 333 | 01:19:50 / 332 | 01:37:50 / 329 |
| 331 | 169 | KAZATEL MICHAŁ | ZABRZE | POL | DELFIN GLIWICE | 84 | M18/74 | M / 287 | 02:02:24 | 02:02:07 | 10.37 | 00:19:36 / 380 | 00:42:32 / 366 | 00:59:53 / 355 | 01:21:36 / 344 | 01:40:10 / 341 |
| 332 | 76 | JIRI JURCEK | OSTRAVA | CZE | | 53 | M50/40 | M / 288 | 02:02:37 | 02:02:19 | 10.35 | 00:17:02 / 323 | 00:37:18 / 295 | 00:54:48 / 305 | 01:16:47 / 313 | 01:35:40 / 321 |
| 333 | 23 | JAKUBIEC ANETA | CZELADŹ | POL | | 75 | K30/19 | K / 45 | 02:02:41 | 02:02:34 | 10.33 | 00:18:00 / 356 | 00:41:00 / 354 | 00:59:51 / 354 | 01:22:36 / 350 | 01:40:24 / 344 |
| 334 | 24 | JAKUBIEC MACIEJ | CZELADŹ | POL | | 75 | M30/96 | M / 289 | 02:02:41 | 02:02:35 | 10.33 | 00:18:00 / 354 | 00:41:00 / 353 | 00:59:51 / 353 | 01:22:19 / 347 | 01:40:24 / 345 |
| 335 | 481 | WOJTAS MAREK | KOBIÓR | POL | | 78 | M30/97 | M / 290 | 02:03:35 | 02:03:18 | 10.27 | 00:17:02 / 322 | 00:37:55 / 310 | 00:54:41 / 304 | 01:17:03 / 317 | 01:35:42 / 322 |
| 336 | 468 | WAWRZYŃCZYK MARTA | RYBNIK | POL | | 90 | K18/17 | K / 46 | 02:03:40 | 02:03:24 | 10.26 | 00:16:54 / 316 | 00:39:10 / 331 | 00:57:04 / 335 | 01:20:23 / 335 | 01:39:00 / 333 |
| 337 | 185 | KOCZOROWSKI MIROSLAW | RYBNIK | POL | NIEZRZESZONY | 84 | M18/75 | M / 291 | 02:03:49 | 02:03:43 | 10.23 | 00:17:22 / 340 | 00:40:13 / 345 | 00:59:46 / 352 | 01:22:11 / 346 | 01:40:51 / 346 |
| 338 | 216 | KUNICZUK ALEKSANDER | WARSZAWA | POL | | 73 | M30/98 | M / 292 | 02:03:57 | 02:03:54 | 10.22 | 00:16:16 / 283 | 00:37:55 / 309 | 00:55:13 / 317 | 01:18:28 / 327 | 01:38:11 / 330 |
| 339 | 105 | FOREITER BARBARA | ŻORY | POL | | 83 | K18/18 | K / 47 | 02:04:09 | 02:04:00 | 10.21 | 00:17:58 / 351 | 00:40:00 / 342 | 00:58:27 / 343 | 01:21:02 / 339 | 01:40:07 / 339 |
| 340 | 414 | STRAUBE-KLACZAK KATARZYNA | ŻORY | POL | | 84 | K18/19 | K / 48 | 02:04:09 | 02:04:00 | 10.21 | 00:17:58 / 350 | 00:40:00 / 341 | 00:58:27 / 342 | 01:21:02 / 338 | 01:40:07 / 338 |
| 341 | 471 | WEŹGOWIEC JACEK | JASTRZĘBIE-ZDRÓJ | POL | FORMA WODZISLAW ŚL | 67 | M40/73 | M / 293 | 02:04:43 | 02:04:24 | 10.18 | 00:16:23 / 287 | 00:37:57 / 315 | 00:56:06 / 329 | 01:19:34 / 331 | 01:39:28 / 336 |
| 342 | 464 | WALA KRZYSZTOF | STRYSZAWA | POL | WALAGLOB | 70 | M40/74 | M / 294 | 02:04:49 | 02:04:35 | 10.16 | 00:15:52 / 264 | 00:37:04 / 293 | 00:55:21 / 321 | 01:18:45 / 328 | 01:38:31 / 331 |
| 343 | 455 | TURKO KATARZYNA | BYTOM | POL | PKO BP SA | 70 | K40/10 | K / 49 | 02:05:02 | 02:04:45 | 10.15 | 00:17:59 / 353 | 00:40:34 / 348 | 00:59:12 / 347 | 01:22:24 / 348 | 01:41:50 / 350 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | [km/h] | Check points | | | | | |
|----------|--------|------------------------|--------------------|-----------|---|---------|--------------------|------------|-------------|----------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 344 | 70 | BABULA ADRIAN | RYBNIK | POL | | 91 | M18/76 | M / 295 | 02:05:37 | 02:05:20 | 10.10 | 00:15:26 / 228 | 00:34:36 / 227 | 00:50:56 / 245 | 01:12:33 / 275 | 01:34:31 / 313 |
| 345 | 456 | TYLUTKI TOMASZ | SOSNOWIEC | POL | | 76 | M30/99 | M / 296 | 02:05:49 | 02:05:33 | 10.08 | 00:17:08 / 332 | 00:38:48 / 326 | 00:56:45 / 334 | 01:20:23 / 334 | 01:39:55 / 337 |
| 346 | 97 | FARON JANUSZ | NOWY SĄCZ | POL | WIEGRAD MARATON RYTRO | 65 | M40/75 | M / 297 | 02:06:17 | 02:06:06 | 10.04 | 00:17:07 / 330 | 00:39:18 / 334 | 00:57:05 / 336 | 01:20:33 / 336 | 01:40:23 / 343 |
| 347 | 65 | DAJKA ARKADIUSZ | RYBNIK | POL | NIEZRZESZONY AMATOR BIEGANIA | 75 | M30/100 | M / 298 | 02:06:28 | 02:06:12 | 10.03 | 00:19:52 / 389 | 00:44:10 / 383 | 01:03:01 / 371 | 01:26:01 / 364 | 01:43:43 / 355 |
| 348 | 389 | SOB CZYK GABRIELA | RACIBÓRZ | POL | TRUCHTACZ RACIBÓRZ | 69 | K40/11 | K / 50 | 02:06:35 | 02:06:24 | 10.01 | 00:17:12 / 334 | 00:40:02 / 343 | 00:58:27 / 341 | 01:22:25 / 349 | 01:41:48 / 349 |
| 349 | 477 | WILKIN PIOTR | ZABRZE | POL | DELFIN GLIWICE | 87 | M18/77 | M / 299 | 02:07:07 | 02:06:49 | 9.98 | 00:19:36 / 381 | 00:42:32 / 367 | 00:59:53 / 356 | 01:21:37 / 345 | 01:40:10 / 340 |
| 350 | 499 | ZIMON ADAM | WROCLAW | POL | RAKOWSKI-KAGLIK BROKERZY UBEZPIECZENIOWI | 75 | M30/101 | M / 300 | 02:07:07 | 02:06:53 | 9.98 | 00:18:44 / 369 | 00:42:13 / 364 | 01:00:50 / 365 | 01:24:07 / 360 | 01:43:28 / 354 |
| 351 | 121 | GÓRA MAREK | TARNOWSKIE GÓRY | POL | | 67 | M40/76 | M / 301 | 02:08:21 | 02:08:07 | 9.88 | 00:17:13 / 336 | 00:40:27 / 347 | 00:59:13 / 348 | 01:24:05 / 359 | 01:43:56 / 357 |
| 352 | 47 | BYTNIEWSKI DARIUSZ | KATOWICE | POL | | 77 | M30/102 | M / 302 | 02:08:32 | 02:08:29 | 9.85 | 00:17:34 / 343 | 00:40:46 / 349 | 00:59:12 / 345 | 01:22:59 / 352 | 01:43:16 / 351 |
| 353 | 291 | NOWAK ALDONA | MYSLOWICE | POL | | 75 | K30/20 | K / 51 | 02:08:32 | 02:08:29 | 9.85 | 00:17:34 / 342 | 00:40:46 / 350 | 00:59:12 / 346 | 01:22:59 / 353 | 01:43:16 / 352 |
| 354 | 463 | URBAŃSKI ARKADIUSZ | GLIWICE | POL | | 66 | M40/77 | M / 303 | 02:09:25 | 02:09:17 | 9.79 | 00:19:35 / 379 | 00:43:57 / 377 | 01:03:22 / 372 | 01:27:01 / 367 | 01:46:08 / 364 |
| 355 | 74 | DONIEC ANDRZEJ | RYBNIK | POL | | 49 | M60/8 | M / 304 | 02:10:23 | 02:10:06 | 9.73 | 00:17:28 / 341 | 00:39:42 / 339 | 00:57:19 / 337 | 01:20:56 / 337 | 01:41:12 / 347 |
| 356 | 278 | MRÓZ JAROSŁAW | ŻORY | POL | NIEZRZESZONY | 70 | M40/78 | M / 305 | 02:10:24 | 02:10:17 | 9.72 | 00:16:04 / 277 | 00:37:31 / 300 | 00:55:08 / 313 | 01:18:52 / 329 | 01:41:14 / 348 |
| 357 | 259 | MILER RADOSŁAW JACEK | TYCHY | POL | TYSKIE STOWARZYSZENIE SPORTOWE | 75 | M30/103 | M / 306 | 02:11:04 | 02:10:47 | 9.68 | 00:17:12 / 335 | 00:39:35 / 337 | 00:57:36 / 338 | 01:22:44 / 351 | 01:43:50 / 356 |
| 358 | 447 | TĘCZA JAKUB | CZĘSTOCHOWA | POL | ZABIEGANI CZĘSTOCHOWA | 84 | M18/78 | M / 307 | 02:11:11 | 02:10:56 | 9.67 | 00:17:57 / 347 | 00:40:57 / 351 | 01:00:15 / 360 | 01:24:27 / 362 | 01:44:38 / 359 |
| 359 | 148 | JANKOWSKI MICHAŁ | WROCLAW | POL | | 81 | M30/104 | M / 308 | 02:12:14 | 02:12:02 | 9.59 | 00:16:45 / 308 | 00:37:54 / 307 | 00:55:41 / 324 | 01:21:15 / 341 | 01:43:21 / 353 |
| 360 | 190 | KONZIELNIK BOGUMILA | KSIAŻENICE | POL | KB SOKÓŁ KNURÓW | 86 | K18/20 | K / 52 | 02:13:19 | 02:13:10 | 9.51 | 00:17:07 / 328 | 00:40:13 / 346 | 00:59:23 / 349 | 01:24:01 / 358 | 01:45:19 / 362 |
| 361 | 179 | KLICH PIOTR | RYBNIK | POL | FORMA WODZISŁAW ŚL | 78 | M30/105 | M / 309 | 02:13:20 | 02:13:11 | 9.50 | 00:16:02 / 276 | 00:39:14 / 333 | 00:58:02 / 340 | 01:23:30 / 355 | 01:45:14 / 361 |
| 362 | 104 | FOJCIK JOANNA | RYBNIK | POL | | 77 | K30/21 | K / 53 | 02:13:48 | 02:13:42 | 9.47 | 00:20:41 / 396 | 00:46:05 / 393 | 01:05:58 / 391 | 01:29:54 / 378 | 01:49:33 / 372 |
| 363 | 312 | PAPIERNIK MIROSLAW | BYTOM | POL | | 63 | M40/79 | M / 310 | 02:13:48 | 02:13:30 | 9.48 | 00:19:03 / 372 | 00:43:04 / 371 | 01:01:59 / 368 | 01:27:24 / 368 | 01:47:43 / 366 |
| 364 | 180 | KLONOWSKI HENRYK | ŚWIĘTOCHŁOWICE | POL | TRUCHTACZ MYSLOWICE | 71 | M40/80 | M / 311 | 02:14:22 | 02:14:11 | 9.43 | 00:18:00 / 355 | 00:40:57 / 352 | 00:59:24 / 350 | 01:23:23 / 354 | 01:44:04 / 358 |
| 365 | 382 | SŁOWIKOWSKI WIESŁAW | RYBNIK | POL | | 66 | M40/81 | M / 312 | 02:14:32 | 02:14:15 | 9.43 | 00:19:36 / 382 | 00:44:05 / 380 | 01:03:29 / 373 | 01:28:08 / 369 | 01:48:41 / 370 |
| 366 | 220 | KUSTOS LESZEK | POŁOMIA | POL | | 92 | M18/79 | M / 313 | 02:14:32 | 02:14:20 | 9.42 | 00:19:41 / 384 | 00:44:05 / 379 | 01:03:29 / 374 | 01:28:08 / 370 | 01:48:41 / 369 |
| 367 | 426 | SZCZYPKA MARIANNA | PSTRAŻNA | POL | | 71 | K40/12 | K / 54 | 02:14:50 | 02:14:42 | 9.40 | 00:16:58 / 319 | 00:39:51 / 340 | 01:00:02 / 358 | 01:25:29 / 363 | 01:46:53 / 365 |
| 368 | 294 | NOWOSAD ŁUKASZ | RYBNIK | POL | | 81 | M30/106 | M / 314 | 02:15:10 | 02:14:51 | 9.39 | 00:19:53 / 390 | 00:44:20 / 386 | 01:04:03 / 380 | 01:28:52 / 371 | 01:49:10 / 371 |
| 369 | 232 | PUKOŃ ANDRZEJ | GLIWICE | POL | | 66 | M40/82 | M / 315 | 02:15:28 | 02:15:23 | 9.35 | 00:18:13 / 359 | 00:41:57 / 361 | 01:00:01 / 357 | 01:24:15 / 361 | 01:46:00 / 363 |
| 370 | 16 | BIALUCHA ANNA | BYTOM | POL | | 74 | K30/22 | K / 55 | 02:15:44 | 02:15:30 | 9.34 | 00:19:30 / 377 | 00:44:09 / 382 | 01:04:08 / 381 | 01:30:02 / 379 | 01:50:41 / 375 |
| 371 | 243 | MARYAŃSKA ANNA | RYBNIK | POL | | 81 | K30/23 | K / 56 | 02:16:16 | 02:15:59 | 9.31 | 00:18:27 / 364 | 00:41:43 / 358 | 01:00:49 / 364 | 01:26:14 / 365 | 01:48:00 / 368 |
| 372 | 244 | MARYAŃSKI KRZYSZTOF | RYBNIK | POL | | 83 | M18/80 | M / 316 | 02:16:16 | 02:16:01 | 9.31 | 00:18:27 / 363 | 00:41:43 / 357 | 01:00:48 / 363 | 01:26:14 / 366 | 01:48:00 / 367 |
| 373 | 492 | WYSOCKI TOMASZ | RYBNIK | POL | TRUCHTEM PO OCHAJO | 72 | M30/107 | M / 317 | 02:16:44 | 02:16:34 | 9.27 | 00:18:30 / 365 | 00:43:01 / 370 | 01:03:31 / 375 | 01:29:26 / 376 | 01:50:03 / 373 |
| 374 | 57 | CZAIICKI WALDEMAR | OPOLE | POL | NIEZRZESZONY | 66 | M40/83 | M / 318 | 02:16:44 | 02:16:25 | 9.28 | 00:19:20 / 376 | 00:43:57 / 376 | 01:03:32 / 376 | 01:29:12 / 372 | 01:50:11 / 374 |
| 375 | 6 | BUGAJSKA- JUCHA RENATA | GOCZAŁKOWICE | POL | CA SPORT BROKER | 72 | K30/24 | K / 57 | 02:16:49 | 02:16:36 | 9.27 | 00:20:09 / 392 | 00:45:33 / 391 | 01:05:57 / 389 | 01:31:24 / 388 | 01:51:32 / 378 |
| 376 | 4 | JUCHA JACEK | KOCZAŁKOWICE | POL | CA SPORT BROKER | 72 | M30/108 | M / 319 | 02:16:49 | 02:16:36 | 9.27 | 00:20:09 / 393 | 00:45:34 / 392 | 01:05:57 / 390 | 01:31:24 / 389 | 01:51:33 / 379 |
| 377 | 266 | MOCEK PATRYCJA | CHUDÓW | POL | | 91 | K18/21 | K / 58 | 02:17:42 | 02:17:28 | 9.21 | 00:19:14 / 374 | 00:44:42 / 388 | 01:05:51 / 388 | 01:31:20 / 386 | 01:53:05 / 384 |
| 378 | 416 | SUCHOŃ TOMASZ | ORZESZE | POL | NIEZRZESZONY | 88 | M18/81 | M / 320 | 02:18:38 | 02:18:19 | 9.15 | 00:19:02 / 371 | 00:42:03 / 362 | 01:00:16 / 362 | 01:23:38 / 357 | 01:45:11 / 360 |
| 379 | 235 | MADEJ JÓZEF | OŚWIĘCIM | POL | ZADYSZKA OŚWIĘCIM | 51 | M60/9 | M / 321 | 02:18:55 | 02:18:37 | 9.13 | 00:18:55 / 370 | 00:44:03 / 378 | 01:04:18 / 383 | 01:31:31 / 390 | 01:52:45 / 382 |
| 380 | 78 | MAKUCH KRZYSZTOF | KĘDZIERZYN- KOZŁÓW | POL | | 73 | M30/109 | M / 322 | 02:19:16 | 02:19:01 | 9.11 | 00:19:14 / 375 | 00:44:39 / 387 | 01:04:46 / 387 | 01:31:11 / 382 | 01:53:00 / 383 |
| 381 | 285 | NIEROBISZ JOANNA | WIESZOWA | POL | | 73 | K30/25 | K / 59 | 02:19:30 | 02:19:13 | 9.09 | 00:19:31 / 378 | 00:44:09 / 381 | 01:04:08 / 382 | 01:30:04 / 381 | 01:51:36 / 380 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Wynik Time | Wynik Netto | [km/h] | Check points | | | | | |
|-------------|-----------|-------------------------|---------------------|--------------|--|------------|-----------------------|---------------|----------------|----------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | 3,5 km | 7 km | 10,5 km | 14 km | 17,5 km | |
| 382 | 166 | KARWOT ARKADIUSZ | KURZĘTNIK | POL | | 74 | M30/110 | M / 323 | 02:19:43 | 02:19:37 | 9.07 | 00:18:13 / 360 | 00:43:12 / 372 | 01:02:56 / 370 | 01:29:29 / 377 | 01:51:16 / 376 |
| 383 | 392 | SOCHACKA ANITA | KRAKÓW | POL | | 70 | K40/13 | K / 60 | 02:20:57 | 02:20:45 | 8.99 | 00:17:57 / 348 | 00:42:17 / 365 | 01:02:20 / 369 | 01:29:16 / 373 | 01:51:25 / 377 |
| 384 | 498 | ZIELONKA TOMASZ | LUBIN | POL | 5 WHY | 76 | M30/111 | M / 324 | 02:21:36 | 02:21:20 | 8.96 | 00:18:39 / 368 | 00:43:50 / 375 | 01:04:37 / 384 | 01:31:39 / 391 | 01:53:58 / 389 |
| 385 | 13 | BEHOUNEK MAŁGORZATA | ZAKOPANE | POL | TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE | 61 | K50/1 | K / 61 | 02:21:47 | 02:21:34 | 8.94 | 00:18:07 / 358 | 00:41:53 / 360 | 01:01:58 / 367 | 01:29:22 / 375 | 01:53:37 / 385 |
| 386 | 12 | BEHOUNEK LESZEK | ZAKOPANE | POL | TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE | 59 | M50/41 | M / 325 | 02:21:48 | 02:21:37 | 8.94 | 00:18:06 / 357 | 00:41:53 / 359 | 01:01:58 / 366 | 01:29:21 / 374 | 01:53:37 / 386 |
| 387 | 398 | SPYRKA IZABELLA | OKRAJNIK | POL | | 77 | K30/26 | K / 62 | 02:22:23 | 02:22:20 | 8.89 | 00:17:48 / 344 | 00:43:13 / 373 | 01:03:37 / 378 | 01:31:13 / 383 | 01:53:50 / 388 |
| 388 | 452 | TOMASZEK JAROSŁAW | ŻYWIEC | POL | Z.K.S.KOSZARAWA | 69 | M40/84 | M / 326 | 02:22:24 | 02:22:20 | 8.89 | 00:17:48 / 345 | 00:43:13 / 374 | 01:03:37 / 377 | 01:31:13 / 384 | 01:53:50 / 387 |
| 389 | 14 | BIALEK KRZYSZTOF | RYBNIK | POL | TRUCHTEM PO OCHAJO | 77 | M30/112 | M / 327 | 02:23:04 | 02:22:55 | 8.86 | 00:18:30 / 366 | 00:43:01 / 369 | 01:03:38 / 379 | 01:30:04 / 380 | 01:52:45 / 381 |
| 390 | 125 | GRABARCZYK HANNA | RADLIN | POL | | 87 | K18/22 | K / 63 | 02:24:45 | 02:24:36 | 8.75 | 00:19:49 / 386 | 00:44:17 / 384 | 01:04:44 / 386 | 01:31:22 / 387 | 01:54:22 / 391 |
| 391 | 432 | SZULIK ADRIAN | JEJKOWICE | POL | | 89 | M18/82 | M / 328 | 02:25:16 | 02:25:07 | 8.72 | 00:19:49 / 385 | 00:44:18 / 385 | 01:04:43 / 385 | 01:31:17 / 385 | 01:54:21 / 390 |
| 392 | 231 | SWADLO EWA | ZABRZE | POL | | 83 | K18/23 | K / 64 | 02:25:46 | 02:25:35 | 8.69 | 00:20:56 / 397 | 00:47:19 / 397 | 01:08:21 / 395 | 01:35:13 / 394 | 01:57:31 / 394 |
| 393 | 396 | LARYSZ DAWID | KATOWICE | POL | KANGUR | 75 | M30/113 | M / 329 | 02:25:57 | 02:25:38 | 8.69 | 00:19:51 / 388 | 00:44:47 / 390 | 01:06:18 / 393 | 01:32:56 / 393 | 01:54:58 / 393 |
| 394 | 395 | LARYSZ PATRYCJA | KATOWICE | POL | KANGUR | 79 | K30/27 | K / 65 | 02:25:57 | 02:25:38 | 8.69 | 00:19:51 / 387 | 00:44:47 / 389 | 01:06:18 / 392 | 01:32:55 / 392 | 01:54:58 / 392 |
| 395 | 280 | MZYK KRYSZYNA | TYCHY | POL | 40-LATEK TYCHY | 54 | K50/2 | K / 66 | 02:27:44 | 02:27:36 | 8.58 | 00:20:40 / 395 | 00:47:10 / 396 | 01:08:28 / 396 | 01:36:31 / 396 | 01:59:19 / 396 |
| 396 | 178 | KLEIN EWA | RYBNIK | POL | ZSE-U RYBNIK | 54 | K50/3 | K / 67 | 02:28:49 | 02:28:35 | 8.52 | 00:20:21 / 394 | 00:46:58 / 394 | 01:08:21 / 394 | 01:36:21 / 395 | 01:59:08 / 395 |
| 397 | 263 | MITURA-ZIELONKA PAWEŁ | RYBNIK | POL | NIEZRZESZONY - NIE BIEGA A CHODZI | 80 | M30/114 | M / 330 | 02:31:26 | 02:31:15 | 8.37 | 00:21:44 / 398 | 00:48:35 / 398 | 01:10:15 / 398 | 01:37:59 / 397 | 02:01:27 / 397 |
| 398 | 377 | SKOWROŃSKA HANNA | SZCZERBICE | POL | SPOKORUN | 71 | K40/14 | K / 68 | 02:40:11 | 02:39:58 | 7.91 | 00:20:07 / 391 | 00:47:06 / 395 | 01:09:59 / 397 | 01:40:51 / 398 | 02:07:38 / 398 |