






































**WYNIKI ZAWODÓW****CT****Organizator:** PRO PROGRESS Beata Lepka**Termin:** 16.12.2012**Miejsce:** Jakuszyce**Dystans:** 11,5 km

| Miejsce<br>Rank                  | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat   | Drużyna<br>Team | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|----------------------------------|-----------|-------------------------|---------------------|---|-----------------|------------|-----------------------|--------|--------------|----------|
| <b>CT Kobiety KATEGORIA:K4+5</b> |           |                         |                     |   |                 |            |                       |        |              |          |
| 1                                | 13        | SZMEL Ewa               | PIECHOWICE          |  POL   |                 | 58         | K4+5/1                | (K)4   | 00:53:23     | 04.38    |
| 2                                | 724       | HAHN Claudia            | EBERSBACH-NEUGERSD  |  GER   |                 | 63         | K4+5/2                | (K)7   | 00:58:31     | 05.05    |
| 3                                | 725       | MAŁYZEWICZ Jolanta      | OSTROSZOWICE        |  POL   |                 | 62         | K4+5/3                | (K)15  | 01:17:37     | 06.44    |
| 4                                | 649       | DOBROWOLSKA Bożena      | JELENIA GÓRA        |  POL   |                 | 52         | K4+5/4                | (K)17  | 01:21:11     | 07.03    |
| 5                                | 184       | LIPEK Elżbieta          | JELENIA GÓRA        |  POL   |                 | 57         | K4+5/5                | (K)18  | 01:23:58     | 07.18    |
| 6                                | 798       | WIERCIOCH Iwona         | LUBIN               |  POL   |                 | 71         | K4+5/6                | (K)20  | 01:32:32     | 08.02    |
| <b>CT Kobiety KATEGORIA:K3</b>   |           |                         |                     |   |                 |            |                       |        |              |          |
| 1                                | 755       | CZESNIK Maria           | WARSZAWA            |  POL   |                 | 77         | K3/1                  | (K)3   | 00:51:37     | 04.29    |
| 2                                | 773       | JUDKA Monika            | JELENIA GÓRA        |  POL   |                 | 81         | K3/2                  | (K)6   | 00:58:00     | 05.02    |
| 3                                | 787       | HACZYK Natalia          | OPOLE               |  POL   |                 | 73         | K3/3                  | (K)8   | 00:58:59     | 05.07    |
| 4                                | 742       | SZOPIŃSKA Paulina       | WROCLAW             |  POL   |                 | 80         | K3/4                  | (K)9   | 01:00:49     | 05.17    |
| 5                                | 753       | KUBACKA Justyna         | WARSZAWA            |  POL   |                 | 79         | K3/5                  | (K)10  | 01:05:12     | 05.40    |
| 6                                | 776       | GOLAK Agnieszka         | WYRZEKA             |  POL   |                 | 76         | K3/6                  | (K)11  | 01:07:28     | 05.52    |
| 7                                | 644       | ROLSKA Alicja           | WROCLAW             |  POL |                 | 74         | K3/7                  | (K)12  | 01:09:23     | 06.02    |
| 8                                | 752       | KRENZ-KUROWSKA Joanna   | PRZESIEKA           |  POL |                 | 79         | K3/8                  | (K)14  | 01:11:28     | 06.12    |
| 9                                | 756       | RUTA Paulina            | ZŁOTORYJA           |  POL |                 | 80         | K3/9                  | (K)16  | 01:17:46     | 06.42    |
| <b>CT Kobiety KATEGORIA:K2+1</b> |           |                         |                     |   |                 |            |                       |        |              |          |
| 1                                | 754       | ROMANOWICZ Emilia       | SUPRAŚL             |  POL |                 | 90         | K2+1/1                | (K)1   | 00:40:58     | 03.33    |
| 2                                | 638       | NOWACKA Krystyna        | WARSZAWA            |  POL |                 | 85         | K2+1/2                | (K)2   | 00:50:46     | 04.24    |
| 3                                | 608       | ROMAŃCZUK Monika        | JELENIA GÓRA        |  POL |                 | 83         | K2+1/3                | (K)5   | 00:57:48     | 05.01    |
| 4                                | 774       | ŚWIĘTEK Magdalena       | SUCHY LAS           |  POL |                 | 96         | K2+1/4                | (K)13  | 01:11:25     | 06.12    |
| 5                                | 797       | BABSKA Nastazja         | BARCINEK/JEL.GÓRY   |  POL |                 | 91         | K2+1/5                | (K)19  | 01:28:08     | 07.39    |
| <b>CT Mężczyźni KATEGORIA:M6</b> |           |                         |                     |   |                 |            |                       |        |              |          |
| 1                                | 338       | FARON Piotr             | ZALESIE 180         |  POL |                 | 49         | M6/1                  | (M)22  | 00:46:09     | 04.00    |
| 2                                | 194       | HOFFMANN Augustin       | SEMILY              |  CZE |                 | 43         | M6/2                  | (M)32  | 00:51:22     | 04.28    |
| 3                                | 119       | BARTKOWIAK Edward       | JELENIA GÓRA        |  POL |                 | 48         | M6/3                  | (M)41  | 00:52:43     | 04.35    |
| 4                                | 822       | GRYGOROWICZ Bogdan      | LUBIN               |  POL |                 | 49         | M6/4                  | (M)45  | 00:53:57     | 04.41    |
| 5                                | 751       | GÓRNICKI Mirosław       | JELENIA GÓRA        |  POL |                 | 49         | M6/5                  | (M)46  | 00:54:01     | 04.41    |
| 6                                | 14        | MROZIŃSKI Stanisław     | JELENIA GÓRA        |  POL |                 | 43         | M6/6                  | (M)77  | 01:00:53     | 05.17    |
| 7                                | 108       | ZAJĄC Wiesław           | POLKOWICE           |  POL |                 | 46         | M6/7                  | (M)90  | 01:03:41     | 05.32    |
| 8                                | 440       | PAWLIKOWSKI Józef       | SZKLARSKA PORĘBA    |  POL |                 | 51         | M6/8                  | (M)91  | 01:03:45     | 05.32    |
| 9                                | 603       | TUREK Rudolf            | WAŁBRZYCH           |  POL |                 | 41         | M6/9                  | (M)122 | 01:27:33     | 07.36    |
| <b>CT Mężczyźni KATEGORIA:M5</b> |           |                         |                     |   |                 |            |                       |        |              |          |
| 1                                | 639       | TOKARCZYK Marek         | ŚWIDNICA            |  POL |                 | 62         | M5/1                  | (M)7   | 00:40:23     | 03.30    |
| 2                                | 335       | MUCHA Edward            | LIMANOWA            |  POL |                 | 54         | M5/2                  | (M)12  | 00:41:20     | 03.35    |
| 3                                | 635       | ORTYŃSKI Witold         | LUBIN               |  POL |                 | 58         | M5/3                  | (M)18  | 00:43:56     | 03.49    |
| 4                                | 16        | WŁOCHAL Mariusz         | WAŁBRZYCH           |  POL |                 | 62         | M5/4                  | (M)28  | 00:50:18     | 04.22    |
| 5                                | 826       | ŁĘCZYCKI Marek          | JELENIA GÓRA        |  POL |                 | 60         | M5/5                  | (M)35  | 00:51:52     | 04.30    |
| 6                                | 772       | ROSTKOWSKI Piotr        | JELENIA GÓRA        |  POL |                 | 59         | M5/6                  | (M)39  | 00:52:26     | 04.33    |
| 7                                | 30        | NIEDBALSKI Przemysław   | PIECHOWICE          |  POL |                 | 59         | M5/7                  | (M)42  | 00:52:57     | 04.36    |
| 8                                | 274       | GRZYWACZ Krzysztof      | WARSZAWA            |  POL |                 | 59         | M5/8                  | (M)43  | 00:53:03     | 04.36    |
| 9                                | 556       | MARCINOWSKI Eugeniusz   | BIELAWA             |  POL |                 | 56         | M5/9                  | (M)44  | 00:53:41     | 04.40    |
| 10                               | 308       | LIPEK Zbigniew          | JELENIA GÓRA        |  POL |                 | 56         | M5/10                 | (M)52  | 00:55:13     | 04.48    |
| 11                               | 823       | KOSTKA Krzysztof        | WSCHOWA             |  POL |                 | 55         | M5/11                 | (M)59  | 00:56:52     | 04.56    |
| 12                               | 1         | MALINOWSKI Maciej       | KONIN               |  POL |                 | 61         | M5/12                 | (M)65  | 00:57:51     | 05.01    |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|
| 13           | 125    | OLEJNICZAK Henryk     | KOŚCIEWSKO       |          | POL          | 53      | M5/13 (M)84            | 01:02:30  | 05.26    |
| 14           | 827    | JANIA Józef           | NADOLICE WIELKIE |          | POL          | 57      | M5/14 (M)95            | 01:05:07  | 05.39    |
| 15           | 551    | DOBROWOLSKI Robert    | JELEŃ GÓRA       |          | POL          | 57      | M5/15 (M)99            | 01:06:12  | 05.45    |
| 16           | 307    | MAZURCZAK Zdzisław    | BOLESŁAWIEC      |          | POL          | 60      | M5/16 (M)103           | 01:08:09  | 05.55    |
| 17           | 323    | STRUGAŁA Ryszard      | ŚWIDNICA ŚLĄSKA  |          | POL          | 58      | M5/17 (M)107           | 01:10:52  | 06.09    |
| 18           | 692    | KALETKA Stanisław     | GRYFINO          |          | POL          | 55      | M5/18 (M)111           | 01:11:28  | 06.12    |
| 19           | 346    | STETTNER Andrzej      | JELEŃ GÓRA       |          | POL          | 55      | M5/19 (M)114           | 01:14:23  | 06.28    |
| 20           | 708    | DRAPIKOWSKI Marek     | LEGNICA          |          | POL          | 61      | M5/20 (M)119           | 01:19:13  | 06.53    |
| 21           | 189    | WASZKIEWICZ Władysław | BRZEZINA         |          | POL          | 57      | M5/21 (M)120           | 01:20:50  | 07.01    |
| 22           | 317    | SUCHANEK Janusz       | WROCLAW          |          | POL          | 59      | M5/22 (M)121           | 01:23:49  | 07.17    |

### CT Mężczyźni KATEGORIA:M4

|    |     |                      |                       |  |     |    |              |          |       |
|----|-----|----------------------|-----------------------|--|-----|----|--------------|----------|-------|
| 1  | 306 | KASPAR Jan           | PRAHA                 |  | CZE | 71 | M4/1 (M)8    | 00:40:38 | 03.32 |
| 2  | 609 | KORYCIŃSKI Rafał     | GDAŃSK                |  | POL | 71 | M4/2 (M)9    | 00:41:05 | 03.34 |
| 3  | 154 | OLSZOWSKI Władysław  | MIĘDZYPOLSKIE-BIALSKI |  | POL | 67 | M4/3 (M)10   | 00:41:10 | 03.34 |
| 4  | 814 | TROJAK Witold        | TARNÓW                |  | POL | 64 | M4/4 (M)15   | 00:42:53 | 03.43 |
| 5  | 824 | WAWRZYŃIAK Bogusław  | OSTRÓW- GORZYCE       |  | POL | 65 | M4/5 (M)23   | 00:46:54 | 04.04 |
| 6  | 577 | ZAWÓŁ Stanisław      | SZKLARSKA PORĘBA      |  | POL | 66 | M4/6 (M)24   | 00:48:31 | 04.13 |
| 7  | 845 | PRZERADA Krzysztof   | WROCLAW               |  | POL | 69 | M4/7 (M)27   | 00:50:06 | 04.21 |
| 8  | 555 | BENSARI Tomisław     | GALOWICE              |  | POL | 72 | M4/8 (M)29   | 00:50:43 | 04.24 |
| 9  | 795 | GŁUSZAK Karol        | SZKLARSKA PORĘBA      |  | POL | 63 | M4/9 (M)30   | 00:50:47 | 04.24 |
| 10 | 732 | WÜNDRICH Hartmut     | OBERCUNNERSDORF       |  | GER | 66 | M4/10 (M)47  | 00:54:09 | 04.42 |
| 11 | 131 | HACZYK Jarosław      | OPOLE                 |  | POL | 68 | M4/11 (M)51  | 00:55:03 | 04.47 |
| 12 | 343 | LEPKA Piotr          | SZKLARSKA PORĘBA      |  | POL | 65 | M4/12 (M)53  | 00:55:34 | 04.49 |
| 13 | 782 | KOZŁOWSKI Wojciech   | ZIELONA GÓRA          |  | POL | 68 | M4/13 (M)54  | 00:55:49 | 04.51 |
| 14 | 27  | KASZUBSKI Artur      | WAŁBRZYCH             |  | POL | 70 | M4/14 (M)57  | 00:56:35 | 04.55 |
| 15 | 819 | ZAJĄC Grzegorz       | WAŁBRZYCH             |  | POL | 69 | M4/15 (M)60  | 00:56:53 | 04.56 |
| 16 | 554 | BEZULSKI Michał      | GORZÓW WLKP.          |  | POL | 71 | M4/16 (M)68  | 00:58:49 | 05.06 |
| 17 | 112 | KURIATA Robert       | ZŁOTORYJA             |  | POL | 66 | M4/17 (M)70  | 00:59:52 | 05.12 |
| 18 | 101 | STETTNER Władysław   | LEŚNA                 |  | POL | 63 | M4/18 (M)75  | 01:00:43 | 05.16 |
| 19 | 568 | WALACIK Krzysztof    | LUBIN                 |  | POL | 72 | M4/19 (M)79  | 01:00:55 | 05.17 |
| 20 | 817 | LUBIATOWSKI Ireneusz | GUBIN                 |  | POL | 66 | M4/20 (M)81  | 01:01:09 | 05.19 |
| 21 | 741 | PLUCIŃSKI Dariusz    | KOŁOBRZEG             |  | POL | 70 | M4/21 (M)83  | 01:02:15 | 05.24 |
| 22 | 779 | ROLECZEK Piotr       | ZŁOTORYJA             |  | POL | 69 | M4/22 (M)85  | 01:02:39 | 05.26 |
| 23 | 794 | GOLIS Jerzy          | IWINY                 |  | POL | 67 | M4/23 (M)88  | 01:03:11 | 05.29 |
| 24 | 786 | ZUSZEK Andrzej       | OSTRÓ WLKP.           |  | POL | 65 | M4/24 (M)94  | 01:04:51 | 05.38 |
| 25 | 122 | SOLIWODA Dariusz     |                       |  | POL | 66 | M4/25 (M)98  | 01:06:07 | 05.45 |
| 26 | 833 | MIKOŁAJCZAK Mariusz  | POZNAŃ                |  | POL | 71 | M4/26 (M)100 | 01:06:22 | 05.46 |
| 27 | 781 | DYMANOWSKI Olgierd   | ZDZIESZOWICE          |  | POL | 66 | M4/27 (M)112 | 01:11:55 | 06.15 |
| 28 | 318 | STETTNER Józef       | MIRSK                 |  | POL | 66 | M4/28 (M)115 | 01:14:33 | 06.29 |
| 29 | 793 | WYTRYKUS Jarosław    | ZIELONA GÓRA          |  | POL | 66 | M4/29 (M)118 | 01:18:29 | 06.49 |

### CT Mężczyźni KATEGORIA:M3

|    |     |                       |                  |  |     |    |             |          |       |
|----|-----|-----------------------|------------------|--|-----|----|-------------|----------|-------|
| 1  | 116 | MROZIŃSKI Jakub       | JELEŃ GÓRA       |  | POL | 75 | M3/1 (M)3   | 00:37:22 | 03.15 |
| 2  | 816 | HONCZAR Andrzej       | BIAŁYSTOK        |  | POL | 76 | M3/2 (M)4   | 00:37:49 | 03.17 |
| 3  | 645 | SMYKOWSKI Wojciech    | SOSNÓWKA         |  | POL | 82 | M3/3 (M)5   | 00:38:53 | 03.22 |
| 4  | 134 | CHUDZIKIEWICZ Tomasz  | WOJCIESZÓW       |  | POL | 76 | M3/4 (M)6   | 00:39:02 | 03.23 |
| 5  | 252 | PANENKA Ondrej        | PRAHA            |  | CZE | 80 | M3/5 (M)11  | 00:41:20 | 03.35 |
| 6  | 626 | AUGUSTYŃIAK Krzysztof | POLKOWICE        |  | POL | 81 | M3/6 (M)16  | 00:43:14 | 03.45 |
| 7  | 777 | KOTLARZ Paweł         | WARSZAWA         |  | POL | 77 | M3/7 (M)17  | 00:43:42 | 03.48 |
| 8  | 696 | KOCIERZ Piotr         | ZYWIEC           |  | POL | 75 | M3/8 (M)20  | 00:44:15 | 03.50 |
| 9  | 622 | NOWAKOWSKI Tomasz     | SZKLARSKA PORĘBA |  | POL | 74 | M3/9 (M)21  | 00:44:36 | 03.52 |
| 10 | 604 | RACINIEWSKI Sebastian | WAŁBRZYCH        |  | POL | 77 | M3/10 (M)26 | 00:49:28 | 04.18 |
| 11 | 583 | ZDZIECHOWSKI Paweł    | ŚREM, DĄBROWA    |  | POL | 73 | M3/11 (M)34 | 00:51:35 | 04.29 |
| 12 | 34  | WOŹNIAK Grzegorz      | JELEŃ GÓRA       |  | POL | 78 | M3/12 (M)36 | 00:51:54 | 04.30 |
| 13 | 589 | BENSARI Remigiusz     | WROCLAW          |  | POL | 74 | M3/13 (M)37 | 00:51:54 | 04.30 |
| 14 | 120 | ROLSKI Michał         | WROCLAW          |  | POL | 74 | M3/14 (M)38 | 00:52:17 | 04.32 |
| 15 | 140 | GAJOWSKI Maciej       | KAMIENNA GÓRA    |  | POL | 78 | M3/15 (M)40 | 00:52:35 | 04.34 |
| 16 | 835 | CIECIUCH Maciej       |                  |  | POL | 75 | M3/16 (M)48 | 00:54:37 | 04.45 |
| 17 | 844 | RATAJAK Tomasz        | LUBOŃ            |  | POL | 75 | M3/17 (M)50 | 00:54:46 | 04.45 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City    | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|---------------------|----------|--------------|---------|------------------------|-----------|----------|
| 18           | 617    | SKROBISZEWSKI Mariusz | PIECHOWICE          | POL      |              | 75      | M3/18 (M)55            | 00:56:05  | 04.52    |
| 19           | 784    | ŁYŚ Michał            | WŁODAWA             | POL      |              | 78      | M3/19 (M)56            | 00:56:19  | 04.53    |
| 20           | 818    | MALESZKA Wojciech     | WROCLAW             | POL      |              | 80      | M3/20 (M)58            | 00:56:36  | 04.55    |
| 21           | 411    | SZUROWSKI Piotr       | WAŁBRZYCH           | POL      |              | 74      | M3/21 (M)61            | 00:57:07  | 04.58    |
| 22           | 7      | SKUBA Robert          | WROCLAW             | POL      |              | 80      | M3/22 (M)62            | 00:57:12  | 04.58    |
| 23           | 328    | HUCAL Tomasz          | TOMASZOWO           | POL      |              | 76      | M3/23 (M)63            | 00:57:22  | 04.59    |
| 24           | 778    | NALEPA Łukasz         | WARTA BOLESŁAWIECKA | POL      |              | 80      | M3/24 (M)64            | 00:57:35  | 05.00    |
| 25           | 788    | PAWŁOWSKI Marcin      | ZLOTORYJA           | POL      |              | 82      | M3/25 (M)69            | 00:59:39  | 05.11    |
| 26           | 831    | BUBEŁA Adam           | OLSZTYN             | POL      |              | 77      | M3/26 (M)72            | 01:00:04  | 05.13    |
| 27           | 613    | GODLEWSKI Bogdan      | SOBIN               | POL      |              | 74      | M3/27 (M)73            | 01:00:06  | 05.13    |
| 28           | 837    | TROJAN Radosław       | JEŻÓW SUDECKI       | POL      |              | 75      | M3/28 (M)74            | 01:00:31  | 05.15    |
| 29           | 698    | DOBIAS David          | SESTAJOVICE         | CZE      |              | 77      | M3/29 (M)76            | 01:00:51  | 05.17    |
| 30           | 701    | DYMITROW Dawid        | WROCLAW             | POL      |              | 82      | M3/30 (M)78            | 01:00:55  | 05.17    |
| 31           | 834    | REWERS Mirosław       | SUCHY LAS           | POL      |              | 75      | M3/31 (M)82            | 01:01:26  | 05.20    |
| 32           | 187    | JERKA Marek           | LEGNICA             | POL      |              | 78      | M3/32 (M)87            | 01:02:53  | 05.28    |
| 33           | 198    | URYN Tomasz           | WYSOKA              | POL      |              | 80      | M3/33 (M)89            | 01:03:23  | 05.30    |
| 34           | 423    | ZAWADA Przemek        | WROCLAW             | POL      |              | 77      | M3/34 (M)92            | 01:04:01  | 05.34    |
| 35           | 838    | KASZYŃSKI Maciej      | WROCLAW             | POL      |              | 75      | M3/35 (M)93            | 01:04:38  | 05.37    |
| 36           | 168    | ZDERADICKA Petr       | MLADA BOESLAV       | CZE      |              | 74      | M3/36 (M)97            | 01:05:56  | 05.44    |
| 37           | 828    | OLAS Ryszard          | SZKLARSKA PORĘBA    | POL      |              | 80      | M3/37 (M)104           | 01:08:24  | 05.56    |
| 38           | 563    | KUTKIEWICZ Bartosz    | SIECHNICE           | POL      |              | 82      | M3/38 (M)106           | 01:10:28  | 06.07    |
| 39           | 799    | WIERCIOCH Sławomir    | LUBIN               | POL      |              | 73      | M3/39 (M)108           | 01:11:05  | 06.10    |
| 40           | 6      | KRUPSKI Michał        | WROCLAW             | POL      |              | 81      | M3/40 (M)109           | 01:11:06  | 06.11    |
| 41           | 612    | RYBACKI Piotr         | ODOLANÓW            | POL      |              | 77      | M3/41 (M)110           | 01:11:22  | 06.12    |
| 42           | 820    | FIBIGER Tomasz        | POZNAŃ              | POL      |              | 80      | M3/42 (M)113           | 01:12:55  | 06.20    |

### CT Mężczyźni KATEGORIA:M2

|   |     |                      |           |     |  |    |             |          |       |
|---|-----|----------------------|-----------|-----|--|----|-------------|----------|-------|
| 1 | 333 | KUCZERA Norbert      | PLEŚNA    | POL |  | 85 | M2/1 (M)2   | 00:37:02 | 03.13 |
| 2 | 811 | BŁĄŻEJCZYK Michał    | BYDGOSZCZ | POL |  | 91 | M2/2 (M)25  | 00:48:56 | 04.15 |
| 3 | 810 | RACZYŃSKI Konrad     | POZNAŃ    | POL |  | 92 | M2/3 (M)33  | 00:51:23 | 04.28 |
| 4 | 800 | SZLENDAK Łukasz      | KOWARY    | POL |  | 83 | M2/4 (M)67  | 00:58:29 | 05.05 |
| 5 | 846 | BAGIŃSKI Filip       | WROCLAW   | POL |  | 89 | M2/5 (M)116 | 01:15:22 | 06.33 |
| 6 | 836 | GOMAN Marcel         | WROCLAW   | POL |  | 87 | M2/6 (M)117 | 01:17:16 | 06.43 |
| 7 | 780 | TROJAK Kamil         | TARNÓW    | POL |  | 88 | M2/7 (M)123 | 01:36:37 | 08.24 |
| 8 | 832 | CIESIOŁKIEWICZ Paweł | WROCLAW   | POL |  | 88 | M2/8 (M)124 | 01:38:02 | 08.31 |

### CT Mężczyźni KATEGORIA:M1

|    |     |                     |                     |     |  |    |              |          |       |
|----|-----|---------------------|---------------------|-----|--|----|--------------|----------|-------|
| 1  | 191 | SKOWRON Piotr       | JELENIA GÓRA        | POL |  | 93 | M1/1 (M)1    | 00:36:12 | 03.08 |
| 2  | 49  | MIESZAŁA Jakub      | JELENIA GÓRA        | POL |  | 94 | M1/2 (M)13   | 00:41:31 | 03.36 |
| 3  | 632 | SKOWRON Michał      | JELENIA GÓRA        | POL |  | 98 | M1/3 (M)14   | 00:41:47 | 03.38 |
| 4  | 728 | HAHN Dominik        | EBERSBACH-NEUGERSD  | GER |  | 95 | M1/4 (M)19   | 00:44:09 | 03.50 |
| 5  | 825 | GŁÓWCZAK Szymon     | OSTRÓW WIELKOPOLSKI | POL |  | 94 | M1/5 (M)31   | 00:50:48 | 04.25 |
| 6  | 791 | ŚWIĘTEK Mateusz     | SUCHY LAS           | POL |  | 96 | M1/6 (M)49   | 00:54:38 | 04.45 |
| 7  | 790 | KORZENIOWSKI Konrad | KOZIEGŁOWY          | POL |  | 94 | M1/7 (M)66   | 00:58:16 | 05.04 |
| 8  | 106 | SZEREMETA Szymon    | LWÓWEK ŚLĄSKI       | POL |  | 93 | M1/8 (M)80   | 01:00:58 | 05.18 |
| 9  | 624 | ZDZIECHOWSKI Maciej | ŚREM, DĄBROWA       | POL |  | 00 | M1/9 (M)86   | 01:02:47 | 05.27 |
| 10 | 792 | REWERS Damian       | SUCHY LAS           | POL |  | 96 | M1/10 (M)96  | 01:05:08 | 05.39 |
| 11 | 812 | JANASIK Jan         | ŚRODA WLKP          | POL |  | 96 | M1/11 (M)101 | 01:07:22 | 05.51 |
| 12 | 813 | DANIELAK Oskar      | LUBOŃ               | POL |  | 96 | M1/12 (M)102 | 01:07:36 | 05.52 |
| 13 | 785 | BEDNAREK Mateusz    | GORZYCE WIELKIE     | POL |  | 96 | M1/13 (M)105 | 01:09:00 | 06.00 |

### FT Kobiety KATEGORIA:K

|   |     |                              |                   |     |  |    |          |          |       |
|---|-----|------------------------------|-------------------|-----|--|----|----------|----------|-------|
| 1 | 853 | KORDASIEWICZ Iga             | SZKLARSKA POREBA  | POL |  | 93 | K/1 (K)1 | 00:38:11 | 03.19 |
| 2 | 51  | BADACZ Joanna                | PIECHOWICE        | POL |  | 75 | K/2 (K)2 | 00:40:21 | 03.30 |
| 3 | 521 | GRZYBEK Joanna               | JELENIA GÓRA      | POL |  | 82 | K/3 (K)3 | 00:42:15 | 03.40 |
| 4 | 851 | DANIŁO Izabela               | JELENIA GÓRA      | POL |  | 74 | K/4 (K)4 | 00:43:20 | 03.46 |
| 5 | 665 | UZNAŃSKA WANŻEWICZ Agnieszka | DUSZNIKI ZDRÓJ    | POL |  | 79 | K/5 (K)5 | 00:43:34 | 03.47 |
| 6 | 854 | OLCOŃ Edyta                  | BIĄŁKA TATRZAŃSKA | POL |  | 76 | K/6 (K)6 | 00:44:57 | 03.54 |
| 7 | 67  | JEDZINIAK Ewelina            | PIECHOWICE        | POL |  | 76 | K/7 (K)7 | 00:45:26 | 03.57 |
| 8 | 852 | ŁĄCZAK Magdalena             | MIELEC            | POL |  | 78 | K/8 (K)8 | 00:45:37 | 03.58 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|
| 9            | 550    | BEZULSKA Anna        | GORZÓW WLKP.     | POL      |              | 78      | K/9 (K)9               | 00:48:40  | 04.13    |
| 10           | 855    | PALIŃSKA Aneta       | SZKLARSKA PORĘBA | POL      |              | 75      | K/10 (K)10             | 00:49:35  | 04.18    |
| 11           | 210    | GOLASIŃSKA Jolanta   | WŁOCLAWEK        | POL      |              | 71      | K/11 (K)11             | 00:56:40  | 04.55    |
| 12           | 78     | MICHAJLUK Jolanta    | POLKOWICE        | POL      |              | 69      | K/12 (K)12             | 00:56:43  | 04.55    |
| 13           | 688    | BUDZIŃSKA Karolina   | WROCLAW          | POL      |              | 84      | K/13 (K)13             | 00:57:47  | 05.01    |
| 14           | 505    | OLEJNICZAK Halina    | KOŚCIELISKO      | POL      |              | 60      | K/14 (K)14             | 00:58:53  | 05.07    |

### FT Mężczyźni KATEGORIA:M6

|   |     |                       |            |     |  |    |            |          |       |
|---|-----|-----------------------|------------|-----|--|----|------------|----------|-------|
| 1 | 289 | GRANDYS Janusz        | KRAKÓW     | POL |  | 50 | M6/1 (M)32 | 00:42:41 | 03.42 |
| 2 | 59  | BISKUP Janusz         | WALBRZYCH  | POL |  | 52 | M6/2 (M)45 | 00:45:08 | 03.55 |
| 3 | 380 | KOPYT Jan             | KONSTANCIN | POL |  | 46 | M6/3 (M)52 | 00:46:49 | 04.04 |
| 4 | 653 | MACIUKIEWICZ Wojciech | WROCLAW    | POL |  | 52 | M6/4 (M)54 | 00:47:38 | 04.08 |

### FT Mężczyźni KATEGORIA:M5

|    |     |                     |                 |     |  |    |             |          |       |
|----|-----|---------------------|-----------------|-----|--|----|-------------|----------|-------|
| 1  | 291 | WERDA Stanisław     | JELENIA GÓRA    | POL |  | 57 | M5/1 (M)25  | 00:41:22 | 03.35 |
| 2  | 66  | URBANOWSKI Grzegorz | WROCLAW         | POL |  | 59 | M5/2 (M)26  | 00:41:42 | 03.37 |
| 3  | 352 | BIEDRZYCKI Witold   | POLKOWICE       | POL |  | 60 | M5/3 (M)28  | 00:42:30 | 03.41 |
| 4  | 212 | URBAN Michael       | EBERS BACH      | GER |  | 59 | M5/4 (M)30  | 00:42:38 | 03.42 |
| 5  | 351 | NECHANICKY Radim    | HARRACHOV       | POL |  | 55 | M5/5 (M)35  | 00:43:17 | 03.45 |
| 6  | 651 | PLUTA Piotr         | WROCLAW         | POL |  | 62 | M5/6 (M)41  | 00:44:49 | 03.53 |
| 7  | 214 | ZOREMBA Jan         | TARNOWSKIE GÓRY | POL |  | 53 | M5/7 (M)48  | 00:45:46 | 03.58 |
| 8  | 267 | NOWIŃSKI Jan        | TRZEBNICA       | POL |  | 61 | M5/8 (M)65  | 00:56:06 | 04.52 |
| 9  | 693 | BABSKI Roman        | JELENIA GÓRA    | POL |  | 53 | M5/9 (M)67  | 00:58:03 | 05.02 |
| 10 | 654 | MARCZAK Jan         | CZARNY BÓR      | POL |  | 61 | M5/10 (M)69 | 01:01:06 | 05.18 |
| 11 | 455 | ORŁOWSKI Wiesław    | WROCLAW         | POL |  | 53 | M5/11 (M)70 | 01:18:27 | 06.49 |

### FT Mężczyźni KATEGORIA:M4









|    |     |                         |                  |     |  |    |             |          |       |
|----|-----|-------------------------|------------------|-----|--|----|-------------|----------|-------|
| 1  | 491 | PETR Pavel              | LAZNE BELOHRAD   | MNE |  | 69 | M4/1 (M)3   | 00:33:35 | 02.55 |
| 2  | 888 | PAWŁOWSKI Paweł         | SZKLARSKA PORĘBA | POL |  | 70 | M4/2 (M)8   | 00:35:55 | 03.07 |
| 3  | 522 | MAZUREK Artur           | CZARNY BÓR       | POL |  | 70 | M4/3 (M)13  | 00:37:39 | 03.16 |
| 4  | 77  | MICHAJLUK Stanisław     | POLKOWICE        | POL |  | 69 | M4/4 (M)15  | 00:38:16 | 03.19 |
| 5  | 222 | MICHALAK Robert         | POZNAŃ           | POL |  | 66 | M4/5 (M)18  | 00:40:00 | 03.28 |
| 6  | 228 | WOŹNIAKOWSKI Krzysztof  | JEDLINA ZDRÓJ    | POL |  | 71 | M4/6 (M)34  | 00:42:55 | 03.43 |
| 7  | 783 | SZEREMETA Jarosław      | BIELAWA          | POL |  | 71 | M4/7 (M)36  | 00:43:33 | 03.47 |
| 8  | 482 | STRZAŁKOWSKI Artur      | PIECHOWICE       | POL |  | 71 | M4/8 (M)37  | 00:43:38 | 03.47 |
| 9  | 652 | GUZIŃSKI Andrzej        | GDAŃSK           | POL |  | 64 | M4/9 (M)49  | 00:46:01 | 04.00 |
| 10 | 97  | GUZ Grzegorz            | POLKOWICE        | POL |  | 71 | M4/10 (M)53 | 00:47:08 | 04.05 |
| 11 | 880 | KORZENIOWSKI Aleksander | ŁÓDŹ             | POL |  | 72 | M4/11 (M)55 | 00:48:11 | 04.11 |
| 12 | 663 | ZIMOŃ Paweł             | CZĘSTOCHOWA      | POL |  | 68 | M4/12 (M)56 | 00:48:28 | 04.12 |
| 13 | 515 | WOJTAS Grzegorz         | CZARNY BÓR       | POL |  | 65 | M4/13 (M)58 | 00:49:17 | 04.17 |
| 14 | 678 | SZMYT Dariusz           | DĄBRÓWKA         | POL |  | 63 | M4/14 (M)63 | 00:52:11 | 04.32 |
| 15 | 237 | NADACHOWSKI Marek       | ZACHARZEW        | POL |  | 72 | M4/15 (M)64 | 00:53:16 | 04.37 |

### FT Mężczyźni KATEGORIA:M3

















|    |     |                   |                  |     |  |    |             |          |       |
|----|-----|-------------------|------------------|-----|--|----|-------------|----------|-------|
| 1  | 242 | FARON Robert      | ZALESIE          | POL |  | 74 | M3/1 (M)1   | 00:31:41 | 02.45 |
| 2  | 460 | FILIP Daniel      | CZARNY BÓR       | POL |  | 77 | M3/2 (M)2   | 00:33:21 | 02.54 |
| 3  | 200 | GALIK Zbigniew    | SZKLARSKA PORĘBA | POL |  | 73 | M3/3 (M)4   | 00:33:58 | 02.57 |
| 4  | 655 | SIMEK Pavel       | TRUTNOV          | CZE |  | 80 | M3/4 (M)5   | 00:34:19 | 02.59 |
| 5  | 295 | KOLAJA Jan        | NYMBURK          | CZE |  | 81 | M3/5 (M)6   | 00:35:06 | 03.03 |
| 6  | 884 | GRZYBOWSKI Marcin | CZECHOWICE-      | POL |  | 79 | M3/6 (M)7   | 00:35:20 | 03.04 |
| 7  | 518 | MEDACK Thomas     | DRESDEN          | GER |  | 76 | M3/7 (M)12  | 00:37:30 | 03.15 |
| 8  | 534 | KUBALIK Jan       | LIBEREC          | CZE |  | 78 | M3/8 (M)17  | 00:38:52 | 03.22 |
| 9  | 883 | BADACZ Przemysław | PIECHOWICE       | POL |  | 78 | M3/9 (M)19  | 00:40:14 | 03.29 |
| 10 | 499 | DYBEK Paweł       | MIELEC           | POL |  | 75 | M3/10 (M)23 | 00:41:14 | 03.35 |

### FT Mężczyźni KATEGORIA:M2

|   |     |                   |              |     |  |    |            |          |       |
|---|-----|-------------------|--------------|-----|--|----|------------|----------|-------|
| 1 | 465 | HUSEK Martin      | TANVALD      | CZE |  | 90 | M2/1 (M)9  | 00:36:19 | 03.09 |
| 2 | 257 | SITKOWSKI Jakub   | WAŁCZ        | POL |  | 89 | M2/2 (M)11 | 00:37:04 | 03.13 |
| 3 | 477 | MAŁYSZEWICZ Artur | OSTROSZOWICE | POL |  | 86 | M2/3 (M)16 | 00:38:28 | 03.20 |
| 4 | 501 | KOTAS Piotr       | CZARNY BÓR   | POL |  | 87 | M2/4 (M)20 | 00:40:29 | 03.31 |
| 5 | 230 | LEJA Mariusz      | LESZCZYNIC   | POL |  | 87 | M2/5 (M)22 | 00:41:02 | 03.34 |
| 6 | 530 | MARCZAK Marek     | CZARNY BOR   | POL |  | 85 | M2/6 (M)27 | 00:42:04 | 03.39 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat  | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|---|--------------|---------|------------------------|-----------|----------|
| 7            | 535    | JURCZAK Marcin       | LUBAWKA          |  POL |              | 86      | M2/7 (M)29             | 00:42:34  | 03.42    |
| 8            | 453    | KUDŁA Michał         | POZNAŃ           |  POL |              | 91      | M2/8 (M)31             | 00:42:40  | 03.42    |
| 9            | 255    | NOWAK Adam           | POZNAN           |  POL |              | 92      | M2/9 (M)39             | 00:44:24  | 03.51    |
| 10           | 464    | KAMIŃSKI Mateusz     | OLSZTYN          |  POL |              | 91      | M2/10 (M)40            | 00:44:25  | 03.51    |
| 11           | 452    | SŁOMIŃSKI Vincent    | CZŁUCHÓW         |  POL |              | 92      | M2/11 (M)46            | 00:45:14  | 03.56    |
| 12           | 656    | SZAJT Jakub          |                  |  POL |              | 87      | M2/12 (M)50            | 00:46:22  | 04.01    |
| 13           | 876    | ŁUKASZEWICZ Dawid    | WROCLAW          |  POL |              | 87      | M2/13 (M)61            | 00:51:32  | 04.28    |
| 14           | 686    | BUDZIŃSKI Paweł      | WROCLAW          |  POL |              | 87      | M2/14 (M)68            | 00:59:14  | 05.09    |

### FT Mężczyźni KATEGORIA:M1

|    |     |                     |                 |  |  |    |             |          |       |
|----|-----|---------------------|-----------------|--|--|----|-------------|----------|-------|
| 1  | 886 | DUBIAK Bartosz      | LUBOŃ           |  POL  |  | 93 | M1/1 (M)10  | 00:36:34 | 03.10 |
| 2  | 673 | BOGACZ Paweł        | NIESTĘPOWO      |  POL  |  | 93 | M1/2 (M)14  | 00:38:08 | 03.18 |
| 3  | 885 | KOSTENSKI Szymon    | POZNAŃ          |  POL  |  | 95 | M1/3 (M)21  | 00:40:44 | 03.32 |
| 4  | 504 | OKROJ Marcin        | ŁAPALICE        |  POL  |  | 95 | M1/4 (M)24  | 00:41:22 | 03.35 |
| 5  | 659 | SOKÓŁ Patryk        |                 |  POL  |  | 93 | M1/5 (M)33  | 00:42:48 | 03.43 |
| 6  | 254 | SZPYNDA Grzegorz    | WAŁCZ           |  POL  |  | 94 | M1/6 (M)38  | 00:44:06 | 03.50 |
| 7  | 856 | MARCAK Damian       | CZARNY BÓR      |  POL  |  | 98 | M1/7 (M)42  | 00:44:55 | 03.54 |
| 8  | 253 | ŁUBNIEWSKI Michał   | CZŁUCHÓW        |  POL  |  | 93 | M1/8 (M)43  | 00:44:56 | 03.54 |
| 9  | 815 | ŁASKI Mateusz       | BIELAWA         |  POL  |  | 93 | M1/9 (M)44  | 00:44:59 | 03.54 |
| 10 | 466 | POLAK Piotr         | POZNAŃ          |  POL  |  | 95 | M1/10 (M)47 | 00:45:39 | 03.58 |
| 11 | 264 | MALISZEWSKI Mikołaj | POZNAŃ          |  POL  |  | 96 | M1/11 (M)51 | 00:46:46 | 04.04 |
| 12 | 882 | KITEWSKI Aleksander | LIDZBARK WELSKI |  POL  |  | 96 | M1/12 (M)57 | 00:48:36 | 04.13 |
| 13 | 657 | ŁUBNIEWSKI Michał   |                 |  POL  |  | 93 | M1/13 (M)59 | 00:50:04 | 04.21 |
| 14 | 498 | CHMIELEWSKI Michał  | WILCZYCE        |  POL  |  | 93 | M1/14 (M)60 | 00:51:20 | 04.27 |
| 15 | 887 | BARNIAK Tomasz      | WĘGORZEWO       |  POL  |  | 95 | M1/15 (M)62 | 00:52:00 | 04.31 |
| 16 | 215 | NADACHOWSKI Artur   | ZACHARZEW       |  POL |  | 00 | M1/16 (M)66 | 00:57:25 | 04.59 |