

## XXIII Strzelecki Bieg Uliczny im. E. Ferta

**WYNIKI ZAWODÓW****15 km - Województwo Opolskie****Organizator:** Urząd Miejski - Referat Sportu i Rekreacji w Strzelcach Opolskich.**Termin:** 22.12.2012**Miejsce:** Strzelce Opolskie**Dystans:** 15 km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City |              | Kraj<br>Nat  | Drużyna / Klub<br>Team / Club            |              | R-k<br>YoB   | W kategorii<br>in Age | Grupy<br>Group       | Sex   | Wynik<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|--------------|--------------|--|--------------|--------------|-----------------------|----------------------|-------|---------------|----------|
|                 |           |                         | 3km                 | 4km          |              | 7km                                      | 8km          |              |                       |                      |       |               |          |
| 1               | 350       | KŁECZEK Radosław        | GOGOLIN             |              | POL          | SPORTING MIĘDZYDZROJE / SKLEP BIEGACZA.P | 85M20/1      |              |                       |                      | (M)1  | 00:47:51      | 03.11    |
|                 |           |                         | 0:07:21 / 2         | 0:12:18 / 2  | 0:21:00 / 1  | 0:25:50 / 2                              | 0:34:35 / 2  | 0:39:24 / 1  |                       | Woje/1               |       |               |          |
| 2               | 57        | BŁAZIŃSKI Marcin        | OPOLE               |              | POL          | WKB META LUBLINIEC                       | 88M20/2      |              |                       |                      | (M)2  | 00:47:51      | 03.11    |
|                 |           |                         | 0:07:21 / 1         | 0:12:18 / 1  | 0:21:00 / 2  | 0:25:50 / 1                              | 0:34:34 / 1  | 0:39:24 / 2  |                       | Woje/2               |       |               |          |
| 3               | 806       | SOBAS Jacek             | KĘDZIERZYN-KOŹLE    |              | POL          | 'ZAWISZA' STARA KUŹNIA                   | 85M20/4      |              |                       |                      | (M)4  | 00:49:49      | 03.19    |
|                 |           |                         | 0:07:23 / 3         | 0:12:25 / 3  | 0:21:35 / 3  | 0:26:41 / 3                              | 0:35:53 / 3  | 0:40:57 / 3  |                       | Woje/3               |       |               |          |
| 4               | 646       | PACHUTA Krzysztof       | OPOLE               |              | POL          | OPOLE                                    | 82M30/2      |              |                       |                      | (M)6  | 00:51:34      | 03.26    |
|                 |           |                         | 0:07:49 / 5         | 0:13:02 / 5  | 0:22:24 / 5  | 0:27:37 / 4                              | 0:37:03 / 4  | 0:42:15 / 4  |                       | Woje/4               |       |               |          |
| 5               | 911       | UCIECHOWSKI Marcin      | OPOLE               |              | POL          | KU AZS PO OPOLE                          | 88M20/5      |              |                       |                      | (M)7  | 00:51:54      | 03.27    |
|                 |           |                         | 0:07:49 / 7         | 0:13:03 / 6  | 0:22:24 / 6  | 0:27:37 / 6                              | 0:37:06 / 5  | 0:42:25 / 5  |                       | Woje/5               |       |               |          |
| 6               | 314       | KADŁUCZKA Jan           | GŁOGÓWEK            |              | POL          | CROSS KRAPKOWICE                         | 83M20/6      |              |                       |                      | (M)8  | 00:52:13      | 03.28    |
|                 |           |                         | 0:07:50 / 8         | 0:13:06 / 7  | 0:22:34 / 7  | 0:27:55 / 7                              | 0:37:32 / 7  | 0:42:52 / 6  |                       | Woje/6               |       |               |          |
| 7               | 645       | PAC Paweł               | BRZEG               |              | POL          | BEZ KLUBU                                | 89M20/7      |              |                       |                      | (M)10 | 00:52:32      | 03.29    |
|                 |           |                         | 0:07:26 / 4         | 0:12:46 / 4  | 0:22:11 / 4  | 0:27:37 / 5                              | 0:37:27 / 6  | 0:43:10 / 8  |                       | Woje/7               |       |               |          |
| 8               | 6         | AMBROZIK Adam           | BRZEG               |              | POL          | JEDNOSTKA WOJSKOWA 2697 BRZEG            | 75M30/4      |              |                       |                      | (M)11 | 00:52:35      | 03.30    |
|                 |           |                         | 0:08:05 / 11        | 0:13:32 / 10 | 0:23:08 / 9  | 0:28:26 / 8                              | 0:37:52 / 8  | 0:43:10 / 7  |                       | Woje/8               |       |               |          |
| 9               | 148       | DYCZEK Mariusz          | ZDZIESZOWICE        |              | POL          | BAZYLIA TEAM ZDZIESZOWICE                | 79M30/5      |              |                       |                      | (M)13 | 00:53:20      | 03.33    |
|                 |           |                         | 0:08:02 / 9         | 0:13:32 / 9  | 0:23:12 / 11 | 0:28:43 / 11                             | 0:38:23 / 10 | 0:43:52 / 10 |                       | Woje/9               |       |               |          |
| 10              | 385       | KOSTRZEWSKI Jarosław    | GŁUCHOŁAZY          |              | POL          | ENTRE.PL TEAM                            | 76M30/6      |              |                       |                      | (M)14 | 00:53:25      | 03.33    |
|                 |           |                         | 0:07:49 / 6         | 0:13:06 / 8  | 0:23:08 / 8  | 0:28:28 / 9                              | 0:38:19 / 9  | 0:43:52 / 9  |                       | Woje/10              |       |               |          |
| 11              | 325       | KARASOWSKI Łukasz       | BRZEG               |              | POL          | JEDNOSTKA WOJSKOWA 2697 BRZEG            | 83M20/8      |              |                       |                      | (M)15 | 00:53:34      | 03.34    |
|                 |           |                         | 0:08:14 / 13        | 0:13:45 / 13 | 0:23:18 / 12 | 0:28:44 / 12                             | 0:38:24 / 11 | 0:43:53 / 11 |                       | Woje/11              |       |               |          |
| 12              | 776       | SIEMASZKO Jerzy         | OPOLE               |              | POL          | BIEGAM, BO LUBIĘ, OPOLE                  | 62M50/1      |              |                       |                      | (M)17 | 00:53:54      | 03.35    |
|                 |           |                         | 0:08:03 / 10        | 0:13:33 / 11 | 0:23:12 / 10 | 0:28:43 / 10                             | 0:38:31 / 12 | 0:44:06 / 12 |                       | Woje/12              |       |               |          |
| 13              | 690       | PINDEL Tomasz           | STRZELCE OPOLSKIE   |              | POL          |  | 94M20/10     |              |                       |                      | (M)18 | 00:53:57      | 03.35    |
|                 |           |                         | 0:08:25 / 16        | 0:13:57 / 15 | 0:23:35 / 15 | 0:29:04 / 13                             | 0:38:52 / 13 | 0:44:29 / 13 |                       | Gmin/1Powi/1 Woje/13 |       |               |          |
| 14              | 579       | MUSIAŁ Artur            | NAMYŚLÓW            |              | POL          | NAMYŚLÓW                                 | 76M30/8      |              |                       |                      | (M)20 | 00:54:10      | 03.36    |
|                 |           |                         | 0:08:15 / 14        | 0:13:44 / 12 | 0:23:33 / 13 | 0:29:06 / 14                             | 0:39:01 / 15 | 0:44:35 / 15 |                       | Woje/14              |       |               |          |
| 15              | 113       | CZAPKA Norbert          | BRZEG               |              | POL          | JEDNOSTKA WOJSKOWA 2697 BRZEG            | 71M40/2      |              |                       |                      | (M)21 | 00:54:16      | 03.36    |
|                 |           |                         | 0:08:14 / 12        | 0:13:46 / 14 | 0:23:34 / 14 | 0:29:10 / 15                             | 0:38:57 / 14 | 0:44:34 / 14 |                       | Woje/15              |       |               |          |
| 16              | 1042      | JANIK Krzysztof         | NYSA                |              | POL          | NYSA BIEGA                               | 90M20/15     |              |                       |                      | (M)31 | 00:55:36      | 03.42    |
|                 |           |                         | 0:08:50 / 25        | 0:14:42 / 24 | 0:24:40 / 19 | 0:30:14 / 16                             | 0:40:04 / 16 | 0:45:46 / 16 |                       | Woje/16              |       |               |          |
| 17              | 912       | UCIECHOWSKI Piotr       | OPOLE               |              | POL          | OZPR OPOLE                               | 63M40/11     |              |                       |                      | (M)45 | 00:56:44      | 03.46    |
|                 |           |                         | 0:08:33 / 19        | 0:14:19 / 18 | 0:24:28 / 17 | 0:30:15 / 17                             | 0:40:32 / 17 | 0:46:24 / 17 |                       | Woje/17              |       |               |          |
| 18              | 393       | KOWALSKI Tomasz         | IZBICKO             |              | POL          |  | 88M20/21     |              |                       |                      | (M)49 | 00:57:12      | 03.48    |
|                 |           |                         | 0:08:39 / 21        | 0:14:30 / 21 | 0:25:07 / 22 | 0:31:06 / 22                             | 0:41:29 / 21 | 0:47:18 / 21 |                       | Powi/2 Woje/18       |       |               |          |
| 19              | 814       | SOCZYŃSKI Tadeusz       | WÓLCZYN             |              | POL          | WÓLCZYN                                  | 88M20/22     |              |                       |                      | (M)50 | 00:57:18      | 03.49    |
|                 |           |                         | 0:08:19 / 15        | 0:14:04 / 16 | 0:24:26 / 16 | 0:30:30 / 18                             | 0:41:02 / 18 | 0:46:59 / 18 |                       | Woje/19              |       |               |          |
| 20              | 709       | PRIMUS Paweł            | STRZELCE OPOLSKIE   |              | POL          | OSIR STRZELCE OPOLSKIE                   | 93M20/23     |              |                       |                      | (M)52 | 00:57:27      | 03.49    |
|                 |           |                         | 0:08:31 / 18        | 0:14:18 / 17 | 0:24:38 / 18 | 0:30:31 / 19                             | 0:41:11 / 19 | 0:47:07 / 19 |                       | Gmin/2Powi/3 Woje/20 |       |               |          |
| 21              | 995       | ZIELIŃSKI Marcin        | DOBRZEŃ WIELKI      |              | POL          | BIEG OPOLSKI                             | 72M40/13     |              |                       |                      | (M)53 | 00:57:29      | 03.49    |
|                 |           |                         | 0:08:43 / 22        | 0:14:35 / 22 | 0:24:54 / 20 | 0:30:47 / 20                             | 0:41:18 / 20 | 0:47:15 / 20 |                       | Woje/21              |       |               |          |
| 22              | 388       | KOTELUK Tomasz          | KALINOWICE          |              | POL          | OSIR STRZELCE OPOLSKIE                   | 73M30/15     |              |                       |                      | (M)54 | 00:57:36      | 03.49    |
|                 |           |                         | 0:08:50 / 26        | 0:14:45 / 25 | 0:25:14 / 25 | 0:31:08 / 23                             | 0:41:32 / 22 | 0:47:22 / 22 |                       | Gmin/3Powi/4 Woje/22 |       |               |          |
| 23              | 128       | DRAMSKI Edward          | ROŹNIĄTÓW           |              | POL          | OSIR STRZELCE OPOLSKIE                   | 74M30/17     |              |                       |                      | (M)58 | 00:58:16      | 03.52    |
|                 |           |                         | 0:08:36 / 20        | 0:14:28 / 20 | 0:25:08 / 23 | 0:31:09 / 24                             | 0:41:55 / 23 | 0:47:52 / 23 |                       | Gmin/4Powi/5 Woje/23 |       |               |          |
| 24              | 904       | TOMICZEK Igor           | NAMYŚLÓW            |              | POL          |  | 90M20/25     |              |                       |                      | (M)64 | 00:58:34      | 03.54    |
|                 |           |                         | 0:09:14 / 39        | 0:15:15 / 37 | 0:25:45 / 32 | 0:31:39 / 28                             | 0:42:02 / 24 | 0:48:05 / 24 |                       | Woje/24              |       |               |          |

25.12.2012 15:24:22

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat  | Drużyna / Klub<br>Team / Club            | R-k<br>YoB   | W kategorii<br>in Age Group | Grupa<br>Sex | Wynik<br>Time         | [min/km] |
|-----------------|-----------|-------------------------|---------------------|--------------|--|--------------|-----------------------------|--------------|-----------------------|----------|
| Check pts:      |           |                         |                     |              |  |              |                             |              |                       |          |
| 25              | 655       | PAŁETKO Marek           | JASIENICA DOLNA 135 | POL          | NYSA BIEGA                               | 82M30/20     |                             | (M)65        | 00:58:36              | 03.54    |
|                 |           | 0:08:51 / 27            | 0:14:47 / 26        | 0:25:21 / 26 | 0:31:23 / 26                             | 0:42:07 / 26 | 0:48:11 / 25                |              | Woje/25               |          |
| 26              | 943       | WIĘCKIEWICZ Mirosław    | NYSA                | POL          | NIEZRZESZONY                             | 77M30/21     |                             | (M)66        | 00:58:43              | 03.54    |
|                 |           | 0:08:54 / 31            | 0:14:56 / 31        | 0:25:32 / 27 | 0:31:34 / 27                             | 0:42:11 / 28 | 0:48:13 / 26                |              | Woje/26               |          |
| 27              | 256       | HOLIK Sebastian         | BIADACZ K. OPOLA    | POL          |  | 74M30/24     |                             | (M)75        | 00:59:11              | 03.56    |
|                 |           | 0:08:29 / 17            | 0:14:22 / 19        | 0:25:06 / 21 | 0:31:11 / 25                             | 0:42:09 / 27 | 0:48:19 / 27                |              | Woje/27               |          |
| 28              | 570       | MOŚCICKI Michał         | ZDZIESZOWICE        | POL          |  | 85M20/27     |                             | (M)76        | 00:59:20              | 03.57    |
|                 |           | 0:08:51 / 28            | 0:14:55 / 29        | 0:25:39 / 28 | 0:31:45 / 29                             | 0:42:36 / 29 | 0:48:46 / 29                |              | Woje/28               |          |
| 29              | 184       | FUHL Krzysztof          | JEMIELNICA          | POL          |  | 87M20/28     |                             | (M)81        | 00:59:42              | 03.58    |
|                 |           | 0:09:15 / 41            | 0:15:15 / 38        | 0:25:56 / 35 | 0:32:05 / 36                             | 0:42:56 / 34 | 0:49:03 / 32                |              | Pow/6 Woje/29         |          |
| 30              | 790       | SKROK Dariusz           | NAMYŚLÓW            | POL          | HARDCORE HOLIDAYS                        | 73M30/26     |                             | (M)83        | 00:59:46              | 03.58    |
|                 |           | 0:09:16 / 45            | 0:15:17 / 40        | 0:25:56 / 34 | 0:31:56 / 34                             | 0:42:51 / 32 | 0:49:02 / 31                |              | Woje/30               |          |
| 31              | 523       | MARZEC Grzegorz         | STRZELCE OPOLSKIE   | POL          | KLUB WESOŁEGO SZAMPANA :-)               | 74M30/27     |                             | (M)84        | 00:59:47              | 03.58    |
|                 |           | 0:08:50 / 24            | 0:14:50 / 27        | 0:25:42 / 30 | 0:31:51 / 32                             | 0:42:51 / 31 | 0:49:05 / 33                |              | Gmin/5Pow/7 Woje/31   |          |
| 32              | 77        | BRZESZCZ Miłosz         | JEMIELNICA          | POL          | NIEZRZESZONY                             | 79M30/28     |                             | (M)85        | 00:59:48              | 03.58    |
|                 |           | 0:08:55 / 32            | 0:14:37 / 23        | 0:25:08 / 24 | 0:31:02 / 21                             | 0:42:06 / 25 | 0:48:28 / 28                |              | Pow/8 Woje/32         |          |
| 33              | 666       | PASTUCHA Marek          | KRAPKOWICE          | POL          | CROSS KRAPKOWICE                         | 60M50/9      |                             | (M)88        | 00:59:55              | 03.59    |
|                 |           | 0:09:08 / 37            | 0:15:12 / 35        | 0:25:56 / 36 | 0:32:03 / 35                             | 0:43:01 / 35 | 0:49:08 / 34                |              | Woje/33               |          |
| 34              | 358       | KOŁODZIEJ Tomasz        | NYSA                | POL          | NYSA BIEGA                               | 77M30/29     |                             | (M)90        | 00:59:59              | 03.59    |
|                 |           | 0:08:54 / 30            | 0:14:56 / 30        | 0:25:43 / 31 | 0:31:50 / 31                             | 0:42:52 / 33 | 0:49:09 / 35                |              | Woje/34               |          |
| 35              | 468       | LITWIN Józef            | GLUBCZYCE           | POL          | NIEZRZESZONY                             | 49M60/2      |                             | (M)91        | 01:00:02              | 04.00    |
|                 |           | 0:09:00 / 34            | 0:14:58 / 32        | 0:25:40 / 29 | 0:31:46 / 30                             | 0:42:46 / 30 | 0:49:00 / 30                |              | Woje/35               |          |
| 36              | 1061      | BEDNARSKI Mateusz       | KĘDZIERZYN KOŹLE    | POL          |  | 93M20/31     |                             | (M)92        | 01:00:09              | 04.00    |
|                 |           | 0:09:15 / 43            | 0:15:16 / 39        | 0:25:56 / 33 | 0:31:56 / 33                             | 0:43:18 / 37 | 0:49:31 / 36                |              | Woje/36               |          |
| 37              | 396       | KOZIOL Sebastian        | STARE BUDKOWICE     | POL          | ---                                      | 77M30/30     |                             | (M)95        | 01:00:27              | 04.01    |
|                 |           | 0:08:49 / 23            | 0:14:54 / 28        | 0:25:58 / 37 | 0:32:08 / 37                             | 0:43:19 / 38 | 0:49:37 / 38                |              | Woje/37               |          |
| 38              | 572       | MOTYKA Mariusz          | STRZELCE OPOLSKIE   | POL          | OSIR STRZELCE OPOLSKIE                   | 81M30/31     |                             | (M)96        | 01:00:31              | 04.01    |
|                 |           | 0:09:40 / 60            | 0:15:43 / 49        | 0:26:25 / 45 | 0:32:32 / 39                             | 0:43:24 / 39 | 0:49:40 / 39                |              | Gmin/6Pow/9 Woje/38   |          |
| 39              | 623       | OLAS Krzysztof          | KRAPKOWICE          | POL          | LOS OTMETOS                              | 83M20/34     |                             | (M)100       | 01:00:45              | 04.02    |
|                 |           | 0:08:56 / 33            | 0:15:06 / 34        | 0:26:04 / 38 | 0:32:14 / 38                             | 0:43:09 / 36 | 0:49:34 / 37                |              | Woje/39               |          |
| 40              | 262       | HRYNIÓW Łukasz          | CHRZĄSZCZYCE        | POL          |  | 79M30/32     |                             | (M)102       | 01:00:47              | 04.02    |
|                 |           | 0:09:15 / 42            | 0:15:26 / 44        | 0:26:25 / 43 | 0:32:37 / 42                             | 0:43:41 / 40 | 0:49:58 / 40                |              | Woje/40               |          |
| 41              | 481       | ŁOPIANIAK Tomasz        | OPOLE               | POL          | BIEGAM, BO LUBIĘ OPOLE                   | 75M30/33     |                             | (M)105       | 01:01:00              | 04.03    |
|                 |           | 0:09:04 / 35            | 0:15:14 / 36        | 0:26:26 / 46 | 0:32:39 / 45                             | 0:43:51 / 41 | 0:50:04 / 41                |              | Woje/41               |          |
| 42              | 968       | WRONA Piotr             | OPOLE               | POL          |  | 64M40/25     |                             | (M)106       | 01:01:19              | 04.04    |
|                 |           | 0:09:31 / 53            | 0:15:41 / 48        | 0:26:25 / 44 | 0:32:38 / 44                             | 0:43:52 / 43 | 0:50:11 / 43                |              | Woje/42               |          |
| 43              | 582       | MUSZKIET Piotr          | ŁAZISKA             | POL          | MAXIMUS FITNESS STUDIO ZAWADZKIE         | 76M30/34     |                             | (M)107       | 01:01:20              | 04.04    |
|                 |           | 0:09:16 / 47            | 0:15:18 / 41        | 0:26:20 / 40 | 0:32:37 / 41                             | 0:43:52 / 42 | 0:50:10 / 42                |              | Pow/10 Woje/43        |          |
| 44              | 552       | MIELNIK Mariusz         | GLUBCZYCE           | POL          | MARIANEK                                 | 77M30/35     |                             | (M)109       | 01:01:20              | 04.05    |
|                 |           | 0:09:14 / 38            | 0:15:25 / 42        | 0:26:24 / 41 | 0:32:51 / 46                             | 0:44:11 / 46 | 0:50:29 / 45                |              | Woje/44               |          |
| 45              | 982       | ZAKRZEWSKI Ryszard      | STRZELCE OPOLSKIE   | POL          | 'BIEGNĘ PO NOWE ŻYCIE' STRZELCE OPOLSKIE | 78M30/36     |                             | (M)110       | 01:01:20              | 04.04    |
|                 |           | 0:09:46 / 64            | 0:16:04 / 57        | 0:27:07 / 52 | 0:33:19 / 49                             | 0:44:23 / 47 | 0:50:32 / 46                |              | Gmin/7Pow/11 Woje/45  |          |
| 46              | 365       | KONARSKI Piotr          | KRASKÓW             | POL          |  | 89M20/37     |                             | (M)115       | 01:01:37              | 04.05    |
|                 |           | 0:09:57 / 75            | 0:16:07 / 59        | 0:27:03 / 50 | 0:33:18 / 48                             | 0:44:29 / 48 | 0:50:49 / 48                |              | Woje/46               |          |
| 47              | 492       | MACIUSZEK Łukasz        | ŁAMBINOWICE         | POL          | BIEGAM, BO LUBIĘ OPOLE                   | 86M20/38     |                             | (M)116       | 01:01:38              | 04.05    |
|                 |           | 0:09:47 / 65            | 0:16:08 / 60        | 0:27:21 / 55 | 0:33:38 / 53                             | 0:44:46 / 51 | 0:50:51 / 49                |              | Woje/47               |          |
| 48              | 234       | GROMEK Grzegorz         | OPOLE               | POL          | CYKLOFAN OPOLE                           | 80M30/39     |                             | (M)117       | 01:01:38              | 04.06    |
|                 |           | 0:09:16 / 44            | 0:15:26 / 43        | 0:26:24 / 42 | 0:32:38 / 43                             | 0:44:01 / 44 | 0:50:27 / 44                |              | Woje/48               |          |
| 49              | 629       | OLEJNIK Stanisław       | GLUBCZYCE           | POL          |  | 58M50/13     |                             | (M)121       | 01:02:25              | 04.09    |
|                 |           | 0:08:51 / 29            | 0:14:58 / 33        | 0:26:08 / 39 | 0:32:34 / 40                             | 0:44:08 / 45 | 0:50:41 / 47                |              | Woje/49               |          |
| 50              | 679       | ŚCIGOCKI Jan            | STRZELCE OPOLSKIE   | POL          | OSIR STRZELCE OPOLSKIE                   | 51M60/3      |                             | (M)123       | 01:02:30              | 04.09    |
|                 |           | 0:09:14 / 40            | 0:15:36 / 47        | 0:26:53 / 49 | 0:33:12 / 47                             | 0:44:35 / 49 | 0:51:01 / 50                |              | Gmin/8Pow/12 Woje/50  |          |
| 51              | 938       | WĘGRZYN Ireneusz        | KRZSNE POLE         | POL          | KBL GLUBCZYCE                            | 60M50/14     |                             | (M)124       | 01:02:35              | 04.10    |
|                 |           | 0:09:17 / 48            | 0:15:45 / 50        | 0:27:06 / 51 | 0:33:37 / 52                             | 0:45:02 / 52 | 0:51:32 / 51                |              | Woje/51               |          |
| 52              | 1033      | WOLNY Bartłomiej        | STRZELCE OPOLSKIE   | POL          |  | 87M20/42     |                             | (M)131       | 01:03:06              | 04.12    |
|                 |           | 0:09:07 / 36            | 0:15:29 / 45        | 0:26:53 / 48 | 0:33:23 / 51                             | 0:44:45 / 50 | 0:51:39 / 52                |              | Gmin/9Pow/13 Woje/52  |          |
| 53              | 1019      | BAR Stanisław           | STRZELCE OPOLSKIE   | POL          |  | 76M30/42     |                             | (M)134       | 01:03:11              | 04.12    |
|                 |           | 0:09:39 / 58            | 0:16:02 / 56        | 0:27:25 / 57 | 0:33:55 / 55                             | 0:45:31 / 55 | 0:52:05 / 54                |              | Gmin/10Pow/14 Woje/53 |          |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name   | Miejscowość<br>City | Kraj<br>Nat   | Drużyna / Klub<br>Team / Club      | R-k<br>YoB   | W kategorii Grupy<br>in Age Group | Sex    | Wynik<br>Time           | [min/km] |
|-----------------|-----------|---------------------------|---------------------|---------------|------------------------------------|--------------|-----------------------------------|--------|-------------------------|----------|
| Check pts:      |           |                           |                     |               |                                    |              |                                   |        |                         |          |
| 54              | 282       | <b>JANIK Jerzy</b>        | STRZELCE OPOLSKIE   | POL           | OSIR                               |              | 54M50/16                          | (M)137 | <b>01:03:21</b>         | 04.12    |
|                 |           | 0:09:16 / 46              | 0:15:34 / 46        | 0:26:53 / 47  | 0:33:22 / 50                       | 0:45:03 / 53 | 0:51:41 / 53                      |        | Gmin/11Powil/15 Woje/54 |          |
| 55              | 70        | <b>BOSY Jacek</b>         | OPOLE               | POL           | FAST FOOT OPOLE                    |              | 79M30/44                          | (M)141 | <b>01:03:35</b>         | 04.13    |
|                 |           | 0:09:33 / 54              | 0:15:55 / 53        | 0:27:17 / 53  | 0:33:50 / 54                       | 0:45:28 / 54 | 0:52:07 / 55                      |        | Woje/55                 |          |
| 56              | 387       | <b>KOSZYK Rafał</b>       | OPOLE               | POL           |                                    |              | 79M30/46                          | (M)144 | <b>01:04:03</b>         | 04.15    |
|                 |           | 0:09:30 / 52              | 0:15:49 / 52        | 0:27:22 / 56  | 0:33:56 / 56                       | 0:45:42 / 56 | 0:52:20 / 56                      |        | Woje/56                 |          |
| 57              | 185       | <b>FUHL Patryk</b>        | JEMIELNICA          | POL           |                                    |              | 93M20/45                          | (M)147 | <b>01:04:10</b>         | 04.16    |
|                 |           | 0:09:24 / 50              | 0:15:56 / 54        | 0:28:01 / 62  | 0:34:46 / 63                       | 0:46:45 / 60 | 0:53:11 / 60                      |        | Powil/16 Woje/57        |          |
| 58              | 501       | <b>MAJER Mieczysław</b>   | KĘDZIERZYN-KOŹLE    | POL           | LUKS KĘDZIERZYN                    |              | 53M50/19                          | (M)148 | <b>01:04:12</b>         | 04.16    |
|                 |           | 0:09:49 / 66              | 0:16:23 / 66        | 0:28:04 / 63  | 0:34:41 / 60                       | 0:46:18 / 59 | 0:52:52 / 59                      |        | Woje/58                 |          |
| 59              | 650       | <b>PAKOSZ Irena</b>       | JANUSZKOWICE        | POL           | LKS GÓRNIK JANUSZKOWICE            |              | 66K40/2                           | (K)9   | <b>01:04:22</b>         | 04.17    |
|                 |           | 0:09:23 / 49              | 0:15:48 / 51        | 0:27:20 / 54  | 0:33:56 / 57                       | 0:45:44 / 57 | 0:52:35 / 57                      |        | Woje/59                 |          |
| 60              | 743       | <b>ROJEWSKI Tadeusz</b>   | KĘDZIERZYN-KOŹLE    | POL           | LZS ZAWISZA STARA KUŹNIA           |              | 46M60/6                           | (M)152 | <b>01:04:25</b>         | 04.17    |
|                 |           | 0:09:35 / 56              | 0:16:11 / 61        | 0:27:43 / 58  | 0:34:18 / 58                       | 0:46:01 / 58 | 0:52:43 / 58                      |        | Woje/60                 |          |
| 61              | 34        | <b>BEDNORZ Marek</b>      | ŚWIERKLE            | POL           | TH                                 |              | 81M30/51                          | (M)154 | <b>01:04:36</b>         | 04.16    |
|                 |           | 0:10:14 / 89              | 0:16:53 / 81        | 0:28:31 / 68  | 0:35:17 / 66                       | 0:46:47 / 61 | 0:53:16 / 61                      |        | Woje/61                 |          |
| 62              | 1022      | <b>PIERUSZKA Darek</b>    | DANIEC              | POL           |                                    |              | 89M20/47                          | (M)155 | <b>01:04:43</b>         | 04.17    |
|                 |           | 0:10:03 / 83              | 0:16:41 / 75        | 0:28:43 / 74  | 0:35:31 / 76                       | 0:47:17 / 68 | 0:53:43 / 66                      |        | Woje/62                 |          |
| 63              | 363       | <b>KOMARNICKI Miłosz</b>  | KLUCZBORK           | POL           |                                    |              | 89M20/49                          | (M)157 | <b>01:04:47</b>         | 04.17    |
|                 |           | 0:10:38 / 105             | 0:17:17 / 98        | 0:28:58 / 79  | 0:35:31 / 75                       | 0:47:07 / 66 | 0:53:36 / 62                      |        | Woje/63                 |          |
| 64              | 800       | <b>SMARZYCH Bartosz</b>   | STRZELCE OPOLSKIE   | POL           | ---                                |              | 94M20/51                          | (M)159 | <b>01:04:52</b>         | 04.18    |
|                 |           | 0:10:01 / 81              | 0:16:41 / 76        | 0:28:44 / 75  | 0:35:31 / 77                       | 0:47:26 / 71 | 0:53:57 / 69                      |        | Gmin/12Powil/17 Woje/64 |          |
| 65              | 842       | <b>STRZELCZAK Robert</b>  | OPOLE               | POL           | BIEGAM, BO LUBIĘ. OPOLE            |              | 74M30/54                          | (M)164 | <b>01:04:58</b>         | 04.18    |
|                 |           | 0:10:20 / 94              | 0:17:09 / 94        | 0:29:07 / 89  | 0:35:56 / 86                       | 0:47:38 / 74 | 0:54:08 / 70                      |        | Woje/65                 |          |
| 66              | 485       | <b>ŁUKOWSKI Dariusz</b>   | STRZELCE OPOLSKIE   | POL           | OSIR STRZELCE OPOLSKIE             |              | 64M40/34                          | (M)167 | <b>01:05:17</b>         | 04.20    |
|                 |           | 0:10:29 / 99              | 0:17:06 / 92        | 0:29:02 / 82  | 0:35:43 / 78                       | 0:47:23 / 70 | 0:53:55 / 68                      |        | Gmin/13Powil/18 Woje/66 |          |
| 67              | 899       | <b>TASAREK Ryszard</b>    | NYSA                | POL           | NYSA BIEGA                         |              | 52M60/7                           | (M)169 | <b>01:05:27</b>         | 04.21    |
|                 |           | 0:09:44 / 61              | 0:16:22 / 65        | 0:28:12 / 64  | 0:34:58 / 64                       | 0:46:58 / 65 | 0:53:39 / 63                      |        | Woje/67                 |          |
| 68              | 708       | <b>PÓLTORAK Paweł</b>     | OPOLE               | POL           |                                    |              | 83M20/54                          | (M)170 | <b>01:05:41</b>         | 04.21    |
|                 |           | 0:09:46 / 63              | 0:16:11 / 62        | 0:27:57 / 61  | 0:34:42 / 61                       | 0:46:50 / 63 | 0:53:43 / 65                      |        | Woje/68                 |          |
| 69              | 584       | <b>MUZYK Piotr</b>        | KIETRZ              | POL           | KS GRYF KIETRZ                     |              | 70M40/36                          | (M)172 | <b>01:05:47</b>         | 04.22    |
|                 |           | 0:09:35 / 55              | 0:16:04 / 58        | 0:27:55 / 60  | 0:34:43 / 62                       | 0:46:50 / 64 | 0:53:42 / 64                      |        | Woje/69                 |          |
| 70              | 684       | <b>PIETRAS Dariusz</b>    | KĘDZIERZYN-KOŹLE    | POL           | KUMPLE GRZMOTKA                    |              | 70M40/37                          | (M)179 | <b>01:06:14</b>         | 04.24    |
|                 |           | 0:09:28 / 51              | 0:16:02 / 55        | 0:27:50 / 59  | 0:34:38 / 59                       | 0:46:49 / 62 | 0:53:52 / 67                      |        | Woje/70                 |          |
| 71              | 263       | <b>HURMAN Mirosław</b>    | NAMYŚLÓW            | POL           | NKB ZRYW NAMYŚLÓW                  |              | 89M20/58                          | (M)180 | <b>01:06:15</b>         | 04.24    |
|                 |           | 0:09:46 / 62              | 0:16:30 / 68        | 0:28:38 / 71  | 0:35:25 / 70                       | 0:47:40 / 75 | 0:54:36 / 75                      |        | Woje/71                 |          |
| 72              | 1009      | <b>ŻOŁNOWSKI Marcin</b>   | NAMYŚLÓW            | POL           | NKB ZRYW NAMYŚLÓW                  |              | 73M30/60                          | (M)188 | <b>01:06:24</b>         | 04.24    |
|                 |           | 0:10:18 / 93              | 0:17:03 / 88        | 0:29:00 / 81  | 0:35:51 / 81                       | 0:47:58 / 82 | 0:54:42 / 81                      |        | Woje/72                 |          |
| 73              | 871       | <b>SZOBER Grzegorz</b>    | STRZELCE OPOLSKIE   | POL           | OSIR STRZELCE OPOLSKIE             |              | 92M20/61                          | (M)189 | <b>01:06:24</b>         | 04.24    |
|                 |           | 0:10:17 / 92              | 0:17:00 / 86        | 0:28:58 / 80  | 0:35:49 / 80                       | 0:47:45 / 79 | 0:54:38 / 76                      |        | Gmin/14Powil/19 Woje/73 |          |
| 74              | 504       | <b>MAKOWIAK Jan</b>       | DZIERGOWICE         | POL           | NIEZRZESZONY                       |              | 73M30/61                          | (M)190 | <b>01:06:25</b>         | 04.24    |
|                 |           | 0:10:08 / 85              | 0:16:48 / 80        | 0:28:45 / 76  | 0:35:29 / 73                       | 0:47:29 / 72 | 0:54:21 / 73                      |        | Woje/74                 |          |
| 75              | 888       | <b>SZYNDZIELORZ Marek</b> | OPOLE               | POL           |                                    |              | 82M30/62                          | (M)191 | <b>01:06:26</b>         | 04.24    |
|                 |           | 0:09:57 / 73              | 0:16:27 / 67        | 0:28:31 / 67  | 0:35:19 / 68                       | 0:47:18 / 69 | 0:54:12 / 71                      |        | Woje/75                 |          |
| 76              | 521       | <b>MARKOWSKI Waldemar</b> | STRZELCE OPOLSKIE   | POL           | INTERSILESIA MC BRIDE STRZELCE OP. |              | 80M30/64                          | (M)195 | <b>01:06:33</b>         | 04.25    |
|                 |           | 0:09:40 / 59              | 0:16:16 / 64        | 0:28:13 / 65  | 0:35:03 / 65                       | 0:47:17 / 67 | 0:54:18 / 72                      |        | Gmin/15Powil/20 Woje/76 |          |
| 77              | 302       | <b>JÓZEF Marko</b>        | NAMYŚLÓW            | POL           | NAMYŚLÓW                           |              | 59M50/24                          | (M)197 | <b>01:06:40</b>         | 04.26    |
|                 |           | 0:09:55 / 70              | 0:16:39 / 71        | 0:28:41 / 72  | 0:35:26 / 71                       | 0:47:42 / 76 | 0:54:40 / 78                      |        | Woje/77                 |          |
| 78              | 474       | <b>LUPA Adam</b>          | NAMYŚLÓW            | POL           |                                    |              | 71M40/41                          | (M)198 | <b>01:06:40</b>         | 04.26    |
|                 |           | 0:09:55 / 69              | 0:16:39 / 72        | 0:28:41 / 73  | 0:35:26 / 72                       | 0:47:43 / 77 | 0:54:40 / 79                      |        | Woje/78                 |          |
| 79              | 1028      | <b>RADLAK Grzegorz</b>    | DOBRZEŃ WIELKI      | POL           | NIEZRZESZONY                       |              | 69M40/42                          | (M)200 | <b>01:06:42</b>         | 04.25    |
|                 |           | 0:10:34 / 101             | 0:17:26 / 102       | 0:29:38 / 95  | 0:36:33 / 94                       | 0:48:35 / 88 | 0:55:21 / 85                      |        | Woje/79                 |          |
| 80              | 441       | <b>LACH Sebastian</b>     | GRODÓW              | POL           |                                    |              | 76M30/65                          | (M)203 | <b>01:06:49</b>         | 04.27    |
|                 |           | 0:10:05 / 84              | 0:16:56 / 84        | 0:29:05 / 85  | 0:35:55 / 84                       | 0:47:58 / 83 | 0:54:54 / 82                      |        | Woje/80                 |          |
| 81              | 251       | <b>HARMANSA Piotr</b>     | GOGOLIN             | POL           |                                    |              | 69M40/44                          | (M)204 | <b>01:06:49</b>         | 04.26    |
|                 |           | 0:09:58 / 76              | 0:16:32 / 69        | 0:28:32 / 69  | 0:35:17 / 67                       | 0:47:33 / 73 | 0:54:29 / 74                      |        | Woje/81                 |          |
| 82              | 240       | <b>GUCMAN Bartłomiej</b>  | OPOLE               | POL           | BIEG OPOLSKI                       |              | 76M30/66                          | (M)205 | <b>01:06:50</b>         | 04.26    |
|                 |           | 0:11:15 / 154             | 0:18:15 / 136       | 0:30:06 / 107 | 0:36:49 / 99                       | 0:48:41 / 92 | 0:55:25 / 88                      |        | Woje/82                 |          |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name      | Miejscowość<br>City | Kraj<br>Nat   | Drużyna / Klub<br>Team / Club               | R-k<br>YoB    | W kategorii Grupy<br>in Age Group | Sex    | Wynik<br>Time           | [min/km] |
|-----------------|-----------|------------------------------|---------------------|---------------|---|---------------|-----------------------------------|--------|-------------------------|----------|
| Check pts:      |           |                              |                     |               |   |               |                                   |        |                         |          |
| 83              | 374       | <b>KOPIJ Wiesław</b>         | BRZEG               | POL           | PKS BRZEG                                   | 62M50/26      |                                   | (M)208 | <b>01:06:53</b>         | 04.26    |
|                 |           | 0:10:28 / 98                 | 0:17:06 / 93        | 0:29:02 / 83  | 0:35:43 / 79                                | 0:47:45 / 78  | 0:54:39 / 77                      |        | Woje/83                 |          |
| 84              | 1065      | <b>GROBOSZ Jan</b>           | KAMIONEK            | POL           |   | 92M20/64      |                                   | (M)213 | <b>01:07:02</b>         | 04.26    |
|                 |           | 0:10:58 / 130                | 0:18:00 / 123       | 0:30:26 / 118 | 0:37:30 / 115                               | 0:49:35 / 104 | 0:56:14 / 98                      |        | Woje/84                 |          |
| 85              | 979       | <b>ZAGÓRSKI Paweł</b>        | BRANICE             | POL           | KB BRANICE                                  | 71M40/46      |                                   | (M)214 | <b>01:07:05</b>         | 04.27    |
|                 |           | 0:10:34 / 102                | 0:17:27 / 103       | 0:29:38 / 94  | 0:36:32 / 93                                | 0:48:36 / 89  | 0:55:22 / 86                      |        | Woje/85                 |          |
| 86              | 1040      | <b>PUDELKO Roman</b>         | CHRÓSCINA           | POL           |   | 88M20/65      |                                   | (M)215 | <b>01:07:08</b>         | 04.28    |
|                 |           | 0:09:35 / 57                 | 0:16:12 / 63        | 0:28:19 / 66  | 0:35:21 / 69                                | 0:47:47 / 81  | 0:54:54 / 83                      |        | Woje/86                 |          |
| 87              | 389       | <b>KOTYSZ Waldemar</b>       | OPOLE               | POL           | BIEGAM BO LUBIEŃ OPOLE                      | 64M40/47      |                                   | (M)217 | <b>01:07:14</b>         | 04.28    |
|                 |           | 0:09:58 / 77                 | 0:16:33 / 70        | 0:28:37 / 70  | 0:35:30 / 74                                | 0:47:46 / 80  | 0:54:42 / 80                      |        | Woje/87                 |          |
| 88              | 277       | <b>JAKUBCZYK Piotr</b>       | KĘDZIERZYN-KOŹLE    | POL           | BIEGANIE.PL                                 | 75M30/70      |                                   | (M)219 | <b>01:07:21</b>         | 04.28    |
|                 |           | 0:10:52 / 117                | 0:17:45 / 108       | 0:29:46 / 97  | 0:36:35 / 95                                | 0:48:34 / 87  | 0:55:24 / 87                      |        | Woje/88                 |          |
| 89              | 992       | <b>ZEMLAK Bartosz</b>        | KĘDZIERZYN-KOŹLE    | POL           |   | 85M20/66      |                                   | (M)220 | <b>01:07:22</b>         | 04.28    |
|                 |           | 0:10:53 / 119                | 0:18:04 / 126       | 0:30:22 / 113 | 0:37:15 / 108                               | 0:49:18 / 99  | 0:56:03 / 96                      |        | Woje/89                 |          |
| 90              | 96        | <b>CHMIELEWSKI Andrzej</b>   | OLESNO              | POL           | OLESNO                                      | 84M20/67      |                                   | (M)221 | <b>01:07:24</b>         | 04.29    |
|                 |           | 0:09:56 / 71                 | 0:16:53 / 82        | 0:29:06 / 88  | 0:36:12 / 89                                | 0:48:42 / 93  | 0:55:13 / 84                      |        | Woje/90                 |          |
| 91              | 706       | <b>PORADA Adam</b>           | ZDZIESZOWICE        | POL           | BAZYLIA TEAM ZDZIESZOWICE                   | 70M40/48      |                                   | (M)222 | <b>01:07:25</b>         | 04.29    |
|                 |           | 0:10:53 / 120                | 0:18:04 / 127       | 0:30:22 / 114 | 0:37:15 / 109                               | 0:49:19 / 100 | 0:56:03 / 94                      |        | Woje/91                 |          |
| 92              | 542       | <b>MICHALEWSKI Dariusz</b>   | GOGOLIN             | POL           |   | 83M20/68      |                                   | (M)225 | <b>01:07:44</b>         | 04.30    |
|                 |           | 0:09:52 / 67                 | 0:16:45 / 77        | 0:29:09 / 90  | 0:36:12 / 88                                | 0:48:39 / 90  | 0:55:39 / 92                      |        | Woje/92                 |          |
| 93              | 958       | <b>WOJDAK Tadeusz</b>        | PACZYNA             | POL           | OSP STRZELCE OPOLSKIE                       | 77M30/71      |                                   | (M)226 | <b>01:07:45</b>         | 04.30    |
|                 |           | 0:10:00 / 79                 | 0:16:47 / 78        | 0:28:53 / 78  | 0:35:54 / 83                                | 0:48:21 / 84  | 0:55:35 / 89                      |        | Gmin/16Powi/21 Woje/93  |          |
| 94              | 792       | <b>SKRZYDEŁ Wojciech</b>     | ZALESIE ŚLĄSKIE     | POL           | ---   | 94M20/69      |                                   | (M)229 | <b>01:07:57</b>         | 04.29    |
|                 |           | 0:10:54 / 123                | 0:17:42 / 106       | 0:29:49 / 102 | 0:36:49 / 98                                | 0:49:04 / 98  | 0:56:13 / 97                      |        | Powi/22 Woje/94         |          |
| 95              | 983       | <b>ZALUGOWICZ Przemysław</b> | BRZEG               | POL           | AZS UJ KRAKÓW                               | 92M20/70      |                                   | (M)230 | <b>01:07:57</b>         | 04.31    |
|                 |           | 0:09:53 / 68                 | 0:16:41 / 74        | 0:28:48 / 77  | 0:35:55 / 85                                | 0:48:40 / 91  | 0:55:47 / 93                      |        | Woje/95                 |          |
| 96              | 733       | <b>RAWSKI Dariusz</b>        | BYTKÓW              | POL           | DARSPEED                                    | 75M30/73      |                                   | (M)235 | <b>01:08:01</b>         | 04.31    |
|                 |           | 0:09:59 / 78                 | 0:16:47 / 79        | 0:29:03 / 84  | 0:35:52 / 82                                | 0:48:27 / 85  | 0:55:38 / 91                      |        | Woje/96                 |          |
| 97              | 875       | <b>SZPAK Michał</b>          | NAMYŚLÓW            | POL           | MARATONYPOLSKIE.PL TEAM                     | 78M30/75      |                                   | (M)241 | <b>01:08:23</b>         | 04.31    |
|                 |           | 0:10:53 / 118                | 0:17:51 / 111       | 0:30:08 / 108 | 0:37:02 / 103                               | 0:49:22 / 102 | 0:56:30 / 102                     |        | Woje/97                 |          |
| 98              | 613       | <b>NOWAKOWSKI Bronisław</b>  | OPOLE               | POL           | KOMENDA WOJEWÓDZKA POLICJI                  | 61M50/35      |                                   | (M)243 | <b>01:08:29</b>         | 04.33    |
|                 |           | 0:10:09 / 86                 | 0:16:54 / 83        | 0:29:05 / 86  | 0:35:57 / 87                                | 0:48:29 / 86  | 0:55:38 / 90                      |        | Woje/98                 |          |
| 99              | 220       | <b>GÓRAL Piotr</b>           | OPOLE               | POL           | JW 1907 OPOLE                               | 76M30/76      |                                   | (M)245 | <b>01:08:32</b>         | 04.32    |
|                 |           | 0:12:02 / 206                | 0:18:57 / 164       | 0:30:56 / 129 | 0:37:44 / 119                               | 0:49:54 / 109 | 0:56:49 / 106                     |        | Woje/99                 |          |
| 100             | 93        | <b>CAŁY Sławomir</b>         | OPOLE               | POL           | BIEG OPOLSKI                                | 76M30/77      |                                   | (M)246 | <b>01:08:37</b>         | 04.33    |
|                 |           | 0:11:15 / 155                | 0:18:15 / 138       | 0:30:05 / 106 | 0:36:52 / 101                               | 0:48:58 / 95  | 0:56:14 / 99                      |        | Woje/100                |          |
| 101             | 736       | <b>REICHERT Andrzej</b>      | UJAZD               | POL           | ZAWISZA STARA KUŹNIA                        | 51M60/9       |                                   | (M)247 | <b>01:08:38</b>         | 04.34    |
|                 |           | 0:10:00 / 80                 | 0:17:02 / 87        | 0:29:14 / 91  | 0:36:17 / 90                                | 0:48:51 / 94  | 0:56:03 / 95                      |        | Powi/23 Woje/101        |          |
| 102             | 261       | <b>HRYNIOU Dariusz</b>       | CHRZASZCZYCE        | POL           |   | 84M20/74      |                                   | (M)249 | <b>01:08:48</b>         | 04.33    |
|                 |           | 0:10:58 / 131                | 0:17:58 / 120       | 0:30:24 / 115 | 0:37:29 / 113                               | 0:49:52 / 108 | 0:56:55 / 108                     |        | Woje/102                |          |
| 103             | 577       | <b>MRUGAŁA Monika</b>        | WĘGRY               | POL           | FAST FOOT OPOLE                             | 74K30/6       |                                   | (K)13  | <b>01:08:53</b>         | 04.35    |
|                 |           | 0:10:14 / 90                 | 0:17:03 / 89        | 0:29:19 / 92  | 0:36:31 / 92                                | 0:49:03 / 96  | 0:56:20 / 100                     |        | Woje/103                |          |
| 104             | 343       | <b>KISIELEWSKI Adam</b>      | OPOLE               | POL           | AZS POLITECHNIKA OPOLSKA                    | 87M20/75      |                                   | (M)253 | <b>01:09:02</b>         | 04.34    |
|                 |           | 0:11:10 / 145                | 0:18:06 / 129       | 0:30:46 / 125 | 0:37:38 / 117                               | 0:49:45 / 106 | 0:56:44 / 105                     |        | Woje/104                |          |
| 105             | 1066      | <b>GOLSCH Fabian</b>         | DANIEC              | POL           |   | 93M20/76      |                                   | (M)255 | <b>01:09:07</b>         | 04.35    |
|                 |           | 0:09:57 / 74                 | 0:16:40 / 73        | 0:29:06 / 87  | 0:36:21 / 91                                | 0:49:03 / 97  | 0:56:22 / 101                     |        | Woje/105                |          |
| 106             | 978       | <b>ZACHARIASZ Józef</b>      | OPOLE               | POL           | BIEGAM, BO LUBIEŃ OPOLE                     | 64M40/54      |                                   | (M)259 | <b>01:09:20</b>         | 04.36    |
|                 |           | 0:11:01 / 132                | 0:17:57 / 116       | 0:30:14 / 111 | 0:37:11 / 106                               | 0:50:00 / 112 | 0:57:03 / 109                     |        | Woje/106                |          |
| 107             | 447       | <b>LAZIK Tomasz</b>          | OPOLE               | POL           | CYKLOFAN OPOLE                              | 93M20/79      |                                   | (M)262 | <b>01:09:25</b>         | 04.35    |
|                 |           | 0:10:57 / 128                | 0:17:58 / 118       | 0:30:41 / 123 | 0:37:47 / 122                               | 0:50:11 / 115 | 0:57:09 / 112                     |        | Woje/107                |          |
| 108             | 208       | <b>GLIK Dariusz</b>          | SZYMISZÓW           | POL           | SZPITAL POWIATOWY W STRZELCACH<br>OPOLSKICH | 84M20/80      |                                   | (M)263 | <b>01:09:26</b>         | 04.37    |
|                 |           | 0:10:15 / 91                 | 0:17:10 / 95        | 0:29:40 / 96  | 0:36:39 / 97                                | 0:49:28 / 103 | 0:56:41 / 103                     |        | Gmin/17Powi/24 Woje/108 |          |
| 109             | 254       | <b>HERDE Barbara</b>         | OPOLE               | POL           | AZS OPOLE                                   | 84K20/5       |                                   | (K)15  | <b>01:09:30</b>         | 04.37    |
|                 |           | 0:10:01 / 82                 | 0:17:05 / 91        | 0:29:48 / 99  | 0:36:57 / 102                               | 0:49:42 / 105 | 0:56:50 / 107                     |        | Woje/109                |          |
| 110             | 17        | <b>BARAN Konrad</b>          | ZDZIESZOWICE        | POL           | QCZI  | 89M20/82      |                                   | (M)265 | <b>01:09:33</b>         | 04.36    |
|                 |           | 0:11:25 / 164                | 0:18:40 / 155       | 0:31:05 / 135 | 0:38:07 / 126                               | 0:50:11 / 113 | 0:57:08 / 111                     |        | Woje/110                |          |
| 111             | 859       | <b>SZCZUROWSKI Janusz</b>    | ŻĘDOWICE            | POL           |   | 81M30/80      |                                   | (M)266 | <b>01:09:36</b>         | 04.37    |
|                 |           | 0:10:12 / 87                 | 0:16:58 / 85        | 0:29:27 / 93  | 0:36:37 / 96                                | 0:49:22 / 101 | 0:56:43 / 104                     |        | Powi/25 Woje/111        |          |

25.12.2012 15:24:22

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name     | Miejscowość<br>City | Kraj<br>Nat   | Drużyna / Klub<br>Team / Club | R-k<br>YoB    | W kategorii Grupy<br>in Age Group | Sex                     | Wynik<br>Time | [min/km] |
|-----------------|-----------|-----------------------------|---------------------|---------------|-------------------------------|---------------|-----------------------------------|-------------------------|---------------|----------|
| Check pts:      |           |                             |                     |               |                               |               |                                   |                         |               |          |
| 112             | 1014      | <b>CZEKAJ Bogdan</b>        | KĘDZIERZYN-KOŹLE    | POL           | NIEZRZESZONY                  | 70M40/56      | (M)269                            | 01:09:43                | 04.37         |          |
|                 |           | 0:10:52 / 116               | 0:17:52 / 113       | 0:30:17 / 112 | 0:37:19 / 111                 | 0:49:57 / 111 | 0:57:14 / 113                     | Woje/112                |               |          |
| 113             | 178       | <b>FRANK Joachim</b>        | KĘDZIERZYN-KOŹLE    | POL           |                               | 64M40/59      | (M)277                            | 01:10:05                | 04.39         |          |
|                 |           | 0:10:28 / 96                | 0:17:23 / 100       | 0:29:46 / 98  | 0:36:51 / 100                 | 0:49:45 / 107 | 0:57:07 / 110                     | Woje/113                |               |          |
| 114             | 625       | <b>OLCHAWA Eugeniusz</b>    | KĘDZIERZYN-KOŹLE    | POL           |                               | 69M40/60      | (M)278                            | 01:10:18                | 04.40         |          |
|                 |           | 0:10:28 / 97                | 0:17:24 / 101       | 0:29:55 / 103 | 0:37:05 / 104                 | 0:49:56 / 110 | 0:57:17 / 114                     | Woje/114                |               |          |
| 115             | 952       | <b>WISZNIEWSKI Wojciech</b> | STRZELCE OPOLSKIE   | POL           | STALMET                       | 78M30/86      | (M)287                            | 01:10:37                | 04.41         |          |
|                 |           | 0:10:49 / 115               | 0:17:55 / 114       | 0:30:31 / 119 | 0:37:46 / 121                 | 0:50:38 / 122 | 0:57:55 / 119                     | Gmin/18Powi/26 Woje/115 |               |          |
| 116             | 868       | <b>SZMIT Anna</b>           | SARNY WIELKIE       | POL           | --MOS WROCLAW                 | 95K20/6       | (K)18                             | 01:10:39                | 04.41         |          |
|                 |           | 0:10:27 / 95                | 0:17:28 / 104       | 0:30:10 / 110 | 0:37:14 / 107                 | 0:50:19 / 116 | 0:57:39 / 115                     | Woje/116                |               |          |
| 117             | 984       | <b>ZARZECKI Lech</b>        | KLUCZBORK           | POL           | BIEGAM, BO LUBIĘ, OPOLE       | 84M20/87      | (M)291                            | 01:10:45                | 04.42         |          |
|                 |           | 0:10:48 / 113               | 0:17:40 / 105       | 0:30:25 / 117 | 0:37:30 / 114                 | 0:50:33 / 119 | 0:57:50 / 117                     | Woje/117                |               |          |
| 118             | 331       | <b>KASIURA Krzysztof</b>    | KRAPKOWICE          | POL           |                               | 72M40/62      | (M)294                            | 01:10:54                | 04.41         |          |
|                 |           | 0:11:36 / 177               | 0:18:54 / 161       | 0:31:33 / 150 | 0:38:39 / 141                 | 0:51:21 / 130 | 0:58:32 / 126                     | Woje/118                |               |          |
| 119             | 789       | <b>SKÓRA Marcin</b>         | STRZELCE OPOLSKIE   | POL           | NIEZRZESZONY                  | 89M20/88      | (M)295                            | 01:11:00                | 04.41         |          |
|                 |           | 0:11:35 / 174               | 0:19:06 / 174       | 0:32:22 / 167 | 0:39:50 / 165                 | 0:52:33 / 155 | 0:59:21 / 142                     | Gmin/19Powi/27 Woje/119 |               |          |
| 120             | 919       | <b>USZKO Grzegorz</b>       | SIEDLEC             | POL           | NIEZRZESZONY                  | 67M40/63      | (M)297                            | 01:11:02                | 04.43         |          |
|                 |           | 0:10:45 / 107               | 0:18:04 / 125       | 0:31:01 / 131 | 0:38:30 / 132                 | 0:51:32 / 134 | 0:58:53 / 131                     | Powi/28 Woje/120        |               |          |
| 121             | 10        | <b>BACHEN Czesław</b>       | STRZELCE OPOLSKIE   | POL           | OSIR STRZELCE OPOLSKIE        | 79M30/88      | (M)299                            | 01:11:04                | 04.43         |          |
|                 |           | 0:10:46 / 109               | 0:17:50 / 110       | 0:30:32 / 120 | 0:37:46 / 120                 | 0:50:42 / 123 | 0:58:08 / 123                     | Gmin/20Powi/29 Woje/121 |               |          |
| 122             | 918       | <b>USZKO Adam</b>           | SIEDLEC             | POL           | NIEZRZESZONY                  | 93M20/89      | (M)300                            | 01:11:06                | 04.43         |          |
|                 |           | 0:10:30 / 100               | 0:17:15 / 96        | 0:29:49 / 100 | 0:37:19 / 110                 | 0:50:11 / 114 | 0:57:49 / 116                     | Powi/30 Woje/122        |               |          |
| 123             | 762       | <b>SAMELSKI Błażej</b>      | STRZELCE OPOLSKIE   | POL           | NIEZRZESZONY                  | 91M20/90      | (M)301                            | 01:11:06                | 04.42         |          |
|                 |           | 0:11:10 / 146               | 0:18:15 / 137       | 0:31:10 / 136 | 0:38:37 / 139                 | 0:51:49 / 141 | 0:59:06 / 137                     | Gmin/21Powi/31 Woje/123 |               |          |
| 124             | 395       | <b>KOZIMOR Wiesław</b>      | LEWIN BRZESKI       | POL           | MARATONYPOLSKIE.PL TEAM       | 61M50/46      | (M)302                            | 01:11:07                | 04.43         |          |
|                 |           | 0:11:14 / 148               | 0:18:26 / 145       | 0:31:13 / 138 | 0:38:30 / 133                 | 0:51:23 / 132 | 0:58:35 / 128                     | Woje/124                |               |          |
| 125             | 643       | <b>OSTROWSKI Rafał</b>      | OPOLE               | POL           | NIEZRZESZONY                  | 77M30/89      | (M)305                            | 01:11:13                | 04.43         |          |
|                 |           | 0:10:56 / 124               | 0:17:59 / 121       | 0:30:35 / 121 | 0:37:47 / 123                 | 0:50:33 / 118 | 0:57:53 / 118                     | Woje/125                |               |          |
| 126             | 327       | <b>KARASOWSKI Mariusz</b>   | BRZEG               | POL           | JW 2697 BRZEG                 | 87M20/91      | (M)306                            | 01:11:14                | 04.43         |          |
|                 |           | 0:11:18 / 157               | 0:18:38 / 154       | 0:31:28 / 148 | 0:38:50 / 144                 | 0:51:31 / 133 | 0:58:42 / 129                     | Woje/126                |               |          |
| 127             | 334       | <b>KAWECKI Marian</b>       | BRANICE             | POL           | KB BRANICE                    | 49M60/15      | (M)308                            | 01:11:17                | 04.44         |          |
|                 |           | 0:10:36 / 104               | 0:17:48 / 109       | 0:30:25 / 116 | 0:37:37 / 116                 | 0:50:38 / 121 | 0:58:04 / 120                     | Woje/127                |               |          |
| 128             | 829       | <b>STAROSTKA Jacek</b>      | KĘDZIERZYN-KOŹLE    | POL           | TORPEDA KĘDZIERZYN-KOŹLE      | 74M30/90      | (M)309                            | 01:11:18                | 04.44         |          |
|                 |           | 0:10:46 / 110               | 0:18:00 / 122       | 0:30:58 / 130 | 0:38:21 / 130                 | 0:51:03 / 124 | 0:58:25 / 124                     | Woje/128                |               |          |
| 129             | 529       | <b>MATUSZCZYK Adrian</b>    | SZCZEPANEK          | POL           | NIEZRZESZONY                  | 73M30/93      | (M)312                            | 01:11:28                | 04.45         |          |
|                 |           | 0:11:14 / 149               | 0:18:34 / 152       | 0:31:21 / 144 | 0:38:38 / 140                 | 0:51:13 / 126 | 0:58:26 / 125                     | Gmin/22Powi/32 Woje/129 |               |          |
| 130             | 1006      | <b>ZWĘGLIŃSKI Andrzej</b>   | KĘDZIERZYN-KOŹLE    | POL           | BBL KĘDZIERZYN-KOŹLE          | 76M30/94      | (M)314                            | 01:11:29                | 04.45         |          |
|                 |           | 0:11:04 / 139               | 0:18:18 / 141       | 0:31:14 / 139 | 0:38:36 / 137                 | 0:51:40 / 137 | 0:58:52 / 130                     | Woje/130                |               |          |
| 131             | 555       | <b>MIKLUSZKA Ryszard</b>    | STRZELCE OPOLSKIE   | POL           | LUKS ŻÓRAWINA                 | 53M50/49      | (M)317                            | 01:11:33                | 04.46         |          |
|                 |           | 0:10:14 / 88                | 0:17:16 / 97        | 0:30:08 / 109 | 0:37:28 / 112                 | 0:50:34 / 120 | 0:58:08 / 122                     | Gmin/23Powi/33 Woje/131 |               |          |
| 132             | 751       | <b>ROTTE Bogusław</b>       | OPOLE               | POL           | CYKLOFAN OPOLE                | 59M50/51      | (M)321                            | 01:11:42                | 04.45         |          |
|                 |           | 0:10:57 / 125               | 0:17:57 / 117       | 0:30:53 / 127 | 0:38:31 / 134                 | 0:51:43 / 138 | 0:59:02 / 135                     | Woje/132                |               |          |
| 133             | 936       | <b>WĘGRZYK Daniel</b>       | NIEZNASZYN          | POL           | KOSYNIERZY WROCLAW            | 88M20/93      | (M)322                            | 01:11:43                | 04.45         |          |
|                 |           | 0:11:02 / 134               | 0:18:12 / 132       | 0:31:05 / 134 | 0:38:28 / 131                 | 0:51:52 / 142 | 0:59:09 / 139                     | Woje/133                |               |          |
| 134             | 541       | <b>MICHALAK Tomasz</b>      | KĘDZIERZYN-KOŹLE    | POL           |                               | 86M20/94      | (M)323                            | 01:11:45                | 04.46         |          |
|                 |           | 0:11:04 / 137               | 0:18:06 / 130       | 0:30:54 / 128 | 0:38:14 / 128                 | 0:51:12 / 125 | 0:58:35 / 127                     | Woje/134                |               |          |
| 135             | 756       | <b>RYMARZ Mirosław</b>      | OPOLE               | POL           | ENDRANCE                      | 78M30/96      | (M)324                            | 01:11:46                | 04.46         |          |
|                 |           | 0:11:14 / 151               | 0:18:31 / 148       | 0:31:16 / 141 | 0:38:32 / 136                 | 0:51:34 / 136 | 0:58:58 / 133                     | Woje/135                |               |          |
| 136             | 1056      | <b>PLOCH Piotr Jan</b>      | KALINOWICE          | POL           | ALPINUS                       | 69M40/67      | (M)325                            | 01:11:47                | 04.46         |          |
|                 |           | 0:10:35 / 103               | 0:17:22 / 99        | 0:29:55 / 104 | 0:37:07 / 105                 | 0:50:24 / 117 | 0:58:07 / 121                     | Gmin/24Powi/34 Woje/136 |               |          |
| 137             | 35        | <b>BELLA Przemysław</b>     | ZDZIESZOWICE        | POL           |                               | 89M20/95      | (M)326                            | 01:11:50                | 04.46         |          |
|                 |           | 0:11:38 / 180               | 0:19:14 / 180       | 0:32:30 / 171 | 0:39:47 / 162                 | 0:52:32 / 154 | 0:59:34 / 144                     | Woje/137                |               |          |
| 138             | 36        | <b>BELLA Radosław</b>       | ZDZIESZOWICE        | POL           | --                            | 87M20/96      | (M)336                            | 01:12:07                | 04.47         |          |
|                 |           | 0:11:39 / 181               | 0:19:14 / 181       | 0:32:58 / 193 | 0:40:31 / 186                 | 0:53:28 / 167 | 1:00:13 / 156                     | Woje/138                |               |          |
| 139             | 697       | <b>PLUSKOTA Henryk</b>      | PRASZKA             | POL           | NEAPCO PRASZKA                | 58M50/55      | (M)337                            | 01:12:10                | 04.47         |          |
|                 |           | 0:11:50 / 192               | 0:19:18 / 184       | 0:32:24 / 170 | 0:39:40 / 159                 | 0:52:35 / 156 | 0:59:45 / 149                     | Woje/139                |               |          |
| 140             | 657       | <b>PANASINSKI Jarosław</b>  | ZDZIESZOWICE        | POL           |                               | 86M20/97      | (M)338                            | 01:12:16                | 04.47         |          |
|                 |           | 0:11:39 / 183               | 0:19:15 / 182       | 0:32:58 / 192 | 0:40:31 / 187                 | 0:53:29 / 168 | 1:00:13 / 157                     | Woje/140                |               |          |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name     | Miejscowość<br>City         | Kraj<br>Nat | Drużyna / Klub<br>Team / Club | R-k<br>YoB              | W kategorii<br>in Age Group | Grupy<br>Sex | Wynik<br>Time | [min/km] |
|-----------------|-----------|-----------------------------|-----------------------------|-------------|-------------------------------|-------------------------|-----------------------------|--------------|---------------|----------|
| Check pts:      |           |                             |                             |             |                               |                         |                             |              |               |          |
| 141             | 590       | <b>NAJWER Tomasz</b>        | KRAPKOWICE                  | POL         | NIEZRZESZONY                  | 73M30/99                | (M)339                      | 01:12:16     | 04.47         |          |
|                 |           | 0:10:47 / 111 0:17:56 / 115 | 0:30:52 / 126 0:38:11 / 127 |             | 0:51:33 / 135 0:59:01 / 134   | Woje/141                |                             |              |               |          |
| 142             | 392       | <b>KOWALSKI Piotr</b>       | IZBICKO                     | POL         | NIEZŁOMNY IZBICZANIN          | 90M20/98                | (M)340                      | 01:12:18     | 04.47         |          |
|                 |           | 0:12:04 / 208 0:19:47 / 204 | 0:33:14 / 199 0:40:39 / 190 |             | 0:53:38 / 174 1:00:42 / 169   | Powi/35 Woje/142        |                             |              |               |          |
| 143             | 375       | <b>KOPREK Edmund</b>        | DOBRODZIEŃ                  | POL         | WKB META LUBLINIEC            | 60M50/57                | (M)344                      | 01:12:22     | 04.48         |          |
|                 |           | 0:11:38 / 179 0:19:03 / 171 | 0:32:08 / 159 0:39:28 / 155 |             | 0:52:27 / 149 0:59:41 / 147   | Woje/143                |                             |              |               |          |
| 144             | 909       | <b>TYMKÓW Łukasz</b>        | BRZEG                       | POL         | FALCK BRZEG                   | 81M30/100               | (M)346                      | 01:12:24     | 04.49         |          |
|                 |           | 0:10:49 / 114 0:18:09 / 131 | 0:31:03 / 133 0:38:20 / 129 |             | 0:51:18 / 127 0:58:54 / 132   | Woje/144                |                             |              |               |          |
| 145             | 621       | <b>OGONOWSKI Edward</b>     | OPOLE                       | POL         | ŻÓŁWIK OPOLE                  | 49M60/18                | (M)348                      | 01:12:27     | 04.48         |          |
|                 |           | 0:11:15 / 152 0:18:30 / 147 | 0:31:20 / 142 0:38:40 / 142 |             | 0:51:46 / 140 0:59:16 / 141   | Woje/145                |                             |              |               |          |
| 146             | 109       | <b>CITAK Sławomir</b>       | GOGOLIN                     | POL         | AMATOR                        | 80M30/102               | (M)350                      | 01:12:28     | 04.48         |          |
|                 |           | 0:11:16 / 156 0:18:41 / 156 | 0:31:55 / 155 0:39:19 / 153 |             | 0:52:31 / 152 0:59:54 / 152   | Woje/146                |                             |              |               |          |
| 147             | 1026      | <b>OLEKSY Marek</b>         | ŚCIBORZYCE MAŁE             | POL         |                               | 85M20/101               | (M)351                      | 01:12:30     | 04.47         |          |
|                 |           | 0:11:39 / 184 0:18:55 / 163 | 0:31:38 / 152 0:38:56 / 146 |             | 0:51:57 / 144 0:59:34 / 145   | Powi/36 Woje/147        |                             |              |               |          |
| 148             | 877       | <b>SZPON Tomasz</b>         | OPOLE                       | POL         | NIEZRZESZONY                  | 89M20/102               | (M)352                      | 01:12:34     | 04.50         |          |
|                 |           | 0:11:48 / 191 0:19:25 / 188 | 0:32:50 / 183 0:40:10 / 172 |             | 0:53:00 / 162 1:00:17 / 159   | Woje/148                |                             |              |               |          |
| 149             | 283       | <b>JANITSZEK Sebastian</b>  | KĘDZIERZYN-KOŹLE            | POL         | IRONMAN 2010                  | 77M30/104               | (M)355                      | 01:12:39     | 04.50         |          |
|                 |           | 0:11:34 / 172 0:19:07 / 175 | 0:32:05 / 158 0:39:26 / 154 |             | 0:52:21 / 147 0:59:32 / 143   | Woje/149                |                             |              |               |          |
| 150             | 443       | <b>LADZIŃSKI Sebastian</b>  | OPOLE                       | POL         | ---                           | 89M20/103               | (M)357                      | 01:12:40     | 04.48         |          |
|                 |           | 0:11:45 / 190 0:19:24 / 187 | 0:32:50 / 182 0:40:10 / 171 |             | 0:53:06 / 165 1:00:27 / 165   | Woje/150                |                             |              |               |          |
| 151             | 741       | <b>ROGOWSKI Mariusz</b>     | MIKOWICE                    | POL         |                               | 72M40/74                | (M)358                      | 01:12:40     | 04.50         |          |
|                 |           | 0:09:57 / 72 0:17:04 / 90   | 0:30:02 / 105 0:37:41 / 118 |             | 0:51:18 / 128 0:59:03 / 136   | Woje/151                |                             |              |               |          |
| 152             | 518       | <b>MARKIEWICZ Wiesław</b>   | KALY                        | POL         | PGKIM ANTONIÓW                | 57M50/59                | (M)359                      | 01:12:42     | 04.49         |          |
|                 |           | 0:10:57 / 126 0:18:13 / 134 | 0:31:15 / 140 0:38:36 / 138 |             | 0:51:45 / 139 0:59:12 / 140   | Woje/152                |                             |              |               |          |
| 153             | 448       | <b>LECHOWICZ Antoni</b>     | DĄBRÓWKA, GMINA             | POL         |                               | 58M50/60                | (M)361                      | 01:12:46     | 04.49         |          |
|                 |           | 0:11:29 / 168 0:18:58 / 165 | 0:32:08 / 160 0:39:28 / 156 |             | 0:52:27 / 150 0:59:41 / 148   | Woje/153                |                             |              |               |          |
| 154             | 500       | <b>MAJER Maciej</b>         | KIETRZ                      | POL         | KS GRYF KIETRZ                | 91M20/104               | (M)362                      | 01:12:48     | 04.50         |          |
|                 |           | 0:10:46 / 108 0:17:52 / 112 | 0:30:35 / 122 0:37:58 / 125 |             | 0:51:19 / 129 0:59:08 / 138   | Woje/154                |                             |              |               |          |
| 155             | 267       | <b>IWANSKI Irek</b>         | KRAPKOWICE                  | POL         |                               | 81M30/105               | (M)363                      | 01:12:51     | 04.49         |          |
|                 |           | 0:12:13 / 217 0:20:08 / 213 | 0:33:24 / 200 0:40:47 / 195 |             | 0:53:33 / 171 1:00:40 / 168   | Woje/155                |                             |              |               |          |
| 156             | 1032      | <b>MIKA Krzysztof</b>       | STRZELCE OPOLSKIE           | POL         |                               | 69M40/77                | (M)366                      | 01:12:54     | 04.50         |          |
|                 |           | 0:11:21 / 159 0:18:43 / 157 | 0:32:01 / 156 0:39:30 / 158 |             | 0:52:49 / 159 1:00:18 / 160   | Gmin/25Powi/37 Woje/156 |                             |              |               |          |
| 157             | 62        | <b>BOMBA Andrzej</b>        | STRZELCE OPOLSKIE           | POL         | NIEZRZESZONY                  | 89M20/106               | (M)369                      | 01:12:59     | 04.49         |          |
|                 |           | 0:12:05 / 209 0:19:35 / 196 | 0:32:50 / 184 0:40:14 / 176 |             | 0:53:02 / 163 1:00:21 / 162   | Gmin/26Powi/38 Woje/157 |                             |              |               |          |
| 158             | 479       | <b>ŁAZAREK Łukasz</b>       | STRZELCE OPOLSKIE           | POL         | NIEZRZESZONY                  | 89M20/107               | (M)370                      | 01:12:59     | 04.50         |          |
|                 |           | 0:11:37 / 178 0:19:06 / 173 | 0:32:24 / 168 0:39:56 / 169 |             | 0:53:02 / 164 1:00:23 / 163   | Gmin/27Powi/39 Woje/158 |                             |              |               |          |
| 159             | 920       | <b>USZKO Sabina</b>         | SIEDLEC                     | POL         | NIEZRZESZONY                  | 65K40/6                 | (K)25                       | 01:13:06     | 04.51         |          |
|                 |           | 0:10:57 / 127 0:18:17 / 139 | 0:31:21 / 143 0:38:51 / 145 |             | 0:52:12 / 145 0:59:48 / 150   | Powi/40 Woje/159        |                             |              |               |          |
| 160             | 104       | <b>CIEŚLA Jan</b>           | PRASZKA                     | POL         |                               | 50M60/19                | (M)376                      | 01:13:11     | 04.51         |          |
|                 |           | 0:11:50 / 193 0:19:18 / 185 | 0:32:24 / 169 0:39:41 / 160 |             | 0:52:36 / 157 1:00:05 / 155   | Woje/160                |                             |              |               |          |
| 161             | 465       | <b>LISEK Jozef</b>          | STRZELCE OPOLSKIE           | POL         | OSIR STRZELCE OPOLSKIE        | 51M60/20                | (M)377                      | 01:13:14     | 04.52         |          |
|                 |           | 0:11:06 / 141 0:18:25 / 143 | 0:31:36 / 151 0:39:04 / 152 |             | 0:52:24 / 148 0:59:55 / 153   | Gmin/28Powi/41 Woje/161 |                             |              |               |          |
| 162             | 719       | <b>PUSZCZEWICZ Zenon</b>    | PISARZOWICE                 | POL         | KB LUPUS OLESNICA-BRZEG       | 41M70/2                 | (M)378                      | 01:13:18     | 04.53         |          |
|                 |           | 0:10:41 / 106 0:18:05 / 128 | 0:31:13 / 137 0:38:44 / 143 |             | 0:52:14 / 146 0:59:51 / 151   | Woje/162                |                             |              |               |          |
| 163             | 511       | <b>MAŁEK Maciej</b>         | WALIDROGI                   | POL         | ---                           | 84M20/110               | (M)379                      | 01:13:19     | 04.51         |          |
|                 |           | 0:11:08 / 143 0:18:19 / 142 | 0:31:02 / 132 0:38:32 / 135 |             | 0:51:53 / 143 0:59:36 / 146   | Woje/163                |                             |              |               |          |
| 164             | 164       | <b>FIGURSKI Łukasz</b>      | OPOLE                       | POL         | FAST FOOT OPOLE               | 82M30/110               | (M)383                      | 01:13:43     | 04.54         |          |
|                 |           | 0:10:54 / 121 0:18:29 / 146 | 0:31:49 / 154 0:39:28 / 157 |             | 0:52:54 / 161 1:00:33 / 166   | Woje/164                |                             |              |               |          |
| 165             | 772       | <b>SERWADCZAK Piotr</b>     | SKARBIMIERZ OSIEDLE         | POL         | NIEZRZESZONY                  | 72M40/81                | (M)389                      | 01:13:59     | 04.54         |          |
|                 |           | 0:11:08 / 142 0:18:26 / 144 | 0:31:25 / 146 0:39:03 / 150 |             | 0:52:31 / 153 1:00:17 / 158   | Woje/165                |                             |              |               |          |
| 166             | 18        | <b>BARAN Michał</b>         | WARMAŃOWICE                 | POL         | OSIR STRZELCE OPOLSKIE        | 81M30/112               | (M)390                      | 01:14:00     | 04.54         |          |
|                 |           | 0:11:53 / 198 0:19:30 / 194 | 0:32:53 / 187 0:40:30 / 185 |             | 0:54:29 / 190 1:01:19 / 173   | Gmin/29Powi/42 Woje/166 |                             |              |               |          |
| 167             | 640       | <b>OSÓBKA Piotr</b>         | KĘDZIERZYN - KOŹLE          | POL         |                               | 67M40/84                | (M)394                      | 01:14:01     | 04.54         |          |
|                 |           | 0:12:01 / 203 0:19:29 / 192 | 0:32:53 / 186 0:40:23 / 182 |             | 0:53:34 / 172 1:01:01 / 172   | Woje/167                |                             |              |               |          |
| 168             | 688       | <b>PIETRUKANIEC Antoni</b>  | OPOLE                       | POL         | CYKLOFAN OPOLE                | 61M50/65                | (M)395                      | 01:14:02     | 04.54         |          |
|                 |           | 0:10:58 / 129 0:17:58 / 119 | 0:30:41 / 124 0:37:49 / 124 |             | 0:51:23 / 131 1:00:02 / 154   | Woje/168                |                             |              |               |          |
| 169             | 304       | <b>JURCZYK Robert</b>       | LEWIN BRZESKI               | POL         |                               | 72M40/85                | (M)397                      | 01:14:03     | 04.54         |          |
|                 |           | 0:12:22 / 223 0:20:05 / 211 | 0:33:35 / 204 0:41:13 / 204 |             | 0:54:30 / 191 1:01:49 / 187   | Woje/169                |                             |              |               |          |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name    | Miejscowość<br>City | Kraj<br>Nat   | Drużyna / Klub<br>Team / Club | R-k<br>YoB    | W kategorii Grupy<br>in Age Group | Sex                     | Wynik<br>Time | [min/km] |
|-----------------|-----------|----------------------------|---------------------|---------------|-------------------------------|---------------|-----------------------------------|-------------------------|---------------|----------|
| Check pts:      |           |                            |                     |               |                               |               |                                   |                         |               |          |
| 170             | 569       | <b>MOŚCICKI Grzegorz</b>   | ZDZIESZOWICE        | POL           |                               | 87M20/112     | (M)399                            | 01:14:06                | 04.55         |          |
|                 |           | 0:11:02 / 135              | 0:18:13 / 133       | 0:31:26 / 147 | 0:39:02 / 149                 | 0:52:53 / 160 | 1:00:25 / 164                     | Woje/170                |               |          |
| 171             | 90        | <b>BUL Daniel</b>          | KĘDZIERZYN-KOŹLE    | POL           | NIEZRZESZONY                  | 81M30/114     | (M)400                            | 01:14:12                | 04.56         |          |
|                 |           | 0:11:35 / 173              | 0:19:09 / 176       | 0:32:12 / 162 | 0:39:44 / 161                 | 0:53:11 / 166 | 1:00:43 / 170                     | Woje/171                |               |          |
| 172             | 446       | <b>LAZIK Robert</b>        | OPOLE               | POL           | CYKLOFAN OPOLE                | 70M40/87      | (M)402                            | 01:14:28                | 04.56         |          |
|                 |           | 0:11:05 / 140              | 0:18:15 / 135       | 0:31:23 / 145 | 0:38:59 / 148                 | 0:52:40 / 158 | 1:00:40 / 167                     | Woje/172                |               |          |
| 173             | 56        | <b>BITKA Stanisław</b>     | SUCHY BÓR           | POL           |                               | 87M20/113     | (M)403                            | 01:14:28                | 04.56         |          |
|                 |           | 0:11:39 / 182              | 0:19:15 / 183       | 0:32:43 / 175 | 0:40:24 / 183                 | 0:53:44 / 175 | 1:01:29 / 176                     | Woje/173                |               |          |
| 174             | 636       | <b>ORIAN Anna</b>          | ZDZIESZOWICE        | POL           | SZKOŁA TANCA 'ORIAN-SHOW'     | 75K30/11      | (K)28                             | 01:14:32                | 04.57         |          |
|                 |           | 0:11:03 / 136              | 0:18:33 / 150       | 0:32:12 / 163 | 0:39:55 / 167                 | 0:53:46 / 177 | 1:01:33 / 178                     | Woje/174                |               |          |
| 175             | 955       | <b>WITKOWSKI Tadeusz</b>   | TARNÓW OPOLSKI      | POL           | NIEZRZESZONY                  | 56M50/67      | (M)405                            | 01:14:32                | 04.57         |          |
|                 |           | 0:11:04 / 138              | 0:18:18 / 140       | 0:31:29 / 149 | 0:39:03 / 151                 | 0:52:31 / 151 | 1:00:19 / 161                     | Woje/175                |               |          |
| 176             | 381       | <b>KOROLL Liliana</b>      | STRZELCE OPOLSKIE   | POL           |                               | 75K30/12      | (K)29                             | 01:14:33                | 04.57         |          |
|                 |           | 0:11:40 / 185              | 0:19:26 / 191       | 0:32:57 / 190 | 0:40:35 / 189                 | 0:54:12 / 187 | 1:01:37 / 180                     | Gmin/30Powi/43 Woje/176 |               |          |
| 177             | 58        | <b>BŁOCH Marek</b>         | GRODKÓW             | POL           | NIEZRZESZONY                  | 59M50/68      | (M)409                            | 01:14:40                | 04.58         |          |
|                 |           | 0:11:11 / 147              | 0:18:34 / 151       | 0:32:13 / 165 | 0:39:56 / 168                 | 0:53:46 / 178 | 1:01:35 / 179                     | Woje/177                |               |          |
| 178             | 665       | <b>PASTUCHA Anna</b>       | KRAPKOWICE          | POL           | CROSS KRAPKOWICE              | 58K50/4       | (K)30                             | 01:14:43                | 04.58         |          |
|                 |           | 0:11:02 / 133              | 0:18:33 / 149       | 0:32:12 / 164 | 0:39:55 / 166                 | 0:53:46 / 176 | 1:01:32 / 177                     | Woje/178                |               |          |
| 179             | 855       | <b>SZCZEPEK Roman</b>      | TARNÓW OPOLSKI      | POL           | NIEZRZESZONY                  | 76M30/116     | (M)412                            | 01:14:58                | 04.58         |          |
|                 |           | 0:11:15 / 153              | 0:18:38 / 153       | 0:32:05 / 157 | 0:40:12 / 174                 | 0:53:47 / 179 | 1:01:29 / 175                     | Woje/179                |               |          |
| 180             | 166       | <b>FILINSKI Dariusz</b>    | DZIEWKOWICE         | POL           |                               | 75M30/117     | (M)414                            | 01:15:17                | 05.00         |          |
|                 |           | 0:11:21 / 160              | 0:18:50 / 159       | 0:32:21 / 166 | 0:40:02 / 170                 | 0:53:32 / 170 | 1:01:00 / 171                     | Gmin/31Powi/44 Woje/180 |               |          |
| 181             | 202       | <b>GDYNIA Joachim</b>      | DĄBRÓWKA            | POL           | BIEGAM, BO LUBIĘ. OPOLE       | 62M50/70      | (M)418                            | 01:15:28                | 05.01         |          |
|                 |           | 0:11:26 / 165              | 0:19:02 / 167       | 0:32:32 / 172 | 0:40:15 / 177                 | 0:54:01 / 181 | 1:01:48 / 183                     | Woje/181                |               |          |
| 182             | 693       | <b>PIOTROWSKI Jacek</b>    | OPOLE               | POL           |                               | 78M30/118     | (M)419                            | 01:15:31                | 05.00         |          |
|                 |           | 0:12:01 / 205              | 0:19:39 / 201       | 0:32:49 / 180 | 0:40:19 / 178                 | 0:54:06 / 185 | 1:01:48 / 184                     | Woje/182                |               |          |
| 183             | 246       | <b>HAŁON Andrzej</b>       | OPOLE               | POL           | BIEGAM, BO LUBIĘ. OPOLE       | 54M50/71      | (M)420                            | 01:15:32                | 05.01         |          |
|                 |           | 0:11:36 / 175              | 0:19:26 / 189       | 0:32:50 / 181 | 0:40:21 / 180                 | 0:54:06 / 183 | 1:01:49 / 186                     | Woje/183                |               |          |
| 184             | 306       | <b>KACIŁOWICZ Jacek</b>    | OPOLE               | POL           | BIEGAM, BO LUBIĘ. OPOLE       | 53M50/72      | (M)421                            | 01:15:32                | 05.00         |          |
|                 |           | 0:12:01 / 204              | 0:19:37 / 197       | 0:32:49 / 179 | 0:40:20 / 179                 | 0:54:06 / 184 | 1:01:49 / 185                     | Woje/184                |               |          |
| 185             | 13        | <b>BALICKI Dariusz</b>     | KĘDZIERZYN-KOŹLE    | POL           |                               | 70M40/93      | (M)422                            | 01:15:41                | 05.01         |          |
|                 |           | 0:11:28 / 166              | 0:18:48 / 158       | 0:32:11 / 161 | 0:39:49 / 163                 | 0:53:36 / 173 | 1:01:27 / 174                     | Woje/185                |               |          |
| 186             | 287       | <b>JAROSŁAWSKI Edward</b>  | KĘDZIERZYN-KOŹLE    | POL           |                               | 48M60/24      | (M)425                            | 01:15:45                | 05.01         |          |
|                 |           | 0:11:30 / 169              | 0:19:03 / 170       | 0:32:35 / 173 | 0:40:11 / 173                 | 0:53:55 / 180 | 1:01:47 / 182                     | Woje/186                |               |          |
| 187             | 469       | <b>LIWAK Włodzimierz</b>   | OPOLE               | POL           | BIEGAM, BO LUBIĘ. OPOLE       | 47M60/25      | (M)426                            | 01:15:48                | 05.02         |          |
|                 |           | 0:11:36 / 176              | 0:19:26 / 190       | 0:32:51 / 185 | 0:40:22 / 181                 | 0:54:11 / 186 | 1:01:55 / 188                     | Woje/187                |               |          |
| 188             | 1031      | <b>MIKA Robert</b>         | STRZELCE OPOLSKIE   | POL           |                               | 94M20/116     | (M)429                            | 01:16:06                | 05.03         |          |
|                 |           | 0:11:23 / 162              | 0:19:03 / 172       | 0:32:44 / 176 | 0:40:33 / 188                 | 0:54:34 / 192 | 1:02:24 / 191                     | Gmin/32Powi/45 Woje/188 |               |          |
| 189             | 53        | <b>BIL Janusz</b>          | PRASZKA             | POL           | NEAPCO PRASZKA                | 53M50/74      | (M)430                            | 01:16:17                | 05.03         |          |
|                 |           | 0:11:53 / 197              | 0:19:30 / 193       | 0:32:53 / 188 | 0:40:29 / 184                 | 0:54:29 / 189 | 1:02:18 / 190                     | Woje/189                |               |          |
| 190             | 813       | <b>SOBÓTKA Sławomir</b>    | KRAPKOWICE          | POL           |                               | 71M40/95      | (M)432                            | 01:16:26                | 05.04         |          |
|                 |           | 0:12:14 / 218              | 0:20:03 / 209       | 0:33:42 / 206 | 0:41:22 / 206                 | 0:55:02 / 198 | 1:02:50 / 195                     | Woje/190                |               |          |
| 191             | 457       | <b>LEWANDOWSKI Marek</b>   | LEWIN BRZESKI       | POL           | WOLF                          | 82M30/121     | (M)433                            | 01:16:33                | 05.04         |          |
|                 |           | 0:12:21 / 222              | 0:20:04 / 210       | 0:33:35 / 205 | 0:41:13 / 203                 | 0:54:48 / 194 | 1:02:36 / 194                     | Woje/191                |               |          |
| 192             | 791       | <b>SKRZYDEŁ Marcel</b>     | ZALESIE ŚLĄSKIE     | POL           | ---                           | 96M20/117     | (M)434                            | 01:16:35                | 05.03         |          |
|                 |           | 0:10:54 / 122              | 0:17:42 / 107       | 0:29:49 / 101 | 0:38:57 / 147                 | 0:53:29 / 169 | 1:01:44 / 181                     | Powi/46 Woje/192        |               |          |
| 193             | 1067      | <b>LEJZAK Dariusz</b>      | SZYMISZÓW           | POL           |                               | 68M40/96      | (M)436                            | 01:16:38                | 05.04         |          |
|                 |           | 0:12:08 / 214              | 0:19:44 / 203       | 0:32:58 / 194 | 0:40:44 / 194                 | 0:54:25 / 188 | 1:02:24 / 192                     | Gmin/33Powi/47 Woje/193 |               |          |
| 194             | 700       | <b>PŁOTEK Halina</b>       | GLUBCZYCE           | POL           | LKS TECHNIK                   | 58K50/6       | (K)32                             | 01:16:43                | 05.06         |          |
|                 |           | 0:11:08 / 144              | 0:18:52 / 160       | 0:32:41 / 174 | 0:40:13 / 175                 | 0:54:03 / 182 | 1:02:03 / 189                     | Woje/194                |               |          |
| 195             | 337       | <b>KĘDZIERSKI Zenon</b>    | STRZELCE OPOLSKIE   | POL           | OSIR STRZELCE OPOLSKIE        | 51M60/26      | (M)437                            | 01:16:48                | 05.06         |          |
|                 |           | 0:11:33 / 171              | 0:19:11 / 178       | 0:32:55 / 189 | 0:40:42 / 193                 | 0:54:39 / 193 | 1:02:34 / 193                     | Gmin/34Powi/48 Woje/195 |               |          |
| 196             | 422       | <b>KUKUCZKA Artur</b>      | STRZELCE OPOLSKIE   | POL           | PIAST STRZELCE OPOLSKIE       | 76M30/122     | (M)438                            | 01:16:50                | 05.05         |          |
|                 |           | 0:12:47 / 250              | 0:20:36 / 233       | 0:34:16 / 214 | 0:41:45 / 207                 | 0:55:33 / 203 | 1:03:11 / 200                     | Gmin/35Powi/49 Woje/196 |               |          |
| 197             | 78        | <b>BRZEZINSKI Zbigniew</b> | BRZEG               | POL           | NIEZRZESZONY                  | 44M60/27      | (M)440                            | 01:17:00                | 05.07         |          |
|                 |           | 0:11:19 / 158              | 0:19:01 / 166       | 0:33:05 / 196 | 0:40:53 / 197                 | 0:55:05 / 199 | 1:02:54 / 197                     | Woje/197                |               |          |
| 198             | 1070      | <b>JANOCHA Tomasz</b>      | STRZELCE OPOLSKIE   | POL           |                               | 87M20/119     | (M)441                            | 01:17:05                | 05.06         |          |
|                 |           | 0:12:47 / 249              | 0:20:35 / 231       | 0:34:14 / 213 | 0:41:51 / 208                 | 0:55:44 / 206 | 1:03:26 / 203                     | Gmin/36Powi/50 Woje/198 |               |          |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name     | Miejscowość<br>City         | Kraj<br>Nat | Drużyna / Klub<br>Team / Club | R-k<br>YoB                | W kategorii Grupy<br>in Age Group Sex | Wynik<br>Time   | [min/km] |
|-----------------|-----------|-----------------------------|-----------------------------|-------------|-------------------------------|---------------------------|---------------------------------------|-----------------|----------|
| Check pts:      |           |                             |                             |             |                               |                           |                                       |                 |          |
| 199             | 101       | <b>CIECIELAĞ Jarosław</b>   | NYSA                        | POL         | NYSA BIEGA                    | 68M40/97                  | (M)442                                | <b>01:17:06</b> | 05.07    |
|                 |           | 0:12:13 / 216 0:20:25 / 222 | 0:34:36 / 223 0:42:34 / 223 |             | 0:56:49 / 215 1:04:17 / 209   | Wojeł/199                 |                                       |                 |          |
| 200             | 742       | <b>ROJEK Artur</b>          | KIETRZ                      | POL         | ZESPÓŁ SZKÓŁ W KIETRZU        | 79M30/124                 | (M)446                                | <b>01:17:15</b> | 05.07    |
|                 |           | 0:12:45 / 244 0:20:51 / 241 | 0:35:00 / 231 0:42:59 / 228 |             | 0:56:48 / 214 1:04:23 / 211   | Wojeł/200                 |                                       |                 |          |
| 201             | 710       | <b>PRIMUS Wojciech</b>      | STRZELCE OPOLSKIE           | POL         | ---                           | 90M20/121                 | (M)447                                | <b>01:17:17</b> | 05.08    |
|                 |           | 0:12:24 / 226 0:20:24 / 221 | 0:34:24 / 219 0:42:07 / 210 |             | 0:55:56 / 208 1:03:47 / 204   | Gmin/37Powił/51 Wojeł/201 |                                       |                 |          |
| 202             | 156       | <b>DZIEDZIC Edward</b>      | ZAWADZKIE                   | POL         | ---                           | 49M60/28                  | (M)449                                | <b>01:17:20</b> | 05.08    |
|                 |           | 0:11:24 / 163 0:19:02 / 169 | 0:32:58 / 191 0:40:50 / 196 |             | 0:55:01 / 197 1:03:06 / 199   | Powił/52 Wojeł/202        |                                       |                 |          |
| 203             | 44        | <b>BIAŁAS Ewa</b>           | LEWIN BRZESKI               | POL         | ---                           | 62K50/7                   | (K)34                                 | <b>01:17:21</b> | 05.09    |
|                 |           | 0:11:14 / 150 0:18:55 / 162 | 0:32:46 / 178 0:40:40 / 191 |             | 0:54:56 / 195 1:03:00 / 198   | Wojeł/203                 |                                       |                 |          |
| 204             | 512       | <b>MAŁEK Stanisław</b>      | PRASZKA                     | POL         | NEAPCO PRASZKA                | 54M50/75                  | (M)450                                | <b>01:17:23</b> | 05.08    |
|                 |           | 0:12:37 / 238 0:20:34 / 228 | 0:34:37 / 224 0:42:28 / 217 |             | 0:56:13 / 211 1:04:02 / 208   | Wojeł/204                 |                                       |                 |          |
| 205             | 957       | <b>WŁOSIŃSKI Krzysztof</b>  | SKARBIMIERZ OSIEDLE         | POL         | JEDNOSTKA WOJSKOWA 2697 BRZEG | 80M30/126                 | (M)451                                | <b>01:17:25</b> | 05.07    |
|                 |           | 0:12:25 / 229 0:20:09 / 215 | 0:33:26 / 201 0:41:10 / 200 |             | 0:54:56 / 196 1:02:53 / 196   | Wojeł/205                 |                                       |                 |          |
| 206             | 442       | <b>LACHOWICZ Krzysztof</b>  | STRZELCE OPOLSKIE           | POL         | ---                           | 92M20/122                 | (M)452                                | <b>01:17:31</b> | 05.07    |
|                 |           | 0:12:50 / 252 0:20:45 / 240 | 0:34:39 / 225 0:42:19 / 216 |             | 0:56:05 / 209 1:04:00 / 207   | Gmin/38Powił/53 Wojeł/206 |                                       |                 |          |
| 207             | 336       | <b>KĘDZIA Janusz</b>        | KLUCZBORK                   | POL         | MKS KLUCZBORK                 | 59M50/76                  | (M)453                                | <b>01:17:35</b> | 05.08    |
|                 |           | 0:13:07 / 262 0:20:54 / 242 | 0:35:17 / 237 0:43:00 / 229 |             | 0:57:21 / 226 1:04:51 / 216   | Wojeł/207                 |                                       |                 |          |
| 208             | 326       | <b>KARASOWSKI Marek</b>     | BRZEG                       | POL         | JW 26-97                      | 60M50/77                  | (M)455                                | <b>01:17:49</b> | 05.10    |
|                 |           | 0:11:51 / 194 0:19:33 / 195 | 0:33:26 / 202 0:41:11 / 201 |             | 0:55:11 / 201 1:03:19 / 201   | Wojeł/208                 |                                       |                 |          |
| 209             | 382       | <b>KORWIN MAŁACZYŃSKI</b>   | STRZELCE OPOLSKIE           | POL         | ---                           | 85M20/123                 | (M)456                                | <b>01:17:59</b> | 05.10    |
|                 |           | 0:12:04 / 207 0:19:41 / 202 | 0:33:09 / 198 0:41:09 / 199 |             | 0:55:36 / 205 1:03:53 / 205   | Gmin/39Powił/54 Wojeł/209 |                                       |                 |          |
| 210             | 167       | <b>FILIPCZAK Dariusz</b>    | STRZELCE OPOLSKIE           | POL         | ---                           | 68M40/102                 | (M)462                                | <b>01:18:22</b> | 05.12    |
|                 |           | 0:11:22 / 161 0:19:02 / 168 | 0:32:45 / 177 0:40:41 / 192 |             | 0:55:07 / 200 1:03:24 / 202   | Gmin/40Powił/55 Wojeł/210 |                                       |                 |          |
| 211             | 193       | <b>GARBOŚ Łukasz</b>        | OPOLE                       | POL         | ---                           | 82M30/128                 | (M)464                                | <b>01:18:32</b> | 05.12    |
|                 |           | 0:12:30 / 231 0:20:27 / 224 | 0:34:26 / 220 0:42:32 / 222 |             | 0:56:42 / 213 1:04:45 / 215   | Wojeł/211                 |                                       |                 |          |
| 212             | 32        | <b>BEDNAREK Tomasz</b>      | STRZELCE OPOLSKIE           | POL         | ---                           | 80M30/129                 | (M)465                                | <b>01:18:35</b> | 05.12    |
|                 |           | 0:11:42 / 187 0:19:13 / 179 | 0:33:08 / 197 0:41:13 / 202 |             | 0:55:45 / 207 1:04:00 / 206   | Gmin/41Powił/56 Wojeł/212 |                                       |                 |          |
| 213             | 1035      | <b>PYKA Rafał</b>           | STRZELCE OPOLSKIE           | POL         | ---                           | 87M20/128                 | (M)475                                | <b>01:19:00</b> | 05.14    |
|                 |           | 0:11:58 / 200 0:19:38 / 200 | 0:33:28 / 203 0:41:18 / 205 |             | 0:55:34 / 204 1:04:18 / 210   | Gmin/42Powił/57 Wojeł/213 |                                       |                 |          |
| 214             | 401       | <b>KRASOWSKI Grzegorz</b>   | WALIDROGI                   | POL         | ---                           | 68M40/105                 | (M)476                                | <b>01:19:02</b> | 05.14    |
|                 |           | 0:12:30 / 230 0:20:29 / 226 | 0:34:34 / 221 0:42:41 / 225 |             | 0:56:52 / 217 1:05:00 / 219   | Wojeł/214                 |                                       |                 |          |
| 215             | 435       | <b>KURPAS Agata</b>         | ZDZIESZOWICE                | POL         | ---                           | 82K30/15                  | (K)38                                 | <b>01:19:11</b> | 05.15    |
|                 |           | 0:12:07 / 212 0:20:10 / 217 | 0:34:21 / 217 0:42:29 / 218 |             | 0:56:54 / 222 1:05:04 / 222   | Wojeł/215                 |                                       |                 |          |
| 216             | 161       | <b>FAFARA Marek</b>         | KĘDZIERZYN-KOZŁE            | POL         | ---                           | 81M30/133                 | (M)478                                | <b>01:19:11</b> | 05.15    |
|                 |           | 0:12:07 / 210 0:20:10 / 218 | 0:34:21 / 216 0:42:30 / 219 |             | 0:56:56 / 223 1:05:05 / 223   | Wojeł/216                 |                                       |                 |          |
| 217             | 273       | <b>JAGIELA Wojciech</b>     | OZIMEK                      | POL         | JKB OZIMEK                    | 81M30/134                 | (M)480                                | <b>01:19:15</b> | 05.16    |
|                 |           | 0:12:07 / 211 0:20:23 / 220 | 0:35:21 / 240 0:43:29 / 236 |             | 0:57:42 / 232 1:05:59 / 229   | Wojeł/217                 |                                       |                 |          |
| 218             | 242       | <b>HABERLA Piotr</b>        | DOBRODZIEN                  | POL         | START DOBRODZIEN              | 82M30/135                 | (M)481                                | <b>01:19:15</b> | 05.16    |
|                 |           | 0:12:07 / 213 0:20:23 / 219 | 0:35:18 / 238 0:43:28 / 235 |             | 0:57:41 / 231 1:06:01 / 232   | Wojeł/218                 |                                       |                 |          |
| 219             | 816       | <b>SOKOŁOWSKI Tomasz</b>    | OPOLE                       | POL         | BIEG OPOLSKI                  | 72M40/108                 | (M)483                                | <b>01:19:18</b> | 05.15    |
|                 |           | 0:12:31 / 233 0:20:29 / 225 | 0:34:34 / 222 0:42:41 / 224 |             | 0:56:52 / 218 1:05:00 / 218   | Wojeł/219                 |                                       |                 |          |
| 220             | 445       | <b>LATOCHA Grzegorz</b>     | ZDZIESZOWICE                | POL         | BBL KRAKÓW                    | 82M30/136                 | (M)485                                | <b>01:19:23</b> | 05.15    |
|                 |           | 0:13:02 / 259 0:21:21 / 252 | 0:35:48 / 244 0:43:49 / 242 |             | 0:58:04 / 235 1:06:05 / 234   | Wojeł/220                 |                                       |                 |          |
| 221             | 153       | <b>DYNAK Mariusz</b>        | SUCHA                       | POL         | ADAMIETZ                      | 73M30/137                 | (M)487                                | <b>01:19:26</b> | 05.17    |
|                 |           | 0:11:30 / 170 0:19:10 / 177 | 0:32:58 / 195 0:41:00 / 198 |             | 0:56:06 / 210 1:04:33 / 212   | Gmin/43Powił/58 Wojeł/221 |                                       |                 |          |
| 222             | 189       | <b>GAJ-JURCZYK Renata</b>   | LEWIN BRZESKI               | POL         | ---                           | 73K30/17                  | (K)40                                 | <b>01:19:30</b> | 05.16    |
|                 |           | 0:12:22 / 224 0:20:06 / 212 | 0:33:58 / 208 0:41:58 / 209 |             | 0:56:52 / 221 1:04:59 / 217   | Wojeł/222                 |                                       |                 |          |
| 223             | 436       | <b>KURTZ Joachim</b>        | DOBRODZIEN                  | POL         | ---                           | 62M50/82                  | (M)493                                | <b>01:19:43</b> | 05.18    |
|                 |           | 0:11:51 / 196 0:19:49 / 205 | 0:34:10 / 210 0:42:18 / 215 |             | 0:56:52 / 220 1:05:03 / 220   | Wojeł/223                 |                                       |                 |          |
| 224             | 357       | <b>KOJ Piotr</b>            | DOBRODZIEN                  | POL         | ---                           | 59M50/83                  | (M)494                                | <b>01:19:43</b> | 05.18    |
|                 |           | 0:11:51 / 195 0:19:49 / 206 | 0:34:10 / 209 0:42:18 / 214 |             | 0:56:52 / 219 1:05:04 / 221   | Wojeł/224                 |                                       |                 |          |
| 225             | 558       | <b>MISZCZUK Marcin</b>      | KĘDZIERZYN-KOZŁE            | POL         | ---                           | 78M30/142                 | (M)495                                | <b>01:19:54</b> | 05.17    |
|                 |           | 0:12:46 / 247 0:20:57 / 244 | 0:35:07 / 233 0:43:13 / 231 |             | 0:57:32 / 230 1:05:50 / 228   | Wojeł/225                 |                                       |                 |          |
| 226             | 460       | <b>LIGNAR Andrzej</b>       | GWOŹDZICE                   | POL         | NIEZRZESZONY                  | 58M50/84                  | (M)496                                | <b>01:19:58</b> | 05.17    |
|                 |           | 0:12:35 / 236 0:20:36 / 232 | 0:34:56 / 230 0:42:59 / 227 |             | 0:57:23 / 227 1:05:32 / 226   | Wojeł/226                 |                                       |                 |          |
| 227             | 45        | <b>BIAŁAS Paweł</b>         | STRZELCE OPOLSKIE           | POL         | ---                           | 85M20/132                 | (M)499                                | <b>01:20:04</b> | 05.17    |
|                 |           | 0:14:37 / 294 0:23:09 / 289 | 0:37:39 / 276 0:46:21 / 274 |             | 0:59:32 / 249 1:06:56 / 240   | Gmin/44Powił/59 Wojeł/227 |                                       |                 |          |



| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name    | Miejscowość<br>City | Kraj<br>Nat   | Drużyna / Klub<br>Team / Club      | R-k<br>YoB    | W kategorii<br>in Age | Grupy<br>Group | Sex | Wynik<br>Time   | [min/km] |          |
|-----------------|-----------|----------------------------|---------------------|---------------|------------------------------------|---------------|-----------------------|----------------|-----|-----------------|----------|----------|
| Check pts:      |           |                            |                     |               |                                    |               |                       |                |     |                 |          |          |
| 228             | 870       | <b>SZNURA Piotr</b>        | JEMIELNICA          | POL           | ---                                | 91M20/133     |                       | (M)502         |     | <b>01:20:07</b> | 05.17    |          |
|                 |           | 0:13:49 / 287              | 0:22:22 / 283       | 0:37:21 / 270 | 0:45:31 / 262                      | 0:59:49 / 253 | 1:07:29 / 246         |                |     | Powil/60        | Woje/228 |          |
| 229             | 235       | <b>GROSIĄK Radosław</b>    | KĘDZIERZYN-KOŹLE    | POL           | -                                  | 88M20/134     |                       | (M)503         |     | <b>01:20:12</b> | 05.20    |          |
|                 |           | 0:12:19 / 219              | 0:21:02 / 246       | 0:36:08 / 251 | 0:44:47 / 251                      | 0:59:28 / 247 | 1:07:13 / 244         |                |     | Woje/229        |          |          |
| 230             | 707       | <b>PORADA Anna</b>         | ZDZIESZOWICE        | POL           | BAZYLIA TEAM ZDZIESZOWICE          | 70K40/8       |                       | (K)42          |     | <b>01:20:15</b> | 05.19    |          |
|                 |           | 0:12:56 / 257              | 0:21:15 / 250       | 0:35:47 / 243 | 0:43:53 / 243                      | 0:58:04 / 236 | 1:06:11 / 235         |                |     | Woje/230        |          |          |
| 231             | 344       | <b>KITA Ewa</b>            | KĘDZIERZYN-KOŹLE    | POL           |                                    | 63K40/9       |                       | (K)43          |     | <b>01:20:15</b> | 05.20    |          |
|                 |           | 0:11:57 / 199              | 0:19:55 / 208       | 0:34:18 / 215 | 0:42:14 / 212                      | 0:56:51 / 216 | 1:05:15 / 224         |                |     | Woje/231        |          |          |
| 232             | 449       | <b>LECHOWICZ Jerzy</b>     | KRAPKOWICE          | POL           | CEM-BUD CHRZANÓW                   | 50M60/31      |                       | (M)504         |     | <b>01:20:16</b> | 05.19    |          |
|                 |           | 0:12:37 / 239              | 0:20:30 / 227       | 0:34:39 / 226 | 0:42:48 / 226                      | 0:57:19 / 225 | 1:05:29 / 225         |                |     | Woje/232        |          |          |
| 233             | 878       | <b>SZRAJBER Michał</b>     | STRZELCE OPOLSKIE   | POL           | OSIR STRZELCE OPOLSKIE             | 78M30/143     |                       | (M)505         |     | <b>01:20:17</b> | 05.20    |          |
|                 |           | 0:10:47 / 112              | 0:18:01 / 124       | 0:31:39 / 153 | 0:39:49 / 164                      | 0:55:28 / 202 | 1:04:44 / 214         |                |     | Gmin/45         | Powil/61 | Woje/233 |
| 234             | 732       | <b>RAWLUK Damian</b>       | KĘDZIERZYN-KOŹLE    | POL           | XTRI.PL MULTISPORT TEAM            | 79M30/144     |                       | (M)507         |     | <b>01:20:21</b> | 05.19    |          |
|                 |           | 0:13:22 / 274              | 0:21:52 / 268       | 0:36:44 / 256 | 0:45:04 / 254                      | 0:59:38 / 250 | 1:07:41 / 250         |                |     | Woje/234        |          |          |
| 235             | 269       | <b>IŻDEBSKI Jurysław</b>   | OLEŚNO              | POL           | OLEŚNO                             | 48M60/32      |                       | (M)508         |     | <b>01:20:27</b> | 05.20    |          |
|                 |           | 0:12:10 / 215              | 0:20:27 / 223       | 0:35:03 / 232 | 0:43:18 / 233                      | 0:58:02 / 234 | 1:06:24 / 236         |                |     | Woje/235        |          |          |
| 236             | 1036      | <b>DZIWIŚ Stanisław</b>    | OPOLE               | POL           |                                    | 59M50/86      |                       | (M)509         |     | <b>01:20:30</b> | 05.21    |          |
|                 |           | 0:11:28 / 167              | 0:19:19 / 186       | 0:33:58 / 207 | 0:42:14 / 213                      | 0:57:09 / 224 | 1:05:37 / 227         |                |     | Woje/236        |          |          |
| 237             | 450       | <b>LEJCZAK Krzysztof</b>   | KRAPKOWICE          | POL           | CROSS KRAPKOWICE                   | 63M40/110     |                       | (M)511         |     | <b>01:20:35</b> | 05.21    |          |
|                 |           | 0:12:38 / 240              | 0:20:37 / 235       | 0:34:50 / 228 | 0:43:05 / 230                      | 0:57:48 / 233 | 1:06:05 / 233         |                |     | Woje/237        |          |          |
| 238             | 937       | <b>WĘGRZYK Eugeniusz</b>   | NIEZNASZYN          | POL           | NIEZRZESZONY                       | 59M50/87      |                       | (M)512         |     | <b>01:20:44</b> | 05.20    |          |
|                 |           | 0:12:45 / 243              | 0:21:04 / 247       | 0:35:50 / 245 | 0:44:11 / 244                      | 0:58:30 / 241 | 1:06:38 / 237         |                |     | Woje/238        |          |          |
| 239             | 1001      | <b>ZIMMERMANN Mariola</b>  | KĘDZIERZYN-KOŹLE    | POL           | POLSKA BIEGA                       | 65K40/10      |                       | (K)46          |     | <b>01:21:04</b> | 05.24    |          |
|                 |           | 0:11:43 / 188              | 0:19:38 / 198       | 0:34:12 / 211 | 0:42:30 / 220                      | 0:57:24 / 228 | 1:06:00 / 230         |                |     | Woje/239        |          |          |
| 240             | 133       | <b>DRÓZD Bożena</b>        | KĘDZIERZYN-KOŹLE    | POL           | KUMPLE GRZMOTKA                    | 73K30/19      |                       | (K)48          |     | <b>01:21:08</b> | 05.24    |          |
|                 |           | 0:11:44 / 189              | 0:19:38 / 199       | 0:34:12 / 212 | 0:42:31 / 221                      | 0:57:24 / 229 | 1:06:00 / 231         |                |     | Woje/240        |          |          |
| 241             | 681       | <b>PIECHACZEK Henryk</b>   | KĘDZIERZYN KOŹLE    | POL           |                                    | 44M60/34      |                       | (M)519         |     | <b>01:21:37</b> | 05.24    |          |
|                 |           | 0:12:36 / 237              | 0:20:42 / 237       | 0:35:23 / 241 | 0:43:35 / 238                      | 0:58:25 / 238 | 1:06:53 / 239         |                |     | Woje/241        |          |          |
| 242             | 420       | <b>KUDŁA Czesław</b>       | MIKOWICE            | POL           |                                    | 51M60/35      |                       | (M)520         |     | <b>01:21:38</b> | 05.24    |          |
|                 |           | 0:13:37 / 282              | 0:21:55 / 272       | 0:36:22 / 252 | 0:44:23 / 246                      | 0:59:13 / 246 | 1:07:28 / 245         |                |     | Woje/242        |          |          |
| 243             | 1062      | <b>CZAK Piotr</b>          | WARMAŃOWICE         | POL           |                                    | 58M50/91      |                       | (M)527         |     | <b>01:22:14</b> | 05.27    |          |
|                 |           | 0:12:25 / 227              | 0:20:35 / 230       | 0:35:10 / 235 | 0:43:46 / 241                      | 0:58:55 / 244 | 1:07:34 / 249         |                |     | Gmin/46         | Powil/62 | Woje/243 |
| 244             | 1037      | <b>APCZYŃSKI Michał</b>    | STRZELCE OPOLSKIE   | POL           |                                    | 96M20/138     |                       | (M)528         |     | <b>01:22:15</b> | 05.28    |          |
|                 |           | 0:12:25 / 228              | 0:20:34 / 229       | 0:35:10 / 234 | 0:43:45 / 240                      | 0:58:56 / 245 | 1:07:33 / 248         |                |     | Gmin/47         | Powil/63 | Woje/244 |
| 245             | 950       | <b>WISZNIEWSKI Jerzy</b>   | STRZELCE OPOLSKIE   | POL           | STALMET                            | 54M50/92      |                       | (M)530         |     | <b>01:22:19</b> | 05.27    |          |
|                 |           | 0:13:07 / 264              | 0:21:29 / 256       | 0:36:05 / 249 | 0:44:16 / 245                      | 0:58:46 / 243 | 1:06:59 / 241         |                |     | Gmin/48         | Powil/64 | Woje/245 |
| 246             | 1047      | <b>ZAJFERT Stanisław</b>   | KĘDZIERZYN KOŹLE    | POL           |                                    | 48M60/38      |                       | (M)533         |     | <b>01:22:38</b> | 05.28    |          |
|                 |           | 0:12:49 / 251              | 0:21:14 / 249       | 0:36:02 / 248 | 0:44:30 / 248                      | 0:59:29 / 248 | 1:07:53 / 251         |                |     | Woje/246        |          |          |
| 247             | 948       | <b>WIORA Józef</b>         | STANISZCZE MAŁE     | POL           |                                    | 74M30/149     |                       | (M)534         |     | <b>01:22:39</b> | 05.28    |          |
|                 |           | 0:13:00 / 258              | 0:21:24 / 254       | 0:36:37 / 254 | 0:44:59 / 253                      | 1:00:10 / 254 | 1:08:36 / 254         |                |     | Powil/65        | Woje/247 |          |
| 248             | 1063      | <b>ROMANOWICZ Mirosław</b> | STRZELCE OPOLSKIE   | POL           |                                    | 73M30/150     |                       | (M)535         |     | <b>01:22:40</b> | 05.29    |          |
|                 |           | 0:11:41 / 186              | 0:19:50 / 207       | 0:34:46 / 227 | 0:43:25 / 234                      | 0:58:41 / 242 | 1:07:33 / 247         |                |     | Gmin/49         | Powil/66 | Woje/248 |
| 249             | 272       | <b>JACKOWSKI Leszek</b>    | SZCZEPANEK          | POL           | NIEZRZESZONY                       | 77M30/151     |                       | (M)536         |     | <b>01:22:42</b> | 05.28    |          |
|                 |           | 0:12:31 / 234              | 0:20:36 / 234       | 0:35:13 / 236 | 0:43:33 / 237                      | 0:58:29 / 240 | 1:07:05 / 242         |                |     | Gmin/50         | Powil/67 | Woje/249 |
| 250             | 553       | <b>MIGON+WIRSKA Anna</b>   | STRZELCE OPOLSKIE   | POL           | OSIR STRZELCE OPOLSKIE             | 81K30/21      |                       | (K)50          |     | <b>01:22:44</b> | 05.29    |          |
|                 |           | 0:12:00 / 202              | 0:20:08 / 214       | 0:34:54 / 229 | 0:43:16 / 232                      | 0:58:29 / 239 | 1:07:09 / 243         |                |     | Gmin/51         | Powil/68 | Woje/250 |
| 251             | 828       | <b>STAROSTKA Andrzej</b>   | KĘDZIERZYN-KOŹLE    | POL           | NIEZNISZCZALNI KĘDZIERZYN-KOŹLE    | 48M60/39      |                       | (M)537         |     | <b>01:22:47</b> | 05.29    |          |
|                 |           | 0:12:31 / 232              | 0:20:59 / 245       | 0:35:58 / 247 | 0:44:32 / 249                      | 0:59:40 / 251 | 1:08:12 / 252         |                |     | Woje/251        |          |          |
| 252             | 291       | <b>JAROSZUK Adrian</b>     | KĘDZIERZYN-KOŹLE    | POL           |                                    | 85M20/139     |                       | (M)538         |     | <b>01:22:49</b> | 05.30    |          |
|                 |           | 0:12:00 / 201              | 0:20:10 / 216       | 0:34:23 / 218 | 0:42:12 / 211                      | 0:56:15 / 212 | 1:04:38 / 213         |                |     | Woje/252        |          |          |
| 253             | 204       | <b>GIET Adam</b>           | KĘDZIERZYN-KOŹLE    | POL           |                                    | 68M40/115     |                       | (M)542         |     | <b>01:23:11</b> | 05.31    |          |
|                 |           | 0:12:23 / 225              | 0:20:43 / 238       | 0:35:20 / 239 | 0:43:39 / 239                      | 0:58:10 / 237 | 1:06:44 / 238         |                |     | Woje/253        |          |          |
| 254             | 31        | <b>BEDNARCZYK Wiesław</b>  | BRZEG               | POL           | NIEZRZESZONY                       | 56M50/95      |                       | (M)547         |     | <b>01:23:52</b> | 05.34    |          |
|                 |           | 0:12:20 / 221              | 0:20:40 / 236       | 0:35:44 / 242 | 0:44:23 / 247                      | 0:59:48 / 252 | 1:08:32 / 253         |                |     | Woje/254        |          |          |
| 255             | 1000      | <b>ZIMERMAN Adrian</b>     | ZDZIESZOWICE        | POL           | LUKS AZYMEK BIKE TEAM ZDZIESZOWICE | 81M30/154     |                       | (M)548         |     | <b>01:23:58</b> | 05.33    |          |
|                 |           | 0:12:44 / 242              | 0:21:15 / 251       | 0:36:43 / 255 | 0:45:23 / 259                      | 1:00:34 / 258 | 1:09:05 / 258         |                |     | Woje/255        |          |          |
| 256             | 589       | <b>NAGABA Grzegorz</b>     | KRAPKOWICE          | POL           | DRINK TEAM                         | 73M30/155     |                       | (M)549         |     | <b>01:23:59</b> | 05.34    |          |
|                 |           | 0:13:18 / 271              | 0:21:50 / 264       | 0:36:52 / 260 | 0:45:29 / 260                      | 1:00:47 / 261 | 1:09:21 / 259         |                |     | Woje/256        |          |          |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name     | Miejscowość<br>City         | Kraj<br>Nat | Drużyna / Klub<br>Team / Club  | R-k<br>YoB               | W kategorii Grupy<br>in Age Group | Sex    | Wynik<br>Time   | [min/km] |
|-----------------|-----------|-----------------------------|-----------------------------|-------------|--------------------------------|--------------------------|-----------------------------------|--------|-----------------|----------|
| Check pts:      |           |                             |                             |             |                                |                          |                                   |        |                 |          |
| 257             | 537       | <b>MAĆZYSKI Paweł</b>       | KRAPKOWICE                  | POL         | ---                            | 81M30/156                |                                   | (M)550 | <b>01:24:02</b> | 05.34    |
|                 |           | 0:13:18 / 270 0:21:50 / 265 | 0:36:52 / 261 0:45:29 / 261 |             | 1:00:47 / 262 1:09:23 / 260    | Wojeł/257                |                                   |        |                 |          |
| 258             | 927       | <b>WAŚEK Joanna</b>         | OPOLE                       | POL         | BIEGAM, BO LUBIĘ. OPOLE        | 69K40/12                 |                                   | (K)52  | <b>01:24:06</b> | 05.34    |
|                 |           | 0:13:31 / 279 0:22:01 / 276 | 0:36:50 / 259 0:45:10 / 256 |             | 1:00:11 / 255 1:08:50 / 256    | Wojeł/258                |                                   |        |                 |          |
| 259             | 964       | <b>WOŚKO Jan</b>            | KRAPKOWICE                  | POL         | CROSS KRAPKOWICE               | 53M50/96                 |                                   | (M)551 | <b>01:24:06</b> | 05.33    |
|                 |           | 0:13:43 / 283 0:21:57 / 274 | 0:36:53 / 262 0:45:11 / 257 |             | 1:00:11 / 256 1:08:51 / 257    | Wojeł/259                |                                   |        |                 |          |
| 260             | 961       | <b>WOJTYSIAK Agnieszka</b>  | OPOLE                       | POL         | OPOLSKI KLUB ROWEROWY          | 83K20/13                 |                                   | (K)55  | <b>01:24:21</b> | 05.35    |
|                 |           | 0:12:20 / 220 0:20:43 / 239 | 0:35:56 / 246 0:44:41 / 250 |             | 1:00:15 / 257 1:08:49 / 255    | Wojeł/260                |                                   |        |                 |          |
| 261             | 765       | <b>SAMSEL Grzegorz</b>      | KĘDZIERZYN-KOŹLE            | POL         | ---                            | 85M20/141                |                                   | (M)553 | <b>01:24:23</b> | 05.36    |
|                 |           | 0:13:11 / 265 0:21:53 / 269 | 0:37:26 / 272 0:45:54 / 270 |             | 1:01:00 / 263 1:09:30 / 262    | Wojeł/261                |                                   |        |                 |          |
| 262             | 126       | <b>DOMIN Adam</b>           | KĘDZIERZYN-KOŹLE            | POL         | ---                            | 87M20/144                |                                   | (M)559 | <b>01:25:00</b> | 05.39    |
|                 |           | 0:13:35 / 280 0:22:16 / 282 | 0:37:46 / 279 0:46:16 / 272 |             | 1:01:39 / 270 1:10:07 / 266    | Wojeł/262                |                                   |        |                 |          |
| 263             | 135       | <b>DUBIS Adam</b>           | KĘDZIERZYN-KOŹLE            | POL         | ---                            | 89M20/145                |                                   | (M)560 | <b>01:25:00</b> | 05.39    |
|                 |           | 0:13:35 / 281 0:22:16 / 281 | 0:37:46 / 278 0:46:16 / 271 |             | 1:01:39 / 269 1:10:05 / 265    | Wojeł/263                |                                   |        |                 |          |
| 264             | 565       | <b>MŁYNEK Krystian</b>      | DOBRZEŃ WIELKI              | POL         | ---                            | 66M40/118                |                                   | (M)562 | <b>01:25:15</b> | 05.39    |
|                 |           | 0:13:16 / 268 0:22:04 / 278 | 0:37:56 / 283 0:46:40 / 280 |             | 1:02:10 / 277 1:10:49 / 272    | Wojeł/264                |                                   |        |                 |          |
| 265             | 339       | <b>KIKLAISZ Elżbieta</b>    | SIEDLEC                     | POL         | ---                            | 73K30/22                 |                                   | (K)58  | <b>01:25:27</b> | 05.40    |
|                 |           | 0:12:46 / 248 0:21:13 / 248 | 0:36:33 / 253 0:45:08 / 255 |             | 1:00:37 / 259 1:09:31 / 263    | Powł/69 Wojeł/265        |                                   |        |                 |          |
| 266             | 258       | <b>HOŁOBUT Roman</b>        | STRZELCE OPOLSKIE           | POL         | OSIR STRZELCE OPOLSKIE         | 71M40/119                |                                   | (M)566 | <b>01:25:32</b> | 05.40    |
|                 |           | 0:13:25 / 277 0:21:47 / 263 | 0:36:44 / 257 0:45:13 / 258 |             | 1:00:42 / 260 1:09:29 / 261    | Gmin/52Powł/70 Wojeł/266 |                                   |        |                 |          |
| 267             | 793       | <b>SKRZYŃKOWSKI Piotr</b>   | OPOLE                       | POL         | NIEZRZESZONY                   | 77M30/159                |                                   | (M)567 | <b>01:25:48</b> | 05.40    |
|                 |           | 0:13:45 / 285 0:22:27 / 284 | 0:37:57 / 284 0:46:46 / 282 |             | 1:02:15 / 279 1:11:11 / 276    | Wojeł/267                |                                   |        |                 |          |
| 268             | 967       | <b>WÓJTOWICZ Andrzej</b>    | KIETRZ                      | POL         | KS GRYF KIETRZ                 | 56M50/99                 |                                   | (M)568 | <b>01:25:49</b> | 05.41    |
|                 |           | 0:13:28 / 278 0:22:08 / 279 | 0:37:51 / 281 0:46:43 / 281 |             | 1:02:10 / 278 1:11:10 / 275    | Wojeł/268                |                                   |        |                 |          |
| 269             | 966       | <b>WÓJCIK Monika</b>        | KRAPKOWICE                  | POL         | ---                            | 83K20/14                 |                                   | (K)60  | <b>01:26:23</b> | 05.43    |
|                 |           | 0:13:12 / 266 0:22:01 / 277 | 0:37:47 / 280 0:46:35 / 278 |             | 1:02:02 / 272 1:10:52 / 274    | Wojeł/269                |                                   |        |                 |          |
| 270             | 237       | <b>GRZECHNIK Czesława</b>   | STRZELCE OPOLSKIE           | POL         | NIEZRZESZONY                   | 75K30/24                 |                                   | (K)61  | <b>01:26:23</b> | 05.44    |
|                 |           | 0:12:53 / 255 0:21:35 / 259 | 0:37:02 / 265 0:45:52 / 267 |             | 1:01:34 / 267 1:10:45 / 269    | Gmin/53Powł/71 Wojeł/270 |                                   |        |                 |          |
| 271             | 85        | <b>BUCZARSKI Bartłomiej</b> | OPOLE                       | POL         | NIEZRZESZONY                   | 74M30/160                |                                   | (M)570 | <b>01:26:23</b> | 05.43    |
|                 |           | 0:12:53 / 256 0:21:35 / 260 | 0:37:02 / 266 0:45:51 / 266 |             | 1:01:34 / 268 1:10:45 / 270    | Wojeł/271                |                                   |        |                 |          |
| 272             | 333       | <b>KAWALEROWICZ Marcin</b>  | STRZELCE OPOLSKIE           | POL         | CODEFUSION                     | 79M30/161                |                                   | (M)571 | <b>01:26:24</b> | 05.43    |
|                 |           | 0:13:14 / 267 0:21:38 / 261 | 0:37:00 / 263 0:45:33 / 263 |             | 1:01:05 / 265 1:10:04 / 264    | Gmin/54Powł/72 Wojeł/272 |                                   |        |                 |          |
| 273             | 538       | <b>MAĆZYSKI Tomasz</b>      | CZARNOWĄSY                  | POL         | ---                            | 83M20/149                |                                   | (M)572 | <b>01:26:26</b> | 05.43    |
|                 |           | 0:12:44 / 241 0:20:57 / 243 | 0:36:07 / 250 0:44:57 / 252 |             | 1:01:04 / 264 1:10:20 / 267    | Wojeł/273                |                                   |        |                 |          |
| 274             | 702       | <b>POLAK Damian</b>         | ZDZIESZOWICE                | POL         | ---                            | 88M20/150                |                                   | (M)574 | <b>01:26:41</b> | 05.44    |
|                 |           | 0:13:25 / 276 0:21:46 / 262 | 0:37:05 / 267 0:45:53 / 269 |             | 1:02:05 / 273 1:10:46 / 271    | Wojeł/274                |                                   |        |                 |          |
| 275             | 949       | <b>WIRSKI Adam</b>          | STRZELCE OPOLSKIE           | POL         | OSIR STRZELCE OPOLSKIE         | 78M30/162                |                                   | (M)575 | <b>01:26:42</b> | 05.45    |
|                 |           | 0:13:03 / 260 0:21:54 / 270 | 0:37:55 / 282 0:46:39 / 279 |             | 1:02:30 / 281 1:11:31 / 282    | Gmin/55Powł/73 Wojeł/275 |                                   |        |                 |          |
| 276             | 94        | <b>CEDRO Damian</b>         | OPOLE                       | POL         | STRUŚ PĘDZIWIATR MALINKA OPOLE | 78M30/163                |                                   | (M)577 | <b>01:26:54</b> | 05.45    |
|                 |           | 0:12:51 / 254 0:21:25 / 255 | 0:36:45 / 258 0:45:35 / 264 |             | 1:01:33 / 266 1:10:43 / 268    | Wojeł/276                |                                   |        |                 |          |
| 277             | 889       | <b>SZYSZKA Kasia(ewa)</b>   | OPOLE                       | POL         | BIEG OPOLSKI                   | 65K40/16                 |                                   | (K)62  | <b>01:27:01</b> | 05.46    |
|                 |           | 0:13:07 / 263 0:21:52 / 267 | 0:37:02 / 264 0:45:48 / 265 |             | 1:01:48 / 271 1:10:52 / 273    | Wojeł/277                |                                   |        |                 |          |
| 278             | 243       | <b>HACZYK Gabriela</b>      | OPOLE                       | POL         | BIEG OPOLSKI                   | 48K60/2                  |                                   | (K)63  | <b>01:27:13</b> | 05.47    |
|                 |           | 0:13:07 / 261 0:21:51 / 266 | 0:37:30 / 275 0:46:23 / 275 |             | 1:02:23 / 280 1:11:19 / 280    | Wojeł/278                |                                   |        |                 |          |
| 279             | 354       | <b>KOCHANOWSKI Marian</b>   | KRAPKOWICE                  | POL         | ---                            | 62M50/102                |                                   | (M)579 | <b>01:27:38</b> | 05.49    |
|                 |           | 0:12:45 / 245 0:21:35 / 257 | 0:37:29 / 273 0:46:25 / 276 |             | 1:02:07 / 275 1:11:15 / 279    | Wojeł/279                |                                   |        |                 |          |
| 280             | 588       | <b>NADBRZEŻNY Jan</b>       | MALNIA                      | POL         | CROSS KRAPKOWICE               | 46M60/42                 |                                   | (M)580 | <b>01:27:39</b> | 05.49    |
|                 |           | 0:12:45 / 246 0:21:35 / 258 | 0:37:29 / 274 0:46:25 / 277 |             | 1:02:07 / 276 1:11:15 / 278    | Wojeł/280                |                                   |        |                 |          |
| 281             | 801       | <b>SMOLIŃSKI Sławomir</b>   | OPOLE                       | RSA         | WKB META LUBLINIEC             | 73M30/164                |                                   | (M)582 | <b>01:27:57</b> | 05.49    |
|                 |           | 0:14:42 / 295 0:24:10 / 295 | 0:39:48 / 293 0:48:31 / 290 |             | 1:03:17 / 283 1:11:29 / 281    | Wojeł/281                |                                   |        |                 |          |
| 282             | 914       | <b>UKRAIŃSKI Grzegorz</b>   | KĘDZIERZYN-KOŹLE            | POL         | BIEGAM BO LUBIE                | 72M40/120                |                                   | (M)584 | <b>01:28:08</b> | 05.50    |
|                 |           | 0:13:19 / 272 0:21:55 / 273 | 0:37:08 / 268 0:45:52 / 268 |             | 1:02:06 / 274 1:11:15 / 277    | Wojeł/282                |                                   |        |                 |          |
| 283             | 300       | <b>JONTZA Adrian</b>        | ROŹNIĄTÓW                   | POL         | CIŚNIENIE NA ŻYCIE             | 78M30/165                |                                   | (M)587 | <b>01:28:42</b> | 05.53    |
|                 |           | 0:12:32 / 235 0:22:43 / 286 | 0:38:44 / 288 0:47:14 / 285 |             | 1:04:59 / 291 1:13:33 / 286    | Gmin/56Powł/74 Wojeł/283 |                                   |        |                 |          |
| 284             | 119       | <b>DANIK Krzysztof</b>      | OPOLE                       | POL         | PGEOPOLEFENIKS                 | 69M40/121                |                                   | (M)588 | <b>01:29:16</b> | 05.54    |
|                 |           | 0:13:58 / 288 0:22:52 / 288 | 0:38:39 / 287 0:47:36 / 288 |             | 1:03:30 / 284 1:12:41 / 283    | Wojeł/284                |                                   |        |                 |          |
| 285             | 866       | <b>SZKOP Mateusz</b>        | LEŚNICA                     | POL         | ---                            | 90M20/153                |                                   | (M)589 | <b>01:29:19</b> | 05.54    |
|                 |           | 0:14:37 / 293 0:23:09 / 290 | 0:37:42 / 277 0:46:57 / 284 |             | 1:03:34 / 285 1:13:10 / 285    | Gmin/57Powł/75 Wojeł/285 |                                   |        |                 |          |

25.12.2012 15:24:23

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name       | Miejscowość<br>City | Kraj<br>Nat   | Drużyna / Klub<br>Team / Club | R-k<br>YoB    | W kategorii<br>in Age | Grupy<br>Group | Sex | Wynik<br>Time           | [min/km] |
|-----------------|-----------|-------------------------------|---------------------|---------------|-------------------------------|---------------|-----------------------|----------------|-----|-------------------------|----------|
| Check pts:      |           |                               |                     |               |                               |               |                       |                |     |                         |          |
| 286             | 177       | <b>FOX Maria</b>              | OBROWIEC            |               | POL                           | 60K50/8       |                       | (K)65          |     | <b>01:29:36</b>         | 05.57    |
|                 |           | 0:14:02 / 290                 | 0:23:12 / 291       | 0:39:06 / 290 | 0:48:08 / 289                 | 1:04:30 / 289 | 1:13:53 / 289         |                |     | Woje/286                |          |
| 287             | 571       | <b>MOŚCICKI Wiktor</b>        | ZDZIESZOWICE        |               | POL                           | 49M60/44      |                       | (M)593         |     | <b>01:30:08</b>         | 05.58    |
|                 |           | 0:13:44 / 284                 | 0:22:28 / 285       | 0:38:15 / 286 | 0:47:26 / 287                 | 1:04:15 / 287 | 1:13:38 / 288         |                |     | Woje/287                |          |
| 288             | 841       | <b>STRZAŁKOWSKA Urszula</b>   | OPOLE               |               | POL                           | 86K20/16      |                       | (K)66          |     | <b>01:30:37</b>         | 06.00    |
|                 |           | 0:12:50 / 253                 | 0:21:22 / 253       | 0:37:25 / 271 | 0:46:50 / 283                 | 1:03:47 / 286 | 1:13:35 / 287         |                |     | Woje/288                |          |
| 289             | 1008      | <b>ŻMUDŹ Adam</b>             | OPOLE               |               | POL                           | 89M20/155     |                       | (M)595         |     | <b>01:30:40</b>         | 06.00    |
|                 |           | 0:13:17 / 269                 | 0:21:59 / 275       | 0:38:09 / 285 | 0:47:26 / 286                 | 1:04:29 / 288 | 1:14:10 / 290         |                |     | Woje/289                |          |
| 290             | 1029      | <b>ZDYBEK Przemysław</b>      | DOBRZEŃ WIELKI      |               | POL ---                       | 82M30/167     |                       | (M)596         |     | <b>01:31:18</b>         | 06.03    |
|                 |           | 0:13:24 / 275                 | 0:21:54 / 271       | 0:37:18 / 269 | 0:46:17 / 273                 | 1:02:53 / 282 | 1:12:53 / 284         |                |     | Woje/290                |          |
| 291             | 29        | <b>BAK Wawrzyniec</b>         | STRZELCE OPOLSKIE   |               | POL ---                       | 89M20/156     |                       | (M)597         |     | <b>01:31:40</b>         | 06.04    |
|                 |           | 0:14:21 / 292                 | 0:23:22 / 293       | 0:38:46 / 289 | 0:48:33 / 291                 | 1:06:31 / 293 | 1:16:00 / 293         |                |     | Gmin/58Powi/76 Woje/291 |          |
| 292             | 633       | <b>OLSZEWSKI Eligiusz</b>     | OPOLE               |               | POL BIEGAM BO LUBIĘ OPOLE     | 73M30/169     |                       | (M)600         |     | <b>01:32:06</b>         | 06.07    |
|                 |           | 0:14:14 / 291                 | 0:23:20 / 292       | 0:39:46 / 292 | 0:49:15 / 294                 | 1:04:58 / 290 | 1:15:32 / 292         |                |     | Woje/292                |          |
| 293             | 102       | <b>CIEJKA Karolina</b>        | OPOLE               |               | POL BEZ KLUBU                 | 90K20/17      |                       | (K)68          |     | <b>01:32:38</b>         | 06.08    |
|                 |           | 0:13:22 / 273                 | 0:22:15 / 280       | 0:39:07 / 291 | 0:48:41 / 292                 | 1:05:28 / 292 | 1:15:20 / 291         |                |     | Woje/293                |          |
| 294             | 276       | <b>JAKIEŁA Anna</b>           | OPOLE               |               | POL                           | 87K20/19      |                       | (K)70          |     | <b>01:36:01</b>         | 06.22    |
|                 |           | 0:13:46 / 286                 | 0:22:52 / 287       | 0:39:51 / 294 | 0:49:04 / 293                 | 1:07:15 / 294 | 1:17:12 / 294         |                |     | Woje/294                |          |
| 295             | 228       | <b>GRACA Jan</b>              | POZNOWICE           |               | POL                           | 49M60/46      |                       | (M)607         |     | <b>01:37:13</b>         | 06.26    |
|                 |           | 0:14:51 / 297                 | 0:24:23 / 296       | 0:41:31 / 296 | 0:51:16 / 296                 | 1:08:57 / 296 | 1:19:09 / 296         |                |     | Powi/77 Woje/295        |          |
| 296             | 16        | <b>BARAN Jolanta</b>          | KĘDZIERZYN-KOŹLE    |               | POL SZKOŁA TAŃCA 'ORIAN-SHOW' | 61K50/9       |                       | (K)72          |     | <b>01:37:20</b>         | 06.28    |
|                 |           | 0:14:00 / 289                 | 0:23:30 / 294       | 0:40:39 / 295 | 0:50:29 / 295                 | 1:08:44 / 295 | 1:19:04 / 295         |                |     | Woje/296                |          |
| 297             | 257       | <b>HOŁOBUT Joanna</b>         | STRZELCE OPOLSKIE   |               | POL                           | 68K40/18      |                       | (K)73          |     | <b>01:39:04</b>         | 06.34    |
|                 |           | 0:14:49 / 296                 | 0:24:50 / 297       | 0:43:08 / 299 | 0:53:08 / 299                 | 1:11:27 / 299 | 1:21:26 / 298         |                |     | Gmin/59Powi/78 Woje/297 |          |
| 298             | 819       | <b>SPADLO Andrzej</b>         | WILKÓW              |               | POL                           | 60M50/109     |                       | (M)609         |     | <b>01:39:08</b>         | 06.34    |
|                 |           | 0:15:16 / 302                 | 0:25:09 / 301       | 0:42:39 / 298 | 0:53:01 / 298                 | 1:11:11 / 298 | 1:21:29 / 299         |                |     | Woje/298                |          |
| 299             | 822       | <b>STADNICZUK Michał</b>      | MIKOWICE            |               | POL LUKS ŻÓRAWINA             | 30M70/4       |                       | (M)610         |     | <b>01:39:16</b>         | 06.34    |
|                 |           | 0:15:05 / 298                 | 0:24:54 / 298       | 0:42:32 / 297 | 0:52:29 / 297                 | 1:10:31 / 297 | 1:20:46 / 297         |                |     | Woje/299                |          |
| 300             | 865       | <b>SZKOLNICKI Stanisław</b>   | OPOLE               |               | POL NIEZRZESZONY              | 49M60/47      |                       | (M)613         |     | <b>01:42:07</b>         | 06.46    |
|                 |           | 0:15:11 / 299                 | 0:25:09 / 299       | 0:43:23 / 300 | 0:53:48 / 300                 | 1:13:57 / 301 | 1:24:39 / 300         |                |     | Woje/300                |          |
| 301             | 505       | <b>MAKUCH Krzysztof</b>       | KĘDZIERZYN-KOŹLE    |               | POL ---                       | 73M30/170     |                       | (M)616         |     | <b>01:42:48</b>         | 06.49    |
|                 |           | 0:15:12 / 301                 | 0:25:21 / 302       | 0:43:29 / 302 | 0:54:06 / 302                 | 1:13:26 / 300 | 1:24:43 / 302         |                |     | Woje/301                |          |
| 302             | 21        | <b>BARTOSZEWICZ Władysław</b> | OPOLE               |               | POL BIEGAM, BO LUBIĘ OPOLE    | 50M60/48      |                       | (M)618         |     | <b>01:45:37</b>         | 07.00    |
|                 |           | 0:15:11 / 300                 | 0:25:09 / 300       | 0:43:24 / 301 | 0:53:49 / 301                 | 1:13:58 / 302 | 1:24:40 / 301         |                |     | Woje/302                |          |