

## XXII Bieg o Lampkę Górnica

**WYNIKI ZAWODÓW****Bieg 10km**

Organizator: Klub Biegacza „Aktywni Konin”

Termin: 30.11.2013

Miejsce: Konin






































Dystans: 10 km

**Miasto Konin**

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna / Klub<br>Team / Club | R-k<br>YoB | Klasyfikacje<br>Ranks | Czas<br>Time | Netto    | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------------------|------------|-----------------------|--------------|----------|----------|
| 1               | 87        | ANDRZEJEWSKI Jacek      | Konin               | POL         |                               | 71M40/1    | (M)12                 | 00:36:36     | 00:36:34 | 03.39    |
| 2               | 142       | ŻUROWSKI Maciej         | Konin               | POL         | / Kb Wartko                   | 72M40/2    | (M)17                 | 00:37:21     | 00:37:19 | 03.43    |
| 3               | 51        | SERAFIŃSKI Maciej       | Konin               | POL         | / Kb Aktywni Konin            | 96M20/7    | (M)21                 | 00:37:50     | 00:37:48 | 03.46    |
| 4               | 331       | SWĘDROWSKI Jacek        | Konin               | POL         | / Aktywni Konin               | 77M30/10   | (M)23                 | 00:38:03     | 00:37:59 | 03.47    |
| 5               | 95        | SKALSKI Radosław        | Konin               | POL         | / Kb Aktywni Konin            | 72M40/5    | (M)27                 | 00:38:40     | 00:38:37 | 03.51    |
| 6               | 12        | LORENC Artur            | Konin               | POL         |                               | 84M20/9    | (M)28                 | 00:38:54     | 00:38:53 | 03.53    |
| 7               | 26        | IGNACZAK Marcin         | Konin               | POL         | / kb Wartko                   | 77M30/13   | (M)29                 | 00:38:55     | 00:38:53 | 03.53    |
| 8               | 30        | MACIEJEWSKI Wojciech    | Konin               | POL         |                               | 63M50/3    | (M)33                 | 00:39:07     | 00:39:03 | 03.54    |
| 9               | 224       | TRZMIELEWSKI Mariusz    | Konin               | POL         |                               | 67M40/10   | (M)44                 | 00:39:57     | 00:39:51 | 03.59    |
| 10              | 200       | KOKOT Marcin            | Konin               | POL         | /                             | 86M20/17   | (M)51                 | 00:40:25     | 00:40:20 | 04.02    |
| 11              | 66        | KIERSZKA Adam           | Konin               | POL         |                               | 79M30/20   | (M)52                 | 00:40:26     | 00:40:06 | 04.00    |
| 12              | 20        | ZARODA Jerzy zbigniew   | Konin               | POL         | / Kb Aktywni Konin            | 70M40/13   | (M)57                 | 00:41:10     | 00:41:00 | 04.06    |
| 13              | 232       | GAPSKI Adam             | Konin               | POL         | / Kb Aktywni Konin            | 76M30/25   | (M)62                 | 00:41:21     | 00:41:15 | 04.07    |
| 14              | 249       | GOŃSKI Krzysztof        | Konin               | POL         |                               | 92M20/21   | (M)70                 | 00:42:05     | 00:42:04 | 04.12    |
| 15              | 237       | SMUG Jerzy              | Konin               | POL         | / Konin                       | 68M40/17   | (M)72                 | 00:42:10     | 00:42:08 | 04.12    |
| 16              | 67        | KLIMA Stepan            | Konin               | POL         |                               | 77M30/28   | (M)74                 | 00:42:28     | 00:42:15 | 04.13    |
| 17              | 3         | DZIOPA Cezariusz        | Konin               | POL         | / Aktywni Konin               | 58M50/10   | (M)82                 | 00:42:54     | 00:42:50 | 04.17    |
| 18              | 14        | IWIŃSKI Grzegorz        | Konin               | POL         |                               | 72M40/19   | (M)85                 | 00:43:03     | 00:42:50 | 04.17    |
| 19              | 86        | WIŚNIEWSKI Jakub        | Konin               | POL         | / Run4fun Konin               | 93M20/24   | (M)93                 | 00:43:29     | 00:43:28 | 04.20    |
| 20              | 57        | CHOJNACKI Artur         | Konin               | POL         | / Proarti.pl                  | 79M30/41   | (M)104                | 00:44:14     | 00:44:06 | 04.24    |
| 21              | 17        | PIOTROWSKI Robert       | Konin               | POL         | / Kb Aktywni Konin            | 89M20/28   | (M)108                | 00:44:19     | 00:44:11 | 04.25    |
| 22              | 33        | SŁOWIŃSKI Marcin        | Konin               | POL         | / Zsb Budowlani Konin         | 75M30/43   | (M)112                | 00:44:44     | 00:44:38 | 04.27    |
| 23              | 243       | HOCH Wojciech           | Konin               | POL         | / Kb Aktywni Konin            | 80M30/45   | (M)114                | 00:44:54     | 00:44:48 | 04.28    |
| 24              | 122       | SZYMCZAK Łukasz         | Konin               | POL         | / Zsb Budowlani               | 87M20/32   | (M)121                | 00:45:09     | 00:44:57 | 04.29    |
| 25              | 231       | FRITZ Karol             | Konin               | POL         | / Sp 10 Konin                 | 77M30/47   | (M)122                | 00:45:10     | 00:45:03 | 04.30    |
| 26              | 260       | PILARSKI Jacek          | Konin               | POL         | / Kb Aktywni Konin            | 68M40/30   | (M)126                | 00:45:40     | 00:45:28 | 04.32    |
| 27              | 73        | WASZAK Jacek            | Konin               | POL         |                               | 80M30/50   | (M)129                | 00:45:57     | 00:45:54 | 04.35    |
| 28              | 80        | JARZYŃSKI Janusz        | Konin               | POL         | / -                           | 69M40/34   | (M)139                | 00:46:40     | 00:46:29 | 04.38    |
| 29              | 166       | CZERWCZAK Dawid         | Konin               | POL         | / -                           | 86M20/41   | (M)143                | 00:46:48     | 00:46:40 | 04.40    |
| 30              | 52        | SERAFIŃSKI Robert       | Konin               | POL         | / Niezrzeszony                | 69M40/37   | MPWK/13 (M)146        | 00:46:54     | 00:46:46 | 04.40    |
| 31              | 137       | KUBACKI Łukasz          | Konin               | POL         | / Start-meta Konin            | 79M30/53   | (M)147                | 00:46:54     | 00:46:46 | 04.40    |
| 32              | 62        | GRONOSTAJ Marcin        | Konin               | POL         | / Run4fun Konin               | 79M30/54   | (M)149                | 00:46:59     | 00:46:57 | 04.41    |
| 33              | 60        | GAJDA Arkadiusz         | Konin               | POL         | / Run4fun Konin               | 78M30/55   | (M)151                | 00:47:03     | 00:47:01 | 04.42    |
| 34              | 291       | WYDRZYŃSKI Aleksander   | Konin               | POL         |                               | 67M40/39   | MPWK/14 (M)152        | 00:47:03     | 00:46:56 | 04.41    |
| 35              | 230       | DROP Michał             | Konin               | POL         |                               | 75M30/58   | MPWK/16 (M)155        | 00:47:17     | 00:47:09 | 04.42    |
| 36              | 152       | PIEKARZEWICZ Robert     | Konin               | POL         |                               | 74M30/60   | (M)158                | 00:47:35     | 00:47:15 | 04.43    |
| 37              | 5         | SZYGENDA Waldemar       | Konin               | POL         | / Kb Aktywni Konin            | 63M50/19   | WZPP/1 (M)159         | 00:47:40     | 00:47:31 | 04.45    |
| 38              | 10        | PILARSKI Edmund         | Konin               | POL         | / Kb Aktywni Konin            | 51M60/1    | (M)161                | 00:47:57     | 00:47:53 | 04.47    |
| 39              | 103       | NADOLSKI Sylwester      | Konin               | POL         | / Start-meta Konin            | 78M30/63   | (M)168                | 00:48:24     | 00:48:14 | 04.49    |
| 40              | 69        | LEŚNIEWICZ Mariusz      | Konin               | POL         |                               | 76M30/64   | (M)171                | 00:48:35     | 00:48:20 | 04.50    |
| 41              | 171       | IGNACZAK Jakub          | Konin               | POL         |                               | 87M20/44   | (M)172                | 00:48:45     | 00:48:40 | 04.52    |
| 42              | 255       | KRZYŻANOWSKI Tomasz     | Konin               | POL         | / Niezrzeszony                | 83M30/65   | (M)173                | 00:48:54     | 00:48:47 | 04.52    |
| 43              | 267       | WIŚNIEWSKI Jakub        | Konin               | POL         |                               | 82M30/66   | (M)176                | 00:49:11     | 00:48:55 | 04.53    |
| 44              | 61        | GÓRSKI Krzysztof        | Konin               | POL         |                               | 70M40/42   | (M)180                | 00:49:31     | 00:49:25 | 04.56    |
| 45              | 147       | KAMIŃSKI Wojciech       | Konin               | POL         |                               | 74M30/69   | (M)181                | 00:49:37     | 00:49:25 | 04.56    |
| 46              | 9         | JARECKI Stanisław       | Konin               | POL         | / Mpec Konin - Aktywni Konin  | 52M60/4    | MPWK/18 (M)183        | 00:49:38     | 00:49:38 | 04.57    |
| 47              | 131       | ROSZAK Filip            | Konin               | POL         |                               | 92M20/47   | (M)184                | 00:49:40     | 00:49:25 | 04.56    |

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# Miasto Konin

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Miejscowość City</i> | <i>Kraj Nat</i>   | <i>Drużyna / Klub Team / Club</i> | <i>R-k YoB</i> | <i>Klasyfikacje Ranks</i> | <i>Czas Time</i> | <i>Netto</i>    | <i>[min/km]</i> |       |
|---------------------|---------------|-----------------------------|-------------------------|---|-----------------------------------|----------------|---------------------------|------------------|-----------------|-----------------|-------|
| 48                  | 23            | CZAJKA Bartosz              | Konin                   |    | POL / Neonet                      | 80M30/71       | (M)188                    | <b>00:49:50</b>  | 00:49:33        | 04.57           |       |
| 49                  | 248           | AUGUSTYNOWICZ Piotr         | Konin                   |    | POL / Brak                        | 73M40/45       | (M)192                    | <b>00:50:02</b>  | 00:49:43        | 04.58           |       |
| 50                  | 209           | ANDRZEJCZAK Tomasz          | Konin                   |    | POL / Kb Aktywni Konin            | 73M40/46       | (M)193                    | <b>00:50:03</b>  | 00:49:44        | 04.58           |       |
| 51                  | 197           | GOLON Małgorzata            | Konin                   |    | POL / Kb Aktywni Konin            | 77K30/4        | (K)10                     | <b>00:50:07</b>  | 00:50:04        | 05.00           |       |
| 52                  | 277           | KAWKA Paweł                 | Konin                   |    | POL / -                           | 73M40/47       | (M)198                    | <b>00:50:08</b>  | 00:49:51        | 04.59           |       |
| 53                  | 39            | DORYNEK Leszek              | Konin                   |    | POL / Mtb Konin                   | 68M40/48       | (M)200                    | <b>00:50:31</b>  | 00:50:15        | 05.01           |       |
| 54                  | 50            | PLUCIŃSKI Sławomir          | Konin                   |    | POL / Mtb Konin                   | 59M50/24       | (M)201                    | <b>00:50:31</b>  | 00:50:16        | 05.01           |       |
| 55                  | 108           | SAUCZEK Paweł               | Konin                   |    | POL                               | 78M30/78       | (M)206                    | <b>00:51:11</b>  | 00:51:03        | 05.06           |       |
| 56                  | 261           | SKIBA Dariusz               | Konin                   |    | POL                               | 76M30/79       | (M)207                    | <b>00:51:16</b>  | 00:50:56        | 05.05           |       |
| 57                  | 293           | JAROSZEWSKI Kacper          | Konin                   |    | POL / Run4fun Konin               | 93M20/49       | (M)212                    | <b>00:51:44</b>  | 00:51:33        | 05.09           |       |
| 58                  | 199           | KOKOT Dariusz               | Konin                   |    | POL                               | 88M20/52       | (M)215                    | <b>00:51:53</b>  | 00:51:48        | 05.10           |       |
| 59                  | 273           | OLEKSIEWICZ Andrzej         | Konin                   |    | POL / Wartko Golina               | 60M50/27       | (M)219                    | <b>00:52:11</b>  | 00:51:57        | 05.11           |       |
| 60                  | 93            | KUBICKI Sebastian           | Konin                   |    | POL                               | 98M20/55       | (M)224                    | <b>00:53:26</b>  | 00:53:16        | 05.19           |       |
| 61                  | 235           | PIEROŻYŃSKI Paweł           | Konin                   |    | POL / Brak                        | 74M30/85       | (M)225                    | <b>00:53:29</b>  | 00:53:22        | 05.20           |       |
| 62                  | 25            | GONTARZ Agnieszka           | Konin                   |    | POL                               | 76K30/7        | (K)15                     | <b>00:53:59</b>  | 00:53:42        | 05.22           |       |
| 63                  | 7             | DZIAŁAK Marian              | Konin                   |    | POL / Kb Aktywni Konin            | 48M60/7        | (M)229                    | <b>00:54:14</b>  | 00:54:07        | 05.24           |       |
| 64                  | 203           | MICHAŁSKI Jan               | Konin                   |    | POL / Strefa-autokosmetyki.pl     | 91M20/57       | (M)231                    | <b>00:54:44</b>  | 00:54:26        | 05.26           |       |
| 65                  | 290           | WĄCHNICKI Dariusz           | Konin                   |    | POL                               | 68M40/55       | MPWK/22WZPZ3              | <b>00:55:02</b>  | 00:54:45        | 05.28           |       |
| 66                  | 43            | JOPEK Leszek                | Konin                   |    | POL / Mtb Konin                   | 60M50/28       | (M)234                    | <b>00:55:05</b>  | 00:54:47        | 05.28           |       |
| 67                  | 319           | SZCZERBIŃSKA Natalia        | Konin                   |    | POL                               | 86K20/8        | (K)20                     | <b>00:56:10</b>  | 00:55:56        | 05.35           |       |
| 68                  | 229           | BIAŁKOWSKI Tomasz           | Konin                   |    | POL                               | 90M20/61       | (M)240                    | <b>00:56:11</b>  | 00:55:54        | 05.35           |       |
| 69                  | 257           | MICHNICKI Sergiusz          | Konin                   |    | POL                               | 76M30/88       | (M)241                    | <b>00:56:18</b>  | 00:55:56        | 05.35           |       |
| 70                  | 31            | MICHAŁSKI Krzysztof         | Konin                   |    | POL / Run4fun Konin               | 81M30/91       | (M)244                    | <b>00:56:53</b>  | 00:56:33        | 05.39           |       |
| 71                  | 163           | TOMCZAK Tristan             | Konin                   |   | POL                               | 91M20/62       | (M)245                    | <b>00:56:54</b>  | 00:56:44        | 05.40           |       |
| 72                  | 225           | ADAMCZAK Sylwester          | Konin                   |  | POL                               | 76M30/95       | (M)250                    | <b>00:57:19</b>  | 00:56:59        | 05.41           |       |
| 73                  | 175           | MARCINIAK-SIEMIENIUK Renata | Konin                   |  | POL                               | 76K30/11       | (K)24                     | <b>00:57:46</b>  | 00:57:35        | 05.45           |       |
| 74                  | 139           | PIASKOWSKI Piotr            | Konin                   |  | POL /                             | 72M40/58       | (M)251                    | <b>00:57:54</b>  | 00:57:32        | 05.45           |       |
| 75                  | 162           | SULSKI Sławomir             | Konin                   |  | POL / Niezrzeszony                | 66M40/59       | MPWK/24                   | (M)254           | <b>01:00:40</b> | 01:00:35        | 06.03 |
| 76                  | 65            | JANKOWSKI Rafał             | Konin                   |  | POL / Frastaś Poznań              | 89M20/63       | (M)255                    | <b>01:01:10</b>  | 01:00:51        | 06.05           |       |
| 77                  | 22            | BAKOWSKI Jacek              | Konin                   |  | POL / Drużyna Szpiku              | 71M40/61       | (M)257                    | <b>01:02:17</b>  | 01:01:59        | 06.11           |       |
| 78                  | 105           | BERLIŃSKA Nina              | Konin                   |  | POL / Kb Aktywni Konin            | 55K50/3        | (K)35                     | <b>01:04:06</b>  | 01:03:54        | 06.23           |       |
| 79                  | 45            | KUBICKA Lila                | Konin                   |  | POL                               | 76K30/16       | (K)36                     | <b>01:04:45</b>  | 01:04:36        | 06.27           |       |
| 80                  | 46            | KUBICKI Waldemar            | Konin                   |  | POL                               | 74M30/96       | (M)260                    | <b>01:04:46</b>  | 01:04:37        | 06.27           |       |
| 81                  | 264           | SZCZEPANIAK Joanna          | Konin                   |  | POL                               | 78K30/17       | (K)37                     | <b>01:05:50</b>  | 01:05:41        | 06.34           |       |
| 82                  | 201           | KUBALAK Dawid               | Konin                   |  | POL / Run4fun Konin               | 85M20/66       | (M)262                    | <b>01:09:44</b>  | 01:09:26        | 06.56           |       |
| 83                  | 15            | MAKUŁA Rafał                | Konin                   |  | POL / Kb Wartko                   | 85M20/67       | (M)263                    | <b>01:09:45</b>  | 01:09:26        | 06.56           |       |
| 84                  | 320           | PILARSKI Tomasz             | Konin                   |  | POL                               | 68M40/63       | (M)265                    | <b>01:16:56</b>  | 01:16:43        | 07.40           |       |

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