

# 6. MIĘDZYNARODOWY BIEG KRAKÓW-SKOTNIKI Z OKAZJI 91. URODZIN

## WYNIKI ZAWODÓW

### Bieg 15km

Organizator: Skotnickie Stowarzyszenie Sportowe

Termin: 22.05.2011

Miejsce: Kraków-Skotniki

Dystans: 15 km

| Miejsce<br>Rank                          | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                   | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | Czas<br>Netto | [km/h] |
|--|-----------|-------------------------|---------------------|-------------|-----------------------------------|------------|-----------------------|--------|--------------|---------------|--------|
| <b>Bieg 15km Mężczyźni KATEGORIA:M16</b> |           |                         |                     |             |                                   |            |                       |        |              |               |        |
| 1  | 676       | PECHNIKOV RUSLAN        | KIEV                | UKR         | ACHILES                           | 88         | M16/1                 | (M)1   | 00:49:47     | 00:49:47      | 18.08  |
| 2  | 608       | MAZUR JAKUB             | KRAKÓW              | POL         | AZS AWF KRAKÓW                    | 92         | M16/2                 | (M)11  | 00:57:56     | 00:57:55      | 15.54  |
| 3  | 189       | JACKOWIEC WOJCIECH      | ZAWADA              | POL         |                                   | 90         | M16/3                 | (M)35  | 01:03:04     | 01:03:02      | 14.28  |
| 4  | 564       | WILK TOMASZ             | RYCHTAL             | POL         |                                   | 89         | M16/4                 | (M)54  | 01:06:52     | 01:06:47      | 13.48  |
| 5  | 313       | ŁUKASIK ADRIAN          | KRAKÓW              | POL         |                                   | 90         | M16/5                 | (M)65  | 01:08:35     | 01:08:34      | 13.13  |
| 6  | 291       | KWIATKOWSKI ARKADIUSZ   | KRAKÓW              | POL         | NIEZRZESZONY                      | 90         | M16/6                 | (M)71  | 01:09:45     | 01:09:29      | 12.95  |
| 7  | 243       | KORUBA MARCIN           | BUSKO ZDRÓJ         | POL         | BUSKO ZDDRÓJ                      | 88         | M16/7                 | (M)84  | 01:11:04     | 01:10:12      | 12.82  |
| 8  | 266       | KRUK KRZYSZTOF          | KRAKÓW              | POL         |                                   | 92         | M16/8                 | (M)86  | 01:11:16     | 01:11:08      | 12.65  |
| 9  | 715       | MALINOWSKI DARIUSZ      | MIECHÓW             | POL         | MIECHÓW BIEGA                     | 93         | M16/9                 | (M)95  | 01:11:43     | 01:11:40      | 12.56  |
| 10                                       | 203       | JOŃCZYK JAKUB           | HEBDÓW              | POL         |                                   | 89         | M16/10                | (M)97  | 01:11:51     | 01:11:37      | 12.57  |
| 11                                       | 613       | ZWONEK ŁUKASZ           | KRAKÓW              | POL         |                                   | 94         | M16/11                | (M)142 | 01:15:36     | 01:15:12      | 11.97  |
| 12                                       | 560       | WIECZOREK WOJCIECH      | SKAWINA             | POL         | MCT SKAWINA                       | 89         | M16/12                | (M)159 | 01:16:56     | 01:16:52      | 11.71  |
| 13                                       | 184       | JABŁOŃSKI PIOTR         | KRAKÓW              | POL         | WKS WAWEL KRAKÓW                  | 95         | M16/13                | (M)161 | 01:17:05     | 01:16:56      | 11.70  |
| 14                                       | 49        | BORUTA MACIEJ           | NOWE BRZESKO        | POL         | BIEGANIE.PL                       | 89         | M16/14                | (M)173 | 01:17:59     | 01:17:48      | 11.57  |
| 15                                       | 338       | MARZEC KRYSZTOF         | NOWE BRZESKO        | POL         |                                   | 89         | M16/15                | (M)174 | 01:17:59     | 01:17:46      | 11.57  |
| 16                                       | 43        | BOBOWSKI MATEUSZ        | KRAKÓW              | POL         |                                   | 88         | M16/16                | (M)189 | 01:19:07     | 01:18:08      | 11.52  |
| 17                                       | 47        | BORKOWSKI BARTOSZ       | KRAKÓW              | POL         |                                   | 92         | M16/17                | (M)214 | 01:20:42     | 01:20:42      | 11.15  |
| 18                                       | 570       | WODKA KAMIL             | BRZESKO             | POL         | II LO BOCHNIA                     | 94         | M16/18                | (M)223 | 01:21:05     | 01:20:48      | 11.14  |
| 19                                       | 472       | SIKORA JULIUSZ          | KRAKÓW              | POL         |                                   | 89         | M16/19                | (M)224 | 01:21:08     | 01:21:08      | 11.09  |
| 20                                       | 149       | GOGÓL MICHAŁ            | MYŚLENICE           | POL         | ZIS/ZMP-KRAKÓW                    | 94         | M16/20                | (M)235 | 01:21:40     | 01:21:35      | 11.03  |
| 21                                       | 465       | SADOMSKI KRZYSZTOF      | WARSZAWA            | POL         | UJ                                | 90         | M16/21                | (M)236 | 01:21:46     | 01:21:06      | 11.10  |
| 22                                       | 673       | KUBIŚ JAKUB             | BUKÓW               | POL         |                                   | 94         | M16/22                | (M)257 | 01:23:25     | 01:23:07      | 10.83  |
| 23                                       | 668       | KUBIŚ KAROL             | BUKÓW               | POL         |                                   | 95         | M16/23                | (M)258 | 01:23:32     | 01:23:13      | 10.82  |
| 24                                       | 659       | GOŚCIŃSKI BARTŁOMIEJ    | PRZYSIETNICA        | POL         | MKS FENIKS PRZYSIETNICA           | 92         | M16/24                | (M)296 | 01:27:55     | 01:27:53      | 10.24  |
| 25                                       | 718       | TOMECKI JERZY           | MYSŁOWICE           | POL         | CHROMIK MYSŁOWICE                 | 98         | M16/25                | (M)300 | 01:28:22     | 01:27:42      | 10.26  |
| 26                                       | 717       | ĆWIERTNIA PAWEŁ         | BUSKO ZDRÓJ         | POL         |                                   | 88         | M16/26                | (M)333 | 01:31:12     | 01:30:19      | 9.96   |
| 27                                       | 66        | BUŁA ŁUKASZ             | KRAKÓW              | POL         | POGOŃ SKOTNIKI                    | 96         | M16/27                | (M)334 | 01:31:13     | 01:31:06      | 9.88   |
| 28                                       | 24        | BARAN WOJCIECH          | PIEKOSZÓW           | POL         | DUSZPASTERSTWO AKADEMICKIE RUCZAJ | 90         | M16/28                | (M)365 | 01:33:21     | 01:32:41      | 9.71   |
| 29                                       | 274       | KUBASZOWSKI PAWEŁ       | KRAKÓW              | POL         |                                   | 90         | M16/29                | (M)371 | 01:33:58     | 01:33:29      | 9.63   |
| 30                                       | 137       | GAŁĄZKA MATEUSZ         | KRAKÓW              | POL         |                                   | 89         | M16/30                | (M)375 | 01:34:09     | 01:33:53      | 9.59   |
| 31                                       | 212       | KANIA TOMASZ            | KRAKÓW              | POL         |                                   | 88         | M16/31                | (M)381 | 01:34:32     | 01:34:17      | 9.55   |
| 32                                       | 278       | KUCZARA TOMASZ          | KRZESZOWICE         | POL         |                                   | 93         | M16/32                | (M)408 | 01:36:52     | 01:36:12      | 9.36   |
| 33                                       | 538       | TUMIŁOWICZ BARTŁOMIEJ   | KĘDZIERZYN-KOŹLE    | POL         | DAR                               | 90         | M16/33                | (M)411 | 01:37:12     | 01:36:31      | 9.32   |
| 34                                       | 526       | TEKIELA KAMIL           | KRAKÓW              | POL         | AZS UP KRAKÓW                     | 88         | M16/34                | (M)436 | 01:40:42     | 01:40:10      | 8.99   |
| 35                                       | 493       | STUPERA MATEUSZ         | KRAKÓW              | POL         | BRACIA ALBERTYNI                  | 91         | M16/35                | (M)438 | 01:41:09     | 01:40:13      | 8.98   |
| 36                                       | 428       | POKRYWKA PIOTR          | KRAKÓW              | POL         | KLUB PRZYJACIÓŁ FORRESTA GUMPA    | 88         | M16/36                | (M)487 | 02:10:42     | 02:10:05      | 6.92   |
| <b>Bieg 15km Mężczyźni KATEGORIA:M24</b> |           |                         |                     |             |                                   |            |                       |        |              |               |        |
| 1  | 292       | LACHOWSKI ANDRZEJ       | KRAKÓW              | POL         | SALOMOIN SUUNTO TEAM              | 82         | M24/1                 | (M)2   | 00:51:35     | 00:51:34      | 17.45  |
| 2  | 322       | MAGIERA PIOTR           | MYSZKOW             | POL         | LKS MYSZKOW                       | 82         | M24/2                 | (M)3   | 00:52:47     | 00:52:47      | 17.05  |
| 3  | 678       | SEMONOVYCH BOGDAN       | TARASHCHA           | UKR         | KKB FINISZ KALISZ                 | 86         | M24/3                 | (M)4   | 00:53:09     | 00:53:08      | 16.94  |
| 4  | 108       | DULIŃSKI ŁUKASZ         | KRAKÓW              | POL         |                                   | 83         | M24/4                 | (M)7   | 00:56:50     | 00:56:49      | 15.84  |
| 5  | 594       | ZIÓŁKOWSKI LESZEK       | KRAKÓW              | POL         |                                   | 85         | M24/5                 | (M)19  | 01:01:06     | 01:01:04      | 14.74  |
| 6  | 682       | STARZAK PAWEŁ           | SKAWINA             | POL         |                                   | 83         | M24/6                 | (M)20  | 01:01:30     | 01:01:26      | 14.65  |
| 7  | 481       | SOBCZAK HENRYK          | NOWY TARG           | POL         |                                   | 83         | M24/7                 | (M)22  | 01:01:39     | 01:01:38      | 14.60  |
| 8  | 677       | NAGRINIAK VICTOR        | VINNITSYA           | UKR         | KKB FINISZ KALISZ                 | 87         | M24/8                 | (M)40  | 01:04:27     | 01:04:26      | 13.97  |
| 9  | 687       | MILEK MATEUSZ           | KRAKÓW              | POL         | AZS AWF MASTERS KRAKÓW            | 87         | M24/9                 | (M)42  | 01:04:44     | 01:04:44      | 13.90  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City | Kraj Nat | Drużyna Team                                 | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [km/h] |
|--------------|--------|--------------------------|------------------|----------|--|---------|------------------------|-----------|------------|--------|
| 10           | 631    | BUCZYŃSKI MARIUSZ        | BOLESŁAW         | POL      |  | 82      | M24/10 (M)49           | 01:06:04  | 01:06:01   | 13.63  |
| 11           | 207    | KAKUBA TOMASZ            | NOWY TARG        | POL      |  | 85      | M24/11 (M)50           | 01:06:13  | 01:06:06   | 13.62  |
| 12           | 345    | MAZURKIEWICZ WOJCIECH    | TYNIEC           | POL      |  | 87      | M24/12 (M)52           | 01:06:39  | 01:06:35   | 13.52  |
| 13           | 316    | MACHŁOWSKI ŁUKASZ        | KRAKÓW           | POL      | KRAKÓW                                       | 86      | M24/13 (M)72           | 01:09:47  | 01:09:44   | 12.91  |
| 14           | 595    | ZIÓŁKOWSKI PAWEŁ         | KRAKÓW           | POL      |  | 82      | M24/14 (M)88           | 01:11:22  | 01:11:00   | 12.68  |
| 15           | 72     | CADER JACEK              | ZABIERZÓW        | POL      |  | 82      | M24/15 (M)90           | 01:11:24  | 01:11:24   | 12.61  |
| 16           | 638    | POLIT GRZEGORZ           | ZALAS            | POL      |  | 86      | M24/16 (M)99           | 01:11:56  | 01:11:29   | 12.59  |
| 17           | 358    | MJAS KRZYSZTOF           | KOŃSKIE          | POL      | PASAT KOŃSKIE                                | 86      | M24/17 (M)107          | 01:12:35  | 01:12:27   | 12.42  |
| 18           | 221    | KĘDZIERSKI ADAM          | SKAWINA          | POL      |  | 87      | M24/18 (M)109          | 01:12:56  | 01:12:43   | 12.38  |
| 19           | 458    | ROLBIECKI ŁUKASZ         | CHOJNICE         | POL      |  | 87      | M24/19 (M)124          | 01:14:36  | 01:14:18   | 12.11  |
| 20           | 254    | KOZIOL PIOTR             | KRAKÓW           | POL      |  | 84      | M24/20 (M)134          | 01:15:01  | 01:14:20   | 12.11  |
| 21           | 187    | JACHIMEK SZYMON          | MOSTY K. GDYNI   | POL      | CZESKO-KASZUBSKI KLUB BIEGACZA JAROMIR MOSTY | 82      | M24/21 (M)135          | 01:15:09  | 01:15:09   | 11.98  |
| 22           | 55     | BRZEZINA MICHAŁ          | KRAKÓW           | POL      |  | 82      | M24/22 (M)138          | 01:15:19  | 01:14:59   | 12.00  |
| 23           | 513    | SZOPA PIOTR              | KRAKÓW           | POL      | AZS-AWF MASTERS KRAKOW                       | 82      | M24/23 (M)140          | 01:15:29  | 01:15:01   | 12.00  |
| 24           | 273    | KRZYWONOS BARTŁOMIEJ     | KRAKÓW           | POL      | NIEZRZESZONY                                 | 86      | M24/24 (M)144          | 01:15:45  | 01:15:23   | 11.94  |
| 25           | 228    | KLIMAS KAROL             | GORZÓW           | POL      | AZS-AWF MASTERS KRAKÓW                       | 82      | M24/25 (M)154          | 01:16:46  | 01:16:46   | 11.72  |
| 26           | 706    | TARKOWSKI ŁUKASZ         | KRAKÓW           | POL      |  | 85      | M24/26 (M)158          | 01:16:56  | 01:16:56   | 11.70  |
| 27           | 337    | MAREK MICHAŁ             | KRAKÓW           | POL      |  | 85      | M24/27 (M)198          | 01:19:38  | 01:19:35   | 11.31  |
| 28           | 394    | OSIŃSKI MARCIN           | MAZOWSZANY       | POL      | UKS TECHNIK RADOM                            | 86      | M24/28 (M)211          | 01:20:29  | 01:19:42   | 11.29  |
| 29           | 691    | GOZDALSKI ADAM           | RADOM            | POL      | AZS RADOM                                    | 85      | M24/29 (M)238          | 01:21:50  | 01:21:38   | 11.02  |
| 30           | 716    | CERAZY PAWEŁ             | KRAKÓW           | POL      | DYM TEAM                                     | 84      | M24/30 (M)242          | 01:22:04  | 01:21:56   | 10.98  |
| 31           | 211    | KAMIŃSKI ŁUKASZ          | TENCZYNEK        | POL      |  | 84      | M24/31 (M)248          | 01:22:25  | 01:21:59   | 10.98  |
| 32           | 569    | WODKA BARTŁOMIEJ         | KRAKOW           | POL      |  | 85      | M24/32 (M)276          | 01:25:12  | 01:24:56   | 10.60  |
| 33           | 528    | TERESZKIEWICZ BARTŁOMIEJ | KRAKÓW           | POL      |  | 82      | M24/33 (M)285          | 01:25:49  | 01:24:55   | 10.60  |
| 34           | 185    | JACHER OLGIERD           | KRAKÓW           | POL      | PTKRAKOW.PL TEAM                             | 85      | M24/34 (M)287          | 01:26:45  | 01:26:03   | 10.46  |
| 35           | 540    | TYBURSKI MARCIN          | KRAKÓW           | POL      |  | 82      | M24/35 (M)289          | 01:27:13  | 01:27:13   | 10.32  |
| 36           | 195    | JANISZEWSKI ARTUR        | KATOWICE         | POL      |  | 82      | M24/36 (M)301          | 01:28:24  | 01:28:19   | 10.19  |
| 37           | 438    | PROCHWICZ MARCIN         | KRAKÓW           | POL      | DELFIN SPORT AND FUN                         | 85      | M24/37 (M)314          | 01:30:19  | 01:29:42   | 10.03  |
| 38           | 281    | KUKUŁKA KRYSZTIAN        | KRAKÓW           | POL      |  | 83      | M24/38 (M)335          | 01:31:14  | 01:31:04   | 9.88   |
| 39           | 111    | DYBAŚ JACEK              | GORLICE          | POL      |  | 84      | M24/39 (M)349          | 01:32:15  | 01:31:41   | 9.82   |
| 40           | 708    | FIEGA PIOTR              | KRAKÓW           | POL      | MARATON GORLICE                              | 86      | M24/40 (M)358          | 01:33:01  | 01:32:56   | 9.68   |
| 41           | 666    | BRZEZICKI PIOTR          | WIELICZKA        | POL      |  | 86      | M24/41 (M)369          | 01:33:54  | 01:33:10   | 9.66   |
| 42           | 378    | NIETOPIEL KRZYSZTOF      | WARSZAWA         | POL      |  | 82      | M24/42 (M)403          | 01:36:13  | 01:35:19   | 9.44   |
| 43           | 297    | LEWANDOWICZ MARIUSZ      | KRAKÓW           | POL      |  | 84      | M24/43 (M)404          | 01:36:13  | 01:35:41   | 9.41   |
| 44           | 685    | ADAMOWICZ ŁUKASZ         | KRAKÓW           | POL      | AZS AWF MASTERS KRAKÓW                       | 82      | M24/44 (M)415          | 01:38:04  | 01:37:21   | 9.24   |
| 45           | 28     | BASIŃSKI KONRAD          | NOWY WIŚNICZ     | POL      | NIEZRZESZONY                                 | 84      | M24/45 (M)422          | 01:39:13  | 01:39:05   | 9.08   |
| 46           | 307    | ŁACNY RAFAŁ              | KRAKÓW           | POL      | 16 BPD KRAKÓW                                | 82      | M24/46 (M)431          | 01:40:25  | 01:40:25   | 8.96   |
| 47           | 301    | LISOWSKI BARTOSZ         | SKAWINA          | POL      |  | 86      | M24/47 (M)433          | 01:40:40  | 01:39:41   | 9.03   |
| 48           | 367    | MROWIEC JAKUB            | KRAKÓW           | POL      |  | 87      | M24/48 (M)434          | 01:40:40  | 01:40:40   | 8.94   |
| 49           | 684    | BĘTKOWSKI PIOTR          | KRAKÓW           | POL      |  | 87      | M24/49 (M)437          | 01:40:55  | 01:40:18   | 8.97   |
| 50           | 132    | FLOREK MICHAŁ            | KRAKÓW           | POL      | JW 2771                                      | 84      | M24/50 (M)454          | 01:44:20  | 01:43:50   | 8.67   |
| 51           | 88     | CZECH DAMIAN             | BIELSKO-BIAŁA    | POL      |  | 86      | M24/51 (M)455          | 01:44:23  | 01:43:35   | 8.69   |
| 52           | 476    | SIWEK GRZEGORZ           | KRAKÓW           | POL      | 16 BPD                                       | 82      | M24/52 (M)470          | 01:49:00  | 01:48:04   | 8.33   |

### Bieg 15km Mężczyźni KATEGORIA:M30

|    |     |                      |              |     |                                  |    |              |          |          |       |
|----|-----|----------------------|--------------|-----|----------------------------------|----|--------------|----------|----------|-------|
| 1  | 381 | NOWAK ANDRZEJ        | SOSNOWIEC    | POL | OSZŃW GLIWICE                    | 79 | M30/1 (M)6   | 00:53:58 | 00:53:58 | 16.68 |
| 2  | 697 | KURYJ MAREK          | KRAKÓW       | POL | SILY POWIETRZNE                  | 78 | M30/2 (M)12  | 00:58:21 | 00:58:19 | 15.43 |
| 3  | 468 | SEWERYN ANDRZEJ      | CHELM ŚLĄSKI | POL | WAMPOL MYSŁOWICE                 | 78 | M30/3 (M)15  | 00:59:50 | 00:59:47 | 15.05 |
| 4  | 637 | PIETRZYK WOJCIECH    | KRAKÓW       | POL |                                  | 77 | M30/4 (M)29  | 01:02:31 | 01:02:28 | 14.41 |
| 5  | 534 | TOPOLSKI MARCIN      | JADOWNIKI    | POL | BRZESKI KLUB BIEGACZA `VICTORIA` | 76 | M30/5 (M)32  | 01:02:49 | 01:02:45 | 14.34 |
| 6  | 447 | PUSZ PAWEŁ           | KRAKÓW       | POL | BRACIA ALBERTYNI                 | 81 | M30/6 (M)33  | 01:02:54 | 01:02:51 | 14.32 |
| 7  | 632 | ŚWIĘCHOWICZ JAN      | ZAKOPANE     | POL |                                  | 80 | M30/7 (M)34  | 01:02:58 | 01:02:55 | 14.30 |
| 8  | 236 | KOŁODZIEJ TOMASZ     | NYSA         | POL | NYSA BIEGA                       | 77 | M30/8 (M)36  | 01:03:12 | 01:03:05 | 14.27 |
| 9  | 629 | BUCZYŃSKI ARKADIUSZ  | MIĘDZYGÓRZE  | POL |                                  | 74 | M30/9 (M)38  | 01:03:28 | 01:03:26 | 14.19 |
| 10 | 325 | MAJCHER PIOTR        | KRAKÓW       | POL | AZS-AWF MASTERS KRAKOW           | 72 | M30/10 (M)43 | 01:04:48 | 01:04:45 | 13.90 |
| 11 | 656 | KUBISTA MAREK        | KATOWICE     | POL | KB JÓZEFINKA                     | 81 | M30/11 (M)44 | 01:05:03 | 01:05:02 | 13.84 |
| 12 | 581 | WTOREK PAWEŁ         | KRAKÓW       | POL | BANK BPH                         | 81 | M30/12 (M)47 | 01:05:35 | 01:05:32 | 13.73 |
| 13 | 701 | STYRYLSKI ALEKSANDER | SKAWINA      | POL | CEZ SKAWINA                      | 73 | M30/13 (M)48 | 01:06:04 | 01:05:53 | 13.66 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>             | <b>R-k YoB</b> | <b>W kategorii Age</b> | <b>Sex</b> | <b>Czas Time</b> | <b>Czas Netto</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------------------|----------------|------------------------|------------|------------------|-------------------|---------------|
| 14                  | 495           | SUDOŁ WOJCIECH              | KRAKÓW                  | POL             | JW 4724 KRAKÓW                  | 79             | M30/14                 | (M)53      | 01:06:40         | 01:06:35          | 13.52         |
| 15                  | 172           | GRZĘDZIŁSKI JACEK           | KRAKÓW                  | POL             | DYM TEAM                        | 77             | M30/15                 | (M)55      | 01:07:03         | 01:07:00          | 13.43         |
| 16                  | 332           | MALINA PIOTR                | KRAKÓW                  | POL             |                                 | 78             | M30/16                 | (M)56      | 01:07:15         | 01:07:06          | 13.41         |
| 17                  | 117           | DZIEDZIC MARCIN             | JAWORZNO                | POL             | KB MCKIS JAWORZNO               | 81             | M30/17                 | (M)59      | 01:07:54         | 01:07:31          | 13.33         |
| 18                  | 720           | GRANAT MARIUSZ              | KRAKÓW                  | POL             | M@MTEAM KRAKÓW                  | 73             | M30/18                 | (M)63      | 01:08:09         | 01:08:06          | 13.22         |
| 19                  | 480           | SMOGOROWSKI ŁUKASZ          | KRAKÓW                  | POL             | SALOMON GB KRAKÓW               | 78             | M30/19                 | (M)68      | 01:09:07         | 01:08:53          | 13.07         |
| 20                  | 179           | HERUDZIŃSKI JACEK           | KRAKÓW                  | POL             | SALOMON TRAIL RUNNING           | 73             | M30/20                 | (M)70      | 01:09:33         | 01:09:27          | 12.96         |
| 21                  | 199           | JARZĘBOWICZ PAWEŁ           | KATOWICE                | POL             | ZADYSZKA OŚWIĘCIM               | 79             | M30/21                 | (M)74      | 01:09:51         | 01:09:42          | 12.91         |
| 22                  | 343           | MAZUREK IRENEUSZ            | TOMASZÓW                | POL             | KB OLIMP TOMASZÓW MAZ           | 77             | M30/22                 | (M)76      | 01:09:59         | 01:09:49          | 12.89         |
| 23                  | 30            | BĄCZAŁSKI MARIUSZ           | SĘKOWA                  | POL             | UKS MARATON SĘKOWA              | 76             | M30/23                 | (M)77      | 01:10:33         | 01:10:18          | 12.80         |
| 24                  | 27            | BARTULA PIOTR               | KRAKÓW                  | POL             |                                 | 74             | M30/24                 | (M)82      | 01:11:00         | 01:10:55          | 12.69         |
| 25                  | 87            | CZAPCZYŃSKI CEZARY          | KRAKÓW                  | POL             |                                 | 77             | M30/25                 | (M)87      | 01:11:20         | 01:10:42          | 12.73         |
| 26                  | 688           | SIEMIŃSKI RADOSŁAW          | KRAKÓW                  | POL             |                                 | 81             | M30/26                 | (M)89      | 01:11:24         | 01:11:09          | 12.65         |
| 27                  | 524           | ŚWIERZ SŁAWOMIR             | GORLICE                 | POL             |                                 | 73             | M30/27                 | (M)91      | 01:11:32         | 01:11:32          | 12.58         |
| 28                  | 466           | SADOWSKI TOMASZ             | KRAKÓW                  | POL             | NIEZRZESZONY                    | 77             | M30/28                 | (M)93      | 01:11:36         | 01:11:21          | 12.61         |
| 29                  | 282           | KULPOK TOMASZ               | RUDA ŚLĄSKA             | POL             | KRS TKKF JASTRZĄB RUDA ŚLĄSKA   | 80             | M30/29                 | (M)104     | 01:12:28         | 01:12:19          | 12.45         |
| 30                  | 562           | WILCZYŃSKI DARIUSZ          | KRAKÓW                  | POL             |                                 | 74             | M30/30                 | (M)113     | 01:13:20         | 01:13:07          | 12.31         |
| 31                  | 429           | POPCZYK GRZEGORZ            | KRAKÓW                  | POL             | ITI ADVENTURE TEAM              | 78             | M30/31                 | (M)117     | 01:13:54         | 01:13:54          | 12.18         |
| 32                  | 76            | CHŁOPEK KAZIMIERZ           | KRAKÓW                  | POL             | NOWA HUTA TEAM                  | 79             | M30/32                 | (M)120     | 01:14:06         | 01:14:00          | 12.16         |
| 33                  | 214           | KANIA ZDZISŁAW              | KRAKÓW                  | POL             |                                 | 76             | M30/33                 | (M)121     | 01:14:10         | 01:14:09          | 12.14         |
| 34                  | 576           | WOŹNIAK MACIEJ              | NOWY TARG               | POL             |                                 | 80             | M30/34                 | (M)132     | 01:14:57         | 01:14:55          | 12.01         |
| 35                  | 250           | KOTUŁA MICHAŁ               | KRAŚNIK                 | POL             |                                 | 76             | M30/35                 | (M)139     | 01:15:21         | 01:15:21          | 11.94         |
| 36                  | 288           | KURZEJA ARTUR               | KATOWICE                | POL             | NIEZRZESZONY                    | 73             | M30/36                 | (M)141     | 01:15:35         | 01:15:24          | 11.94         |
| 37                  | 506           | SZCZUREK DANIEL             | KRAKÓW                  | POL             | KAZIMIERZ                       | 79             | M30/37                 | (M)148     | 01:16:13         | 01:15:59          | 11.84         |
| 38                  | 412           | PIELAT MARIUSZ              | LESZNO                  | POL             |                                 | 79             | M30/38                 | (M)149     | 01:16:25         | 01:16:15          | 11.80         |
| 39                  | 123           | FARON DARIUSZ               | NOWY SĄCZ               | POL             | VISEGRAD MARATON RYTRO          | 73             | M30/39                 | (M)157     | 01:16:54         | 01:16:27          | 11.77         |
| 40                  | 176           | GUZOWSKI JACEK              | KRAKÓW                  | POL             | MCT                             | 72             | M30/40                 | (M)160     | 01:16:56         | 01:16:52          | 11.71         |
| 41                  | 114           | DYMEK SZYMON                | MYŚLENICE               | POL             | ZIS/ZMP-KRAKÓW                  | 80             | M30/41                 | (M)162     | 01:17:13         | 01:17:07          | 11.67         |
| 42                  | 81            | CICHOCKI PAWEŁ              | KRAKÓW                  | POL             | ZIS/ZMP-KRAKÓW                  | 80             | M30/42                 | (M)166     | 01:17:41         | 01:17:37          | 11.60         |
| 43                  | 410           | PIECZARA KRZYSZTOF          | JAWORZNO                | POL             | KB MCKIS JAWORZNO               | 81             | M30/43                 | (M)169     | 01:17:49         | 01:17:25          | 11.63         |
| 44                  | 550           | WARDZAŁA MICHAŁ             | WIELICZKA               | POL             | NIEZRZESZONY                    | 80             | M30/44                 | (M)176     | 01:18:08         | 01:17:45          | 11.58         |
| 45                  | 155           | GOSIEWSKI ROBERT            | KRAKÓW                  | POL             |                                 | 77             | M30/45                 | (M)180     | 01:18:24         | 01:18:03          | 11.53         |
| 46                  | 271           | KRYSTOSIK KRZYSZTOF         | ŚWIĘTOCHŁOWICE          | POL             |                                 | 79             | M30/46                 | (M)183     | 01:18:36         | 01:17:59          | 11.54         |
| 47                  | 58            | BRZÓZKA NORBERT             | DĄBROWA GÓRNICZA        | POL             | POGORIA BIEGA                   | 74             | M30/47                 | (M)185     | 01:18:46         | 01:18:24          | 11.48         |
| 48                  | 533           | TOMCZYK MARCIN              | KRAKÓW                  | POL             |                                 | 73             | M30/48                 | (M)186     | 01:18:50         | 01:18:38          | 11.45         |
| 49                  | 583           | ZABOROWSKI MARIUSZ          | ANDRYCHÓW               | POL             | TURLAJ DROPSA                   | 78             | M30/49                 | (M)187     | 01:18:57         | 01:18:48          | 11.42         |
| 50                  | 161           | GRABIEC MARCIN              | WŁOSZCZOWA              | POL             |                                 | 79             | M30/50                 | (M)196     | 01:19:34         | 01:19:29          | 11.32         |
| 51                  | 624           | KARDASZ GRZEGORZ            | OLKUSZ                  | POL             |                                 | 76             | M30/51                 | (M)200     | 01:19:46         | 01:19:36          | 11.31         |
| 52                  | 122           | DZIURA ROBERT               | BIBICE                  | POL             |                                 | 77             | M30/52                 | (M)203     | 01:19:55         | 01:19:48          | 11.28         |
| 53                  | 135           | GAJEK DOMINIK               | KIELCE                  | POL             |                                 | 80             | M30/53                 | (M)204     | 01:19:57         | 01:19:22          | 11.34         |
| 54                  | 351           | MICHAŁSKI RAFAŁ             | JAWORZNO                | POL             | KB MCKIS JAWORZNO               | 75             | M30/54                 | (M)206     | 01:20:01         | 01:19:33          | 11.31         |
| 55                  | 53            | BRODKA PAWEŁ                | RADOM                   | POL             | KLUB MARATOŃCZYKA AZS RADOM     | 74             | M30/55                 | (M)212     | 01:20:36         | 01:19:48          | 11.28         |
| 56                  | 436           | PRASEK ARTUR                | RADOM                   | POL             | ALFA STAR RADOM                 | 73             | M30/56                 | (M)213     | 01:20:37         | 01:19:51          | 11.27         |
| 57                  | 48            | BORKOWSKI PIOTR             | MOGILANY                | POL             | NIEZRZESZONY                    | 79             | M30/57                 | (M)215     | 01:20:44         | 01:20:40          | 11.16         |
| 58                  | 280           | KUKIELKA SEBASTIAN          | KRAKÓW                  | POL             |                                 | 78             | M30/58                 | (M)220     | 01:20:57         | 01:20:41          | 11.15         |
| 59                  | 445           | PTAK TOMASZ                 | KRAKÓW                  | POL             | NIEZRZESZONY                    | 78             | M30/59                 | (M)222     | 01:21:02         | 01:21:01          | 11.11         |
| 60                  | 147           | GLUCH GRZEGORZ              | KRZESZOWICE             | POL             | ZIS/ZMP-KRAKÓW                  | 74             | M30/60                 | (M)229     | 01:21:18         | 01:21:11          | 11.09         |
| 61                  | 183           | INDYKA MACIEJ               | KRAKÓW                  | POL             | DYNAMOMETR.PL TEAM              | 80             | M30/61                 | (M)231     | 01:21:23         | 01:21:21          | 11.06         |
| 62                  | 261           | KRAWCZYK ZENON              | KRAKÓW                  | POL             | KRAKOWSKI KLUB MORSÓW KALORYFER | 76             | M30/62                 | (M)233     | 01:21:37         | 01:20:55          | 11.12         |
| 63                  | 41            | BŁOŃSKI BARTLOMIEJ          | BIELSKO-BIAŁA           | POL             | NIEZRZESZONY                    | 79             | M30/63                 | (M)234     | 01:21:40         | 01:21:24          | 11.06         |
| 64                  | 80            | CHOMICZ KRZYSZTOF           | ORZESZE                 | POL             | 16 BPD KRAKÓW                   | 79             | M30/64                 | (M)237     | 01:21:47         | 01:20:51          | 11.13         |
| 65                  | 561           | WIJAS MARIUSZ               | KRAKÓW                  | POL             |                                 | 73             | M30/65                 | (M)240     | 01:22:01         | 01:21:46          | 11.01         |
| 66                  | 415           | PIETRYJA ŁUKASZ             | WIŚLA WIELKA            | POL             |                                 | 79             | M30/66                 | (M)243     | 01:22:06         | 01:22:06          | 10.96         |
| 67                  | 471           | SIEMIŃSKI GRZEGORZ          | KRAKÓW                  | POL             | NIEZRZESZONY                    | 74             | M30/67                 | (M)246     | 01:22:24         | 01:22:24          | 10.92         |
| 68                  | 253           | KOWALSKI ŁUKASZ             | ZABRZE                  | POL             |                                 | 80             | M30/68                 | (M)249     | 01:22:29         | 01:22:12          | 10.95         |
| 69                  | 463           | RYMARCZYK PRZEMYSŁAW        | KRAKÓW                  | POL             |                                 | 78             | M30/69                 | (M)259     | 01:23:37         | 01:23:34          | 10.77         |
| 70                  | 704           | STYRYLSKI PAWEŁ             | SKAWINA                 | POL             |                                 | 80             | M30/70                 | (M)261     | 01:23:44         | 01:22:52          | 10.86         |
| 71                  | 607           | BASIŃSKI DOMINIK            | BOCHNIA                 | POL             |                                 | 80             | M30/71                 | (M)264     | 01:24:08         | 01:24:08          | 10.70         |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>               | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>Czas Netto</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|-----------------------------------|----------------|-------------------------------|------------------|-------------------|---------------|
| 72                  | 12            | ANDRZEJEWSKI DARIUSZ        | WODZISŁAW ŚLĄSKI        | POL             | NIERZESZONY                       | 74             | M30/72 (M)268                 | 01:24:27         | 01:24:19          | 10.67         |
| 73                  | 349           | MICHALAK MIROSLAW           | TYCHY                   | POL             | ZADYSZKA OŚWIĘCIM                 | 72             | M30/73 (M)270                 | 01:24:32         | 01:24:03          | 10.71         |
| 74                  | 44            | BOGUSZ ADAM                 | KRAKÓW                  | POL             | PRO%MILE ADVENTURE TEAM           | 78             | M30/74 (M)272                 | 01:24:42         | 01:24:42          | 10.63         |
| 75                  | 328           | MALAGA ARTUR                | MAKÓW PODHALAŃSKI       | POL             | MAKOW-SKI TEAM                    | 75             | M30/75 (M)277                 | 01:25:18         | 01:25:13          | 10.56         |
| 76                  | 567           | WŁODARKIEWICZ DAMIAN        | KATOWICE                | POL             |                                   | 77             | M30/76 (M)279                 | 01:25:28         | 01:24:43          | 10.62         |
| 77                  | 369           | MUCHA PAWEŁ                 | ZABIERZÓW               | POL             |                                   | 78             | M30/77 (M)281                 | 01:25:33         | 01:25:12          | 10.56         |
| 78                  | 409           | PIĄTÓN PIOTR                | WIELICZKA               | POL             | DISKUS POLSKA                     | 78             | M30/78 (M)282                 | 01:25:34         | 01:25:19          | 10.55         |
| 79                  | 400           | PALKA JACEK                 | DOBRA                   | POL             | KS LIMANOWA FORREST               | 79             | M30/79 (M)283                 | 01:25:40         | 01:24:57          | 10.59         |
| 80                  | 454           | RAWSKI ŁUKASZ               | MAKÓW PODHALAŃSKI       | POL             | MAKOW-SKI TEAM                    | 74             | M30/80 (M)284                 | 01:25:49         | 01:25:49          | 10.49         |
| 81                  | 159           | GÓRKA TOMASZ                | JORDANÓW                | POL             | ZIS/ZMP-KRAKÓW                    | 79             | M30/81 (M)292                 | 01:27:27         | 01:27:21          | 10.30         |
| 82                  | 304           | LUBOWICKI PIOTR             | KRAKÓW                  | POL             |                                   | 75             | M30/82 (M)295                 | 01:27:52         | 01:27:41          | 10.26         |
| 83                  | 181           | HULL DAWID                  | KRAKÓW                  | POL             | AŚ KRAKÓW                         | 75             | M30/83 (M)302                 | 01:28:46         | 01:28:08          | 10.21         |
| 84                  | 446           | PURCHLA PIOTR               | POLANOWICE              | POL             | LKS POLANOWICE                    | 77             | M30/84 (M)304                 | 01:29:06         | 01:28:54          | 10.12         |
| 85                  | 333           | MALINA TOMASZ               | KRAKÓW                  | POL             |                                   | 75             | M30/85 (M)306                 | 01:29:22         | 01:28:51          | 10.13         |
| 86                  | 542           | TYCZYŃSKI ARKADIUSZ         | RADOM                   | POL             |                                   | 75             | M30/86 (M)311                 | 01:30:03         | 01:29:22          | 10.07         |
| 87                  | 160           | GRABIEC DARIUSZ             | LIBERTÓW                | POL             |                                   | 76             | M30/87 (M)315                 | 01:30:24         | 01:30:13          | 9.98          |
| 88                  | 350           | MICHALIK PAWEŁ              | KRAKÓW                  | POL             |                                   | 79             | M30/88 (M)316                 | 01:30:30         | 01:30:06          | 9.99          |
| 89                  | 197           | JANUS MAREK                 | WIELICZKA               | POL             | KOŹMICKI WIATR                    | 78             | M30/89 (M)317                 | 01:30:32         | 01:30:25          | 9.95          |
| 90                  | 694           | ŚMIECH SŁAWOMIR             |                         | POL             |                                   | 75             | M30/90 (M)319                 | 01:30:37         | 01:30:13          | 9.98          |
| 91                  | 35            | BIALEK ADAM                 | KATOWICE                | POL             |                                   | 73             | M30/91 (M)321                 | 01:30:43         | 01:30:32          | 9.94          |
| 92                  | 152           | GONDEK KRZYSZTOF            | PRZECLAW                | POL             |                                   | 78             | M30/92 (M)322                 | 01:30:44         | 01:30:18          | 9.97          |
| 93                  | 705           | ZAWADA JACEK                | SKAWINA                 | POL             |                                   | 76             | M30/93 (M)325                 | 01:30:53         | 01:30:34          | 9.94          |
| 94                  | 285           | KURAS LESZEK                | ALEKSANDRÓW ŁÓDZKI      | POL             |                                   | 80             | M30/94 (M)329                 | 01:31:03         | 01:30:48          | 9.91          |
| 95                  | 290           | KUŚ SEBASTIAN               | LISZKI                  | POL             |                                   | 77             | M30/95 (M)332                 | 01:31:10         | 01:30:48          | 9.91          |
| 96                  | 356           | MIĘTKA JACEK                | KRAKÓW                  | POL             | PIT                               | 73             | M30/96 (M)336                 | 01:31:20         | 01:31:07          | 9.88          |
| 97                  | 575           | WOŁOŻYŃ RAFAŁ               | SKAWINA                 | POL             | NIERZESZONY                       | 76             | M30/97 (M)337                 | 01:31:24         | 01:31:24          | 9.85          |
| 98                  | 642           | RÓG BARTEK                  | MYŚLENICE               | POL             | ZIS-ZMP                           | 80             | M30/98 (M)340                 | 01:31:39         | 01:31:33          | 9.83          |
| 99                  | 174           | GUTKOWSKI ŁUKASZ            | MAKÓW NOWY              | POL             |                                   | 81             | M30/99 (M)341                 | 01:31:41         | 01:30:59          | 9.89          |
| 100                 | 662           | GUTKOWSKI TOMASZ            | RADOM                   | POL             |                                   | 79             | M30/100 (M)344                | 01:31:46         | 01:31:05          | 9.88          |
| 101                 | 190           | JAMBORSKI ŁUKASZ            | KRAKÓW                  | POL             | NIERZESZONY                       | 80             | M30/101 (M)347                | 01:32:01         | 01:31:37          | 9.82          |
| 102                 | 196           | JANKOWSKI RAFAŁ             | DĄBROWA GÓRNICZA        | POL             | NIERZESZONY                       | 74             | M30/102 (M)351                | 01:32:18         | 01:31:56          | 9.79          |
| 103                 | 574           | WOŁEK MARCIN                | KRAKÓW                  | POL             | ROWEROWANIE.PL                    | 72             | M30/103 (M)359                | 01:33:03         | 01:31:56          | 9.79          |
| 104                 | 413           | PIERŚCIŃSKI MARIUSZ         | KRAKÓW                  | POL             |                                   | 74             | M30/104 (M)361                | 01:33:08         | 01:32:59          | 9.68          |
| 105                 | 609           | WIECHECKI JACEK             | KRAKÓW                  | POL             |                                   | 75             | M30/105 (M)366                | 01:33:44         | 01:33:44          | 9.60          |
| 106                 | 546           | WAJDA MAREK                 | KRAKÓW                  | POL             |                                   | 76             | M30/106 (M)368                | 01:33:53         | 01:33:45          | 9.60          |
| 107                 | 51            | BRAUM MICHAŁ                | KRAKÓW                  | POL             | NIERZESZONY                       | 79             | M30/107 (M)370                | 01:33:56         | 01:33:32          | 9.62          |
| 108                 | 355           | MIĘDZIK TOMASZ              | KRAKÓW                  | POL             |                                   | 75             | M30/108 (M)374                | 01:34:03         | 01:34:03          | 9.57          |
| 109                 | 36            | BIAŁKA JAKUB                | STARY SĄCZ              | POL             | VISEGRAD MARATON RYTRO            | 80             | M30/109 (M)377                | 01:34:19         | 01:34:11          | 9.56          |
| 110                 | 302           | LOREK GERARD                | JASZENICA               | POL             | NIERZESZONY                       | 79             | M30/110 (M)378                | 01:34:20         | 01:34:03          | 9.57          |
| 111                 | 248           | KOT MARCIN                  | KRZESZOWICE             | POL             | KKB KRZESZOWICE                   | 79             | M30/111 (M)380                | 01:34:30         | 01:33:51          | 9.59          |
| 112                 | 474           | SITARZ ŁUKASZ               | SIEMIANOWICE ŚLĄSKIE    | POL             |                                   | 78             | M30/112 (M)382                | 01:34:34         | 01:33:50          | 9.59          |
| 113                 | 232           | KOKOSZKA TOMASZ             | BRZESKO                 | POL             |                                   | 73             | M30/113 (M)385                | 01:34:55         | 01:34:46          | 9.50          |
| 114                 | 587           | ZAPART GRZEGORZ             | KRAKÓW                  | POL             | KKB DYSTANS KRAKÓW                | 72             | M30/114 (M)386                | 01:35:04         | 01:34:14          | 9.55          |
| 115                 | 537           | TRZECIAK PIOTR              | KRAKÓW                  | POL             |                                   | 73             | M30/115 (M)394                | 01:35:35         | 01:35:16          | 9.45          |
| 116                 | 478           | SIWEK PIOTR                 | KRAKÓW                  | POL             | PIT                               | 73             | M30/116 (M)398                | 01:35:47         | 01:35:33          | 9.42          |
| 117                 | 277           | KUCZARA ROBERT              | KRZESZOWICE             | POL             | WULKAN KRZESZOWICE                | 79             | M30/117 (M)401                | 01:36:05         | 01:35:24          | 9.43          |
| 118                 | 680           | MUSIAŁ WITOLD               | KRAKÓW                  | POL             |                                   | 76             | M30/118 (M)405                | 01:36:19         | 01:35:48          | 9.39          |
| 119                 | 75            | CHŁOPEK ARTUR               | KRAKÓW                  | POL             | DUSZPASTERSTWO AKADEMICKIE RUCZAJ | 75             | M30/119 (M)410                | 01:36:53         | 01:36:38          | 9.31          |
| 120                 | 205           | JÓZKOWICZ SEBASTIAN         | KRZESZOWICE             | POL             | ZIS/ZMP-KRAKÓW                    | 76             | M30/120 (M)414                | 01:37:29         | 01:37:07          | 9.27          |
| 121                 | 485           | STANKIEWICZ BOGUSŁAW        | GLOGOCZOW               | POL             | NIERZESZONY                       | 76             | M30/121 (M)416                | 01:38:15         | 01:37:43          | 9.21          |
| 122                 | 359           | MIKRUT ŁUKASZ               | KRAKÓW                  | POL             | NIERZESZONY                       | 80             | M30/122 (M)420                | 01:38:52         | 01:38:02          | 9.18          |
| 123                 | 276           | KUBIK KRZYSZTOF             | WIELICZKA               | POL             |                                   | 78             | M30/123 (M)429                | 01:40:12         | 01:40:07          | 8.99          |
| 124                 | 246           | KOSMAŁA BARTOSZ             | KRAKÓW                  | POL             | NIERZESZONY                       | 74             | M30/124 (M)442                | 01:41:54         | 01:40:56          | 8.92          |
| 125                 | 92            | ĆWIKŁO JAKUB                | KRAKÓW                  | POL             | NIERZESZONY                       | 78             | M30/125 (M)448                | 01:43:40         | 01:42:46          | 8.76          |
| 126                 | 689           | MASŁOŃ SEBASTIAN            | KRAKÓW                  | POL             |                                   | 80             | M30/126 (M)449                | 01:43:49         | 01:43:28          | 8.70          |
| 127                 | 204           | JÓZKOWICZ ŁUKASZ            | KRAKÓW                  | POL             | YMCA KRAKÓW                       | 77             | M30/127 (M)450                | 01:44:03         | 01:43:41          | 8.68          |
| 128                 | 457           | ROCZNIK GRZEGORZ            | SANOK                   | POL             | BIEGAM BO LUBIĘ                   | 80             | M30/128 (M)451                | 01:44:08         | 01:43:35          | 8.69          |
| 129                 | 256           | KOZŁOWSKI ADAM              | KRAKÓW                  | POL             |                                   | 73             | M30/129 (M)460                | 01:45:41         | 01:45:18          | 8.55          |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City     | Kraj Nat | Drużyna Team            | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [km/h] |
|--------------|--------|----------------------|----------------------|----------|-------------------------|---------|------------------------|-----------|------------|--------|
| 130          | 300    | LIGEŻA WITOLD        | KRAKÓW               | POL      | GRUPA EDUKACYJNA KANGUR | 72      | M30/130 (M)462         | 01:46:53  | 01:46:19   | 8.47   |
| 131          | 142    | GAUDNIK WOJCIECH     | BRZESKO              | POL      |                         | 81      | M30/131 (M)463         | 01:47:14  | 01:46:24   | 8.46   |
| 132          | 25     | BARSZCZEWSKI MICHAŁ  | SOSNOWIEC            | POL      | FUNDACJA EXODUS         | 78      | M30/132 (M)464         | 01:47:29  | 01:47:20   | 8.39   |
| 133          | 178    | GWIAZDA KAZIMIERZ    | ŁĘKAWICA             | POL      |                         | 73      | M30/133 (M)466         | 01:48:08  | 01:48:08   | 8.32   |
| 134          | 419    | PINKOS ŁUKASZ        | SIEMIANOWICE ŚLĄSKIE | POL      | PINKI TEAM              | 81      | M30/134 (M)472         | 01:50:05  | 01:49:27   | 8.22   |
| 135          | 655    | MAJKRZAK MARIUSZ     | SUCHA BESKIDZKA      | POL      | POLMI SUCHA BESKIDZKA   | 76      | M30/135 (M)473         | 01:51:25  | 01:51:25   | 8.08   |
| 136          | 293    | LATOCHA WALDEMAR     | KRAKÓW               | POL      | JURATOR - RUNNING TEAM  | 81      | M30/136 (M)475         | 01:53:18  | 01:52:28   | 8.00   |
| 137          | 500    | SZAJOWSKI DARIUSZ    | KRAKÓW               | POL      |                         | 79      | M30/137 (M)481         | 01:55:26  | 01:54:56   | 7.83   |
| 138          | 647    | LEŚNIAK ŁUKASZ       | MOGILANY             | POL      |                         | 80      | M30/138 (M)482         | 01:55:29  | 01:55:10   | 7.81   |
| 139          | 169    | GRODNY BARTOSZ       | WARSZAWA             | POL      |                         | 77      | M30/139 (M)483         | 01:56:40  | 01:56:29   | 7.73   |
| 140          | 68     | BUSZKIEWICZ MIROSLAW | OLECHÓW STARY        | POL      |                         | 78      | M30/140 (M)484         | 02:00:10  | 02:00:06   | 7.49   |
| 141          | 348    | MEJ PAWEŁ            | BACZKÓW              | POL      | BOSY BIEGACZ            | 72      | M30/141 (M)488         | 02:14:54  | 02:14:53   | 6.67   |

### Bieg 15km Mężczyźni KATEGORIA:M40

|    |     |                         |                    |     |                                |    |               |          |          |       |
|----|-----|-------------------------|--------------------|-----|--------------------------------|----|---------------|----------|----------|-------|
| 1  | 89  | CZYŻ GRZEGORZ           | BOGUMIŁOWICE       | POL | AUTOMATYKA-TARNÓW              | 67 | M40/1 (M)5    | 00:53:22 | 00:53:21 | 16.87 |
| 2  | 669 | KASPRZYK JACEK          | KRAKÓW             | POL | WAWEL KRAKÓW                   | 70 | M40/2 (M)8    | 00:57:02 | 00:57:01 | 15.78 |
| 3  | 602 | TRENER DARIUSZ          | KRAKÓW             | POL | POWER HAUSE                    | 70 | M40/3 (M)9    | 00:57:04 | 00:57:01 | 15.78 |
| 4  | 388 | OLSZOWIK GRZEGORZ       | KRAKÓW             | POL |                                | 66 | M40/4 (M)10   | 00:57:09 | 00:57:09 | 15.75 |
| 5  | 519 | SZYMURA GRZEGORZ        | LESZCZYNY          | POL | NIEZRZESZONY                   | 71 | M40/5 (M)13   | 00:58:27 | 00:58:24 | 15.41 |
| 6  | 636 | SZCZEPANIUK MAREK       | KRAKÓW             | POL | BRYGADA POWIETRZNODESANTOWA    | 70 | M40/6 (M)14   | 00:58:53 | 00:58:51 | 15.29 |
| 7  | 323 | MAJ TADEUSZ             | KRAKÓW             | POL | AZS-AWF MASTERS KRAKOW         | 63 | M40/7 (M)17   | 01:00:26 | 01:00:25 | 14.90 |
| 8  | 224 | KIJANKA ARTUR           | ZIELONKI           | POL |                                | 68 | M40/8 (M)21   | 01:01:37 | 01:01:34 | 14.62 |
| 9  | 16  | ARNDT WOJCIECH          | KRAKÓW             | POL |                                | 71 | M40/9 (M)24   | 01:01:50 | 01:01:48 | 14.56 |
| 10 | 164 | GREGORCZYK MARIUSZ      | OSIEK              | POL | ZADYSZKA OŚWIĘCIM              | 71 | M40/10 (M)25  | 01:01:52 | 01:01:47 | 14.57 |
| 11 | 140 | GALUSZKA MARIUSZ        | PORĄBKA            | POL | PGNIG GAZOWNIA ZABRZAŃSKA      | 70 | M40/11 (M)26  | 01:02:11 | 01:02:07 | 14.49 |
| 12 | 686 | ZIEBOWICZ SŁAWOMIR      | KRAKÓW             | POL | AZS-AWF MASTERS KRAKOW         | 62 | M40/12 (M)28  | 01:02:28 | 01:02:23 | 14.43 |
| 13 | 657 | RYZAK MARIAN            | RYTRO              | POL | NEWAG NOWY SĄCZ                | 62 | M40/13 (M)31  | 01:02:45 | 01:02:44 | 14.35 |
| 14 | 556 | WESTENHOLZ PIOTR        | BALIN              | POL | KB MCKIS JAWORZNO              | 64 | M40/14 (M)37  | 01:03:26 | 01:03:09 | 14.25 |
| 15 | 170 | GRYCZ MIROSLAW          | KRAKÓW             | POL | NIEZRZESZONY                   | 70 | M40/15 (M)39  | 01:03:35 | 01:03:33 | 14.16 |
| 16 | 344 | MAZURKIEWICZ MAREK      | KRAKÓW             | POL |                                | 66 | M40/16 (M)45  | 01:05:12 | 01:05:04 | 13.83 |
| 17 | 238 | KONIK GRZEGORZ          | PRZECISZÓW         | POL | ZADYSZKA OŚWIĘCIM              | 69 | M40/17 (M)51  | 01:06:36 | 01:06:06 | 13.62 |
| 18 | 721 | ZIĘBOWICZ MIROSLAW      | KRAKÓW             | POL |                                | 62 | M40/18 (M)57  | 01:07:21 | 01:07:21 | 13.36 |
| 19 | 510 | SZESZKO MAREK           | BYTOM              | POL | KRS TKKF JASTRZĄB RUDA ŚLĄSKA  | 64 | M40/19 (M)58  | 01:07:28 | 01:07:18 | 13.37 |
| 20 | 531 | TOFILSKI ADAM           | KRAKÓW             | POL | AZS-AWF MASTERS KRAKOW         | 70 | M40/20 (M)60  | 01:08:01 | 01:07:52 | 13.26 |
| 21 | 603 | KOPTA ADAM              | MOGILANY           | POL | MOGILANY MARATON TEAM          | 71 | M40/21 (M)61  | 01:08:06 | 01:08:00 | 13.24 |
| 22 | 222 | KĘSICKI ANDRZEJ         | KRAKÓW             | POL | KB TP                          | 67 | M40/22 (M)62  | 01:08:06 | 01:07:16 | 13.38 |
| 23 | 484 | STANISZEWSKI ARTUR      | KRAKÓW             | POL | KRAKÓW AIRPORT RUNNIG TEAM MAT | 70 | M40/23 (M)66  | 01:09:03 | 01:09:00 | 13.04 |
| 24 | 54  | BRUDNY GRZEGORZ         | PSZCZYNA           | POL | KADRA PNIÓWEK                  | 70 | M40/24 (M)67  | 01:09:04 | 01:08:49 | 13.08 |
| 25 | 671 | PAPAŁA LESZEK           | ŁAZISKA GÓRNE      | POL |                                | 62 | M40/25 (M)73  | 01:09:48 | 01:09:42 | 12.91 |
| 26 | 482 | SOJKA ROBERT            | JAWORZNO           | POL | KB MCKIS JAWORZNO              | 67 | M40/26 (M)75  | 01:09:55 | 01:09:20 | 12.98 |
| 27 | 430 | POPIS PIOTR             | KOZIENICE          | POL | NA ZDROWIE KOZIENICE           | 70 | M40/27 (M)78  | 01:10:37 | 01:10:35 | 12.75 |
| 28 | 79  | CHOLDA KRZYSZTOF        | KRAKÓW             | POL | AZS-AWF MASTERS KRAKÓW         | 64 | M40/28 (M)80  | 01:10:46 | 01:10:40 | 12.74 |
| 29 | 74  | CHLEBDA ANDRZEJ         | KRAKÓW             | POL |                                | 64 | M40/29 (M)81  | 01:10:58 | 01:10:53 | 12.70 |
| 30 | 208 | KALANDYK MAREK          | TYCZYN             | POL |                                | 66 | M40/30 (M)85  | 01:11:13 | 01:10:49 | 12.71 |
| 31 | 37  | BIEŃKOWSKI ŁUKASZ       | KRAKÓW             | POL | KKB DYSTANS KRAKÓW             | 68 | M40/31 (M)94  | 01:11:41 | 01:11:08 | 12.65 |
| 32 | 648 | SKOTNICKI ADRIAN        | WROCLAW            | POL | OLA TEAM                       | 71 | M40/32 (M)101 | 01:12:07 | 01:12:00 | 12.50 |
| 33 | 260 | KRAWCZYK MAREK          | KRAKÓW             | POL |                                | 71 | M40/33 (M)102 | 01:12:08 | 01:12:08 | 12.48 |
| 34 | 444 | PRZYBYLSKI JACEK SZYMON | WRÓBLIK SZLACHECKI | POL | WRÓBLIK SZLACHECKI             | 68 | M40/34 (M)103 | 01:12:19 | 01:12:14 | 12.46 |
| 35 | 73  | CEŁAK DARIUSZ           | SUCHA BESKIDZKA    | POL |                                | 63 | M40/35 (M)106 | 01:12:33 | 01:12:33 | 12.41 |
| 36 | 462 | RUSEK JAROSŁAW          | KRAKÓW             | POL | AZS-AWF MASTERS KRAKOW         | 69 | M40/36 (M)108 | 01:12:42 | 01:12:28 | 12.42 |
| 37 | 11  | ABRAMCZYK JACEK         | RYTRO              | POL | VISEGRAD MARATON RYTRO         | 67 | M40/37 (M)114 | 01:13:27 | 01:13:27 | 12.25 |
| 38 | 399 | PAJEWSKI JERZY          | KRAKÓW             | POL |                                | 68 | M40/38 (M)116 | 01:13:34 | 01:13:24 | 12.26 |
| 39 | 483 | SOKOŁOWSKI MAREK        | MYSŁOWICE-WESOLA   | POL | NIEZRZESZONY                   | 69 | M40/39 (M)118 | 01:13:55 | 01:13:42 | 12.21 |
| 40 | 227 | KLECZA JAROSŁAW         | NYSA               | POL | NYSA BIEGA                     | 68 | M40/40 (M)122 | 01:14:14 | 01:14:08 | 12.14 |
| 41 | 591 | ZIELIŃSKI RAFAŁ         | KRAKÓW             | POL | AZS-AWF MASTERS KRAKÓW         | 66 | M40/41 (M)126 | 01:14:42 | 01:14:14 | 12.12 |
| 42 | 163 | GRADEK DARIUSZ          | KRAKÓW             | POL |                                | 71 | M40/42 (M)128 | 01:14:48 | 01:14:42 | 12.05 |
| 43 | 639 | KACZMARSKI DARIUSZ      | KRAKÓW             | POL | AZS AWF MASTERS KRAKÓW         | 62 | M40/43 (M)130 | 01:14:55 | 01:14:46 | 12.04 |
| 44 | 347 | MADRZYK MAREK           | KRAKÓW             | POL | KB TP                          | 63 | M40/44 (M)136 | 01:15:10 | 01:14:16 | 12.12 |
| 45 | 146 | GĘBSKI GRZEGORZ         | JAWORZNO           | POL | KB MCKIS JAWORZNO              | 66 | M40/45 (M)143 | 01:15:44 | 01:15:21 | 11.94 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>               | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>Czas Netto</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|-----------------------------------|----------------|-------------------------------|------------------|-------------------|---------------|
| 46                  | 690           | PALICH TOMASZ               | KRAKÓW                  | POL             | YMCA KRAKÓW                       | 67             | M40/46 (M)145                 | 01:16:00         | 01:15:34          | 11.91         |
| 47                  | 230           | MALEC ZBIGNIEW              | WARSZAWA                | POL             |                                   | 71             | M40/47 (M)146                 | 01:16:05         | 01:16:03          | 11.83         |
| 48                  | 240           | KOPEĆ ARTUR                 | JAWORZNO                | POL             | KB MCKIS JAWORZNO                 | 70             | M40/48 (M)150                 | 01:16:32         | 01:16:05          | 11.83         |
| 49                  | 646           | BARAN JÓZEF                 | KRAKÓW                  | POL             |                                   | 64             | M40/49 (M)151                 | 01:16:41         | 01:16:36          | 11.75         |
| 50                  | 596           | ZWONEK PAWEŁ                | KRAKOW                  | POL             | EXROWEROWANIE.PL                  | 69             | M40/50 (M)153                 | 01:16:45         | 01:16:33          | 11.76         |
| 51                  | 623           | WIOREK EDWARD               | KRAKÓW                  | POL             |                                   | 62             | M40/51 (M)155                 | 01:16:48         | 01:16:29          | 11.77         |
| 52                  | 284           | KUPCZAK TADEUSZ             | BRZUŚNIK                | POL             |                                   | 62             | M40/52 (M)156                 | 01:16:53         | 01:16:36          | 11.75         |
| 53                  | 626           | WCISŁO MAREK                | KRAKÓW-SKOTNIKI         | POL             | SSB SKOTNIKI                      | 63             | M40/53 (M)163                 | 01:17:23         | 01:17:13          | 11.66         |
| 54                  | 202           | JĘDRYSIK MICHAŁ             | OŚWIĘCIM                | POL             | NIEZRZESZONY                      | 68             | M40/54 (M)165                 | 01:17:36         | 01:17:22          | 11.63         |
| 55                  | 658           | RYZAK ANDRZEJ               | RYTRO                   | POL             | WIEGRAD MARATON RYTRO             | 65             | M40/55 (M)168                 | 01:17:45         | 01:17:39          | 11.59         |
| 56                  | 486           | STARZYŃSKI TOMASZ           | KRAKÓW                  | POL             | KRAKÓW AIRPORT - RUNNING TEAM MAT | 68             | M40/56 (M)170                 | 01:17:51         | 01:17:51          | 11.56         |
| 57                  | 317           | MACHLOWSKI RYSZARD          | KRAKÓW                  | POL             | KKB DYSTANS KRAKÓW                | 63             | M40/57 (M)175                 | 01:18:05         | 01:18:02          | 11.53         |
| 58                  | 39            | BLAK WIESŁAW                | SKAWINA                 | POL             |                                   | 64             | M40/58 (M)177                 | 01:18:17         | 01:18:04          | 11.53         |
| 59                  | 387           | OKTABSKI WIESIEK            | KRAKOW                  | POL             | AZS-AWF MASTERS KRAKOW            | 66             | M40/59 (M)179                 | 01:18:22         | 01:17:57          | 11.55         |
| 60                  | 723           | ROGASCH STANISŁAW           | KRAKÓW                  | POL             |                                   | 65             | M40/60 (M)184                 | 01:18:36         | 01:18:20          | 11.49         |
| 61                  | 100           | DOBROWOLSKI ZBIGNIEW        | OŚWIĘCIM                | POL             | ZADYSZKA OŚWIĘCIM                 | 62             | M40/61 (M)188                 | 01:19:03         | 01:18:36          | 11.45         |
| 62                  | 98            | DĄBROWA ZBIGNIEW            | KRAKÓW                  | POL             | NIEZRZESZONY                      | 69             | M40/62 (M)190                 | 01:19:09         | 01:19:05          | 11.38         |
| 63                  | 50            | BRANIA ANDRZEJ              | OŚWIĘCIM                | POL             | ZADYSZKA OŚWIĘCIM                 | 69             | M40/63 (M)193                 | 01:19:21         | 01:19:10          | 11.37         |
| 64                  | 456           | REGUŁA PIOTR                | KRAKÓW                  | POL             |                                   | 65             | M40/64 (M)194                 | 01:19:24         | 01:19:14          | 11.36         |
| 65                  | 213           | KANIA WIESŁAW               | KRAKÓW                  | POL             |                                   | 71             | M40/65 (M)195                 | 01:19:34         | 01:19:29          | 11.32         |
| 66                  | 508           | SZELIGA WOJCIECH            | IMIELIN                 | POL             |                                   | 69             | M40/66 (M)199                 | 01:19:40         | 01:19:36          | 11.31         |
| 67                  | 226           | KITLIŃSKI WOJCIECH          | KRAKÓW                  | POL             | VALEO                             | 68             | M40/67 (M)205                 | 01:20:01         | 01:19:50          | 11.27         |
| 68                  | 726           | ZUBEL IRENEUSZ              | KRAKÓW                  | POL             | AZS AWF MASTERS KRAKÓW            | 65             | M40/68 (M)209                 | 01:20:17         | 01:19:50          | 11.27         |
| 69                  | 286           | KURAS ROMAN                 | MYSZKÓW                 | POL             |                                   | 70             | M40/69 (M)210                 | 01:20:19         | 01:20:05          | 11.24         |
| 70                  | 505           | SZCZĘŚNIAK MACIEJ           | BĘDZIN                  | POL             | NIEZRZESZONY                      | 71             | M40/70 (M)216                 | 01:20:46         | 01:20:42          | 11.15         |
| 71                  | 502           | SZCZEPANIK TOMASZ           | CZĘSTOCHOWA             | POL             | ZABIEGANI CZĘSTOCHOWA             | 67             | M40/71 (M)217                 | 01:20:47         | 01:20:00          | 11.25         |
| 72                  | 267           | KRUK PIOTR                  | GŁOGOCZÓW               | POL             | NIEZRZESZONY                      | 71             | M40/72 (M)219                 | 01:20:55         | 01:20:29          | 11.18         |
| 73                  | 435           | PRADEL GRZEGORZ             | KRAKÓW                  | POL             | 6BPD                              | 63             | M40/73 (M)221                 | 01:20:59         | 01:20:46          | 11.14         |
| 74                  | 157           | GÓRECKI RYSZARD             | GLIWICE                 | POL             |                                   | 65             | M40/74 (M)225                 | 01:21:09         | 01:20:39          | 11.16         |
| 75                  | 612           | ZWONEK WŁODZIMIERZ          | KRAKÓW                  | POL             |                                   | 65             | M40/75 (M)226                 | 01:21:14         | 01:20:50          | 11.13         |
| 76                  | 279           | KUĆ JAROSŁAW                | KRAKÓW                  | POL             |                                   | 66             | M40/76 (M)227                 | 01:21:17         | 01:20:52          | 11.13         |
| 77                  | 3             | STAWICKI ZDZISŁAW           | BLACHOWNIA              | POL             | BLACHOWNIA                        | 70             | M40/77 (M)232                 | 01:21:30         | 01:21:23          | 11.06         |
| 78                  | 173           | GUNIA MARIUSZ               | OŚWIĘCIM                | POL             | ZADYSZKA OŚWIĘCIM                 | 65             | M40/78 (M)241                 | 01:22:03         | 01:21:56          | 10.98         |
| 79                  | 320           | MADLEWSKI DARIUSZ           | KRAKÓW                  | POL             | IFS                               | 71             | M40/79 (M)244                 | 01:22:13         | 01:21:36          | 11.03         |
| 80                  | 235           | KOLONKO MIROSLAW            | CHORZÓW                 | POL             | MCC MARATHON CLUB CHORZÓW         | 70             | M40/80 (M)245                 | 01:22:18         | 01:21:50          | 11.00         |
| 81                  | 634           | WOŁOSZYN RYSZARD            | BIELSKO BIAŁA           | POL             | KLINGSPOR BIELSKO BIAŁA           | 66             | M40/81 (M)260                 | 01:23:38         | 01:22:50          | 10.87         |
| 82                  | 395           | OSTROWSKI PIOTR             | TCZEW                   | POL             |                                   | 71             | M40/82 (M)262                 | 01:23:51         | 01:23:45          | 10.75         |
| 83                  | 336           | MARAS LADISLAV              | PRESOV                  | SVK             | JAMES                             | 63             | M40/83 (M)265                 | 01:24:08         | 01:23:17          | 10.81         |
| 84                  | 57            | BRZOSOWSKI PIOTR            | JAWORZNO                | POL             | KB MCKIS JAWORZNO                 | 69             | M40/84 (M)267                 | 01:24:25         | 01:24:02          | 10.71         |
| 85                  | 268           | KRUK SŁAWOMIR               | KRAKÓW                  | POL             |                                   | 70             | M40/85 (M)269                 | 01:24:27         | 01:24:06          | 10.70         |
| 86                  | 257           | KRAMARCZYK MACIEJ           | WĘGRZCE WIELKIE         | POL             |                                   | 68             | M40/86 (M)273                 | 01:24:43         | 01:24:25          | 10.66         |
| 87                  | 167           | GROCHOWSKI GRZEGORZ         | PIEKARY ŚLĄSKIE         | POL             | MOSIR PIEKARY ŚLĄSKIE             | 71             | M40/87 (M)286                 | 01:25:58         | 01:25:46          | 10.49         |
| 88                  | 14            | ANTKIEWICZ JANUSZ           | KRAKÓW                  | POL             | AZS-AWF MASTERS KRAKOW            | 64             | M40/88 (M)290                 | 01:27:20         | 01:26:49          | 10.37         |
| 89                  | 188           | JACIUBEK JACEK              | KRAKÓW                  | POL             | BIEGAM BO LUBIĘ                   | 66             | M40/89 (M)294                 | 01:27:51         | 01:27:27          | 10.29         |
| 90                  | 622           | CZOCHÓR WOJCIECH            | GORLICE                 | POL             | MARATON GORLICE                   | 64             | M40/90 (M)297                 | 01:28:05         | 01:27:59          | 10.23         |
| 91                  | 651           | WOJAS PAWEŁ                 | KRAKÓW                  | POL             |                                   | 71             | M40/91 (M)299                 | 01:28:12         | 01:28:12          | 10.20         |
| 92                  | 340           | MATANIN DUSAN               | HUMENNE                 | SVK             | SKP HUMENNE                       | 69             | M40/92 (M)308                 | 01:29:29         | 01:28:37          | 10.16         |
| 93                  | 661           | GRABOWSKI MARIUSZ           | KRAKÓW                  | POL             |                                   | 70             | M40/93 (M)323                 | 01:30:44         | 01:30:19          | 9.96          |
| 94                  | 294           | LEHMAN TOMASZ               | MYŚLENICE               | POL             |                                   | 67             | M40/94 (M)324                 | 01:30:46         | 01:30:46          | 9.92          |
| 95                  | 166           | GROCHAL JAN                 | WIELICZKA               | POL             |                                   | 64             | M40/95 (M)330                 | 01:31:06         | 01:30:47          | 9.91          |
| 96                  | 62            | BUDNY WIESLAW               | KRAKÓW                  | POL             | KRAKÓW                            | 67             | M40/96 (M)331                 | 01:31:07         | 01:31:01          | 9.89          |
| 97                  | 665           | JACHYMIK MAREK              | WIELICZKA               | POL             |                                   | 65             | M40/97 (M)338                 | 01:31:33         | 01:30:47          | 9.91          |
| 98                  | 360           | MIKUŁA ZBIGNIEW,DARIUSZ     | SKAŁA                   | POL             |                                   | 63             | M40/98 (M)342                 | 01:31:43         | 01:30:56          | 9.90          |
| 99                  | 420           | PIOTROWSKI JAN              | KRAKÓW                  | POL             |                                   | 63             | M40/99 (M)343                 | 01:31:43         | 01:30:54          | 9.90          |
| 100                 | 401           | PARA EDWARD                 | RAĆZNA                  | POL             | NIEZRZESZONY                      | 65             | M40/100 (M)352                | 01:32:21         | 01:32:11          | 9.76          |
| 101                 | 514           | SZOT JERZY                  | KRAKOW                  | POL             | KRAK INVEST RUNNING TEAM          | 70             | M40/101 (M)353                | 01:32:23         | 01:31:49          | 9.80          |
| 102                 | 604           | SAPA LUCJAN                 | KRAKÓW                  | POL             |                                   | 69             | M40/102 (M)356                | 01:32:38         | 01:32:38          | 9.72          |
| 103                 | 568           | WNUK GRZEGORZ               | RYBNIK                  | POL             | SBD ENERGETYK RYBNIK              | 68             | M40/103 (M)357                | 01:32:48         | 01:32:16          | 9.75          |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team                       | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [km/h] |
|--------------|--------|----------------------|------------------|----------|------------------------------------|---------|------------------------|-----------|------------|--------|
| 104          | 59     | BUCZAK JAROSŁAW      | PIŃCZÓW          | POL      | KL PONIDZIE PIŃCZÓW                | 62      | M40/104 (M)360         | 01:33:07  | 01:32:14   | 9.76   |
| 105          | 681    | TOMASZEWSKI DARIUSZ  | KRAKÓW           | POL      | DYSTANS KRAKÓW                     | 64      | M40/105 (M)362         | 01:33:16  | 01:32:28   | 9.73   |
| 106          | 379    | NIEWIELSKI JANUSZ    | WIELICZKA        | POL      | UKS GIMNAZJON WIELICZKA            | 65      | M40/106 (M)363         | 01:33:16  | 01:32:38   | 9.72   |
| 107          | 21     | BALICKI MAREK        | KRAKÓW           | POL      | NIEZRZESZONY                       | 71      | M40/107 (M)383         | 01:34:37  | 01:34:13   | 9.55   |
| 108          | 361    | MIKUŚKIEWICZ MICHAŁ  | CHRZANÓW         | POL      |                                    | 71      | M40/108 (M)387         | 01:35:06  | 01:34:50   | 9.49   |
| 109          | 672    | ZASADA TOMASZ        | KRAKÓW           | POL      | AZS AWF MASTERS KRAKÓW             | 71      | M40/109 (M)390         | 01:35:14  | 01:34:32   | 9.52   |
| 110          | 331    | MALICKI GRZEGORZ     | KOŃSKIE          | POL      | PASAT KOŃSKIE                      | 70      | M40/110 (M)391         | 01:35:17  | 01:34:51   | 9.49   |
| 111          | 470    | SIATA GRZEGORZ       | CHRZANÓW         | POL      |                                    | 69      | M40/111 (M)392         | 01:35:21  | 01:35:06   | 9.46   |
| 112          | 597    | ZWONEK PIOTR         | KRAKÓW           | POL      | EXROWEROWANIE.PL                   | 67      | M40/112 (M)399         | 01:35:58  | 01:35:32   | 9.42   |
| 113          | 660    | NOWAK JACEK          | WIELICZKA        | POL      |                                    | 68      | M40/113 (M)400         | 01:36:00  | 01:35:29   | 9.43   |
| 114          | 363    | MISIACZEK PIOTR      | KRAKÓW           | POL      |                                    | 67      | M40/114 (M)413         | 01:37:24  | 01:36:27   | 9.33   |
| 115          | 679    | KLAUS PAWEŁ          | KRAKÓW           | POL      |                                    | 71      | M40/115 (M)418         | 01:38:37  | 01:38:04   | 9.18   |
| 116          | 663    | BUCZAK MACIEJ        | PIŃCZÓW          | POL      | KL PONIDZIE PIŃCZÓW                | 63      | M40/116 (M)423         | 01:39:14  | 01:39:06   | 9.08   |
| 117          | 319    | MADEJ MIROSLAW       | KRAKÓW           | POL      | KRAKÓW                             | 64      | M40/117 (M)428         | 01:39:44  | 01:39:21   | 9.06   |
| 118          | 124    | FARON JANUSZ         | NOWY SĄCZ        | POL      | VISEGRAD MARATON RYTRO             | 65      | M40/118 (M)443         | 01:41:58  | 01:41:20   | 8.88   |
| 119          | 32     | BEDNARZ WACŁAW       | KRAKÓW           | POL      | KKB DYSTANS KRAKÓW                 | 65      | M40/119 (M)444         | 01:42:09  | 01:41:49   | 8.84   |
| 120          | 605    | WOJTASIK ARKADIUSZ   | KRAKÓW           | POL      |                                    | 71      | M40/120 (M)445         | 01:42:29  | 01:41:59   | 8.82   |
| 121          | 641    | BIEGUN HENRYK        | WĘGIERSKA GÓRKA  | POL      | KS HALNY WĘGIERSKA GÓRKA           | 64      | M40/121 (M)446         | 01:42:43  | 01:42:43   | 8.76   |
| 122          | 711    | GADOMSKI PRZEMYSŁAW  | KRAKÓW           | POL      |                                    | 71      | M40/122 (M)447         | 01:43:22  | 01:42:29   | 8.78   |
| 123          | 15     | ARCZYŃSKI MAREK      | KRAKÓW           | POL      |                                    | 68      | M40/123 (M)452         | 01:44:18  | 01:44:18   | 8.63   |
| 124          | 536    | TRYSTUŁA DARIUSZ     | KRAKÓW           | POL      |                                    | 69      | M40/124 (M)458         | 01:44:59  | 01:44:37   | 8.60   |
| 125          | 469    | SIARA MARIUSZ        | KRAKÓW           | POL      |                                    | 67      | M40/125 (M)459         | 01:45:10  | 01:44:59   | 8.57   |
| 126          | 168    | GRODECKI JANUSZ      | LIBIAŻ           | POL      | NIEZRZESZONY                       | 71      | M40/126 (M)461         | 01:45:52  | 01:45:03   | 8.57   |
| 127          | 653    | KURIANOWICZ WIESŁAW  | GLIWICE          | POL      |                                    | 62      | M40/127 (M)468         | 01:48:51  | 01:48:06   | 8.33   |
| 128          | 625    | BRANDYS WOJCIECH     | KRAKÓW           | POL      | CENTRUM MEDYCZNE ŚW.DAMIANA KRAKÓW | 66      | M40/128 (M)471         | 01:49:04  | 01:49:04   | 8.25   |
| 129          | 298    | LIBERA STANISŁAW     | KRAKÓW           | POL      | AZS-AWF MASTERS KRAKOW             | 63      | M40/129 (M)474         | 01:52:39  | 01:51:37   | 8.06   |
| 130          | 620    | KUCHARSKI PIOTR      | RUDAWA           | POL      |                                    | 71      | M40/130 (M)476         | 01:53:56  | 01:53:13   | 7.95   |
| 131          | 321    | MAGDA KAZIMIERZ      | KRAKÓW           | POL      | KKB DYSTANS KRAKÓW                 | 64      | M40/131 (M)479         | 01:55:22  | 01:54:32   | 7.86   |
| 132          | 96     | DANIELAK ROMAN       | ZIELONKI         | POL      | DYSTANS KRAKÓW                     | 67      | M40/132 (M)480         | 01:55:23  | 01:54:36   | 7.85   |
| 133          | 299    | LIGEŻA JACEK         | OŚWIĘCIM         | POL      | ZADYSZKA OŚWIĘCIM                  | 66      | M40/133 (M)486         | 02:02:43  | 02:02:32   | 7.34   |

### Bieg 15km Mężczyźni KATEGORIA:M50

|    |     |                     |                  |     |   |    |               |          |          |       |
|----|-----|---------------------|------------------|-----|---|----|---------------|----------|----------|-------|
| 1  | 318 | MACIOL ANDRZEJ      | KRAKÓW           | POL | AZS-AWF MASTERS KRAKOW                  | 54 | M50/1 (M)16   | 01:00:25 | 01:00:24 | 14.90 |
| 2  | 20  | BADERA KRZYSZTOF    | JAWISZOWICE      | POL | MASTERS BRZESZCZE                       | 60 | M50/2 (M)23   | 01:01:39 | 01:01:33 | 14.62 |
| 3  | 143 | GAWĘŁ BOGDAN        | OŚWIĘCIM-ZABORZE | POL | MIŁOŚNIK SPORTU OŚWIĘCIM-ZABORZE        | 56 | M50/3 (M)41   | 01:04:31 | 01:04:27 | 13.96 |
| 4  | 674 | ORLICKI STANISŁAW   | TYCHY            | POL | 40-LATEK TYCHY                          | 59 | M50/4 (M)46   | 01:05:26 | 01:05:24 | 13.76 |
| 5  | 600 | KAMIŃSKI KRZYSZTOF  | KRAKÓW           | POL |   | 58 | M50/5 (M)64   | 01:08:15 | 01:08:15 | 13.19 |
| 6  | 237 | KOŁODZIEJCZYK JERZY | KRAKÓW           | POL | 6BPD                                    | 58 | M50/6 (M)79   | 01:10:40 | 01:10:33 | 12.76 |
| 7  | 33  | BEHOUNEK LESZEK     | ZAKOPANE         | POL | TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE | 59 | M50/7 (M)83   | 01:11:03 | 01:10:54 | 12.69 |
| 8  | 644 | DYRLAGA STANISŁAW   | WĘGIERSKA GÓRKA  | POL | KS HALNY WĘGIERSKA GÓRKA                | 58 | M50/8 (M)92   | 01:11:35 | 01:11:22 | 12.61 |
| 9  | 158 | GÓRKA JAN-WITOLD    | KRAKÓW           | POL |   | 61 | M50/9 (M)96   | 01:11:47 | 01:11:44 | 12.55 |
| 10 | 525 | TASAREK RYSZARD     | NYSA             | POL | NYSA BIEGA                              | 52 | M50/10 (M)100 | 01:12:06 | 01:12:01 | 12.50 |
| 11 | 397 | PACEWICZ MAREK      | ZIELONKI         | POL | KB TP                                   | 56 | M50/11 (M)105 | 01:12:31 | 01:12:01 | 12.50 |
| 12 | 606 | SIUDEK KAZIMIERZ    | KRAKÓW           | POL |   | 60 | M50/12 (M)110 | 01:13:02 | 01:13:02 | 12.32 |
| 13 | 675 | BRODAKCI WIESŁAW    | TYCHY            | POL | 40-LATEK TYCHY                          | 61 | M50/13 (M)119 | 01:13:55 | 01:13:51 | 12.19 |
| 14 | 449 | RADCZAK ANDRZEJ     | KRAKÓW           | POL |   | 61 | M50/14 (M)123 | 01:14:19 | 01:13:44 | 12.21 |
| 15 | 61  | BUDNIK RYSZARD      | CICHE            | POL |   | 58 | M50/15 (M)125 | 01:14:40 | 01:14:20 | 12.11 |
| 16 | 461 | RÓŻAK STANISŁAW     | WOŁOWICE         | POL | NIEZRZESZONY                            | 60 | M50/16 (M)127 | 01:14:44 | 01:14:26 | 12.09 |
| 17 | 1   | WCISŁO STANISŁAW    | KRAKÓW           | POL | AZS AWF MASTERS KRAKÓW STASIU-SKOTNIKI  | 58 | M50/17 (M)129 | 01:14:52 | 01:14:52 | 12.02 |
| 18 | 441 | PRZEBINDA GRZEGORZ  | KRAKÓW           | POL | UJ                                      | 59 | M50/18 (M)133 | 01:14:59 | 01:14:59 | 12.00 |
| 19 | 548 | WALKOWSKI HENRYK    | SOSNOWIEC        | POL | TKKFCZELADZ                             | 55 | M50/19 (M)147 | 01:16:09 | 01:15:53 | 11.86 |
| 20 | 210 | KAMIŃSKI JERZY      | SZYMBARK         | POL | MARATON GORLICE                         | 59 | M50/20 (M)152 | 01:16:44 | 01:16:24 | 11.78 |
| 21 | 342 | MAZUR ZBIGNIEW      | KRAKÓW           | POL |   | 56 | M50/21 (M)164 | 01:17:35 | 01:17:26 | 11.62 |
| 22 | 543 | URBANIAK MARIAN     | TRZEŚŃ           | POL | GOSIR GORZYCE                           | 59 | M50/22 (M)167 | 01:17:43 | 01:17:34 | 11.60 |
| 23 | 128 | FIGA RYSZARD        | GORLICE          | POL | MARATON GORLICE - FESTIWAL BIEGOWY      | 58 | M50/23 (M)171 | 01:17:58 | 01:17:53 | 11.56 |
| 24 | 121 | DZIOPA CEZARIUSZ    | KONIN            | POL | NIEZRZESZONY                            | 58 | M50/24 (M)172 | 01:17:59 | 01:17:49 | 11.57 |
| 25 | 593 | ZIÓŁKO JAN          | KRAKÓW           | POL | KKB DYSTANS KRAKÓW                      | 52 | M50/25 (M)178 | 01:18:20 | 01:18:09 | 11.52 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>                    | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>Czas Netto</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|--|----------------|-------------------------------|------------------|-------------------|---------------|
| 26                  | 549           | WAŁASZEK JAN                | TARNÓW                  | POL             | DACHDEK PSB                            | 61             | M50/26 (M)181                 | 01:18:26         | 01:18:26          | 11.47         |
| 27                  | 464           | RZESZÓDKO STANISŁAW         | ANDRYCHÓW               | POL             |  | 57             | M50/27 (M)192                 | 01:19:18         | 01:19:18          | 11.35         |
| 28                  | 627           | GRACJASZ JAN                | KRAKÓW                  | POL             | GRAJBUD 1                              | 55             | M50/28 (M)201                 | 01:19:49         | 01:19:29          | 11.32         |
| 29                  | 518           | SZYMCZYNA ZDZISŁAW          | KRAKÓW                  | POL             | KKB DYSTANS KRAKÓW                     | 58             | M50/29 (M)202                 | 01:19:53         | 01:19:10          | 11.37         |
| 30                  | 127           | FEDIRKO TADEUSZ             | KRAKÓW                  | POL             | NIEZRZESZONY                           | 55             | M50/30 (M)207                 | 01:20:15         | 01:19:47          | 11.28         |
| 31                  | 621           | MOSKAL ANDRZEJ              | BIECZ                   | POL             |  | 54             | M50/31 (M)208                 | 01:20:17         | 01:20:10          | 11.23         |
| 32                  | 326           | MAJEWSKI JAN                | DĄBROWA GÓRNICZA        | POL             | PKM SOSNOWIEC                          | 56             | M50/32 (M)218                 | 01:20:50         | 01:20:20          | 11.20         |
| 33                  | 154           | GORLEWSKI WŁODZIMIERZ       | DĄBROWA GÓRNICZA        | POL             | NIEZRZESZONY                           | 57             | M50/33 (M)230                 | 01:21:22         | 01:21:01          | 11.11         |
| 34                  | 69            | BYCZEK STANISŁAW            | KRAKÓW                  | POL             | KKB DYSTANS KRAKÓW                     | 61             | M50/34 (M)239                 | 01:21:56         | 01:20:44          | 11.15         |
| 35                  | 180           | HOJDYS KAZIMIERZ            | MIĘDZYBRODZIE           | POL             | PROMOTION ŻAR                          | 56             | M50/35 (M)247                 | 01:22:24         | 01:21:35          | 11.03         |
| 36                  | 544           | URBAŃSKI JÓZEF              | KROSNO                  | POL             | KKB MOSIR KROSNO                       | 58             | M50/36 (M)250                 | 01:22:30         | 01:21:39          | 11.02         |
| 37                  | 272           | KRZYSZTONEK ZENON           | KRAKÓW                  | POL             | AZS AWF MASTERS KRAKÓW STASIU-SKOTNIKI | 53             | M50/37 (M)252                 | 01:23:05         | 01:22:52          | 10.86         |
| 38                  | 539           | TURSKI BOGDAN               | KRAKÓW                  | POL             | KKB DYSTANS KRAKÓW                     | 53             | M50/38 (M)253                 | 01:23:06         | 01:22:11          | 10.95         |
| 39                  | 417           | PILCH KRZYSZTOF             | KRAKÓW                  | POL             |  | 58             | M50/39 (M)255                 | 01:23:19         | 01:22:47          | 10.87         |
| 40                  | 541           | TYC RYSZARD                 | KRAKOW                  | POL             | KRAK INVEST RUNNING TEAM               | 60             | M50/40 (M)256                 | 01:23:22         | 01:22:49          | 10.87         |
| 41                  | 434           | POŹNIAK SZYMON              | KRAKÓW                  | POL             | NIEZRZESZONY                           | 53             | M50/41 (M)263                 | 01:24:07         | 01:23:13          | 10.82         |
| 42                  | 223           | KIELAR JANUSZ               | KRAKÓW                  | POL             |  | 60             | M50/42 (M)266                 | 01:24:20         | 01:24:15          | 10.68         |
| 43                  | 138           | GAŁOŚZ LESZEK               | SUCHA BESKIDZKA         | POL             | POLNI SUCHA BESKIDZKA                  | 61             | M50/43 (M)288                 | 01:26:52         | 01:26:34          | 10.40         |
| 44                  | 391           | OPIOŁA SŁAWOMIR             | KRAKÓW                  | POL             | AZS-AWF MASTERS KRAKOW                 | 61             | M50/44 (M)291                 | 01:27:21         | 01:26:49          | 10.37         |
| 45                  | 262           | KRÓL TADEUSZ                | JAWORZNO                | POL             | KB MCKIS JAWORZNO                      | 52             | M50/45 (M)298                 | 01:28:12         | 01:27:47          | 10.25         |
| 46                  | 396           | PABIS LESLAW                | BIELSKO BIAŁA           | POL             | SĄSIEDZI BIELSKO-BIAŁA                 | 52             | M50/46 (M)303                 | 01:28:55         | 01:28:35          | 10.16         |
| 47                  | 453           | RAMUT RYSZARD               | KRAKÓW                  | POL             |  | 59             | M50/47 (M)305                 | 01:29:07         | 01:28:24          | 10.18         |
| 48                  | 106           | DUDZIK KRZYSZTOF            | KRAKÓW                  | POL             | NIEZRZESZONY                           | 58             | M50/48 (M)309                 | 01:29:41         | 01:29:37          | 10.04         |
| 49                  | 29            | BASIŃSKI MARIUSZ            | KROTOSZYN               | POL             | K.S. KROTOSZ KROTOSZYN                 | 61             | M50/49 (M)310                 | 01:29:43         | 01:29:36          | 10.04         |
| 50                  | 165           | GROCH MAREK                 | KRAKÓW                  | POL             |  | 57             | M50/50 (M)312                 | 01:30:11         | 01:29:39          | 10.04         |
| 51                  | 529           | TOBIASZ WIESŁAW             | KRAKÓW                  | POL             | ELSTER                                 | 55             | M50/51 (M)313                 | 01:30:13         | 01:30:00          | 10.00         |
| 52                  | 383           | NOWAK MAREK                 | WIELICZKA               | POL             | AZS-AWF MASTERS KRAKOW                 | 57             | M50/52 (M)318                 | 01:30:35         | 01:29:53          | 10.01         |
| 53                  | 371           | MUSUR ADAM                  | OLEŚNICA                | POL             | POLSKA BIEGA                           | 53             | M50/53 (M)320                 | 01:30:42         | 01:30:40          | 9.93          |
| 54                  | 42            | BOBOWSKI MARIAN             | KRAKÓW                  | POL             |  | 57             | M50/54 (M)327                 | 01:31:00         | 01:30:00          | 10.00         |
| 55                  | 710           | WŁODARCZYK ZBIGNIEW         | SKAWINA                 | POL             |  | 53             | M50/55 (M)339                 | 01:31:37         | 01:30:42          | 9.92          |
| 56                  | 703           | DZIEDZIC KAZIMIERZ          | KĘPANÓW 17              | POL             |  | 56             | M50/56 (M)345                 | 01:31:48         | 01:31:37          | 9.82          |
| 57                  | 633           | SZCZĘKOCCI PAWEŁ            | KRAKÓW                  | POL             |  | 57             | M50/57 (M)346                 | 01:32:00         | 01:31:36          | 9.83          |
| 58                  | 84            | CIERNIAK ZDZISŁAW           | KRAKÓW                  | POL             | AZS-AWF MASTERS KRAKOW                 | 53             | M50/58 (M)348                 | 01:32:08         | 01:31:26          | 9.84          |
| 59                  | 217           | KARETKO ANDRZEJ             | KRAKÓW                  | POL             | NIEZRZESZONY                           | 57             | M50/59 (M)355                 | 01:32:37         | 01:32:17          | 9.75          |
| 60                  | 112           | DYLAĞ MAREK                 | JAWORZNO                | POL             | KB MCKIS JAWORZNO                      | 61             | M50/60 (M)364                 | 01:33:21         | 01:33:02          | 9.67          |
| 61                  | 722           | MIODOŃSKI JAN               | KRAKÓW                  | POL             |  | 56             | M50/61 (M)367                 | 01:33:52         | 01:33:19          | 9.64          |
| 62                  | 275           | KUBICA KAZIMIERZ            | BIELSKO-BIAŁA           | POL             | SĄSIEDZI BIELSKO-BIAŁA                 | 54             | M50/62 (M)372                 | 01:34:00         | 01:33:25          | 9.63          |
| 63                  | 640           | JURASZEK ANTONI             | WĘGIERSKA GÓRKA         | POL             | KS HALNY WĘGIERSKA GÓRKA               | 56             | M50/63 (M)373                 | 01:34:02         | 01:33:39          | 9.61          |
| 64                  | 573           | WOJCİK LESZEK               | DOBCZYCE                | POL             | DALIN MYSLENICE                        | 55             | M50/64 (M)389                 | 01:35:12         | 01:34:48          | 9.49          |
| 65                  | 523           | ŚLUSARCZYK JERZY            | KRAKÓW                  | POL             | AZS-AWF MASTERS KRAKOW                 | 58             | M50/65 (M)393                 | 01:35:22         | 01:34:42          | 9.50          |
| 66                  | 144           | GAŚIOROWSKI KONRAD          | KRAKÓW                  | POL             | AZS-AWF MASTERS KRAKOW                 | 53             | M50/66 (M)397                 | 01:35:45         | 01:35:07          | 9.46          |
| 67                  | 334           | MALISZEWSKI BOGUSŁAW        | GLIWICE                 | POL             |  | 54             | M50/67 (M)402                 | 01:36:08         | 01:36:08          | 9.36          |
| 68                  | 252           | KOWALCZYK TADEUSZ           | KRAKOW                  | POL             | NIEZRZESZONY                           | 54             | M50/68 (M)406                 | 01:36:40         | 01:36:04          | 9.37          |
| 69                  | 218           | KARKOSZ RYSZARD             | JAWORZNO                | POL             | KB MCKIS JAWORZNO                      | 52             | M50/69 (M)407                 | 01:36:40         | 01:36:40          | 9.31          |
| 70                  | 584           | ZAJĄC ANDRZEJ               | KRAKÓW                  | POL             | KKB DYSTANS KRAKÓW                     | 60             | M50/70 (M)409                 | 01:36:52         | 01:36:32          | 9.32          |
| 71                  | 649           | DOMAŃSKI STANISŁAW          | WROCLAW                 | POL             | NANTES                                 | 59             | M50/71 (M)412                 | 01:37:20         | 01:36:52          | 9.29          |
| 72                  | 545           | WADOWSKI WŁODZIMIERZ        | KRAKÓW                  | POL             | NIEZRZESZONY                           | 58             | M50/72 (M)417                 | 01:38:17         | 01:38:08          | 9.17          |
| 73                  | 589           | ZEMUŁA ZBIGNIEW             | KRAKÓW                  | POL             | KORA & DORA KRAKÓW                     | 54             | M50/73 (M)419                 | 01:38:50         | 01:38:01          | 9.18          |
| 74                  | 239           | KONTOWSKI RAFAŁ             | MICHAŁOWICE             | POL             |  | 61             | M50/74 (M)421                 | 01:39:12         | 01:38:21          | 9.15          |
| 75                  | 719           | PURCHLA JAN                 | KRAKÓW                  | POL             |  | 60             | M50/75 (M)424                 | 01:39:19         | 01:38:33          | 9.13          |
| 76                  | 618           | PROSZĘ UZUPEŁNIĆ DANE       | RABKA                   | POL             | KJB RABKA SŁONE                        | 54             | M50/76 (M)426                 | 01:39:42         | 01:39:42          | 9.03          |
| 77                  | 308           | ŁAPUSZEK MAREK              | KRAKÓW                  | POL             | GIMNAZJUM NR 12 W KRAKOWIE             | 57             | M50/77 (M)430                 | 01:40:14         | 01:40:14          | 8.98          |
| 78                  | 643           | FICOŃ JAN                   | WĘGIERSKA GÓRKA         | POL             | KS HALNY WĘGIERSKA GÓRKA               | 58             | M50/78 (M)432                 | 01:40:40         | 01:40:29          | 8.96          |
| 79                  | 527           | TEKIELA TADEUSZ             | KRAKÓW                  | POL             | HUTNIK                                 | 57             | M50/79 (M)435                 | 01:40:42         | 01:40:10          | 8.99          |
| 80                  | 558           | WIATR STANISŁAW             | DĄBROWA TARNOWSKA       | POL             | NIEZRZESZONY                           | 52             | M50/80 (M)439                 | 01:41:32         | 01:41:28          | 8.87          |
| 81                  | 364           | MISIARZ JÓZEF               | KRAKOW                  | POL             |  | 57             | M50/81 (M)440                 | 01:41:35         | 01:41:35          | 8.86          |
| 82                  | 295           | LETKI JERZY                 | KRAKÓW                  | POL             |  | 53             | M50/82 (M)441                 | 01:41:53         | 01:41:49          | 8.84          |
| 83                  | 2             | MIGDAŁ ADAM                 | KRAKÓW                  | POL             | RADA MIASTA KRAKOWA                    | 55             | M50/83 (M)453                 | 01:44:18         | 01:44:12          | 8.64          |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team       | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------------|---------|------------------------|-----------|------------|--------|
| 84           | 403    | PASEK WOJCIECH       | KOŃSKIE          | POL      | PASAT KOŃSKIE      | 59      | M50/84 (M)456          | 01:44:24  | 01:43:30   | 8.70   |
| 85           | 614    | LIPIŃSKI KRZYSZTOF   | KRAKÓW           | POL      | DYSTANS            | 59      | M50/85 (M)467          | 01:48:46  | 01:48:40   | 8.28   |
| 86           | 511    | SZOPA LESZEK 'TYTUS' | PODOLSZE         | POL      | KKB DYSTANS KRAKÓW | 53      | M50/86 (M)477          | 01:53:56  | 01:53:27   | 7.93   |
| 87           | 255    | KOZIÓŁ WITOLD        | OSTROWIEC        | POL      |                    | 59      | M50/87 (M)485          | 02:00:11  | 02:00:09   | 7.49   |

### Bieg 15km Mężczyźni KATEGORIA:M60

|    |     |                        |                 |     |  |    |               |          |          |       |
|----|-----|------------------------|-----------------|-----|--|----|---------------|----------|----------|-------|
| 1  | 414 | PIERZYŃKA ZBIGNIEW     | KRAKÓW          | POL | POGORIA BIEGA                          | 51 | M60/1 (M)18   | 01:00:34 | 01:00:32 | 14.87 |
| 2  | 473 | SIKORA STEFAN          | BIELSKO BIALA   | POL | BESKIDEK BIELSKO BIALA                 | 49 | M60/2 (M)27   | 01:02:20 | 01:02:18 | 14.45 |
| 3  | 220 | KAZANIN WIKTOR         | KIEV            | UKR | KLUB MASTEROW KIEV                     | 50 | M60/3 (M)30   | 01:02:38 | 01:02:38 | 14.37 |
| 4  | 113 | DYMEK JÓZEF            | BRZEZINKA 4     | POL | KKB DYSTANS KRAKÓW                     | 50 | M60/4 (M)69   | 01:09:11 | 01:09:09 | 13.02 |
| 5  | 78  | CHOLEWA JAN            | SUCHA BESKIDZKA | POL | NIEZRZESZONY                           | 48 | M60/5 (M)98   | 01:11:52 | 01:11:47 | 12.54 |
| 6  | 64  | BUKOWSKI MARIAN        | KONSKIE         | POL |  | 48 | M60/6 (M)111  | 01:13:10 | 01:12:42 | 12.38 |
| 7  | 162 | GRABOWSKI STANISŁAW    | KRAKÓW          | POL | AZS-AWF MASTERS KRAKOW                 | 51 | M60/7 (M)112  | 01:13:13 | 01:12:50 | 12.36 |
| 8  | 259 | KRASKA WŁODZIMIERZ     | KRAKOW          | POL | NIEZRZESZONY                           | 46 | M60/8 (M)115  | 01:13:31 | 01:13:24 | 12.26 |
| 9  | 373 | NAPORA MIECZYSLAW      | PIŃCZÓW         | POL | KL PONIDZIE PIŃCZÓW                    | 48 | M60/9 (M)182  | 01:18:34 | 01:18:28 | 11.47 |
| 10 | 231 | KMIECIC JANUSZ         | WIELICZKA       | POL | WIELICZKA                              | 51 | M60/10 (M)191 | 01:19:13 | 01:18:58 | 11.40 |
| 11 | 393 | OREMUS RYSZARD         | KRAKÓW          | POL | AZS AWF MASTERS KRAKÓW STASIU-SKOTNIKI | 48 | M60/11 (M)228 | 01:21:17 | 01:21:07 | 11.10 |
| 12 | 416 | PIKULSKI MIECZYSLAW    | PIŃCZÓW         | POL | KL PONIDZIE PIŃCZÓW                    | 43 | M60/12 (M)254 | 01:23:12 | 01:23:04 | 10.83 |
| 13 | 346 | MAĆZKA JERZY           | KRAKÓW          | POL |  | 50 | M60/13 (M)271 | 01:24:35 | 01:24:07 | 10.70 |
| 14 | 713 | PRZYSTAŁ RYSZARD       | OŚWIĘCIM        | POL | ZADYSZKA OŚWIĘCIM                      | 47 | M60/14 (M)274 | 01:24:52 | 01:24:50 | 10.61 |
| 15 | 352 | MICUDA JAN             | MYSŁOWICE       | POL | TRUCHTACZ MYSŁOWICE                    | 50 | M60/15 (M)275 | 01:25:09 | 01:24:39 | 10.63 |
| 16 | 191 | JAMRO LEOPOLD          | GORLICE         | POL | GORLICE                                | 42 | M60/16 (M)278 | 01:25:23 | 01:25:23 | 10.54 |
| 17 | 312 | ŁOGIEWA ANDRZEJ        | KATOWICE        | POL | KB JÓZEFINKA                           | 50 | M60/17 (M)293 | 01:27:49 | 01:26:49 | 10.37 |
| 18 | 52  | BRODA TOMASZ           | KRAKÓW          | POL | AZS-AWF MASTERS KRAKOW                 | 48 | M60/18 (M)307 | 01:29:23 | 01:29:11 | 10.09 |
| 19 | 571 | WOJCIECHOWSKI JANUSZ   | KRAKÓW          | POL | KKB DYSTANS KRAKÓW                     | 51 | M60/19 (M)326 | 01:30:54 | 01:30:38 | 9.93  |
| 20 | 490 | STOLARCZYK STANISŁAW   | TLUSZCZ         | POL | BOBR TLUSZCZ                           | 43 | M60/20 (M)328 | 01:31:01 | 01:30:12 | 9.98  |
| 21 | 551 | WARSZAWSKI WŁODZIMIERZ | JAWORZNO        | POL | KB MCKIS JAWORZNO                      | 47 | M60/21 (M)350 | 01:32:18 | 01:31:51 | 9.80  |
| 22 | 696 | MADEJ ANDRZEJ          | KRAKÓW          | POL |  | 50 | M60/22 (M)354 | 01:32:33 | 01:31:46 | 9.81  |
| 23 | 219 | KARPIŃSKI ZDZISŁAW     | KRAKÓW          | POL | WITAR TARNOBRZEG                       | 42 | M60/23 (M)379 | 01:34:26 | 01:33:50 | 9.59  |
| 24 | 335 | MAMRO ZDZISŁAW         | KRAKÓW          | POL | NIEZRZESZONY                           | 46 | M60/24 (M)395 | 01:35:37 | 01:35:09 | 9.46  |
| 25 | 709 | MADEJ JÓZEF            | OŚWIĘCIM        | POL | ZADYSZKA OŚWIĘCIM                      | 51 | M60/25 (M)425 | 01:39:25 | 01:38:51 | 9.10  |
| 26 | 619 | SZARAWARA STANISŁAW    | RABKA ZDRÓJ     | POL |  | 50 | M60/26 (M)427 | 01:39:42 | 01:38:56 | 9.10  |
| 27 | 628 | KAMMER ZBIGNIEW        | ZAWIERCIE       | POL |  | 44 | M60/27 (M)469 | 01:48:55 | 01:48:11 | 8.32  |

### Bieg 15km Mężczyźni KATEGORIA:M70

|    |     |                    |                  |     |  |       |               |          |          |       |
|----|-----|--------------------|------------------|-----|--|-------|---------------|----------|----------|-------|
| 1  | 389 | OPALLA NORBERT     | ŚWIĘTOCHŁOWICE   | POL | SKAŁKA ŚWIĘTOCHŁOWICE                        | 40    | M70/1 (M)131  | 01:14:56 | 01:14:54 | 12.02 |
| 2  | 270 | KRUPSKYY VASYL     | LVIV             | UKR | LVIVSKA OBLASNA ASOCIACJA VETERANOV40 SPORTU | M70/2 | (M)137        | 01:15:18 | 01:15:13 | 11.97 |
| 3  | 494 | STYCZEŃ MIECZYSLAW | KĄTY WROCŁAWSKIE | POL | KB KĄTY WROCŁAWSKIE                          | 40    | M70/3 (M)197  | 01:19:37 | 01:19:34 | 11.31 |
| 4  | 368 | MRÓZ ANDRZEJ       | KĘTY             | POL | ZADYSZKA OŚWIĘCIM                            | 38    | M70/4 (M)280  | 01:25:32 | 01:25:07 | 10.57 |
| 5  | 667 | OBSZARNY AUGUSTYN  | KRAKÓW           | POL |  | 34    | M70/5 (M)376  | 01:34:13 | 01:34:11 | 9.56  |
| 6  | 635 | KOZŁOWSKI TADEUSZ  | SOSNOWIEC        | POL | YKCF CZELADŹ                                 | 35    | M70/6 (M)384  | 01:34:45 | 01:34:10 | 9.56  |
| 7  | 225 | KITA STANISŁAW     | JADOWNIKI        | POL | BRZESKI KLUB BIEGACZA 'VICTORIA'             | 39    | M70/7 (M)388  | 01:35:08 | 01:34:12 | 9.55  |
| 8  | 707 | PODZOBA STANISŁAW  | KRAKÓW           | POL |  | 40    | M70/8 (M)396  | 01:35:42 | 01:35:31 | 9.42  |
| 9  | 554 | WĘGRZYCKI WIESŁAW  | KRAKÓW           | POL | KL PONIDZIE PIŃCZÓW                          | 33    | M70/9 (M)457  | 01:44:53 | 01:44:45 | 8.59  |
| 10 | 94  | DANIELAK JERZY     | RZESZÓW          | POL |  | 38    | M70/10 (M)478 | 01:55:17 | 01:55:12 | 7.81  |

### Bieg 15km Kobiety KATEGORIA:K16

|    |     |                       |             |     |                        |    |              |          |          |       |
|----|-----|-----------------------|-------------|-----|------------------------|----|--------------|----------|----------|-------|
| 1  | 13  | ANTKIEWICZ ALEKSANDRA | KRAKÓW      | POL | AZS-AWF MASTERS KRAKOW | 94 | K16/1 (K)4   | 01:04:38 | 01:04:37 | 13.93 |
| 2  | 617 | BULDA ALEKSANDRA      | SKAWINA     | POL | UKS JEDYNKA SKAWINA    | 92 | K16/2 (K)12  | 01:13:55 | 01:13:52 | 12.18 |
| 3  | 699 | TUROSZ IWONA          | LEŻAJSK     | POL |                        | 96 | K16/3 (K)22  | 01:21:33 | 01:21:26 | 11.05 |
| 4  | 683 | ADAMOWICZ AGATA       | KRAKÓW      | POL | AZS AWF MASTERS KRAKÓW | 88 | K16/4 (K)29  | 01:26:53 | 01:26:53 | 10.36 |
| 5  | 700 | WĘGRZYN EWELINA       | KRZESZOWICE | POL |                        | 93 | K16/5 (K)43  | 01:36:59 | 01:36:20 | 9.34  |
| 6  | 601 | BURY ANGELIKA         | TRZEBINIA   | POL |                        | 95 | K16/6 (K)48  | 01:38:59 | 01:38:52 | 9.10  |
| 7  | 118 | DZIEDZIŃSKA DARIA     | NYSA        | POL | NYSA BIEGA             | 92 | K16/7 (K)56  | 01:42:09 | 01:42:04 | 8.82  |
| 8  | 406 | PAWULA KATARZYNA      | KOCMYRZÓW   | POL |                        | 89 | K16/8 (K)61  | 01:46:37 | 01:46:00 | 8.49  |
| 9  | 93  | DABIŃSKA WERONIKA     | MICHAŁÓW    | POL |                        | 93 | K16/9 (K)66  | 01:51:25 | 01:51:13 | 8.09  |
| 10 | 426 | PODRAZA ALEKSANDRA    | RADŁÓW      | POL |                        | 93 | K16/10 (K)76 | 02:02:34 | 02:02:34 | 7.34  |
| 11 | 610 | KOLONKO KAMILA        | CHORZÓW     | POL | MCC CHORZÓW            | 95 | K16/11 (K)78 | 02:09:39 | 02:08:38 | 7.00  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k W kategorii YoB in Age Sex | Czas Time | Czas Netto | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|------------|--------|
|--------------|--------|----------------------|------------------|----------|--------------|--------------------------------|-----------|------------|--------|

### Bieg 15km Kobiety KATEGORIA:K24

|    |     |                       |             |     |  |                 |          |          |       |
|----|-----|-----------------------|-------------|-----|--|-----------------|----------|----------|-------|
| 1  | 71  | CADER AGNIESZKA       | ZABIERZÓW   | POL |  | 83 K24/1 (K)1   | 01:01:41 | 01:01:39 | 14.60 |
| 2  | 433 | POSMYSZ ANNA          | SKAŁA       | POL | K.U. AZS UNIwersytet Jagielloński / ULKS FAJFER 2001 ŁAPANÓW | 84 K24/2 (K)5   | 01:07:10 | 01:07:08 | 13.41 |
| 3  | 186 | JACHIMCZYK ALEKSANDRA | CHRZANÓW    | POL | FALSTART CHRZANÓW  | 83 K24/3 (K)6   | 01:07:35 | 01:07:22 | 13.36 |
| 4  | 496 | SUPIŃSKA JUSTYNA      | OLSZTYN     | POL |  | 87 K24/4 (K)18  | 01:17:53 | 01:17:50 | 11.56 |
| 5  | 249 | KOTAŚ BEATA           | KRAKÓW      | POL | AZS-AWF MASTERS KRAKOW                                       | 83 K24/5 (K)19  | 01:18:00 | 01:17:42 | 11.58 |
| 6  | 194 | JANIK MAŁGORZATA      | RZOZÓW      | POL |  | 85 K24/6 (K)39  | 01:35:32 | 01:35:23 | 9.44  |
| 7  | 296 | LEWANDOWICZ JOLANTA   | KRAKÓW      | POL |  | 85 K24/7 (K)40  | 01:36:13 | 01:35:41 | 9.41  |
| 8  | 664 | PABIŚ MONIKA          | KRAKÓW      | POL |  | 84 K24/8 (K)42  | 01:36:59 | 01:36:15 | 9.35  |
| 9  | 582 | ZABOROWSKA AGNIESZKA  | ANDRYCHÓW   | POL | TURLAJ DROPSA  | 82 K24/9 (K)46  | 01:37:39 | 01:37:18 | 9.25  |
| 10 | 698 | KAPUSTA EWELINA       | JEZIORZANY  | POL |  | 87 K24/10 (K)54 | 01:42:01 | 01:41:19 | 8.88  |
| 11 | 725 | FRYŻLEWICZ BARBARA    | LUDZMIERZ   | POL |  | 82 K24/11 (K)60 | 01:45:44 | 01:44:55 | 8.58  |
| 12 | 598 | ŻYMLA ARLETA          | RUDA ŚLĄSKA | POL |  | 85 K24/12 (K)64 | 01:47:47 | 01:47:17 | 8.39  |
| 13 | 555 | WEREWKA BEATA         | KRAKÓW      | POL |  | 84 K24/13 (K)70 | 01:55:15 | 01:54:38 | 7.85  |
| 14 | 156 | GÓRA BEATA            | KOMOROWICE  | POL | NIEZRZESZONA   | 83 K24/14 (K)71 | 01:56:11 | 01:55:54 | 7.77  |

### Bieg 15km Kobiety KATEGORIA:K30

|    |     |                     |             |     |                                    |                 |          |          |       |
|----|-----|---------------------|-------------|-----|------------------------------------|-----------------|----------|----------|-------|
| 1  | 692 | BRYCH-PAJĄK EWA     | CZĘSTOCHOWA | POL | CKS BUDOWLANI CZĘSTOCHOWA          | 75 K30/1 (K)2   | 01:01:41 | 01:01:41 | 14.59 |
| 2  | 215 | KANTYKA BEATA       | OŚWIĘCIM    | POL | ZADYSZKA OŚWIĘCIM                  | 81 K30/2 (K)8   | 01:09:52 | 01:09:39 | 12.92 |
| 3  | 375 | NĘDZA SŁAWOMIRA     | KRAKÓW      | POL |                                    | 72 K30/3 (K)10  | 01:12:52 | 01:12:46 | 12.37 |
| 4  | 579 | WROŃSKA BEATA       | JASŁO       | POL |                                    | 80 K30/4 (K)11  | 01:13:41 | 01:13:39 | 12.22 |
| 5  | 131 | FLAGA IWONA         | KRAKÓW      | POL | AZS-AWF MASTERS KRAKOW             | 77 K30/5 (K)13  | 01:14:06 | 01:14:01 | 12.16 |
| 6  | 82  | CIELUCH IZABELA     | KRAKÓW      | POL |                                    | 80 K30/6 (K)14  | 01:14:28 | 01:14:04 | 12.15 |
| 7  | 229 | MALEC MAGDALENA     | KRAKÓW      | POL |                                    | 77 K30/7 (K)15  | 01:15:05 | 01:15:04 | 11.99 |
| 8  | 141 | GARLEWICZ ASIA      | KRAKÓW      | POL | THULIUM TEAM                       | 72 K30/8 (K)16  | 01:15:48 | 01:15:26 | 11.93 |
| 9  | 380 | NOWAK AGNIESZKA     | SOSNOWIEC   | POL | POGORIA BIEGA                      | 79 K30/9 (K)26  | 01:25:48 | 01:25:28 | 10.53 |
| 10 | 382 | NOWAK EWA           | KRAKÓW      | POL |                                    | 76 K30/10 (K)31 | 01:29:54 | 01:29:39 | 10.04 |
| 11 | 234 | KOLONKO JUSTYNA     | CHORZÓW     | POL | MCC MARATHON CLUB CHORZÓW          | 75 K30/11 (K)32 | 01:31:03 | 01:30:03 | 9.99  |
| 12 | 695 | KLIMEK MAGDALENA    | KRAKÓW      | POL |                                    | 75 K30/12 (K)34 | 01:31:40 | 01:31:15 | 9.86  |
| 13 | 714 | KLICH MAGDALENA     | SZCZEPANÓW  | POL | MAŁOPOLSKA SZKOŁA WYŻSZA W BRZESKU | 78 K30/13 (K)36 | 01:33:20 | 01:32:49 | 9.70  |
| 14 | 251 | KOWALCZYK JOANNA    | KRAKOW      | POL |                                    | 73 K30/14 (K)37 | 01:34:42 | 01:34:05 | 9.57  |
| 15 | 724 | STEFANCZYK MONIKA   |             | POL |                                    | 80 K30/15 (K)44 | 01:37:08 | 01:36:44 | 9.30  |
| 16 | 90  | ĆWIK AGATA          | KRAKÓW      | POL | NIEZRZESZONA                       | 74 K30/16 (K)45 | 01:37:37 | 01:37:22 | 9.24  |
| 17 | 324 | MAJCHER BEATA       | KRAKÓW      | POL | AZS-AWF MASTERS KRAKOW             | 74 K30/17 (K)49 | 01:39:06 | 01:38:25 | 9.14  |
| 18 | 171 | GRZESIŃSKA MARTA    | KRAKÓW      | POL | AZS-AWF MASTERS KRAKÓW             | 74 K30/18 (K)50 | 01:39:06 | 01:38:25 | 9.14  |
| 19 | 532 | TOKARZ PATRYCJA     | KRAKÓW      | POL | BIEGAM BO LUBIĘ                    | 81 K30/19 (K)52 | 01:39:46 | 01:39:14 | 9.07  |
| 20 | 654 | TOMASZEK BERNADETTA | KRAKÓW      | POL | AZS AWF MASTERS KRAKÓW             | 75 K30/20 (K)55 | 01:42:04 | 01:41:25 | 8.87  |
| 21 | 712 | DOBAJ KATARZYNA     | KRAKÓW      | POL |                                    | 76 K30/21 (K)57 | 01:43:22 | 01:42:29 | 8.78  |
| 22 | 91  | ĆWIKŁO ANNA         | KRAKÓW      | POL | NIEZRZESZONA                       | 79 K30/22 (K)59 | 01:45:32 | 01:44:40 | 8.60  |
| 23 | 177 | GWIAZDA ELŻBIETA    | ŁĘKAWICA    | POL |                                    | 74 K30/23 (K)65 | 01:48:08 | 01:47:23 | 8.38  |
| 24 | 650 | RÓŻYCKA AGNIESZKA   | KRAKÓW      | POL |                                    | 72 K30/24 (K)69 | 01:54:37 | 01:53:52 | 7.90  |
| 25 | 110 | DULKO BOŻENA        | WARSZAWA    | POL | TRUCHT TARCHOMIN TEAM              | 74 K30/25 (K)75 | 02:01:59 | 02:01:20 | 7.42  |
| 26 | 616 | PIELOT IWONA        | CHORZÓW     | POL | MCC CHORZÓW                        | 74 K30/26 (K)79 | 02:12:29 | 02:11:28 | 6.85  |

### Bieg 15km Kobiety KATEGORIA:K40

|    |     |                        |                 |     |                               |                 |          |          |       |
|----|-----|------------------------|-----------------|-----|-------------------------------|-----------------|----------|----------|-------|
| 1  | 630 | MALSKA JANINA          | BOLESŁAW        | POL | WAWEL KRAKÓW                  | 70 K40/1 (K)3   | 01:03:33 | 01:03:31 | 14.17 |
| 2  | 139 | GALUSZKA HALINA        | PORAŃKA         | POL | RMD MONTRAIL TEAM             | 71 K40/2 (K)7   | 01:08:57 | 01:08:52 | 13.07 |
| 3  | 283 | KUPCZAK BOGUSŁAWA      | BRZUŚNIK        | POL |                               | 67 K40/3 (K)17  | 01:17:03 | 01:16:46 | 11.72 |
| 4  | 366 | MŁYNARSKA MARIOLA      | PAJĘCZNO        | POL | WKB META LUBLINIEC            | 71 K40/4 (K)21  | 01:19:44 | 01:19:41 | 11.29 |
| 5  | 425 | PNIAC KATARZYNA        | KRAKÓW          | POL | AZS-AWF MASTERS KRAKÓW        | 70 K40/5 (K)23  | 01:22:48 | 01:22:18 | 10.94 |
| 6  | 645 | BARAN BEATA            | KRAKÓW          | POL |                               | 67 K40/6 (K)24  | 01:24:59 | 01:24:23 | 10.67 |
| 7  | 611 | BRZYKCY BARBARA        | KRAKÓW-SKOTNIKI | POL |                               | 63 K40/7 (K)25  | 01:25:23 | 01:25:02 | 10.58 |
| 8  | 509 | SZESZKO DOROTA         | BYTOM           | POL | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | 62 K40/8 (K)27  | 01:25:51 | 01:25:41 | 10.50 |
| 9  | 590 | ZIELIŃSKA AGNIESZKA    | KRAKÓW          | POL | AZS-AWF MASTERS KRAKÓW        | 69 K40/9 (K)28  | 01:26:47 | 01:26:18 | 10.43 |
| 10 | 315 | MACHLOWSKA GRAŻYNA     | KRAKÓW          | POL | KRAKÓW                        | 63 K40/10 (K)33 | 01:31:08 | 01:31:02 | 9.89  |
| 11 | 115 | DYMEK TERESA           | KRAKÓW          | POL |                               | 71 K40/11 (K)38 | 01:35:10 | 01:34:37 | 9.51  |
| 12 | 120 | DZIOBKOWSKA MAŁGORZATA | WARSZAWA        | POL | TRUCHT TARCHOMIN TEAM         | 69 K40/12 (K)41 | 01:36:39 | 01:36:31 | 9.32  |
| 13 | 247 | KOSSAK-MACHNO DANUTA   | KRAKÓW          | POL | DYSTANS KRAKÓW                | 71 K40/13 (K)47 | 01:38:45 | 01:38:03 | 9.18  |
| 14 | 95  | DANIELAK MAŁGORZATA    | ZIELONKI        | POL |                               | 69 K40/14 (K)51 | 01:39:43 | 01:39:12 | 9.07  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team                    | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [km/h] |
|--------------|--------|----------------------|------------------|----------|---------------------------------|---------|------------------------|-----------|------------|--------|
| 15           | 390    | OPIOLA ELŻBIETA      | KRAKÓW           | POL      | AZS-AWF MASTERS KRAKOW          | 63      | K40/15 (K)58           | 01:43:45  | 01:43:03   | 8.73   |
| 16           | 153    | GORAYSKA BARBARA     | KRAKÓW           | POL      |                                 | 71      | K40/16 (K)62           | 01:47:03  | 01:47:00   | 8.41   |
| 17           | 517    | SZYLEWSKA EWA        | CHORZÓW          | POL      | KB.JÓZEFINKA                    | 71      | K40/17 (K)67           | 01:53:34  | 01:52:33   | 8.00   |
| 18           | 615    | LANGE MAŁGORZATA     | CHORZÓW          | POL      | MCC CHORZÓW                     | 66      | K40/18 (K)72           | 01:56:58  | 01:55:58   | 7.76   |
| 19           | 693    | NAZIM ALEKSANDRA     | SKAWINA          | POL      | KALORYFER KRAKOWSKI KLUB MORSÓW | 70      | K40/19 (K)80           | 02:14:06  | 02:13:05   | 6.76   |
| 20           | 38     | BIENKOWSKA KATARZYNA | KRAKÓW           | POL      |                                 | 68      | K40/20 (K)81           | 02:24:31  | 02:24:24   | 6.23   |

### Bieg 15km Kobiety KATEGORIA:K50

|   |     |                     |               |     |  |    |             |          |          |       |
|---|-----|---------------------|---------------|-----|--|----|-------------|----------|----------|-------|
| 1 | 22  | BANASIAK ALICJA     | BIELSKO BIALA | POL | SPRINT BIELSKO BIALA                       | 52 | K50/1 (K)9  | 01:12:44 | 01:12:42 | 12.38 |
| 2 | 585 | ZALISKO OKSANA      | LVIV          | UKR | LVIVSKA OBLASNA ASOCIACJA VETERANOV SPORTU | 56 | K50/2 (K)20 | 01:19:25 | 01:19:19 | 11.35 |
| 3 | 34  | BEHOUNEK MAŁGORZATA | ZAKOPANE      | POL | TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE    | 61 | K50/3 (K)63 | 01:47:19 | 01:46:45 | 8.43  |
| 4 | 599 | ŻYMLA DANUTA        | RUDA ŚLĄSKA   | POL |  | 55 | K50/4 (K)73 | 02:00:12 | 01:59:41 | 7.52  |
| 5 | 385 | NOWAK URSZULA       | WIELICZKA     | POL |  | 57 | K50/5 (K)74 | 02:00:59 | 02:00:26 | 7.47  |

### Bieg 15km Kobiety KATEGORIA:K60

|   |     |                     |           |     |  |    |             |          |          |       |
|---|-----|---------------------|-----------|-----|--|----|-------------|----------|----------|-------|
| 1 | 439 | PRYMAKOWSKA BARBARA | TARNOW    | POL | SOKÓŁ TARNÓW                               | 43 | K60/1 (K)30 | 01:29:44 | 01:29:39 | 10.04 |
| 2 | 116 | DYRDA TERESA        | SOSNOWIEC | POL | SKOK PIAST TYCHY                           | 49 | K60/2 (K)35 | 01:32:12 | 01:31:54 | 9.79  |
| 3 | 151 | GOLUB NINA          | LVIV      | UKR | LVIVSKA OBLASNA ASOCIACJA VETERANOV SPORTU | 42 | K60/3 (K)53 | 01:42:00 | 01:41:45 | 8.85  |
| 4 | 398 | PACZKO LIDIA        | KRAKOW    | POL | NIERZESZONY                                | 43 | K60/4 (K)68 | 01:53:40 | 01:52:45 | 7.98  |
| 5 | 460 | ROSIŃSKA JANINA     | PABIANICE | POL | AZS ŁÓDŹ                                   | 36 | K60/5 (K)77 | 02:05:56 | 02:05:49 | 7.15  |

### Marszbieg Mężczyźni KATEGORIA:M1

|    |     |                   |                 |     |                          |    |             |          |  |       |
|----|-----|-------------------|-----------------|-----|--------------------------|----|-------------|----------|--|-------|
| 1  | 842 | ŚWIDEREK KACPER   | BUKOWNO         | POL | UKS KUSY BUKOWNO         | 96 | M1/1 (M)7   | 00:10:06 |  | 14.85 |
| 2  | 843 | DRYNDY MATEUSZ    | BUKOWNO         | POL | UKS KUSY BUKOWNO         | 97 | M1/2 (M)12  | 00:11:24 |  | 13.16 |
| 3  | 881 | GLÓD SZYMON       | KRAKÓW          | POL |                          | 97 | M1/3 (M)14  | 00:11:38 |  | 12.89 |
| 4  | 892 | MERES KRYSZTIAN   | CHRZAŚTOWICE    |     |                          | 99 | M1/4 (M)15  | 00:11:40 |  | 12.86 |
| 5  | 909 | WOJNAR MAREK      | KRAKÓW          | POL |                          | 03 | M1/5 (M)17  | 00:12:16 |  | 12.24 |
| 6  | 854 | WRÓBEL BARTEK     | ŁAZY            | POL |                          | 00 | M1/6 (M)19  | 00:12:35 |  | 11.94 |
| 7  | 808 | WACHOWIEC MATEUSZ | KRAKÓW          | POL |                          | 01 | M1/7 (M)20  | 00:12:38 |  | 11.92 |
| 8  | 806 | WACHOWIEC MICHAŁ  | KRAKÓW          | POL |                          | 99 | M1/8 (M)22  | 00:13:22 |  | 11.22 |
| 9  | 873 | KOLONKO JONATAN   | CHORZÓW         | POL | MCC CHORZÓW              | 98 | M1/9 (M)24  | 00:13:55 |  | 10.80 |
| 10 | 800 | KRAWCZYK BARTEK   | KRAKÓW          | POL | SWOSLOWICE               | 01 | M1/10 (M)26 | 00:14:15 |  | 10.59 |
| 11 | 848 | BOGUŚ MICHAŁ      | KRAKÓW          | POL |                          | 97 | M1/11 (M)29 | 00:14:49 |  | 10.16 |
| 12 | 855 | JACHNA WOJTEK     | ŁAZY            | POL |                          | 00 | M1/12 (M)31 | 00:15:01 |  | 10.01 |
| 13 | 831 | MACHNO ARTUR      | KRAKÓW-SKOTNIKI | POL |                          | 99 | M1/13 (M)33 | 00:15:39 |  | 9.63  |
| 14 | 908 | OGRODNIK MIKOŁAJ  | KRAKÓW          | POL |                          | 96 | M1/14 (M)34 | 00:15:45 |  | 9.52  |
| 15 | 812 | GWIAZDA KACPER    | ŁĘKAWICA 14     | POL |                          | 98 | M1/15 (M)37 | 00:17:00 |  | 8.88  |
| 16 | 918 | BEDNARZ BAZYLI    | KRAKÓW          | POL |                          | 00 | M1/16 (M)38 | 00:17:26 |  | 8.61  |
| 17 | 816 | OSZYWA MICHAŁ     | BUSKO ZDRÓJ     | POL | KS SŁONECZKO BUSKO ZDRÓJ | 01 | M1/17 (M)39 | 00:17:28 |  | 8.62  |
| 18 | 815 | SZYMCZYK ARTUR    | BUSKO ZDRÓJ     | POL | KS SŁONECZKO BUSKO ZDRÓJ | 98 | M1/18 (M)40 | 00:17:29 |  | 8.63  |
| 19 | 827 | KĘSIK MATEUSZ     | CZĘSTOCHOWA     | POL | UKS AJAKS                | 02 | M1/19 (M)43 | 00:18:26 |  | 8.16  |
| 20 | 861 | KUCHARSKI JAN     | RUDAWA          | POL |                          | 01 | M1/20 (M)45 | 00:21:10 |  | 7.10  |
| 21 | 860 | KUCHARSKI JAKUB   | RUDAWA          | POL | MARATONY POLSKIE.PL      | 99 | M1/21 (M)46 | 00:21:11 |  | 7.09  |
| 22 | 865 | PIPER ADAM        | KATOWICE        | POL |                          | 05 | M1/22 (M)48 | 00:23:30 |  | 6.43  |

### Marszbieg Mężczyźni KATEGORIA:M2

|    |     |                       |             |     |                  |    |             |          |  |       |
|----|-----|-----------------------|-------------|-----|------------------|----|-------------|----------|--|-------|
| 1  | 897 | PIECH KACPER          | KRAKÓW      | POL |                  | 90 | M2/1 (M)1   | 00:08:31 |  | 17.61 |
| 2  | 829 | DUDA BARTEK           | BUKOWNO     | POL | UKS KUSY BUKOWNO | 93 | M2/2 (M)2   | 00:08:49 |  | 17.01 |
| 3  | 851 | BALA MICHAŁ           | RABKA ZDRÓJ | POL |                  | 89 | M2/3 (M)3   | 00:08:54 |  | 16.85 |
| 4  | 872 | BUJAŁA MICHAŁ         | JAWOR       | POL |                  | 87 | M2/4 (M)4   | 00:09:07 |  | 16.45 |
| 5  | 906 | ŁĘKAWA MATEUSZ        | KRAKÓW      | POL |                  | 92 | M2/5 (M)6   | 00:09:45 |  | 15.38 |
| 6  | 853 | KRAWCZYK DOMINIK      | BUKOWNO     | POL | UKS KUSY BUKOWNO | 91 | M2/6 (M)9   | 00:10:37 |  | 14.13 |
| 7  | 913 | GONDEK KAROL          | KRAKÓW      | POL |                  | 94 | M2/7 (M)18  | 00:12:32 |  | 11.97 |
| 8  | 907 | TAWRAL MICHAŁ         | KRAKÓW      | POL |                  | 92 | M2/8 (M)23  | 00:13:25 |  | 11.19 |
| 9  | 828 | WOJCIECHOWSKI DARIUSZ | KRAKÓW      | POL |                  | 80 | M2/9 (M)28  | 00:14:28 |  | 10.42 |
| 10 | 804 | MIGDAŁ PIOTR          | KRAKÓW      | POL |                  | 79 | M2/10 (M)41 | 00:17:44 |  | 8.51  |
| 11 | 863 | PIPER JANUSZ          | KATOWICE    | POL |                  | 81 | M2/11 (M)47 | 00:23:29 |  | 6.43  |

### Marszbieg Mężczyźni KATEGORIA:M3

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team             | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [km/h] |
|--------------|--------|----------------------|------------------|----------|--------------------------|---------|------------------------|-----------|------------|--------|
| 1            | 884    | MAKOWIEC ROBERT      | TUCHÓW           | POL      |                          | 75      | M3/1 (M)5              | 00:09:17  |            | 16.16  |
| 2            | 823    | PEREPICZKO ZDZISŁAW  | BLACHOWNIA       | POL      | KS SŁONECZKO BUSKO ZDRÓJ | 64      | M3/2 (M)8              | 00:10:24  |            | 14.42  |
| 3            | 830    | CZYŻ ROBERT          | KRAKÓW           | POL      |                          | 74      | M3/3 (M)10             | 00:10:55  |            | 13.76  |
| 4            | 857    | PNIAK MICHAŁ         | KRAKÓW           | POL      | AZS AWF MASTERS KRAKÓW   | 72      | M3/4 (M)11             | 00:11:07  |            | 13.49  |
| 5            | 849    | WARCHOLIK WITOLD     | KRAKÓW           | POL      |                          | 74      | M3/5 (M)13             | 00:11:29  |            | 13.06  |
| 6            | 878    | KORDOS JAN           | KRAKÓW           | POL      | DYSTANS                  | 49      | M3/6 (M)16             | 00:12:16  |            | 12.28  |
| 7            | 885    | SZEWCZYK PIOTR       | KRAKÓW           | POL      |                          | 72      | M3/7 (M)21             | 00:13:02  |            | 11.51  |
| 8            | 838    | PEKALA JAROSŁAW      | KRAKÓW           | POL      |                          | 68      | M3/8 (M)25             | 00:14:09  |            | 10.63  |
| 9            | 890    | KRAŻLAK KAZIMIERZ    | BIEŃKÓWKA        |          |                          | 66      | M3/9 (M)27             | 00:14:25  |            | 10.45  |
| 10           | 923    | WICHEREK MACIEJ      | KRAKÓW           | POL      |                          | 71      | M3/10 (M)30            | 00:14:55  |            | 10.10  |
| 11           | 805    | ŚLUSARCZYK RYSZARD   | KRAKÓW           | POL      |                          | 74      | M3/11 (M)32            | 00:15:08  |            | 9.97   |
| 12           | 914    | KĘPCZYŃSKI JANUSZ    | OŻARÓW MAZ.      | POL      | GOSIR OŻARÓW MAZ.        | 49      | M3/12 (M)35            | 00:16:03  |            | 9.38   |
| 13           | 839    | STĘPIEŃ TOMASZ       | KRAKÓW           | POL      |                          | 65      | M3/13 (M)36            | 00:16:08  |            | 9.33   |
| 14           | 927    | WILK WŁADYSŁAW       | WIELICZKA        |          |                          | 75      | M3/14 (M)42            | 00:18:06  |            | 8.34   |
| 15           | 920    | KOCHAŃSKI JANUSZ     | KRAKÓW           | POL      |                          | 45      | M3/15 (M)44            | 00:19:55  |            | 7.54   |

### Marszbieg Kobiety KATEGORIA:K1

|    |     |                      |             |     |                          |    |             |          |  |       |
|----|-----|----------------------|-------------|-----|--------------------------|----|-------------|----------|--|-------|
| 1  | 841 | DRYNDY PATRYCJA      | BUKOWNO     | POL | UKS KUSY BUKOWNO         | 98 | K1/1 (K)5   | 00:11:59 |  | 12.55 |
| 2  | 845 | KRAWCZYK WERONIKA    | BUKOWNO     | POL | UKS KUSY BUKOWNO         | 96 | K1/2 (K)7   | 00:12:21 |  | 12.15 |
| 3  | 880 | POPRAWA PAULINA      | KRAKÓW      | POL |                          | 95 | K1/3 (K)8   | 00:13:05 |  | 11.49 |
| 4  | 835 | SKWIERAWSKA ROMA     | KRAKÓW      | POL |                          | 97 | K1/4 (K)9   | 00:13:06 |  | 11.46 |
| 5  | 891 | KWIATKOWSKA KAJA     | KRAKÓW      |     |                          | 96 | K1/5 (K)14  | 00:13:49 |  | 10.88 |
| 6  | 899 | ZIELNIK KAROLINA     | KRAKÓW      | POL |                          | 95 | K1/6 (K)16  | 00:14:12 |  | 10.60 |
| 7  | 807 | WACHOWIEC OLGA       | KRAKÓW      | POL |                          | 97 | K1/7 (K)17  | 00:14:23 |  | 10.43 |
| 8  | 844 | DRYNDY WERONIKA      | BUKOWNO     | POL | UKS KUSY BUKOWNO         | 00 | K1/8 (K)18  | 00:14:31 |  | 10.36 |
| 9  | 801 | BURY ŻANETA          | TRZEBINIA   | POL |                          | 96 | K1/9 (K)20  | 00:14:50 |  | 10.14 |
| 10 | 836 | PEKALA ALEKSANDRA    | KRAKÓW      | POL |                          | 95 | K1/10 (K)21 | 00:14:50 |  | 10.11 |
| 11 | 802 | BURY MAŁGORZATA      | TRZEBINIA   | POL |                          | 98 | K1/11 (K)22 | 00:14:52 |  | 10.11 |
| 12 | 912 | ZAPART ZUZANNA       | KRAKÓW      | POL |                          | 99 | K1/12 (K)24 | 00:15:12 |  | 9.88  |
| 13 | 883 | MACHACZKA ANNA       | KRAKÓW      | POL |                          | 96 | K1/13 (K)25 | 00:15:13 |  | 9.88  |
| 14 | 833 | STĘPIEŃ JULIA        | KRAKÓW      | POL |                          | 98 | K1/14 (K)26 | 00:15:16 |  | 9.84  |
| 15 | 813 | GOZDEK JOANNA        | BUSKO ZDRÓJ | POL | KS SŁONECZKO BUSKO ZDRÓJ | 00 | K1/15 (K)28 | 00:15:49 |  | 9.53  |
| 16 | 875 | PEKALA EMILIA        | KRAKÓW      | POL |                          | 98 | K1/16 (K)40 | 00:17:18 |  | 8.68  |
| 17 | 814 | KOWALSKA KINGA       | BUSKO ZDRÓJ | POL | KS SŁONECZKO BUSKO ZDRÓJ | 99 | K1/17 (K)41 | 00:17:28 |  | 8.63  |
| 18 | 817 | KUCHARSKA MAŁGORZATA | BUSKO ZDRÓJ | POL | KS SŁONECZKO BUSKO ZDRÓJ | 95 | K1/18 (K)42 | 00:17:29 |  | 8.62  |
| 19 | 821 | KUCHARSKA ELIZA      | BUSKO ZDRÓJ | POL | KS SŁONECZKO BUSKO ZDRÓJ | 96 | K1/19 (K)43 | 00:17:29 |  | 8.64  |
| 20 | 818 | KASZA KATARZYNA      | BUSKO ZDRÓJ | POL | KS SŁONECZKO BUSKO ZDRÓJ | 95 | K1/20 (K)44 | 00:17:29 |  | 8.62  |
| 21 | 819 | KUCHARSKA PATRYCJA   | BUSKO ZDRÓJ | POL | KS SŁONECZKO BUSKO ZDRÓJ | 96 | K1/21 (K)45 | 00:17:30 |  | 8.62  |
| 22 | 915 | POWAŻKA JULIA        | KRAKÓW      | POL |                          | 00 | K1/22 (K)54 | 00:19:16 |  | 7.80  |
| 23 | 852 | WRÓBEL ZOFIA         | ŁAZY        | POL |                          | 03 | K1/23 (K)61 | 00:21:11 |  | 7.10  |
| 24 | 900 | LIGEŻA HANNA         | KRAKÓW      | POL |                          | 04 | K1/24 (K)64 | 00:21:48 |  | 6.90  |
| 25 | 902 | PIOTROWSKA KLAUDIA   | KRAKÓW      | POL |                          | 03 | K1/25 (K)65 | 00:21:50 |  | 6.90  |
| 26 | 905 | KURIANOWICZ ANNA     | GLIWICE     | POL |                          | 97 | K1/26 (K)66 | 00:22:14 |  | 6.77  |
| 27 | 846 | GONERA KATARZYNA     | HUTKI       | POL | UKS KUSY BUKOWNO         | 98 | K1/27 (K)67 | 00:22:58 |  | 6.53  |
| 28 | 864 | PIPER BEATA          | KATOWICE    | POL |                          | 05 | K1/28 (K)69 | 00:23:30 |  | 6.42  |
| 29 | 809 | STAWICKA MARTA       | BLACHOWNIA  | POL | BLACHOWNIA               | 98 | K1/29 (K)72 | 00:26:21 |  | 5.71  |
| 30 | 810 | STAWICKA WIKTORIA    | BLACHOWNIA  | POL | BLACHOWNIA               | 05 | K1/30 (K)74 | 00:27:28 |  | 5.47  |

### Marszbieg Kobiety KATEGORIA:K2

|    |     |                     |                 |     |                           |    |             |          |  |       |
|----|-----|---------------------|-----------------|-----|---------------------------|----|-------------|----------|--|-------|
| 1  | 896 | ROLKA GABRIELA      | NOWY SĄCZ       | POL |                           | 89 | K2/1 (K)1   | 00:10:47 |  | 13.91 |
| 2  | 820 | KUCHARSKA EWELINA   | BUSKO ZDRÓJ     | POL | KS SŁONECZKO BUSKO ZDRÓJ  | 93 | K2/2 (K)2   | 00:11:17 |  | 13.29 |
| 3  | 847 | WILK ALEKSANDRA     | BUKOWNO         | POL | UKS KUSY BUKOWNO          | 93 | K2/3 (K)3   | 00:11:31 |  | 13.02 |
| 4  | 850 | MIZERA KAROLINA     | ANDRYCHÓW       | POL |                           | 91 | K2/4 (K)4   | 00:11:50 |  | 12.68 |
| 5  | 825 | MAJCHRZAK KATARZYNA | KRAKÓW          | POL | AZS AWF MASTERS KRAKÓW    | 85 | K2/5 (K)6   | 00:12:17 |  | 12.21 |
| 6  | 869 | JANKOWSKA AGNIESZKA | KRAKÓW          | POL |                           | 88 | K2/6 (K)10  | 00:13:14 |  | 11.34 |
| 7  | 822 | ŁABĘDZKA DARIA      | CHMIELNIK       | POL | KS SŁONECZKO BUSKO ZDRÓJ  | 92 | K2/7 (K)13  | 00:13:33 |  | 11.07 |
| 8  | 889 | KRUŻLAK SYLWIA      | BIEŃKÓWKA       |     |                           | 94 | K2/8 (K)15  | 00:13:53 |  | 10.83 |
| 9  | 871 | KUĆ JOANNA          | KRAKÓW          | POL |                           | 90 | K2/9 (K)23  | 00:15:05 |  | 9.97  |
| 10 | 887 | MOTYKA MAGDALENA    | KRAKÓW          | POL | INSTYTUT TERTIO MILLENNIO | 77 | K2/10 (K)30 | 00:15:56 |  | 9.41  |
| 11 | 832 | MACHNO BARBARA      | KRAKÓW-SKOTNIKI | POL |                           | 94 | K2/11 (K)31 | 00:15:57 |  | 9.43  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat | Drużyna Team    | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [km/h] |
|--------------|--------|-------------------------|------------------|----------|-----------------|---------|------------------------|-----------|------------|--------|
| 12           | 876    | WOJCIECHOWSKA AGNIESZKA | KRAKÓW           | POL      |                 | 87      | K2/12 (K)33            | 00:16:22  |            | 9.20   |
| 13           | 925    | WILK ANNA               | WIELICZKA        |          |                 | 82      | K2/13 (K)34            | 00:16:34  |            | 9.12   |
| 14           | 922    | FIEGA KAROLINA          | KRAKÓW           | POL      | MARATON GORLICE | 91      | K2/14 (K)36            | 00:17:00  |            | 8.88   |
| 15           | 834    | STĘPIEŃ NATALIA         | KRAKÓW           | POL      |                 | 94      | K2/15 (K)38            | 00:17:14  |            | 8.71   |
| 16           | 868    | LIGĘZA SYLWIA           | KRAKÓW           | POL      |                 | 89      | K2/16 (K)46            | 00:17:31  |            | 8.56   |
| 17           | 826    | DADELA JUSTYNA          | CZĘSTOCHOWA      | POL      |                 | 80      | K2/17 (K)48            | 00:18:15  |            | 8.24   |
| 18           | 888    | OCHENDUSZKO KLAUDIA     | BIENKÓWKA        |          |                 | 93      | K2/18 (K)49            | 00:18:18  |            | 8.21   |
| 19           | 856    | WRÓBEL ADRIANA          | ŁAZY             | POL      |                 | 79      | K2/19 (K)62            | 00:21:12  |            | 7.09   |
| 20           | 862    | PIPER ILONA             | KATOWICE         | POL      |                 | 81      | K2/20 (K)68            | 00:23:30  |            | 6.43   |
| 21           | 926    | WILK KINGA              | WIELICZKA        |          |                 | 77      | K2/21 (K)75            | 00:27:58  |            | 5.39   |

### Marszbieg Kobiety KATEGORIA:K3

|    |     |                            |                  |     |                                 |    |             |          |  |       |
|----|-----|----------------------------|------------------|-----|---------------------------------|----|-------------|----------|--|-------|
| 1  | 903 | PIETRZYK ALEKSANDRA        | KRAKÓW           | POL | BIEGAM BO LUBIĘ                 | 74 | K3/1 (K)11  | 00:13:14 |  | 11.35 |
| 2  | 840 | WILK DOROTA                | BUKOWNO          | POL | UKS KUSY BUKOWNO                | 67 | K3/2 (K)12  | 00:13:20 |  | 11.25 |
| 3  | 911 | STARZYŃSKA EWA             | KRAKÓW           | POL | KRAKÓW AIRPORT RUNNING TEAM MAT | 69 | K3/3 (K)19  | 00:14:41 |  | 10.25 |
| 4  | 904 | OKTABSKA RENATA            | KRAKÓW           | POL | AZS AWF MASTERS KRAKÓW          | 67 | K3/4 (K)27  | 00:15:25 |  | 9.76  |
| 5  | 894 | KARPIŃSKA AGNIESZKA        | OLKUSZ           | POL |                                 | 74 | K3/5 (K)29  | 00:15:54 |  | 9.44  |
| 6  | 895 | AUGUSTYNIAK-KRYSTIAN BEATA | SPYTKOWICE       | POL |                                 | 73 | K3/6 (K)32  | 00:16:04 |  | 9.38  |
| 7  | 879 | KRUK ELŻBIETA              | GŁOGOCZÓW        | POL |                                 | 76 | K3/7 (K)35  | 00:16:49 |  | 8.96  |
| 8  | 921 | FIEGA KATARZYNA            | GORLICE          | POL |                                 | 63 | K3/8 (K)37  | 00:17:04 |  | 8.84  |
| 9  | 919 | TREBEL-BEDNARZ BEATA       | KRAKÓW           | POL |                                 | 65 | K3/9 (K)39  | 00:17:16 |  | 8.70  |
| 10 | 867 | LIGĘZA HALINA              | KRAKÓW           | POL |                                 | 69 | K3/10 (K)47 | 00:18:13 |  | 8.26  |
| 11 | 874 | KUBICA GRAŻYNA             | BIELSKO BIAŁA    | POL | SĄSIEDZI BIELSKO BIAŁA          | 53 | K3/11 (K)50 | 00:18:32 |  | 8.12  |
| 12 | 803 | SZCZEPANIK EDYTA           | CZĘSTOCHOWA      | POL |                                 | 69 | K3/12 (K)51 | 00:18:32 |  | 8.12  |
| 13 | 898 | NAŁÓDKA MAŁGORZATA         | KRAKÓW           | POL |                                 | 70 | K3/13 (K)52 | 00:18:54 |  | 7.98  |
| 14 | 824 | WOJCIECHOWSKA MAŁGORZATA   | KRAKÓW           | POL |                                 | 52 | K3/14 (K)53 | 00:19:14 |  | 7.83  |
| 15 | 916 | POWAŻKA GABRIELA           | KRAKÓW           | POL |                                 | 73 | K3/15 (K)55 | 00:19:20 |  | 7.77  |
| 16 | 837 | STĘPIEŃ AGATA              | KRAKÓW           | POL |                                 | 66 | K3/16 (K)56 | 00:19:23 |  | 7.75  |
| 17 | 886 | ŻYŁA URSZULA               | MOGILANY         | POL | DYSTANS KRAKÓW                  | 62 | K3/17 (K)57 | 00:19:32 |  | 7.73  |
| 18 | 877 | PABIS MARIA                | BIELSKO BIAŁA    | POL | SĄSIEDZI BIELSKO BIAŁA          | 52 | K3/18 (K)58 | 00:19:47 |  | 7.59  |
| 19 | 917 | GAWOR JÓZEFA               | KRAKÓW           | POL | MASTERS                         | 43 | K3/19 (K)59 | 00:19:51 |  | 7.58  |
| 20 | 882 | KURZEJA BOŻENA             | DĄBROWA GÓRNICZA | POL |                                 | 74 | K3/20 (K)60 | 00:19:57 |  | 7.53  |
| 21 | 901 | LIGĘZA JOANNA              | KRAKÓW           | POL |                                 | 72 | K3/21 (K)63 | 00:21:48 |  | 6.90  |
| 22 | 870 | MRÓZ JOLANTA               | KETY             | POL |                                 | 42 | K3/22 (K)70 | 00:24:59 |  | 6.03  |
| 23 | 858 | STARONIEWICZ BOŻENA        | RABKA            | POL |                                 | 54 | K3/23 (K)71 | 00:24:59 |  | 6.02  |
| 24 | 811 | STAWICKA ANETA             | BLACHOWNIA       | POL | MARATONY POLSKIE.PL             | 73 | K3/24 (K)73 | 00:27:25 |  | 5.48  |
| 25 | 924 | WILK TERESA                |                  |     |                                 | 57 | K3/25 (K)76 | 00:27:58 |  | 5.39  |