

# IX Półmaraton Marzanny

## WYNIKI ZAWODÓW / RESULTS LIST

### OPEN 21km

**Organizator:** KB DYSTANS, ZIS KRAKÓW

**Data:** 18.03.2012

**Miejsce:** Kraków

**Dystans:** 21km

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	Check points				
											5km	10km	15km	19km	
1	5	LACHOWSKI ANDRZEJ	KRAKÓW	POL	KRAK INVEST RUNNING TEAM /	82	M30/1	M / 1	01:08:53	01:08:53	3.27	00:15:29 / 2	00:31:30 / 2	00:48:24 / 2	00:57:04 / 1
2	942	DZIUBA BOGDAN	JASTKOWICE	POL	KKS VICTORIA STALOWA WOLA /	74	M30/2	M / 2	01:09:16	01:09:16	3.28	00:15:29 / 3	00:31:31 / 3	00:48:38 / 3	00:57:23 / 3
3	4002	FISKOVICZ SIERGIEJ	NYZKYNICZI	UKR	LKBRUDNIK /	80	M30/3	M / 3	01:10:04	01:10:04	3.32	00:15:22 / 1	00:31:22 / 1	00:48:18 / 1	00:57:13 / 2
4	4012	ANTOSIAK TOMASZ	KEDZIERZYN-KOŻLEPOL		AZYMEK ZDZIESZOWICE- PAPTEAM BORTEX /	79	M30/4	M / 4	01:15:41	01:15:41	3.59	00:17:07 / 4	00:34:47 / 4	00:53:21 / 4	01:02:45 / 4
5	487	MRÓZ ARKADIUSZ	KRAKÓW	POL	MRÓZ RUNNING TEAM /	91	M18/1	M / 5	01:16:25	01:16:25	3.62	00:18:02 / 9	00:36:13 / 7	00:54:33 / 5	01:03:55 / 5
6	586	KRZEMIEN RAFAŁ	WIELICZKA	POL	CALIFORNIA FITNESS MYŚLENICE /	70	M40/1	M / 6	01:17:38	01:17:38	3.68	00:18:00 / 6	00:36:12 / 6	00:54:52 / 7	01:04:40 / 6
7	1149	TRENER DARIUSZ	KRAKÓW	POL	NIEZRZESZONY /	70	M40/2	M / 7	01:17:53	01:17:53	3.69	00:18:03 / 11	00:36:16 / 10	00:54:52 / 6	01:04:40 / 7
8	699	SMELKA SŁAWOMIR	KRAKÓW	POL		70	M40/3	M / 8	01:18:15	01:18:15	3.71	00:17:36 / 5	00:35:49 / 5	00:55:03 / 9	01:05:07 / 9
9	292	WAŚOWICZ JAN	KRAKÓW	POL		73	M30/5	M / 9	01:18:26	01:18:26	3.72	00:18:02 / 7	00:36:16 / 9	00:55:01 / 8	01:04:51 / 8
10	343	KOBAJŁO RYSZARD	GRÓDEK	POL	TKKF-CZARNI KATOWICE /	62	M50/1	M / 10	01:19:16	01:19:16	3.76	00:18:10 / 12	00:36:40 / 12	00:55:59 / 12	01:05:51 / 12
11	371	MAKOWIEC ROBERT	TUCHÓW	POL	FESTIWAL BIEGOWY W KRYNICY /	75	M30/6	M / 11	01:19:28	01:19:28	3.77	00:18:34 / 18	00:37:23 / 15	00:56:51 / 15	01:06:51 / 15
12	1045	JEZIERSKI KAMIL	KRAKÓW	POL	PUMA RUNNING TEAM /	80	M30/7	M / 12	01:19:38	01:19:38	3.78	00:18:02 / 8	00:36:15 / 8	00:55:09 / 10	01:05:28 / 10
13	4003	FISKOVICZ LILIA	NYZKYNICZI	UKR	LKBRUDNIK /	89	K18/1	K / 1	01:19:51	01:19:51	3.79	00:18:10 / 13	00:36:42 / 13	00:56:17 / 13	01:06:27 / 13
14	234	DULIŃSKI ŁUKASZ	KRAKÓW	POL	NIEZRZESZONY /	83	M18/2	M / 13	01:19:54	01:19:54	3.79	00:18:03 / 10	00:36:16 / 11	00:55:16 / 11	01:05:33 / 11
15	553	CISEK ANDRZEJ	RZESZÓW	POL	RZESZOWSKIE GAZELE I GEPARDY /	74	M30/8	M / 14	01:20:01	01:19:58	3.79	00:18:33 / 15	00:37:23 / 16	00:56:51 / 16	01:06:52 / 16
16	167	WILK DARIUSZ	BEDZIN	POL	NIEZRZESZONY /	77	M30/9	M / 15	01:20:45	01:20:45	3.83	00:18:33 / 16	00:37:21 / 14	00:56:50 / 14	01:06:51 / 14
17	664	CZYŻ BARTŁOMIEJ	KRAKÓW	POL	YMCA KRAKÓW /	90	M18/3	M / 16	01:20:52	01:20:52	3.83	00:18:37 / 20	00:37:34 / 20	00:57:20 / 17	01:07:29 / 17
18	1199	KAMOLA KAZIMIERZ	PULAWY	POL	CHEMIK ADBLUE /	60	M50/2	M / 17	01:21:15	01:21:15	3.85	00:18:42 / 22	00:37:33 / 18	00:57:24 / 18	01:07:38 / 18
19	4010	WÓJCIK TOMASZ	RUDZE	POL	RUDZE /	84	M18/4	M / 18	01:21:15	01:21:15	3.85	00:18:55 / 28	00:38:56 / 32	00:59:12 / 30	01:08:42 / 26
20	29	MAJ TADEUSZ				63	M40/4	M / 19	01:21:33	01:21:33	3.87	00:18:44 / 23	00:37:47 / 22	00:57:39 / 21	01:07:46 / 19
21	4005	SZYMURA GRZEGORZ	LESZCZYNY	POL	NIEZRZESZONY /	71	M40/5	M / 20	01:21:52	01:21:52	3.88	00:19:20 / 35	00:38:43 / 29	00:58:43 / 26	01:08:42 / 25
22	681	ŁOPUCH PAWEŁ	OLKUSZ	POL	IKS OLKUSZ /	91	M18/5	M / 21	01:22:02	01:22:02	3.89	00:18:34 / 19	00:37:47 / 21	00:57:37 / 19	01:07:55 / 20
23	429	ZIELIŃSKI MARCIN	DOBREŃ WIELKI	POL	BIEG OPOLSKI /	72	M40/6	M / 22	01:22:07	01:22:06	3.89	00:19:19 / 34	00:38:39 / 28	00:58:29 / 25	01:08:37 / 24
24	64	TOPOLSKI MARCIN	JADOWNIKI	POL	BKB VICTORIA BRZESKO /	76	M30/10	M / 23	01:22:16	01:22:13	3.90	00:18:58 / 30	00:38:00 / 23	00:57:57 / 23	01:08:09 / 21
25	152	OLEKSIEWICZ MAURYCY	ŁÓDŹ	POL	/	82	M30/11	M / 24	01:22:35	01:22:35	3.91	00:18:41 / 21	00:38:06 / 24	00:58:24 / 24	01:08:44 / 27
26	76	CHWISTEK DAMIAN	DĄBROWA	POL	POGORIA BIEGA /	86	M18/6	M / 25	01:22:59	01:22:59	3.93	00:18:32 / 14	00:37:34 / 19	00:57:39 / 20	01:08:13 / 22
27	28	GOLONKA MATEUSZ	GORLICE	POL	GORLICE24.PL TEAM / FESTIWAL BIEGOWY / DRUŻYNA SZPIKU /	89	M18/7	M / 26	01:23:11	01:23:11	3.94	00:18:34 / 17	00:37:28 / 17	00:57:43 / 22	01:08:25 / 23

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												10km	15km	19km	
28	422	WACHULEC WLADYSŁAW	KRAKÓW	POL		79	M30/12	M / 27	01:23:17	01:23:17	3.95	00:19:33 / 39	00:39:07 / 36	00:58:57 / 27	01:09:12 / 28
29	433	AGIEJCZYK WOJCIECH	KRAKÓW	POL	AGH KRAKÓW /	85	M18/8	M / 28	01:23:43	01:23:28	3.96	00:19:57 / 48	00:39:10 / 37	00:59:19 / 31	01:09:47 / 31
30	464	KIJANKA ARTUR	ZIELONKI	POL		68	M40/7	M / 29	01:23:47	01:23:46	3.97	00:18:58 / 29	00:38:30 / 27	00:59:02 / 28	01:09:41 / 29
31	279	RAKOCZY MARCIN	KIELCE	POL	KKL KIELCE /	76	M30/13	M / 30	01:23:52	01:23:51	3.98	00:19:17 / 32	00:39:03 / 35	00:59:20 / 33	01:09:47 / 30
32	305	CADER AGNIESZKA	ZABIERZÓW	POL		83	K18/2	K / 2	01:23:54	01:23:54	3.98	00:19:42 / 44	00:39:25 / 41	00:59:40 / 35	01:10:04 / 34
33	576	JASEK TADEUSZ	RADZIECHOWY	POL		51	M60/1	M / 31	01:24:25	01:24:24	4.00	00:18:44 / 24	00:38:21 / 26	00:59:11 / 29	01:09:50 / 32
34	311	DRAŻEK PAWEŁ	BELCHATÓW	POL	PGE JUPITER ELEKTROWNIA BELCHATÓW /	68	M40/8	M / 32	01:24:51	01:24:47	4.02	00:19:42 / 45	00:39:25 / 42	01:00:10 / 39	01:10:39 / 36
35	364	LEŚNIAK MACIEJ	KRAKÓW	POL		85	M18/9	M / 33	01:24:58	01:24:55	4.03	00:18:53 / 26	00:38:56 / 33	01:00:02 / 38	01:10:50 / 37
36	949	HOLIK KRZYSZTOF	BRZESKO	POL	FUNDACJA PROMOCJI ZDROWIA /	73	M30/14	M / 34	01:25:00	01:24:59	4.03	00:20:43 / 78	00:40:45 / 58	01:01:07 / 46	01:11:16 / 40
37	1015	BORYS MACIEJ	TARNOWIEC	POL	COLLEGIUM MEDICUM UJ /	88	M18/10	M / 35	01:25:03	01:25:03	4.03	00:19:37 / 42	00:39:22 / 39	01:00:10 / 40	01:10:52 / 38
38	767	SZATKOWSKI KRZYSZTOF	ALEKSANDRÓW	POL		70	M40/9	M / 36	01:25:25	01:25:25	4.05	00:19:18 / 33	00:38:53 / 30	00:59:43 / 36	01:10:34 / 35
39	533	WIŚNIEWSKI WOJCIECH	ŻABNO	POL	ŻABNO /	75	M30/15	M / 37	01:25:41	01:25:38	4.06	00:20:30 / 67	00:40:33 / 52	01:01:19 / 49	01:11:49 / 45
40	574	HATAŁA SŁAWOMIR	RZYKI	POL	18BPD /	81	M30/16	M / 38	01:25:46	01:25:37	4.06	00:20:05 / 56	00:39:58 / 46	01:00:51 / 43	01:11:31 / 43
41	431	ZIĘBOWICZ SŁAWOMIR	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	62	M50/3	M / 39	01:25:55	01:25:53	4.07	00:19:21 / 36	00:39:23 / 40	01:00:36 / 41	01:11:23 / 41
42	117	BARTŁOMIEJCZYK LECH	GLIWICE	POL		65	M40/10	M / 40	01:25:56	01:25:55	4.07	00:19:27 / 37	00:39:47 / 45	01:01:01 / 45	01:11:48 / 44
43	138	MAZURKIEWICZ MAREK	KRAKÓW	POL	AZS AWF MASTERS KRAKÓW /	66	M40/11	M / 41	01:26:24	01:26:24	4.10	00:20:37 / 74	00:41:22 / 65	01:02:19 / 57	01:12:39 / 53
44	1200	DUDEK SYLWESTER	RUDNIK	POL	LKBRUDNIK /	63	M40/12	M / 42	01:26:26	01:26:25	4.10	00:19:14 / 31	00:39:01 / 34	00:59:47 / 37	01:11:05 / 39
45	137	JEDRUCH MATEUSZ	ZURICH	SUI		83	M18/11	M / 43	01:26:28	01:26:26	4.10	00:20:54 / 85	00:41:51 / 75	01:02:30 / 60	01:12:50 / 54
46	111	WESTENHOLZ PIOTR	BALIN	POL	KB MCKIS JAWORZNO /	64	M40/13	M / 44	01:26:31	01:26:24	4.10	00:20:31 / 69	00:40:34 / 54	01:01:25 / 51	01:12:05 / 48
47	25	KOŚMIDER DAMIAN	CHRZANÓW	POL	FALSTART /	81	M30/17	M / 45	01:26:37	01:26:28	4.10	00:20:31 / 68	00:40:34 / 53	01:01:19 / 48	01:12:03 / 47
48	363	KWIECIAK JAROSŁAW	DĄBROWA	POL	POGORIA BIEGA /	54	M50/4	M / 46	01:26:46	01:26:41	4.11	00:20:04 / 54	00:40:08 / 49	01:01:12 / 47	01:12:07 / 49
49	426	WOJDYLA BARTŁOMIEJ	BRZOSTEK	POL		85	M18/12	M / 47	01:26:55	01:26:38	4.11	00:21:32 / 143	00:41:50 / 74	01:02:23 / 58	01:12:39 / 52
50	441	CHŁOŃ JAROSŁAW	KRAKÓW	POL		65	M40/14	M / 48	01:27:11	01:27:09	4.13	00:20:01 / 53	00:40:36 / 55	01:01:26 / 52	01:12:23 / 50
51	682	MIELEC ANDRZEJ	MAŁA WIEŚ	POL		69	M40/15	M / 49	01:27:18	01:27:16	4.14	00:19:38 / 43	00:39:27 / 43	01:00:47 / 42	01:11:59 / 46
52	870	ŁABUDZKI DARIUSZ JACEK	SANDOMIERZ	POL		60	M50/5	M / 50	01:27:23	01:27:21	4.14	00:19:45 / 46	00:39:42 / 44	01:01:22 / 50	01:12:27 / 51
53	476	MACH KORNEL	28/5	POL		88	M18/13	M / 51	01:27:38	01:27:38	4.15	00:19:35 / 40	00:39:22 / 38	00:59:36 / 34	01:09:55 / 33
54	981	PUCHAŁA MICHAŁ	ZABRZE	POL	IPA- ŚLĄSK /	82	M30/18	M / 52	01:27:46	01:27:46	4.16	00:18:47 / 25	00:38:15 / 25	00:59:20 / 32	01:11:27 / 42
55	4021	DOBRZAŃSKI TOMASZ	KRAKÓW	POL		83	M18/14	M / 53	01:27:53	01:27:42	4.16	00:21:17 / 123	00:42:01 / 87	01:03:00 / 66	01:13:44 / 62
56	782	EASTWOOD JAMES	KRAKOW	POL	BURNLEY FOOTBALL CLUB /	71	M40/16	M / 54	01:27:56	01:27:52	4.17	00:20:31 / 70	00:40:54 / 59	01:02:11 / 56	01:13:11 / 58
57	598	MACHLOWSKI ŁUKASZ	KRAKÓW	POL		86	M18/15	M / 55	01:27:58	01:27:58	4.17	00:19:47 / 47	00:40:18 / 50	01:02:02 / 55	01:13:09 / 57
58	502	STANISZEWSKI ARTUR	KRAKÓW	POL	KRAKÓW AIRPORT - RUNNING TEAM MAT /	70	M40/17	M / 56	01:28:18	01:28:14	4.18	00:21:14 / 118	00:42:23 / 102	01:03:40 / 77	01:14:19 / 69
59	83	GŁOWACZ MATEUSZ	JAWORZNO	POL	KB MCKIS JAWORZNO /	88	M18/16	M / 57	01:28:32	01:28:25	4.19	00:20:33 / 73	00:40:43 / 57	01:01:55 / 54	01:12:59 / 56
60	4044	MAZURKIEWICZ KRZYSZTOF	TARNOBRZEG	POL	WIATR TARNOBRZEG /	74	M30/19	M / 58	01:28:36	01:28:34	4.20	00:20:55 / 88	00:41:41 / 72	01:03:14 / 69	01:13:54 / 63
61	436	BIAŁKA ROBERT	KRYNICA-ZDRÓJ	POL		88	M18/17	M / 59	01:28:47	01:28:42	4.20	00:21:22 / 134	00:42:49 / 124	01:03:50 / 81	01:14:05 / 67
62	320	GAŚSIOR PAWEŁ	NOWY TARG	POL	NIECH MNIE KTOŚ POWSTRZYMA... /	79	M30/20	M / 60	01:28:48	01:28:43	4.21	00:20:30 / 65	00:40:59 / 60	01:02:52 / 63	01:14:02 / 66
63	1009	BERNADY ŁUKASZ	RADOM	POL		78	M30/21	M / 61	01:28:51	01:28:40	4.20	00:20:32 / 71	00:40:59 / 61	01:02:52 / 64	01:13:57 / 64
64	217	TOKARCZYK MAREK	NOWY SĄCZ	POL	VISEGRAD MARATON RYTRO /	74	M30/22	M / 62	01:28:59	01:28:54	4.21	00:20:38 / 76	00:41:13 / 62	01:02:51 / 62	01:14:01 / 65
65	346	KOŁĄTAJ MICHAŁ	KRAKÓW	POL	CH2M HILL /	89	M18/18	M / 63	01:29:03	01:29:03	4.22	00:20:24 / 62	00:41:31 / 68	01:03:39 / 76	01:14:29 / 70

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										[min/km]	5km	10km	15km	19km	
66	375	MALINA PIOTR	KRAKÓW	POL	/	78	M30/23	M / 64	01:29:07	01:28:57	4.22	00:20:46 / 83	00:41:17 / 63	01:02:28 / 59	01:13:38 / 60
67	1032	GINTER WOJCIECH	KRAKÓW	POL	DYM-TEAM /	85	M18/19	M / 65	01:29:10	01:29:08	4.23	00:20:57 / 92	00:41:54 / 81	01:03:31 / 72	01:14:34 / 72
68	565	GORA ŁUKASZ	KRKÓW	POL	FRANCISZKANIE KRAKÓW /	88	M18/20	M / 66	01:29:13	01:29:11	4.23	00:20:54 / 86	00:41:55 / 82	01:03:31 / 73	01:14:34 / 73
69	1167	MAZURKIEWICZ WOJCIECH	KRAKÓW	POL	SPARTAŃS KRAKÓW /	87	M18/21	M / 67	01:29:22	01:29:09	4.23	00:21:10 / 114	00:41:54 / 79	01:03:11 / 68	01:14:15 / 68
70	4011	WÓJCIK WIESŁAW	RUDZE	POL	RUDZE /	65	M40/18	M / 68	01:29:27	01:29:27	4.24	00:20:55 / 87	00:41:54 / 80	01:03:26 / 70	01:14:35 / 75
71	183	GRZĘDZIELSKI JACEK	KRAKÓW	POL	DYM-TEAM /	77	M30/24	M / 69	01:29:33	01:29:31	4.24	00:21:02 / 106	00:41:56 / 85	01:03:31 / 71	01:14:36 / 76
72	1079	SUDOŁ WOJCIECH	KRAKÓW	POL	JW NIL /	79	M30/25	M / 70	01:29:41	01:29:41	4.25	00:21:31 / 142	00:42:38 / 115	01:04:18 / 90	01:15:09 / 79
73	4057	HARTLEB DAWID	SIENIAWA	POL		88	M18/22	M / 71	01:29:48	01:29:48	4.26	00:19:58 / 49	00:40:07 / 48	01:02:31 / 61	01:13:28 / 59
74	221	ZAWALSKI MACIEJ	ZABIERZÓW	POL		74	M30/26	M / 72	01:29:51	01:29:51	4.26	00:19:31 / 38	00:40:02 / 47	01:01:46 / 53	01:13:41 / 61
75	774	WÓJCIK JANUSZ	RABA WYŻNA	POL	MOK MSZANA DOLNA /	64	M40/19	M / 73	01:30:01	01:30:01	4.27	00:18:55 / 27	00:38:56 / 31	01:00:57 / 44	01:12:54 / 55
76	680	LIWORA PIOTR	RUDAWA	POL	RUDAWA TEAM /	92	M18/23	M / 74	01:30:07	01:30:00	4.27	00:20:59 / 96	00:42:22 / 98	01:04:11 / 87	01:15:21 / 82
77	1055	MOSSOCZY ZBIGNIEW	ZABIERZÓW	POL		73	M30/27	M / 75	01:30:10	01:30:03	4.27	00:19:36 / 41	00:40:30 / 51	01:02:56 / 65	01:14:40 / 77
78	1037	GÓRALCZYK SZYMON	KRAKÓW	POL	ROWEROWANIE.PL /	81	M30/28	M / 76	01:30:20	01:30:17	4.28	00:20:05 / 55	00:41:35 / 70	01:03:35 / 75	01:14:56 / 78
79	886	PATER KAMIL	KRAKÓW	POL		87	M18/24	M / 77	01:30:24	01:30:15	4.28	00:21:18 / 126	00:42:37 / 114	01:04:32 / 99	01:15:33 / 86
80	47	GAWĘŁ BOGDAN	OŚWIĘCIM-ZABORZE	POL	FESTIWAL BIEGOWY W KRYNICY /	56	M50/6	M / 78	01:30:29	01:30:29	4.29	00:20:59 / 94	00:42:21 / 96	01:04:10 / 86	01:15:22 / 83
81	310	DOLIŃSKI ADAM	WARSZAWA	POL	KB PIMAR LEGIONOWO /	84	M18/25	M / 79	01:30:37	01:30:24	4.29	00:21:21 / 133	00:42:31 / 109	01:04:06 / 83	01:15:18 / 81
82	827	BIERNACKI TOMASZ	SANDOMIERZ	POL		84	M18/26	M / 80	01:30:41	01:30:40	4.30	00:20:46 / 82	00:42:09 / 89	01:03:46 / 79	01:15:17 / 80
83	230	CHŁANDA SEBASTIAN	GORLICE	POL	GRUPETTO GORLICE /	85	M18/27	M / 81	01:30:43	01:30:40	4.30	00:21:01 / 99	00:42:22 / 101	01:04:23 / 93	01:15:43 / 89
84	405	SAWCZYN RAFAŁ	GORLICE	POL	GRUPETTO GORLICE /	88	M18/28	M / 82	01:30:49	01:30:45	4.30	00:20:58 / 93	00:42:22 / 100	01:04:20 / 91	01:15:42 / 88
85	275	PRÜFER CHRISTIAN	KRAKOW	POL	1. SUHLER SV 06 /	77	M30/29	M / 83	01:30:58	01:30:52	4.31	00:20:21 / 60	00:41:28 / 67	01:03:48 / 80	01:15:26 / 84
86	545	BIELECKI JACEK	KRAKÓW	POL	FRANCISZKANIE KRAKÓW /	76	M30/30	M / 84	01:31:00	01:30:58	4.31	00:20:51 / 84	00:41:55 / 83	01:03:31 / 74	01:14:34 / 74
87	100	MICHALSKI RAFAŁ	JAWORZNO	POL	KB MCKIS JAWORZNO /	75	M30/31	M / 85	01:31:12	01:31:05	4.32	00:21:07 / 109	00:42:08 / 88	01:04:12 / 88	01:15:29 / 85
88	644	TYLEK RAFAŁ	KRAKÓW	POL	NIEZRZESZONY /	71	M40/20	M / 86	01:31:16	01:30:48	4.30	00:21:35 / 146	00:42:29 / 107	01:04:14 / 89	01:15:47 / 91
89	961	KUSTRA PIOTR	MOGILANY	POL	MOGILANY MARATON TEAM /	71	M40/21	M / 87	01:31:22	01:31:16	4.33	00:21:15 / 119	00:42:30 / 108	01:04:30 / 97	01:16:03 / 95
90	1089	BATKO GRZEGORZ	KRAKÓW	POL	INTERFORM /	76	M30/32	M / 88	01:31:24	01:31:23	4.33	00:21:00 / 97	00:42:22 / 99	01:04:32 / 98	01:16:03 / 96
91	828	BIERNAWSKI PIOTR	NOWY TARG	POL	JMPSPORT.PL /	77	M30/33	M / 89	01:31:26	01:31:26	4.33			01:04:23 / 94	01:15:45 / 90
92	434	BANAŚ SEBASTIAN	WADOWICE	POL	GRUPFITTO GORLICE /	85	M18/29	M / 90	01:31:26	01:31:24	4.33	00:21:01 / 101	00:42:11 / 92	01:04:07 / 84	01:15:42 / 87
93	333	IGNATOWICZ MARCIN	DĘBICA	POL		83	M18/30	M / 91	01:31:32	01:31:23	4.33	00:21:46 / 149	00:43:28 / 140	01:05:32 / 118	01:16:45 / 107
94	792	RACUŁT PAWEŁ	KRAKÓW	POL	CHASZCZOK.PL /	83	M18/31	M / 92	01:31:33	01:31:30	4.34	00:20:30 / 66	00:41:53 / 77	01:04:09 / 85	01:15:48 / 92
95	36	CHOŁOTA MAREK	ŻORY/GDAŃSK/JW	POL		79	M30/34	M / 93	01:31:34	01:31:19	4.33	00:20:11 / 58	00:40:39 / 56	01:03:01 / 67	01:14:30 / 71
96	300	BOREK ANDRZEJ	NAWOJOWA	POL	VISEGRAD MARATON RYTRO /	59	M50/7	M / 94	01:31:34	01:31:34	4.34	00:20:57 / 90	00:42:10 / 91	01:04:28 / 95	01:16:00 / 94
97	1023	DĘBICKI JERZY	NOWY SĄCZ	POL	SADECKA GRUPA BIEGOWA /	71	M40/22	M / 95	01:31:38	01:31:19	4.33	00:21:52 / 155	00:43:04 / 133	01:05:15 / 108	01:16:30 / 101
98	721	GRABIEC MARCIN	KOLBUSZOWA	POL	NIEZRZESZONY /	83	M18/32	M / 96	01:31:39	01:31:27	4.33	00:21:54 / 156	00:43:32 / 146	01:05:37 / 119	01:16:56 / 109
99	1193	RYŻAK MARIAN	RYTRO	POL	NEWAG NOWY SĄCZ /	62	M50/8	M / 97	01:31:39	01:31:37	4.34	00:20:14 / 59	00:41:32 / 69	01:04:22 / 92	01:16:17 / 98
100	1125	BIAŁOŃSKI MICHAŁ	RABKA-ZDRÓJ	POL	INTERIA.PL RUNNERS TEAM /	71	M40/23	M / 98	01:31:41	01:31:41	4.35	00:20:01 / 52	00:41:51 / 76	01:05:51 / 131	01:17:27 / 122
101	1031	GIL JACEK	KRAKÓW	POL		78	M30/35	M / 99	01:31:44	01:31:31	4.34	00:20:28 / 64	00:41:25 / 66	01:03:42 / 78	01:15:56 / 93
102	753	POBORCA ŁUKASZ	KOLBUSZOWA	POL	NIEZRZESZONY /	83	M18/33	M / 100	01:31:46	01:31:33	4.34	00:21:55 / 157	00:43:31 / 144	01:05:37 / 120	01:16:56 / 110
103	1048	KOBIERSKA AGNIESZKA	GLIWICE	POL		80	K30/1	K / 3	01:31:46	01:31:46	4.35	00:21:29 / 138	00:43:23 / 138	01:05:38 / 124	01:16:57 / 111
104	841	FRYT MARCIN	SKAWA	POL		84	M18/34	M / 101	01:31:50	01:30:54	4.31	00:22:36 / 216	00:42:44 / 120	01:04:51 / 105	01:16:03 / 97
105	506	PULCHNY TOMASZ	KRAKÓW	POL	BIEGAM BO LUBIĘ /	72	M40/24	M / 102	01:31:56	01:31:43	4.35	00:21:30 / 140	00:42:59 / 130	01:05:21 / 110	01:16:45 / 106

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
106	904	ŚWIDZIŃSKI TOMASZ	KRAKÓW	POL	VEGE RUNNERS /	76	M30/36	M / 103	01:32:24	01:32:16	4.37	00:21:58 / 163	00:43:46 / 154	01:06:19 / 146	01:17:46 / 133
107	379	MATYSIK RAFAŁ	KRAKÓW	POL		74	M30/37	M / 104	01:32:31	01:32:31	4.39	00:20:01 / 51	00:41:48 / 73	01:04:47 / 101	01:16:36 / 103
108	24	HYZY PIOTR	TARNOWIEC	POL	FESTIWAL BIEGOWY W KRYNICY /	80	M30/38	M / 105	01:32:36	01:32:20	4.38	00:22:38 / 219	00:44:21 / 173	01:06:21 / 147	01:17:36 / 130
109	1061	PAZDAN MAREK	SZCZYRZYC	POL		81	M30/39	M / 106	01:32:42	01:32:31	4.39	00:20:45 / 80	00:42:01 / 86	01:04:30 / 96	01:16:30 / 100
110	930	BIALEK OLAF	KRAKÓW	POL	MEGATEL . COM . PL /	65	M40/25	M / 107	01:32:44	01:32:38	4.39	00:21:19 / 129	00:42:38 / 116	01:05:29 / 116	01:16:57 / 112
111	923	WYRĘBEK MACIEJ	KRAKÓW	POL	WWW.ROZBIEGANI.PL /	82	M30/40	M / 108	01:32:44	01:32:24	4.38	00:22:18 / 190	00:44:07 / 165	01:06:17 / 144	01:17:33 / 128
112	880	NOWAK KAMIL	ŁĄCKO	POL	VISEGRAD MARATON RYTRO /	84	M18/35	M / 109	01:32:48	01:32:23	4.38	00:22:45 / 230	00:44:24 / 174	01:06:32 / 150	01:17:55 / 135
113	739	LISAK GRZEGORZ	CZCHÓW	POL		71	M40/26	M / 110	01:32:50	01:32:41	4.39	00:21:56 / 160	00:43:33 / 147	01:05:37 / 121	01:17:01 / 113
114	969	MISKOWIEC REMIGIUSZ	KRAKÓW	POL		76	M30/41	M / 111	01:32:51	01:32:48	4.40	00:21:01 / 104	00:42:24 / 103	01:04:57 / 106	01:16:49 / 108
115	855	KALANDYK MAREK	RZESZÓW	POL	RZESZOWSKIE GAZELE I GEPARDY /	66	M40/27	M / 112	01:32:54	01:32:38	4.39	00:21:48 / 151	00:43:02 / 132	01:05:27 / 112	01:17:16 / 116
116	775	WYROBEK ŁUKASZ	KRAKÓW	POL		70	M40/28	M / 113	01:32:54	01:32:54	4.40	00:22:27 / 202	00:44:25 / 176	01:06:44 / 157	01:17:53 / 134
117	219	WINCENIAK KRZYSZTOF	DOJAZDÓW	POL		80	M30/42	M / 114	01:32:56	01:32:49	4.40	00:21:55 / 158	00:43:35 / 151	01:05:52 / 134	01:17:24 / 121
118	237	GARA JACEK	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	64	M40/29	M / 115	01:32:59	01:32:57	4.41	00:20:55 / 89	00:42:50 / 126	01:05:30 / 117	01:17:19 / 117
119	297	BEHOUNEK LESZEK	ZAKOPANE	POL	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE /	59	M50/9	M / 116	01:33:02	01:32:51	4.40	00:22:43 / 226	00:44:19 / 170	01:06:36 / 151	01:17:57 / 137
120	306	CADER JACEK	ZABIERZÓW	POL		82	M30/43	M / 117	01:33:03	01:33:01	4.41	00:21:08 / 110	00:42:22 / 97	01:04:36 / 100	01:16:35 / 102
121	584	KOPIA ADAM	MOGILANY	POL	MOGILANY MARATON TEAM /	71	M40/30	M / 118	01:33:10	01:33:08	4.42	00:21:34 / 145	00:43:13 / 136	01:05:45 / 129	01:17:23 / 120
122	290	SZEWczyk MARIUSZ	KRAKOW	POL		80	M30/44	M / 119	01:33:13	01:33:09	4.42	00:21:16 / 121	00:42:42 / 118	01:05:28 / 114	01:17:15 / 115
123	868	LIPPA WOJTEK	ZDZIESZOWICE	POL	MOSIADZ ZDZIESZOWICE /	75	M30/45	M / 120	01:33:16	01:33:10	4.42	00:21:10 / 115	00:42:32 / 111	01:05:28 / 113	01:17:19 / 118
124	67	BIK SZYMON	MIELEC	POL		88	M18/36	M / 121	01:33:16	01:33:07	4.41	00:22:07 / 173	00:43:47 / 158	01:05:57 / 136	01:17:31 / 124
125	731	KLICH KAMIL	OLKUSZ	POL		78	M30/46	M / 122	01:33:19	01:33:11	4.42	00:21:09 / 113	00:42:36 / 113	01:04:49 / 104	01:16:37 / 104
126	307	CAŁY SŁAWOMIR	OPOLE	POL	BIEG OPOLSKI /	76	M30/47	M / 123	01:33:26	01:33:22	4.43	00:20:44 / 79	00:42:09 / 90	01:05:19 / 109	01:17:21 / 119
127	105	SADOWSKI TOMASZ	KRAKÓW	POL		77	M30/48	M / 124	01:33:26	01:33:17	4.42	00:21:47 / 150	00:43:33 / 149	01:05:57 / 135	01:17:39 / 131
128	329	GRYCZ MIROSLAW	KRAKÓW	POL	NIEZRZESZONY /	70	M40/31	M / 125	01:33:27	01:33:22	4.43	00:22:19 / 192	00:44:19 / 171	01:06:47 / 159	01:18:06 / 142
129	892	POSMYSZ ANNA	SKAŁA	POL	YMCA KRAKÓW /	84	K18/3	K / 4	01:33:35	01:33:31	4.43	00:21:17 / 124	00:42:48 / 121	01:05:51 / 132	01:17:27 / 123
130	573	HARASIMOWICZ ŁUKASZ	KRAKÓW	POL		75	M30/49	M / 126	01:33:42	01:33:30	4.43	00:21:55 / 159	00:43:32 / 145	01:06:11 / 142	01:18:01 / 139
131	547	BORYS MICHAŁ	TARNOWIEC	POL		91	M18/37	M / 127	01:33:45	01:33:31	4.43	00:23:26 / 291	00:45:27 / 222	01:07:27 / 179	01:18:49 / 161
132	485	MOMRO ŁUKASZ	ZABRZE	POL	AKMB PĘDZIWIATR GLIWICE /	83	M18/38	M / 128	01:33:47	01:33:43	4.44	00:20:23 / 61	00:41:21 / 64	01:03:53 / 82	01:16:21 / 99
133	449	HERUDZINSKI JACEK	KRAKÓW			73	M30/50	M / 129	01:33:48	01:33:29	4.43	00:22:35 / 212	00:44:33 / 181	01:06:52 / 162	01:18:28 / 149
134	395	PODSADOWSKI ZBIGNIEW	GORLICE	POL		72	M40/32	M / 130	01:33:48	01:33:46	4.44	00:22:17 / 188	00:44:44 / 187	01:07:29 / 180	01:18:39 / 155
135	840	FOGEL EWA	TARNÓW	POL		72	K40/1	K / 5	01:33:54	01:33:47	4.45	00:21:19 / 128	00:42:49 / 123	01:05:51 / 130	01:17:32 / 126
136	1101	LUDKIEWICZ MARIUSZ	STARY WĘGLINIEC	POL	EDI TEAM ZGORZELEC /	71	M40/33	M / 131	01:33:55	01:33:52	4.45	00:20:05 / 57	00:41:53 / 78	01:05:08 / 107	01:17:12 / 114
137	1133	ZYCH ADAM	NOWY TARG	POL		87	M18/39	M / 132	01:33:57	01:33:53	4.45	00:22:47 / 234	00:45:33 / 227	01:07:42 / 185	01:19:08 / 173
138	258	ŁOPIANIAK TOMASZ	OPOLE	POL	KT TERMINATOR OPOLE /	75	M30/51	M / 133	01:33:59	01:33:51	4.45	00:22:24 / 198	00:44:52 / 193	01:07:37 / 183	01:18:57 / 168
139	632	SKRZYNIARZ MAREK	KIELCE	POL	FITNESS CLUB TAO KIELCE /	74	M30/52	M / 134	01:34:01	01:33:55	4.45	00:22:42 / 223	00:44:29 / 178	01:06:51 / 161	01:18:27 / 148
140	13	MAJER EWA	DOBCZYCE	POL		82	K30/2	K / 6	01:34:02	01:33:58	4.45	00:21:01 / 102	00:42:50 / 127	01:06:01 / 139	01:18:05 / 140
141	69	DYK MIROSLAW	SOSNOWIEC	POL	POGORIA BIEGA /	74	M30/53	M / 135	01:34:03	01:34:00	4.46	00:22:23 / 197	00:44:55 / 195	01:07:31 / 181	01:18:51 / 162
142	711	BIGOSZEWSKI TOMASZ	NOWY TARG	POL		73	M30/54	M / 136	01:34:05	01:34:00	4.46	00:22:08 / 178	00:44:32 / 180	01:07:12 / 170	01:18:47 / 158
143	900	SZCZECHOWICZ MARIUSZ	KRAKÓW	POL		78	M30/55	M / 137	01:34:09	01:34:02	4.46	00:21:31 / 141	00:42:39 / 117	01:04:48 / 102	01:16:37 / 105
144	708	ŻARSKI KRZYSZTOF	KRAKÓW	POL	AMATOR /	72	M40/34	M / 138	01:34:12	01:34:03	4.46	00:21:49 / 152	00:43:29 / 141	01:06:27 / 149	01:18:09 / 143

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
145	755	PTAK TOMASZ	DOBCZYCE	POL	NIEZRZESZONY /	78	M30/56	M / 139	01:34:13	01:34:09	4.46	00:21:20 / 132	00:43:09 / 134	01:05:43 / 127	01:17:44 / 132
146	738	LIB TOMASZ	RZESZOW	POL		78	M30/57	M / 140	01:34:21	01:34:07	4.46	00:21:59 / 165	00:43:47 / 157	01:06:41 / 153	01:18:47 / 157
147	430	ZIĘBA WOJCIECH	NOWY SĄCZ	POL	VISEGRAD MARATON RYTRO /	82	M30/58	M / 141	01:34:24	01:34:05	4.46	00:22:03 / 168	00:43:49 / 159	01:07:02 / 164	01:18:51 / 163
148	1150	MAKSYMOWICZ BARTOSZ	STRONIE ŚLĄSKIE	POL	NIEZRZESZONY /	83	M18/40	M / 142	01:34:25	01:34:11	4.46	00:23:54 / 339	00:46:25 / 268	01:08:26 / 200	01:19:39 / 181
149	955	KOMISARZ TOMASZ	KRASNE	POL		83	M18/41	M / 143	01:34:26	01:34:19	4.47	00:22:20 / 194	00:44:47 / 192	01:07:26 / 178	01:19:08 / 172
150	897	ROŻNAWSKI SŁAWOMIR	ALWERNIA	POL	/	70	M40/35	M / 144	01:34:29	01:34:25	4.48	00:21:51 / 153	00:43:33 / 148	01:05:38 / 123	01:17:32 / 125
151	492	PALICH TOMASZ	KRAKÓW	POL	YMCA KRAKÓW /	67	M40/36	M / 145	01:34:30	01:34:25	4.48	00:22:34 / 208	00:44:44 / 188	01:07:03 / 165	01:18:53 / 166
152	216	TOFILSKI ADAM	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	70	M40/37	M / 146	01:34:30	01:34:26	4.48	00:22:35 / 211	00:44:45 / 189	01:07:03 / 166	01:18:36 / 152
153	328	GRANAT MARIUSZ	KRAKÓW	POL	M&M TEAM KRAKÓW /	73	M30/59	M / 147	01:34:44	01:34:44	4.49	00:21:16 / 122	00:42:49 / 125	01:06:17 / 145	01:18:25 / 147
154	223	ZĄBECKI PRZEMYSŁAW	TOMASZÓW	POL	PO CO TYLE LATAĆ /	82	M30/60	M / 148	01:34:48	01:34:27	4.48	00:23:07 / 270	00:45:22 / 219	01:07:52 / 186	01:19:23 / 177
155	200	MOLAŁG MATEUSZ	BOLECHOWICE	POL	MOSUR RUDAWA /	76	M30/61	M / 149	01:34:50	01:34:40	4.49	00:22:20 / 193	00:44:28 / 177	01:07:04 / 167	01:18:52 / 165
156	843	GLAJC DANIEL	CIESZYN	POL		71	M40/38	M / 150	01:34:51	01:34:45	4.49	00:21:08 / 111	00:42:34 / 112	01:05:23 / 111	01:17:32 / 127
157	542	ZAWODNIK DO UZUP						M / 151	01:34:52	01:34:47	4.49	00:21:11 / 116	00:41:56 / 84	01:04:48 / 103	01:17:34 / 129
158	77	CISŁAK ARKADIUSZ	JAWORZNO	POL	KB MCKIS JAWORZNO /	84	M18/42	M / 152	01:34:54	01:34:35	4.48	00:22:12 / 182	00:43:55 / 162	01:06:41 / 154	01:18:44 / 156
159	640	SWAŁDEK KONRAD	SĘDZISZÓW	POL		79	M30/62	M / 153	01:34:59	01:34:52	4.50	00:21:42 / 147	00:43:19 / 137	01:06:01 / 138	01:18:17 / 144
160	728	KAMIŃSKI KRZYSZTOF	KRAKÓW	POL		58	M50/10	M / 154	01:35:06	01:35:06	4.51	00:20:57 / 91	00:42:19 / 94	01:05:38 / 122	01:18:31 / 150
161	1021	CZUBA ADAM	KRAKÓW	POL		69	M40/39	M / 155	01:35:13	01:35:13	4.51	00:19:59 / 50	00:42:25 / 104	01:06:08 / 141	01:18:55 / 167
162	494	PAPIEŻ MARCIN	RADZISZÓW	POL		75	M30/63	M / 156	01:35:23	01:35:21	4.52	00:21:01 / 103	00:42:31 / 110	01:05:29 / 115	01:17:58 / 138
163	659	BĘBENEK TOMASZ	KRAKÓW	POL		87	M18/43	M / 157	01:35:25	01:34:58	4.50	00:23:49 / 324	00:46:07 / 254	01:08:41 / 204	01:20:14 / 190
164	861	KOSMAŁA PRZEMYSŁAW	KRAKÓW	POL		79	M30/64	M / 158	01:35:27	01:35:17	4.52	00:21:12 / 117	00:42:56 / 129	01:06:13 / 143	01:18:33 / 151
165	248	JEWUŁA MARIUSZ	KRAKÓW	POL	HOSTEL JUVENIA -KRAKÓW /	71	M40/40	M / 159	01:35:27	01:35:24	4.52	00:21:15 / 120	00:42:48 / 122	01:06:00 / 137	01:18:39 / 154
166	378	MATOSZ TOMASZ	KRAKÓW	POL	FATHER AT HOME /	77	M30/65	M / 160	01:35:29	01:35:29	4.53	00:21:20 / 131	00:43:13 / 135	01:06:40 / 152	01:18:52 / 164
167	35	BARTUŁA PIOTR	KRAKÓW	POL		74	M30/66	M / 161	01:35:30	01:35:27	4.52	00:21:23 / 135	00:43:28 / 139	01:06:42 / 156	01:18:48 / 159
168	624	ROGASCH STANISŁAW	KRAKÓW	POL		65	M40/41	M / 162	01:35:33	01:35:24	4.52	00:21:20 / 130	00:42:55 / 128	01:05:52 / 133	01:18:05 / 141
169	210	SŁOMCZYŃSKI MARCIN	KRAKÓW	POL		86	M18/44	M / 163	01:35:37	01:34:59	4.50	00:22:49 / 240	00:45:12 / 206	01:08:12 / 191	01:20:03 / 186
170	238	GAŚSIOR KAMIL	WOLA RZĘDZIŃSKA	POL	/	87	M18/45	M / 164	01:35:38	01:35:36	4.53	00:21:00 / 98	00:43:50 / 160	01:06:27 / 148	01:18:21 / 146
171	903	ŚLĘZAK TOMASZ	RYBNA	POL		71	M40/42	M / 165	01:35:39	01:35:24	4.52	00:22:14 / 185	00:44:20 / 172	01:07:19 / 176	01:19:06 / 170
172	582	KLUŚ DOMINIK	KRAKÓW	POL	SABINKA TEAM /	81	M30/67	M / 166	01:35:41	01:35:33	4.53	00:21:01 / 100	00:42:12 / 93	01:05:44 / 128	01:18:21 / 145
173	1011	BŁASZCZAK JAROSŁAW	KRAKOW	POL	4FEETER /	71	M40/43	M / 167	01:35:41	01:35:41	4.54	00:21:25 / 137	00:43:58 / 163	01:07:55 / 187	01:20:06 / 188
174	801	CHLEBIŃSKI MACIEJ	RZESZÓW	POL	RZESZOWSKIE GAZELE I GEPARDY /	85	M18/46	M / 168	01:35:49	01:35:22	4.52	00:23:53 / 335	00:46:17 / 257	01:08:46 / 210	01:20:21 / 192
175	149	MACHŁOWSKI RYSZARD	KRAKÓW	POL	FESTIWAL BIEGOWY W KRYNICY/DYSTANS KRAKÓW /	63	M40/44	M / 169	01:35:50	01:35:42	4.54	00:21:02 / 105	00:43:34 / 150	01:07:34 / 182	01:19:43 / 183
176	341	KAPŁON KRZYSZTOF	RABKA-ZDRÓJ	POL	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE /	69	M40/45	M / 170	01:35:51	01:35:40	4.53	00:22:43 / 224	00:44:53 / 194	01:08:33 / 202	01:20:30 / 198
177	1147	OŚWIĘCIMKA RAFAŁ	KRAKÓW	POL		92	M18/47	M / 171	01:35:55	01:35:55	4.55	00:20:59 / 95	00:42:59 / 131	01:06:44 / 158	01:18:38 / 153
178	686	PEKALA JAKUB	NOWY SĄCZ	POL	VISEGRAD MARATON RYTRO /	92	M18/48	M / 172	01:36:01	01:35:45	4.54	00:22:49 / 241	00:45:22 / 221	01:08:21 / 196	01:19:55 / 185
179	983	RELIGA ANDRZEJ	HECZARNOWICE	POL		79	M30/68	M / 173	01:36:08	01:35:57	4.55	00:21:57 / 162	00:44:08 / 166	01:07:16 / 174	01:19:34 / 179
180	348	KONTOWICZ RAFAŁ	MYSŁOWICE	POL	MYSŁOWICKI KLUB BIEGACZA NO.1 /	74	M30/69	M / 174	01:36:16	01:36:09	4.56	00:22:25 / 200	00:44:25 / 175	01:07:18 / 175	01:19:18 / 175
181	26	KROWICKA AGNIESZKA	KRAKÓW	POL		82	K30/3	K / 7	01:36:17	01:36:11	4.56	00:23:01 / 263	00:45:19 / 210	01:08:22 / 197	01:20:22 / 193
182	558	DĄBROWSKI GRZEGORZ	HERBY	POL		82	M30/70	M / 175	01:36:26	01:36:17	4.56	00:22:12 / 181	00:43:59 / 164	01:06:58 / 163	01:19:07 / 171

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
183	112	WÓJCIK MICHAŁ	KATOWICE	POL		84	M18/49	M / 176	01:36:27	01:35:34	4.53	00:22:30 / 206	00:44:43 / 185	01:08:13 / 192	01:20:39 / 202
184	1040	GRADEK DARIUSZ	KRAKOW	POL		71	M40/46	M / 177	01:36:28	01:36:27	4.57	00:22:47 / 236	00:45:42 / 237	01:08:55 / 218	01:20:54 / 207
185	278	RADCZAK ANDRZEJ	KRAKÓW	POL		61	M50/11	M / 178	01:36:29	01:36:20	4.57	00:23:09 / 273	00:45:21 / 214	01:08:23 / 198	01:20:27 / 195
186	316	GADECKI ARTUR	KIELCE	POL	FITNESS CLUB TAO KIELCE /	76	M30/71	M / 179	01:36:30	01:36:23	4.57	00:22:29 / 204	00:44:13 / 169	01:07:09 / 169	01:19:23 / 176
187	968	MISIAK ARTUR	TOMASZÓW	POL		87	M18/50	M / 180	01:36:33	01:36:31	4.58	00:21:33 / 144	00:43:47 / 156	01:07:14 / 171	01:19:27 / 178
188	75	CHMIELEWSKI ROBERT	JAWORZNO	POL	KB MCKIS JAWORZNO /	70	M40/47	M / 181	01:36:35	01:36:15	4.56	00:22:47 / 235	00:45:22 / 217	01:08:45 / 208	01:20:40 / 204
189	532	WIECZOREK JERZY	KRZESZOWICE	POL		70	M40/48	M / 182	01:36:39	01:36:01	4.55	00:23:04 / 268	00:45:32 / 226	01:08:51 / 215	01:20:54 / 208
190	564	GLUZA ŁUKASZ	KATOWICE	POL	DOLINIARZE.COM /	74	M30/72	M / 183	01:36:40	01:36:36	4.58	00:21:08 / 112	00:42:43 / 119	01:05:39 / 125	01:17:56 / 136
191	204	PYRZAK PAWEŁ	PRZEMYŚL	POL	FORT JAKSMANICE /	85	M18/51	M / 184	01:36:42	01:36:29	4.57	00:23:29 / 296	00:46:19 / 259	01:09:37 / 238	01:21:15 / 216
192	72	BRATEK ŁUKASZ	GLIWICE	POL	DSDESIGN - GLIWICE /	76	M30/73	M / 185	01:36:44	01:36:38	4.58	00:22:55 / 254	00:45:35 / 230	01:08:55 / 219	01:20:55 / 209
193	184	JANIK JERZY	STRZELCE	POL	OSIR STRZELCE OPOLSKIE /	54	M50/12	M / 186	01:36:44	01:36:21	4.57	00:22:41 / 222	00:44:58 / 196	01:08:24 / 199	01:20:38 / 201
194	536	WOJTANOWSKI KAMIL	KRAKÓW	POL	XTRI.PL TRIATHLON /	87	M18/52	M / 187	01:36:44	01:36:00	4.55	00:23:41 / 317	00:45:53 / 245	01:08:45 / 209	01:20:28 / 197
195	220	ZAGÓRSKI DARIUSZ	KRAKÓW	POL	BIEGAM BO LUBIĘ /	76	M30/74	M / 188	01:36:45	01:36:36	4.58	00:21:56 / 161	00:43:45 / 153	01:07:16 / 173	01:19:39 / 182
196	366	LISZKA HENRYK	KRAKÓW	POL	LISZKA RUNNING TEAM /	82	M30/75	M / 189	01:36:46	01:36:20	4.57	00:22:35 / 210	00:45:12 / 204	01:08:44 / 205	01:20:50 / 206
197	283	SENDOR PIOTR	KRAKOW	POL	MAKING WAVES /	81	M30/76	M / 190	01:36:46	01:36:23	4.57	00:23:52 / 332	00:46:25 / 270	01:09:25 / 232	01:21:02 / 212
198	1010	BILSKI RADOSŁAW	MILCZA	POL		92	M18/53	M / 191	01:36:49	01:36:23	4.57	00:22:06 / 172	00:44:42 / 183	01:08:17 / 193	01:20:36 / 200
199	201	OLEJNIK ADAM	NYSA	POL	DRUŻYNA SZPIKU /	91	M18/54	M / 192	01:36:51	01:36:51	4.59	00:20:28 / 63	00:42:21 / 95	01:06:05 / 140	01:19:15 / 174
200	789	MUSZKIET PIOTR	ŁAZISKA	POL		76	M30/77	M / 193	01:36:55	01:36:31	4.58	00:22:41 / 221	00:44:58 / 197	01:08:27 / 201	01:20:40 / 203
201	962	KUTERNOGA MICHAŁ	RANIŻÓW	POL		82	M30/78	M / 194	01:36:56	01:36:43	4.58	00:21:58 / 164	00:43:46 / 155	01:06:41 / 155	01:18:48 / 160
202	229	CHLEBDA ANDRZEJ	KRAKÓW	POL		64	M40/49	M / 195	01:37:01	01:36:56	4.60	00:22:05 / 169	00:44:46 / 190	01:07:56 / 188	01:20:06 / 187
203	385	NIEMIROWSKI GABRIEL	RZESZÓW	POL	KRAK INVEST RUNNING TEAM /	82	M30/79	M / 196	01:37:01	01:36:22	4.57	00:23:31 / 298	00:46:28 / 274	01:09:55 / 247	01:21:39 / 226
204	515	STEC TOMASZ	KRAKÓW	POL	STECUTHESPECU.PL /	81	M30/80	M / 197	01:37:08	01:36:57	4.60	00:22:12 / 180	00:44:58 / 198	01:08:20 / 194	01:20:25 / 194
205	144	KUCHARCZYK ADAM	MAKÓW	POL	NIEZRZESZONY /	71	M40/50	M / 198	01:37:14	01:37:06	4.60	00:22:00 / 167	00:43:50 / 161	01:07:15 / 172	01:19:49 / 184
206	1186	MASTALERZ KRZYSZTOF	KRAKÓW	POL		75	M30/81	M / 199	01:37:15	01:36:52	4.59	00:23:34 / 305	00:46:21 / 262	01:09:45 / 240	01:21:45 / 228
207	189	KRUPA ANDRZEJ	JAWORZNO	POL	NIEZRZESZONY /	75	M30/82	M / 200	01:37:17	01:37:12	4.61	00:22:56 / 256	00:45:39 / 234	01:08:48 / 212	01:20:46 / 205
208	415	SZPAK SŁAWOMIR	KRAKOW	POL		69	M40/51	M / 201	01:37:17	01:37:11	4.61	00:22:05 / 171	00:44:29 / 179	01:08:01 / 189	01:20:11 / 189
209	737	LEŚNICKI PRZEMYSŁAW	NOWY TARG	POL		73	M30/83	M / 202	01:37:19	01:37:15	4.61	00:22:47 / 237	00:45:31 / 224	01:08:52 / 216	01:20:59 / 210
210	212	ŚCISŁO MARIUSZ	KRAKÓW	POL	KKB DYSTANS /	78	M30/84	M / 203	01:37:21	01:36:58	4.60	00:23:24 / 290	00:46:29 / 276	01:09:35 / 237	01:21:27 / 222
211	867	LIPPA GRZEGORZ	ZDZIESZOWICE	POL	MOSIADZ ZDZIESZOWICE /	78	M30/85	M / 204	01:37:23	01:37:16	4.61	00:23:32 / 301	00:46:36 / 280	01:09:55 / 248	01:21:56 / 235
212	652	ZIELIŃSKI RAFAŁ	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	66	M40/52	M / 205	01:37:36	01:37:31	4.62	00:22:36 / 218	00:44:47 / 191	01:09:34 / 236	01:21:39 / 225
213	473	LASKOSKI KONRAD	KRAKÓW	POL	RADOŚĆ /	87	M18/55	M / 206	01:37:39	01:37:07	4.60	00:22:49 / 239	00:45:37 / 232	01:09:08 / 223	01:21:12 / 214
214	309	CYRAN WOJCIECH	KRZESZOWICE	POL	NIEZRZESZONY /	76	M30/86	M / 207	01:37:41	01:37:39	4.63	00:22:08 / 176	00:45:22 / 216	01:09:05 / 222	01:21:00 / 211
215	1107	POZNAŃSKI TOMASZ	KROSNO	POL	RKW /	80	M30/87	M / 208	01:37:46	01:37:40	4.63	00:23:40 / 314	00:46:37 / 281	01:10:05 / 256	01:22:05 / 239
216	119	CZERWIESKI ANDRZEJ	LEDZINY	POL	TRUCHTACZ /	75	M30/88	M / 209	01:37:48	01:37:39	4.63	00:22:13 / 183	00:45:21 / 215	01:09:27 / 233	01:21:54 / 234
217	562	DZIWIULSKI GRZEGORZ	KRAKÓW	POL		82	M30/89	M / 210	01:37:49	01:37:38	4.63	00:20:40 / 77	00:42:26 / 105	01:06:47 / 160	01:20:32 / 199
218	140	KŁAPTOCZ MAREK	CZECHOWICE-DZIEDPOL			89	M18/56	M / 211	01:37:50	01:37:13	4.61	00:22:44 / 229	00:45:22 / 218	01:08:50 / 213	01:21:16 / 218
219	389	OWCZARSKI KRZYSZTOF	CZELADŹ	POL	CZELADŹ PIASKI /	65	M40/53	M / 212	01:38:00	01:38:00	4.65	00:21:05 / 108	00:43:31 / 143	01:07:25 / 177	01:20:20 / 191
220	218	TOMASIAK ROBERT	RYTRO	POL	RIEGRAD MARATON RYTROFESTIWAL BIEGOWY /	70	M40/54	M / 213	01:38:01	01:37:50	4.64	00:22:53 / 250	00:46:00 / 248	01:09:48 / 242	01:21:46 / 229
221	526	TOMASIAK WAĆLAW	SOKOŁÓW	POL	GRUPA BIEGOWA NA ZDROWIE	72	M40/55	M / 214	01:38:02	01:37:50	4.64	00:22:54 / 253	00:46:01 / 251	01:09:48 / 244	01:21:46 / 230

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
SOKOŁÓW MŁP /															
222	734	KRZYWONOS BARTŁOMIEJ	KRAKÓW	POL	NIEZRZESZONY /	86	M18/57	M / 215	01:38:03	01:37:58	4.64	00:22:05 / 170	00:45:12 / 205	01:09:11 / 225	01:21:12 / 213
223	301	BRZOZOWSKI LESZEK	GORLICE	POL	MARATON GORLICE /	55	M50/13	M / 216	01:38:04	01:38:01	4.65	00:21:03 / 107	00:43:29 / 142	01:07:07 / 168	01:19:37 / 180
224	1153	RAJTAR ZBIGNIEW	KRAKÓW	POL	COMPASS-MARETO /	59	M50/14	M / 217	01:38:07	01:37:59	4.65	00:22:13 / 184	00:44:59 / 199	01:08:45 / 206	01:21:12 / 215
225	191	KUĆ JAROSŁAW	KRAKOW	POL		66	M40/56	M / 218	01:38:11	01:38:00	4.65	00:22:35 / 213	00:45:15 / 209	01:08:56 / 220	01:21:17 / 219
226	164	WALASZEK JAN	TARNÓW	POL	PSB DACHDEK /	61	M50/15	M / 219	01:38:11	01:38:08	4.65	00:22:45 / 231	00:45:48 / 242	01:09:31 / 235	01:21:37 / 224
227	338	KALICIAK TOMASZ	RYBNIK	POL		60	M50/16	M / 220	01:38:14	01:37:52	4.64	00:24:02 / 352	00:47:29 / 313	01:10:52 / 283	01:22:37 / 252
228	249	JUSZCZYK DOMINIK	BOCHNIA	POL	MAKING WAVES /	80	M30/90	M / 221	01:38:15	01:37:52	4.64	00:24:20 / 384	00:48:09 / 345	01:11:59 / 304	01:23:36 / 281
229	535	WODKA KAMIL	BRZESKO	POL	BKB VICTORIA BRZESKO /	94	M18/58	M / 222	01:38:21	01:38:06	4.65	00:22:44 / 228	00:45:36 / 231	01:09:25 / 231	01:21:41 / 227
230	4006	KRASKA WŁODZIMIERZ	KRAKOW	POL	NIEZRZESZONY /	46	M60/2	M / 223	01:38:31	01:38:11	4.65	00:23:51 / 328	00:47:08 / 301	01:10:35 / 273	01:22:28 / 249
231	380	MIELNIK ANDRZEJ	MYSZKÓW	POL	LEŚNE LUDKI ŻARKI LETNISKO /	59	M50/17	M / 224	01:38:32	01:38:18	4.66	00:23:38 / 307	00:46:40 / 283	01:10:23 / 261	01:22:19 / 244
232	1041	GRZĄDZIEL ARTUR	BYTOM	POL	PATI /	87	M18/59	M / 225	01:38:36	01:38:21	4.66	00:24:07 / 361	00:47:59 / 342	01:11:53 / 300	01:23:38 / 283
233	658	BANACH GERARD	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	78	M30/91	M / 226	01:38:45	01:38:21	4.66	00:25:02 / 452	00:48:33 / 372	01:12:08 / 310	01:23:41 / 284
234	605	NARUSZEWICZ ARKADIUSZ	JASTRZĘBIE ZDRÓJ	POL		75	M30/92	M / 227	01:38:46	01:38:28	4.67	00:22:11 / 179	00:44:12 / 168	01:08:07 / 190	01:21:15 / 217
235	759	RYZNER KRZYSZTOF	JAROSŁAW	POL	JAROSŁAW /	60	M50/18	M / 228	01:38:49	01:38:45	4.68	00:22:17 / 189	00:45:12 / 207	01:09:20 / 228	01:21:49 / 233
236	345	KOCZUR MICHAŁ	BOCHNIA	POL	RADOŚĆ /	87	M18/60	M / 229	01:38:52	01:38:20	4.66	00:22:48 / 238	00:45:41 / 236	01:09:23 / 229	01:22:01 / 237
237	729	KAPUSTA MACIEJ	KRAKÓW	POL		82	M30/93	M / 230	01:38:57	01:38:46	4.68	00:22:28 / 203	00:45:03 / 200	01:08:48 / 211	01:21:19 / 220
238	790	OLIWIECKI JAKUB	POZNAN	POL		80	M30/94	M / 231	01:39:01	01:38:43	4.68	00:23:12 / 279	00:46:20 / 260	01:10:11 / 257	01:22:17 / 242
239	1152	MAJCHRZAK JAKUB	KRAKÓW	POL	6BPD/PLZABSZKOL /	87	M18/61	M / 232	01:39:02	01:38:57	4.69	00:23:08 / 272	00:46:24 / 265	01:10:34 / 271	01:22:42 / 256
240	104	PONIKWIA ALEKSANDRA	KRAKÓW	POL	6BDOW /	85	K18/4	K / 8	01:39:02	01:38:59	4.69	00:23:07 / 269	00:46:24 / 266	01:10:33 / 270	01:22:42 / 258
241	1019	CIEPLY WOJCIECH	BRZEŹNICA	POL		92	M18/62	M / 233	01:39:05	01:38:54	4.69	00:20:33 / 72	00:41:41 / 71	01:05:39 / 126	01:19:06 / 169
242	745	MISZOGRAJ TOMASZ	KLUCZBORK	POL	AKT ROZDROŻE /	89	M18/63	M / 234	01:39:08	01:38:45	4.68	00:24:05 / 357	00:47:28 / 312	01:10:54 / 284	01:23:07 / 269
243	382	MIŁO ZBIGNIEW	BYTOM	POL	VICTORIA /	74	M30/95	M / 235	01:39:10	01:39:05	4.70	00:23:38 / 306	00:46:50 / 290	01:10:31 / 268	01:22:42 / 259
244	478	MALINOWSKI MICHAŁ	NOWY SĄCZ	POL		87	M18/64	M / 236	01:39:14	01:39:04	4.70	00:22:36 / 217	00:45:22 / 220	01:09:10 / 224	01:21:47 / 231
245	608	NOWAK MIROSLAW	RUDKI	POL	NIEZRZESZONY /	62	M50/19	M / 237	01:39:22	01:38:57	4.69	00:23:33 / 304	00:46:35 / 279	01:10:23 / 262	01:22:42 / 254
246	435	BAK JACEK	POPOLE	POL	DRUŻYNA SZPIKU /	70	M40/57	M / 238	01:39:22	01:39:15	4.70	00:22:50 / 245	00:46:21 / 263	01:10:44 / 281	01:23:05 / 268
247	108	STOKŁOSA SZYMON	TARGOWISKO	POL		80	M30/96	M / 239	01:39:25	01:38:53	4.69	00:24:03 / 354	00:47:05 / 297	01:10:37 / 274	01:22:42 / 255
248	917	WILGOCKI-ŚLĘZAK JAKUB	RYBNA	POL		93	M18/65	M / 240	01:39:26	01:39:10	4.70	00:22:54 / 252	00:45:11 / 203	01:08:45 / 207	01:21:29 / 223
249	523	ŚWIATOWIEC ŁUKASZ	KRAKÓW	POL		85	M18/66	M / 241	01:39:29	01:39:15	4.70	00:23:13 / 280	00:46:57 / 292	01:10:41 / 278	01:22:52 / 265
250	59	PRZEBINDA GRZEGORZ	KRAKÓW	POL		59	M50/20	M / 242	01:39:30	01:39:26	4.71	00:22:24 / 199	00:45:21 / 213	01:09:01 / 221	01:21:19 / 221
251	807	KUŚNIERZ JACEK	ŚWIĘTE	POL	NIEZRZESZONY /	90	M18/67	M / 243	01:39:33	01:39:21	4.71	00:23:04 / 266	00:45:53 / 246	01:08:51 / 214	01:20:28 / 196
252	455	GRABOWICZ ANDRZEJ	KRAKÓW	POL	COMPASS-MARETO /	57	M50/21	M / 244	01:39:34	01:39:26	4.71	00:23:12 / 277	00:46:25 / 269	01:10:25 / 264	01:22:50 / 264
253	15	SZOPA PIOTR	KRAKÓW	POL	AZS AWF MASTERS /	82	M30/97	M / 245	01:39:35	01:39:29	4.72	00:23:27 / 293	00:46:47 / 289	01:11:00 / 286	01:23:24 / 278
254	508	SARAN RADOSŁAW	KRAKÓW	POL		85	M18/68	M / 246	01:39:38	01:39:36	4.72	00:23:00 / 262	00:45:44 / 239	01:10:02 / 253	01:22:21 / 245
255	1004	ADAMCZYK KRZYSZTOF	GORLICE	POL	GORLICE /	87	M18/69	M / 247	01:39:44	01:39:27	4.71	00:22:59 / 261	00:46:22 / 264	01:10:28 / 267	01:22:58 / 267
256	296	BANAŚ KRZYSZTOF	KRAKÓW	POL	/	69	M40/58	M / 248	01:39:46	01:38:53	4.69	00:24:53 / 429	00:47:45 / 326	01:10:59 / 285	01:23:20 / 275
257	68	BŁASZCZYK MARCIN	KRAKÓW	POL	YMCA KRAKÓW /	79	M30/98	M / 249	01:39:49	01:39:37	4.72	00:22:58 / 259	00:46:13 / 256	01:10:26 / 266	01:23:19 / 274
258	365	LICHOŃ TOMASZ	DOBCZYCE	POL		74	M30/99	M / 250	01:39:51	01:39:32	4.72	00:23:44 / 321	00:46:47 / 288	01:10:24 / 263	01:22:40 / 253
259	1121	BŁACHUT PIOTR	KRAKOW	POL		75	M30/100	M / 251	01:39:51	01:39:23	4.71	00:24:06 / 360	00:47:05 / 296	01:10:32 / 269	01:22:36 / 250
260	442	CHRÓSZCZ MAREK	MARKLOWICE	POL		77	M30/101	M / 252	01:39:51	01:39:38	4.72	00:22:53 / 248	00:45:38 / 233	01:09:15 / 227	01:22:02 / 238

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
261	973	PACZOS BARBARA	MIELEC	POL		60	K50/1	K / 9	01:39:58	01:39:55	4.74	00:22:18 / 191	00:45:15 / 208	01:09:37 / 239	01:22:23 / 247
262	769	SZYNAWA MARCIN	SIEMIANOWICE	POL		79	M30/102	M / 253	01:40:07	01:39:23	4.71	00:23:12 / 278	00:46:01 / 250	01:09:28 / 234	01:21:47 / 232
263	952	JODŁOWSKI JAN	KRAKÓW	POL		84	M18/70	M / 254	01:40:13	01:39:29	4.72	00:23:39 / 309	00:46:27 / 272	01:10:13 / 258	01:22:44 / 260
264	986	SMOTER TADEUSZ	KRAKOW	POL	AZS AWF KRAKÓW MASTERS /	56	M50/22	M / 255	01:40:13	01:40:09	4.75	00:22:53 / 249	00:45:54 / 247	01:10:04 / 255	01:22:48 / 262
265	1146	OLIWA JANUSZ	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	61	M50/23	M / 256	01:40:18	01:39:53	4.73	00:25:12 / 476	00:48:39 / 374	01:12:15 / 317	01:24:06 / 292
266	1098	KASPEROWICZ RADEK	BIAŁYSTOK	POL		89	M18/71	M / 257	01:40:23	01:40:11	4.75	00:22:15 / 187	00:44:39 / 182	01:08:41 / 203	01:21:57 / 236
267	702	TABOR KAROL	KRAKÓW	POL		74	M30/103	M / 258	01:40:24	01:40:11	4.75	00:22:52 / 247	00:46:05 / 253	01:10:49 / 282	01:23:37 / 282
268	517	SZAFRAN BARTŁOMIEJ	KRAKÓW	POL		72	M40/59	M / 259	01:40:24	01:40:01	4.74	00:23:57 / 348	00:47:43 / 323	01:11:39 / 298	01:23:56 / 290
269	482	MIELCZAREK BARTŁOMIEJ	CZĘSTOCHOWA	POL		76	M30/104	M / 260	01:40:28	01:40:09	4.75	00:23:13 / 282	00:46:26 / 271	01:10:43 / 280	01:23:31 / 280
270	202	PAJEWSKI JERZY J.	KRAKÓW	POL	AJ PLUS /	68	M40/60	M / 261	01:40:30	01:40:21	4.76	00:22:58 / 260	00:45:45 / 240	01:09:47 / 241	01:22:16 / 240
271	397	PRZEBIERACZ TOMASZ	TARNOWSKIE GÓRYPOL			75	M30/105	M / 262	01:40:30	01:40:25	4.76	00:22:08 / 177	00:45:20 / 212	01:09:52 / 246	01:22:54 / 266
272	372	MALEC ZBIGNIEW	KRAKÓW	POL		71	M40/61	M / 263	01:40:33	01:40:32	4.77	00:22:34 / 209	00:45:50 / 243	01:10:19 / 259	01:23:11 / 270
273	909	ŁOŚ RAFAŁ	ŻABNO	POL		85	M18/72	M / 264	01:40:35	01:40:19	4.76	00:24:06 / 359	00:48:15 / 350	01:12:19 / 320	01:24:40 / 305
274	796	TYC RYSZARD	KRAKÓW	POL	KRAK INVEST RUNNING TEAM /	60	M50/24	M / 265	01:40:37	01:39:59	4.74	00:23:31 / 299	00:46:32 / 277	01:11:03 / 287	01:23:52 / 287
275	145	KUCHTA MIROSLAW	KATOWICE	POL	DOLINIARZE.COM /	64	M40/62	M / 266	01:40:40	01:40:25	4.76	00:23:39 / 310	00:47:08 / 300	01:11:33 / 294	01:24:08 / 294
276	373	MALEC MAGDALENA	KRAKÓW	POL		77	K30/4	K / 10	01:40:40	01:40:40	4.77	00:23:02 / 264	00:46:54 / 291	01:11:16 / 289	01:23:51 / 286
277	58	PANEK WOJCIECH	NIEPOŁOMICE	POL	/	83	M18/73	M / 267	01:40:42	01:40:16	4.75	00:23:42 / 319	00:47:08 / 302	01:11:08 / 288	01:23:42 / 285
278	452	GOLASOWSKA ANNA	KRAKÓW	POL		86	K18/5	K / 11	01:40:50	01:40:27	4.76	00:22:43 / 227	00:46:29 / 275	01:11:52 / 299	01:24:10 / 297
279	358	KUCHARSKI PIOTR	KRAKÓW	POL		77	M30/106	M / 268	01:40:54	01:40:52	4.78	00:22:07 / 175	00:45:30 / 223	01:09:57 / 249	01:23:18 / 272
280	625	RÓŻAK STANISŁAW	WOŁOWICE	POL		60	M50/25	M / 269	01:40:56	01:40:39	4.77	00:23:54 / 338	00:47:11 / 305	01:11:34 / 296	01:23:55 / 288
281	977	PODSIADŁO ADAM	KRAKÓW	POL		81	M30/107	M / 270	01:41:03	01:40:34	4.77	00:24:18 / 382	00:47:28 / 311	01:11:33 / 293	01:23:56 / 289
282	241	GOŚCIEJ ANDRZEJ	WIELICZKA	POL	AZS AWF KRAKÓW MASTERS /	47	M60/3	M / 271	01:41:04	01:40:55	4.78	00:22:26 / 201	00:45:19 / 211	01:10:04 / 254	01:22:49 / 263
283	1166	JURA RAFAŁ	KOZY	POL	NIEZRZESZONY /	87	M18/74	M / 272	01:41:04	01:40:38	4.77	00:22:56 / 257	00:45:45 / 241	01:09:49 / 245	01:22:17 / 243
284	578	KASPERCZYK GRZEGORZ	KRAKÓW	POL	JCI KRAKÓW /	82	M30/108	M / 273	01:41:06	01:39:55	4.74	00:25:12 / 478	00:48:32 / 369	01:12:14 / 316	01:24:35 / 301
285	926	WŁODARCZYK KAZIMIERZ	WINIARY	POL	NIEZRZESZONY /	66	M40/63	M / 274	01:41:13	01:41:13	4.80	00:21:24 / 136	00:44:44 / 186	01:09:14 / 226	01:22:42 / 257
286	332	HYPŚ WALDEMAR	OLSZTYN	POL	AKM OLIMP OLSZTYN /	58	M50/26	M / 275	01:41:25	01:41:20	4.80	00:22:51 / 246	00:45:52 / 244	01:10:25 / 265	01:23:30 / 279
287	186	KARPIERZ ANTONI	KRAKÓW	POL	NIEZRZESZONY /	60	M50/27	M / 276	01:41:25	01:41:17	4.80	00:23:02 / 265	00:46:41 / 284	01:11:28 / 290	01:24:22 / 298
288	428	ZAGÓRSKI JERZY	JEDLICZE	POL	RADOŚĆ /	87	M18/75	M / 277	01:41:25	01:40:53	4.78	00:23:42 / 320	00:47:08 / 299	01:11:34 / 295	01:24:08 / 293
289	1007	BARSZCZ MARCIN	WARSZAWA	POL	FCB /	82	M30/109	M / 278	01:41:36	01:41:13	4.80	00:22:45 / 232	00:45:43 / 238	01:10:01 / 251	01:23:24 / 277
290	781	CZAJA ADAM	KRAKÓW	POL		84	M18/76	M / 279	01:41:39	01:40:38	4.77	00:25:31 / 518	00:49:01 / 389	01:12:54 / 340	01:25:12 / 317
291	173	BIELECKI SŁAWOMIR	KRAKOW	POL		63	M40/64	M / 280	01:41:40	01:41:40	4.82	00:23:11 / 275	00:46:27 / 273	01:10:34 / 272	01:23:16 / 271
292	1095	JASKIER TOMASZ	KRAKOW	POL		78	M30/110	M / 281	01:41:42	01:41:16	4.80	00:25:21 / 497	00:49:09 / 396	01:12:32 / 328	01:24:55 / 312
293	667	DYMEK JÓZEF	BRZEWINKA 4	POL	KKB DYSTANS KRAKÓW /	50	M60/4	M / 282	01:41:43	01:41:43	4.82	00:23:11 / 274	00:47:10 / 303	01:11:54 / 302	01:24:37 / 302
294	684	PACUDA TOMASZ	KOPALNIA	POL		71	M40/65	M / 283	01:41:46	01:41:19	4.80	00:25:34 / 528	00:49:17 / 400	01:13:41 / 360	01:26:04 / 344
295	281	RZEPKA REMIGIUSZ	MIKOŁÓW -	POL		72	M40/66	M / 284	01:41:47	01:41:18	4.80	00:24:18 / 381	00:47:53 / 335	01:11:56 / 303	01:24:45 / 307
296	350	KOWALSKI ŁUKASZ	ZABRZE	POL	EXSMOKERS /	80	M30/111	M / 285	01:41:52	01:41:18	4.80	00:24:40 / 414	00:48:33 / 370	01:12:30 / 325	01:24:41 / 306
297	500	POLAK ANDRZEJ	NADARZYN	POL		69	M40/67	M / 286	01:41:56	01:41:49	4.83	00:24:21 / 390	00:48:31 / 363	01:13:06 / 347	01:25:45 / 339
298	107	SOJKA ROBERT	JAWORZNO	POL	KB MCKIS JAWORZNO /	67	M40/68	M / 287	01:41:56	01:40:47	4.78	00:24:24 / 393	00:47:50 / 331	01:12:32 / 329	01:25:16 / 320
299	945	GIERLIK TOMASZ	TARNÓW	POL		69	M40/69	M / 288	01:41:57	01:41:10	4.80	00:24:38 / 409	00:48:31 / 365	01:12:55 / 341	01:25:43 / 334
300	303	BRZUSZKO BARTOSZ	LEŻAJSK	POL	/	92	M18/77	M / 289	01:41:58	01:41:44	4.82	00:24:43 / 419	00:49:09 / 394	01:13:35 / 358	01:25:44 / 335



Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
301	677	KOSTECKI PIOTR	KRAKÓW	POL		85	M18/78	M / 290	01:41:59	01:41:57	4.83	00:22:00 / 166	00:45:31 / 225	01:10:20 / 260	01:23:21 / 276
302	424	WILK TOMASZ	RYCHTAL	POL		89	M18/79	M / 291	01:42:05	01:41:40	4.82	00:24:38 / 410	00:48:41 / 376	01:13:04 / 345	01:25:26 / 326
303	387	OLEKSY JAROSŁAW	TYMBARK	POL	KS LIMANOWA FORREST /	59	M50/28	M / 292	01:42:05	01:41:16	4.80	00:24:53 / 430	00:48:28 / 362	01:12:58 / 342	01:25:44 / 337
304	885	PALONEK ARTUR JACEK	SZCZYRZYC	POL	OOO /	77	M30/112	M / 293	01:42:06	01:42:04	4.84	00:20:45 / 81	00:43:42 / 152	01:08:21 / 195	01:22:25 / 248
305	963	MADEJ LECH	KRAKOW	POL		83	M18/80	M / 294	01:42:06	01:41:18	4.80	00:24:54 / 432	00:48:27 / 361	01:12:59 / 343	01:25:44 / 338
306	31	SOBOL KAMIL	KRAKÓW	POL		86	M18/81	M / 295	01:42:07	01:42:02	4.84	00:23:16 / 284	00:47:16 / 307	01:12:03 / 308	01:24:54 / 311
307	773	WIDŁA GRZEGORZ	BRZESKO	POL	BKB VICTORIA BRZESKO /	86	M18/82	M / 296	01:42:08	01:41:19	4.80	00:25:54 / 574	00:50:18 / 473	01:14:45 / 407	01:26:52 / 367
308	411	SUŁKOWSKI PAWEŁ	LIMANOWA	POL	KS LIMANOWA FORREST /	83	M18/83	M / 297	01:42:11	01:41:43	4.82	00:25:24 / 503	00:50:27 / 483	01:14:36 / 399	01:26:45 / 364
309	4046	DZIADWRA ZENON	TARNOBRZEG	POL	WIATR TARNOBRZEG /	55	M50/29	M / 298	01:42:11	01:42:08	4.84	00:22:50 / 244	00:46:00 / 249	01:14:28 / 390	01:26:20 / 350
310	964	MADLEWSKI DARIUSZ	KRAKÓW	POL	IFS /	71	M40/70	M / 299	01:42:12	01:42:08	4.84	00:23:32 / 303	00:47:30 / 316	01:12:09 / 311	01:24:51 / 309
311	623	PUDELKO ROMAN	CHRÓŚCINA	POL		88	M18/84	M / 300	01:42:13	01:42:05	4.84	00:22:57 / 258	00:46:20 / 261	01:10:01 / 252	01:22:22 / 246
312	266	MATEJSKI PAWEŁ	TARNOW	POL	STATE STREET POLAND /	87	M18/85	M / 301	01:42:14	01:41:35	4.82	00:25:42 / 547	00:50:28 / 485	01:14:44 / 406	01:26:41 / 361
313	1002	ZWONEK ŁUKASZ	KRAKÓW	POL		94	M18/86	M / 302	01:42:16	01:41:57	4.83	00:24:14 / 372	00:47:55 / 340	01:12:00 / 305	01:24:40 / 304
314	318	GANCARCZYK MAREK	KRAKÓW	POL		80	M30/113	M / 303	01:42:17	01:41:35	4.82	00:25:17 / 487	00:49:13 / 397	01:13:45 / 364	01:26:04 / 343
315	622	PRZYBYLSKI JACEK SZYMON	WRÓBLIK	POL	WRÓBLIK SZLACHECKI /	68	M40/71	M / 304	01:42:18	01:42:14	4.85	00:23:50 / 325	00:47:49 / 330	01:12:18 / 319	01:24:55 / 313
316	793	SIEMIŃSKI RADOSŁAW	KRAKÓW	POL		81	M30/114	M / 305	01:42:20	01:41:39	4.82	00:24:08 / 363	00:47:46 / 329	01:12:14 / 315	01:24:57 / 314
317	912	WACNIK JANUSZ	RZESZÓW	POL	RZESZOWSKIE GAZELE I GEPARDY /	67	M40/72	M / 306	01:42:21	01:42:02	4.84	00:23:39 / 311	00:47:45 / 327	01:12:25 / 322	01:25:24 / 324
318	32	TOMAN ANDRZEJ	STANOWICE	POL	CO JA TUTAJ ROBIĘ /	62	M50/30	M / 307	01:42:23	01:41:53	4.83	00:24:58 / 444	00:48:52 / 382	01:13:19 / 352	01:25:44 / 336
319	324	GOSIEWSKI ROBERT	KRAKÓW	POL		77	M30/115	M / 308	01:42:23	01:41:34	4.81	00:24:55 / 434	00:48:08 / 344	01:12:16 / 318	01:24:49 / 308
320	610	OLIZAROWICZ PAWEŁ	SUPRAŚL	POL		91	M18/87	M / 309	01:42:26	01:42:25	4.86	00:21:29 / 139	00:44:10 / 167	01:08:52 / 217	01:22:36 / 251
321	256	LUBOWICKI PIOTR	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	75	M30/116	M / 310	01:42:28	01:42:26	4.86	00:25:15 / 485	00:49:46 / 436	01:13:58 / 368	01:26:26 / 352
322	282	RZESZÓDKO STANISŁAW	ANDRYCHÓW	POL	NIEZRZESZONY /	57	M50/31	M / 311	01:42:30	01:42:17	4.85	00:23:18 / 286	00:47:11 / 304	01:12:00 / 306	01:25:01 / 315
323	451	GLADYS WOJCIECH	KRAKÓW	POL	FIGHT TEAM KRAKÓW /	82	M30/117	M / 312	01:42:32	01:42:14	4.85	00:23:56 / 344	00:48:20 / 357	01:12:26 / 323	01:25:15 / 319
324	165	WARDZAŁA MICHAŁ	MINOGA	POL	HORNS UP /	74	M30/118	M / 313	01:42:33	01:42:13	4.85	00:24:55 / 435	00:48:21 / 359	01:12:10 / 313	01:24:54 / 310
325	1060	PASEK TOMASZ	WIELICZKA	POL		82	M30/119	M / 314	01:42:36	01:41:36	4.82	00:25:20 / 493	00:49:44 / 430	01:14:01 / 372	01:26:24 / 351
326	726	KALETA ARKADIUSZ	GDÓW	POL		89	M18/88	M / 315	01:42:41	01:42:05	4.84	00:25:36 / 534	00:49:18 / 402	01:13:41 / 361	01:26:05 / 345
327	56	MOSUREK GRZEGORZ	KRAKÓW	POL	STRAŻ ZAMKOWA ZAMEK KRÓLEWSKI NA WAWELU /	72	M40/73	M / 316	01:42:43	01:42:23	4.85	00:24:56 / 436	00:48:19 / 355	01:12:30 / 326	01:25:27 / 327
328	701	SZWAJA MAREK	PRASZKA	POL	'WE RUN' /	84	M18/89	M / 317	01:42:47	01:42:42	4.87	00:24:34 / 406	00:49:01 / 388	01:13:59 / 369	01:26:27 / 353
329	270	OLESIK MARCIN	TARNÓW	POL	SOKŁÓ - TARNÓW /	87	M18/90	M / 318	01:42:49	01:42:29	4.86	00:22:30 / 207	00:45:35 / 229	01:10:38 / 275	01:24:02 / 291
330	1099	KLESZCZ PIOTR	KRAKÓW	POL		89	M18/91	M / 319	01:42:52	01:42:15	4.85	00:25:25 / 506	00:50:00 / 444	01:14:07 / 378	01:26:47 / 366
331	837	DYREK MATEUSZ	KRAKÓW	POL		82	M30/120	M / 320	01:42:53	01:42:37	4.86	00:23:53 / 336	00:47:44 / 324	01:12:19 / 321	01:25:10 / 316
332	1028	GAJEWSKI MICHAŁ	SKARŻYSKO-KAMIE	POL	SFORA OJCA DYREKTORA /	80	M30/121	M / 321	01:42:59	01:42:23	4.85	00:24:03 / 355	00:47:34 / 318	01:11:30 / 292	01:24:08 / 295
333	400	RADOMSKI MARCIN	KRAKÓW	POL		77	M30/122	M / 322	01:43:08	01:43:07	4.89	00:22:43 / 225	00:47:41 / 321	01:12:48 / 337	01:25:29 / 328
334	915	WESOŁEK MIKOŁAJ	SOPOT	POL		90	M18/92	M / 323	01:43:09	01:42:52	4.88	00:23:23 / 289	00:46:24 / 267	01:10:38 / 276	01:24:31 / 300
335	37	JUSZCZAK GRZEGORZ	KRAKÓW	POL	KLUB KOKO /	79	M30/123	M / 324	01:43:09	01:42:36	4.86	00:25:47 / 560	00:50:00 / 443	01:14:28 / 389	01:26:53 / 368
336	71	BRATEK AGNIESZKA	GLIWICE	POL	DSDESIGN - GLIWICE /	76	K30/5	K / 12	01:43:10	01:43:03	4.88	00:23:32 / 300	00:47:45 / 328	01:12:30 / 327	01:25:34 / 329
337	757	RAK ŁUKASZ	JASŁO	POL	JASIELSKIE STOWARZYSZENIE CYKLISTÓW /	74	M30/124	M / 325	01:43:10	01:42:32	4.86	00:24:45 / 421	00:48:32 / 366	01:12:51 / 338	01:25:37 / 332
338	4038	CZURAJ JAKUB	WIELICZKA	POL		71	M40/74	M / 326	01:43:12	01:42:11	4.84	00:24:20 / 385	00:47:18 / 308	01:11:38 / 297	01:25:18 / 323

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
339	4026	BERDYCHOWSKI ZYGMUNT	NOWY SĄCZ	POL	SADECZANIN /	60	M50/32	M / 327	01:43:13	01:42:45	4.87	00:23:51 / 327	00:46:43 / 286	01:11:29 / 291	01:25:13 / 318
340	285	STENCEL ZBIGNIEW	MARKLOWICE	POL	FORMA WODZISLAW SL /	64	M40/75	M / 328	01:43:14	01:43:00	4.88	00:22:55 / 255	00:45:40 / 235	01:09:48 / 243	01:22:45 / 261
341	42	MARGAS GRZEGORZ	PROSZOWICE	POL	NIEZRZESZONY /	70	M40/76	M / 329	01:43:14	01:42:58	4.88	00:24:16 / 378	00:48:19 / 354	01:13:25 / 355	01:26:08 / 346
342	84	GÓRKA JAN-WITOLD	KRAKÓW	POL		61	M50/33	M / 330	01:43:20	01:43:19	4.90	00:22:29 / 205	00:47:53 / 337	01:12:43 / 332	01:25:34 / 330
343	62	SZCZEPANIK PIOTR	GRYBÓW	POL		82	M30/125	M / 331	01:43:26	01:43:23	4.90	00:23:28 / 295	00:47:44 / 325	01:12:35 / 330	01:25:46 / 340
344	529	UCHWAT MARIUSZ	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	65	M40/77	M / 332	01:43:26	01:43:04	4.89	00:25:29 / 514	00:50:05 / 454	01:14:02 / 374	01:26:36 / 358
345	253	LEGOMSKI PIOTR	KRAKÓW	POL	CAŁA RYBA BIEGA Z POLSKĄ /	77	M30/126	M / 333	01:43:27	01:43:02	4.88	00:25:07 / 464	00:49:28 / 409	01:14:01 / 373	01:26:35 / 357
346	172	ZIÓLKOWSKI PAWEŁ	KRAKÓW	POL		82	M30/127	M / 334	01:43:31	01:42:41	4.87	00:26:07 / 590	00:50:06 / 455	01:14:00 / 370	01:26:31 / 354
347	131	GOLONKA WIESŁAW	GORLICE	POL	GORLICE /	65	M40/78	M / 335	01:43:33	01:43:32	4.91	00:20:38 / 75	00:42:27 / 106	01:07:41 / 184	01:22:16 / 241
348	544	BARTOSZ MAREK	KRAKÓW	POL		79	M30/128	M / 336	01:43:37	01:43:02	4.88	00:26:56 / 665	00:53:01 / 638	01:16:28 / 475	01:28:07 / 404
349	922	WRZOSEK ROMAN	PYSKOWICE	POL		78	M30/129	M / 337	01:43:40	01:43:27	4.90	00:25:06 / 462	00:49:43 / 427	01:14:29 / 391	01:27:21 / 380
350	965	MICHALCZYK MICHAŁ	KRAKÓW	POL		86	M18/93	M / 338	01:43:45	01:43:36	4.91	00:23:41 / 316	00:47:54 / 339	01:13:23 / 354	01:26:34 / 356
351	334	JACKOWSKI ARTUR	KRAPKOWICE	POL	FERAJNA KRAPKOWICE /	77	M30/130	M / 339	01:43:46	01:43:15	4.89	00:25:03 / 456	00:49:14 / 398	01:14:03 / 375	01:26:40 / 360
352	621	PRUSINOWSKI KAMIL	KRAKÓW	POL	UPM RUNNING TEAM /	85	M18/94	M / 340	01:43:47	01:43:46	4.92	00:24:08 / 365	00:49:00 / 387	01:14:00 / 371	01:26:41 / 362
353	528	TRUCHALSKI KRYSZTIAN	KRAKÓW	POL		82	M30/131	M / 341	01:43:50	01:43:41	4.91	00:22:49 / 242	00:46:38 / 282	01:12:01 / 307	01:25:17 / 321
354	1128	ROSA JÓZEF	BRZESKO	POL		75	M30/132	M / 342	01:43:53	01:43:28	4.90	00:25:14 / 482	00:49:42 / 426	01:14:22 / 385	01:26:55 / 370
355	177	BOROŃ DARIUSZ	KRAKÓW	POL	BIEGAM BO LUBIĘ /	92	M18/95	M / 343	01:43:53	01:43:33	4.91	00:24:47 / 424	00:48:33 / 371	01:12:11 / 314	01:24:38 / 303
356	462	JASKÓŁOWSKI DAMIAN	KRAKÓW	POL		84	M18/96	M / 344	01:44:03	01:43:55	4.93	00:24:20 / 387	00:48:31 / 364	01:13:00 / 344	01:26:03 / 342
357	966	MICHĄLEK MARCIN	KRAKÓW	POL		72	M40/79	M / 345	01:44:09	01:43:51	4.92	00:24:22 / 392	00:48:14 / 349	01:12:43 / 333	01:25:35 / 331
358	406	SOCHA TOMASZ	BIECZ	POL		70	M40/80	M / 346	01:44:10	01:43:55	4.93	00:22:14 / 186	00:46:42 / 285	01:13:12 / 349	01:26:38 / 359
359	866	LIMPENS MAXIME	KRAKOW	FRA	/	83	M18/97	M / 347	01:44:11	01:43:54	4.93	00:23:14 / 283	00:47:04 / 295	01:12:10 / 312	01:25:57 / 341
360	627	RYMARCZYK PRZEMYSŁAW	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	78	M30/133	M / 348	01:44:12	01:43:48	4.92	00:25:39 / 541	00:50:00 / 445	01:14:24 / 387	01:27:04 / 372
361	1029	GAJKOWSKI BARTOSZ	KRAKÓW	POL	TRAILTEAM /	85	M18/98	M / 349	01:44:16	01:43:54	4.93	00:24:30 / 399	00:48:32 / 367	01:13:43 / 362	01:26:56 / 371
362	1070	RAPACZ ŁUKASZ	KRYNICA ZDRÓJ	POL		88	M18/99	M / 350	01:44:20	01:43:24	4.90	00:23:47 / 323	00:47:23 / 310	01:12:35 / 331	01:26:18 / 349
363	780	BROŻEK MARCIN	KRAKÓW	POL		82	M30/134	M / 351	01:44:21	01:44:02	4.93	00:24:45 / 422	00:49:32 / 415	01:15:01 / 411	01:27:47 / 392
364	362	KUŻMA PRZEMYSŁAW	JANOWICE	POL		60	M50/34	M / 352	01:44:25	01:44:14	4.94	00:25:19 / 490	00:50:00 / 446	01:14:37 / 400	01:27:15 / 376
365	169	WILK KRZYSZTOF	KRAKÓW	POL	NIEZRZESZONY /	68	M40/81	M / 353	01:44:31	01:44:05	4.93	00:25:28 / 511	00:50:10 / 464	01:15:20 / 422	01:27:47 / 391
366	1100	KOSEK MICHAŁ	BODZECZÓW	POL	NIEZRZESZONY /	94	M18/100	M / 354	01:44:35	01:44:35	4.96	00:21:17 / 125	00:44:42 / 184	01:10:43 / 279	01:24:09 / 296
367	660	BRZYSKI MACIEJ	RZESZÓW	POL	NIEZRZESZONY /	85	M18/101	M / 355	01:44:35	01:44:01	4.93	00:27:08 / 685	00:52:44 / 627	01:16:58 / 491	01:29:22 / 445
368	1142	BOREK MATEUSZ	KRAKÓW	POL	NIEZRZESZONY /	86	M18/102	M / 356	01:44:39	01:44:09	4.94	00:24:12 / 368	00:47:30 / 315	01:11:53 / 301	01:25:18 / 322
369	770	TOBOŁA ZBIGNIEW	KRAKÓW	POL		74	M30/135	M / 357	01:44:40	01:44:16	4.94	00:24:05 / 358	00:47:39 / 319	01:12:26 / 324	01:25:24 / 325
370	101	PANASIUŁ ADAM	MOGILANY	POL	NIEZRZESZONY /	65	M40/82	M / 358	01:44:41	01:43:43	4.92	00:27:29 / 731	00:52:18 / 597	01:16:09 / 467	01:28:12 / 405
371	1118	ZAJUSZ MAREK	ANDRYCHÓW	POL	YMCA KRAKÓW /	87	M18/103	M / 359	01:44:42	01:43:56	4.93	00:26:46 / 642	00:50:57 / 512	01:15:08 / 417	01:27:41 / 387
372	907	TOME CZEK DARIUSZ	KRAKÓW	POL	SPARTAN'S KRAKOW /	87	M18/104	M / 360	01:44:42	01:44:28	4.95	00:23:54 / 337	00:46:45 / 287	01:12:07 / 309	01:26:34 / 355
373	254	LINEK MICHAŁ	CZECZOWICE	POL		75	M30/136	M / 361	01:44:44	01:44:13	4.94	00:24:33 / 403	00:48:51 / 381	01:13:46 / 365	01:26:53 / 369
374	690	PILECKI ADAM	RADOMYŚL	POL	WAT /	88	M18/105	M / 362	01:44:46	01:44:26	4.95	00:23:56 / 345	00:48:16 / 352	01:13:51 / 367	01:26:45 / 363
375	457	GRUSZKA DAREK	NIEPOLOMICE	POL	CENERIA.PL /	76	M30/137	M / 363	01:44:48	01:43:43	4.92	00:25:32 / 520	00:49:30 / 413	01:14:25 / 388	01:27:21 / 379
376	504	POTAŚ DARIUSZ	KRAKOW	POL	BIEGAMBOLUBIĘ /	65	M40/83	M / 364	01:44:52	01:43:46	4.92	00:25:22 / 499	00:49:44 / 432	01:14:16 / 382	01:27:08 / 375
377	321	GAŚIOROWSKI HUBERT	KRAKÓW	POL		80	M30/138	M / 365	01:44:54	01:44:10	4.94	00:24:22 / 391	00:48:42 / 377	01:14:16 / 381	01:27:36 / 383
378	54	LANGE ZBIGNIEW	KRAKÓW	POL	NIEZRZESZONY /	70	M40/84	M / 366	01:44:57	01:44:47	4.97	00:24:54 / 431	00:49:31 / 414	01:14:34 / 397	01:27:30 / 382

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
379	512	SKOTAK RAFAŁ	KRAKÓW	POL		77	M30/139	M / 367	01:45:02	01:44:50	4.97	00:21:51 / 154	00:45:08 / 202	01:09:24 / 230	01:23:18 / 273
380	203	PEĆZEK DARIUSZ	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA /	70	M40/85	M / 368	01:45:03	01:44:11	4.94	00:25:51 / 568	00:50:35 / 496	01:15:34 / 438	01:28:13 / 406
381	844	GLĄZ ARKADIUSZ	WARSZAWA	POL		78	M30/140	M / 369	01:45:04	01:44:21	4.95	00:25:06 / 463	00:49:41 / 425	01:14:42 / 402	01:27:41 / 386
382	995	WILK DAMIAN	CZARNA	POL	NIEZRZESZONY /	77	M30/141	M / 370	01:45:10	01:44:41	4.96	00:25:10 / 471	00:49:38 / 422	01:15:26 / 430	01:28:20 / 409
383	46	DULIŃSKI MATEUSZ	KRAKÓW	POL	SN LIDER /	86	M18/106	M / 371	01:45:14	01:44:47	4.97	00:25:44 / 553	00:50:21 / 475	01:15:05 / 413	01:27:48 / 394
384	560	DYBAŚ JERZY	JASŁO	POL	PEKTYNA PEKTOWIN JASŁO /	61	M50/35	M / 372	01:45:19	01:44:51	4.97	00:25:01 / 451	00:49:23 / 406	01:14:32 / 395	01:27:40 / 385
385	626	RUSEK JAROSŁAW	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	69	M40/86	M / 373	01:45:24	01:45:19	4.99	00:25:41 / 544	00:50:09 / 462	01:15:12 / 420	01:28:03 / 402
386	19	GANDOR MICHAŁ	KRAKÓW	POL	ORKA GRĘBYNICE /	72	M40/87	M / 374	01:45:28	01:44:49	4.97	00:25:01 / 450	00:49:25 / 407	01:14:33 / 396	01:27:46 / 390
387	4	BUDNIK RYSZARD	CICHE	POL		58	M50/36	M / 375	01:45:33	01:45:29	5.00	00:23:08 / 271	00:47:07 / 298	01:13:05 / 346	01:26:47 / 365
388	639	SUSZ ARTUR	KRAKÓW	POL		77	M30/142	M / 376	01:45:36	01:45:33	5.00	00:22:35 / 214	00:46:58 / 294	01:13:13 / 350	01:27:17 / 377
389	563	FITT KONRAD	KRAKÓW	POL		82	M30/143	M / 377	01:45:37	01:44:42	4.96	00:26:03 / 584	00:50:46 / 508	01:15:58 / 459	01:28:45 / 427
390	240	GŁOWACKI PAWEŁ	NOWY SĄCZ	POL		67	M40/88	M / 378	01:45:37	01:45:24	5.00	00:24:32 / 402	00:49:30 / 411	01:14:55 / 409	01:27:58 / 398
391	125	DZIEDZIAK MAREK	GORLICE	POL	UKS GRYF SZYMBARK /	65	M40/89	M / 379	01:45:42	01:45:24	5.00	00:25:07 / 465	00:50:14 / 468	01:15:32 / 434	01:28:29 / 412
392	527	TOMCZYK ANDRZEJ	TARNOBRZEG	POL	WITAR-TARNOBRZEG /	68	M40/90	M / 380	01:45:47	01:45:46	5.01	00:21:45 / 148	00:45:07 / 201	01:10:39 / 277	01:25:43 / 333
393	1082	WIECHECKI JACEK	KRAKÓW	POL		75	M30/144	M / 381	01:45:48	01:45:48	5.02	00:24:15 / 374	00:47:51 / 332	01:12:46 / 335	01:26:09 / 347
394	245	JACIUBEK JACEK	KRAKÓW	POL	BIEGANO BO LUBIĘ /	66	M40/91	M / 382	01:45:54	01:45:23	5.00	00:25:30 / 516	00:50:03 / 449	01:15:06 / 414	01:28:16 / 407
395	831	CHODAK MAREK	KRAKÓW	POL		67	M40/92	M / 383	01:45:54	01:45:38	5.01	00:24:33 / 405	00:48:46 / 378	01:14:17 / 383	01:27:26 / 381
396	142	KOST MIROSLAW	WIELICZKA	POL	UKS GIMNAZJON WIELICZKA /	63	M40/93	M / 384	01:45:54	01:45:28	5.00	00:25:21 / 495	00:49:50 / 437	01:15:04 / 412	01:28:05 / 403
397	90	JAMRÓZ MARIOLA	KIELCE	POL	FITNESS CLUB TAO KIELCE /	69	K40/2	K / 13	01:45:55	01:45:36	5.01	00:25:13 / 480	00:50:15 / 470	01:15:47 / 447	01:28:45 / 426
398	490	OKTABSKI WIESŁAW	KRAKOW	POL	AZS AWF KRAKÓW MASTERS /	66	M40/94	M / 385	01:45:55	01:45:31	5.00	00:25:38 / 537	00:50:10 / 463	01:15:23 / 428	01:28:29 / 413
399	615	PIEKARSKI ALEKSANDER	KRAKÓW	POL		74	M30/145	M / 386	01:45:55	01:45:32	5.00	00:24:44 / 420	00:48:50 / 380	01:13:38 / 359	01:27:17 / 378
400	4050	TRZASKACZ KRYSZTIAN	DĘBICA	POL	SODASTUDIO.PL /	81	M30/146	M / 387	01:45:57	01:45:18	4.99	00:25:21 / 494	00:50:07 / 458	01:15:28 / 432	01:28:37 / 422
401	489	NOSAL SŁAWOMIR	TARNÓW	POL	SOKÓŁ TARNÓW /	70	M40/95	M / 388	01:46:02	01:45:26	5.00	00:25:42 / 545	00:50:31 / 490	01:16:08 / 466	01:29:21 / 442
402	778	ZORAN HENRYK	RUDA ŚLĄSKA	POL		68	M40/96	M / 389	01:46:05	01:45:26	5.00	00:25:22 / 500	00:49:56 / 442	01:15:22 / 425	01:28:34 / 418
403	891	PLETI MARCIN	KRAKÓW	POL		74	M30/147	M / 390	01:46:08	01:45:13	4.99	00:26:45 / 641	00:51:06 / 529	01:15:32 / 435	01:28:29 / 415
404	4047	KĄDZIELA MARCIN	KRAKÓW	POL		81	M30/148	M / 391	01:46:08	01:45:26	5.00	00:27:32 / 741	00:52:17 / 596	01:17:04 / 492	01:29:22 / 446
405	1138	KRÓL ELŻBIETA	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	71	K40/3	K / 14	01:46:08	01:45:49	5.02	00:24:56 / 438	00:50:05 / 453	01:15:41 / 441	01:28:44 / 424
406	491	ORNATOWSKI DARIUSZ	KRAKÓW	POL		79	M30/149	M / 392	01:46:13	01:46:09	5.03	00:22:35 / 215	00:46:58 / 293	01:13:22 / 353	01:27:45 / 389
407	34	BABULA MATEUSZ	KRAKÓW	POL	/	80	M30/150	M / 393	01:46:13	01:45:19	4.99	00:26:09 / 595	00:50:42 / 506	01:15:49 / 450	01:28:45 / 425
408	1126	KĄZMIERCZAK KONRAD	WILAMOWO	POL	INTERIA.PL RUNNERS TEAM /	89	M18/107	M / 394	01:46:14	01:46:02	5.03	00:23:41 / 318	00:48:19 / 356	01:14:05 / 376	01:28:01 / 400
409	1053	LEWANDOWSKI ARTUR	WĘGRZCE	POL		75	M30/151	M / 395	01:46:23	01:46:20	5.04	00:24:11 / 366	00:49:09 / 395	01:14:40 / 401	01:27:49 / 395
410	959	KRZYSZTOFOWICZ MARCIN	TARNÓW	POL		84	M18/108	M / 396	01:46:25	01:45:40	5.01	00:25:27 / 510	00:50:29 / 487	01:15:50 / 451	01:28:59 / 432
411	166	MICHALAK-MATTAR MALGORZATA	ŁÓDŹ	POL	SZAKALE BAŁUT ŁÓDŹ /	85	K18/6	K / 15	01:46:26	01:46:20	5.04	00:23:51 / 330	00:47:52 / 334	01:13:31 / 356	01:27:06 / 373
412	4023	BIGAJ SEBASTIAN	KRAKÓW	POL		85	M18/109	M / 397	01:46:31	01:45:30	5.00	00:24:46 / 423	00:48:53 / 384	01:14:43 / 404	01:28:37 / 421
413	4049	DZIK ALEKSANDRA	KRAKÓW	POL	KS KANDAHAR TERNKA CAMP /	82	K30/6	K / 16	01:46:32	01:46:25	5.04	00:24:16 / 375	00:49:22 / 405	01:14:55 / 410	01:28:25 / 410
414	82	DZIEDZIC MARCIN	JAWORZNO	POL	KB MCKIS JAWORZNO /	81	M30/152	M / 398	01:46:36	01:46:14	5.04	00:24:11 / 367	00:47:42 / 322	01:12:48 / 336	01:26:14 / 348
415	913	WALTER SŁAWOMIR	NOWY SĄCZ	POL	WB /	64	M40/97	M / 399	01:46:40	01:46:23	5.04	00:26:06 / 588	00:51:20 / 543	01:17:08 / 493	01:30:15 / 478
416	129	FURMAŃSKI JAKUB	KRAKÓW	POL		82	M30/153	M / 400	01:46:41	01:46:07	5.03	00:25:11 / 474	00:50:09 / 460	01:15:39 / 440	01:28:46 / 428
417	211	SZCZEPANIK TOMASZ	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA /	67	M40/98	M / 401	01:46:46	01:45:47	5.01	00:25:50 / 566	00:50:39 / 503	01:15:44 / 442	01:28:47 / 429

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	Check points				
											5km	10km	15km	19km	
418	800	BUDZANOWSKI MIKOŁAJ	KRAKÓW	POL		71	M40/99	M / 402	01:46:46	01:46:41	5.06	00:23:04 / 267	00:47:22 / 309	01:13:17 / 351	01:27:52 / 396
419	4033	BUNSCH ŁUKASZ	KRAKÓW	POL		85	M18/110	M / 403	01:46:50	01:46:29	5.05	00:24:59 / 446	00:49:44 / 431	01:15:16 / 421	01:28:50 / 430
420	826	BERKOWICZ KRZYSZTOF	NOWY SĄCZ	POL	WB /	82	M30/154	M / 404	01:46:50	01:46:34	5.05	00:26:19 / 602	00:52:29 / 612	01:18:02 / 527	01:30:39 / 486
421	557	DĄBROWSKA IRENA	KRAKÓW	POL	GORCE NOWY TARG /	92	K18/7	K / 17	01:46:52	01:46:43	5.06	00:24:20 / 386	00:49:45 / 435	01:15:55 / 457	01:29:02 / 433
422	87	GULA PRZEMYSŁAW	KRAKÓW	POL		69	M40/100	M / 405	01:46:52	01:46:34	5.05	00:24:02 / 353	00:48:47 / 379	01:15:08 / 418	01:29:02 / 434
423	128	FIEGA RYSZARD	GORLICE	POL	MARATON GORLICE - FESTIWAL BIEGOWY /	58	M50/37	M / 406	01:46:53	01:46:50	5.06	00:23:13 / 281	00:47:51 / 333	01:14:13 / 380	01:28:01 / 401
424	4034	BANAŚ KAZIMIERZ	MICHAŁOWICE	POL		63	M40/101	M / 407	01:46:57	01:46:53	5.07	00:23:11 / 276	00:49:19 / 403	01:15:37 / 439	01:29:41 / 461
425	454	GÓRKA MARCIN	KRYG	POL	WWW.DECORELLA.GORLICE.PL /	83	M18/111	M / 408	01:46:58	01:46:50	5.06	00:24:58 / 441	00:49:36 / 419	01:14:43 / 403	01:27:59 / 399
426	92	KOPEĆ ARTUR	JAWORZNO	POL	KB MCKIS JAWORZNO /	70	M40/102	M / 409	01:47:00	01:46:43	5.06	00:24:05 / 356	00:48:20 / 358	01:14:34 / 398	01:28:26 / 411
427	215	TOFILSKA MONIKA	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	70	K40/4	K / 18	01:47:06	01:46:42	5.06	00:25:43 / 551	00:50:22 / 476	01:15:54 / 455	01:29:16 / 438
428	771	WĄTROBA BARTŁOMIEJ	WADOWICE	POL	/	82	M30/155	M / 410	01:47:07	01:46:37	5.05	00:26:27 / 614	00:51:50 / 564	01:16:48 / 482	01:29:36 / 454
429	159	SKRZYŃSKI PAWEŁ	KRAKÓW	POL		78	M30/156	M / 411	01:47:09	01:47:08	5.08	00:23:55 / 341	00:49:21 / 404	01:15:46 / 445	01:29:31 / 451
430	97	LIPKA KRZYSZTOF	JAWORZNO	POL	KB MCKIS JAWORZNO /	91	M18/112	M / 412	01:47:11	01:47:04	5.08	00:23:57 / 347	00:48:17 / 353	01:13:33 / 357	01:27:39 / 384
431	898	SCHECHEL MAREK	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	62	M50/38	M / 413	01:47:12	01:46:48	5.06	00:25:40 / 543	00:50:15 / 471	01:15:23 / 427	01:28:37 / 420
432	858	KIECOŃ MICHAŁ	USTROŃ	POL	USTROŃ MOUNTAIN TEAM /	88	M18/113	M / 414	01:47:15	01:47:09	5.08	00:23:28 / 294	00:47:29 / 314	01:13:47 / 366	01:27:42 / 388
433	4024	BURY ANDRZEJ	BLACHOWNIA	POL	KKTA /	56	M50/39	M / 415	01:47:19	01:46:56	5.07	00:25:15 / 486	00:50:01 / 447	01:15:51 / 452	01:29:33 / 453
434	1194	ZIOLKO JAN	KRAKÓW	POL	DYSTANS KRAKÓW /	52	M60/5	M / 416	01:47:22	01:47:06	5.08	00:24:52 / 427	00:49:34 / 417	01:15:07 / 415	01:28:35 / 419
435	688	PIETRUSZKA MICHAŁ	RUDAWA	POL	RUDAWA TEAM /	91	M18/114	M / 417	01:47:23	01:47:16	5.08	00:23:56 / 343	00:48:56 / 386	01:15:22 / 426	01:29:23 / 447
436	614	PAZGAN ŁUKASZ	KAMIONKA WIELKA	POL		86	M18/115	M / 418	01:47:27	01:47:11	5.08	00:23:40 / 312	00:48:12 / 347	01:14:06 / 377	01:27:47 / 393
437	884	OSTRĘGA JERZY	TARNÓW	POL		62	M50/40	M / 419	01:47:28	01:47:13	5.08	00:23:22 / 288	00:47:16 / 306	01:13:10 / 348	01:27:08 / 374
438	890	PIWOWARCZYK JAN	DOBCZYCE	POL	NIEZRZESZONY - CAŁKOWITY AMATOR /	64	M40/103	M / 420	01:47:31	01:46:54	5.07	00:25:33 / 525	00:50:34 / 494	01:16:07 / 465	01:29:20 / 440
439	1162	BELUCH PIOTR	KRAKÓW	POL	NIEZRZESZONY /	68	M40/104	M / 421	01:47:36	01:47:36	5.10	00:26:18 / 601	00:49:55 / 441	01:15:34 / 437	01:29:12 / 437
440	1192	JANIK BŁAŻEJ	KRAKÓW	POL		84	M18/116	M / 422	01:47:42	01:47:03	5.07	00:27:46 / 777	00:52:56 / 636	01:17:35 / 512	01:30:13 / 476
441	1014	BORYCZKO LESZEK	KRAKÓW	POL		56	M50/41	M / 423	01:47:47	01:46:47	5.06	00:25:52 / 570	00:51:03 / 523	01:17:11 / 495	01:30:09 / 471
442	752	PLISZKA RAFAŁ	KRAKÓW	POL		74	M30/157	M / 424	01:47:51	01:46:52	5.07	00:25:50 / 564	00:50:32 / 492	01:15:48 / 449	01:29:28 / 449
443	648	WÓJCIK ROBERT	WARSZAWA	POL		75	M30/158	M / 425	01:47:59	01:47:06	5.08	00:26:50 / 657	00:51:58 / 575	01:16:52 / 486	01:29:48 / 464
444	465	KIWER WOJCIECH	KRAKÓW	POL		78	M30/159	M / 426	01:48:00	01:47:25	5.09	00:24:31 / 400	00:49:37 / 421	01:15:47 / 448	01:29:33 / 452
445	732	KOFINSKI PAWEŁ	KRAKOW	POL	LUMBAGO TEAM /	61	M50/42	M / 427	01:48:01	01:47:19	5.09	00:25:44 / 552	00:50:42 / 505	01:16:40 / 476	01:30:11 / 472
446	170	ZEMLA KORNEL	KRAKÓW	POL	WWW.ROZBIEGANI.PL /	82	M30/160	M / 428	01:48:03	01:47:42	5.11	00:23:52 / 331	00:48:13 / 348	01:14:43 / 405	01:28:56 / 431
447	1013	BORKOWSKI BARTOSZ	KRAKÓW	POL	WAT WARSZAWA /	92	M18/117	M / 429	01:48:03	01:47:32	5.10	00:26:24 / 611	00:51:16 / 533	01:16:56 / 490	01:30:28 / 482
448	85	GÓRSKI SYLWESTER	CZĘSTOCHOWA	POL		71	M40/105	M / 430	01:48:03	01:48:01	5.12	00:22:46 / 233	00:46:35 / 278	01:14:29 / 392	01:29:43 / 462
449	148	LISZKA KRYSZTOF	WIELICZKA	POL		73	M30/161	M / 431	01:48:06	01:47:35	5.10	00:26:28 / 622	00:51:04 / 525	01:16:17 / 472	01:29:21 / 441
450	1085	WOJNA ARAK	KRAKÓW	POL		84	M18/118	M / 432	01:48:07	01:47:42	5.11	00:25:45 / 556	00:50:26 / 481	01:16:05 / 464	01:29:45 / 463
451	391	PELC ALBERT	FRYSZTAK	POL		87	M18/119	M / 433	01:48:11	01:47:55	5.12	00:24:26 / 396	00:49:39 / 424	01:15:32 / 436	01:29:08 / 436
452	700	SZARAWARA STANISŁAW	RABKA- ZDRÓJ	POL		50	M60/6	M / 434	01:48:15	01:47:36	5.10		00:50:40 / 504	01:16:18 / 473	01:29:38 / 459
453	243	GRZYB DANIEL	KROSNO	POL		84	M18/120	M / 435	01:48:20	01:48:00	5.12	00:24:52 / 426	00:51:25 / 547	01:16:44 / 478	01:29:36 / 455
454	289	SZCZEPAŃSKI JAKUB	KRAKÓW	POL		72	M40/106	M / 436	01:48:20	01:48:18	5.13	00:23:31 / 297	00:47:58 / 341	01:14:31 / 393	01:28:37 / 423
455	1163	FLOREK PAWEŁ	KRAKÓW	POL	NIEZRZESZONY /	80	M30/162	M / 437	01:48:21	01:48:05	5.12	00:25:12 / 475	00:50:14 / 469	01:16:01 / 461	01:29:38 / 458

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
456	637	STAROSTKA JACEK	KĘDZIERZYN-KOŹLEPOL		TORPEDA KĘDZIERZYN-KOŹLE /	74	M30/163	M / 438	01:48:25	01:48:12	5.13	00:24:19 / 383	00:49:15 / 399	01:15:21 / 424	01:29:23 / 448
457	192	LISZKA JACEK	BIEŻDZIEDZA	POL	LISZKA RUNNING TEAM /	74	M30/164	M / 439	01:48:30	01:47:57	5.12	00:26:27 / 617	00:50:57 / 511	01:15:45 / 443	01:29:21 / 443
458	593	LASKA MICHAŁ	MODLNICA	POL	LISZKA RUNNING TEAM /	81	M30/165	M / 440	01:48:31	01:48:05	5.12	00:24:53 / 428	00:50:08 / 459	01:15:45 / 444	01:29:20 / 439
459	41	MACYSZYN WOJCIECH	CZĘSTOCHOWA	POL	NGB KŁOBUCK /	79	M30/166	M / 441	01:48:33	01:47:54	5.11	00:28:08 / 823	00:53:32 / 661	01:18:40 / 562	01:31:46 / 513
460	361	KURCZAB JUSTYNA	LIMANOWA	POL		88	K18/8	K / 19	01:48:33	01:48:10	5.13	00:25:23 / 501	00:50:25 / 479	01:16:50 / 485	01:30:33 / 484
461	1139	POLAK JAROSŁAW	KRAKÓW	POL	NIEZRZESZONY /	66	M40/107	M / 442	01:48:37	01:48:25	5.14	00:24:30 / 398	00:49:35 / 418	01:16:00 / 460	01:30:07 / 470
462	398	PYTEL PIOTR	SOSNOWIEC	POL		84	M18/121	M / 443	01:48:42	01:48:32	5.14	00:25:33 / 524	00:50:45 / 507	01:16:16 / 471	01:29:55 / 466
463	412	SZANIECKI PIOTR	DALESZYCE	POL	UNIQA /	73	M30/167	M / 444	01:48:43	01:48:23	5.14	00:25:25 / 505	00:51:00 / 516	01:17:09 / 494	01:30:16 / 479
464	762	SMOLIK PAWEŁ	ZATOR	POL	SEIDO KRAKÓW /	82	M30/168	M / 445	01:48:50	01:48:44	5.15	00:24:16 / 377	00:48:05 / 343	01:14:12 / 379	01:28:19 / 408
465	878	NADRATOWSKI SŁAWOMIR	NOWY SĄCZ	POL	WB /	63	M40/108	M / 446	01:48:51	01:48:34	5.15	00:26:22 / 607	00:52:28 / 611	01:18:02 / 528	01:30:39 / 485
466	779	ŻYWIOŁEK ALBERT	STARY KOCIN	POL		76	M30/169	M / 447	01:48:51	01:48:37	5.15	00:23:50 / 326	00:48:36 / 373	01:15:21 / 423	01:29:55 / 467
467	806	KOŁODZIEJ GRZEGORZ	SPYTKOWICE	POL		75	M30/170	M / 448	01:48:54	01:48:08	5.13	00:26:48 / 651	00:51:55 / 570	01:17:42 / 516	01:30:59 / 490
468	325	GOŚCIŃSKI BARTŁOMIJ	PRZYSIETNICA	POL	VISEGRAD MARATON RYTRO /	92	M18/122	M / 449	01:48:54	01:48:31	5.14	00:22:54 / 251	00:46:01 / 252	01:09:59 / 250	01:24:27 / 299
469	413	SZCZUPAK STANISŁAW	KRAKÓW	POL		80	M30/171	M / 450	01:48:55	01:48:11	5.13	00:26:33 / 627	00:50:58 / 514	01:16:10 / 468	01:29:49 / 465
470	921	WÓJCIC DARIUSZ	KRAKÓW	POL	NIEZRZESZONY /	91	M18/123	M / 451	01:48:56	01:48:12	5.13	00:26:28 / 621	00:51:04 / 526	01:16:48 / 481	01:30:13 / 475
471	860	KMIECİK JANUSZ	WIELICZKA	POL	WIELICZKA /	51	M60/7	M / 452	01:48:57	01:48:40	5.15		00:49:25 / 408	01:15:46 / 446	01:29:38 / 457
472	322	GLUSZEK STANISŁAW	KRAKÓW	POL		57	M50/43	M / 453	01:48:58	01:48:46	5.16	00:25:12 / 477	00:51:17 / 536	01:18:08 / 536	01:32:16 / 534
473	113	ZAREMBA TADEUSZ	GLIWICE	POL		54	M50/44	M / 454	01:48:59	01:48:52	5.16	00:23:58 / 349	00:49:09 / 393	01:16:21 / 474	01:30:05 / 469
474	958	BARYŁA BARTŁOMIJ	KRAKÓW	POL		81	M30/172	M / 455	01:49:02	01:48:36	5.15	00:25:19 / 491	00:50:33 / 493	01:16:50 / 484	01:30:33 / 483
475	114	ADAMCZYK TOMASZ	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA /	67	M40/109	M / 456	01:49:04	01:48:00	5.12	00:27:34 / 748	00:52:54 / 634	01:18:22 / 545	01:31:36 / 509
476	786	LADRA RYSZARD	KRAKÓW	POL	KRAKOWSKI KLUB MORSKA 'KALORYFER' /	76	M30/173	M / 457	01:49:07	01:48:54	5.16	00:25:06 / 461	00:50:38 / 500	01:17:32 / 507	01:31:18 / 497
477	222	ZAWALSKI PAWEŁ	ZABIERZÓW	POL		76	M30/174	M / 458	01:49:08	01:48:54	5.16	00:25:08 / 468	00:50:38 / 501	01:17:32 / 508	01:31:18 / 498
478	1145	MADEYSKI MICHAŁ	BALICE	POL		77	M30/175	M / 459	01:49:11	01:48:35	5.15	00:26:21 / 605	00:51:15 / 532	01:16:55 / 488	01:30:11 / 473
479	999	WÓJCIC MARCIN	DĘBICA	POL	NIEZRZESZONY /	74	M30/176	M / 460	01:49:12	01:48:43	5.15	00:24:40 / 416	00:49:32 / 416	01:15:26 / 429	01:29:07 / 435
480	214	TOBOREK STANISŁAW	CZĘSTOCHOWA	POL		69	M40/110	M / 461	01:49:13	01:48:21	5.14	00:27:34 / 749	00:52:55 / 635	01:18:23 / 548	01:31:45 / 512
481	242	GRZESŁO GRZEGORZ	KRAKÓW	POL	MAKING WAVES /	85	M18/124	M / 462	01:49:16	01:48:28	5.14	00:26:47 / 645	00:52:09 / 587	01:18:04 / 530	01:31:22 / 501
482	696	ROMASZKO KAROL	KĘTRZYN	POL		85	M18/125	M / 463	01:49:20	01:49:10	5.17	00:22:21 / 195	00:46:13 / 255	01:12:52 / 339	01:27:56 / 397
483	1018	BRYKSY MIROSLAW	KRAKÓW	POL		78	M30/177	M / 464	01:49:21	01:49:00	5.17	00:24:39 / 411	00:49:53 / 440	01:16:46 / 480	01:30:46 / 488
484	335	JAMBORSKI LUKASZ	KRAKÓW	POL	AMATOR /	80	M30/178	M / 465	01:49:26	01:49:19	5.18	00:26:03 / 585	00:52:00 / 578	01:18:07 / 534	01:31:22 / 502
485	1190	BAK ANDRZEJ	KRAKÓW	POL		85	M18/126	M / 466	01:49:31	01:49:20	5.18	00:25:13 / 481	00:51:18 / 540	01:18:09 / 537	01:32:16 / 533
486	1159	GWIZDŹ ANDRZEJ	WOLA	POL	AMATOR /	63	M40/111	M / 467	01:49:36	01:49:22	5.18	00:24:42 / 417	00:50:05 / 452	01:16:49 / 483	01:30:39 / 487
487	401	RAJCZYK WŁODZIMIERZ	ŻARKI LETNISKO	POL	LEŚNE LUDKI ŻARKI LETNISKO /	59	M50/45	M / 468	01:49:38	01:49:14	5.18	00:26:08 / 593	00:52:22 / 602	01:18:54 / 570	01:32:03 / 522
488	493	PALIŚ ROMAN	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	67	M40/112	M / 469	01:49:38	01:48:54	5.16	00:25:45 / 555	00:50:58 / 515	01:17:12 / 496	01:31:14 / 494
489	1087	ZOŃ WOJCIECH	WOJNICZ	POL		81	M30/179	M / 470	01:49:42	01:49:00	5.17	00:28:16 / 836	00:54:55 / 744	01:21:07 / 654	01:33:22 / 569
490	784	JANKOSZ MAREK	KRAKÓW	POL		79	M30/180	M / 471	01:49:50	01:49:15	5.18	00:26:45 / 639	00:52:30 / 614	01:18:06 / 531	01:31:47 / 514
491	788	MICHALIK PAWEŁ	KRAKÓW	POL		79	M30/181	M / 472	01:49:52	01:49:08	5.17	00:27:10 / 690	00:52:07 / 583	01:17:56 / 524	01:31:28 / 504
492	918	WŁOSIK ANNA	KRAKÓW	POL		90	K18/9	K / 20	01:49:57	01:49:35	5.19	00:25:58 / 578	00:51:05 / 527	01:17:41 / 515	01:31:50 / 516
493	151	NOWICKI TOMASZ	KRAKÓW	POL		83	M18/127	M / 473	01:50:00	01:49:05	5.17	00:27:50 / 793	00:53:45 / 667	01:19:43 / 593	01:32:44 / 556
494	156	PUDA KRZYSZTOF	JELEŚNIA 15	POL		78	M30/182	M / 474	01:50:07	01:49:56	5.21	00:22:39 / 220	00:46:17 / 258	01:14:19 / 384	01:28:30 / 416

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
495	4017	WIKTOR PRZEMYSŁAW	KRAKÓW	POL	HELEHELA /	82	M30/183	M / 475	01:50:08	01:49:36	5.20	00:25:49 / 562	00:51:35 / 554	01:18:09 / 538	01:32:04 / 525
496	522	SZYMCZYNA ZDZISŁAW	KRAKÓW	POL	KKB DYSTANS KRAKÓW /	58	M50/46	M / 476	01:50:12	01:49:39	5.20	00:26:23 / 608	00:52:09 / 586	01:18:42 / 564	01:32:23 / 539
497	14	HUGO-BADER JACEK	WARSZAWA	POL	POLSKA BIEGA/GAZETA WYBORCZA /	57	M50/47	M / 477	01:50:14	01:49:43	5.20	00:26:38 / 631	00:52:19 / 599	01:18:45 / 566	01:32:18 / 536
498	602	MOĆKO ŁUKASZ	LEŚNICA	POL		84	M18/128	M / 478	01:50:19	01:49:35	5.19	00:26:48 / 649	00:51:17 / 537	01:17:15 / 497	01:31:28 / 505
499	277	PUDELEK AGNIESZKA	BRZESKO	POL		83	K18/10	K / 21	01:50:20	01:49:44	5.20	00:27:04 / 677	00:52:27 / 609	01:18:46 / 568	01:32:27 / 541
500	330	GRZESZCZUK WALDEMAR	ŁÓDŹ	POL	KB OLIMP TOMASZÓW MAZOWIECKI /	66	M40/113	M / 479	01:50:22	01:49:45	5.20	00:26:13 / 598	00:52:24 / 604	01:18:47 / 569	01:32:03 / 523
501	437	BIERNAT BEATA	TARNOBRZEG	POL	WITAR-TARNOBRZEG /	72	K40/5	K / 22	01:50:27	01:50:27	5.24	00:23:17 / 285	00:48:40 / 375	01:15:52 / 453	01:30:22 / 480
502	1064	PIĘKOŚ STANISŁAW	CHELMIEC	POL	VISEGRAD MARATON RYTRO /	63	M40/114	M / 480	01:50:30	01:50:01	5.22	00:25:26 / 508	00:50:30 / 489	01:16:46 / 479	01:30:15 / 477
503	1141	KOWALSKI LESZEK	WARSZAWA	POL	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE /	60	M50/48	M / 481	01:50:32	01:50:00	5.21	00:27:22 / 712	00:53:21 / 647	01:20:18 / 622	01:33:34 / 580
504	530	URBAN WIKTOR	SZEBNIE	POL	KKB MOSIR KROSNO /	73	M30/184	M / 482	01:50:35	01:49:36	5.20	00:28:58 / 921	00:55:34 / 781	01:21:22 / 661	01:34:01 / 591
505	461	JANISZEWSKI MATEUSZ	KRAKÓW	POL		75	M30/185	M / 483	01:50:36	01:49:59	5.21	00:26:20 / 603	00:52:09 / 588	01:18:35 / 557	01:32:13 / 530
506	849	GRUNWALD MARCIN	BIELANY	POL		87	M18/129	M / 484	01:50:43	01:50:24	5.23	00:25:21 / 496	00:50:25 / 478	01:16:53 / 487	01:30:58 / 489
507	80	DUDZIK KRZYSZTOF	KRAKÓW	POL	NIEZRZESZONY /	58	M50/49	M / 485	01:50:44	01:50:37	5.24	00:23:26 / 292	00:49:04 / 390	01:17:16 / 499	01:31:42 / 511
508	244	IGIELSKI GRZEGORZ	KRAKÓW	POL		77	M30/186	M / 486	01:50:45	01:50:32	5.24	00:25:43 / 549	00:51:43 / 561	01:19:01 / 574	01:32:57 / 557
509	49	GUNIA MARIUSZ	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM /	65	M40/115	M / 487	01:50:46	01:50:21	5.23	00:25:48 / 561	00:51:42 / 560	01:18:06 / 532	01:31:56 / 521
510	157	SCIESINSKI PIOTR	KRAKOW	POL	BIEGAM BO LUBIĘ /	77	M30/187	M / 488	01:50:48	01:50:47	5.25	00:25:34 / 526	00:51:40 / 558	01:18:23 / 547	01:32:04 / 524
511	550	BURNOS PIOTR	KRAKÓW	POL		80	M30/188	M / 489	01:50:49	01:50:39	5.25	00:26:02 / 581	00:52:06 / 581	01:18:36 / 559	01:32:16 / 532
512	1161	GRZYGIERZEC GRZEGORZ	KRAKÓW	POL	NIEZRZESZONY /	77	M30/189	M / 490	01:50:50	01:50:01	5.22	00:26:48 / 647	00:51:55 / 569	01:17:53 / 522	01:31:35 / 508
513	1119	ZARADNY JAROMIR	KATOWICE	POL	GIMNAZJUM NR 3 KATOWICE /	66	M40/116	M / 491	01:50:51	01:50:39	5.24	00:24:33 / 404	00:49:43 / 428	01:16:15 / 470	01:30:12 / 474
514	707	WSZOŁEK HELENA	KRAKÓW	POL	AMBASADOR FESTIWALU BIEGOWEGO KRYNICA 2012 /	57	K50/2	K / 23	01:50:52	01:50:33	5.24	00:25:44 / 554	00:51:24 / 544	01:18:23 / 546	01:32:16 / 535
515	147	LEWANDOWSKI MARCIN	KRAKÓW	POL	/	73	M30/190	M / 492	01:50:54	01:49:55	5.21	00:27:29 / 732	00:52:19 / 598	01:17:57 / 525	01:31:48 / 515
516	931	BOCHENEK KRZYSZTOF	WIELICZKA	POL	BRAK /	79	M30/191	M / 493	01:50:56	01:50:09	5.22	00:27:32 / 740	00:53:51 / 669	01:20:05 / 612	01:33:12 / 562
517	467	KLIMASZ ZBIGNIEW	RZESZÓW	POL	RZESZOWSKIE GAZELE I GEPARDY /	65	M40/117	M / 494	01:50:58	01:50:34	5.24	00:25:34 / 529	00:50:34 / 495	01:17:20 / 501	01:31:19 / 499
518	20	BARTOSIEWICZ MARCIN	KRAKÓW	POL	POCZTA POLSKA /	79	M30/192	M / 495	01:51:03	01:50:56	5.26	00:23:52 / 333	00:48:11 / 346	01:14:53 / 408	01:30:03 / 468
519	1157	BAGAN PAWEŁ	KRAKÓW	POL		85	M18/130	M / 496	01:51:03	01:50:15	5.23	00:27:19 / 706	00:53:07 / 640	01:19:59 / 606	01:33:24 / 571
520	635	STARONIEWICZ JANUSZ	RABKA	POL	KJB RABKA-SŁONE /	54	M50/50	M / 497	01:51:03	01:50:24	5.23	00:25:53 / 571	00:52:28 / 610	01:18:23 / 550	01:32:13 / 531
521	649	ZBIJOWSKA-HATALA EWELINA	CZECHOWICE	POL		84	K18/11	K / 24	01:51:05	01:50:23	5.23	00:25:19 / 489	00:50:06 / 456	01:17:23 / 504	01:31:54 / 518
522	698	SHUMCHYK ALENA	WROCLAW	POL	POLSKA BIEGA /	81	K30/7	K / 25	01:51:08	01:50:27	5.24	00:27:30 / 736	00:53:40 / 665	01:19:59 / 605	01:33:29 / 576
523	997	WOJCIK MAREK	KRAKOW	POL	BRAK /	90	M18/131	M / 498	01:51:08	01:50:58	5.26	00:21:19 / 127	00:45:35 / 228	01:12:46 / 334	01:28:31 / 417
524	943	GARCIA RODRIGUEZ IVAN	KRAKOW	MEX	PRIVED /	82	M30/193	M / 499	01:51:08	01:50:10	5.22	00:27:34 / 745	00:54:11 / 691	01:20:23 / 624	01:33:20 / 568
525	175	BLAK WIESŁAW	SKAWINA	POL		64	M40/118	M / 500	01:51:13	01:50:58	5.26	00:25:20 / 492	00:51:03 / 522	01:17:46 / 519	01:31:56 / 520
526	1102	MAZUREK FILIP	KRAKÓW	POL	BEREK! GONISZ! /	86	M18/132	M / 501	01:51:16	01:50:54	5.26	00:24:29 / 397	00:48:32 / 368	01:13:44 / 363	01:28:29 / 414
527	859	KISIEL KRZYSZTOF	KRAKÓW	POL		79	M30/194	M / 502	01:51:17	01:50:40	5.25	00:25:23 / 502	00:51:17 / 538	01:18:20 / 544	01:32:35 / 549
528	629	RZEMENIEC MAREK	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	81	M30/195	M / 503	01:51:17	01:51:05	5.27	00:25:42 / 546	00:51:02 / 519	01:17:21 / 502	01:31:35 / 507
529	356	KRZANOWSKA MONIKA	KRAKÓW	POL		72	K40/6	K / 26	01:51:18	01:50:58	5.26	00:26:09 / 594	00:52:26 / 607	01:18:55 / 571	01:32:40 / 551
530	1196	GORLEWSKI WŁODZIMIERZ	DĄBROWA	POL	POGORIA BIEGA /	57	M50/51	M / 504	01:51:18	01:51:00	5.26	00:26:27 / 616	00:53:08 / 641	01:19:44 / 595	01:33:19 / 567

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
531	1008	BATKO TOMASZ	KRAKOW	POL		90	M18/133	M / 505	01:51:19	01:50:48	5.25	00:23:53 / 334	00:47:53 / 336	01:14:24 / 386	01:29:37 / 456
532	570	GRABOWSKI STANISLAW	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	51	M60/8	M / 506	01:51:22	01:50:36	5.24	00:27:50 / 794	00:54:06 / 688	01:20:32 / 627	01:34:07 / 594
533	994	TARKOWSKI ŁUKASZ	KRAKÓW	POL		85	M18/134	M / 507	01:51:23	01:50:44	5.25	00:26:45 / 640	00:52:35 / 619	01:19:24 / 587	01:33:25 / 572
534	180	DUBLEWSKA EMILIA	RZGÓW	POL		78	K30/8	K / 27	01:51:24	01:50:31	5.24	00:26:49 / 653	00:52:17 / 595	01:18:58 / 572	01:33:03 / 558
535	675	KASPERKIEWICZ ROMANA	JAWORZNO	POL		84	K18/12	K / 28	01:51:24	01:50:43	5.25	00:27:32 / 742	00:53:41 / 666	01:20:01 / 609	01:33:30 / 577
536	612	PACHURA KINGA	KRAKÓW	POL	CENERIA.PL /	76	K30/9	K / 29	01:51:31	01:50:25	5.23	00:27:43 / 769	00:53:00 / 637	01:19:29 / 588	01:33:07 / 561
537	722	GRABOWSKI MARIUSZ	KRAKOW	POL	NIEZRZESZONY /	70	M40/119	M / 508	01:51:31	01:50:57	5.26	00:26:24 / 610	00:51:15 / 530	01:16:56 / 489	01:30:28 / 481
538	115	BARAN RAFAŁ	KRZESZOWICE	POL	/	85	M18/135	M / 509	01:51:32	01:51:06	5.27	00:24:57 / 439	00:50:13 / 467	01:17:34 / 510	01:32:22 / 538
539	883	OREMUS RYSZARD	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	48	M60/9	M / 510	01:51:34	01:51:10	5.27	00:26:50 / 655	00:53:31 / 657	01:20:06 / 613	01:33:45 / 583
540	864	KOŻUCH RAFAŁ	PODEGRODZIE	POL	SAKWA /	89	M18/136	M / 511	01:51:35	01:51:29	5.28	00:26:06 / 589	00:52:15 / 593	01:19:11 / 577	01:33:28 / 574
541	1038	GÓRKA PAWEŁ	RADOM	POL	NARKO TEAM /	76	M30/196	M / 512	01:51:36	01:51:31	5.29	00:26:32 / 626	00:53:10 / 642	01:18:32 / 554	01:32:32 / 545
542	799	ADAMEK MACIEJ	KRAKÓW	POL	FATHER AT HOME /	84	M18/137	M / 513	01:51:36	01:50:49	5.25	00:25:09 / 470	00:50:37 / 498	01:17:35 / 511	01:31:51 / 517
543	555	PILCH MAREK	KRAKÓW	POL	BIEGAM BO LUBIĘ KRAKÓW /	54	M50/52	M / 514	01:51:39	01:51:21	5.28	00:25:05 / 460	00:51:02 / 518	01:18:12 / 540	01:32:36 / 550
544	1084	WIŚNIEWSKI TADEUSZ	NOWY SĄCZ	POL	SENIOR \$ JUNIOR /	67	M40/120	M / 515	01:51:40	01:51:30	5.29	00:24:55 / 433	00:51:15 / 531	01:19:12 / 580	01:33:15 / 564
545	824	ANZEL WOJCIECH	KRAKÓW	POL		88	M18/138	M / 516	01:51:42	01:51:35	5.29	00:26:05 / 586	00:52:17 / 594	01:19:11 / 578	01:33:29 / 575
546	188	KORDECZKA ANNA	RABKA- ZDRÓJ	POL		71	K40/7	K / 30	01:51:46	01:51:35	5.29	00:25:11 / 472	00:51:19 / 541	01:18:07 / 535	01:32:26 / 540
547	704	TYCZYNSKI ARKADIUSZ	RADOM	POL		75	M30/197	M / 517	01:51:49	01:51:45	5.30	00:25:00 / 448	00:50:29 / 488	01:18:14 / 542	01:32:40 / 552
548	367	MACHOTKA KONRAD	KRAKÓW	POL	RUNNING KURDWANÓW /	78	M30/198	M / 518	01:51:49	01:51:30	5.29	00:25:43 / 550	00:51:56 / 572	01:18:39 / 561	01:32:21 / 537
549	588	KUKIELKA SEBASTIAN	KRAKOW	POL		78	M30/199	M / 519	01:51:50	01:51:22	5.28	00:25:58 / 577	00:51:51 / 565	01:18:41 / 563	01:32:43 / 555
550	213	ŚWIĘTEK PIOTR	KRAKÓW	POL		90	M18/139	M / 520	01:51:54	01:51:08	5.27	00:27:47 / 783	00:54:22 / 703	01:20:50 / 643	01:34:15 / 599
551	937	DUKAT ŁUKASZ	KRAKÓW	POL		85	M18/140	M / 521	01:51:55	01:51:34	5.29	00:25:39 / 540	00:51:06 / 528	01:17:43 / 517	01:31:55 / 519
552	4013	BARAN BEATA	KRAKÓW	POL	JMS /	67	K40/8	K / 31	01:52:00	01:51:45	5.30	00:25:04 / 459	00:51:28 / 549	01:19:02 / 575	01:33:23 / 570
553	592	KUŚ AGNIESZKA	KRAKÓW	POL	FIOLETOWY OSZCZEP /	76	K30/10	K / 32	01:52:02	01:51:08	5.27	00:27:44 / 772	00:53:28 / 649	01:20:04 / 611	01:33:50 / 585
554	236	FLOREK DARIUSZ	MSZANA DOLNA	POL	STATE STREET POLAND /	85	M18/141	M / 522	01:52:03	01:51:41	5.29	00:26:50 / 658	00:52:23 / 603	01:18:35 / 556	01:32:35 / 548
555	646	WALCZYK PAWEŁ	KRAKÓW	POL		78	M30/200	M / 523	01:52:08	01:51:50	5.30	00:24:21 / 389	00:50:24 / 477	01:17:33 / 509	01:32:06 / 526
556	599	MALYSZA SŁAWOMIR	KRAKÓW	POL	NIEZRZESZONY /	71	M40/121	M / 524	01:52:13	01:51:44	5.30	00:24:40 / 415	00:49:18 / 401	01:15:07 / 416	01:29:21 / 444
557	642	TATUŚKO TOMASZ	KRAKÓW	POL	NIEZRZESZONY /	68	M40/122	M / 525	01:52:14	01:51:39	5.29	00:27:16 / 700	00:53:28 / 650	01:20:14 / 619	01:34:03 / 592
558	444	CZECHOWSKA-MADEJ KATARZYNA	IWANOWICE	POL		81	K30/11	K / 33	01:52:15	01:52:01	5.31	00:23:39 / 308	00:49:30 / 412	01:17:55 / 523	01:32:43 / 553
559	1016	BRAUM MICHAŁ	KRAKOW	POL		79	M30/201	M / 526	01:52:17	01:51:33	5.29	00:27:08 / 687	00:52:19 / 600	01:18:35 / 558	01:32:28 / 542
560	575	HORODECKA DOMINIKA	KATOWICE	POL		84	K18/13	K / 34	01:52:18	01:52:13	5.32	00:23:46 / 322	00:49:51 / 439	01:17:47 / 520	01:32:34 / 546
561	1184	MARSZAŁSKI MATEUSZ	STASZÓW	POL		84	M18/142	M / 527	01:52:20	01:52:13	5.32	00:24:39 / 412	00:49:36 / 420	01:15:54 / 454	01:29:28 / 450
562	399	RACHTAN ANNA	KRAKÓW	POL		82	K30/12	K / 35	01:52:22	01:51:26	5.28	00:27:29 / 733	00:53:16 / 646	01:20:13 / 617	01:34:04 / 593
563	135	JAKUBOWICZ MARIUSZ	KRAKÓW	POL		75	M30/202	M / 528	01:52:24	01:51:43	5.30	00:28:10 / 828	00:55:28 / 775	01:22:06 / 679	01:35:28 / 629
564	1003	ZWONEK WŁODZIMIERZ	KRAKÓW	POL		65	M40/123	M / 529	01:52:26	01:52:06	5.31	00:25:15 / 484	00:51:28 / 548	01:18:46 / 567	01:33:07 / 560
565	511	SITKOWSKI RAFAŁ	STALOWA WOLA	POL		76	M30/203	M / 530	01:52:29	01:52:05	5.31	00:26:13 / 597	00:51:19 / 542	01:17:24 / 505	01:31:20 / 500
566	551	BYTOM KONRAD	KRAKOW	POL	UPM RUNNING TEAM /	79	M30/204	M / 531	01:52:33	01:52:17	5.32	00:25:39 / 542	00:51:31 / 551	01:18:10 / 539	01:32:30 / 543
567	830	BORKOWSKI TOMASZ	KRAKÓW	POL	DELFI CONSULTING.PL /	78	M30/205	M / 532	01:52:37	01:52:19	5.32	00:25:13 / 479	00:51:56 / 573	01:18:59 / 573	01:33:25 / 573
568	876	MOSKAL ANDRZEJ	BIECZ	POL		54	M50/53	M / 533	01:52:38	01:52:09	5.32	00:26:36 / 629	00:52:41 / 626	01:20:00 / 607	01:33:51 / 587
569	809	MACIĄZEK EDWARD	DĄBROWA	POL		60	M50/54	M / 534	01:52:41	01:52:21	5.33	00:26:26 / 612	00:53:30 / 653	01:20:16 / 621	01:34:18 / 600

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[min/km]	5km	10km	15km	19km	
570	661	BUGAJSKI ROBERT	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	69	M40/124	M / 535	01:52:42	01:52:40	5.34	00:24:35 / 408	00:50:02 / 448	01:17:16 / 498	01:32:10 / 529
571	924	ZAJĄC ŁUKASZ	NOWY TARG	POL	WATAHA /	82	M30/206	M / 536	01:52:42	01:52:39	5.34	00:23:40 / 313	00:49:05 / 391	01:15:54 / 456	01:31:07 / 491
572	251	KOŁODYŃSKI ARKADIUSZ	MODLNICZKA	POL	NIEZRZESZONY /	74	M30/207	M / 537	01:52:44	01:52:15	5.32	00:25:35 / 530	00:50:20 / 474	01:16:11 / 469	01:31:08 / 493
573	718	GLĄDYS PAWEŁ	KRAKÓW	POL		78	M30/208	M / 538	01:52:46	01:52:13	5.32	00:25:00 / 449	00:50:17 / 472	01:16:02 / 463	01:31:07 / 492
574	980	POROSŁO WIESŁAW	MYSLENICE	POL		60	M50/55	M / 539	01:52:55	01:52:39	5.34	00:24:16 / 376	00:51:01 / 517	01:19:19 / 585	01:33:52 / 589
575	390	PABIAN KAROL	SKAWINA	POL		55	M50/56	M / 540	01:52:55	01:52:55	5.35	00:25:07 / 466	00:51:03 / 521	01:17:17 / 500	01:31:38 / 510
576	4040	BANASIK TOMASZ	KRAKÓW	POL		70	M40/125	M / 541	01:52:57	01:52:19	5.32	00:29:22 / 958	00:55:23 / 767	01:21:30 / 665	01:35:39 / 635
577	611	OŚCIAK RAFAŁ	KRAKÓW	POL	RAV TEAM /	76	M30/209	M / 542	01:53:13	01:52:25	5.33	00:25:04 / 457	00:52:37 / 622	01:21:49 / 674	01:35:56 / 648
578	1187	GĘDŁEK MACIEJ	NAWOZOWA GÓRA	POL		78	M30/210	M / 543	01:53:22	01:53:04	5.36	00:25:53 / 572	00:52:08 / 585	01:19:29 / 589	01:34:11 / 595
579	1030	GAŁCZYK PIOTR	MODLNICA	POL		71	M40/126	M / 544	01:53:25	01:52:49	5.35	00:25:38 / 536	00:51:17 / 535	01:18:13 / 541	01:32:43 / 554
580	818	SAPA LUCJAN	KRAKÓW	POL		69	M40/127	M / 545	01:53:26	01:53:18	5.37	00:24:21 / 388	00:49:45 / 434	01:16:43 / 477	01:31:27 / 503
581	1086	WOJTOŃ ŁUKASZ	KRAKÓW	POL	AMATOR /	80	M30/211	M / 546	01:53:32	01:53:28	5.38	00:24:14 / 370	00:48:56 / 385	01:16:01 / 462	01:31:29 / 506
582	1111	SOZAŃSKI PIOTR	KRAKÓW	POL	INTERFORM /	56	M50/57	M / 547	01:53:32	01:53:06	5.36	00:25:58 / 576	00:51:54 / 567	01:19:15 / 582	01:33:45 / 582
583	1164	BANDURA-MORGAN LAURA	KRAKOW	POL		75	K30/13	K / 36	01:53:35	01:52:45	5.34	00:26:29 / 624	00:52:20 / 601	01:19:56 / 602	01:34:13 / 597
584	872	MACH PATRYK	KRAKÓW	POL	UJ /	81	M30/212	M / 548	01:53:38	01:53:10	5.36	00:23:55 / 342	00:47:54 / 338	01:14:31 / 394	01:29:38 / 460
585	795	SZYMAŃSKI ADAM	KRAKÓW	POL		75	M30/213	M / 549	01:53:40	01:53:15	5.37	00:25:32 / 519	00:50:39 / 502	01:17:23 / 503	01:32:06 / 527
586	327	GRABSKA RENATA	RZESZÓW	POL	AMBASADOR FESTIWALU BIEGOWEGO KRYNICA 2012 /	50	K60/1	K / 37	01:53:41	01:53:20	5.37	00:25:54 / 573	00:52:07 / 582	01:19:51 / 600	01:34:14 / 598
587	102	PIECH MICHAŁ	GAJ	POL		95	M18/143	M / 550	01:53:41	01:53:15	5.37	00:27:38 / 755	00:53:57 / 677	01:21:04 / 651	01:35:28 / 628
588	537	ZIELIŃSKI MAREK	KRAKÓW	POL		63	M40/128	M / 551	01:53:44	01:53:09	5.36	00:27:17 / 702	00:54:24 / 707	01:21:19 / 657	01:35:24 / 624
589	539	ADAMCZYK JAN	GORLICE	POL	GORLICE /	57	M50/58	M / 552	01:53:47	01:53:29	5.38	00:25:17 / 488	00:50:36 / 497	01:17:40 / 513	01:32:34 / 547
590	724	GRUSZKA RADOSŁAW	KRAKÓW	POL		73	M30/214	M / 553	01:53:50	01:53:38	5.39	00:25:38 / 538	00:51:56 / 571	01:19:58 / 603	01:34:40 / 605
591	990	SZYDŁOWSKI BARTOSZ	CHOBOT	POL		85	M18/144	M / 554	01:53:52	01:53:32	5.38	00:26:27 / 618	00:53:14 / 645	01:20:47 / 640	01:34:47 / 609
592	110	WARSZAWSKI WŁODZIMIERZ	JAWORZNO	POL	KB MCKIS JAWORZNO /	47	M60/10	M / 555	01:53:54	01:53:46	5.39	00:25:32 / 522	00:51:31 / 550	01:19:13 / 581	01:33:44 / 581
593	934	CERAZY PAWEŁ	KRAKÓW	POL	DYM-TEAM /	84	M18/145	M / 556	01:54:01	01:53:51	5.40	00:23:32 / 302	00:48:16 / 351	01:15:31 / 433	01:31:17 / 496
594	662	CHYLIŃSKI WOJCIECH	KIELCE	POL	WODOCIĄGI KIELECKIE /	56	M50/59	M / 557	01:54:02	01:53:52	5.40	00:24:14 / 371	00:49:29 / 410	01:17:40 / 514	01:32:07 / 528
595	746	MROŻEK ANDRZEJ	KRAKÓW	POL	DYSTANS KRAKÓW /	54	M50/60	M / 558	01:54:07	01:53:13	5.37	00:28:11 / 829	00:54:25 / 708	01:20:56 / 647	01:35:11 / 618
596	1113	STRZELECKI PAWEŁ	RZESZOTARY	POL	AMATOR /	76	M30/215	M / 559	01:54:09	01:53:42	5.39	00:27:38 / 754	00:55:21 / 764	01:22:59 / 712	01:36:30 / 659
597	1073	SKORUPIŃSKA MONIKA	CZERNIEWICE	POL	PO CO TYLE LATAĆ /	87	K18/14	K / 38	01:54:10	01:53:30	5.38	00:27:46 / 780	00:54:05 / 686	01:21:29 / 664	01:35:28 / 630
598	469	KOCZUR JOANNA	KRAKOW	POL	DM MARATHON TEAM /	73	K30/14	K / 39	01:54:13	01:53:25	5.38	00:27:46 / 779	00:54:11 / 692	01:21:20 / 660	01:35:30 / 632
599	978	POGON PIOTR	KRAKÓW	POL		67	M40/129	M / 560	01:54:13	01:53:52	5.40	00:26:00 / 580	00:52:36 / 620	01:20:46 / 638	01:35:12 / 619
600	554	CZERWIŃSKI JAKUB	MICHAŁOWICE	POL		73	M30/216	M / 561	01:54:14	01:53:36	5.39	00:27:01 / 674	00:53:14 / 644	01:20:45 / 636	01:34:59 / 615
601	630	SANOCKI BOGDAN	KRAKÓW	POL	6BPD/DOWÓDZTWO /	72	M40/130	M / 562	01:54:14	01:53:24	5.38	00:27:20 / 710	00:53:56 / 674	01:21:19 / 658	01:35:24 / 625
602	468	LITKE MAREK	KRAKÓW	POL	DRUŻYNA SZPIKU /	68	M40/131	M / 563	01:54:14	01:54:02	5.41	00:24:56 / 437	00:50:56 / 510	01:18:43 / 565	01:33:50 / 586
603	4015	NOWAKOWSKI MIROSLAW	KIELCE	POL		77	M30/217	M / 564	01:54:18	01:53:33	5.38	00:27:30 / 737	00:53:32 / 660	01:20:15 / 620	01:34:12 / 596
604	294	ADAMCZYK MACIEJ	KRAKÓW	POL		90	M18/146	M / 565	01:54:18	01:53:48	5.39	00:25:50 / 565	00:51:34 / 553	01:18:30 / 552	01:33:18 / 566
605	416	ŚLIMAKOWSKI DANIEL	SKAWINA	POL	IM 2010 /	75	M30/218	M / 566	01:54:21	01:54:07	5.41	00:23:41 / 315	00:49:44 / 429	01:18:27 / 551	01:33:53 / 590
606	139	KAMIŃSKI JERZY	SZYMBARK	POL	FESTIWAL BIEGOWY W KRYNICY /	59	M50/61	M / 567	01:54:21	01:53:14	5.37	00:28:49 / 905	00:55:27 / 772	01:22:18 / 683	01:36:02 / 650
607	130	GÓRECKI RYSZARD	GLIWICE	POL	PĘDZIWIATR GLIWICE /	65	M40/132	M / 568	01:54:22	01:53:35	5.38	00:27:12 / 694		01:20:34 / 628	01:34:50 / 612
608	260	MACIAK RAFAŁ	TARNÓW	POL	TARNÓW /	82	M30/219	M / 569	01:54:24	01:54:05	5.41	00:25:27 / 509	00:52:14 / 591	01:20:00 / 608	01:34:22 / 602



Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
609	179	BEBAK KONRAD	ZEMBRZYCE	POL	STATE STREET POLAND /	89	M18/147	M / 570	01:54:31	01:53:50	5.40	00:26:02 / 582	00:52:26 / 606	01:20:27 / 626	01:35:15 / 621
610	852	HADYŚ LUKASZ	BOLECHOWICE	POL	/	77	M30/220	M / 571	01:54:32	01:54:24	5.42	00:27:48 / 785	00:55:28 / 774	01:22:56 / 707	01:36:49 / 672
611	394	PODESZWIAK ADAM	SUCHEDNIÓW	POL	KRUK SUCHEDNIÓW /	81	M30/221	M / 572	01:54:33	01:53:40	5.39	00:26:41 / 635	00:52:30 / 613	01:20:01 / 610	01:34:41 / 606
612	427	WOJDYŁO TOMASZ	WROCLAW	POL		73	M30/222	M / 573	01:54:35	01:53:50	5.40	00:25:32 / 521	00:51:36 / 556	01:19:59 / 604	01:34:52 / 614
613	89	JAMRÓZ MARIAN	JAWORZNO	POL	KB MCKIS JAWORZNO /	59	M50/62	M / 574	01:54:41	01:54:16	5.42	00:25:49 / 563	00:52:02 / 579	01:19:47 / 598	01:34:35 / 604
614	286	STĘPSKA MALGOSIA	KRAKÓW	POL		72	K40/9	K / 40	01:54:42	01:54:28	5.43	00:27:40 / 759	00:55:41 / 789	01:23:02 / 713	01:36:32 / 662
615	288	SUPERSON WOJTEK	KRAKOW	POL		71	M40/133	M / 575	01:54:42	01:54:27	5.43	00:27:42 / 765	00:55:41 / 790	01:23:03 / 716	01:36:32 / 661
616	359	KUDŁA GRZEGORZ	WIELICZKA	POL		74	M30/223	M / 576	01:54:52	01:54:43	5.44	00:23:51 / 329	00:50:05 / 451	01:18:31 / 553	01:33:47 / 584
617	1132	ROSENLUND NINO	KRAKOW	POL	RADISSON BLU HOTEL KRAKOW /	72	M40/134	M / 577	01:54:54	01:53:54	5.40	00:27:34 / 747	00:54:13 / 693	01:20:51 / 644	01:34:46 / 608
618	727	KAMIENIAK MIŁOSZ	ZABRZE	POL	MARATONYPOLSKIE.PL. TEAM /	86	M18/148	M / 578	01:54:54	01:54:18	5.42	00:24:08 / 364	00:48:26 / 360	01:15:10 / 419	01:31:17 / 495
619	265	MASŁOCHA KAZIMIERA	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	61	K50/3	K / 41	01:54:57	01:54:55	5.45	00:24:58 / 442	00:51:25 / 546	01:19:56 / 601	01:34:51 / 613
620	408	SOWA PAWEŁ	MAKÓW	POL		82	M30/224	M / 579	01:55:08	01:54:48	5.44	00:27:28 / 729	00:53:52 / 670	01:21:02 / 649	01:35:41 / 640
621	4037	MAKUŁA MACIEJ	KRAKÓW	POL		83	M18/149	M / 580	01:55:10	01:54:24	5.42	00:27:04 / 678	00:53:38 / 663	01:20:43 / 633	01:35:35 / 634
622	443	CIELUCH IZA	KRAKÓW	POL	LES FEMMES COURANT DANS LES FORETS /	80	K30/15	K / 42	01:55:13	01:54:47	5.44	00:25:59 / 579	00:52:44 / 628	01:20:48 / 641	01:35:29 / 631
623	823	WRONA SYLWESTER	KRAKÓW	POL	NIEZRZESZONY /	77	M30/225	M / 581	01:55:15	01:54:38	5.43	00:25:36 / 535	00:52:07 / 584	01:20:41 / 631	01:35:39 / 636
624	124	DROŹDŹ PIOTR	MIELEC	POL	NIEZRZESZONY /	86	M18/150	M / 582	01:55:16	01:54:46	5.44	00:23:57 / 346	00:49:45 / 433	01:17:49 / 521	01:33:05 / 559
625	417	ŚMIETANA DANUTA	KRAKÓW	POL	ITI ADVENTURE TEAM /	73	K30/16	K / 43	01:55:18	01:55:09	5.46	00:25:51 / 569	00:52:35 / 618	01:20:43 / 634	01:35:15 / 620
626	402	RAJTAR JUSTYNA	KRAKÓW	POL		82	K30/17	K / 44	01:55:24	01:54:35	5.43	00:27:49 / 788	00:54:24 / 706	01:22:21 / 688	01:36:35 / 664
627	1092	GÓRA MAREK	KRAKÓW	POL		64	M40/135	M / 583	01:55:24	01:54:54	5.45	00:28:19 / 844	00:55:43 / 792	01:23:10 / 723	01:37:09 / 682
628	466	KLEPACZ-ZIELIŃSKA EWA	KRAKÓW	POL		66	K40/10	K / 45	01:55:29	01:54:54	5.45	00:27:19 / 708	00:54:54 / 742	01:22:34 / 693	01:36:29 / 658
629	1080	TRYBUŁA MARCIN	KRAKÓW	POL		77	M30/226	M / 584	01:55:35	01:55:18	5.47	00:24:13 / 369	00:50:28 / 484	01:19:42 / 592	01:34:44 / 607
630	74	BRZozowski PIOTR	JAWORZNO	POL	KB MCKIS JAWORZNO /	69	M40/136	M / 585	01:55:36	01:55:16	5.46	00:25:29 / 515	00:51:16 / 534	01:19:12 / 579	01:34:22 / 601
631	577	JASIEŃKÓW PAWEŁ	KRAKÓW	POL		67	M40/137	M / 586	01:55:39	01:55:18	5.47	00:26:52 / 661	00:53:47 / 668	01:21:34 / 668	01:35:52 / 644
632	514	STACHNIEWICZ SŁAWOMIR	ZABIERZÓW	POL	KKB DYSTANS /	70	M40/138	M / 587	01:55:42	01:55:13	5.46	00:27:38 / 756	00:54:52 / 737	01:22:40 / 697	01:37:20 / 688
633	1135	MIRKIEWICZ RAFAL	KRAKÓW	POL	NIEZRZESZONY /	88	M18/151	M / 588	01:55:44	01:55:00	5.45	00:30:15 / 1028	00:57:52 / 923	01:24:19 / 775	01:37:39 / 704
634	1195	MRÓZ ANDRZEJ	KĘTY	POL	ZADYSZKA OŚWIĘCIM /	38	M70/1	M / 589	01:55:49	01:54:59	5.45	00:27:42 / 764	00:54:04 / 685	01:21:45 / 672	01:36:00 / 649
635	1174	ŻULIŃSKI ANDRZEJ	BOLESŁAWICE	POL	NIEZRZESZONY /	75	M30/227	M / 590	01:55:49	01:55:49	5.49	00:24:43 / 418	00:50:25 / 480	01:18:06 / 533	01:33:14 / 563
636	79	DĘBOSZ WOJCIECH	KRAKÓW	POL	NIEZRZESZONY /	70	M40/139	M / 591	01:55:50	01:54:52	5.45	00:26:39 / 633	00:52:31 / 615	01:20:53 / 646	01:35:27 / 627
637	43	SADALSKI LUKASZ	PRUSZKÓW	POL		74	M30/228	M / 592	01:55:53	01:55:39	5.48	00:28:37 / 875	00:56:32 / 851	01:24:32 / 783	01:38:22 / 738
638	22	BARAN KAMIL	KRAKÓW	POL		81	M30/229	M / 593	01:56:00	01:55:38	5.48	00:26:07 / 591	00:52:32 / 617	01:20:42 / 632	01:35:40 / 637
639	597	ŁĘKAWSKI KRZYSZTOF	BOREK	POL		73	M30/230	M / 594	01:56:03	01:55:54	5.49	00:24:57 / 440	00:50:51 / 509	01:18:38 / 560	01:33:52 / 588
640	656	ŻOLNIERCZYK KASIA	KRAKÓW	POL		82	K30/18	K / 46	01:56:04	01:55:35	5.48	00:27:30 / 734	00:54:43 / 726	01:23:07 / 720	01:37:22 / 689
641	4028	KWAŚNY JEZRY	BRZYSKA	POL		73	M30/231	M / 595	01:56:06	01:55:18	5.47	00:27:13 / 696	00:54:01 / 683	01:21:59 / 678	01:36:33 / 663
642	271	OWCZARZAK FILIP	KRAKÓW	POL	MAKING WAVES /	80	M30/232	M / 596	01:56:07	01:55:19	5.47	00:29:50 / 1001	00:57:30 / 895	01:24:31 / 782	01:38:16 / 727
643	810	MICHALSKI DARIUSZ	LIPOWA	POL	NIEZRZESZONY /	75	M30/233	M / 597	01:56:07	01:55:21	5.47	00:28:22 / 849	00:55:49 / 802	01:23:35 / 748	01:37:47 / 711
644	1083	WILKOSZEWSKI JACEK	MODLNICA	POL		73	M30/234	M / 598	01:56:08	01:54:43	5.44	00:27:42 / 766	00:55:50 / 807	01:23:18 / 735	01:37:37 / 702
645	607	NOWAK KRZYSZTOF	ZABIERZÓW	POL		66	M40/140	M / 599	01:56:08	01:55:22	5.47	00:28:07 / 822	00:55:35 / 784	01:23:06 / 718	01:37:10 / 683
646	758	RAMENDA TOMASZ	WADOWICE	POL		79	M30/235	M / 600	01:56:09	01:55:39	5.48	00:26:28 / 620	00:51:49 / 563	01:19:35 / 590	01:34:49 / 611
647	719	GOLĘBIEWSKI GRZEGORZ	NOWY SĄCZ	POL	GRUPA BIEGOWA SADECZANIN /	77	M30/236	M / 601	01:56:11	01:56:04	5.50	00:27:20 / 709	00:55:00 / 750	01:22:16 / 682	01:36:29 / 657

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
648	733	KRZYSZTOFEK MARIUSZ	BIBICE	POL	BRAK /	70	M40/141	M / 602	01:56:18	01:55:36	5.48	00:27:00 / 671	00:54:39 / 717	01:23:10 / 722	01:37:40 / 706
649	1188	MARKS ELIZA	KRAKÓW	POL		74	K30/19	K / 47	01:56:20	01:55:19	5.47	00:27:48 / 786	00:54:40 / 720	01:22:43 / 700	01:37:16 / 687
650	756	RADECKI WOJCIECH	KRAKÓW	POL		71	M40/142	M / 603	01:56:22	01:55:58	5.50	00:27:30 / 735	00:54:59 / 748	01:22:40 / 698	01:36:57 / 679
651	121	DLUGOSZ ŁUKASZ	KRAKÓW	POL	KS SZEZLONG /	75	M30/237	M / 604	01:56:23	01:55:52	5.49	00:28:25 / 857	00:55:52 / 811	01:23:32 / 742	01:37:27 / 698
652	272	PAWLAK GRZEGORZ	KRAKÓW	POL	BIEGAM BO LUBIĘ /	79	M30/238	M / 605	01:56:26	01:55:30	5.47	00:27:36 / 752	00:54:39 / 719	01:22:52 / 705	01:37:14 / 686
653	695	PROKOP PAWEŁ	KRAKÓW	POL		71	M40/143	M / 606	01:56:29	01:55:27	5.47	00:28:31 / 869	00:55:28 / 773	01:23:08 / 721	01:37:24 / 694
654	262	MADEJSKI RADOSŁAW	SŁOMNIKI	POL		71	M40/144	M / 607	01:56:30	01:55:32	5.48	00:29:40 / 992	00:57:18 / 881	01:24:15 / 773	01:37:43 / 708
655	475	LIPNICKI GRZEGORZ	KRAKÓW	POL		63	M40/145	M / 608	01:56:40	01:56:18	5.51	00:27:18 / 703	00:53:31 / 658	01:20:44 / 635	01:35:09 / 617
656	6	GILEWSKI FRANCISZEK	GLIWICE	POL	AKMB PĘDZIWIATR GLIWICE /	42	M70/2	M / 609	01:56:41	01:55:52	5.49	00:27:10 / 691	00:54:00 / 680	01:21:43 / 671	01:36:20 / 654
657	304	BUL DANIEL	KĘDZIERZYN-KOŹLEPOL	POL	I TY MUSISZ ZOSTAĆ MARATOŃCZYKIEM /	81	M30/239	M / 610	01:56:41	01:56:08	5.51	00:26:44 / 637	00:53:04 / 639	01:20:36 / 629	01:35:26 / 626
658	353	KRAWCZYK ZENEK	KRAKÓW	POL	KRAKOWSKI KLUB MORSZA 'KALORYFER' /	76	M30/240	M / 611	01:56:42	01:56:11	5.51	00:25:35 / 531	00:51:44 / 562	01:19:38 / 591	01:34:48 / 610
659	1137	DUDZIK TOMASZ	KRAKÓW	POL	NIEZRZESZONY /	84	M18/152	M / 612	01:56:42	01:56:34	5.53	00:26:58 / 668	00:53:59 / 679	01:21:50 / 675	01:36:50 / 673
660	50	PANOCHA DANIEL	TARNÓW	POL		78	M30/241	M / 613	01:56:47	01:56:31	5.52	00:25:22 / 498	00:52:02 / 580	01:20:27 / 625	01:35:41 / 639
661	98	MACHLOWSKA GRAŻYNA	KRAKÓW	POL	KRAKÓW /	63	K40/11	K / 48	01:56:52	01:56:42	5.53	00:25:43 / 548	00:52:48 / 631	01:21:54 / 677	01:36:28 / 656
662	834	CZARNECKA MARIA	MUSZYNA	POL		83	K18/15	K / 49	01:56:53	01:56:09	5.51	00:28:46 / 900	00:56:06 / 824	01:24:06 / 769	01:38:17 / 729
663	414	SZKÓŁKA MARCIN	KRAKÓW	POL		79	M30/242	M / 614	01:56:55	01:56:02	5.50	00:27:55 / 800	00:54:44 / 729	01:22:30 / 689	01:36:57 / 678
664	91	KOŁBUT IWONA	ĆMIELÓW	POL		87	K18/16	K / 50	01:56:56	01:56:19	5.51	00:27:05 / 680	00:54:22 / 702	01:22:57 / 708	01:37:28 / 699
665	377	MATEUSZUK ROBERT	KRAKÓW	POL	METODY /	85	M18/153	M / 615	01:56:56	01:56:10	5.51	00:28:03 / 812	00:54:59 / 749	01:22:34 / 692	01:37:03 / 681
666	888	PIENIO ADAM	OPOLE	POL		82	M30/243	M / 616	01:57:01	01:56:10	5.51	00:28:19 / 843	00:53:58 / 678	01:21:06 / 653	01:35:55 / 646
667	432	ŻOŁNIERCZYK STANISŁAW	KRAKÓW	POL		84	M18/154	M / 617	01:57:02	01:56:34	5.53	00:27:28 / 728	00:54:43 / 725	01:23:07 / 719	01:37:23 / 690
668	450	GAWŁOWICZ ŁUKASZ	KRAKÓW	POL		81	M30/244	M / 618	01:57:04	01:56:19	5.51	00:30:16 / 1029	00:57:52 / 924	01:24:19 / 776	01:37:39 / 705
669	503	STARZYŃSKI TOMASZ	KRAKÓW	POL	KRAKÓW AIRPORT - RUNNING TEAM MAT /	68	M40/146	M / 619	01:57:07	01:56:30	5.52	00:28:22 / 847	00:55:49 / 805	01:23:35 / 746	01:37:53 / 714
670	501	NOWAK MONIKA	KRAKÓW	POL	KRAKÓW AIRPORT - RUNNING TEAM MAT /	79	K30/20	K / 51	01:57:07	01:56:30	5.52	00:28:22 / 848	00:55:48 / 800	01:23:35 / 745	01:37:53 / 713
671	813	NOWAKOWSKI PIOTR	KRAKÓW	POL		74	M30/245	M / 620	01:57:11	01:56:57	5.54	00:26:51 / 660	00:54:01 / 682	01:22:35 / 695	01:37:30 / 700
672	448	GAJEK MARCIN	ŁÓDŹ	POL	/	81	M30/246	M / 621	01:57:12	01:56:55	5.54	00:24:35 / 407	00:51:59 / 577	01:20:37 / 630	01:35:50 / 643
673	1131	PŁONKA JERZY	KRAKÓW	POL	NIEWIDZĘ PRZESZKÓD /	90	M18/155	M / 622	01:57:12	01:56:56	5.54	00:25:30 / 517	00:52:27 / 608	01:20:47 / 639	01:37:57 / 717
674	1130	PAWLIKOWSKI JACEK	KRAKÓW	POL	NIE WIDZĘ PRZESZKÓD /	68	M40/147	M / 623	01:57:12	01:56:57	5.54	00:25:29 / 513	00:52:25 / 605	01:20:46 / 637	01:37:57 / 718
675	842	GALEK MAREK	SZCZUROWA	POL		69	M40/148	M / 624	01:57:14	01:56:40	5.53	00:27:45 / 773	00:55:47 / 799	01:23:42 / 753	01:38:05 / 722
676	331	HOSAJA KRZYSZTOF	KRAKÓW	POL		76	M30/247	M / 625	01:57:14	01:56:35	5.53	00:28:07 / 821	00:54:56 / 745	01:22:49 / 703	01:37:12 / 684
677	181	GAWLIK WITOLD	KRAKÓW	POL	OKB BIEGAMBOLUBIĘ /	69	M40/149	M / 626	01:57:15	01:56:41	5.53	00:27:47 / 781	00:55:45 / 795	01:23:43 / 755	01:38:06 / 723
678	847	GONDOR JAROSŁAW	LIBERTÓW	POL		76	M30/248	M / 627	01:57:15	01:56:29	5.52	00:27:18 / 704	00:54:32 / 714	01:23:03 / 714	01:37:55 / 715
679	51	JURCZAK MACIEJ	KRAKÓW	POL	/	86	M18/156	M / 628	01:57:15	01:56:30	5.52	00:28:41 / 883	00:55:59 / 816	01:23:30 / 740	01:37:41 / 707
680	583	KOCIUBA TOMASZ	KRAKOW	POL		82	M30/249	M / 629	01:57:18	01:56:46	5.54	00:25:15 / 483	00:52:11 / 589	01:21:20 / 659	01:36:26 / 655
681	425	WISNIEWSKI PAWEŁ	KRAKOW	POL	NIEZRZESZONY /	74	M30/250	M / 630	01:57:18	01:57:07	5.55	00:25:03 / 454	00:51:54 / 568	01:21:17 / 656	01:36:42 / 668
682	853	HOUGH KEVIN	KRAKOW	POL		78	M30/251	M / 631	01:57:20	01:56:21	5.52	00:28:02 / 809	00:54:24 / 705	01:20:57 / 648	01:35:35 / 633
683	185	KAMIŃSKI RYSZARD	SZCZECIN	POL	ZIP SZCZECIN /	60	M50/63	M / 632	01:57:22	01:56:46	5.54	00:24:32 / 401	00:50:09 / 461	01:19:10 / 576	01:35:23 / 623

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
684	337	JEZIORSKA ELIZA	ZWIERZYNEC	POL	EPI /	90	K18/17	K / 52	01:57:22	01:56:35	5.53	00:28:31 / 868	00:56:22 / 835	01:24:22 / 777	01:38:43 / 751
685	1117	WASYLAK KRZYSZTOF	KRAKÓW	POL	NIEZRZESZONY /	80	M30/252	M / 633	01:57:25	01:57:17	5.56	00:24:39 / 413	00:50:37 / 499	01:19:18 / 584	01:35:18 / 622
686	1074	STACHOWICZ MICHAŁ	JODŁOWNIK	POL	KS LIMANOWA FORREST /	85	M18/157	M / 634	01:57:26	01:57:18	5.56	00:24:59 / 445	00:51:53 / 566	01:20:53 / 645	01:36:30 / 660
687	39	KULMA MAGDALENA	GDAŃSK	POL	DRUŻYNA SZPIKU /	80	K30/21	K / 53	01:57:27	01:56:52	5.54	00:28:02 / 806	00:55:45 / 794	01:23:44 / 757	01:38:20 / 735
688	1071	ROGOZIŃSKI PIOTR	KRAKÓW	POL	BIEGAM BO LUBIĘ /	78	M30/253	M / 635	01:57:28	01:57:23	5.56	00:24:25 / 394	00:50:32 / 491	01:18:15 / 543	01:33:30 / 578
689	1181	CEBALA MARCIN	KRAKÓW	POL		72	M40/150	M / 636	01:57:29	01:57:04	5.55	00:27:39 / 757	00:56:02 / 818	01:24:40 / 793	01:39:43 / 783
690	1155	MADEJ ANDRZEJ	KRAKÓW	POL	DYSTANS /	55	M50/64	M / 637	01:57:32	01:56:31	5.52	00:27:11 / 693	00:53:56 / 675	01:22:51 / 704	01:37:39 / 703
691	57	CYGANIEWICZ LESZEK	KRAKÓW	POL	NIE WIDZĘ PRZESZKÓD /	57	M50/65	M / 638	01:57:33	01:57:19	5.56	00:26:50 / 656	00:54:01 / 681	01:22:35 / 694	01:37:30 / 701
692	713	CZEPIEL-RAK KATARZYNA	JASŁO	POL	JASIELSKIE STOWARZYSZENIE CYKLISTÓW /	75	K30/22	K / 54	01:57:35	01:56:55	5.54	00:26:42 / 636	00:53:10 / 643	01:21:38 / 670	01:36:41 / 665
693	347	KOMARDIN ARTIOM	JUROWCE	POL	CAŁA RYBA BIEGA Z POLSKĄ /	85	M18/158	M / 639	01:57:35	01:56:40	5.53	00:29:01 / 926	00:56:09 / 825	01:23:47 / 760	01:37:58 / 719
694	1129	TARGOSZ MICHAŁ	KRAKÓW	POL	HARD BIKE TĘCZA TENCZYNEK /	80	M30/254	M / 640	01:57:38	01:57:35	5.57	00:26:59 / 670	00:54:45 / 730	01:23:10 / 724	01:38:01 / 720
695	126	DZIUBEK JAKUB	SZYDŁOWIEC	POL	XTRI.PL TRIATHLON /	92	M18/159	M / 641	01:57:40	01:57:00	5.55	00:27:08 / 688	00:53:31 / 656	01:22:20 / 686	01:37:24 / 693
696	1114	SZATKOWSKA IZABELA	KRAKOW	POL		72	K40/12	K / 55	01:57:40	01:57:29	5.57	00:27:18 / 705	00:54:05 / 687	01:22:58 / 711	01:37:43 / 709
697	4053	MICHALIK ADRIAN	NOWY SĄCZ	POL		83	M18/160	M / 642	01:57:43	01:57:13	5.56	00:27:23 / 714	00:53:53 / 671	01:21:34 / 667	01:36:45 / 669
698	480	MAĆZKA JERZY	KRAKÓW	POL		50	M60/11	M / 643	01:57:44	01:57:16	5.56	00:28:24 / 852	00:55:51 / 810	01:23:48 / 762	01:38:17 / 730
699	162	STRAM TOMASZ	PRZYBYŚLAWICE	POL		77	M30/255	M / 644	01:57:45	01:56:50	5.54	00:27:13 / 695	00:54:18 / 696	01:22:44 / 701	01:37:27 / 697
700	1178	ŁĘKAWA MATEUSZ	KRAKÓW	POL		92	M18/161	M / 645	01:57:45	01:57:44	5.58	00:22:07 / 174	00:47:40 / 320	01:15:56 / 458	01:32:32 / 544
701	736	LESZCZYŃSKA ANNA	KRAKÓW	POL		81	K30/23	K / 56	01:57:45	01:56:52	5.54	00:28:16 / 841	00:55:24 / 768	01:23:11 / 725	01:37:57 / 716
702	546	BOCHEŃSKI RAFAŁ	KRAKÓW	POL		80	M30/256	M / 646	01:57:58	01:57:24	5.57	00:30:27 / 1044	00:58:59 / 969	01:26:37 / 866	01:40:27 / 792
703	284	SIWA-ZYCH BOGUSŁAWA	KRAKÓW	POL		59	K50/4	K / 57	01:58:01	01:57:54	5.59	00:25:24 / 504	00:52:15 / 592	01:21:27 / 663	01:36:49 / 671
704	1136	WŁADYKA JAKUB	KRAKÓW	POL		91	M18/162	M / 647	01:58:02	01:57:14	5.56	00:30:52 / 1069	00:59:11 / 978	01:25:23 / 820	01:39:17 / 765
705	150	NOWAK AGNIESZKA	SOSNOWIEC	POL	POGORIA BIEGA /	79	K30/24	K / 58	01:58:05	01:57:45	5.58	00:26:24 / 609	00:53:30 / 654	01:22:18 / 684	01:37:24 / 691
706	447	FIECEK PAWEŁ	KRAKÓW	POL	NIEZRZESZONY /	82	M30/257	M / 648	01:58:05	01:57:10	5.55	00:29:40 / 993	00:57:13 / 876	01:25:37 / 824	01:39:38 / 779
707	302	BRZÓZKA NORBERT	DĄBROWA	POL	POGORIA BIEGA /	74	M30/258	M / 649	01:58:06	01:57:47	5.58	00:26:27 / 615	00:53:30 / 652	01:22:19 / 685	01:37:24 / 692
708	571	GROT PAWEŁ	KOŃSKIE	POL		78	M30/259	M / 650	01:58:07	01:57:14	5.56	00:28:27 / 862	00:55:35 / 783	01:23:52 / 764	01:38:20 / 733
709	342	KAWALEC JAREK	KRAKÓW	POL	CZTERY LITERY /	77	M30/260	M / 651	01:58:08	01:57:56	5.59	00:26:03 / 583	00:52:37 / 621	01:20:11 / 616	01:35:55 / 647
710	1156	PIETRZYK TOMASZ	KRAKÓW	POL		69	M40/151	M / 652	01:58:11	01:57:18	5.56	00:29:00 / 925	00:56:05 / 823	01:23:44 / 756	01:38:53 / 755
711	1017	BRODA TOMASZ	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	48	M60/12	M / 653	01:58:15	01:57:52	5.59	00:26:51 / 659	00:53:30 / 655	01:21:35 / 669	01:36:51 / 676
712	676	KOCOŃ PAWEŁ	NOWY SĄCZ	POL		88	M18/163	M / 654	01:58:15	01:57:56	5.59	00:26:44 / 638	00:52:38 / 624	01:19:47 / 597	01:36:51 / 675
713	208	SATKO JACEK	TARNÓW	POL		62	M50/66	M / 655	01:58:16	01:57:42	5.58	00:28:24 / 855	00:56:40 / 854	01:24:40 / 791	01:39:08 / 763
714	4032	SIUDEK KAZIMIERZ	CZULÓWEK 55	POL		60	M50/67	M / 656	01:58:18	01:58:00	5.59	00:24:00 / 350	00:49:51 / 438	01:19:22 / 586	01:35:47 / 641
715	386	NIEWIELSKI JANUSZ	WIELICZKA	POL	UKS GIMNAZJON WIELICZKA /	65	M40/152	M / 657	01:58:18	01:57:51	5.59	00:26:55 / 663	00:54:37 / 716	01:22:21 / 687	01:37:01 / 680
716	384	NAJGEBURSKI STEFAN	KIELCE	POL	NIEZRZESZONY /	57	M50/68	M / 658	01:58:19	01:57:53	5.59	00:28:48 / 902	00:57:15 / 878	01:25:17 / 816	01:39:18 / 766
717	927	ADAMSKI DONAT	KRAKÓW	POL		63	M40/153	M / 659	01:58:21	01:58:20	5.61	00:25:33 / 523	00:52:39 / 625	01:21:10 / 655	01:36:42 / 667
718	134	HURAS JAROSŁAW	MYSZKÓW	POL		56	M50/69	M / 660	01:58:23	01:57:33	5.57	00:27:49 / 789	00:55:01 / 751	01:23:22 / 738	01:38:19 / 732
719	960	KUCHARSKI MARCIN	KRAKÓW	POL		76	M30/261	M / 661	01:58:24	01:58:03	5.60	00:27:11 / 692	00:54:53 / 740	01:24:27 / 778	01:38:27 / 742
720	531	URBAŃSKI JÓZEF	KROSNO	POL	KKB MOSIR KROSNO /	58	M50/70	M / 662	01:58:33	01:57:35	5.57	00:28:58 / 922	00:55:40 / 788	01:23:17 / 733	01:38:21 / 736
721	495	PASTERCZYK DARIUSZ	JEDLICZE	POL	KKB MOSIR KROSNO /	73	M30/262	M / 663	01:58:34	01:57:36	5.57	00:28:57 / 918	00:55:33 / 780	01:23:18 / 734	01:38:21 / 737
722	944	GAWĘŁ ELŻBIETA	RZESZÓW	POL	RZESZOWSKIE GAZELE I GEPARDY /	80	K30/25	K / 59	01:58:38	01:58:20	5.61	00:26:57 / 666	00:54:28 / 711	01:23:35 / 747	01:38:32 / 748

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
723	273	PAWLIKOWSKI MARCIN	KRAKOW	POL	STATE STREET POLAND /	76	M30/263	M / 664	01:58:38	01:58:00	5.59	00:27:25 / 718	00:54:50 / 736	01:23:14 / 729	01:38:17 / 728
724	355	KRZANOWSKA JULIA	KRAKÓW	POL		94	K18/18	K / 60	01:58:44	01:58:25	5.61	00:26:08 / 592	00:52:32 / 616	01:21:04 / 652	01:36:17 / 653
725	595	LEHMAN TOMASZ	MYŚLENICE	POL		67	M40/154	M / 665	01:58:52	01:58:42	5.63	00:26:30 / 625	00:53:29 / 651	01:21:47 / 673	01:37:12 / 685
726	182	GOLISZEWSKI MACIEJ	ŻABNICA	POL		76	M30/264	M / 666	01:58:53	01:58:17	5.61	00:26:38 / 630	00:53:55 / 672	01:23:13 / 727	01:38:30 / 745
727	1062	PESZT MAREK	KRAKÓW	POL		81	M30/265	M / 667	01:58:59	01:58:07	5.60	00:26:48 / 646	00:53:27 / 648	01:22:10 / 681	01:37:44 / 710
728	865	KUCHARSKI DAMIAN	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA /	86	M18/164	M / 668	01:59:00	01:58:07	5.60	00:25:51 / 567	00:51:03 / 524	01:19:43 / 594	01:36:14 / 651
729	750	PAUL MAŁGORZATA	KRAKOW	POL	/	80	K30/26	K / 61	01:59:02	01:58:33	5.62	00:25:26 / 507	00:51:41 / 559	01:21:31 / 666	01:37:25 / 695
730	267	MICHALISZYN KRZYSZTOF	KRAKÓW	POL		74	M30/266	M / 669	01:59:02	01:58:17	5.61	00:27:33 / 743	00:54:44 / 727	01:23:06 / 717	01:38:18 / 731
731	723	GRUSZKA MAŁGORZATA	CZĘSTOCHOWA	POL		69	K40/13	K / 62	01:59:06	01:58:38	5.62	00:27:22 / 713	00:54:43 / 724	01:22:58 / 710	01:38:28 / 744
732	820	TRENDOTA KONRAD	TARNÓW	POL		95	M18/165	M / 670	01:59:06	01:58:44	5.63	00:28:33 / 873	00:56:10 / 827	01:24:46 / 799	01:39:32 / 775
733	1168	LEJK PAWEŁ	WOLA DUCKA	POL		79	M30/267	M / 671	01:59:06	01:58:52	5.63	00:27:23 / 715	00:55:24 / 770	01:23:37 / 749	01:38:31 / 747
734	1076	STĘCŁIK TOMASZ	KATOWICE	POL	UKS TATSU /	76	M30/268	M / 672	01:59:09	01:58:25	5.61	00:29:19 / 949	00:58:06 / 935	01:26:27 / 862	01:40:54 / 812
735	887	PAWLIK MAREK	KRAKÓW	POL		55	M50/71	M / 673	01:59:11	01:58:51	5.63	00:27:26 / 721	00:54:26 / 709	01:23:34 / 744	01:38:46 / 752
736	383	MISZCZUK MARCIN	KĘDZIERZYN-KOŹLEPOL			78	M30/269	M / 674	01:59:11	01:58:28	5.62	00:28:28 / 863	00:56:21 / 833	01:24:38 / 790	01:39:22 / 767
737	374	MALINA TOMASZ	KRAKÓW	POL		75	M30/270	M / 675	01:59:15	01:58:22	5.61	00:28:08 / 824	00:55:03 / 753	01:23:24 / 739	01:38:26 / 740
738	154	POMYKAŁA MICHAŁ	RADOM	POL	KB DOLEĆ RADOM /	83	M18/166	M / 676	01:59:16	01:58:29	5.62	00:28:24 / 856	00:55:52 / 812	01:24:42 / 796	01:39:36 / 777
739	987	SROKA MARCIN	BIELSKO-BIAŁA	POL		81	M30/271	M / 677	01:59:22	01:58:46	5.63	00:24:15 / 373	00:51:57 / 574	01:23:03 / 715	01:39:02 / 758
740	928	BACZYŃSKI MAREK	NOWY SĄCZ	POL	GRUPA BIEGOWA SADECZANIN /	77	M30/272	M / 678	01:59:24	01:59:23	5.66	00:23:22 / 287	00:50:04 / 450	01:18:33 / 555	01:35:01 / 616
741	227	BUDERAWSKI ANDRZEJ	KRZESZOWICE	POL	STATE STREET POLAND /	87	M18/167	M / 679	01:59:27	01:58:27	5.61	00:27:24 / 717	00:54:46 / 733	01:23:14 / 728	01:38:16 / 726
742	717	DYMEK TERESA	KRAKÓW	POL		71	K40/14	K / 63	01:59:27	01:59:03	5.64	00:27:40 / 760	00:56:04 / 820	01:24:40 / 792	01:39:43 / 784
743	970	MUREK WOJCIECH	MYSŁOWICE	POL		66	M40/155	M / 680	01:59:28	01:59:04	5.64	00:27:55 / 801	00:55:52 / 813	01:24:30 / 781	01:39:23 / 768
744	1172	CIEŚLA ANNA	BIELSKO BIAŁA	POL		89	K18/19	K / 64	01:59:32	01:58:44	5.63	00:28:44 / 895	00:56:53 / 863	01:25:55 / 834	01:40:33 / 800
745	672	JURCZAK JAN	KRAKÓW	POL		96	M18/168	M / 681	01:59:32	01:58:18	5.61	00:27:37 / 753	00:55:22 / 765	01:23:59 / 767	01:39:04 / 759
746	1094	JANKOSZ MACIEJ	NOWY SACZ	POL		83	M18/169	M / 682	01:59:33	01:58:36	5.62	00:28:03 / 810	00:55:49 / 804	01:24:40 / 794	01:39:26 / 773
747	603	MOĆKO MICHAŁ	LEŚNICA	POL		85	M18/170	M / 683	01:59:34	01:58:51	5.63	00:26:58 / 667	00:54:21 / 701	01:22:37 / 696	01:38:12 / 725
748	882	OBSZYŃSKI BARTOSZ	KRAKÓW	POL		86	M18/171	M / 684	01:59:38	01:58:55	5.64	00:27:19 / 707	00:54:09 / 690	01:22:55 / 706	01:38:26 / 741
749	929	BALKAJA WOJCIECH	KRAKÓW	POL	RUNTIME ERICPOL /	81	M30/273	M / 685	01:59:41	01:59:00	5.64	00:28:16 / 837	00:54:57 / 746	01:22:48 / 702	01:38:04 / 721
750	805	JANIK MARCIN	KRAKÓW	POL	HAND MADE /	83	M18/172	M / 686	01:59:42	01:58:37	5.62	00:28:32 / 871	00:56:23 / 836	01:25:23 / 819	01:40:24 / 790
751	568	GÓRNIAK ADAM	JAWORZNO	POL		67	M40/156	M / 687	01:59:43	01:58:51	5.63	00:29:30 / 975	00:57:32 / 898	01:25:43 / 825	01:40:14 / 787
752	1116	WALIGÓRA MIŁOSZ	MORAWICA	POL		79	M30/274	M / 688	01:59:44	01:59:33	5.67	00:26:48 / 650	00:54:19 / 697	01:22:57 / 709	01:38:20 / 734
753	1096	JASTRZĘBSKI JAKUB	KROSNO	POL		79	M30/275	M / 689	01:59:45	01:59:33	5.67	00:26:49 / 652	00:54:21 / 700	01:23:15 / 730	01:38:48 / 753
754	678	KOTLIŃSKI PAWEŁ	KATOWICE	POL	UTOPIK ZDZIRĘ /	85	M18/173	M / 690	01:59:51	01:59:23	5.66	00:26:40 / 634	00:52:47 / 630	01:21:27 / 662	01:37:26 / 696
755	836	DRAPAŁA JAROSŁAW	BOGUMIŁOWICE	POL		69	M40/157	M / 691	01:59:52	01:59:32	5.67	00:27:34 / 746	00:55:18 / 761	01:23:55 / 766	01:39:06 / 761
756	829	BOCHENEK SŁAWOMIRA	LIBIAŻ	POL		81	K30/27	K / 65	01:59:52	01:59:23	5.66	00:28:33 / 874	00:56:32 / 850	01:25:08 / 808	01:39:57 / 785
757	4020	RADZIK-MARCHEWKA EWA	KRAKÓW	POL		65	K40/15	K / 66	01:59:53	01:59:53	5.68	00:27:57 / 802	00:56:30 / 847	01:24:41 / 795	01:39:34 / 776
758	446	DESSAUER WIOLETTA	LUBARTÓW	POL		75	K30/28	K / 67	01:59:54	01:59:36	5.67	00:26:53 / 662	00:53:38 / 662	01:22:30 / 690	01:38:08 / 724
759	905	TAJCHMAN MICHAŁ	WŁOSZCZOWA	POL	NIE ZRZESZONY /	82	M30/276	M / 692	01:59:54	01:59:51	5.68	00:23:54 / 340	00:49:05 / 392	01:18:01 / 526	01:35:40 / 638
760	132	GRĄDEK TOMASZ	KRAKÓW	POL		74	M30/277	M / 693	01:59:55	01:59:53	5.68	00:24:59 / 447	00:51:18 / 539	01:20:09 / 614	01:36:50 / 674
761	1108	PURCHLA PIOTR	POLANOWICE-KR	POL		77	M30/278	M / 694	01:59:58	01:59:17	5.65	00:25:45 / 557	00:51:40 / 557	01:20:10 / 615	01:36:42 / 666
762	18	JAMRO LEOPOLD	GORLICE	POL		42	M70/3	M / 695	02:00:03	01:59:33	5.67	00:27:43 / 768	00:55:01 / 752	01:23:53 / 765	01:39:16 / 764

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
763	1189	STANISLAWSKI BARTOSZ	KOŃSKIE	POL		84	M18/174	M / 696	02:00:05	01:59:04	5.64	00:27:49 / 790	00:54:42 / 722	01:23:16 / 731	01:38:40 / 749
764	308	CYGANKIEWICZ WOJCIECH	KRAKÓW	POL		56	M50/72	M / 697	02:00:07	01:59:42	5.67	00:27:40 / 758	00:55:49 / 803	01:24:37 / 789	01:39:40 / 780
765	255	LOPEZ PEIRO ANGEL	KRAKÓW	POL	MAKING WAVES /	85	M18/175	M / 698	02:00:18	01:59:29	5.66	00:29:59 / 1015	01:00:39 / 1022	01:28:01 / 913	01:41:51 / 840
766	988	SZCZEKOCCI PAWEŁ	KRAKÓW	POL		57	M50/73	M / 699	02:00:20	01:59:48	5.68	00:27:17 / 701	00:55:17 / 760	01:24:29 / 779	01:39:32 / 774
767	155	POPIÓLEK MACIEJ	KRAKÓW	POL		89	M18/176	M / 700	02:00:24	02:00:11	5.70	00:25:08 / 467	00:50:28 / 486	01:18:23 / 549	01:36:15 / 652
768	319	GAWRYSZCZAK SZYMON	WARSZAWA	POL	RAIFFEISEN-LEASING RUNNERS /	83	M18/177	M / 701	02:00:26	01:59:35	5.67	00:28:13 / 832	00:56:42 / 855	01:25:54 / 833	01:40:40 / 805
769	488	NĘDZA SŁAWOMIRA	KRAKÓW	POL	F. BIEG.KRYNICA /	72	K40/16	K / 68	02:00:30	02:00:03	5.69	00:26:18 / 600	00:53:39 / 664	01:23:17 / 732	01:38:57 / 756
770	1090	BÓGDOL GRZEGORZ	KRAKÓW	POL		84	M18/178	M / 702	02:00:31	01:59:59	5.69	00:26:58 / 669	00:54:31 / 713	01:23:32 / 741	01:38:22 / 739
771	146	LABUS BOŻENA	RUDA ŚLĄSKA	POL		76	K30/29	K / 69	02:00:33	01:59:46	5.68	00:29:07 / 939	00:57:24 / 888	01:26:19 / 858	01:40:58 / 815
772	559	DOBAJ KATARZYNA	KRAKÓW	POL		76	K30/30	K / 70	02:00:37	02:00:07	5.69	00:27:42 / 763	00:55:29 / 776	01:25:11 / 809	01:40:30 / 797
773	1052	LEŚNIK TOMASZ	NOWY SĄCZ	POL		87	M18/179	M / 703	02:00:38	02:00:33	5.71	00:24:48 / 425	00:50:57 / 513	01:21:03 / 650	01:38:58 / 757
774	763	SMYK ROBERT	GLIWICE	POL		71	M40/158	M / 704	02:00:42	01:59:48	5.68	00:28:58 / 923	00:56:32 / 849	01:25:16 / 814	01:40:28 / 794
775	1170	GOSTKOWSKI BARTEK	KRAKÓW	POL	EFUNIA /	77	M30/279	M / 705	02:00:43	01:59:51	5.68	00:27:26 / 720	00:53:32 / 659	01:22:09 / 680	01:39:25 / 772
776	1106	POLLESCH KONRAD	KRAKÓW	POL		94	M18/180	M / 706	02:00:44	02:00:24	5.71	00:24:25 / 395	00:51:02 / 520	01:20:49 / 642	01:36:56 / 677
777	1024	DOMAGALSKA-GRĘDYS MARTA	TARNÓW	POL		71	K40/17	K / 71	02:00:53	02:00:25	5.71	00:27:03 / 676	00:54:39 / 718	01:24:13 / 771	01:39:24 / 770
778	889	PIOTROWSKI MARCIN	KRAKÓW	POL		85	M18/181	M / 707	02:00:57	02:00:05	5.69	00:30:35 / 1051	00:59:34 / 988	01:28:09 / 918	01:42:36 / 865
779	972	MUSZYŃSKI PIOTR	KRAKÓW	POL	LUMBAGO TEAM /	62	M50/74	M / 708	02:00:57	02:00:15	5.70	00:28:21 / 845	00:56:03 / 819	01:24:13 / 772	01:39:04 / 760
780	956	KONIECZNY FILIP	BUCZKOWICE	POL		91	M18/182	M / 709	02:01:02	02:00:21	5.70	00:30:33 / 1047	00:58:58 / 968	01:26:41 / 869	01:40:53 / 811
781	709	ŻELAZNA NATALIA	TORUŃ	POL		80	K30/31	K / 72	02:01:06	02:00:31	5.71	00:29:26 / 968	00:57:47 / 916	01:26:29 / 864	01:41:30 / 831
782	396	PRYMAS MAREK	BĘDZIN	POL	POGORIA BIEGA /	63	M40/159	M / 710	02:01:09	02:00:42	5.72	00:28:42 / 888	00:57:12 / 874	01:26:09 / 849	01:41:37 / 832
783	579	STEFAŃCZYK MONIKA	KRAKÓW	POL		80	K30/32	K / 73	02:01:19	02:00:29	5.71	00:28:16 / 840	00:56:59 / 865	01:26:37 / 867	01:41:45 / 838
784	848	GROT MARCIN	KOŃSKIE	POL		76	M30/280	M / 711	02:01:25	02:00:33	5.71	00:28:25 / 858	00:55:34 / 782	01:23:52 / 763	01:38:27 / 743
785	589	KULANTY KRZYSZTOF	ZALESIE	POL		85	M18/183	M / 712	02:01:26	02:00:36	5.72	00:28:45 / 898	00:56:30 / 848	01:25:14 / 810	01:40:37 / 804
786	902	ŚIWEK KRZYSZTOF	ZŁOTY STOK	POL		67	M40/160	M / 713	02:01:27	02:01:02	5.74	00:27:16 / 699	00:55:48 / 801	01:25:33 / 822	01:40:35 / 802
787	617	WAŃCZYK PAWEŁ	NOWY SĄCZ	POL	VISEGRAD MARATON RYTRO /	60	M50/75	M / 714	02:01:27	02:01:09	5.74	00:26:35 / 628	00:54:16 / 695	01:23:45 / 759	01:39:23 / 769
788	754	POGON TOMASZ	BOCHNIA	POL		86	M18/184	M / 715	02:01:29	02:01:06	5.74	00:25:57 / 575	00:52:45 / 629	01:22:41 / 699	01:38:51 / 754
789	1127	KWIECIEŃ PIOTR	KRAKÓW	POL	NIEZRZESZONY /	67	M40/161	M / 716	02:01:29	02:00:27	5.71	00:28:55 / 912	00:57:35 / 902	01:26:28 / 863	01:41:13 / 821
790	628	RZEMIEŃCIE ANNA	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	81	K30/33	K / 74	02:01:33	02:00:44	5.72	00:28:42 / 889	00:57:10 / 873	01:26:03 / 842	01:41:08 / 817
791	404	RZESZÓTKO RAFAŁ	KRAKÓW	POL	CAŁA RYBA BIEGA Z POLSKĄ /	71	M40/162	M / 717	02:01:33	02:00:52	5.73	00:29:05 / 934	00:57:05 / 868	01:26:05 / 845	01:41:27 / 828
792	160	SOŚNIK SEBASTIAN	KRAKÓW	POL		74	M30/281	M / 718	02:01:36	02:00:41	5.72	00:28:41 / 884	00:55:54 / 814	01:23:38 / 751	01:38:42 / 750
793	458	GRUSZKA KAMILA	NIEPOŁOMICE	POL	CENERIA.PL /	76	K30/34	K / 75	02:01:37	02:00:32	5.71	00:27:43 / 767	00:55:15 / 758	01:24:47 / 800	01:40:36 / 803
794	1047	KAMIŃSKI MARCIN	SKARŻYSKO-KAMIE	POL	SFORA OJCA DYREKTORA /	80	M30/282	M / 719	02:01:37	02:01:02	5.74	00:26:17 / 599	00:52:51 / 632	01:21:52 / 676	01:37:52 / 712
795	879	NOWAK DOBROMIR	KRAKÓW	POL		71	M40/163	M / 720	02:01:46	02:00:55	5.73	00:28:46 / 899	00:56:47 / 861	01:26:07 / 848	01:41:14 / 822
796	618	POTOCKI ARTUR	KRAKÓW	POL		77	M30/283	M / 721	02:01:59	02:01:38	5.77	00:28:05 / 817	00:56:40 / 853	01:25:51 / 831	01:42:12 / 849
797	196	MARCHEWKA ANDRZEJ	CZERNICHÓW	POL		76	M30/284	M / 722	02:01:59	02:01:23	5.75	00:27:31 / 739	00:55:06 / 756	01:24:36 / 787	01:40:25 / 791
798	519	SZKADŁUBOWICZ WOJCIECH	BUSKO-ZDRÓJ	POL		83	M18/185	M / 723	02:01:59	02:01:53	5.78	00:25:09 / 469	00:51:36 / 555	01:19:50 / 599	01:35:53 / 645
799	518	SZKADŁUBOWICZ ADAM	BUSKO-ZDRÓJ	POL		93	M18/186	M / 724	02:02:00	02:01:54	5.78	00:22:50 / 243	00:47:31 / 317	01:15:26 / 431	01:33:31 / 579
800	685	PETERA JAROSŁAW	KRAKÓW	POL	JW 2771 KRAKÓW /	80	M30/285	M / 725	02:02:00	02:01:30	5.76	00:28:33 / 872	00:56:29 / 842	01:25:59 / 839	01:41:12 / 819
801	693	POSTOŁOWSKA KATARZYNA	DĘBICA	POL	KB MARATOŃCZYK DĘBICA /	81	K30/35	K / 76	02:02:00	02:01:30	5.76	00:28:32 / 870	00:56:29 / 845	01:26:00 / 840	01:41:12 / 818

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
802	1143	RADZIKIEWICZ JOANN	KRAKÓW	POL	NIEZRZESZONY /	80	K30/36	K / 77	02:02:01	02:01:58	5.78	00:24:17 / 380	00:52:12 / 590	01:23:21 / 736	01:39:07 / 762
803	609	NUCKOWSKI MARCIN	MEDYKA	POL		85	M18/187	M / 726	02:02:12	02:01:17	5.75	00:28:59 / 924	00:56:09 / 826	01:23:47 / 761	01:39:25 / 771
804	874	MIĘDZIK TOMASZ	KRAKÓW	POL		75	M30/286	M / 727	02:02:14	02:01:51	5.78	00:27:25 / 719	00:54:30 / 712	01:23:43 / 754	01:39:37 / 778
805	916	WIELGOSZ ELŻBIETA	NOWY ZMIGRÓD	POL		84	K18/20	K / 78	02:02:16	02:01:42	5.77	00:30:18 / 1033	00:59:23 / 984	01:28:40 / 926	01:43:12 / 883
806	95	KRÓL TADEUSZ	JAWORZNO	POL	KB MCKIS JAWORZNO /	52	M60/13	M / 728	02:02:16	02:01:36	5.76	00:28:02 / 808	00:56:24 / 837	01:25:59 / 837	01:41:16 / 824
807	73	BRZOZOWSKA TERESA	JAWORZNO	POL	KB MCKIS JAWORZNO /	69	K40/18	K / 79	02:02:17	02:01:52	5.78	00:28:07 / 820	00:56:18 / 832	01:25:58 / 836	01:41:16 / 823
808	692	POPLAWSKI PRZEMYSŁAW	KRAKÓW	POL	SEBORADIN I-F /	75	M30/287	M / 729	02:02:17	02:01:41	5.77	00:29:37 / 983	00:58:09 / 940	01:27:08 / 883	01:42:10 / 848
809	871	ŁACIAK WOJCIECH	KRAKÓW	POL	/	69	M40/164	M / 730	02:02:21	02:01:17	5.75	00:30:54 / 1074	00:59:26 / 985	01:28:01 / 912	01:42:44 / 873
810	996	WITEK BOGUSŁAW	TARNÓW	POL		68	M40/165	M / 731	02:02:23	02:01:35	5.76	00:27:46 / 778	00:54:33 / 715	01:23:11 / 726	01:38:30 / 746
811	505	PRZĘCZEK TADEUSZ	SIEPRAW	POL		57	M50/76	M / 732	02:02:27	02:02:02	5.78	00:27:45 / 775	00:55:23 / 766	01:25:15 / 812	01:40:50 / 808
812	948	GRZESIŃSKA MARTA	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	74	K30/37	K / 80	02:02:28	02:02:08	5.79	00:28:52 / 908	00:57:09 / 869	01:27:02 / 881	01:42:21 / 855
813	235	DZIEDZIC JUSTYNA	KRAKÓW	POL		85	K18/21	K / 81	02:02:29	02:01:57	5.78	00:27:41 / 762	00:55:36 / 786	01:25:46 / 828	01:41:41 / 834
814	641	SZKODA JOLANTA	WIELICZKA	POL	NIEZRZESZONY /	80	K30/38	K / 82	02:02:30	02:02:20	5.80	00:28:42 / 887	00:57:45 / 913	01:27:16 / 890	01:42:23 / 857
815	456	GROCH MAREK	KRAKÓW	POL		57	M50/77	M / 733	02:02:32	02:01:54	5.78	00:27:27 / 725	00:54:54 / 741	01:24:30 / 780	01:40:20 / 789
816	199	MARCZYK MAREK	ŚWIĄTNIKI GÓRNE	POL	NIEZRZESZONY /	71	M40/166	M / 734	02:02:33	02:01:56	5.78	00:29:05 / 935	00:57:47 / 918	01:27:12 / 886	01:42:22 / 856
817	935	CZMOK MICHAŁ	KATOWICE	POL		85	M18/188	M / 735	02:02:33	02:01:38	5.77	00:28:46 / 901	00:55:24 / 771	01:23:33 / 743	01:39:41 / 781
818	730	KIEDACZ ZBYSZEK	KRAKÓW	POL		86	M18/189	M / 736	02:02:34	02:01:50	5.78	00:29:48 / 998	00:58:06 / 936	01:27:36 / 901	01:42:37 / 867
819	548	BUCZAK JAROSŁAW	PIŃCZÓW	POL	KL PONIDZIE PIŃCZÓW /	62	M50/78	M / 737	02:02:39	02:01:48	5.77	00:28:42 / 890	00:56:27 / 840	01:25:48 / 829	01:41:28 / 829
820	725	GULAREK LESZEK	KRAKÓW	POL		83	M18/190	M / 738	02:02:42	02:02:12	5.79	00:28:44 / 894	00:56:25 / 838	01:26:14 / 853	01:42:04 / 844
821	899	SŁOTA ADAM	KRAKÓW	POL		71	M40/167	M / 739	02:02:53	02:01:57	5.78	00:29:28 / 970	00:58:01 / 927	01:27:14 / 887	01:42:16 / 852
822	1123	GLĄDYS PIOTR	KRAKÓW	POL		77	M30/288	M / 740	02:02:56	02:02:39	5.81	00:26:21 / 606	00:54:54 / 743	01:24:53 / 802	01:40:53 / 810
823	777	NOWAK MAREK	WIELICZKA	POL	AZS AWF KRAKÓW MASTERS /	57	M50/79	M / 741	02:02:57	02:02:37	5.81	00:27:00 / 672	00:55:15 / 759	01:24:55 / 805	01:40:29 / 796
824	1093	JANIK MAŁGORZATA	RADZISZÓW	POL		85	K18/22	K / 83	02:03:04	02:02:21	5.80	00:28:54 / 911	00:56:44 / 859	01:26:19 / 857	01:42:06 / 846
825	877	MROWIEC JAKUB	KRAKÓW	POL		87	M18/191	M / 742	02:03:06	02:02:30	5.81	00:27:44 / 771	00:54:49 / 734	01:25:15 / 811	01:41:18 / 826
826	274	PIELAK MICHAŁ	KRAKÓW	POL	NOWA HUTA TEAM /	81	M30/289	M / 743	02:03:06	02:02:37	5.81	00:27:09 / 689	00:55:20 / 762	01:24:10 / 770	01:39:59 / 786
827	499	PIOTROWSKI MICHAŁ	KRAKÓW	POL		76	M30/290	M / 744	02:03:07	02:02:31	5.81	00:29:34 / 979	00:59:39 / 992	01:28:10 / 919	01:43:19 / 886
828	869	LISOWSKI BARTOSZ	SKAWINA	POL		86	M18/192	M / 745	02:03:11	02:02:36	5.81	00:27:43 / 770	00:54:50 / 735	01:25:15 / 813	01:41:18 / 825
829	1173	GAŁĘZIOWSKI MARCIN	KRAKÓW	POL	NIEZRZESZONY /	86	M18/193	M / 746	02:03:12	02:03:10	5.84	00:22:22 / 196	00:48:52 / 383	01:18:03 / 529	01:36:48 / 670
830	600	MISIEWICZ TOMASZ	WIDACZ	POL	NIEZRZESZONY - CAŁKOWITY AMATOR /	79	M30/291	M / 747	02:03:13	02:02:16	5.80	00:28:58 / 919	00:56:29 / 846	01:26:05 / 846	01:42:01 / 842
831	1059	OWSIAK ŁUKASZ	JADOWNIKI	POL	JADOWNICKI KLUB BIEGOWY /	79	M30/292	M / 748	02:03:14	02:02:21	5.80	00:29:01 / 928	00:57:39 / 907	01:26:56 / 877	01:42:26 / 859
832	498	PIKOŃ ANDRZEJ	GLIWICE	POL		66	M40/168	M / 749	02:03:15	02:03:09	5.84	00:26:27 / 619	00:54:07 / 689	01:24:16 / 774	01:40:32 / 799
833	344	KOCJAN BOGUSŁAW	OLKUSZ	POL		78	M30/293	M / 750	02:03:15	02:02:32	5.81	00:28:57 / 917	00:57:38 / 906	01:26:45 / 874	01:42:07 / 847
834	197	MARCHEWKA JOANNA	CZERNICHÓW	POL		76	K30/39	K / 84	02:03:16	02:02:40	5.81	00:27:31 / 738	00:55:06 / 755	01:24:37 / 788	01:40:28 / 795
835	953	KĘDZIERSKI ADAM	SKAWINA	POL		66	M40/169	M / 751	02:03:20	02:02:44	5.82	00:25:36 / 533	00:51:33 / 552	01:19:46 / 596	01:39:42 / 782
836	190	KUCHARCZYK LESZEK	KRAKÓW	POL	NIEZRZESZONY /	52	M60/14	M / 752	02:03:21	02:02:40	5.81	00:28:15 / 834	00:55:41 / 791	01:24:56 / 806	01:40:27 / 793
837	815	PIKULSKI MIECZYŚŁAW	PIŃCZÓW	POL	KL PONIDZIE PIŃCZÓW /	43	M60/15	M / 753	02:03:26	02:02:35	5.81	00:28:40 / 880	00:56:28 / 841	01:25:48 / 830	01:41:29 / 830
838	819	SROKA PIOTR	KRAKÓW	POL		83	M18/194	M / 754	02:03:26	02:02:21	5.80	00:27:51 / 796	00:55:47 / 798	01:24:53 / 803	01:40:32 / 798
839	205	RÓWNIAK MICHAŁ	KSIAŻ WIELKI	POL		76	M30/294	M / 755	02:03:26	02:02:48	5.82	00:28:18 / 842	00:56:42 / 856	01:25:59 / 838	01:41:46 / 839
840	4018	CHMIELOW ALEKSANDER	KRAKÓW	POL	NIEZRZESZONY /	72	M40/170	M / 756	02:03:27	02:03:01	5.83	00:31:11 / 1087	01:03:52 / 1115	01:32:16 / 1004	01:45:26 / 941

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
841	604	MZYK MONIKA	CHRZANÓW	POL		77	K30/40	K / 85	02:03:31	02:03:23	5.85	00:28:41 / 886	00:57:47 / 919	01:27:43 / 904	01:42:50 / 876
842	163	TOKARSKA NATALIA	KRAKÓW	POL		84	K18/23	K / 86	02:03:32	02:02:53	5.83	00:27:50 / 792	00:55:21 / 763	01:26:03 / 843	01:41:41 / 836
843	252	KORZEN ŁUKASZ	BIECZ	POL	STATE STREET POLAND /	84	M18/195	M / 757	02:03:36	02:02:37	5.81	00:31:07 / 1081	01:00:54 / 1033	01:29:42 / 950	01:44:30 / 910
844	832	CHYTŁA ANTONI	KRAKÓW	POL	NIE ZRZESZONY /	46	M60/16	M / 758	02:03:36	02:03:04	5.83	00:27:46 / 776	00:55:50 / 808	01:26:13 / 852	01:42:16 / 851
845	540	ANTKIEWICZ JANUSZ	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	64	M40/171	M / 759	02:03:37	02:03:32	5.86	00:28:57 / 916	00:58:18 / 943	01:27:51 / 906	01:43:28 / 891
846	572	GRZEBIENIOWSKI WOJCIECH	OPOLE	POL		80	M30/295	M / 760	02:03:45	02:02:53	5.83	00:29:31 / 976	00:57:33 / 899	01:25:44 / 826	01:40:44 / 806
847	61	SKŁODOWSKI DARIUSZ	SOSNOWIEC	POL	NIEZRZESZONY /	60	M50/80	M / 761	02:03:48	02:03:34	5.86	00:28:00 / 803	00:55:45 / 797	01:24:54 / 804	01:40:35 / 801
848	1110	SOZAŃSKI MIKOŁAJ	KRAKÓW	POL	INTERFORM /	87	M18/196	M / 762	02:03:52	02:03:27	5.85	00:25:46 / 559	00:51:25 / 545	01:19:16 / 583	01:35:49 / 642
849	683	MRÓZEK MAREK	TYMBARK	POL	KS LIMANOWA FORREST /	60	M50/81	M / 763	02:03:55	02:03:01	5.83	00:29:55 / 1006	00:58:41 / 952	01:27:56 / 908	01:43:30 / 892
850	940	DYDO ARKADIUSZ	GLIWICE	POL		76	M30/296	M / 764	02:03:56	02:03:36	5.86	00:27:33 / 744	00:55:24 / 769	01:25:06 / 807	01:40:55 / 814
851	116	BARON TOMASZ	BIERUŃ	POL	NIEZRZESZONY /	81	M30/297	M / 765	02:03:57	02:03:06	5.84	00:28:53 / 909	00:57:30 / 896	01:26:16 / 854	01:41:25 / 827
852	1025	DUDEK TOMASZ	KRAKÓW	POL		79	M30/298	M / 766	02:03:59	02:03:26	5.85	00:28:40 / 882	00:57:37 / 905	01:27:20 / 896	01:42:56 / 879
853	1033	GLUT KRZYSZTOF	KRAKÓW	POL		79	M30/299	M / 767	02:03:59	02:03:26	5.85	00:28:40 / 881	00:57:37 / 903	01:27:19 / 894	01:42:56 / 878
854	1051	KRUSZEC JACEK	KRAKÓW	POL		63	M40/172	M / 768	02:03:59	02:03:11	5.84	00:27:48 / 784	00:56:12 / 829	01:26:01 / 841	01:42:30 / 861
855	606	NERĆ AGATA	BRODY PARCELE	POL	STRAŻ MIEJSKA WARSZAWA /	85	K18/24	K / 87	02:04:01	02:03:09	5.84	00:28:27 / 861	00:57:13 / 877	01:27:30 / 899	01:42:45 / 874
856	939	DWORAK NORBERT	KRAKÓW	POL		80	M30/300	M / 769	02:04:05	02:03:21	5.85	00:28:01 / 804	00:55:59 / 815	01:26:17 / 855	01:42:32 / 862
857	1198	JAWDYK DARIUSZ	NOWY SĄCZ	POL	GRUPA BIEGOWA SĄDECZANIN /	88	M18/197	M / 770	02:04:06	02:03:39	5.86	00:29:09 / 940	00:58:03 / 931	01:27:08 / 882	01:42:29 / 860
858	1115	SZUMIEC ANDRZEJ	KRAKÓW	POL		61	M50/82	M / 771	02:04:08	02:03:51	5.87	00:30:50 / 1067	01:00:42 / 1024	01:29:46 / 952	01:44:23 / 908
859	509	SENDER ANDRZEJ	WIELICZKA	POL	NIE WIDZĘ PRZESZKÓD /	58	M50/83	M / 772	02:04:13	02:03:59	5.88	00:28:42 / 891	00:57:44 / 912	01:27:16 / 889	01:42:24 / 858
860	911	TUREK MICHAŁ	WSCHOWA	POL		87	M18/198	M / 773	02:04:15	02:03:15	5.84	00:30:53 / 1072	00:59:00 / 971	01:27:09 / 884	01:42:18 / 854
861	525	TICHORUK RAFAŁ	KRAKÓW	POL		78	M30/301	M / 774	02:04:15	02:04:10	5.89	00:24:07 / 362	00:49:39 / 423	01:17:27 / 506	01:34:33 / 603
862	299	BIERNAT DANIEL	NOWY TARG	POL	NIECH MNIE KTOŚ POWSTRZYMA... /	94	M18/199	M / 775	02:04:16	02:03:32	5.86	00:30:13 / 1024	01:00:03 / 1005	01:29:57 / 956	01:45:08 / 927
863	410	SULEJ LESZEK	CHORZÓW	POL	POLSKA BIEGA /	64	M40/173	M / 776	02:04:19	02:03:34	5.86	00:25:46 / 558	00:52:51 / 633	01:23:37 / 750	01:41:06 / 816
864	982	REGUCKI PIOTR	KRAKOW	POL		66	M40/174	M / 777	02:04:20	02:03:49	5.87	00:28:48 / 904	00:57:13 / 875	01:27:16 / 891	01:42:15 / 850
865	81	DYŁĄG MAREK	JAWORZNO	POL	KB MCKIS JAWORZNO /	61	M50/84	M / 778	02:04:30	02:04:05	5.88	00:26:05 / 587	00:53:55 / 673	01:24:45 / 798	01:41:41 / 833
866	794	SZOT JERZY	KRAKÓW	POL	KRAK INVEST RUNNING TEAM /	70	M40/175	M / 779	02:04:35	02:04:14	5.89	00:28:06 / 818	00:56:56 / 864	01:26:48 / 875	01:42:17 / 853
867	850	GUTKOWSKI ŁUKASZ	KRAKÓW	POL	NARKO TEAM /	81	M30/302	M / 780	02:04:37	02:04:33	5.90	00:26:21 / 604	00:55:31 / 778	01:26:04 / 844	01:42:40 / 869
868	1176	BATKO MAGDALENA	KRAKÓW	POL		85	K18/25	K / 88	02:04:39	02:03:57	5.88	00:29:16 / 948	00:58:28 / 947	01:28:39 / 925	01:44:01 / 902
869	1072	SATOŁA AGNIESZKA	KRAKÓW	POL		75	K30/41	K / 89	02:04:42	02:03:59	5.88	00:29:16 / 947	00:58:01 / 928	01:28:14 / 921	01:43:47 / 898
870	816	PIWNIK MAGDALENA	KRAKÓW	POL	AMWAY /	83	K18/26	K / 90	02:04:51	02:03:58	5.88	00:29:27 / 969	00:57:31 / 897	01:28:03 / 915	01:43:47 / 899
871	4055	PILLER PAWEŁ	KRAKÓW	POL	NIEZRZESZONY /	79	M30/303	M / 781	02:04:52	02:03:13	5.84	00:28:29 / 867	00:55:38 / 787	01:26:18 / 856	01:42:41 / 871
872	1175	ROWIŃSKA EWA	KRAKÓW	POL	'WE RUN' /	79	K30/42	K / 91	02:04:58	02:04:02	5.88	00:29:38 / 985	00:58:09 / 939	01:27:31 / 900	01:43:38 / 896
873	4007	SKOŁYSZEWSKI JAKUB	KRAKÓW	POL		92	M18/200	M / 782	02:05:06	02:05:04	5.93	00:29:21 / 955	00:58:54 / 963	01:30:05 / 963	01:45:05 / 921
874	1151	KRAWCZYK JACEK	KRAKÓW	POL	NIEZRZESZONY /	74	M30/304	M / 783	02:05:06	02:04:05	5.88	00:28:37 / 876	00:56:42 / 857	01:25:52 / 832	01:41:57 / 841
875	785	KLACZYŃSKI MICHAŁ	KRAKÓW	POL		85	M18/201	M / 784	02:05:07	02:04:12	5.89	00:29:10 / 944	00:57:18 / 882	01:26:42 / 870	01:42:58 / 880
876	453	GORAJ ADAM	KRAKÓW	POL	XTRI.PL TRIATHLON /	77	M30/305	M / 785	02:05:09	02:04:07	5.88	00:29:50 / 1002	00:57:46 / 914	01:27:19 / 895	01:43:22 / 887
877	264	MASIUK JAKUB	PABIANICE	POL		81	M30/306	M / 786	02:05:24	02:04:40	5.91	00:31:24 / 1103	01:02:07 / 1073	01:31:22 / 989	01:46:06 / 954
878	261	MACINA DARIUSZ	KRAKÓW	POL	MAKING WAVES /	80	M30/307	M / 787	02:05:26	02:04:37	5.91	00:29:55 / 1008	00:58:02 / 930	01:27:18 / 892	01:42:33 / 863
879	483	MILLER PAWEŁ	ŁĄGÓW	POL		84	M18/202	M / 788	02:05:34	02:04:42	5.91	00:29:04 / 933	00:57:51 / 921	01:27:42 / 903	01:43:46 / 897
880	247	JAWOR MACIEJ	NOWY SĄCZ	POL	NIEZRZESZONY /	75	M30/308	M / 789	02:05:35	02:05:02	5.93	00:26:28 / 623	00:54:02 / 684	01:23:42 / 752	01:40:19 / 788

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
881	669	GŁOWIAK GRZEGORZ	KRAKÓW	POL		80	M30/309	M / 790	02:05:36	02:05:01	5.93	00:29:37 / 984	00:58:57 / 967	01:29:00 / 935	01:44:42 / 915
882	1006	BALAŻY PATRYK	KRAKÓW	POL		83	M18/203	M / 791	02:05:38	02:05:01	5.93	00:28:52 / 907	00:57:10 / 872	01:27:22 / 897	01:43:25 / 890
883	1185	JACHNA SZYMON	KRAKÓW	POL	NIEZRZESZONY /	85	M18/204	M / 792	02:05:42	02:05:27	5.95	00:30:15 / 1027	01:00:05 / 1006	01:30:14 / 966	01:45:25 / 939
884	825	BATKOWSKI JERZY	JELENIA GÓRA	POL		86	M18/205	M / 793	02:05:44	02:04:48	5.92	00:29:11 / 945	00:57:19 / 883	01:26:43 / 871	01:42:58 / 881
885	768	SZPAK ŁUKASZ	KRAKÓW	POL		80	M30/310	M / 794	02:05:45	02:04:47	5.92	00:31:26 / 1104	01:01:07 / 1037	01:30:07 / 964	01:45:22 / 935
886	814	PIĄTOŃ PIOTR	WIELICZKA	POL	DISKUS POLSKA /	78	M30/311	M / 795	02:05:48	02:04:54	5.92	00:26:46 / 644	00:55:29 / 777	01:26:27 / 861	01:43:35 / 895
887	821	WIGLUSZ KRZYSZTOF	GAĆ	POL		80	M30/312	M / 796	02:05:54	02:05:28	5.95	00:27:13 / 697	00:55:49 / 806	01:25:33 / 821	01:41:43 / 837
888	742	MAZUR PRZEMYSŁAW	KRAKÓW	POL	PRZEMEKMAZUR.PL /	78	M30/313	M / 797	02:05:56	02:05:43	5.96	00:26:48 / 648	00:54:20 / 698	01:23:22 / 737	01:40:51 / 809
889	460	JANIK PAWEŁ	KRAKÓW	POL		83	M18/206	M / 798	02:05:58	02:05:20	5.94	00:28:45 / 897	00:57:35 / 901	01:28:04 / 917	01:44:02 / 903
890	516	STRZELECKI LESŁAW	KLESZCZÓW/GLIWICPOL	Cegelec Gliwice /		60	M50/85	M / 799	02:05:58	02:05:09	5.93	00:29:48 / 1000	00:59:09 / 977	01:29:40 / 949	01:45:08 / 926
891	486	MROWIEC PIOTR	KRAKÓW	POL		71	M40/176	M / 800	02:05:59	02:05:25	5.95	00:28:03 / 813	00:55:43 / 793	01:24:34 / 786	01:40:54 / 813
892	620	PRAŻMOWSKI MATEUSZ	KOKOTÓW	POL		90	M18/207	M / 801	02:06:00	02:05:50	5.97	00:25:11 / 473	00:54:42 / 723	01:26:57 / 878	01:43:14 / 885
893	716	DYBAŚ JACEK	GORLICE	POL		84	M18/208	M / 802	02:06:04	02:05:14	5.94	00:29:22 / 957	00:58:05 / 934	01:28:14 / 922	01:44:12 / 906
894	474	LIPNICKA BOŻENA ANNA	KRAKÓW	POL		66	K40/19	K / 92	02:06:08	02:05:25	5.95	00:29:25 / 964	00:58:44 / 955	01:29:50 / 954	01:45:16 / 932
895	932	BOROWIECKI ŁUKASZ	KRAKÓW	POL		89	M18/209	M / 803	02:06:11	02:05:20	5.94	00:27:03 / 675	00:54:24 / 704	01:23:45 / 758	01:42:05 / 845
896	668	FRANCUZIAK TOMASZ	KRAKÓW	POL		75	M30/314	M / 804	02:06:15	02:05:40	5.96	00:29:20 / 953	01:00:06 / 1008	01:32:39 / 1009	01:47:39 / 975
897	336	JAMKA MAREK	KRAKÓW	POL		79	M30/315	M / 805	02:06:18	02:05:21	5.94	00:29:47 / 995	00:59:01 / 974	01:29:58 / 957	01:45:28 / 942
898	4058	PLONKA PIOTR	KRAKÓW	POL		78	M30/316	M / 806	02:06:20	02:05:24	5.94	00:27:36 / 751	00:54:44 / 728	01:25:44 / 827	01:42:36 / 866
899	798	WOJTASZEWSKI MACIEJ	KĘTY	POL		79	M30/317	M / 807	02:06:21	02:06:16	5.99	00:25:04 / 458	00:51:59 / 576	01:22:33 / 691	01:40:45 / 807
900	403	RAMUT RYSZARD	KRAKÓW	POL		59	M50/86	M / 808	02:06:22	02:05:31	5.95	00:28:22 / 850	00:56:26 / 839	01:26:06 / 847	01:42:48 / 875
901	1124	WILCZEK TOMASZ	KRAKÓW	POL	NIEZRZESZONY /	91	M18/210	M / 809	02:06:25	02:06:12	5.98	00:25:02 / 453	00:50:11 / 465	01:17:43 / 518	01:33:17 / 565
902	409	STASZCZAK TOMASZ	KRAKÓW	POL		69	M40/177	M / 810	02:06:28	02:05:55	5.97	00:27:27 / 726	00:54:52 / 739	01:24:42 / 797	01:42:02 / 843
903	1001	ZALEWSKI KAMIL	KRAKÓW	POL	CISCO KRAKOW RUNNING CLUB /	83	M18/211	M / 811	02:06:28	02:05:50	5.96	00:29:25 / 966	00:58:08 / 938	01:28:14 / 923	01:44:09 / 905
904	933	BOROWIECKI PIOTR	KRAKÓW	POL		64	M40/178	M / 812	02:06:32	02:05:41	5.96	00:27:07 / 682	00:54:58 / 747	01:27:10 / 885	01:43:25 / 889
905	703	TEKIELA TADEUSZ	KRAKÓW	POL	HUTNIK KRAKÓW /	57	M50/87	M / 813	02:06:32	02:05:57	5.97	00:29:20 / 951	00:58:55 / 965	01:30:08 / 965	01:45:24 / 938
906	663	CWIERTNIAK RYSZARD	KRAKÓW	POL	N7.45 /	64	M40/179	M / 814	02:06:40	02:06:17	5.99	00:27:01 / 673	00:54:20 / 699	01:24:32 / 784	01:41:41 / 835
907	993	TARKOWSKA JUSTYNA	KRAKÓW	POL	KRAKOWSKI KLUB MORSÓW 'KALORYFER' /	87	K18/27	K / 93	02:06:44	02:05:50	5.96	00:30:40 / 1058	00:59:46 / 997	01:29:59 / 958	01:45:56 / 948
908	393	PIÓRO JERZY	KIELCE	POL	NIEZRZESZONY /	61	M50/88	M / 815	02:06:45	02:06:20	5.99	00:28:48 / 903	00:57:16 / 880	01:27:01 / 879	01:43:12 / 884
909	326	GÓRNIK WOJCIECH	KRAKÓW	POL	CZTERY LITERY /	77	M30/318	M / 816	02:06:50	02:06:40	6.00	00:26:11 / 596	00:54:46 / 732	01:25:19 / 818	01:42:34 / 864
910	323	GNIADKOWSKI PAWEŁ	KRAKÓW	POL		85	M18/212	M / 817	02:06:55	02:05:51	5.97	00:28:24 / 853	00:56:15 / 830	01:27:38 / 902	01:45:08 / 925
911	992	TARKOWSKA JADWIGA	KRAKÓW	POL	KRAKOWSKI KLUB MORSÓW 'KALORYFER' /	59	K50/5	K / 94	02:07:03	02:06:27	5.99	00:28:51 / 906	00:58:05 / 933	01:28:59 / 934	01:45:18 / 933
912	838	DZIULA KATARZYNA	BIELSKO - BIAŁA	POL	KIJ FM /	81	K30/43	K / 95	02:07:06	02:06:13	5.98	00:30:21 / 1039	00:59:12 / 980	01:29:16 / 941	01:45:15 / 930
913	231	CIURASZKIEWICZ MATEUSZ	KRAKÓW	POL	STATE STREET POLAND /	86	M18/213	M / 818	02:07:08	02:06:10	5.98	00:29:38 / 986	00:58:10 / 941	01:27:18 / 893	01:43:11 / 882
914	439	BOCHENEK MARIA	SKOCZÓW	POL	LKS - POGÓRZE /	65	K40/20	K / 96	02:07:10	02:06:43	6.01	00:27:35 / 750	00:58:23 / 945	01:30:27 / 970	01:46:42 / 961
915	638	STOPA GRZEGORZ	KRAKÓW	POL		86	M18/214	M / 819	02:07:17	02:06:26	5.99	00:29:39 / 988	00:58:47 / 957	01:28:50 / 930	01:45:06 / 922
916	1058	ORZEL KRZYSZTOF	KRAKÓW	POL		60	M50/89	M / 820	02:07:22	02:06:27	5.99	00:28:12 / 830	00:57:09 / 870	01:27:15 / 888	01:44:17 / 907
917	950	HOLIK MONIKA	BRZESKO	POL	BKB VICTORIA BRZESKO /	73	K30/44	K / 97	02:07:22	02:07:04	6.02	00:29:10 / 942	00:58:49 / 958	01:29:55 / 955	01:45:32 / 944
918	168	WILK KRZYSZTOF	KRAKÓW	POL		86	M18/215	M / 821	02:07:23	02:06:23	5.99	00:30:50 / 1066	01:00:47 / 1028	01:30:54 / 982	01:45:14 / 929



Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[min/km]	5km	10km	15km	19km	
919	86	GULA ANNA	KRAKÓW	POL		94	K18/28	K / 98	02:07:26	02:07:07	6.03	00:24:01 / 351	00:50:27 / 482	01:25:56 / 835	01:44:26 / 909
920	109	SUŁKOWSKA MAGDALENA	KRAKÓW	POL		79	K30/45	K / 99	02:07:30	02:07:00	6.02	00:28:38 / 878	00:57:40 / 908	01:29:13 / 940	01:45:23 / 936
921	569	GRABOWSKA KRYSZYNA	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	62	K50/6	K / 100	02:07:31	02:06:58	6.02	00:29:34 / 981	00:59:00 / 972	01:29:39 / 948	01:45:51 / 947
922	521	SZUBERT MICHAŁ	ZABIERZÓW	POL		79	M30/319	M / 822	02:07:33	02:06:47	6.01	00:28:26 / 860	00:56:43 / 858	01:27:01 / 880	01:44:00 / 901
923	496	PETASZKO JOANNA	MRAĞOWO	POL		77	K30/46	K / 101	02:07:35	02:07:08	6.03	00:28:24 / 854	00:58:46 / 956	01:29:45 / 951	01:45:34 / 945
924	1112	SROKA ZBIGNIEW	SKRZYSZÓW	POL		69	M40/180	M / 823	02:07:38	02:07:09	6.03	00:27:28 / 727	00:54:52 / 738	01:24:33 / 785	01:41:12 / 820
925	808	LES ZBIGNIEW	ZIELONKI	POL	GIMME20 /	77	M30/320	M / 824	02:07:38	02:06:53	6.01	00:28:56 / 914	00:58:08 / 937	01:28:00 / 910	01:44:34 / 913
926	339	KAMIENIARZ JAN	KRAKÓW	POL	BIEGAM BO LUBIĘ KRAKÓW /	54	M50/90	M / 825	02:07:46	02:07:16	6.03	00:29:23 / 960	00:58:49 / 959	01:28:57 / 932	01:46:06 / 953
927	765	SROCZYŃSKI MICHAŁ	KRAKÓW	POL		90	M18/216	M / 826	02:07:48	02:06:50	6.01	00:31:57 / 1129	01:01:42 / 1060	01:30:02 / 960	01:44:55 / 919
928	881	NOWAKOWSKI PAWEŁ	KRAKÓW	POL	NIEZRZESZONY /	73	M30/321	M / 827	02:07:54	02:07:30	6.04	00:28:15 / 835	00:57:25 / 891	01:28:13 / 920	01:44:49 / 916
929	673	KALIŃSKA SYLWIA	KRAKÓW	POL		83	K18/29	K / 102	02:08:04	02:07:53	6.06	00:31:01 / 1076	01:02:51 / 1091	01:35:23 / 1060	01:49:10 / 1002
930	513	SOŚNIAK SEBASTIAN	NAMYSŁÓW	POL		75	M30/322	M / 828	02:08:04	02:07:33	6.05	00:27:45 / 774	00:56:44 / 860	01:27:48 / 905	01:44:34 / 912
931	4014	ROMAŃSKA MARTA	KRAKÓW	POL		70	K40/21	K / 103	02:08:13	02:07:21	6.04	00:29:03 / 930	00:57:43 / 910	01:28:44 / 928	01:45:20 / 934
932	833	CIAPAŁA SZYMON	KRAKÓW	POL	KOŁO PRZEWODNIKÓW TATRZAŃSKICH IM. MACIEJA SIECZKI /	71	M40/181	M / 829	02:08:17	02:07:53	6.06	00:27:49 / 787	00:56:29 / 844	01:28:01 / 911	01:44:50 / 918
933	811	MIERZWA MACIEJ	ŁAKTA DOLNA	POL	ŚCIANA TRZCIANA /	67	M40/182	M / 830	02:08:19	02:07:53	6.06	00:27:51 / 795	00:56:29 / 843	01:28:02 / 914	01:44:50 / 917
934	941	DZIEDZIC KAZIMIERZ	ŁAPANÓW	POL		56	M50/91	M / 831	02:08:23	02:08:07	6.07	00:25:38 / 539	00:54:41 / 721	01:27:52 / 907	01:45:16 / 931
935	127	FARON AGNIESZKA	KRAKÓW	POL	ZGAGAA1 /	82	K30/47	K / 104	02:08:23	02:07:36	6.05	00:28:43 / 892	00:56:53 / 862	01:27:26 / 898	01:44:37 / 914
936	740	MADEJ MIROSLAW	KRAKÓW	POL		64	M40/183	M / 832	02:08:30	02:07:25	6.04	00:30:52 / 1071	00:59:21 / 982	01:29:49 / 953	01:46:04 / 952
937	601	MISZCZYŃSKI DAMIAN	KRAKÓW	POL	UJ /	91	M18/217	M / 833	02:08:31	02:07:59	6.07	00:28:03 / 811	00:56:04 / 821	01:25:34 / 823	01:42:42 / 872
938	947	GORAJ LUKASZ	ZADROŻE	POL		84	M18/218	M / 834	02:08:31	02:07:52	6.06	00:27:50 / 791	00:53:57 / 676	01:24:02 / 768	01:42:39 / 868
939	919	WOJTASIŃSKA JOANNA	KRAKÓW	POL	NIEZRZESZONY /	74	K30/48	K / 105	02:08:34	02:08:03	6.07	00:27:51 / 797	00:57:25 / 890	01:29:29 / 944	01:46:00 / 949
940	616	PIETRZYK ALEKSANDRA	KRAKÓW	POL	BIEGAM BO LUBIĘ KRAKÓW /	74	K30/49	K / 106	02:08:40	02:07:41	6.05	00:30:38 / 1056	01:01:34 / 1055	01:31:42 / 999	01:47:25 / 971
941	706	WRÓBLEWSKI ROBERT	KRAKÓW	POL	NIEZRZESZONY /	72	M40/184	M / 835	02:08:45	02:07:52	6.06	00:30:27 / 1043	01:00:15 / 1014	01:30:29 / 973	01:46:45 / 964
942	360	KULPA TOMASZ	WOŁOWICE	POL		81	M30/323	M / 836	02:08:48	02:08:31	6.09	00:27:08 / 686	00:55:04 / 754	01:24:49 / 801	01:43:23 / 888
943	787	MALINOWSKI KRZYSZTOF	TRZEMEŚNIA	POL		85	M18/219	M / 837	02:08:49	02:07:53	6.06	00:31:03 / 1079	01:01:45 / 1062	01:33:22 / 1028	01:49:09 / 1001
944	94	KRÓL PIOTR	ZABIERZÓW	POL	NIEZRZESZONY /	79	M30/324	M / 838	02:09:04	02:08:07	6.07	00:29:47 / 996	00:59:03 / 975	01:30:01 / 959	01:46:21 / 957
945	1022	DANIEC WOJCIECH	KRAKÓW	POL		87	M18/220	M / 839	02:09:07	02:08:37	6.10	00:27:05 / 679	00:54:46 / 731	01:25:17 / 817	01:42:52 / 877
946	920	WÓJCIK ANDRZEJ	KRAKÓW	POL		62	M50/92	M / 840	02:09:14	02:08:23	6.09	00:29:22 / 956	00:59:03 / 976	01:30:33 / 975	01:46:52 / 966
947	851	GWÓZDŹ ARTUR	LIBIĄŻ	POL		71	M40/185	M / 841	02:09:18	02:08:31	6.09	00:28:44 / 896	00:56:35 / 852	01:26:36 / 865	01:43:30 / 893
948	1034	GOGOLA LUKASZ	GORLICE	POL		86	M18/221	M / 842	02:09:25	02:08:29	6.09	00:31:28 / 1109	01:01:24 / 1048	01:31:00 / 983	01:46:46 / 965
949	1091	GIERCZAK PATRYK	KRAKÓW	POL	AMATOR /	83	M18/222	M / 843	02:09:29	02:09:16	6.13	00:28:41 / 885	00:58:31 / 949	01:30:04 / 961	01:46:44 / 963
950	1177	KITA STANISŁAW	JADOWNIKI	POL	BKB VICTORIA BRZESKO /	39	M70/4	M / 844	02:09:32	02:08:30	6.09	00:32:11 / 1136	01:02:18 / 1081	01:32:40 / 1010	01:48:29 / 983
951	4035	DROJECKI MAREK	KRAKÓW	POL		82	M30/325	M / 845	02:09:38	02:09:01	6.12	00:30:17 / 1032	01:00:01 / 1004	01:30:25 / 969	01:46:24 / 959
952	1120	ZWONEK PIOTR	KRAKÓW	POL	EXROWEROWANIE.PL KRAKÓW /	67	M40/186	M / 846	02:09:44	02:08:36	6.10	00:30:29 / 1045	00:59:51 / 999	01:30:51 / 980	01:47:46 / 977
953	96	LATAŁA DOMINIK	PROSZOWICE	POL		76	M30/326	M / 847	02:09:48	02:08:58	6.11	00:28:53 / 910	00:57:47 / 917	01:28:58 / 933	01:45:39 / 946
954	895	PRUDŁO ANNA	SIEMIANOWICE	POL		82	K30/50	K / 107	02:09:49	02:09:20	6.13	00:30:13 / 1025	01:01:37 / 1057	01:33:34 / 1032	01:49:03 / 998
955	946	GONDEK KRZYSZTOF	PRZECLAW	POL		78	M30/327	M / 848	02:09:50	02:09:16	6.13	00:29:35 / 982	00:59:01 / 973	01:29:17 / 942	01:45:24 / 937
956	839	FLAGA IWONA	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	77	K30/51	K / 108	02:09:50	02:09:22	6.13	00:30:13 / 1022	01:01:35 / 1056	01:33:34 / 1031	01:49:03 / 997

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
957	689	PILCH MARLENA	KRAKÓW	POL	BIEGAM BO LUBIĘ KRAKÓW /	83	K18/30	K / 109	02:09:53	02:09:21	6.13	00:30:16 / 1030	01:01:01 / 1035	01:32:44 / 1015	01:48:51 / 991
958	376	MARKOWICZ PAWEŁ	TARNÓW	POL	SOKÓŁ TARNÓW /	59	M50/93	M / 849	02:10:02	02:09:54	6.16	00:25:34 / 527	00:54:13 / 694	01:26:45 / 873	01:45:07 / 924
959	133	GROCH SZYMON	KRAKÓW	POL	'WE RUN' /	83	M18/223	M / 850	02:10:02	02:09:25	6.13	00:27:54 / 798	00:56:15 / 831	01:26:21 / 859	01:42:40 / 870
960	4045	ZAWODNIK DO UZUP						M / 851	02:10:11	02:09:47	6.15	00:27:41 / 761	00:55:50 / 809	01:26:26 / 860	01:44:31 / 911
961	1165	SLONIEWSKI JĘDRZEJ	KRAKÓW	POL		97	M18/224	M / 852	02:10:16	02:10:10	6.17	00:25:35 / 532	00:54:27 / 710	01:26:43 / 872	01:45:00 / 920
962	766	SZAJDA ADAM	TARNOBRZEG	POL	WITAR-TARNOBRZEG /	46	M60/17	M / 853	02:10:22	02:09:33	6.14	00:30:23 / 1041	01:00:19 / 1015	01:31:36 / 993	01:47:43 / 976
963	566	GORAYSKA BARBARA	KRAKÓW	POL		71	K40/22	K / 110	02:10:26	02:09:45	6.15	00:29:39 / 991	00:59:38 / 991	01:31:25 / 990	01:47:48 / 978
964	11	DANIELAK MAŁGORZATA	ZIELONKI	POL	DYSTANS KRAKÓW /	69	K40/23	K / 111	02:10:34	02:09:54	6.16	00:29:55 / 1005	00:59:48 / 998	01:31:08 / 985	01:48:09 / 980
965	4054	ZOŃ ROMAN	KRAKÓW	POL		82	M30/328	M / 854	02:10:34	02:10:17	6.18	00:30:37 / 1054	00:59:59 / 1003	01:31:08 / 986	01:48:10 / 981
966	1000	OBSTARCZYK ANDRZEJ	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM /	57	M50/94	M / 855	02:10:36	02:09:45	6.15	00:30:06 / 1018	00:59:22 / 983	01:30:37 / 977	01:47:39 / 974
967	1158	MUCHA GRZEGORZ	KRAKÓW	POL		80	M30/329	M / 856	02:11:00	02:10:24	6.18	00:29:10 / 943	00:57:52 / 922	01:29:39 / 947	01:46:07 / 955
968	645	WACHULEC EWELINA	KRAKÓW	POL	UPM RUNNING TEAM /	80	K30/52	K / 112	02:11:03	02:11:03	6.21	00:29:38 / 987	01:01:17 / 1039	01:33:59 / 1043	01:49:57 / 1020
969	1191	JUSZCZAK BOGDAN	KRAKÓW	POL	MAKING WAVES /	83	M18/225	M / 857	02:11:04	02:10:17	6.18	00:30:01 / 1016	00:59:35 / 989	01:30:16 / 967	01:47:10 / 968
970	772	WIATR STANISŁAW	DĄBROWA	POL	DARPOL /	52	M60/18	M / 858	02:11:07	02:10:35	6.19	00:30:13 / 1023	01:01:34 / 1053	01:32:44 / 1014	01:49:02 / 996
971	666	ĆWIKŁO JAKUB	KRAKÓW	POL	NIEZRZESZONY /	78	M30/330	M / 859	02:11:09	02:10:26	6.18	00:28:02 / 805	00:56:05 / 822	01:26:10 / 850	01:43:53 / 900
972	4008	GOCZAŁ DAMIAN	KRAKÓW	POL		77	M30/331	M / 860	02:11:10	02:10:26	6.18	00:28:55 / 913	00:58:03 / 932	01:29:39 / 946	01:47:20 / 969
973	370	MAJKRZAK MARIUSZ	SUCHA BESKIDZKA	POL	POLNI SUCHA BESKIDZKA /	76	M30/332	M / 861	02:11:11	02:10:54	6.21	00:26:46 / 643	00:57:24 / 887	01:29:01 / 936	01:46:00 / 950
974	7	ŻYŁA PAWEŁ	MOGILANY	POL		63	M40/187	M / 862	02:11:13	02:11:12	6.22	00:27:08 / 684	00:57:00 / 866	01:29:12 / 939	01:47:22 / 970
975	21	CEBRA BOŻENA	KRAKÓW	POL	NIEZRZESZONY /	76	K30/53	K / 113	02:11:19	02:10:40	6.19	00:31:07 / 1083	01:01:18 / 1040	01:33:09 / 1026	01:49:18 / 1005
976	17	BERNASIK GRZEGORZ	KRAKOW	POL	RADIO KRAKOW /	66	M40/188	M / 863	02:11:39	02:10:37	6.19	00:31:27 / 1106	01:02:05 / 1071	01:33:24 / 1030	01:49:37 / 1012
977	420	TRYKACZ IZABELA	RADZYŃ PODLASKI	POL		83	K18/31	K / 114	02:11:41	02:10:50	6.20	00:28:16 / 838	00:58:02 / 929	01:29:18 / 943	01:46:03 / 951
978	48	GIŁOWSKI MICHAŁ	KRAKOW			71	M40/189	M / 864	02:11:41	02:11:01	6.21	00:32:09 / 1135	01:02:45 / 1087	01:34:18 / 1050	01:50:37 / 1033
979	1077	STĘPKOWSKA EDYTA	KRAKÓW	POL		78	K30/54	K / 115	02:11:46	02:11:13	6.22	00:28:56 / 915	00:59:46 / 996	01:31:39 / 996	01:48:35 / 984
980	764	SROCZYŃSKI JAROSŁAW	KRAKÓW	POL		57	M50/95	M / 865	02:11:46	02:10:48	6.20	00:31:56 / 1127	01:02:10 / 1075	01:32:55 / 1020	01:49:14 / 1003
981	1046	JURCZAK MARCIN	KRAKÓW	POL		82	M30/333	M / 866	02:12:05	02:11:15	6.22	00:31:13 / 1090	01:01:21 / 1044	01:32:50 / 1018	01:49:04 / 999
982	33	ŻABIŃSKA KATARZYNA	USTROŃ	POL		74	K30/55	K / 116	02:12:06	02:11:05	6.21	00:31:46 / 1120	01:01:50 / 1065	01:33:07 / 1024	01:49:44 / 1015
983	896	RICOUR PATRICE	KRAKÓW	POL		69	M40/190	M / 867	02:12:09	02:11:52	6.25	00:29:13 / 946	01:00:47 / 1027	01:33:48 / 1036	01:50:34 / 1031
984	613	PACLAWSKI PAWEŁ	TRZEBINIA PSARY	POL		79	M30/334	M / 868	02:12:12	02:11:51	6.25	00:28:29 / 866	00:57:20 / 885	01:28:30 / 924	01:46:23 / 958
985	280	REED KAROLINA	KRAKOW	POL	STATE STREET POLAND /	83	K18/32	K / 117	02:12:13	02:11:34	6.24	00:29:10 / 941	00:58:54 / 961	01:31:01 / 984	01:47:54 / 979
986	936	DĘBOSZ MACIEJ	KRAKÓW	POL	NIEZRZESZONY /	73	M30/335	M / 869	02:12:16	02:11:19	6.22	00:28:38 / 879	00:57:28 / 894	01:28:54 / 931	01:46:44 / 962
987	998	WOŹNIAK ANDRZEJ	KRAKÓW	POL		75	M30/336	M / 870	02:12:27	02:11:45	6.25	00:29:06 / 936	00:58:29 / 948	01:30:28 / 971	01:48:38 / 985
988	313	FLOREK MICHAŁ	KRAKÓW	POL	JW2771 /	84	M18/226	M / 871	02:12:29	02:11:56	6.25	00:31:47 / 1121	01:04:19 / 1117	01:36:25 / 1085	01:52:10 / 1045
989	862	KOSZELNIK GRZEGORZ	KRAKÓW	POL		83	M18/227	M / 872	02:12:32	02:11:38	6.24	00:29:28 / 971	00:57:53 / 926	01:28:03 / 916	01:45:07 / 923
990	1049	KOCWA ŁUKASZ	KRAKÓW	POL		77	M30/337	M / 873	02:12:32	02:11:51	6.25	00:29:29 / 972	00:57:43 / 909	01:27:57 / 909	01:45:13 / 928
991	206	RYBSKI MARCIN	KRAKÓW	POL	CAŁA RYBA BIEGA Z POLSKĄ /	77	M30/338	M / 874	02:12:33	02:11:51	6.25	00:29:39 / 989	00:59:42 / 994	01:31:56 / 1000	01:48:54 / 992
992	1122	CHMIELEWSKA MONIKA	KRAKÓW	POL	NIE WIDZĘ PRZESZKÓD /	72	K40/24	K / 118	02:12:34	02:12:20	6.27	00:29:24 / 962	00:59:42 / 995	01:31:41 / 998	01:48:49 / 988
993	561	DYDO AGNIESZKA	KRAKÓW	POL		88	K18/33	K / 119	02:12:38	02:12:30	6.28	00:27:27 / 724	00:57:20 / 884	01:30:42 / 978	01:48:48 / 987
994	388	OLÓWEK KATARZYNA	KRAKÓW	POL		76	K30/56	K / 120	02:12:45	02:11:58	6.26	00:31:30 / 1113	01:03:08 / 1105	01:35:45 / 1067	01:51:58 / 1040
995	803	CZAJKOWSKA AGNIESZKA	KRAKÓW	POL		73	K30/57	K / 121	02:12:47	02:12:03	6.26	00:30:17 / 1031	01:00:51 / 1030	01:33:06 / 1023	01:49:35 / 1010
996	479	MAZIAREK ŁUKASZ	KRAKÓW	POL		79	M30/339	M / 875	02:12:49	02:12:21	6.27	00:31:00 / 1075	01:01:25 / 1049	01:32:48 / 1017	01:49:32 / 1007

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
997	873	MARCZYK EDYTA	KRAKÓW	POL		77	K30/58	K / 122	02:12:49	02:12:03	6.26	00:31:28 / 1110	01:03:06 / 1104	01:35:46 / 1068	01:51:58 / 1041
998	193	LOSTER FILIP	KRAKÓW	POL	NIEZRZESZONY /	93	M18/228	M / 876	02:12:58	02:12:15	6.27	00:29:06 / 938	00:56:11 / 828	01:26:11 / 851	01:44:04 / 904
999	524	TAVERA-KONOPEK CARMEN	KRAKÓW	POL		80	K30/59	K / 123	02:13:00	02:12:11	6.27	00:30:49 / 1063	01:02:13 / 1077	01:33:39 / 1034	01:50:11 / 1024
1000	53	KONOPEK PIOTR	KRAKÓW	POL		79	M30/340	M / 877	02:13:00	02:12:10	6.27	00:30:52 / 1070	01:02:31 / 1084	01:33:39 / 1033	01:50:12 / 1025
1001	1035	GOLDYŃ AGATA	KRAKÓW	POL		82	K30/60	K / 124	02:13:01	02:12:51	6.30	00:31:03 / 1078	01:02:54 / 1095	01:35:24 / 1061	01:51:12 / 1034
1002	1050	KRAUS JAN	KRAKÓW	POL	ULTRARUN /	83	M18/229	M / 878	02:13:17	02:12:20	6.27	00:31:05 / 1080	01:01:45 / 1063	01:33:22 / 1029	01:49:42 / 1014
1003	65	WILK EWA	KRAKÓW	POL		82	K30/61	K / 125	02:13:21	02:12:49	6.30	00:29:25 / 967	00:59:37 / 990	01:32:47 / 1016	01:49:50 / 1018
1004	276	PRZYBYSZEWSKI HUBERT	KAZIMIERZA WIELKA	POL	KRAKOWSKI KLUB MORSKA 'KALORYFER' /	82	M30/341	M / 879	02:13:31	02:12:58	6.30	00:28:08 / 825	00:56:22 / 834	01:26:53 / 876	01:46:41 / 960
1005	687	PIETRUSZKA JÓZEF	RUDAWA	POL	RUDAWA TEAM /	62	M50/96	M / 880	02:13:33	02:12:36	6.29	00:29:04 / 932	00:58:27 / 946	01:30:04 / 962	01:47:07 / 967
1006	315	FRITZ SŁAWOMIR	KRAKÓW	POL	PUBLISHING SCHOOL CYCLING TEAM /	69	M40/191	M / 881	02:13:36	02:13:35	6.33	00:26:39 / 632	00:55:45 / 796	01:28:42 / 927	01:47:39 / 973
1007	674	KANIUCH ALICJA	KRAKÓW	POL		78	K30/62	K / 126	02:13:42	02:13:07	6.31	00:29:21 / 954	01:00:05 / 1007	01:32:41 / 1013	01:49:35 / 1009
1008	194	ŁUSZCZYŃSKA BEATA	KROSNO	POL	NIEZRZESZONY /	62	K50/7	K / 127	02:13:52	02:13:16	6.32	00:28:21 / 846	00:58:42 / 953	01:31:36 / 992	01:49:01 / 995
1009	195	ŁUSZCZYŃSKI JANUSZ	KROSNO	POL	NIEZRZESZONY /	61	M50/97	M / 882	02:13:52	02:13:17	6.32	00:28:22 / 851	00:58:43 / 954	01:31:35 / 991	01:49:00 / 994
1010	40	LENDPAWEŁ	KRAKÓW	POL		73	M30/342	M / 883	02:14:06	02:13:09	6.31	00:30:48 / 1062	01:00:53 / 1032	01:32:54 / 1019	01:49:52 / 1019
1011	751	PIOTROWSKI JAN	KRAKÓW	POL		63	M40/192	M / 884	02:14:07	02:13:21	6.32	00:30:05 / 1017	01:00:24 / 1016	01:31:56 / 1001	01:48:41 / 986
1012	671	GUTKOWSKI TOMASZ	RADOM	POL	NARKO-TEAM /	79	M30/343	M / 885	02:14:17	02:14:13	6.36	00:27:08 / 683	00:57:05 / 867	01:30:29 / 972	01:49:29 / 1006
1013	153	PAWLAK JANUSZ	KRAKÓW	POL	NIEZRZESZONY /	58	M50/98	M / 886	02:14:18	02:13:38	6.33	00:28:05 / 816	00:58:13 / 942	01:31:59 / 1002	01:49:16 / 1004
1014	4041	OBSZARNY AUGUSTYN	KRAKÓW	POL		34	M70/5	M / 887	02:14:20	02:13:07	6.31	00:31:13 / 1089	01:01:21 / 1045	01:33:51 / 1039	01:50:24 / 1028
1015	4036	KARPIŃSKI ZDZISŁAW	KRAKÓW	POL	WITAR-TARNOBRZEG /	42	M70/6	M / 888	02:14:28	02:13:33	6.33	00:32:45 / 1143	01:02:53 / 1094	01:33:51 / 1040	01:50:27 / 1030
1016	161	STĘPIEŃ MAREK	BRZESKO	POL	BKB VICTORIA BRZESKO /	61	M50/99	M / 889	02:14:34	02:14:00	6.35	00:28:29 / 865	00:58:53 / 960	01:33:59 / 1042	01:52:26 / 1048
1017	143	KOWALIK AGNIESZKA	KRAKÓW	POL		83	K18/34	K / 128	02:14:35	02:13:48	6.34	00:28:04 / 814	01:00:06 / 1010	01:33:04 / 1022	01:50:19 / 1026
1018	295	BANAŚ JOANNA	KRAKÓW	POL		66	K40/25	K / 129	02:14:38	02:13:46	6.34	00:31:31 / 1114	01:03:05 / 1102	01:35:46 / 1070	01:52:46 / 1051
1019	914	WESEŁAK PAWEŁ	PRZEWORSK	POL		78	M30/344	M / 890	02:14:44	02:14:26	6.37	00:30:22 / 1040	01:00:48 / 1029	01:32:56 / 1021	01:49:48 / 1016
1020	549	BUDNY WIESŁAW	KRAKÓW	POL	BIEGAM BO LUBIĘ KRAKÓW /	67	M40/193	M / 891	02:14:46	02:14:16	6.36	00:28:04 / 815	00:59:33 / 987	01:33:08 / 1025	01:50:34 / 1032
1021	207	SARATA JAKUB	SZCZAWNICA	POL		90	M18/230	M / 892	02:14:53	02:14:36	6.38	00:27:21 / 711	00:55:32 / 779	01:25:16 / 815	01:43:33 / 894
1022	55	MASŁOŃ SEBASTIAN	KRAKÓW	POL		80	M30/345	M / 893	02:15:18	02:14:25	6.37	00:30:14 / 1026	00:59:11 / 979	01:31:41 / 997	01:49:50 / 1017
1023	232	CZERNER KRZYSZTOF	KRAKÓW	POL	STATE STREET POLAND /	86	M18/231	M / 894	02:15:21	02:14:41	6.38	00:31:38 / 1115	01:01:40 / 1059	01:32:41 / 1012	01:49:34 / 1008
1024	423	WALA KRZYSZTOF	STRYSZAWA	POL	WALAGLOB /	70	M40/194	M / 895	02:15:23	02:15:06	6.40	00:26:55 / 664	00:57:50 / 920	01:31:36 / 994	01:49:42 / 1013
1025	1036	GORAJ IRENEUSZ	KRAKÓW	POL	NIE WIDZĘ PRZESZKÓD /	65	M40/195	M / 896	02:15:37	02:15:20	6.42	00:30:20 / 1036	01:01:31 / 1050	01:34:14 / 1048	01:51:42 / 1038
1026	643	TOKARZ JERZY	KRAKÓW	POL	BIEGAM BO LUBIĘ /	59	M50/100	M / 897	02:15:42	02:15:05	6.40	00:29:31 / 977	01:00:15 / 1013	01:32:34 / 1006	01:50:05 / 1021
1027	957	KORTA SEBASTIAN	KRAKÓW	POL		76	M30/346	M / 898	02:15:53	02:14:53	6.39	00:29:33 / 978	00:59:14 / 981	01:32:22 / 1005	01:50:26 / 1029
1028	863	KOWALIK SŁAWOMIR	NAWOJOWA	POL	WB /	71	M40/196	M / 899	02:15:56	02:15:38	6.43	00:30:21 / 1037	01:02:13 / 1078	01:36:08 / 1079	01:53:51 / 1063
1029	4042	ROSA JACEK	KRAKÓW	POL		66	M40/197	M / 900	02:16:04	02:15:55	6.44	00:28:02 / 807	00:57:09 / 871	01:29:37 / 945	01:48:51 / 990
1030	636	STAROSTKA ANDRZEJ	KĘDZIERZYN-KOŹŁEPOL	POL	KĘDZIERZYN-KOŹŁE /	48	M60/19	M / 901	02:16:06	02:15:26	6.42	00:30:34 / 1049	01:01:22 / 1046	01:34:17 / 1049	01:52:05 / 1043
1031	1065	PISARIK MAREK	KRAKÓW	POL	KRAK INVEST RUNNING TEAM /	69	M40/198	M / 902	02:16:13	02:15:51	6.44	00:25:03 / 455	00:52:37 / 623	01:26:40 / 868	01:45:31 / 943
1032	822	WILK GRZEGORZ	KRAKÓW	POL	NIEZRZESZONY /	85	M18/232	M / 903	02:16:13	02:15:36	6.43	00:25:29 / 512	00:55:36 / 785	01:29:09 / 938	01:47:28 / 972
1033	1012	BŁAŻEJOWSKI KONRAD	KRAKÓ	POL		82	M30/347	M / 904	02:16:27	02:15:51	6.44	00:27:29 / 730	00:57:52 / 925	01:32:13 / 1003	01:50:20 / 1027
1034	1140	ROMANOWSKI DANIEL	SŁAWA	POL	NIEZRZESZONY /	77	M30/348	M / 905	02:16:31	02:15:29	6.42	00:27:23 / 716	00:58:21 / 944	01:34:05 / 1045	01:52:47 / 1052

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
1035	1078	STOMA TOMASZ	KRAKÓW	POL	UPM RUNNING TEAM /	80	M30/349	M / 906	02:16:51	02:16:45	6.48	00:29:39 / 990	01:01:19 / 1042	01:34:00 / 1044	01:51:18 / 1035
1036	1069	RACULT PIOTR	KRAKÓW	POL	RAMATECH /	86	M18/233	M / 907	02:16:52	02:16:01	6.45	00:29:59 / 1014	00:58:35 / 950	01:31:12 / 988	01:49:36 / 1011
1037	894	PRAŻMOWSKI MARCIN	KRAKÓW	POL	NIE ZRZESZONY /	76	M30/350	M / 908	02:16:54	02:16:14	6.46	00:31:14 / 1094	01:02:59 / 1099	01:35:45 / 1066	01:53:09 / 1055
1038	893	PRAŻMOWSKA ANNA	WIELICZKA	POL	NIE ZRZESZONY /	79	K30/63	K / 130	02:16:54	02:16:14	6.46	00:31:17 / 1096	01:02:57 / 1098	01:35:44 / 1065	01:53:10 / 1056
1039	4027	MYDŁO ANDRZEJ	KRAKÓW	POL		72	M40/199	M / 909	02:17:01	02:16:06	6.45	00:31:24 / 1101	01:03:06 / 1103	01:36:03 / 1077	01:53:40 / 1060
1040	534	WŁOSKOWICZ JOANNA	KRAKÓW	POL	AZS AWF KRAKÓW MASTERS /	79	K30/64	K / 131	02:17:06	02:16:40	6.48	00:29:56 / 1010	01:00:34 / 1018	01:33:56 / 1041	01:52:13 / 1046
1041	749	PALUCH SŁAWOMIR	KRAKÓW	POL	NOWA HUTA TEAM /	88	M18/234	M / 910	02:17:09	02:16:39	6.48	00:27:54 / 799	00:57:34 / 900	01:29:09 / 937	01:46:11 / 956
1042	4051	SYSŁO MARCIN	KRAKÓW	POL		82	M30/351	M / 911	02:17:19	02:16:25	6.47	00:30:54 / 1073	01:01:32 / 1051	01:33:18 / 1027	01:51:19 / 1036
1043	951	IDZIK PRZEMYSŁAW	KRAKÓW	POL		78	M30/352	M / 912	02:17:23	02:16:40	6.48	00:31:09 / 1085	01:01:39 / 1058	01:34:12 / 1046	01:52:06 / 1044
1044	556	CZYŻYK MARCIN	WARSZAWA	POL	TRUCHT TARCHOMIN TEAM /	85	M18/235	M / 913	02:17:33	02:16:57	6.49	00:29:46 / 994	01:02:01 / 1069	01:35:46 / 1069	01:53:51 / 1062
1045	4029	WOLNIK MARTA	WOLA DĘBIŃSKA	POL	NIEZRZESZONY /	85	K18/35	K / 132	02:17:36	02:16:53	6.49	00:30:51 / 1068	01:02:11 / 1076	01:36:03 / 1078	01:53:55 / 1066
1046	70	BOLSEGA KRZYSZTOF	KRAKÓW	POL	TKKF AZORY /	68	M40/200	M / 914	02:17:42	02:17:09	6.50	00:29:53 / 1004	01:01:56 / 1067	01:34:47 / 1055	01:52:57 / 1054
1047	472	KWIECIEN TOMASZ	KRAKÓW	POL		71	M40/201	M / 915	02:17:44	02:17:23	6.51	00:29:01 / 927	00:58:39 / 951	01:30:43 / 979	01:48:50 / 989
1048	743	MIKRUT ŁUKASZ	KRAKÓW	POL	NIEZRZESZONY /	80	M30/353	M / 916	02:17:55	02:17:31	6.52	00:28:13 / 831	00:57:25 / 889	01:35:20 / 1059	01:53:27 / 1058
1049	298	BEHOUNEK MAŁGORZATA	ZAKOPANE	POL	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE /	61	K50/8	K / 133	02:17:58	02:17:23	6.51	00:29:55 / 1009	01:01:46 / 1064	01:35:58 / 1075	01:53:43 / 1061
1050	760	SAK BARTOSZ	LUBLIN	POL	/	84	M18/236	M / 917	02:18:05	02:17:59	6.54	00:26:26 / 613	00:57:27 / 893	01:30:36 / 976	01:48:20 / 982
1051	846	GOLDYNIA BOGUMIŁA	MALEC	POL		85	K18/36	K / 134	02:18:08	02:17:29	6.52	00:31:29 / 1112	01:02:48 / 1088	01:35:59 / 1076	01:53:31 / 1059
1052	8	BODZIOCH JACEK	KRAKÓW	POL	UMK /	70	M40/202	M / 918	02:18:13	02:18:12	6.55	00:30:34 / 1048	01:02:43 / 1085	01:36:33 / 1086	01:53:58 / 1067
1053	1179	TAWRAL MICHAŁ	KRAKÓW	POL		92	M18/237	M / 919	02:18:14	02:18:11	6.55	00:29:57 / 1011	01:01:03 / 1036	01:37:31 / 1096	01:55:30 / 1079
1054	1104	OGIELA EDWARD	MIECHOW	POL		58	M50/101	M / 920	02:18:18	02:17:43	6.53	00:31:14 / 1092	01:02:53 / 1093	01:35:56 / 1074	01:53:52 / 1064
1055	4004	KARETKO ANDRZEJ	KRAKÓW	POL		57	M50/102	M / 921	02:18:26	02:18:02	6.54	00:27:26 / 722	00:56:01 / 817	01:30:30 / 974	01:56:29 / 1089
1056	665	ĆWIKŁO ANNA	KRAKÓW	POL	NIEZRZESZONY /	79	K30/65	K / 135	02:18:37	02:17:55	6.54	00:29:47 / 997	01:00:39 / 1021	01:34:32 / 1052	01:52:55 / 1053
1057	1154	REED ALAN	KRAKOW	GBR		74	M30/354	M / 922	02:18:38	02:18:01	6.54	00:29:06 / 937	00:58:54 / 962	01:31:12 / 987	01:50:05 / 1022
1058	340	KANIA TOMASZ	KRAKÓW	POL		88	M18/238	M / 923	02:18:47	02:18:45	6.58	00:29:20 / 952	00:58:55 / 964	01:30:23 / 968	01:49:08 / 1000
1059	4009	RADWAŃSKI ADAM	KRAKÓW	POL		59	M50/103	M / 924	02:18:54	02:18:00	6.54	00:31:22 / 1099	01:01:08 / 1038	01:34:19 / 1051	01:52:24 / 1047
1060	797	WIKTORSKI KRZYSZTOF	SKAŁA	POL		71	M40/203	M / 925	02:19:10	02:18:14	6.55	00:31:39 / 1116	01:01:45 / 1061	01:33:48 / 1035	01:51:32 / 1037
1061	209	SEDLAK KAZIMIERZ	KRAKÓW	POL	KKB DYSTANS /	52	M60/20	M / 926	02:19:11	02:18:10	6.55	00:31:48 / 1125	01:04:21 / 1119	01:39:35 / 1115	01:56:34 / 1091
1062	187	KNAPIK JERZY	KRAKÓW	POL	KKB DYSTANS /	46	M60/21	M / 927	02:19:11	02:18:10	6.55	00:31:47 / 1123	01:04:21 / 1118	01:39:34 / 1114	01:56:34 / 1090
1063	633	SOLTYS DAMIAN	OŚWIĘCIM	POL		82	M30/355	M / 928	02:19:25	02:18:51	6.58	00:28:38 / 877	00:58:56 / 966	01:32:40 / 1011	01:51:50 / 1039
1064	23	BUDZIOSZ PAWEŁ	KRAKÓW	POL	NIEZRZESZONY /	78	M30/356	M / 929	02:19:28	02:19:28	6.61	00:33:28 / 1151	01:06:58 / 1142	01:40:22 / 1120	01:57:25 / 1100
1065	585	KOWALSKI DARIUSZ	MODLNICZKA	POL	MOTOROLA BIKE TEAM /	70	M40/204	M / 930	02:19:39	02:18:45	6.58	00:33:20 / 1149	01:06:58 / 1143	01:40:23 / 1121	01:57:25 / 1101
1066	520	SZTERLEJA SZYMON	ZABIERZÓW	POL		83	M18/239	M / 931	02:19:44	02:18:57	6.59	00:28:26 / 859	00:57:23 / 886	01:33:50 / 1038	01:52:31 / 1049
1067	440	CAŁA MACIEJ	KRAKÓW	POL		76	M30/357	M / 932	02:19:51	02:19:18	6.60	00:29:24 / 963	00:59:58 / 1002	01:34:12 / 1047	01:53:22 / 1057
1068	984	RÓWNIAK TOMASZ	MIECHÓW	POL		82	M30/358	M / 933	02:19:54	02:19:15	6.60	00:24:58 / 443	00:50:11 / 466	01:20:14 / 618	01:45:26 / 940
1069	581	KLISOWSKA MAGDALENA	NOWY SĄCZ	POL	VISEGRAD MARATON RYTRO /	92	K18/37	K / 136	02:20:24	02:20:07	6.64	00:27:27 / 723	00:57:47 / 915	01:31:37 / 995	01:50:10 / 1023
1070	4025	DOMAŃSKI JACEK EXPEDYT	WARSZAWA	POL	WKS META LUBLINIEC /	41	M70/7	M / 934	02:20:24	02:19:42	6.62	00:30:21 / 1038	01:02:14 / 1079	01:36:19 / 1083	01:55:34 / 1080
1071	4061	NOWAK MATEUSZ	KRAKÓW	POL		83	M18/240	M / 935	02:20:31	02:20:06	6.64	00:27:16 / 698	00:57:16 / 879	01:32:38 / 1008	01:52:32 / 1050
1072	1169	TELEGA SYLWESTER	WROCLAW	POL		73	M30/359	M / 936	02:20:42	02:19:56	6.63	00:28:14 / 833	00:59:52 / 1000	01:35:39 / 1064	01:55:26 / 1076
1073	317	GALAŻKA MATEUSZ	KRAKÓW	POL		89	M18/241	M / 937	02:20:44	02:20:41	6.67	00:29:19 / 950	00:58:59 / 970	01:34:53 / 1056	01:54:05 / 1068

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
1074	136	JARZYNA ANDRZEJ	KRAKÓW	POL	RUNNING KURDWAŃÓW /	77	M30/360	M / 938	02:20:59	02:20:30	6.66	00:31:03 / 1077	01:02:52 / 1092	01:36:58 / 1090	01:55:18 / 1074
1075	287	SUMIEC KATARZYNA	MIELEC	POL	NIEZRZESZONY /	94	K18/38	K / 137	02:21:02	02:20:15	6.65	00:31:27 / 1105	01:02:16 / 1080	01:35:47 / 1071	01:55:36 / 1083
1076	4048	ZEMULA ZBIGNIEW	KRAKÓW	POL	KORA & DORA KRAKÓW /	54	M50/104	M / 939	02:21:03	02:20:12	6.65	00:31:27 / 1107	01:02:09 / 1074	01:35:56 / 1073	01:55:35 / 1081
1077	590	KUMOREK MACIEJ	BRZESKO	POL	41IPÓŁ ZACHODZĄCA GWIAZDA /	70	M40/205	M / 940	02:21:04	02:20:45	6.67	00:27:47 / 782	00:57:27 / 892	01:30:53 / 981	01:52:03 / 1042
1078	123	DROŹDŹ PAULINA	MIELEC	POL	NIEZRZESZONY /	86	K18/39	K / 138	02:21:04	02:20:16	6.65	00:31:28 / 1108	01:03:21 / 1108	01:37:40 / 1099	01:55:36 / 1082
1079	171	ZIĘBA MARIA	JASTRZĘBIE ZDRÓJ	POL		89	K18/40	K / 139	02:21:11	02:20:25	6.66	00:31:12 / 1088	01:03:31 / 1111	01:37:57 / 1102	01:56:02 / 1084
1080	976	PLATEK GRZEGORZ	KRAKÓW	POL		89	M18/242	M / 941	02:21:12	02:20:34	6.66	00:27:06 / 681	00:55:10 / 757	01:28:44 / 929	01:48:55 / 993
1081	1005	ADAMSKI PAWEŁ	BIBICE	POL		72	M40/206	M / 942	02:21:14	02:20:27	6.66	00:30:41 / 1059	01:01:58 / 1068	01:36:37 / 1087	01:55:30 / 1078
1082	975	PILECKI GRZEGORZ	DĄBROWA	POL		70	M40/207	M / 943	02:21:18	02:20:26	6.66	00:29:02 / 929	00:59:52 / 1001	01:35:38 / 1063	01:55:28 / 1077
1083	354	KROL-PISARSKA ANNA	KRAKÓW	POL		77	K30/66	K / 140	02:21:54	02:21:24	6.70	00:30:11 / 1021	01:02:55 / 1097	01:36:58 / 1091	01:55:22 / 1075
1084	257	ŁAPUSZEK MAREK	KRAKÓW	POL		57	M50/105	M / 944	02:21:55	02:21:08	6.69	00:29:52 / 1003	01:01:00 / 1034	01:35:14 / 1058	01:54:21 / 1070
1085	27	BRAŚ PAWEŁ	KRAKÓW	POL	BDG BIEGNĘ DLA GOSI /	80	M30/361	M / 945	02:22:06	02:21:08	6.69	00:30:35 / 1052	01:01:19 / 1043	01:34:39 / 1054	01:54:09 / 1069
1086	691	PODGÓRSKA DOROTA	ALWERNIA	POL		76	K30/67	K / 141	02:22:28	02:21:33	6.71	00:30:39 / 1057	01:01:50 / 1066	01:37:05 / 1093	01:56:43 / 1094
1087	269	MISIARZ JÓZEF	KRAKÓW	POL		57	M50/106	M / 946	02:22:42	02:22:32	6.76	00:30:45 / 1061	01:02:22 / 1083	01:38:37 / 1106	01:57:23 / 1099
1088	812	MUSZYŃSKI WOJCIECH	KOLBUSZOWA	POL	KKT SALAMANDRA /	77	M30/362	M / 947	02:22:59	02:22:14	6.74	00:30:49 / 1064	01:03:34 / 1112	01:37:34 / 1097	01:56:28 / 1087
1089	619	PRAGNAĆA MILENA	KOBYLNIKI	POL		75	K30/68	K / 142	02:23:01	02:22:14	6.74	00:29:23 / 959	01:01:18 / 1041	01:36:17 / 1082	01:55:09 / 1071
1090	1039	GRABDA URSZULA	KRAKOW	POL		70	K40/26	K / 143	02:23:10	02:22:37	6.76	00:29:55 / 1007	01:02:03 / 1070	01:37:46 / 1100	01:57:15 / 1096
1091	1068	PRZYBYŁO JANUSZ	GORLICE	POL	MARATON GORLICE /	57	M50/107	M / 948	02:23:13	02:22:23	6.75	00:30:43 / 1060	01:01:24 / 1047	01:35:25 / 1062	01:55:09 / 1072
1092	1180	CZAPLAK JACEK	KRAKÓW	POL		65	M40/208	M / 949	02:23:14	02:22:10	6.74	00:32:50 / 1146	01:05:51 / 1136	01:41:36 / 1131	02:00:11 / 1118
1093	1063	PIETRASZEK PIOTR	GIEBULTÓW	POL	DALEKO JESZCZE /	77	M30/363	M / 950	02:23:17	02:22:35	6.76	00:29:23 / 961	01:00:14 / 1012	01:37:25 / 1095	01:59:20 / 1112
1094	1160	BARTKOWSKA SANDRA	KRAKÓW	POL	NIEZRZESZONY /	89	K18/41	K / 144	02:23:27	02:22:53	6.77	00:29:58 / 1012	01:03:00 / 1100	01:38:55 / 1107	01:56:35 / 1092
1095	938	DWORACZYK MARCIN	POZNAN	POL		76	M30/364	M / 951	02:23:57	02:23:06	6.78	00:28:43 / 893	01:00:06 / 1009	01:34:37 / 1053	01:55:09 / 1073
1096	438	BOCHENEK JACEK	SKOCZÓW	POL	FESTIWAL BIEGOWY W KRYNICY /	68	M40/209	M / 952	02:24:01	02:23:22	6.80	00:28:58 / 920	01:00:38 / 1020	01:37:49 / 1101	01:57:56 / 1102
1097	2	MIGDAŁ ADAM	KRAKÓW	POL	RADA MIASTA KRAKOWA /	55	M50/108	M / 953	02:24:03	02:24:03	6.83	00:29:34 / 980	01:03:03 / 1101	01:39:23 / 1111	01:57:57 / 1103
1098	481	MICHAŁEC DARIUSZ	KRAKÓW	POL	EXPERTO.PL /	72	M40/210	M / 954	02:24:06	02:23:48	6.82	00:32:02 / 1131	01:05:33 / 1130	01:41:28 / 1129	01:59:48 / 1115
1099	817	RAPACZ LIDIA	PODSARNIE	POL		88	K18/42	K / 145	02:24:06	02:23:30	6.80	00:29:04 / 931	01:00:09 / 1011	01:36:14 / 1080	01:56:05 / 1086
1100	991	ŚWIĘCH GRZEGORZ	MOGILANY	POL		75	M30/365	M / 955	02:24:09	02:23:56	6.82	00:29:30 / 974	01:03:28 / 1110	01:37:09 / 1094	01:56:28 / 1088
1101	4059	PĘCIKIEWICZ ANNA	KRAKÓW	POL		75	K30/69	K / 146	02:24:19	02:24:02	6.83	00:29:25 / 965	01:00:35 / 1019	01:36:44 / 1088	01:56:35 / 1093
1102	4016	GAWEL JERZY	KRAKOW	POL		76	M30/366	M / 956	02:24:19	02:23:58	6.82	00:28:06 / 819	01:00:47 / 1026	01:36:20 / 1084	01:56:04 / 1085
1103	741	MAZUR MONIKA	KRAKOW	POL		80	K30/70	K / 147	02:24:20	02:24:08	6.83	00:29:29 / 973	01:02:54 / 1096	01:39:28 / 1113	01:58:39 / 1105
1104	78	CYGANIK TOMASZ	OŚWIĘCIM	POL	OKB ZADYSZKA /	65	M40/211	M / 957	02:24:30	02:23:40	6.81	00:32:07 / 1134	01:04:28 / 1121	01:40:17 / 1119	01:58:58 / 1111
1105	985	SEROCZYŃSKA KATARZYNA	KRAKÓW	POL		74	K30/71	K / 148	02:24:53	02:24:18	6.84	00:31:07 / 1082	01:03:19 / 1106	01:39:41 / 1116	01:58:51 / 1107
1106	651	ZIELIŃSKI MICHAŁ	KRAKÓW	POL		70	M40/212	M / 958	02:24:55	02:24:38	6.86	00:32:06 / 1133	01:04:54 / 1125	01:39:23 / 1112	01:58:56 / 1110
1107	1081	SZCZUKA-ZIELIŃSKA ELŻBIETA	KRAKÓW	POL		75	K30/72	K / 149	02:24:55	02:24:38	6.86	00:32:04 / 1132	01:04:54 / 1126	01:39:22 / 1110	01:58:56 / 1109
1108	1097	KARKOSZA MARCIN	KRAKÓW	POL		87	M18/243	M / 959	02:24:57	02:23:50	6.82	00:34:58 / 1160	01:07:44 / 1148	01:41:18 / 1128	01:58:52 / 1108
1109	714	DACHNOWSKA EWA	KRZANOWICE	POL		76	K30/73	K / 150	02:25:00	02:23:59	6.82	00:32:53 / 1148	01:06:49 / 1141	01:41:50 / 1132	02:00:18 / 1119
1110	9	GAWROŃSKI ARTUR	KRAKÓW	POL	UMK_ENDURO69 /	74	M30/367	M / 960	02:25:24	02:25:23	6.89	00:30:37 / 1053	01:02:44 / 1086	01:37:05 / 1092	01:57:01 / 1095
1111	419	ŚWIERCZEK ZDZISŁAW	KRAKÓW	POL	NIEZRZESZONY /	57	M50/109	M / 961	02:25:35	02:24:46	6.86	00:32:21 / 1137	01:05:55 / 1137	01:41:06 / 1126	02:00:30 / 1121
1112	1103	MYTNIK GRZEGORZ	RUDAWA	POL	NAXELMAG TRISPORT /	72	M40/213	M / 962	02:25:41	02:25:25	6.89	00:30:50 / 1065	01:03:20 / 1107	01:40:10 / 1118	01:59:43 / 1114
1113	250	KLEMENSIEWICZ PAWEŁ	WISNIOWA	POL	STATE STREET POLAND /	84	M18/244	M / 963	02:25:50	02:25:27	6.89	00:28:16 / 839	00:59:28 / 986	01:33:49 / 1037	01:53:52 / 1065

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
1114	647	WOJACZEK DAWID	RYBNIK	POL		90	M18/245	M / 964	02:26:02	02:25:17	6.89	00:28:29 / 864	00:57:44 / 911	01:35:14 / 1057	01:57:19 / 1097
1115	845	GOLDA MICHAŁ	KRAKÓW	POL		90	M18/246	M / 965	02:26:04	02:25:50	6.91	00:28:09 / 827	01:00:32 / 1017	01:35:55 / 1072	01:57:19 / 1098
1116	1148	AFZAL DUDHIA	KRAKÓW	POL	MAYLANE /	67	M40/214	M / 966	02:26:12	02:25:13	6.88	00:31:14 / 1091	01:02:19 / 1082	01:36:55 / 1089	01:58:10 / 1104
1117	1134	KAPRZYK JAKUB	30-384	POL	NIEZRZESZONY /	80	M30/368	M / 967	02:26:33	02:25:39	6.90	00:34:40 / 1159	01:09:03 / 1153	01:43:59 / 1146	02:01:58 / 1132
1118	66	WOJDYŁO-GIŁOWSKA MAGDALENA	KRAKÓW	POL		76	K30/74	K / 151	02:27:03	02:26:09	6.93	00:32:22 / 1138	01:05:50 / 1134	01:42:46 / 1137	02:02:19 / 1134
1119	1171	SICIARZ ANDRZEJ	KRAKÓW	POL	AZS AWF MASTERS /	36	M70/8	M / 968	02:27:03	02:26:14	6.93	00:30:31 / 1046	01:03:27 / 1109	01:40:38 / 1123	02:00:56 / 1125
1120	974	PIENKOWSKI LESZEK	KRAKÓW	POL	NIEZRZESZONY - CAŁKOWITY AMATOR /	68	M40/215	M / 969	02:27:48	02:26:51	6.96	00:34:24 / 1154	01:08:21 / 1149	01:44:34 / 1149	02:03:20 / 1139
1121	352	KOZŁOWSKI JANUSZ	KRAKÓW	POL		83	M18/247	M / 970	02:28:15	02:27:53	7.01	00:31:14 / 1093	01:03:52 / 1114	01:38:22 / 1105	01:58:46 / 1106
1122	233	DEWERA ŁUKASZ	KRAKÓW	POL		82	M30/369	M / 971	02:28:25	02:27:44	7.00	00:30:25 / 1042	01:02:50 / 1089	01:39:16 / 1108	02:00:20 / 1120
1123	1182	FRANC TOMASZ	KRAKÓW	POL	NIEZRZESZONY /	74	M30/370	M / 972	02:28:31	02:27:32	6.99	00:30:38 / 1055	01:01:34 / 1054	01:42:22 / 1134	02:02:00 / 1133
1124	4039	KUCHARSKI PIOTR	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM /	71	M40/216	M / 973	02:28:31	02:27:32	6.99	00:30:35 / 1050	01:01:33 / 1052	01:42:22 / 1135	01:59:52 / 1117
1125	477	MAGDA KAZIMIERZ	KRAKÓW	POL	DYSTANS KRAKÓW /	64	M40/217	M / 974	02:28:36	02:27:53	7.01	00:35:22 / 1167	01:11:11 / 1165	01:47:13 / 1159	02:04:31 / 1146
1126	1020	CYGAN BARBARA	KRAKÓW	POL		73	K30/75	K / 152	02:28:37	02:27:55	7.01	00:35:24 / 1168	01:11:11 / 1164	01:47:14 / 1160	02:04:31 / 1147
1127	653	ZOŃ ALEKSANDER	KRAKÓW	POL	UPM RUNNING TEAM /	82	M30/371	M / 975	02:28:52	02:27:49	7.01	00:31:51 / 1126	01:05:42 / 1133	01:41:51 / 1133	02:01:22 / 1128
1128	291	ŚRODA JANUSZ	TARNOWSKIE GÓRYPOL			61	M50/110	M / 976	02:29:10	02:28:05	7.02	00:34:38 / 1158	01:09:51 / 1157	01:45:03 / 1152	02:04:29 / 1145
1129	263	MANTERYS PATRYK	KRAKÓW	POL	MAKING WAVES /	78	M30/372	M / 977	02:29:20	02:28:32	7.04	00:29:59 / 1013	01:00:52 / 1031	01:39:58 / 1117	02:00:52 / 1124
1130	908	TRYSTUŁA DARIUSZ	KRAKÓW	POL		69	M40/218	M / 978	02:29:25	02:29:05	7.07	00:29:48 / 999	01:02:51 / 1090	01:39:16 / 1109	02:00:48 / 1123
1131	4052	ADAMSKI GRZEGORZ	KRAKÓW	POL		72	M40/219	M / 979	02:29:31	02:28:45	7.05	00:31:22 / 1100	01:02:06 / 1072	01:37:39 / 1098	02:00:57 / 1126
1132	967	MIELAN ANDRZEJ	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA /	64	M40/220	M / 980	02:29:33	02:28:34	7.04	00:31:47 / 1122	01:04:23 / 1120	01:40:57 / 1125	02:00:40 / 1122
1133	4056	STACHOW JAN	KRAKÓW	POL	DYSTANS /	29	M70/9	M / 981	02:30:13	02:29:18	7.08	00:35:08 / 1163	01:11:07 / 1162	01:47:06 / 1158	02:05:19 / 1151
1134	12	DANIELAK JERZY	RZESZÓW	POL		38	M70/10	M / 982	02:30:15	02:29:34	7.09	00:35:09 / 1164	01:10:44 / 1159	01:47:03 / 1156	02:05:21 / 1154
1135	10	DANIELAK ROMAN	ZIELONKI	POL	DYSTANS KRAKÓW /	67	M40/221	M / 983	02:30:16	02:29:35	7.09	00:35:08 / 1162	01:10:45 / 1160	01:47:04 / 1157	02:05:20 / 1152
1136	63	SZCZYBURA ANNA	KRAKÓW	POL	/	80	K30/76	K / 153	02:30:18	02:29:32	7.09	00:32:24 / 1139	01:06:25 / 1138	01:43:53 / 1141	02:03:26 / 1140
1137	314	FRENKIEL MONIKA	KRAKÓW	POL		74	K30/77	K / 154	02:30:22	02:29:36	7.09	00:32:29 / 1141	01:06:28 / 1139	01:43:55 / 1143	02:03:27 / 1141
1138	1057	NIŻEGORODCEW SZYMON	KRAKÓW	POL		72	M40/222	M / 984	02:30:50	02:29:50	7.10	00:35:00 / 1161	01:09:24 / 1155	01:45:07 / 1153	02:03:47 / 1143
1139	979	POROSŁO ANITA	MYŚLENICE	POL		62	K50/9	K / 155	02:30:54	02:29:59	7.11	00:35:52 / 1170	01:12:00 / 1168	01:49:30 / 1165	02:07:53 / 1160
1140	791	PIĘTA LESZEK	TRZCINICA	POL	NIEZRZESZONY /	63	M40/223	M / 985	02:30:57	02:30:49	7.15	00:31:19 / 1098	01:07:02 / 1144	01:43:58 / 1145	02:04:15 / 1144
1141	3	KARKOSZKA MACIEJ	ZIELONKI			82	M30/373	M / 986	02:31:33	02:30:44	7.15	00:31:19 / 1097	01:05:23 / 1128	01:43:00 / 1138	02:03:00 / 1138
1142	1042	GULBA MARZENA	KRAKÓW	POL		73	K30/78	K / 156	02:32:09	02:31:43	7.19	00:32:49 / 1145	01:08:59 / 1152	01:46:51 / 1155	02:06:15 / 1157
1143	596	LESZCZAK MARIUSZ	KRAKÓW	POL	NIEZRZESZONY /	80	M30/374	M / 987	02:32:16	02:31:59	7.20	00:24:17 / 379	00:50:06 / 457	01:20:19 / 623	01:59:34 / 1113
1144	654	JAREMA BEATA	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM /	73	K30/79	K / 157	02:32:19	02:31:26	7.18	00:31:40 / 1117	01:07:08 / 1145	01:44:47 / 1151	02:03:37 / 1142
1145	655	JAREMA GRZEGORZ	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM /	75	M30/375	M / 988	02:32:19	02:31:26	7.18	00:28:09 / 826	01:00:42 / 1023	01:38:16 / 1103	01:59:51 / 1116
1146	906	TOMASZEWSKI DARIUSZ	KRAKÓW	POL	DYSTANS KRAKÓW /	64	M40/224	M / 989	02:32:26	02:31:25	7.18	00:31:48 / 1124	01:04:54 / 1124	01:40:56 / 1124	02:01:32 / 1129
1147	854	JANAS PAWEŁ	KRAKÓW	POL		67	M40/225	M / 990	02:32:27	02:32:01	7.21	00:31:10 / 1086	01:03:52 / 1116	01:41:08 / 1127	02:02:39 / 1135
1148	910	TULEJA TOMASZ	KRAKÓW	POL		87	M18/248	M / 991	02:32:32	02:31:25	7.18	00:30:07 / 1019	00:59:40 / 993	01:32:35 / 1007	02:01:13 / 1127
1149	594	LECYK ARKADIUSZ	KRAKÓW	POL	UPM RUNNING TEAM /	66	M40/226	M / 992	02:32:32	02:31:45	7.19	00:33:37 / 1152	01:07:29 / 1146	01:42:33 / 1136	02:02:48 / 1137
1150	4001	HOCIK EDYTA	KRAKÓW	POL		77	K30/80	K / 158	02:32:38	02:31:54	7.20	00:31:16 / 1095	01:06:35 / 1140	01:44:35 / 1150	02:05:43 / 1155
1151	857	KATA MIROSLAW	BIBICE	POL		72	M40/227	M / 993	02:32:42	02:31:56	7.20	00:30:18 / 1034	01:00:44 / 1025	01:36:16 / 1081	02:01:33 / 1130

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Druż / Klub Team / Club	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[min/km]	5km	Check points			
												10km	15km	19km	
1152	484	MILLER STEFAN	ŁAGÓW	POL	KIELECKI KLUB KARATE KYOKUSHIN	57	M50/111	M / 994	02:33:09	02:32:18	7.22	00:31:58 / 1130	01:05:41 / 1132	01:43:58 / 1144	02:05:03 / 1149
1153	4031	WALIGÓRA MARCIN	KRASNIENIEC	POL	/	79	M30/376	M / 995	02:33:26	02:32:29	7.23	00:32:27 / 1140	01:05:18 / 1127	01:40:24 / 1122	02:02:42 / 1136
1154	705	WASIK KRZYSZTOF	KRAKÓW	POL	NIEZRZESZONY /	68	M40/228	M / 996	02:33:26	02:32:23	7.22	00:32:47 / 1144	01:05:51 / 1135	01:41:35 / 1130	02:01:54 / 1131
1155	407	SOSNOWSKI IRENEUSZ	POZNAŃ	POL		73	M30/377	M / 997	02:34:07	02:33:08	7.26	00:34:31 / 1156	01:09:07 / 1154	01:45:18 / 1154	02:05:20 / 1153
1156	735	LEMAITRE FRANCOIS	KRAKOW	POL	KRAKÓW /	76	M30/378	M / 998	02:34:25	02:33:54	7.30	00:30:19 / 1035	01:04:48 / 1123	01:43:47 / 1139	02:04:37 / 1148
1157	349	KOWALCZYK TADEUSZ	KRAKOW	POL	NIEZRZESZONY /	54	M50/112	M / 999	02:35:04	02:34:28	7.32	00:31:43 / 1119	01:05:25 / 1129	01:43:54 / 1142	02:05:57 / 1156
1158	835	DOMANSKA JOLANTA	RZESZOW	POL		59	K50/10	K / 159	02:35:15	02:34:35	7.33	00:33:27 / 1150	01:08:22 / 1150	01:47:53 / 1162	02:08:13 / 1162
1159	1105	PODKANOWICZ TOMASZ	NOWY TARG	POL	WATAHA /	66	M40/229	M / 1000	02:37:07	02:37:03	7.44	00:31:56 / 1128	01:09:47 / 1156	01:48:16 / 1163	02:08:23 / 1163
1160	1088	ARCZYŃSKI MAREK	KRAKÓW	POL		68	M40/230	M / 1001	02:37:28	02:36:51	7.43	00:31:24 / 1102	01:07:40 / 1147	01:47:46 / 1161	02:08:51 / 1164
1161	99	SZOPA LESZEK	PODOLSZE	POL	DRUŻYNA SZPIKU/FESTIWAL BIEGOWY KRYNICA /	53	M50/113	M / 1002	02:37:53	02:37:02	7.44	00:36:07 / 1171	01:12:41 / 1170	01:50:13 / 1167	02:11:46 / 1167
1162	4030	MARECKI PIOTR	KRAKÓW	POL		76	M30/379	M / 1003	02:38:47	02:38:16	7.50	00:30:10 / 1020	01:05:36 / 1131	01:44:32 / 1148	02:07:08 / 1158
1163	856	KALUŻA MICHAŁ	KRAKÓW	POL	NIEZRZESZONY - CAŁKOWITY AMATOR /	73	M30/380	M / 1004	02:38:53	02:37:56	7.49	00:34:26 / 1155	01:09:51 / 1158	01:49:48 / 1166	02:10:26 / 1166
1164	712	BROSKIEWICZ STANISŁAW	WARSZAWA	POL		59	M50/114	M / 1005	02:39:01	02:38:29	7.51	00:35:10 / 1165	01:11:08 / 1163	01:49:26 / 1164	02:09:47 / 1165
1165	93	KOWALCZYK JOANNA	KRAKOW	POL		73	K30/81	K / 160	02:39:08	02:38:33	7.52	00:31:40 / 1118	01:04:30 / 1122	01:43:48 / 1140	02:05:08 / 1150
1166	225	BEDNARCZYK KATARZYNA	MIKOŁOW	POL		82	K30/82	K / 161	02:40:35	02:40:05	7.59	00:35:33 / 1169	01:11:21 / 1166	01:50:20 / 1168	02:11:49 / 1168
1167	989	SZUMERA PIOTR	KRAKÓW	POL	PETER S TEAM /	57	M50/115	M / 1006	02:41:40	02:40:41	7.62	00:31:09 / 1084	01:03:49 / 1113	01:44:21 / 1147	02:07:52 / 1159
1168	875	MOŃKA WALDEMAR	KRAKÓW	POL	/	67	M40/231	M / 1007	02:44:13	02:43:18	7.74	00:32:50 / 1147	01:12:07 / 1169	01:52:47 / 1172	02:14:59 / 1170
1169	45	ZAŁAWA KORNELIA	MYSZKÓW	POL	OLIMPIJCZYK SZCZĘKOCINY /	72	K40/27	K / 162	02:44:16	02:44:10	7.78	00:31:29 / 1111	01:08:52 / 1151	01:51:49 / 1169	02:14:40 / 1169
1170	4060	BARANOWSKI ŁUKASZ	KRAKÓW	POL		89	M18/249	M / 1008	02:46:16	02:45:37	7.85	00:26:49 / 654	00:57:37 / 904	01:38:16 / 1104	02:07:55 / 1161
1171	471	KWIATEK GRZEGORZ	KRAKÓW	POL		74	M30/381	M / 1009	02:46:53	02:46:25	7.89	00:34:21 / 1153	01:10:59 / 1161	01:52:03 / 1171	02:15:51 / 1172
1172	567	GORZKOWSKI BARTŁOMIEJ	KRAKÓW	POL		81	M30/382	M / 1010	02:47:15	02:46:32	7.89	00:32:38 / 1142	01:11:25 / 1167	01:52:02 / 1170	02:15:00 / 1171
1173	715	DAMASIEWICZ AGNIESZKA	KRAKÓW	POL		75	K30/83	K / 163	02:49:32	02:49:25	8.03	00:34:38 / 1157	01:17:33 / 1172	01:59:13 / 1174	02:21:39 / 1174
1174	259	MASŁYK JAN	KRAKÓW	POL		57	M50/116	M / 1011	02:50:06	02:48:57	8.01	00:35:10 / 1166	01:15:03 / 1171	01:56:15 / 1173	02:19:48 / 1173
1175	106	ORLEWICZ-MUSIAŁ MAŁGORZATA	KRAKOW	POL		60	K50/11	K / 164	03:11:58	03:11:15	9.07	00:37:01 / 1172	01:21:13 / 1173	02:11:52 / 1175	02:45:39 / 1175

Numerzy: 60,1109,4022, 694,122,1066,802,226,1144,580,228,631,1197,392,4019,1067,174 - ominęły punkt kontrolny i nie przebiegły pełnego dystansu.