

## 21. Herbalife Triathlon Susz 2012

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 08.07.2012 16:20:21

<b>Miejsce:</b>	Susz	<b>Dystans:</b>	(0,75km+20 km+5km)	<b>Temp. powietrza:</b>	+34 st. C
<b>Data:</b>	08.07.2012	<b>Start:</b>		<b>Temp. wody:</b>	+22,6 st. C
				<b>Głębokość akwenu:</b>	2,5 m - 3,5 m
				<b>Pływanie:</b>	0,75 km
<b>Dyrektor Zawodów:</b>	Piotr Netter			<b>Rower:</b>	20 km (2 x 10 km)
<b>Sędzia Główny:</b>	Jarosław Michalak			<b>Bieg:</b>	5 km
<b>Organizator:</b>	Gmina Susz, CSiR w Suszu, TRS w Suszu, Sport Evolution				

**OPEN  
SERIA B**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	19	KOROL ROMAN		UKR	87	M / 1	00:09:55 / 1	00:00:59 / 1	00:30:24 / 1	00:01:07 / 1	00:17:02 / 3	<b>00:59:27</b>	00:00:00
2	3	PRZYMUSIŃSKI FILIP		KS UAM TRIATHLON POZNAŃ	83	M / 2	00:10:11 / 2	00:00:54 / 2	00:31:06 / 2	00:01:06 / 2	00:17:02 / 2	<b>01:00:19</b>	00:00:52
3	10	AUGUSTYNIAK KRZYSZTOF		PLETFAL LUBIN	81	M / 3	00:11:09 / 3	00:00:55 / 3	00:32:08 / 3	00:01:07 / 3	00:16:50 / 1	<b>01:02:09</b>	00:02:42
4	5	KUBIAK MACIEJ		UKS TRI-SAUCONY RUMIA	88	M / 9	00:11:31 / 6	00:00:56 / 4	00:32:48 / 4	00:01:14 / 4	00:20:33 / 16	<b>01:07:02</b>	00:07:35
5	314	ROSZAK ADRIAN		CITYZEN POZNAŃ	88	M / 10	00:11:30 / 5	00:01:25 / 6	00:34:07 / 9	00:01:14 / 5	00:20:02 / 11	<b>01:08:18</b>	00:08:51
6	24	KOWALSKI TOMASZ		WTT WARSZAWA	86	M / 11	00:11:22 / 4	00:01:12 / 5	00:34:26 / 12	00:01:25 / 7	00:20:05 / 12	<b>01:08:30</b>	00:09:03
7	106	KUBIŃSKI JAKUB		TRI-SPORT NIEMCZ	87	M / 13	00:11:52 / 7	00:01:06 / 7	00:34:03 / 8	00:01:19 / 6	00:21:33 / 28	<b>01:09:53</b>	00:10:26
8	431	MAZUREK MARCIN		ROKSA.TIM I LTK	80	M / 16	00:12:25 / 9	00:01:22 / 8	00:34:41 / 16	00:01:12 / 8	00:22:01 / 36	<b>01:11:41</b>	00:12:14
9	44	ZARZECKI ADRIAN			87	M / 17	00:13:07 / 13	00:01:23 / 10	00:35:55 / 43	00:01:19 / 9	00:20:19 / 14	<b>01:12:03</b>	00:12:36
10	354	PODWYSOCKI MARCIN		ATP AUGUSTÓW	88	M / 19	00:13:05 / 12	00:01:35 / 11	00:35:48 / 40	00:01:23 / 10	00:20:45 / 19	<b>01:12:36</b>	00:13:09
11	285	ZBRZEŹNIAK PIOTR			87	M / 21	00:14:50 / 24	00:01:46 / 22	00:35:31 / 32	00:01:15 / 17	00:19:56 / 10	<b>01:13:18</b>	00:13:51
12	165	BARCZEWSKI KRZYSZTOF		TRI-SPORT NIEMCZ	75	M / 22	00:14:43 / 23	00:01:30 / 19	00:35:19 / 27	00:01:29 / 15	00:20:39 / 18	<b>01:13:40</b>	00:14:13
13	34	IGNATOWICZ MARCIN			83	M / 23	00:15:27 / 30	00:01:46 / 29	00:34:53 / 23	00:01:44 / 21	00:19:55 / 9	<b>01:13:45</b>	00:14:18
14	363	PIERZANKOWSKI JAKUB		WYCINANKA ŁOWICZ	87	M / 24	00:19:05 / 97	00:01:31 / 73	00:34:12 / 10	00:01:04 / 32	00:18:10 / 4	<b>01:14:02</b>	00:14:35
15	395	DOBRZAŃKI BARTŁOMIEJ			73	M / 25	00:14:08 / 18	00:01:42 / 16	00:34:29 / 13	00:01:42 / 12	00:22:05 / 39	<b>01:14:06</b>	00:14:39
16	217	MARKOWSKI DARIUSZ			74	M / 26	00:15:16 / 27	00:02:01 / 30	00:35:35 / 34	00:02:01 / 29	00:19:16 / 7	<b>01:14:09</b>	00:14:42
17	125	WACŁAWCZYK MARIUSZ			80	M / 27	00:14:54 / 25	00:01:56 / 26	00:35:20 / 29	00:01:41 / 23	00:20:34 / 17	<b>01:14:25</b>	00:14:58
18	153	DASZUTA ŁUKASZ			82	M / 28	00:12:49 / 10	00:02:40 / 15	00:34:54 / 22	00:02:05 / 13	00:21:57 / 32	<b>01:14:25</b>	00:14:58
19	282	MACIESZ PIOTR			73	M / 29	00:15:14 / 26	00:01:34 / 25	00:34:46 / 18	00:01:35 / 16	00:21:27 / 26	<b>01:14:36</b>	00:15:09
20	212	KARCZEWSKI JAN		TRS UKS SUSZ	88	M / 30	00:13:51 / 17	00:01:17 / 14	00:35:20 / 30	00:01:29 / 11	00:22:43 / 51	<b>01:14:40</b>	00:15:13
21	304	KURKOWIAK GRZEGORZ			80	M / 31	00:15:20 / 28	00:01:19 / 23	00:35:32 / 33	00:01:52 / 24	00:20:48 / 21	<b>01:14:51</b>	00:15:24
22	277	TULWIN RAFAŁ			86	M / 34	00:16:52 / 45	00:01:01 / 35	00:34:49 / 20	00:01:29 / 25	00:21:37 / 29	<b>01:15:48</b>	00:16:21

## SERIA B

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
23	385	CZERWIEC ARTUR	POL		76M24/23	M / 35	00:12:24 / 8	00:01:29 / 9	00:36:31 / 50	00:02:14 / 14	00:23:26 / 60	01:16:04	00:16:37
24	105	MICHALSKI SZYMON	POL	TRICITY TRIATHLON TEAM	85M24/24	M / 36	00:15:39 / 33	00:01:50 / 31	00:34:37 / 15	00:01:34 / 19	00:22:36 / 49	01:16:16	00:16:49
25	177	MIETEK MARCIN	POL		77M24/25	M / 40	00:16:20 / 37	00:01:47 / 39	00:36:06 / 46	00:01:31 / 30	00:21:59 / 34	01:17:43	00:18:16
26	114	GRABIEC MARCIN	POL		83M24/26	M / 42	00:17:19 / 56	00:01:28 / 44	00:36:42 / 53	00:02:15 / 50	00:20:16 / 13	01:18:00	00:18:33
27	468	WIERZBICKI GRZEGORZ	POL	LENIWCE.PL	74M24/27	M / 43	00:18:44 / 81	00:02:07 / 82	00:33:56 / 6	00:01:46 / 37	00:21:28 / 27	01:18:01	00:18:34
28	439	NOWAK DAWID	POL		81M24/28	M / 45	00:18:51 / 86	00:02:14 / 87	00:33:47 / 5	00:02:12 / 42	00:21:17 / 24	01:18:21	00:18:54
29	124	ŚLEDZIONA TOMASZ	POL		85M24/29	M / 47	00:17:26 / 62	00:01:56 / 51	00:34:51 / 21	00:01:41 / 33	00:22:39 / 50	01:18:33	00:19:06
30	240	BARTKOWIAK PRZEMYSŁAW	POL	DRUŻYNA HELENKI TORUŃ	85M24/30	M / 49	00:16:55 / 46	00:01:13 / 40	00:34:44 / 17	00:01:45 / 26	00:24:04 / 72	01:18:41	00:19:14
31	438	MICHALAK ŁUKASZ	POL		86M24/31	M / 51	00:18:44 / 82	00:01:33 / 66	00:35:07 / 26	00:01:17 / 38	00:22:25 / 44	01:19:06	00:19:39
32	300	ZARCO RICARDO	POL		84M24/32	M / 52	00:16:28 / 39	00:01:38 / 38	00:34:33 / 14	00:02:13 / 27	00:24:18 / 78	01:19:10	00:19:43
33	18	KWIATKOWSKI PAWEŁ	POL		84M24/33	M / 53	00:15:26 / 29	00:01:45 / 27	00:34:53 / 24	00:01:26 / 18	00:25:43 / 108	01:19:13	00:19:46
34	145	BUSZAN RADOSŁAW	POL		80M24/34	M / 54	00:14:33 / 21	00:01:43 / 20	00:38:18 / 76	00:01:33 / 34	00:23:08 / 55	01:19:15	00:19:48
35	130	NOWAK MIESZKO	POL		84M24/35	M / 55	00:17:01 / 48	00:01:50 / 46	00:35:25 / 31	00:01:36 / 31	00:23:26 / 59	01:19:18	00:19:51
36	264	WOJCIECHOWSKI MARCIN	POL		73M24/36	M / 56	00:13:51 / 16	00:02:10 / 18	00:39:16 / 95	00:01:58 / 44	00:22:04 / 38	01:19:19	00:19:52
37	451	KRZYŻEK MICHAŁ	POL		83M24/37	M / 57	00:14:36 / 22	00:03:11 / 33	00:37:52 / 70	00:02:00 / 49	00:21:46 / 30	01:19:25	00:19:58
38	292	BŁOTNY MAREK	POL		80M24/38	M / 58	00:16:34 / 41	00:02:11 / 43	00:35:38 / 37	00:02:04 / 36	00:23:09 / 56	01:19:36	00:20:09
39	475	JARMOSZEWICZ ŁUKASZ	POL	RUNTORUN	73M24/39	M / 59	00:17:11 / 51	00:02:21 / 54	00:36:01 / 45	00:01:36 / 43	00:22:29 / 46	01:19:38	00:20:11
40	149	LITWINIUK KAROL	POL		84M24/40	M / 60	00:15:43 / 34	00:01:29 / 28	00:34:56 / 25	00:01:43 / 22	00:25:53 / 110	01:19:44	00:20:17
41	347	KAŻMIERCZAK ARKADIUSZ	POL		79M24/41	M / 62	00:16:44 / 42	00:02:44 / 52	00:35:47 / 39	00:02:22 / 48	00:22:32 / 48	01:20:09	00:20:42
42	263	NOWICKI PIOTR	POL		76M24/42	M / 64	00:20:08 / 114	00:01:52 / 103	00:34:25 / 11	00:01:34 / 51	00:22:18 / 41	01:20:17	00:20:50
43	261	OSIOR BARTEK	POL	SPORT Z KULTURĄ WYDMINY	83M24/43	M / 67	00:18:15 / 73	00:01:38 / 61	00:40:16 / 109	00:01:16 / 75	00:19:03 / 6	01:20:28	00:21:01
44	426	GRUDZIEŃ KAMIL	POL	AZS UMCS LUBLIN	79M24/44	M / 68	00:21:26 / 147	00:02:03 / 131	00:34:48 / 19	00:01:27 / 65	00:20:56 / 22	01:20:40	00:21:13
45	100	KITA TOMASZ	POL	SPECSHOP TEAM	79M24/45	M / 69	00:13:44 / 15	00:02:15 / 17	00:37:06 / 59	00:01:48 / 28	00:25:56 / 114	01:20:49	00:21:22
46	137	KOŹLAK KAMIL	POL	LEONIDAS	83M24/46	M / 70	00:17:13 / 52	00:01:35 / 45	00:35:47 / 38	00:01:47 / 35	00:24:31 / 82	01:20:53	00:21:26
47	79	SZCZOTKA MARIUSZ	POL		75M24/47	M / 73	00:17:20 / 57	00:02:27 / 60	00:35:36 / 35	00:02:11 / 47	00:23:34 / 64	01:21:08	00:21:41
48	440	PAJĄK WOJCIECH	POL		80M24/48	M / 74	00:13:08 / 14	00:01:52 / 12	00:37:02 / 57	00:01:44 / 20	00:27:39 / 142	01:21:25	00:21:58
49	83	LEWANDOWSKI ARTUR	POL		75M24/49	M / 75	00:17:06 / 49	00:01:45 / 47	00:38:41 / 85	00:01:30 / 56	00:22:27 / 45	01:21:29	00:22:02
50	181	KOCHANIAK RAFAŁ	POL		79M24/50	M / 76	00:17:26 / 61	00:02:11 / 55	00:35:57 / 44	00:01:46 / 46	00:24:09 / 74	01:21:29	00:22:02
51	215	SKŁAD TOMASZ	POL	MYSIADŁO	77M24/51	M / 78	00:14:31 / 20	00:01:54 / 21	00:39:24 / 99	00:02:20 / 52	00:23:52 / 69	01:22:01	00:22:34
52	152	GALUSZKA RAFAŁ	POL	MOSIR ŁAZISKA GÓRNE	84M24/52	M / 79	00:20:40 / 126	00:01:59 / 112	00:40:01 / 107	00:01:15 / 101	00:18:14 / 5	01:22:09	00:22:42
53	322	BOSAK KRZYSZTOF	POL		82M24/53	M / 80	00:15:47 / 35	00:01:57 / 32	00:40:14 / 108	00:01:41 / 64	00:22:30 / 47	01:22:09	00:22:42
54	92	POPLAWSKI MAREK	POL		76M24/54	M / 81	00:19:01 / 95	00:01:20 / 68	00:36:38 / 52	00:01:43 / 55	00:23:34 / 65	01:22:16	00:22:49
55	445	KAPUSTA ADRIAN	POL		88M24/55	M / 82	00:18:51 / 87	00:02:02 / 84	00:33:57 / 7	00:01:54 / 40	00:25:53 / 111	01:22:37	00:23:10
56	56	SMUG MAREK	POL	KLUB PLETWONURKÓW BOBRY	77M24/56	M / 86	00:17:00 / 47	00:01:40 / 41	00:38:53 / 87	00:01:52 / 60	00:23:32 / 63	01:22:57	00:23:30


































## SERIA B

Msc	Nr	Nazwisko i imię	Kraj	Drużyna	R-k	W kategorii	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik	Strata		
Rank	Bib	Name	Nat.	Team	YoB	in Age						Time	Diff.		
SZCZECIN															
57	401	JEZERSKI MATEUSZ	POL	FIFI			74M24/57	M / 87	00:16:24 / 38	00:02:20 / 42	00:35:53 / 42	00:02:11 / 41	00:26:30 / 124	01:23:18	00:23:51
58	147	STACHOWIAK MATEUSZ	POL				87M24/58	M / 88	00:19:09 / 99	00:01:43 / 83	00:37:03 / 58	00:01:59 / 68	00:23:32 / 62	01:23:26	00:23:59
59	307	OLSZEWSKI TOMASZ	POL				77M24/59	M / 89	00:20:45 / 129	00:02:37 / 129	00:35:37 / 36	00:02:06 / 72	00:22:23 / 43	01:23:28	00:24:01
60	287	GIZICKI MAREK	POL				77M24/60	M / 91	00:14:15 / 19	00:02:30 / 24	00:39:58 / 106	00:01:59 / 54	00:25:05 / 98	01:23:47	00:24:20
61	30	SZYMAŃSKI SZYMON	POL	12TRI			81M24/61	M / 93	00:16:51 / 44	00:02:20 / 48	00:38:18 / 77	00:02:02 / 62	00:24:42 / 90	01:24:13	00:24:46
62	35	BOSAK MAREK	POL				84M24/62	M / 94	00:19:06 / 98	00:01:42 / 79	00:37:12 / 61	00:01:33 / 63	00:24:40 / 89	01:24:13	00:24:46
63	408	WOŁOWSKI LECH	POL				75M24/63	M / 96	00:19:14 / 101	00:02:24 / 97	00:35:19 / 28	00:02:23 / 59	00:24:57 / 94	01:24:17	00:24:50
64	371	KOLASA LUKASZ	POL				84M24/64	M / 97	00:17:36 / 65	00:03:10 / 77	00:36:09 / 49	00:02:08 / 57	00:25:17 / 102	01:24:20	00:24:53
65	230	LITWINIUK KRZYSZTOF	POL				80M24/65	M / 98	00:15:59 / 36	00:01:55 / 36	00:36:47 / 54	00:02:03 / 39	00:27:36 / 141	01:24:20	00:24:53
66	45	JEZERSKI MAREK	POL	DZIKIE WYTRZYMAŁE PLEMIĘ Z			77M24/66	M / 99	00:18:52 / 88	00:02:56 / 98	00:38:59 / 90	00:01:35 / 87	00:22:05 / 40	01:24:27	00:25:00
RZAHOLECKIEGO															
67	11	RADTKE MARCIN	POL				76M24/67	M / 101	00:21:20 / 145	00:01:59 / 127	00:36:07 / 47	00:02:47 / 85	00:22:22 / 42	01:24:35	00:25:08
68	333	KOSIŃSKI MAREK	POL				78M24/68	M / 102	00:16:32 / 40	00:02:59 / 53	00:35:49 / 41	00:02:00 / 45	00:27:19 / 137	01:24:39	00:25:12
69	156	TRUSZKOWSKI EMIL	POL				87M24/69	M / 103	00:19:52 / 107	00:02:12 / 106	00:39:55 / 105	00:01:25 / 97	00:21:20 / 25	01:24:44	00:25:17
70	419	MORACZEWSKI KONRAD	POL				76M24/70	M / 104	00:18:14 / 72	00:02:28 / 75	00:39:10 / 93	00:01:35 / 76	00:23:21 / 57	01:24:48	00:25:21
71	224	SZYMANIAK ARKADIUSZ	POL				73M24/71	M / 105	00:20:36 / 125	00:02:08 / 113	00:36:49 / 55	00:01:33 / 73	00:23:43 / 67	01:24:49	00:25:22
72	297	GABRYSZAK MACIEJ	POL				84M24/72	M / 106	00:20:05 / 111	00:01:57 / 104	00:38:34 / 84	00:01:28 / 82	00:22:45 / 52	01:24:49	00:25:22
73	430	SIEDLECKI JACEK	POL				80M24/73	M / 107	00:17:15 / 53	00:02:27 / 58	00:38:19 / 78	00:02:13 / 70	00:24:36 / 85	01:24:50	00:25:23
74	283	BIELIŃSKI PIOTR	POL	SOKÓŁ KNURÓW			88M24/74	M / 108	00:21:07 / 138	00:02:43 / 140	00:38:32 / 82	00:01:24 / 100	00:21:08 / 23	01:24:54	00:25:27
75	399	SKALSKI MATEUSZ	POL				84M24/75	M / 109	00:17:22 / 58	00:03:25 / 78	00:38:58 / 89	00:02:07 / 80	00:23:04 / 54	01:24:56	00:25:29
76	184	WASILEWSKI MIROSŁAW	POL				74M24/76	M / 111	00:20:07 / 112	00:01:49 / 102	00:37:39 / 68	00:02:31 / 83	00:22:59 / 53	01:25:05	00:25:38
77	384	PRZELASKOWSKI PIOTR	POL				74M24/77	M / 113	00:17:51 / 70	00:01:54 / 59	00:38:15 / 75	00:01:50 / 66	00:25:20 / 103	01:25:10	00:25:43
78	14	LICA MICHAŁ	POL				81M24/78	M / 115	00:18:54 / 91	00:02:08 / 86	00:36:53 / 56	00:01:33 / 61	00:25:54 / 112	01:25:22	00:25:55
79	450	SIELIMOWICZ PIOTR	POL	12TRI.PL			79M24/79	M / 118	00:12:56 / 11	00:02:09 / 13	00:41:55 / 128	00:01:31 / 53	00:27:08 / 133	01:25:39	00:26:12
80	460	KAMIŃSKI DAWID	POL				88M24/80	M / 120	00:17:37 / 66	00:02:55 / 71	00:37:29 / 65	00:02:04 / 69	00:25:39 / 107	01:25:44	00:26:17
81	302	STĘPIEŃ JAKUB	POL				88M24/81	M / 122	00:18:22 / 75	00:01:35 / 62	00:39:48 / 104	00:01:28 / 74	00:24:37 / 86	01:25:50	00:26:23
82	234	BRÓDKA PAWEŁ	POL	FITNES PARK RADOM			74M24/82	M / 123	00:18:53 / 90	00:02:58 / 100	00:38:52 / 86	00:01:42 / 88	00:23:30 / 61	01:25:55	00:26:28
83	340	PIETRZAK JAN	POL	OCZY WAŻKI			84M24/83	M / 124	00:19:02 / 96	00:02:26 / 92	00:38:09 / 73	00:02:12 / 79	00:24:08 / 73	01:25:57	00:26:30
84	189	SARNIAK JAROSŁAW	POL	SANITEC KOŁO			74M24/84	M / 127	00:23:45 / 166	00:01:37 / 156	00:37:26 / 64	00:01:21 / 106	00:21:58 / 33	01:26:07	00:26:40
85	253	KĘPKA KRZYSZTOF	POL				79M24/85	M / 128	00:18:35 / 77	00:02:55 / 93	00:38:04 / 71	00:02:05 / 78	00:24:28 / 81	01:26:07	00:26:40
86	455	ROJEK ARKADIUSZ	POL	TYTANOWE ŚRUBKI			80M24/86	M / 131	00:17:57 / 71	00:02:34 / 70	00:36:07 / 48	00:02:38 / 58	00:27:13 / 135	01:26:29	00:27:02
87	26	BIADUŃ DANIEL	POL				82M24/87	M / 132	00:17:50 / 68	00:02:10 / 63	00:38:05 / 72	00:01:48 / 67	00:26:43 / 125	01:26:36	00:27:09
88	290	HOBLEY ALEXANDER	POL	ACCELERATE			86M24/88	M / 133	00:20:02 / 109	00:02:06 / 108	00:42:28 / 136	00:01:17 / 120	00:20:47 / 20	01:26:40	00:27:13

## SERIA B

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.	
89	163	LEMAŃCZYK MACIEJ	POL			77M24/89	M / 134					01:26:41	00:27:14	
90	313	JAGIELKA PATRYK	POL			80M24/90	M / 135	00:15:32 / 31	00:02:29 / 37	00:41:59 / 129	00:01:53 / 81	00:25:03 / 97	01:26:56	00:27:29
91	251	KIEDA WOJCIECH	POL	TRENERFIT.PL		76M24/91	M / 137	00:17:24 / 60	00:02:43 / 65	00:38:53 / 88	00:02:03 / 71	00:26:05 / 117	01:27:08	00:27:41
92	369	STEFAŃSKI MICHAŁ	POL			76M24/92	M / 140	00:20:11 / 115	00:02:07 / 110	00:38:31 / 80	00:01:25 / 86	00:25:13 / 101	01:27:27	00:28:00
93	376	KRÓLAS PAWEŁ	POL			83M24/93	M / 142	00:17:15 / 54	00:02:47 / 64	00:43:59 / 153	00:01:28 / 116	00:22:01 / 37	01:27:30	00:28:03
94	22	MOSSOP ANDREW	POL	WITC		79M24/94	M / 143	00:20:53 / 130	00:03:08 / 143	00:42:08 / 131	00:01:47 / 141	00:19:35 / 8	01:27:31	00:28:04
95	409	DUDA MACIEJ	POL			83M24/95	M / 148	00:18:48 / 84	00:01:45 / 72	00:39:23 / 98	00:01:43 / 77	00:26:24 / 123	01:28:03	00:28:36
96	176	SOLTYS PAWEŁ	POL	IQ-LEGIA		84M24/96	M / 149	00:20:26 / 120	00:02:19 / 114	00:39:06 / 92	00:01:42 / 99	00:24:40 / 88	01:28:13	00:28:46
97	223	TOMASZEWSKI PAWEŁ	POL	BRODNICA		78M24/97	M / 151	00:18:24 / 76	00:02:43 / 88	00:41:18 / 119	00:01:39 / 103	00:24:13 / 76	01:28:17	00:28:50
98	64	WOŁOWSKI FILIP	POL			73M24/98	M / 152	00:21:00 / 134	00:02:38 / 136	00:39:04 / 91	00:02:19 / 112	00:23:21 / 58	01:28:22	00:28:55
99	249	BARCZENIEWICZ MIKOŁAJ	POL	12TRI.PL		88M24/99	M / 153	00:23:17 / 161	00:02:03 / 155	00:39:16 / 94	00:01:46 / 122	00:22:00 / 35	01:28:22	00:28:55
100	131	ZWIERZCHOWSKI MACIEJ	POL			78M24/100	M / 154	00:17:31 / 64	00:02:09 / 57	00:41:12 / 117	00:02:11 / 93	00:25:30 / 104	01:28:33	00:29:06
101	465	KUTERA KRZYSZTOF	POL			73M24/101	M / 155	00:22:01 / 152	00:02:02 / 144	00:38:33 / 83	00:01:32 / 105	00:24:49 / 93	01:28:57	00:29:30
102	178	WIECZOREK JACEK	POL	"UKS ""NISKA""		75M24/102	M / 158	00:18:55 / 92	00:01:54 / 80	00:41:44 / 125	00:01:29 / 102	00:25:12 / 100	01:29:14	00:29:47
103	36	ORŁOWSKI KRZYSZTOF	POL			84M24/103	M / 159	00:22:14 / 155	00:02:00 / 148	00:38:21 / 79	00:01:29 / 104	00:25:12 / 99	01:29:16	00:29:49
104	278	TULWIN BŁAŻEJ	POL			84M24/104	M / 160	00:20:53 / 131	00:02:27 / 128	00:37:24 / 63	00:01:50 / 91	00:26:45 / 127	01:29:19	00:29:52
105	20	DANEK BARTŁOMIEJ	POL			73M24/105	M / 161	00:17:07 / 50	00:02:13 / 50	00:43:38 / 151	00:01:55 / 111	00:24:28 / 80	01:29:21	00:29:54
106	161	JAROSZ-JARSZEWSKI MATEUSZ	POL			86M24/106	M / 162	00:18:45 / 83	00:02:28 / 90	00:39:18 / 96	00:02:03 / 90	00:26:52 / 132	01:29:26	00:29:59
107	211	ROZPŁOCH TOMASZ	POL			87M24/107	M / 163	00:25:42 / 176				00:27:14 / 136	01:29:45	00:30:18
108	233	BEDNARZ MATEUSZ	POL	ADHD POZNAŃ		83M24/108	M / 164	00:15:38 / 32	00:02:10 / 34	00:42:35 / 139	00:01:45 / 84	00:27:43 / 145	01:29:51	00:30:24
109	157	BERKOVICS IGORS	LTV	WARSAW INTERNATIONAL TRIATHLON CLUB		83M24/109	M / 165	00:18:36 / 78	00:02:45 / 91	00:41:17 / 118	00:01:38 / 107	00:25:39 / 106	01:29:55	00:30:28
110	362	URBANOWICZ KAMIL	POL			79M24/110	M / 166	00:20:23 / 118	00:02:36 / 118	00:39:42 / 103	00:02:41 / 114	00:24:34 / 83	01:29:56	00:30:29
111	262	KLIMKO JACEK	POL			83M24/111	M / 167	00:17:18 / 55	00:01:54 / 49	00:42:35 / 138	00:01:19 / 94	00:26:52 / 130	01:29:58	00:30:31
112	241	MASTALERZ TOMASZ	POL	T-MOBILE RUNNING TEAM		76M24/112	M / 169	00:23:28 / 164	00:02:37 / 166	00:41:36 / 123	00:02:06 / 154	00:20:24 / 15	01:30:11	00:30:44
113	74	NOWAKOWSKI RAFAŁ	POL	RUN LUSIA RUN/12TRI.PL		73M24/113	M / 172	00:18:22 / 74	00:03:28 / 99	00:42:50 / 142	00:01:52 / 124	00:23:48 / 68	01:30:20	00:30:53
114	258	SAKURA TRISTAN	POL	WARSAW INTERNATIONAL TRIATHLON CLUB		78M24/114	M / 175	00:18:52 / 89	00:02:40 / 94	00:44:09 / 154	00:01:46 / 136	00:23:36 / 66	01:31:03	00:31:36
115	41	WALENDOWSKI PIOTR	POL	DZIKIE WYTRZYMAŁE PLEMIE Z RZAHOLECKIEGO		78M24/115	M / 177	00:17:41 / 67	00:03:03 / 76	00:42:28 / 135	00:01:33 / 110	00:26:20 / 121	01:31:05	00:31:38
116	447	KLAUS DOMINIK	POL	KS PIASECZNO		76M24/116	M / 179	00:23:57 / 170	00:02:21 / 167	00:39:19 / 97	00:01:55 / 137	00:23:55 / 71	01:31:27	00:32:00
117	37	PTAK PAWEŁ	POL			79M24/117	M / 180	00:21:15 / 141	00:02:26 / 137	00:42:03 / 130	00:01:31 / 133	00:24:17 / 77	01:31:32	00:32:05
118	323	MIARKOWSKI ALEKSY	POL			87M24/118	M / 182	00:21:22 / 146	00:01:43 / 119	00:42:16 / 134	00:01:50 / 132	00:24:35 / 84	01:31:46	00:32:19
119	309	JAKUBCZAK JAROSŁAW	POL			75M24/119	M / 183	00:21:19 / 144	00:02:37 / 142	00:41:00 / 114	00:02:36 / 138	00:24:20 / 79	01:31:52	00:32:25
120	112	KOCZOT ŁUKASZ	POL			84M24/120	M / 184	00:22:29 / 159	00:03:20 / 160	00:37:34 / 66	00:03:43 / 130	00:24:47 / 92	01:31:53	00:32:26

## SERIA B

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
121	15	MAŻEJKO KRZYSZTOF		POL		87M24/121	M / 185 00:25:38 / 175	00:02:24 / 173	00:37:09 / 60	00:01:41 / 126	00:25:02 / 96	<b>01:31:54</b>	00:32:27
122	316	OLECH MARCIN		POL		74M24/122	M / 187 00:23:58 / 171	00:03:06 / 171	00:37:21 / 62	00:02:02 / 123	00:25:31 / 105	<b>01:31:58</b>	00:32:31
123	160	SOBSTEŁ FILIP		POL		81M24/123	M / 188 00:21:18 / 143	00:02:53 / 146	00:37:43 / 69	00:01:39 / 98	00:28:25 / 147	<b>01:31:58</b>	00:32:31
124	279	BRZEZIŃSKI MACIEJ		POL		WARSAW INTERNATIONAL TRIATHLON CLUB 86M24/124	M / 189 00:20:27 / 121	00:03:21 / 139	00:41:22 / 121	00:02:07 / 134	00:24:46 / 91	<b>01:32:03</b>	00:32:36
125	193	PUACZ PAWEŁ		POL		ADHD 83M24/125	M / 190 00:21:44 / 151	00:01:51 / 134	00:40:24 / 110	00:01:45 / 118	00:26:22 / 122	<b>01:32:06</b>	00:32:39
126	328	ROCZNIK GRZEGORZ		POL		BIEGOLAMACZE 80M24/126	M / 191 00:17:27 / 63	00:03:43 / 89	00:39:33 / 101	00:02:38 / 95	00:28:48 / 150	<b>01:32:09</b>	00:32:42
127	327	ROCZNIK BOGDAN		POL		76M24/127	M / 192 00:21:06 / 136	00:03:23 / 150	00:38:32 / 81	00:04:09 / 131	00:24:59 / 95	<b>01:32:09</b>	00:32:42
128	432	MAŁEWSKI DAMIAN		POL		GOBABY.PL 75M24/128	M / 195 00:20:58 / 133	00:02:15 / 125	00:41:01 / 115	00:01:35 / 119	00:26:44 / 126	<b>01:32:33</b>	00:33:06
129	111	FUDAŁA WOJCIECH		POL		SIMR TEAM 85M24/129	M / 196 00:21:34 / 150	00:01:32 / 120	00:37:36 / 67	00:02:05 / 92	00:29:53 / 158	<b>01:32:40</b>	00:33:13
130	13	SUMISŁAWSKI SEBASTIAN		POL		TEAM ASICS 76M24/130	M / 197 00:20:07 / 113	00:03:40 / 138	00:43:12 / 144	00:01:33 / 144	00:24:13 / 75	<b>01:32:45</b>	00:33:18
131	270	DUDEK PIOTR		POL		AMATOR 73M24/131	M / 198 00:18:41 / 80	00:01:57 / 74	00:41:47 / 126	00:01:56 / 108	00:28:26 / 148	<b>01:32:47</b>	00:33:20
132	407	DROŹDŹ JAKUB		POL		LUXURY RUNNER'S TEAM 85M24/132	M / 199 00:17:51 / 69	00:01:48 / 56	00:43:36 / 150	00:02:09 / 115	00:27:33 / 140	<b>01:32:57</b>	00:33:30
133	352	FALTYNOWSKI TOMASZ		POL		74M24/133	M / 200 00:21:12 / 140	00:02:58 / 145	00:43:15 / 146	00:01:40 / 149	00:23:53 / 70	<b>01:32:58</b>	00:33:31
134	158	HORNBERGER RAFAŁ		POL		88M24/134	M / 201 00:20:56 / 132	00:03:16 / 147	00:36:37 / 51	00:02:33 / 96	00:29:45 / 156	<b>01:33:07</b>	00:33:40
135	99	SKOLIMOWSKI MATEUSZ		POL		ZDROFIT 87M24/135	M / 202 00:22:13 / 153	00:02:29 / 151	00:40:59 / 113	00:01:23 / 129	00:26:13 / 119	<b>01:33:17</b>	00:33:50
136	200	FABISIEWICZ PAWEŁ		POL		78M24/136	M / 207 00:23:26 / 163	00:02:29 / 163	00:39:24 / 100	00:02:34 / 140	00:25:54 / 113	<b>01:33:47</b>	00:34:20
137	101	ZIELIŃSKI KAMIL		POL		83M24/137	M / 211 00:18:51 / 85	00:02:43 / 96	00:41:10 / 116	00:01:57 / 109	00:30:05 / 160	<b>01:34:46</b>	00:35:19
138	210	SALMONOWICZ MACIEJ		POL		75M24/138	M / 212 00:18:38 / 79				00:30:58 / 164	<b>01:34:53</b>	00:35:26
139	272	RACZYŃSKI PAWEŁ		POL		86M24/139	M / 213 00:18:58 / 94	00:02:03 / 85	00:39:37 / 102	00:01:55 / 89	00:32:20 / 168	<b>01:34:53</b>	00:35:26
140	23	PARSONS ALAN		POL		WITC 81M24/140	M / 215 00:23:55 / 169	00:02:31 / 168	00:45:11 / 163	00:01:28 / 166	00:21:52 / 31	<b>01:34:57</b>	00:35:30
141	192	DRAGANKIEWICZ MICHAŁ		POL		ALICE SWIM 83M24/141	M / 217 00:18:56 / 93	00:01:54 / 81	00:46:12 / 167	00:01:30 / 145	00:26:52 / 131	<b>01:35:24</b>	00:35:57
142	412	PIĄTKOWSKI MARCIN		POL		75M24/142	M / 219 00:20:01 / 108	00:02:05 / 107	00:45:40 / 164	00:02:03 / 155	00:25:47 / 109	<b>01:35:36</b>	00:36:09
143	244	CUDECKI DAMIAN		POL		76M24/143	M / 220 00:20:26 / 119	00:02:12 / 111	00:43:22 / 148	00:01:57 / 142	00:27:40 / 143	<b>01:35:37</b>	00:36:10
144	246	GAWROŃSKI PAWEŁ		POL		80M24/144	M / 221 00:23:46 / 167	00:02:08 / 162	00:41:47 / 127	00:01:52 / 151	00:26:09 / 118	<b>01:35:42</b>	00:36:15
145	266	WAZOWICZ GRZEGORZ		POL		75M24/145	M / 222 00:19:26 / 103	00:02:48 / 109	00:44:17 / 157	00:02:05 / 147	00:27:31 / 139	<b>01:36:07</b>	00:36:40
146	159	JURKIEWICZ MARCIN		POL		78M24/146	M / 224 00:24:27 / 172	00:02:13 / 170	00:38:11 / 74	00:01:54 / 125	00:29:40 / 155	<b>01:36:25</b>	00:36:58
147	377	KONDRACIUK DANIEL		POL		76M24/147	M / 226 00:21:28 / 148	00:04:10 / 158	00:42:45 / 141	00:02:00 / 158	00:26:04 / 115	<b>01:36:27</b>	00:37:00
148	453	PIĄTKOWSKI MARCIN		POL		80M24/148	M / 227 00:19:45 / 106	00:03:06 / 116	00:42:30 / 137	00:02:13 / 139	00:29:02 / 152	<b>01:36:36</b>	00:37:09
149	320	KOLASINSKI TOMASZ		POL		GSC 80M24/149	M / 229 00:19:13 / 100	00:02:51 / 105	00:42:13 / 132	00:02:37 / 127	00:29:52 / 157	<b>01:36:46</b>	00:37:19
150	306	BACHURSKI MARIUSZ		POL		77M24/150	M / 231 00:20:12 / 116	00:03:05 / 126	00:44:45 / 161	00:02:01 / 156	00:26:49 / 129	<b>01:36:52</b>	00:37:25
151	417	MIKOŁAJCZYK RAFAŁ		POL		82M24/151	M / 232 00:20:20 / 117	00:02:51 / 124	00:41:00 / 112	00:02:48 / 128	00:29:55 / 159	<b>01:36:54</b>	00:37:27
152	303	JÓZWIK WALDEMAR		POL		POLPHARMA 78M24/152	M / 235 00:20:34 / 123	00:02:57 / 132	00:42:13 / 133	00:02:23 / 143	00:29:04 / 153	<b>01:37:11</b>	00:37:44
153	194	DASZKIEWICZ MICHAŁ		POL		COWALE 78M24/153	M / 238 00:16:47 / 43	00:03:31 / 67	00:46:14 / 168	00:02:04 / 146	00:28:54 / 151	<b>01:37:30</b>	00:38:03

## SERIA B

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
154	343	DĘBOSZ MACIEJ	POL		73M24/154	M / 239	00:20:04 / 110	00:02:49 / 117	00:41:20 / 120	00:02:07 / 121	00:31:39 / 167	<b>01:37:59</b>	00:38:32
155	294	RYCHLICKI KAROL	POL		85M24/155	M / 240	00:21:07 / 137	00:04:56 / 165	00:43:24 / 149	00:02:21 / 162	00:26:46 / 128	<b>01:38:34</b>	00:39:07
156	357	MAJEWSKI TOMASZ	POL	GO SPORT	81M24/156	M / 244	00:24:53 / 173	00:02:58 / 172	00:43:02 / 143	00:02:15 / 167	00:26:19 / 120	<b>01:39:27</b>	00:40:00
157	190	BULIŃSKI ADAM	POL		83M24/157	M / 246	00:17:24 / 59	00:02:58 / 69	00:42:42 / 140	00:02:34 / 117	00:34:08 / 173	<b>01:39:46</b>	00:40:19
158	43	WYSZKOWSKI BARTŁOMIEJ	POL		83M24/158	M / 247	00:19:16 / 102	00:02:17 / 95	00:41:22 / 122	00:02:14 / 113	00:34:51 / 176	<b>01:40:00</b>	00:40:33
159	91	MOŹDŻONEK MICHAŁ	POL		77M24/159	M / 249	00:19:36 / 105	00:02:18 / 101	00:43:12 / 145	00:02:16 / 135	00:32:58 / 172	<b>01:40:20</b>	00:40:53
160	198	KURDZIEL PAWEŁ	POL		79M24/160	M / 250	00:20:35 / 124	00:03:02 / 135	00:44:14 / 156	00:01:45 / 152	00:30:45 / 163	<b>01:40:21</b>	00:40:54
161	281	PŁAWIAK WOJCIECH	POL		85M24/161	M / 251	00:19:35 / 104	00:03:14 / 115	00:46:34 / 171	00:02:15 / 160	00:28:45 / 149	<b>01:40:23</b>	00:40:56
162	321	CHOMIUK TOMASZ	POL	FIZJOMED	81M24/162	M / 252	00:23:18 / 162	00:02:44 / 164	00:44:49 / 162	00:02:07 / 165	00:27:29 / 138	<b>01:40:27</b>	00:41:00
163	326	WYSZKOWSKI MARCIN	POL		83M24/163	M / 253	00:20:41 / 127	00:02:29 / 123	00:44:44 / 160	00:02:10 / 157	00:30:25 / 161	<b>01:40:29</b>	00:41:02
164	329	ZWOLIŃSKI TOMASZ	POL		78M24/164	M / 255	00:22:22 / 158	00:02:33 / 152	00:46:30 / 170	00:02:08 / 169	00:27:08 / 134	<b>01:40:41</b>	00:41:14
165	243	BRZEZIŃSKI TOMASZ	POL		77M24/165	M / 256	00:23:49 / 168	00:02:50 / 169	00:41:40 / 124	00:02:55 / 159	00:29:28 / 154	<b>01:40:42</b>	00:41:15
166	338	BARTOSIAK JAKUB	POL		84M24/166	M / 257	00:21:09 / 139	00:01:59 / 121	00:50:27 / 173	00:01:26 / 172	00:26:05 / 116	<b>01:41:06</b>	00:41:39
167	69	WÓJCIK GRZEGORZ	POL		77M24/167	M / 258	00:21:05 / 135	00:02:04 / 122	00:44:38 / 158	00:01:44 / 150	00:31:35 / 166	<b>01:41:06</b>	00:41:39
168	203	CZARNECKI TOMASZ	POL		79M24/168	M / 259	00:22:17 / 156	00:03:07 / 157	00:44:10 / 155	00:03:48 / 168	00:28:13 / 146	<b>01:41:35</b>	00:42:08
169	219	JARZYNA MICHAŁ	POL		77M24/169	M / 260	00:20:29 / 122	00:03:04 / 133	00:43:42 / 152	00:02:24 / 153	00:32:32 / 170	<b>01:42:11</b>	00:42:44
170	276	RADZISZEWSKI KAMIL	POL	ENDURO MAN ELBLĄG	86M24/170	M / 261	00:22:13 / 154	00:02:59 / 154	00:40:27 / 111	00:03:20 / 148	00:34:17 / 174	<b>01:43:16</b>	00:43:49
171	154	SZUSZCZYKIEWICZ RAFAŁ	POL		76M24/171	M / 262	00:22:20 / 157	00:02:43 / 153	00:45:54 / 166	00:01:57 / 164	00:30:33 / 162	<b>01:43:27</b>	00:44:00
172	40	BRZozowski LESŁAW	POL	AMATOR	75M24/172	M / 264	00:20:41 / 128	00:03:14 / 141	00:51:18 / 174	00:04:11 / 174	00:24:40 / 87	<b>01:44:04</b>	00:44:37
173	195	OSTROWSKI MICHAŁ	POL	LAN-WIZARD	77M24/173	M / 265	00:21:16 / 142	00:02:11 / 130	00:44:42 / 159	00:03:41 / 163	00:32:25 / 169	<b>01:44:15</b>	00:44:48
174	52	MACURA KRZYSZTOF	POL		83M24/174	M / 267	00:23:16 / 160	00:02:32 / 159	00:43:21 / 147	00:02:30 / 161	00:32:46 / 171	<b>01:44:25</b>	00:44:58
175	331	WICHROWSKI MICHAŁ	POL		78M24/175	M / 269	00:21:31 / 149	00:02:50 / 149	00:48:21 / 172	00:01:58 / 171	00:31:29 / 165	<b>01:46:09</b>	00:46:42
176	382	SZULC MACIEJ	POL		74M24/176	M / 270	00:25:00 / 174	00:03:57 / 174	00:46:25 / 169	00:03:11 / 173	00:27:42 / 144	<b>01:46:15</b>	00:46:48
177	70	STANISŁAWSKI FILIP	POL		79M24/177	M / 272	00:23:45 / 165	00:02:07 / 161	00:45:42 / 165	00:02:01 / 170	00:34:47 / 175	<b>01:48:22</b>	00:48:55