

XXXIII Bieg Powsinogi

WYNIKI ZAWODÓW

Półmaraton


























































Organizator: Ognisko TKKF "Leskowiec", w Wadowicach










Termin: 16.09.2012

Miejsce: Wadowice



































Dystans: 21 Km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|---|-----------|-------------------------|---------------------|-------------|-----------------|------------|---------------------------|--------------|---------------|----------|
| Półmaraton Mężczyźni KATEGORIA:M20 | | | | | | | | | | |
| 1 | 44 | GÓRALCZYK Paweł | CHOCZNIA | | POL | 87 | M20/1 (M)5 | 01:19:01 | 01:18:59 | 03.44 |
| 2 | 59 | KACPRZAK Krzysztof | WADOWICE | | POL | 92 | M20/2 (M)13 | 01:25:59 | 01:25:58 | 04.04 |
| 3 | 233 | COMBIK Marcin | KARKÓW | | POL | 94 | M20/3 (M)14 | 01:26:34 | 01:26:29 | 04.05 |
| 4 | 13 | BIALKA Robert | KRYNICA-ZDRÓJ | | POL | 88 | M20/4 (M)15 | 01:27:27 | 01:27:18 | 04.08 |
| 5 | 99 | NOWAK Kamil | ŁĄCKO | | POL | 84 | M20/5 (M)16 | 01:27:57 | 01:27:48 | 04.09 |
| 6 | 83 | MAKOWIEC Jarosław | TUCHÓW | | POL | 87 | M20/6 (M)22 | 01:29:21 | 01:29:18 | 04.13 |
| 7 | 9 | BANAŚ Sebastian | WADOWICE | | POL | 85 | M20/7 (M)32 | 01:32:12 | 01:32:09 | 04.22 |
| 8 | 12 | BAZARNIK Mateusz | WADOWICE | | POL | 87 | M20/8 (M)36 | 01:34:01 | 01:33:58 | 04.27 |
| 9 | 136 | TRELA Łukasz | ŻYWIEC | | POL | 91 | M20/9 (M)39 | 01:34:33 | 01:34:20 | 04.28 |
| 10 | 107 | PATER Kamil | KRAKÓW | | POL | 87 | M20/10 (M)40 | 01:34:34 | 01:34:28 | 04.28 |
| 11 | 147 | WYRWA Jakub | WADOWICE | | POL | 86 | M20/11 (M)42 | 01:34:37 | 01:34:23 | 04.28 |
| 12 | 229 | STUDNICKI Krzysztof | BUGAJ | | POL | 92 | M20/12 (M)45 | 01:35:03 | 01:34:55 | 04.29 |
| 13 | 234 | ZAJUSZ Marek | ANDRYCHÓW | | POL | 87 | M20/13 (M)57 | 01:37:26 | 01:37:21 | 04.36 |
| 14 | 144 | WODKA Kamil | 14 | | POL | 94 | M20/14 (M)58 | 01:37:37 | 01:37:32 | 04.37 |
| 15 | 127 | SZCZURKOWSKI Sebastian | WADOWICE | | POL | 83 | M20/15 (M)72 | 01:39:12 | 01:39:09 | 04.42 |
| 16 | 30 | DULIŃSKI Mateusz | KRAKÓW | | POL | 86 | M20/16 (M)75 | 01:39:49 | 01:39:44 | 04.43 |
| 17 | 58 | JUSZKIEWICZ Szymon | OSIEK | | POL | 91 | M20/17 (M)76 | 01:39:51 | 01:39:47 | 04.43 |
| 18 | 49 | HONKOWICZ Jan | KRAKÓW | | POL | 85 | M20/18 (M)78 | 01:40:11 | 01:40:06 | 04.44 |
| 19 | 251 | KLIMOWSKI Paweł | KLECZA GÓRNA | | POL | 88 | M20/19 (M)81 | 01:40:33 | 01:40:25 | 04.45 |
| 20 | 90 | MATRAS Mateusz | ŻEGOCINA | | POL | 89 | M20/20 (M)84 | 01:41:06 | 01:41:01 | 04.47 |
| 21 | 254 | STOPA Łukasz | KLECZA GÓRNA | | POL | 90 | M20/21 (M)85 | 01:41:08 | 01:41:00 | 04.47 |
| 22 | 203 | FINNEGAN Martin | RUSH CO CUBLIN | | IRL | 83 | M20/22 (M)89 | 01:41:37 | 01:41:22 | 04.48 |
| 23 | 143 | WODKA Bartłomiej | KRAKÓW | | POL | 85 | M20/23 (M)90 | 01:41:37 | 01:41:32 | 04.48 |
| 24 | 176 | JANAS Paweł | WADOWICE | | POL | 91 | M20/24 (M)91 | 01:41:42 | 01:41:28 | 04.48 |
| 25 | 25 | CIAPA Mariusz | BABICA | | POL | 87 | M20/25 (M)98 | 01:43:24 | 01:43:17 | 04.53 |
| 26 | 104 | PACIOREK Artur | ŻYWIEC | | POL | 88 | M20/26 (M)99 | 01:44:00 | 01:43:50 | 04.55 |
| 27 | 231 | DYRUCZ Jakub | RABKA ZDRÓJ | | POL | 94 | M20/27 (M)100 | 01:44:05 | 01:44:02 | 04.55 |
| 28 | 33 | DYRCZ Damian | RADOCZA | | POL | 91 | M20/28 (M)101 | 01:44:09 | 01:44:03 | 04.55 |
| 29 | 184 | JANAS Piotr | KRAKÓW | | POL | 83 | M20/29 (M)103 | 01:44:32 | 01:44:20 | 04.56 |
| 30 | 126 | STAWOWY Arkadiusz | SKAWINA | | POL | 88 | M20/30 (M)108 | 01:45:39 | 01:45:37 | 05.00 |
| 31 | 54 | JAWORSKI Jarosław | WADOWICE | | POL | 88 | M20/31 (M)110 | 01:46:16 | 01:46:10 | 05.01 |
| 32 | 32 | DYKSZAK Filip | WIELICZKA | | POL | 83 | M20/32 (M)111 | 01:46:19 | 01:46:08 | 05.01 |
| 33 | 64 | KĘDZERSKI Adam | SKAWINA | | POL | 87 | M20/33 (M)113 | 01:46:24 | 01:46:16 | 05.02 |
| 34 | 116 | RADWAN Przemysław | WADOWICE | | POL | 87 | M20/34 (M)120 | 01:48:03 | 01:47:49 | 05.06 |
| 35 | 65 | KISZKA Łukasz | WIELICZKA | | POL | 89 | M20/35 (M)135 | 01:51:12 | 01:50:59 | 05.15 |
| 36 | 103 | OPALIŃSKI Robert | OŚWIĘCIM | | POL | 84 | M20/36 (M)152 | 01:53:45 | 01:53:34 | 05.23 |
| 37 | 24 | CHUDY Dawid | PODOLSZE | | POL | 85 | M20/37 (M)155 | 01:54:45 | 01:54:33 | 05.25 |
| 38 | 106 | PATALITA Rafał | KRAKÓW | | POL | 86 | M20/38 (M)158 | 01:56:17 | 01:56:05 | 05.30 |
| 39 | 187 | CHAC Artur | CHARSZNICA | | POL | 89 | M20/39 (M)174 | 02:02:04 | 02:01:52 | 05.46 |
| 40 | 239 | PRAŻMOWSKI Mateusz | KOKOTÓW | | POL | 90 | M20/40 (M)179 | 02:03:24 | 02:03:17 | 05.50 |
| 41 | 140 | WIELGOSZ Maciej | KRAKÓW | | POL | 93 | M20/41 (M)181 | 02:04:12 | 02:04:05 | 05.52 |
| 42 | 17 | BOROŃ Szymon | KRAKÓW | | POL | 86 | M20/42 (M)187 | 02:06:51 | 02:06:37 | 06.00 |
| 43 | 189 | CHOIŃSKI Michał | KRAKÓW | | POL | 83 | M20/43 (M)188 | 02:06:55 | 02:06:43 | 06.00 |
| 44 | 60 | KALUSKI Marcin | CHYBIE | | POL | 83 | M20/44 (M)192 | 02:08:21 | 02:08:05 | 06.04 |
| 45 | 223 | ADAMCZYK Karol | KRAKÓW | | POL | 83 | M20/45 (M)196 | 02:15:54 | 02:15:44 | 06.26 |
| 46 | 36 | FIJAK Maciej | KRAKÓW | | POL | 94 | M20/46 (M)198 | 02:22:14 | 02:22:09 | 06.44 |






| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|---|--------|-----------------------|------------------|---|--------------|---------|------------------------|-----------|------------|----------|
| 47 | 194 | KOLEK Dawid | KURNĘDZ |  POL | | 92 | M20/47 (M)199 | 02:25:52 | 02:25:45 | 06.54 |
| Półmaraton Mężczyźni KATEGORIA:M30 | | | | | | | | | | |
| 1 | 125 | STARZYŃSKI Dariusz | SĘDZISZÓW |  POL | | 74 | M30/1 (M)1 | 01:14:55 | 01:14:53 | 03.33 |
| 2 | 220 | MIŚKOWIEC Tomasz | SUCHA BESKIDZKA |  POL | | 81 | M30/2 (M)2 | 01:15:40 | 01:15:39 | 03.35 |
| 3 | 84 | MAKOWIEC Robert | TUCHÓW |  POL | | 75 | M30/3 (M)4 | 01:18:24 | 01:18:22 | 03.42 |
| 4 | 177 | BUDKA Borys | ZABRZE |  POL | | 78 | M30/4 (M)7 | 01:20:08 | 01:20:06 | 03.47 |
| 5 | 167 | CHORAŻY Lucjan | SKAWINKI |  POL | | 80 | M30/5 (M)9 | 01:23:09 | 01:23:06 | 03.56 |
| 6 | 241 | HATALA Sławomir | RZYKI |  POL | | 81 | M30/6 (M)10 | 01:23:54 | 01:23:51 | 03.58 |
| 7 | 198 | PAWLAS Lucjan | ZEBRZYDOWICE |  POL | | 75 | M30/7 (M)25 | 01:31:21 | 01:31:16 | 04.19 |
| 8 | 26 | CYRAN Wojciech | KRZESZOWICE |  POL | | 76 | M30/8 (M)26 | 01:31:22 | 01:31:20 | 04.19 |
| 9 | 183 | DMITROWSKI Piotr | WARSZAWA |  POL | | 79 | M30/9 (M)29 | 01:31:58 | 01:31:51 | 04.21 |
| 10 | 182 | KOCIERZ Piotr | ŻYWIEC |  POL | | 75 | M30/10 (M)31 | 01:32:03 | 01:31:53 | 04.21 |
| 11 | 97 | NIESYCYŃSKI Michał | SKAWINA |  POL | | 82 | M30/11 (M)33 | 01:33:14 | 01:33:09 | 04.24 |
| 12 | 221 | MIELEC Paweł | WADOWICE |  POL | | 79 | M30/12 (M)38 | 01:34:32 | 01:34:16 | 04.28 |
| 13 | 193 | STOKŁOSA Szymon | TARGOWISKO |  POL | | 80 | M30/13 (M)41 | 01:34:35 | 01:34:25 | 04.28 |
| 14 | 260 | ZEMŁA Andrzej | WADOWICE |  POL | | 74 | M30/14 (M)46 | 01:35:44 | 01:35:39 | 04.32 |
| 15 | 128 | SZEWczyk Mariusz | KRAKOW |  POL | | 80 | M30/15 (M)48 | 01:35:54 | 01:35:51 | 04.32 |
| 16 | 71 | KOZIEŁ Krzysztof | ZAWADKA |  POL | | 80 | M30/16 (M)50 | 01:36:35 | 01:36:27 | 04.34 |
| 17 | 112 | POKRZYK Zbigniew | OŚWIĘCIM |  POL | | 76 | M30/17 (M)60 | 01:38:21 | 01:38:12 | 04.39 |
| 18 | 171 | MOLAŁ Mateusz | BOLECHOWICE |  POL | | 76 | M30/18 (M)62 | 01:38:21 | 01:38:13 | 04.39 |
| 19 | 16 | BŁASZCZYK Marcin | KRAKÓW |  POL | | 79 | M30/19 (M)66 | 01:38:33 | 01:38:28 | 04.40 |
| 20 | 242 | GÓRSKI Zygmunt | WADOWICE |  POL | | 76 | M30/20 (M)67 | 01:38:36 | 01:38:28 | 04.40 |
| 21 | 145 | WOJTYŁA Piotr | ANDRYCHÓW |  POL | | 78 | M30/21 (M)68 | 01:38:52 | 01:38:47 | 04.40 |
| 22 | 204 | PIACHOLSKI Rafał | OŚWIĘCIM |  POL | | 79 | M30/22 (M)70 | 01:39:06 | 01:39:03 | 04.41 |
| 23 | 105 | PAPIERSKI Leszek | SPYTKOWICE |  POL | | 76 | M30/23 (M)73 | 01:39:31 | 01:39:27 | 04.42 |
| 24 | 248 | WOXNIAK Jan | ŻYWIEC |  POL | | 77 | M30/24 (M)74 | 01:39:49 | 01:39:40 | 04.43 |
| 25 | 148 | ZABORSKI Paweł | KRAKÓW |  POL | | 75 | M30/25 (M)79 | 01:40:18 | 01:40:16 | 04.45 |
| 26 | 129 | SZYMOŃSKI Marek | ŻYWIEC |  POL | | 75 | M30/26 (M)80 | 01:40:19 | 01:40:09 | 04.44 |
| 27 | 150 | ZIĘBA Krzysztof | BIELSKO - BIAŁA |  POL | | 82 | M30/27 (M)82 | 01:40:36 | 01:40:27 | 04.45 |
| 28 | 175 | ZAJĄC Marcin | KRAKÓW |  POL | | 79 | M30/28 (M)88 | 01:41:15 | 01:41:10 | 04.47 |
| 29 | 28 | DRZAZGA Artur | ANDRYCHÓW |  POL | | 73 | M30/29 (M)92 | 01:41:53 | 01:41:46 | 04.49 |
| 30 | 120 | RYŁKO Krzysztof | OŚWIĘCIM |  POL | | 73 | M30/30 (M)93 | 01:42:41 | 01:42:26 | 04.51 |
| 31 | 250 | PIAŁOŃ Piotr | WIELICZKA |  POL | | 78 | M30/31 (M)96 | 01:43:19 | 01:43:11 | 04.53 |
| 32 | 217 | CHOMICZ Wojciech | KRAKÓW |  POL | | 80 | M30/32 (M)104 | 01:44:47 | 01:44:47 | 04.58 |
| 33 | 137 | WĄTROBA Bartłomiej | CHOCZNIA |  POL | | 82 | M30/33 (M)116 | 01:47:01 | 01:46:45 | 05.03 |
| 34 | 31 | DWORAK Norbert | KRAKÓW |  POL | | 80 | M30/34 (M)125 | 01:49:06 | 01:49:00 | 05.10 |
| 35 | 45 | GÓRNY Grzegorz | BIELSKO-BIAŁA |  POL | | 80 | M30/35 (M)126 | 01:49:46 | 01:49:30 | 05.11 |
| 36 | 130 | ŚCIESZKA Wojciech | KRAKÓW |  POL | | 73 | M30/36 (M)127 | 01:49:56 | 01:49:49 | 05.12 |
| 37 | 210 | LOT Ryszard | ANDRYCHÓW |  POL | | 76 | M30/37 (M)130 | 01:50:16 | 01:50:06 | 05.13 |
| 38 | 78 | KUDŁA Grzegorz | WIELICZKA |  POL | | 74 | M30/38 (M)131 | 01:50:21 | 01:50:15 | 05.13 |
| 39 | 240 | PIOTRKOWICZ Konrad | MŁAWA |  POL | | 79 | M30/39 (M)132 | 01:50:43 | 01:50:37 | 05.14 |
| 40 | 222 | PERIO Bertrand | RUDAWA |  POL | | 75 | M30/40 (M)134 | 01:51:00 | 01:50:53 | 05.15 |
| 41 | 154 | ŻULIŃSKI Andrzej | BOLECHOWICE |  POL | | 75 | M30/41 (M)136 | 01:51:13 | 01:51:03 | 05.15 |
| 42 | 124 | SOWA Paweł | BIAŁKA |  POL | | 82 | M30/42 (M)138 | 01:51:17 | 01:51:08 | 05.16 |
| 43 | 51 | JAMBORSKI Łukasz | KRAKÓW |  POL | | 80 | M30/43 (M)139 | 01:51:19 | 01:51:07 | 05.16 |
| 44 | 174 | GROMADA Michał | WADOWICE |  POL | | 82 | M30/44 (M)141 | 01:51:27 | 01:51:22 | 05.16 |
| 45 | 52 | JANIK Marcin | KRAKÓW |  POL | | 80 | M30/45 (M)142 | 01:51:40 | 01:51:26 | 05.16 |
| 46 | 142 | WINEK Tomasz | KOZY |  POL | | 76 | M30/46 (M)144 | 01:52:11 | 01:51:56 | 05.18 |
| 47 | 227 | KRZYSZKOWSKI Michał | KRAKÓW |  POL | | 81 | M30/47 (M)145 | 01:52:36 | 01:52:23 | 05.19 |
| 48 | 149 | ZEMULA Krzysztof | KRAKÓW |  POL | | 80 | M30/48 (M)147 | 01:52:49 | 01:52:47 | 05.20 |
| 49 | 185 | GRUDZIEŃ Michał | WADOWICE |  POL | | 79 | M30/49 (M)148 | 01:52:59 | 01:52:51 | 05.20 |
| 50 | 21 | CAŁA Michał | KRAKÓW |  POL | | 75 | M30/50 (M)149 | 01:53:05 | 01:53:01 | 05.21 |
| 51 | 164 | ZĄBEK Paweł | BIELSKO-BIAŁA |  POL | | 75 | M30/51 (M)150 | 01:53:13 | 01:53:02 | 05.21 |
| 52 | 86 | MALINA Tomasz | KRAKÓW |  POL | | 75 | M30/52 (M)154 | 01:54:34 | 01:54:24 | 05.25 |
| 53 | 77 | KUCHARSKI Marcin | KRAKÓW |  POL | | 76 | M30/53 (M)156 | 01:54:56 | 01:54:45 | 05.26 |
| 54 | 23 | CHOTOWICKI Bartłomiej | LEŃCZE |  POL | | 78 | M30/54 (M)157 | 01:55:29 | 01:55:18 | 05.27 |
| 55 | 88 | MARCHEWKA Andrzej | CZERNICHÓW |  POL | | 76 | M30/55 (M)159 | 01:56:39 | 01:56:34 | 05.31 |
| 56 | 245 | GRZEBINOGA Karol | PRZYTKOWICE |  POL | | 76 | M30/56 (M)162 | 01:58:38 | 01:58:30 | 05.37 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|---|--------------|---------|------------------------|-----------|------------|----------|
| 57 | 170 | ŻAK Paweł | PODLEŻE |  POL | | 73 | M30/57 (M)163 | 01:58:59 | 01:58:46 | 05.37 |
| 58 | 102 | OLSZEWSKI Wojciech | ALWERNIA |  POL | | 77 | M30/58 (M)168 | 02:00:39 | 02:00:33 | 05.42 |
| 59 | 11 | BAŚ Mateusz | KRAKÓW |  POL | | 79 | M30/59 (M)170 | 02:00:49 | 02:00:42 | 05.43 |
| 60 | 117 | RAMENDA Tomasz | CHOCZNIA |  POL | | 79 | M30/60 (M)172 | 02:01:17 | 02:01:01 | 05.44 |
| 61 | 168 | FROTSZTEGA Marcin | SKAWINKI |  POL | | 80 | M30/61 (M)175 | 02:02:15 | 02:02:03 | 05.47 |
| 62 | 224 | FURGALA Grzegorz | KRAKOW |  POL | | 82 | M30/62 (M)177 | 02:02:41 | 02:02:24 | 05.48 |
| 63 | 82 | MAJKRZAK Mariusz | SUCHA BESKIDZKA |  POL | | 76 | M30/63 (M)184 | 02:05:55 | 02:05:52 | 05.58 |
| 64 | 19 | BUDZIOSZ Paweł | KRAKÓW |  POL | | 78 | M30/64 (M)200 | 02:30:35 | 02:30:31 | 07.08 |
| 65 | 214 | CZERYNA Robert | KRAKÓW |  POL | | 73 | M30/65 (M)202 | 02:45:11 | 02:45:00 | 07.49 |

Półmaraton Mężczyźni KATEGORIA:M40

| | | | | | | | | | | |
|----|-----|-----------------------|-------------------|---|--|----|---------------|----------|----------|-------|
| 1 | 244 | SMEŁKA Sławomir jacek | KRAKOW |  POL | | 70 | M40/1 (M)3 | 01:18:24 | 01:18:22 | 03.42 |
| 2 | 228 | POLEĆ Mirosław | RUDA ŚLĄSKA |  POL | | 68 | M40/2 (M)6 | 01:19:48 | 01:19:46 | 03.46 |
| 3 | 81 | MAJ Tadeusz | KRAKÓW |  POL | | 63 | M40/3 (M)8 | 01:21:30 | 01:21:28 | 03.51 |
| 4 | 115 | PRZEWOŹNIK Marek | BRZESZCZE |  POL | | 63 | M40/4 (M)11 | 01:24:20 | 01:24:16 | 03.59 |
| 5 | 159 | WÓJCIK Wiesław | RUDZE |  POL | | 65 | M40/5 (M)12 | 01:24:24 | 01:24:21 | 03.59 |
| 6 | 57 | JĘDRZKIEWICZ Andrzej | ŻYWIEC |  POL | | 64 | M40/6 (M)17 | 01:28:31 | 01:28:24 | 04.11 |
| 7 | 216 | STANISZEWSKI Artur | KRAKÓW |  POL | | 70 | M40/7 (M)18 | 01:28:41 | 01:28:38 | 04.12 |
| 8 | 76 | KUCHARCZYK Adam | MAKÓW PODHALAŃSKI |  POL | | 71 | M40/8 (M)20 | 01:28:51 | 01:28:48 | 04.12 |
| 9 | 178 | OLSZOWSKI Władysław | MIĘDZYPRODZIE |  POL | | 67 | M40/9 (M)21 | 01:29:13 | 01:29:11 | 04.13 |
| 10 | 258 | ŚCIGA Zbigniew | KRAKÓW |  POL | | 69 | M40/10 (M)24 | 01:30:36 | 01:30:34 | 04.17 |
| 11 | 202 | LASEK Dariusz | KOZY |  POL | | 72 | M40/11 (M)27 | 01:31:53 | 01:31:48 | 04.21 |
| 12 | 6 | BAJOREK Michał | TOMASZOWICE |  POL | | 69 | M40/12 (M)30 | 01:32:02 | 01:31:59 | 04.21 |
| 13 | 92 | MIŚ Mieczysław | STRZESZYCE |  POL | | 67 | M40/13 (M)43 | 01:34:40 | 01:34:31 | 04.28 |
| 14 | 162 | BEDNARZ Bogdan | ŻYWIEC |  POL | | 71 | M40/14 (M)47 | 01:35:52 | 01:35:41 | 04.32 |
| 15 | 207 | RYBARZ Witold | BRZESZCZE |  POL | | 71 | M40/15 (M)49 | 01:35:57 | 01:35:42 | 04.32 |
| 16 | 14 | BIELECKI Sławomir | KRAKOW |  POL | | 63 | M40/16 (M)53 | 01:36:53 | 01:36:51 | 04.35 |
| 17 | 131 | ŚWIDA Dariusz | TOMICE |  POL | | 65 | M40/17 (M)54 | 01:37:01 | 01:36:55 | 04.35 |
| 18 | 146 | WOŁOŻYŃ Ryszard | BIELSKO-BIAŁA |  POL | | 66 | M40/18 (M)55 | 01:37:05 | 01:36:56 | 04.35 |
| 19 | 46 | GÓRNY Rafał | ANDRYCHÓW |  POL | | 66 | M40/19 (M)56 | 01:37:19 | 01:37:12 | 04.36 |
| 20 | 236 | KAPŁON Krzysztof | RABKA ZDRÓJ |  POL | | 69 | M40/20 (M)59 | 01:38:07 | 01:37:59 | 04.38 |
| 21 | 186 | ROGASCH Stanisław | KRAKÓW |  POL | | 65 | M40/21 (M)65 | 01:38:30 | 01:38:17 | 04.39 |
| 22 | 63 | KAWELCZYK Robert | CZĘSTOCHOWA |  POL | | 67 | M40/22 (M)69 | 01:38:58 | 01:38:47 | 04.40 |
| 23 | 173 | NIEMAS Mariusz | RAJSKO |  POL | | 68 | M40/23 (M)94 | 01:42:53 | 01:42:43 | 04.52 |
| 24 | 235 | SERAFIN Dariusz | ZAKOPANE |  POL | | 66 | M40/24 (M)106 | 01:45:20 | 01:45:13 | 04.59 |
| 25 | 41 | GAWROŃSKI Zbigniew | BIELSKO-BIAŁA |  POL | | 71 | M40/25 (M)119 | 01:47:24 | 01:47:16 | 05.05 |
| 26 | 209 | PLUŻEK Paweł | ANDRYCHÓW |  POL | | 71 | M40/26 (M)122 | 01:48:16 | 01:48:00 | 05.07 |
| 27 | 98 | NIZIOŁ Jacek | OŚWIĘCIM |  POL | | 69 | M40/27 (M)123 | 01:49:04 | 01:48:51 | 05.09 |
| 28 | 151 | ZYDEK Paweł | WADOWICE |  POL | | 70 | M40/28 (M)124 | 01:49:06 | 01:48:59 | 05.09 |
| 29 | 70 | KOWALSKI Edward | KRAKÓW |  POL | | 65 | M40/29 (M)133 | 01:50:48 | 01:50:40 | 05.14 |
| 30 | 113 | POLAK Stanisław | KRAKÓW |  POL | | 71 | M40/30 (M)146 | 01:52:48 | 01:52:33 | 05.20 |
| 31 | 121 | SAPA Lucjan | KRAKÓW |  POL | | 69 | M40/31 (M)153 | 01:54:18 | 01:54:15 | 05.24 |
| 32 | 246 | OBOZA Leszek | BULOWICE |  POL | | 68 | M40/32 (M)165 | 01:59:17 | 01:59:11 | 05.38 |
| 33 | 206 | DUDEK Darek | ZABIERZÓW |  POL | | 70 | M40/33 (M)167 | 01:59:53 | 01:59:38 | 05.40 |
| 34 | 200 | WALA Krzysztof | STRYSZAWA |  POL | | 70 | M40/34 (M)178 | 02:03:22 | 02:03:14 | 05.50 |
| 35 | 72 | KOZIOŁ Andrzej | SPYTKOWICE |  POL | | 72 | M40/35 (M)180 | 02:03:36 | 02:03:32 | 05.51 |
| 36 | 87 | MALINOWSKI Mariusz | CIESZYN |  POL | | 70 | M40/36 (M)182 | 02:04:20 | 02:04:05 | 05.52 |
| 37 | 119 | RUTKOWSKI Mirosław | JAWORZNO |  POL | | 65 | M40/37 (M)186 | 02:06:43 | 02:06:29 | 05.59 |
| 38 | 199 | PAWLAS Marian | ZEBRZYDOWICE |  POL | | 71 | M40/38 (M)190 | 02:07:25 | 02:07:16 | 06.01 |
| 39 | 264 | KALUCKI Adam | KRAKÓW |  POL | | 69 | M40/39 (M)194 | 02:11:13 | 02:11:01 | 06.12 |
| 40 | 132 | TASIEMSKI Marcin | WADOWICE |  POL | | 68 | M40/40 (M)195 | 02:13:59 | 02:13:48 | 06.20 |
| 41 | 37 | FURGALA Krzysztof | KRAKÓW |  POL | | 72 | M40/41 (M)197 | 02:17:15 | 02:17:00 | 06.29 |
| 42 | 109 | PIĘTA Leszek | TRZCINICA |  POL | | 63 | M40/42 (M)203 | 02:47:28 | 02:47:23 | 07.56 |

Półmaraton Mężczyźni KATEGORIA:M50

| | | | | | | | | | | |
|---|-----|---------------------|---------------|---|--|----|-------------|----------|----------|-------|
| 1 | 212 | MARSZAŁEK Władysław | ŻYWIEC |  POL | | 60 | M50/1 (M)19 | 01:28:49 | 01:28:45 | 04.12 |
| 2 | 256 | ORLIKI Stanisław | TYCHY |  POL | | 59 | M50/2 (M)23 | 01:30:16 | 01:30:14 | 04.16 |
| 3 | 237 | BEHOMNEK Leszek | ZAKOPANE |  POL | | 59 | M50/3 (M)34 | 01:33:31 | 01:33:24 | 04.25 |
| 4 | 225 | MILOTA Maciej | BIELSKO-BIAŁA |  POL | | 62 | M50/4 (M)35 | 01:34:00 | 01:33:53 | 04.27 |
| 5 | 190 | MYSTEK Bogdan | OLKUSZ |  POL | | 62 | M50/5 (M)44 | 01:34:47 | 01:34:44 | 04.29 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|-------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 6 | 262 | KUYAWA Scott | EL PASO TEXAS | USA | | 58 | M50/6 (M)63 | 01:38:25 | 01:38:20 | 04.39 |
| 7 | 191 | KĘPIŃSKI Henryk | BELCHATÓW | POL | | 53 | M50/7 (M)71 | 01:39:11 | 01:39:05 | 04.41 |
| 8 | 232 | SZAREK Józef | SPYTKOWICE | POL | | 59 | M50/8 (M)77 | 01:40:08 | 01:40:05 | 04.44 |
| 9 | 157 | DYBAŚ Jerzy | JASŁO | POL | | 61 | M50/9 (M)83 | 01:40:53 | 01:40:48 | 04.46 |
| 10 | 56 | JELEŃ Janusz | MAKÓW PODHALAŃSKI | POL | | 60 | M50/10 (M)86 | 01:41:11 | 01:41:02 | 04.47 |
| 11 | 259 | GAUDYN Adam | ALWERNIA | POL | | 55 | M50/11 (M)107 | 01:45:32 | 01:45:26 | 04.59 |
| 12 | 18 | BORYCZKO Leszek | KRAKÓW | POL | | 56 | M50/12 (M)109 | 01:46:09 | 01:46:01 | 05.01 |
| 13 | 85 | MAKOWSKI Jan | RYBNIK | POL | | 61 | M50/13 (M)112 | 01:46:24 | 01:46:19 | 05.02 |
| 14 | 118 | RÓŻAK Stanisław | WOŁOWICE | POL | | 60 | M50/14 (M)114 | 01:46:25 | 01:46:16 | 05.02 |
| 15 | 38 | FURMAN Krzysztof | MAKÓW PODH. | POL | | 62 | M50/15 (M)115 | 01:46:40 | 01:46:30 | 05.02 |
| 16 | 165 | GRACJASZ Jan | KRAKÓW | POL | | 55 | M50/16 (M)117 | 01:47:06 | 01:46:58 | 05.04 |
| 17 | 158 | BUK Ryszard | BIELSKO-BIAŁA | POL | | 54 | M50/17 (M)121 | 01:48:09 | 01:47:56 | 05.07 |
| 18 | 110 | PILCH Marek | KRAKÓW | POL | | 54 | M50/18 (M)128 | 01:50:13 | 01:50:10 | 05.13 |
| 19 | 35 | DZIELIŃSKI Stanisław | BYTOM | POL | | 54 | M50/19 (M)137 | 01:51:15 | 01:51:11 | 05.16 |
| 20 | 247 | JOŃCZYK Józef | WADOWICE | POL | | 58 | M50/20 (M)140 | 01:51:27 | 01:51:19 | 05.16 |
| 21 | 53 | JARZYNA Adam | POLANKA WIELKA | POL | | 54 | M50/21 (M)143 | 01:52:10 | 01:52:05 | 05.18 |
| 22 | 93 | MOSKAL Andrzej | BIECZ | POL | | 54 | M50/22 (M)161 | 01:57:00 | 01:56:55 | 05.32 |
| 23 | 66 | KOCZUR Jerzy | ANDRYCHÓW | POL | | 53 | M50/23 (M)164 | 01:59:05 | 01:58:57 | 05.38 |
| 24 | 108 | PIETRUSZKA Józef | RUDAWA | POL | | 62 | M50/24 (M)169 | 02:00:46 | 02:00:34 | 05.42 |
| 25 | 249 | KAMIENIARZ Jan | KRAKÓW | POL | | 54 | M50/25 (M)173 | 02:01:55 | 02:01:50 | 05.46 |
| 26 | 156 | KLINK Roman | WADOWICE | POL | | 60 | M50/26 (M)176 | 02:02:39 | 02:02:39 | 05.48 |
| 27 | 195 | FABER Jerzy | RADOCZA | POL | | 60 | M50/27 (M)191 | 02:07:48 | 02:07:34 | 06.02 |
| 28 | 135 | TOKARZ Jerzy | KRAKÓW | POL | | 59 | M50/28 (M)193 | 02:08:56 | 02:08:45 | 06.06 |
| 29 | 100 | OBSTARCZYK Andrzej | OŚWIĘCIM | POL | | 57 | M50/29 (M)201 | 02:36:43 | 02:36:29 | 07.25 |

Półmaraton Mężczyźni KATEGORIA:M60

| | | | | | | | | | | |
|----|-----|--------------------|-----------------|-----|--|----|---------------|----------|----------|-------|
| 1 | 122 | SIKORA Stefan | BIELSKO BIAŁA | POL | | 49 | M60/1 (M)28 | 01:31:57 | 01:31:54 | 04.21 |
| 2 | 68 | KOPIJASZ Leonard | BRZESZCZE | POL | | 51 | M60/2 (M)37 | 01:34:21 | 01:34:18 | 04.28 |
| 3 | 161 | BUKOWIEC Wincenty | KROSNA | POL | | 51 | M60/3 (M)51 | 01:36:41 | 01:36:39 | 04.34 |
| 4 | 255 | RADOMSKI Zbigniew | BIELSKO-BIAŁA | POL | | 51 | M60/4 (M)52 | 01:36:48 | 01:36:40 | 04.34 |
| 5 | 169 | DYMEK Józef | BRZEZINKA | POL | | 50 | M60/5 (M)61 | 01:38:21 | 01:38:18 | 04.39 |
| 6 | 43 | GOŚCIEJ Andrzej | WIELICZKA | POL | | 47 | M60/6 (M)64 | 01:38:29 | 01:38:24 | 04.39 |
| 7 | 166 | ZASTAWNY Ryszard | POGWIZDÓW | POL | | 49 | M60/7 (M)95 | 01:42:59 | 01:42:52 | 04.52 |
| 8 | 160 | PABIĄSZ Stanisław | BIELSKO-BIAŁA | POL | | 48 | M60/8 (M)97 | 01:43:22 | 01:43:17 | 04.53 |
| 9 | 215 | HANO Jan | GLIWICE | POL | | 47 | M60/9 (M)102 | 01:44:18 | 01:44:11 | 04.56 |
| 10 | 201 | ZIÓŁKO Jan | KRAKÓW | POL | | 52 | M60/10 (M)105 | 01:45:20 | 01:45:12 | 04.59 |
| 11 | 253 | SUCHY Franciszek | BIELSKO-BIAŁA | POL | | 52 | M60/11 (M)118 | 01:47:22 | 01:47:15 | 05.05 |
| 12 | 73 | KRAMARZ Stanisław | SUCHA BESKIDZKA | POL | | 52 | M60/12 (M)129 | 01:50:16 | 01:50:06 | 05.13 |
| 13 | 230 | PRZYSTAŁ Ryszard | OŚWIĘCIM | POL | | 47 | M60/13 (M)151 | 01:53:21 | 01:53:18 | 05.22 |
| 14 | 139 | WIATR Stanisław | DĄBROWQA | POL | | 52 | M60/14 (M)166 | 01:59:19 | 01:59:15 | 05.39 |
| 15 | 163 | GARBLEN Mieczysław | LENCZE | POL | | 47 | M60/15 (M)171 | 02:01:02 | 02:00:48 | 05.43 |
| 16 | 155 | ŻYWIOL Tomasz | CIESZYN | POL | | 46 | M60/16 (M)185 | 02:06:18 | 02:06:06 | 05.58 |
| 17 | 15 | BIERA Stefan | KRAKÓW | POL | | 46 | M60/17 (M)189 | 02:07:02 | 02:06:55 | 06.00 |

Półmaraton Kobiety KATEGORIA:K18

| | | | | | | | | | | |
|----|-----|-------------------|-------------|-----|--|----|--------------|----------|----------|-------|
| 1 | 261 | KAPUSTA Ewelina | JEZIORANY | POL | | 87 | K18/1 (K)3 | 01:46:24 | 01:46:16 | 05.02 |
| 2 | 208 | KOCZUR-LOT Marta | ANDRYCHÓW | POL | | 77 | K18/2 (K)5 | 01:50:16 | 01:50:07 | 05.13 |
| 3 | 42 | GLOGOWSKA Kamila | KRAKÓW | POL | | 84 | K18/3 (K)8 | 01:52:18 | 01:52:10 | 05.19 |
| 4 | 243 | LASEK Weronika | WADOWICE | POL | | 79 | K18/4 (K)12 | 01:56:27 | 01:56:19 | 05.30 |
| 5 | 238 | PIOTRKOWICZ Agata | POMIECHÓWEK | POL | | 85 | K18/5 (K)13 | 01:56:49 | 01:56:43 | 05.31 |
| 6 | 172 | NIEMAS Anna | RAJSKO | POL | | 77 | K18/6 (K)14 | 01:58:48 | 01:58:38 | 05.37 |
| 7 | 192 | HORBACZEWSKA Anna | KRAKÓW | POL | | 89 | K18/7 (K)18 | 02:07:45 | 02:07:30 | 06.02 |
| 8 | 111 | PILCH Marlena | KRAKÓW | POL | | 83 | K18/8 (K)19 | 02:10:30 | 02:10:17 | 06.10 |
| 9 | 197 | WAŚIK Wioletta | | POL | | 77 | K18/9 (K)20 | 02:17:08 | 02:16:56 | 06.29 |
| 10 | 152 | ŻAK Alicja | OŚWIĘCIM | POL | | 80 | K18/10 (K)22 | 02:22:49 | 02:22:35 | 06.45 |
| 11 | 80 | LECH Ewelina | KRAKÓW | POL | | 77 | K18/11 (K)25 | 02:32:26 | 02:32:16 | 07.13 |

Półmaraton Kobiety KATEGORIA:K35

| | | | | | | | | | | |
|---|-----|---------------|-------------|-----|--|----|------------|----------|----------|-------|
| 1 | 188 | MAŁSKA Janina | KRZE | POL | | 70 | K35/1 (K)1 | 01:31:34 | 01:31:31 | 04.20 |
| 2 | 5 | BAJOREK Lidia | TOMASZOWICE | POL | | 67 | K35/2 (K)4 | 01:48:17 | 01:48:13 | 05.07 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|----------|------------------|---------|------------------------|-----------|------------|----------|
| 3 | 89 | MARCHEWKA Joanna | CZERNICHÓW | | POL | 76 | K35/3 (K)6 | 01:50:37 | 01:50:32 | 05.14 |
| 4 | 219 | PERIO Iwona | RUDAWA | | POL | 74 | K35/4 (K)7 | 01:51:47 | 01:51:40 | 05.17 |
| 5 | 196 | PIOTROWSKA Grażyna | LISZKI | | POL NIEZRZESZONA | 72 | K35/5 (K)10 | 01:55:23 | 01:55:11 | 05.27 |
| 6 | 211 | NOWAK Ewa | KRAKÓW | | POL | 76 | K35/6 (K)11 | 01:56:23 | 01:56:12 | 05.30 |
| 7 | 91 | MIELNICKA Iwona | WADOWICE | | POL | 73 | K35/7 (K)15 | 01:58:59 | 01:58:53 | 05.38 |
| 8 | 205 | DUDEK Marta | ZABIERZÓW | | POL | 71 | K35/8 (K)16 | 01:59:53 | 01:59:39 | 05.40 |
| 9 | 114 | POLIT Aneta | KRAKÓW | | POL | 66 | K35/9 (K)17 | 02:06:56 | 02:06:44 | 06.00 |
| 10 | 20 | CAŁA Balbina | KRAKÓW | | POL | 76 | K35/10 (K)21 | 02:22:15 | 02:22:09 | 06.44 |
| 11 | 213 | POWAŻKA Elżbieta | KRAKÓW | | POL | 74 | K35/11 (K)23 | 02:23:15 | 02:23:05 | 06.46 |

Półmaraton Kobiety KATEGORIA:K50

| | | | | | | | | | | |
|---|-----|-----------------------|---------------|--|-----|----|-------------|----------|----------|-------|
| 1 | 8 | BANASIAK Alicja | BIELSKO BIALA | | POL | 52 | K50/1 (K)2 | 01:43:24 | 01:43:19 | 04.53 |
| 2 | 123 | SIWA-ZYCH Bogusława | KRAKÓW | | POL | 59 | K50/2 (K)9 | 01:54:37 | 01:54:31 | 05.25 |
| 3 | 179 | LAMOT Małgorzata | PONIKIEW | | POL | 55 | K50/3 (K)24 | 02:31:35 | 02:31:32 | 07.10 |
| 4 | 101 | OBSTARCZYK Małgorzata | OŚWIĘCIM | | POL | 61 | K50/4 (K)26 | 02:36:43 | 02:36:29 | 07.25 |

Półmaraton Mężczyźni KATEGORIA:M70

| | | | | | | | | | | |
|---|-----|---------------------|---------|--|-----|----|--------------|----------|----------|-------|
| 1 | 218 | GILEWSKI Franciszek | GLIWICE | | POL | 42 | M70/1 (M)160 | 01:56:48 | 01:56:39 | 05.31 |
| 2 | 94 | MRÓZ Andrzej | KĘTY | | POL | 38 | M70/2 (M)183 | 02:05:22 | 02:05:14 | 05.56 |

Bieg na 5 km Mężczyźni KATEGORIA:M15

| | | | | | | | | | | |
|----|-----|---------------------|---------------|--|-----|----|--------------|----------|----------|-------|
| 1 | 598 | GUZDEK Piotr | WADOWICE | | POL | 99 | M15/1 (M)13 | 00:21:05 | 00:21:00 | 04.12 |
| 2 | 426 | MERES Krystian | KOSOWA | | POL | 99 | M15/2 (M)20 | 00:23:26 | 00:23:26 | 04.41 |
| 3 | 441 | MISZCZAK Kornel | KLECZA DOLNA | | POL | 97 | M15/3 (M)22 | 00:23:51 | 00:23:49 | 04.45 |
| 4 | 583 | DĄBROWSKI Łukasz | CHOCZNIA | | POL | 98 | M15/4 (M)29 | 00:24:51 | 00:24:48 | 04.57 |
| 5 | 586 | JAREK Dawid | CHOCZNIA | | POL | 98 | M15/5 (M)31 | 00:25:29 | 00:25:29 | 05.05 |
| 6 | 585 | ZAJĄC Szymon | CHOCZNIA | | POL | 98 | M15/6 (M)32 | 00:25:29 | 00:25:25 | 05.05 |
| 7 | 503 | FRYŚ Sebastian | RAJSKO | | POL | 00 | M15/7 (M)45 | 00:28:25 | 00:28:23 | 05.40 |
| 8 | 459 | SROKA Adam | RAJSKO | | POL | 98 | M15/8 (M)46 | 00:28:26 | 00:28:23 | 05.40 |
| 9 | 605 | STOPA Maciej | WADOWICE | | POL | 97 | M15/9 (M)48 | 00:28:41 | 00:28:41 | 05.44 |
| 10 | 517 | WALCZAK Kamil | WADOWICE | | POL | 97 | M15/10 (M)49 | 00:28:43 | 00:28:41 | 05.44 |
| 11 | 607 | ŚLUSZNIKAC Kacper | WADOWICE | | POL | 98 | M15/11 (M)51 | 00:28:51 | 00:28:51 | 05.46 |
| 12 | 606 | WIKTOR Szymon | BIELSKO-BIALA | | POL | 98 | M15/12 (M)54 | 00:29:33 | 00:29:33 | 05.54 |
| 13 | 582 | GWIAŹDZIAŃSKI Radek | CHOCZNIA | | POL | 98 | M15/13 (M)58 | 00:30:34 | 00:30:30 | 06.06 |

Bieg na 5 km Mężczyźni KATEGORIA:M20

| | | | | | | | | | | |
|----|-----|-------------------------|---------------|--|-----|----|--------------|----------|----------|-------|
| 1 | 427 | DULSKI Daniel | LUBLINIEC | | POL | 92 | M20/1 (M)1 | 00:18:44 | 00:18:43 | 03.44 |
| 2 | 601 | KLAUZNER Jakub | ŚWINNA PORĘBA | | POL | 95 | M20/2 (M)5 | 00:19:33 | 00:19:32 | 03.54 |
| 3 | 412 | HYDZIK Piotr | WADOWICE | | POL | 95 | M20/3 (M)11 | 00:20:39 | 00:20:38 | 04.07 |
| 4 | 402 | BUKOWCZAN Mateusz | OŚWIĘCIM | | POL | 95 | M20/4 (M)17 | 00:23:03 | 00:23:02 | 04.36 |
| 5 | 411 | STELA Dawid | KALWARIA | | POL | 94 | M20/5 (M)21 | 00:23:42 | 00:23:41 | 04.44 |
| 6 | 549 | PACZYŃSKI Dawid | WADOWICE | | POL | 96 | M20/6 (M)23 | 00:23:58 | 00:23:57 | 04.47 |
| 7 | 458 | FRYŚ Kamil | RAJSKO | | POL | 95 | M20/7 (M)25 | 00:24:12 | 00:24:10 | 04.50 |
| 8 | 431 | KAPUTA Michał | KALWARIA | | POL | 95 | M20/8 (M)26 | 00:24:25 | 00:24:24 | 04.52 |
| 9 | 543 | PAŹDZIORA Krzysztof | JASZCZUROWA | | POL | 95 | M20/9 (M)33 | 00:25:55 | 00:25:54 | 05.10 |
| 10 | 551 | MEUS Konrad | WADOWICE | | POL | 95 | M20/10 (M)34 | 00:26:15 | 00:26:11 | 05.14 |
| 11 | 591 | KNAPEK Jarosław | WADOWICE | | POL | 93 | M20/11 (M)37 | 00:27:05 | 00:27:02 | 05.24 |
| 12 | 588 | KRYSIAK Mateusz | ZATOR | | POL | 95 | M20/12 (M)39 | 00:27:28 | 00:27:23 | 05.28 |
| 13 | 531 | WĄPRZYK Mateusz | ANDRYCHÓW | | POL | 96 | M20/13 (M)50 | 00:28:51 | 00:28:51 | 05.46 |
| 14 | 555 | MEUS Kamil | WADOWICE | | POL | 95 | M20/14 (M)53 | 00:29:27 | 00:29:25 | 05.53 |
| 15 | 589 | KRYSIAK Maciej | ZATOR | | POL | 95 | M20/15 (M)57 | 00:30:28 | 00:30:24 | 06.04 |
| 16 | 538 | JĘDRZEJOWSKI Bartłomiej | WADOWICE | | POL | 95 | M20/16 (M)61 | 00:33:39 | 00:33:37 | 06.43 |
| 17 | 540 | RAMULT Jakub | CHOCZNIA | | POL | 95 | M20/17 (M)62 | 00:33:40 | 00:33:37 | 06.43 |
| 18 | 539 | BRYNDZA Patryk | CHOCZNIA | | POL | 95 | M20/18 (M)65 | 00:39:08 | 00:39:05 | 07.49 |

Bieg na 5 km Mężczyźni KATEGORIA:M30

| | | | | | | | | | | |
|---|-----|------------------|----------------------|--|-----|----|------------|----------|----------|-------|
| 1 | 419 | KRZYŻEWSKI Kamil | BRATKÓWKA | | POL | 90 | M30/1 (M)2 | 00:19:02 | 00:19:01 | 03.48 |
| 2 | 610 | KLISZ Tomasz | BIELSKO- BIALA | | POL | 81 | M30/2 (M)3 | 00:19:15 | 00:19:15 | 03.51 |
| 3 | 535 | KRZEMIEŃ Rafał | WIELICZKA | | POL | 70 | M30/3 (M)4 | 00:19:17 | 00:19:16 | 03.51 |
| 4 | 569 | MURZYN Kamil | KRAKÓW | | POL | 86 | M30/4 (M)6 | 00:19:43 | 00:19:42 | 03.56 |
| 5 | 410 | BALA Michał | RABKA ZDRÓJ | | POL | 89 | M30/5 (M)7 | 00:19:56 | 00:19:56 | 03.59 |
| 6 | 415 | HESS Paweł | CZECHOWICE-DZIEDZICE | | POL | 87 | M30/6 (M)8 | 00:20:06 | 00:20:05 | 04.01 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|-----------------------|----------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 7 | 452 | MACH Kornel | NIEPOŁOMICE | POL | | 88 | M30/7 (M)9 | 00:20:16 | 00:20:15 | 04.03 |
| 8 | 604 | CZYŻOWICZ Mirosław | KROSNO | POL | | 82 | M30/8 (M)10 | 00:20:27 | 00:20:26 | 04.05 |
| 9 | 79 | KWIATKOWSKI Arkadiusz | KRAKÓW | POL | | 90 | M30/9 (M)12 | 00:20:56 | 00:20:55 | 04.11 |
| 10 | 47 | HAŁAS Marcin | CZECHOWICE-DZIEDZICE | POL | | 84 | M30/10 (M)14 | 00:21:39 | 00:21:39 | 04.19 |
| 11 | 594 | BUGA Piotr | WROCLAQW | POL | | 80 | M30/11 (M)15 | 00:22:28 | 00:22:22 | 04.28 |
| 12 | 422 | ZDZIEBŁO Marcin | SA PSP KRAKÓW | POL | | 78 | M30/12 (M)16 | 00:22:49 | 00:22:48 | 04.33 |
| 13 | 435 | KOPEĆ Roman | JASZCZUROWA | POL | | 74 | M30/13 (M)18 | 00:23:08 | 00:23:07 | 04.37 |
| 14 | 55 | JAWORSKI Jarosław | WADOWICE | POL | | 88 | M30/14 (M)19 | 00:23:10 | 00:23:09 | 04.37 |
| 15 | 509 | PAŁOSZ Tomasz | WADOWICE | POL | | 78 | M30/15 (M)24 | 00:24:02 | 00:24:01 | 04.48 |
| 16 | 263 | MIELKE Raphael | BAŻANOWICE | POL | | 66 | M30/16 (M)27 | 00:24:31 | 00:24:28 | 04.53 |
| 17 | 536 | MARKIEWICZ Tomasz | ANDRYCHÓW | POL | | 89 | M30/17 (M)28 | 00:24:39 | 00:24:37 | 04.55 |
| 18 | 597 | RYBICKI Marcin | WROCLAW | POL | | 80 | M30/18 (M)30 | 00:24:56 | 00:24:51 | 04.58 |
| 19 | 421 | PAPLA Piotr | KRAKÓW | POL | | 72 | M30/19 (M)35 | 00:26:16 | 00:26:14 | 05.14 |
| 20 | 27 | CZYŻ Robert | KRAKÓW | POL | | 74 | M30/20 (M)36 | 00:26:29 | 00:26:26 | 05.17 |
| 21 | 449 | MATUSIK Mirosław | WADOWICE | POL | | 80 | M30/21 (M)38 | 00:27:22 | 00:27:21 | 05.28 |
| 22 | 61 | KANIA Tomasz | KRAKÓW | POL | | 88 | M30/22 (M)40 | 00:27:33 | 00:27:31 | 05.30 |
| 23 | 447 | SZCZYRK Jerzy | BUJAKÓW | POL | | 70 | M30/23 (M)42 | 00:27:53 | 00:27:49 | 05.33 |
| 24 | 565 | OGONOWSKI Jacek | KRAKÓW | POL | | 46 | M30/24 (M)43 | 00:28:13 | 00:28:11 | 05.38 |
| 25 | 39 | GALAŻKA Mieczysław | KRAKÓW | POL | | 60 | M30/25 (M)44 | 00:28:14 | 00:28:11 | 05.38 |
| 26 | 406 | JABŁOŃSKI Marek | WADOWICE | POL | | 76 | M30/26 (M)52 | 00:29:19 | 00:29:16 | 05.51 |
| 27 | 133 | TEKIELA Tadeusz | KRAKÓW | POL | | 57 | M30/27 (M)55 | 00:29:36 | 00:29:34 | 05.54 |
| 28 | 595 | GAJEWSKI Michał | SKARŻYSKO KAMIENNA | POL | | 80 | M30/28 (M)56 | 00:29:57 | 00:29:51 | 05.58 |
| 29 | 511 | SKIBICKI Krzysztof | OŚWIĘCIM | POL | | 70 | M30/29 (M)59 | 00:30:59 | 00:30:55 | 06.11 |
| 30 | 578 | KOWALCZYK Tadeusz | KRAKÓW | POL | | 54 | M30/30 (M)60 | 00:31:34 | 00:31:31 | 06.18 |
| 31 | 48 | HODUR Jacek | LIBIAŻ | POL | | 73 | M30/31 (M)63 | 00:34:35 | 00:34:31 | 06.54 |
| 32 | 534 | GADOR Mariusz | ANDRYCHÓW | POL | | 86 | M30/32 (M)64 | 00:34:43 | 00:34:40 | 06.56 |

Bieg na 5 km Kobiety KATEGORIA:K1

| | | | | | | | | | | |
|---|-----|-------------------|----------|-----|--|----|------------|----------|----------|-------|
| 1 | 454 | KAPUTA Aleksandra | KALWARIA | POL | | 99 | K1/1 (K)8 | 00:27:33 | 00:27:31 | 05.30 |
| 2 | 563 | BYRSKA Ewelina | WADOWICE | POL | | 99 | K1/2 (K)12 | 00:30:27 | 00:30:25 | 06.05 |
| 3 | 566 | SORDYL Monika | WYSOKA | POL | | 97 | K1/3 (K)17 | 00:33:08 | 00:33:04 | 06.36 |
| 4 | 572 | ŚPIEWAK Agnieszka | WYSOKA | POL | | 97 | K1/4 (K)18 | 00:33:14 | 00:33:10 | 06.38 |

Bieg na 5 km Kobiety KATEGORIA:K2

| | | | | | | | | | | |
|----|-----|----------------------|------------|-----|--|----|-------------|----------|----------|-------|
| 1 | 407 | KALIWODA Monika | BOLESŁAW | POL | | 96 | K2/1 (K)1 | 00:23:23 | 00:23:22 | 04.40 |
| 2 | 559 | GREGORARZ Magdalena | WADOWICE | POL | | 95 | K2/2 (K)2 | 00:24:39 | 00:24:37 | 04.55 |
| 3 | 448 | KWIATKOWSKA Kaja | KRAKÓW | POL | | 96 | K2/3 (K)5 | 00:26:28 | 00:26:26 | 05.17 |
| 4 | 560 | BYRSKA Sylwia | WADOWICE | POL | | 95 | K2/4 (K)6 | 00:26:42 | 00:26:40 | 05.20 |
| 5 | 34 | DYRCZ Justyna | RADOCZA | POL | | 93 | K2/5 (K)7 | 00:27:02 | 00:27:00 | 05.24 |
| 6 | 596 | KOLASA Angelika | ZATOR | POL | | 92 | K2/6 (K)11 | 00:30:18 | 00:30:17 | 06.03 |
| 7 | 530 | SZYDŁOWSKA Magdalena | JASTRZĘBIA | POL | | 95 | K2/7 (K)14 | 00:30:47 | 00:30:44 | 06.08 |
| 8 | 545 | ZAJĄC Kinga | WADOWICE | POL | | 96 | K2/8 (K)23 | 00:39:00 | 00:38:56 | 07.47 |
| 9 | 514 | ZAK Katarzyna | RAJSKO | POL | | 96 | K2/9 (K)24 | 00:39:01 | 00:38:58 | 07.47 |
| 10 | 520 | MATYS Małgorzata | WADOWICE | POL | | 95 | K2/10 (K)25 | 00:39:11 | 00:39:08 | 07.49 |
| 11 | 457 | SROKA Paulina | RAJSKO | POL | | 94 | K2/11 (K)26 | 00:39:26 | 00:39:23 | 07.52 |

Bieg na 5 km Kobiety KATEGORIA:K3

| | | | | | | | | | | |
|----|-----|--------------------|-------------------|-----|--|----|-------------|----------|----------|-------|
| 1 | 453 | KUCHARCZYK Kamila | KIELCE | POL | | 88 | K3/1 (K)3 | 00:26:16 | 00:26:15 | 05.15 |
| 2 | 408 | BARAN Magdalena | KRAKÓW | POL | | 89 | K3/2 (K)4 | 00:26:25 | 00:26:24 | 05.16 |
| 3 | 67 | KONIECZNY Anna | KRAKÓW | POL | | 85 | K3/3 (K)9 | 00:28:10 | 00:28:07 | 05.37 |
| 4 | 138 | WIATR Irena | DĄBROWA TARNOWSKA | POL | | 55 | K3/4 (K)10 | 00:30:07 | 00:30:04 | 06.00 |
| 5 | 29 | DUDKO Anna | ZATOR | POL | | 88 | K3/5 (K)13 | 00:30:45 | 00:30:40 | 06.08 |
| 6 | 40 | GANDOR Wioleta | BESTWINKA | POL | | 86 | K3/6 (K)15 | 00:31:33 | 00:31:31 | 06.18 |
| 7 | 579 | KOWALCZYK Joanna | KRAKÓW | POL | | 73 | K3/7 (K)16 | 00:32:54 | 00:32:51 | 06.34 |
| 8 | 10 | BAŚ Anna | KRAKÓW | POL | | 69 | K3/8 (K)19 | 00:33:48 | 00:33:45 | 06.45 |
| 9 | 69 | KOWALSKA Katarzyna | KRAKÓW | POL | | 71 | K3/9 (K)20 | 00:35:52 | 00:35:48 | 07.09 |
| 10 | 445 | SZCZYRK Elżbieta | BĘDZIN | POL | | 71 | K3/10 (K)21 | 00:37:52 | 00:37:47 | 07.33 |
| 11 | 593 | POWAŻKA Gabriela | KRAKÓW | POL | | 73 | K3/11 (K)22 | 00:38:40 | 00:38:34 | 07.42 |