

Maraton Opolski

WYNIKI ZAWODÓW / RESULTS LIST

Półmaraton

Organizator: Opolskie Towarzystwo Krzewienia Kultury Fizycznej

Data: 19 maja 2013 r.

Miejsce: Opole

Dystans: 21,097km

Klasyfikacja wg. czasów brutto

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas | | Tempo m/km | diff Net | Check points | | | | | |
|-------------|-----------|--------------------------------------|---------------------|--------------|-------------------------------|------------|-----------------------|----------|----------|---------------|-------------|--------------|--------------|--------------|----------|----------|----------|
| | | | | | | | | Time | Netto | | | 5km | 10,54km | 15,54 km | 21,09 km | 26,09 km | 31,64 km |
| 1 | 1301 | GARDZIELEWSKI Arkadiusz | Rzeżęcin | POL | | 86 | M20/1 M / 1 | 01:09:38 | 01:09:38 | 03.18 | +0:00:00 | 0:16:38 / 1 | 0:34:53 / 1 | 0:51:30 / 1 | | | |
| 2 | 1046 | PACHUTA Krzysztof | Opole | POL | | 82 | M30/1 M / 2 WO/1 | 01:17:04 | 01:17:03 | 03.39 | +0:07:26 | 0:18:24 / 2 | 0:38:30 / 2 | 0:56:35 / 2 | | | |
| 3 | 1106 | UCIECHOWSKI Marcin | Opole | POL | | 88 | M20/2 M / 3 WO/2 | 01:18:48 | 01:18:47 | 03.44 | +0:09:10 | 0:18:25 / 3 | 0:38:58 / 3 | 0:57:48 / 3 | | | |
| 4 | 1060 | FUHL Krzysztof | Jemielnica | POL | | 87 | M20/3 M / 4 WO/3 | 01:21:10 | 01:21:06 | 03.50 | +0:11:32 | 0:18:38 / 5 | 0:39:32 / 4 | 0:58:32 / 4 | | | |
| 5 | 1137 | PRÓSZYŃSKI Romuald | Puławy | POL | Puławianin Puławy | 69 | M40/1 M / 5 | 01:21:29 | 01:21:27 | 03.51 | +0:11:51 | 0:18:25 / 4 | 0:39:41 / 5 | 0:59:25 / 5 | | | |
| 6 | 1313 | JĘDRZEJKO Tomasz | Janowice | POL | Im 2010 Nutrend/Janowice | 79 | M30/2 M / 6 | 01:23:43 | 01:23:41 | 03.58 | +0:14:05 | 0:19:43 / 11 | 0:41:48 / 8 | 1:01:42 / 6 | | | |
| 7 | 1187 | KURIATA Robert | Złotoryja | POL | Olaws Złotoryja / | 66 | M40/2 M / 7 | 01:24:35 | 01:24:35 | 04.00 | +0:14:57 | 0:19:40 / 8 | 0:41:58 / 10 | 1:02:21 / 8 | | | |
| 8 | 1078 | OSOJCA Cezary | Krakow | POL | Team New Balance Polska | 82 | M30/3 M / 8 | 01:24:38 | 01:24:35 | 04.00 | +0:15:00 | 0:19:41 / 10 | 0:41:41 / 7 | 1:02:00 / 7 | | | |
| 9 | 1041 | MAŚLANKA Tomasz | Bytom | POL | Krs Tkkf Jastrzab Ruda Śląska | 72 | M40/3 M / 9 | 01:25:09 | 01:25:08 | 04.02 | +0:15:31 | 0:19:03 / 6 | 0:41:32 / 6 | 1:02:22 / 9 | | | |
| 10 | 1307 | UCIECHOWSKI Piotr | Opole | POL | | 63 | M50/1 M / 10 WO/4 | 01:26:03 | 01:26:03 | 04.04 | +0:16:25 | 0:20:06 / 12 | 0:42:43 / 12 | 1:03:24 / 10 | | | |
| 11 | 1195 | BIAŁORCZYK-JARZĘBOWS KA Magdalena | Wilkowice | POL | Byledobiec Anin | 72 | K40/1 K / 1 | 01:26:31 | 01:26:31 | 04.06 | +0:16:53 | 0:20:11 / 13 | 0:42:55 / 14 | 1:03:32 / 14 | | | |
| 12 | 1237 | KOTELUK Tomasz | Kalinowice | POL | Rsir Strzelce Op. | 73 | M40/4 M / 11 WO/5 | 01:26:31 | 01:26:28 | 04.05 | +0:16:53 | 0:20:24 / 15 | 0:42:55 / 13 | 1:03:30 / 12 | | | |
| 13 | 1062 | OPALKA Paweł | Nysa | POL | Nysa Biega | 74 | M30/4 M / 12 WO/6 | 01:27:22 | 01:27:21 | 04.08 | +0:17:44 | 0:19:40 / 9 | 0:41:52 / 9 | 1:03:31 / 13 | | | |
| 14 | 1208 | GAWROŃSKI Zbigniew | Kietrz | POL | Ks Gryf Kietrz | 70 | M40/5 M / 13 WO/7 | 01:27:28 | 01:27:28 | 04.08 | +0:17:50 | 0:19:39 / 7 | 0:42:29 / 11 | 1:03:27 / 11 | | | |
| 15 | 1096 | BEDNAREK Adam | Opole | POL | Decathlon Opole | 86 | M20/4 M / 14 WO/8 | 01:28:05 | 01:28:01 | 04.10 | +0:18:27 | 0:21:09 / 19 | 0:44:09 / 16 | 1:04:52 / 15 | | | |
| 16 | 1297 | RYGULA Anna | Opole | POL | | 82 | K30/1 K / 2 WO/9 | 01:29:22 | 01:29:21 | 04.14 | +0:19:44 | 0:20:12 / 14 | 0:43:10 / 15 | 1:04:53 / 16 | | | |
| 17 | 1151 | PAŁĘTKO Marek | Jasienica Dolna | POL | Nysa Biega | 82 | M30/5 M / 15 WO/10 | 01:30:00 | 01:29:59 | 04.15 | +0:20:22 | 0:21:07 / 18 | 0:44:40 / 18 | 1:06:28 / 19 | | | |
| 18 | 1099 | JACKOWIAK Piotr | Brzeg | POL | | 86 | M20/5 M / 16 WO/11 | 01:30:45 | 01:30:41 | 04.17 | +0:21:07 | 0:21:26 / 22 | 0:44:44 / 19 | 1:06:26 / 17 | | | |
| 19 | 1207 | NOWICKI Andrzej | Bielawa | POL | | 61 | M50/2 M / 17 | 01:30:50 | 01:30:47 | 04.18 | +0:21:12 | 0:20:51 / 17 | 0:44:28 / 17 | 1:06:26 / 18 | | | |
| 20 | 1044 | DUPLA Konrad | Wrocław | POL | | 79 | M30/6 M / 18 | 01:31:07 | 01:31:05 | 04.19 | +0:21:29 | 0:21:19 / 21 | 0:45:07 / 21 | 1:07:05 / 21 | | | |
| 21 | 1030 | HOLIK Sebastian | Biadacz K.opola | POL | | 74 | M30/7 M / 19 WO/12 | 01:31:52 | 01:31:52 | 04.21 | +0:22:14 | 0:20:35 / 16 | 0:44:56 / 20 | 1:07:03 / 20 | | | |
| 22 | 1260 | SKRZYPCZYK Krzysztof | Tarnowskie Góry | POL | Grupa Biegowa Gwarek / | 75 | M30/8 M / 20 | 01:31:55 | 01:31:48 | 04.21 | +0:22:17 | 0:21:26 / 23 | 0:45:39 / 23 | 1:07:42 / 22 | | | |
| 23 | 1279 | JĘDRZEJEWSKA Katarzyna | Opole | POL | `kb ``biegambolubie`` Opole` | 86 | K20/1 K / 3 WO/13 | 01:32:52 | 01:32:51 | 04.24 | +0:23:14 | 0:22:10 / 32 | 0:46:42 / 27 | 1:08:14 / 24 | | | |
| 24 | 1143 | BAK Jacek | Opole | POL | Drużyna Szpiku | 70 | M40/6 M / 21 WO/14 | 01:33:01 | 01:32:55 | 04.24 | +0:23:23 | 0:22:11 / 34 | 0:46:42 / 28 | 1:08:14 / 23 | | | |
| 25 | 1045 | HORBOWY Sławomir | Czepielowice | POL | | 63 | M50/3 M / 22 WO/15 | 01:33:11 | 01:32:58 | 04.24 | +0:23:33 | 0:22:27 / 36 | 0:46:19 / 25 | 1:08:36 / 26 | | | |
| 26 | 1055 | KONARSKI Piotr | Krasków | POL | | 89 | M20/6 M / 23 WO/16 | 01:33:40 | 01:33:36 | 04.26 | +0:24:02 | 0:21:42 / 25 | 0:45:57 / 24 | 1:08:28 / 25 | | | |

Klasyfikacja wg. czasów brutto

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Netto | Tempo m/km | diff Net | Check points |
|----------|--------|-----------------------|-------------------|-----------|--|-----------|--------------------|-----------|----------|------------|----------|--|
| 27 | 1023 | STEMPLEWSKI Sebastian | Opole | POL | Opolski Klub Karate Kyokushin | 74 M30/9 | M / 24 WO/17 | 01:35:17 | 01:35:10 | 04.30 | +0:25:39 | 0:22:46 / 40 0:47:13 / 32 1:09:58 / 28 |
| 28 | 1039 | GNILA Tomasz | Praszka | POL | | 88 M20/7 | M / 25 WO/18 | 01:35:36 | 01:35:33 | 04.31 | +0:25:58 | 0:21:18 / 20 0:45:11 / 22 1:08:42 / 27 |
| 29 | 1101 | BOSY Jacek | Opole | POL | Fast Foot Opole | 79 M30/10 | M / 26WO/19 | 01:35:59 | 01:35:56 | 04.32 | +0:26:21 | 0:21:53 / 27 0:46:57 / 31 1:10:18 / 30 |
| 30 | 1210 | KASIURA Krzysztof | Krapkowice | POL | | 72 M40/7 | M / 27 WO/20 | 01:36:51 | 01:36:39 | 04.34 | +0:27:13 | 0:23:06 / 48 0:47:22 / 33 1:10:29 / 32 |
| 31 | 1261 | MACIUSZEK Lukasz | Łambinowice | POL | Bbl Opole | 86 M20/8 | M / 28 WO/21 | 01:37:03 | 01:36:55 | 04.35 | +0:27:25 | 0:22:49 / 43 0:48:46 / 42 1:12:07 / 35 |
| 32 | 1264 | PALACZ Marcin | Brzeg | POL | | 77 M30/11 | M / 29WO/22 | 01:37:23 | 01:37:21 | 04.36 | +0:27:45 | 0:21:56 / 30 0:46:55 / 30 1:10:14 / 29 |
| 33 | 1104 | SZLAGA Daniel | Ziębice | POL | | 75 M30/12 | M / 30 | 01:37:44 | 01:37:39 | 04.37 | +0:28:06 | 0:22:56 / 44 0:48:51 / 44 1:12:14 / 36 |
| 34 | 1072 | STRZELCZAK Robert | Opole | POL | `kb ``biegambolubie`` Opole` | 74 M30/13 | M / 31WO/23 | 01:37:58 | 01:37:51 | 04.38 | +0:28:20 | 0:22:32 / 38 0:47:53 / 35 1:11:49 / 34 |
| 35 | 1081 | SZCZEPANIAK Rafał | Karłowice | POL | | 83 M30/14 | M / 32WO/24 | 01:38:02 | 01:38:01 | 04.38 | +0:28:24 | 0:21:52 / 26 0:46:38 / 26 1:10:25 / 31 |
| 36 | 1075 | MALEK Michał | Prudnik | POL | | 83 M30/15 | M / 33WO/25 | 01:38:05 | 01:38:03 | 04.38 | +0:28:27 | 0:21:34 / 24 0:46:52 / 29 1:11:08 / 33 |
| 37 | 1280 | NOWAK Małgorzata | Olsztyn | POL | Trening Biegacza | 83 K30/2 | K / 4 | 01:38:46 | 01:38:42 | 04.40 | +0:29:08 | 0:23:00 / 45 0:48:31 / 40 1:12:21 / 39 |
| 38 | 1076 | SALDACZ Maciej | Wrocław | POL | | 73 M40/8 | M / 34 | 01:39:32 | 01:39:26 | 04.42 | +0:29:54 | 0:22:38 / 39 0:48:13 / 36 1:12:20 / 38 |
| 39 | 1197 | JALOCHA Tomek | Wysoka | POL | Rakowski-kaglik Brokerzy Ubezpieczeniowi / | 79 M30/16 | M / 35 | 01:39:38 | 01:39:28 | 04.42 | +0:30:00 | 0:24:08 / 70 0:50:02 / 51 1:13:31 / 43 |
| 40 | 1100 | KOTYSZ Waldemar | Opole | POL | Bbl Opole | 64 M40/9 | M / 36 WO/26 | 01:39:50 | 01:39:44 | 04.43 | +0:30:12 | 0:22:11 / 33 0:47:44 / 34 1:12:14 / 37 |
| 41 | 1224 | NAROLSKI Sebastian | Brzeg Dolny | POL | | 90 M20/9 | M / 37 | 01:39:59 | 01:39:51 | 04.43 | +0:30:21 | 0:22:47 / 41 0:48:29 / 38 1:12:50 / 41 |
| 42 | 1254 | ŁUKASIK Marcin | Oława | POL | | 81 M30/17 | M / 38 | 01:39:59 | 01:39:46 | 04.43 | +0:30:21 | 0:25:06 / 107 0:52:25 / 87 1:15:26 / 59 |
| 43 | 1128 | DUDA Andrzej | Grodków | POL | Stowarzyszenie Be Better | 86 M20/10 | M / 39WO/27 | 01:40:15 | 01:40:02 | 04.44 | +0:30:37 | 0:24:13 / 72 0:50:08 / 52 1:14:00 / 47 |
| 44 | 1161 | SKORUPIŃSKI Paweł | Opole | POL | Mustangu Mknij! | 88 M20/11 | M / 40WO/28 | 01:40:16 | 01:40:07 | 04.44 | +0:30:38 | 0:21:56 / 29 0:48:31 / 41 1:13:08 / 42 |
| 45 | 1125 | SŁOCIAK Rafał | Ozimek | POL | Niezrzeszony | 90 M20/12 | M / 41WO/29 | 01:40:28 | 01:40:25 | 04.45 | +0:30:50 | 0:21:54 / 28 0:48:31 / 39 1:13:37 / 44 |
| 46 | 1214 | MACHULA Arkadiusz | Ziębice | POL | | 72 M40/10 | M / 42 | 01:40:30 | 01:40:26 | 04.45 | +0:30:52 | 0:23:38 / 56 0:50:10 / 53 1:14:15 / 49 |
| 47 | 1314 | NOJEK Wiesław | Chorzów | POL | Nojek Team | 64 M40/11 | M / 43 | 01:40:44 | 01:40:41 | 04.46 | +0:31:06 | 0:23:23 / 50 0:49:56 / 49 1:13:46 / 45 |
| 48 | 1133 | SZYMANIAK Adam | Częstochowa | POL | | 81 M30/18 | M / 44 | 01:40:48 | 01:40:30 | 04.45 | +0:31:10 | 0:23:05 / 47 0:48:26 / 37 1:12:48 / 40 |
| 49 | 1057 | MARTYNA Tomasz | Ścinawa Nyska | POL | Niezrzeszony | 92 M20/13 | M / 45WO/30 | 01:40:52 | 01:40:44 | 04.46 | +0:31:14 | 0:25:04 / 99 0:52:24 / 84 1:16:01 / 63 |
| 50 | 1031 | ZIELIŃSKI Mateusz | Kujakowice Górne | POL | | 91 M20/14 | M / 46WO/31 | 01:41:05 | 01:40:44 | 04.46 | +0:31:27 | 0:27:22 / 186 0:55:01 / 137 1:17:31 / 84 |
| 51 | 1146 | FILIPCZAK Dariusz | Strzelce Opolskie | POL | Osir Strzelce Opolskie | 68 M40/12 | M / 47WO/32 | 01:41:20 | 01:41:00 | 04.47 | +0:31:42 | 0:24:14 / 73 0:50:39 / 55 1:14:49 / 51 |
| 52 | 1312 | RADŁAK Grzegorz | Dobrzeń Wielki | POL | | 69 M40/13 | M / 48WO/33 | 01:41:29 | 01:41:21 | 04.48 | +0:31:51 | 0:24:21 / 78 0:51:11 / 61 1:15:11 / 54 |
| 53 | 1219 | SŁOMKA Andrzej | Mikołów | POL | Hades | 60 M50/4 | M / 49 | 01:41:59 | 01:41:57 | 04.49 | +0:32:21 | 0:22:16 / 35 0:49:16 / 46 1:14:08 / 48 |
| 54 | 1278 | HRYNIÓW Dariusz | Chrzęszczyce | POL | Okręgowa Izba Radców Prawnych W Opolu | 84 M20/15 | M / 50WO/34 | 01:42:08 | 01:41:59 | 04.50 | +0:32:30 | 0:24:56 / 92 0:52:24 / 86 1:16:48 / 68 |
| 55 | 1250 | PAJĘCZEK Piotr | Niemodlin | POL | 10 Blog | 81 M30/19 | M / 51WO/35 | 01:42:09 | 01:41:58 | 04.50 | +0:32:31 | 0:23:14 / 49 0:49:39 / 47 1:15:12 / 57 |
| 56 | 1272 | ERTEL Radosław | Baranów | POL | Maratony Polskie Pi Team / | 68 M40/14 | M / 52 | 01:42:10 | 01:42:01 | 04.50 | +0:32:32 | 0:25:25 / 127 0:53:17 / 115 1:16:47 / 67 |
| 57 | 1141 | HOCZEK Tomasz | Opole | POL | | 80 M30/20 | M / 53WO/36 | 01:42:23 | 01:41:59 | 04.50 | +0:32:45 | 0:25:05 / 103 0:50:59 / 57 1:15:12 / 56 |
| 58 | 1249 | CIEŚLA Mariola | Pątnów | POL | Luks Mgoksir Korfantów | 90 K20/2 | K / 5 | 01:42:28 | 01:42:17 | 04.50 | +0:32:50 | 0:22:31 / 37 0:48:49 / 43 1:14:16 / 50 |
| 59 | 1203 | KARDASZ Bartosz | Tulowice | POL | 10 Blog | 85 M20/16 | M / 54WO/37 | 01:42:49 | 01:42:39 | 04.51 | +0:33:11 | 0:25:06 / 105 0:52:35 / 93 1:17:30 / 80 |
| 60 | 1291 | GRZESIOK Wojciech | Bytom | POL | | 79 M30/21 | M / 55 | 01:43:00 | 01:42:50 | 04.52 | +0:33:22 | 0:25:07 / 109 0:52:22 / 81 1:16:30 / 64 |
| 61 | 1147 | ZIELIŃSKI Michał | Wrocław | POL | | 85 M20/17 | M / 56 | 01:43:15 | 01:43:08 | 04.53 | +0:33:37 | 0:23:39 / 57 0:51:06 / 60 1:15:55 / 61 |
| 62 | 1036 | LUDWIKOWSKI Paweł | Opole | POL | | 87 M20/18 | M / 57WO/38 | 01:43:18 | 01:43:11 | 04.53 | +0:33:40 | 0:24:01 / 65 0:51:01 / 58 1:15:46 / 60 |
| 63 | 1262 | WOLNIK Emilia | Poznań | POL | Kb Maniac Poznań / | 84 K20/3 | K / 6 | 01:43:19 | 01:43:11 | 04.53 | +0:33:41 | 0:25:23 / 120 0:53:04 / 107 1:17:10 / 74 |
| 64 | 1290 | JARCZYK Jacek | Chorzów | POL | | 71 M40/15 | M / 58 | 01:43:21 | 01:43:12 | 04.53 | +0:33:43 | 0:25:08 / 111 0:52:15 / 78 1:16:33 / 65 |
| 65 | 1120 | KSIĄŻEK Bogusław | Wrocław | POL | | 78 M30/22 | M / 59 | 01:43:26 | 01:43:18 | 04.53 | +0:33:48 | 0:25:17 / 117 0:52:36 / 96 1:16:55 / 71 |

Klasyfikacja wg. czasów brutto

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Netto | Tempo m/km | diff Net | Check points |
|----------|--------|--------------------------|------------------|-----------|------------------------------|-----------|--------------------|-----------|----------|------------|----------|---|
| 66 | 1050 | IWAŃSKI Józef | Krapkowice | POL | | 52 M60/1 | M / 60 WO/39 | 01:43:34 | 01:43:29 | 04.54 | +0:33:56 | 0:23:05 / 46 0:49:58 / 50 1:14:54 / 52 |
| 67 | 1165 | MALINOWSKI Artur | Opole | POL | Bieg Opolski | 78 M30/23 | M / 61WO/40 | 01:43:46 | 01:43:24 | 04.54 | +0:34:08 | 0:25:05 / 104 0:52:24 / 83 1:16:49 / 69 |
| 68 | 1283 | KRUK Tomasz | Nysa | POL | Nysa Biega | 75 M30/24 | M / 62WO/41 | 01:43:52 | 01:43:42 | 04.54 | +0:34:14 | 0:24:30 / 82 0:51:29 / 65 1:15:57 / 62 |
| 69 | 1277 | GALIŃSKI Rafał | | POL | Tgprofessional Team / | 73 M40/16 | M / 63 | 01:43:52 | 01:43:41 | 04.54 | +0:34:14 | 0:25:00 / 94 0:52:12 / 77 1:16:49 / 70 |
| 70 | 1082 | GRZYBOWICZ Łukasz | | POL | Mow Krupski Mlyn Maratończyk | 81 M30/25 | M / 64 | 01:44:31 | 01:44:12 | 04.56 | +0:34:53 | 0:24:35 / 83 0:51:36 / 68 1:16:44 / 66 |
| 71 | 1199 | FAFARA Marek | | POL | Gabinet Masażu Zephyr | 81 M30/26 | M / 65WO/42 | 01:44:38 | 01:44:32 | 04.57 | +0:35:00 | 0:24:18 / 74 0:51:58 / 73 1:17:03 / 73 |
| 72 | 1235 | LUKASIK Leszek | | POL | | 59 M50/5 | M / 66 | 01:44:46 | 01:44:35 | 04.57 | +0:35:08 | 0:25:06 / 108 0:52:36 / 97 1:17:31 / 83 |
| 73 | 1295 | CZEKAJ Paweł | Dobrzeń Wielki | POL | Niezrzeszony | 67 M40/17 | M / 67WO/43 | 01:45:04 | 01:44:56 | 04.58 | +0:35:26 | 0:24:21 / 77 0:51:11 / 62 1:15:21 / 58 |
| 74 | 1221 | GALUS Maciej | Wola | POL | | 92 M20/19 | M / 68 | 01:45:06 | 01:45:00 | 04.58 | +0:35:28 | 0:22:48 / 42 0:50:52 / 56 1:17:03 / 72 |
| 75 | 1114 | KRZYŻANOWSKI Marcin | Wysoka | POL | | 78 M30/27 | M / 69 | 01:45:10 | 01:45:01 | 04.58 | +0:35:32 | 0:25:03 / 97 0:52:33 / 91 1:17:49 / 87 |
| 76 | 1180 | RUSZCZAK Bogdan | Opole | POL | | 81 M30/28 | M / 70WO/44 | 01:45:12 | 01:45:03 | 04.58 | +0:35:34 | 0:25:24 / 123 0:53:06 / 109 1:18:22 / 92 |
| 77 | 1258 | MICHAŁA Radosław | Czarnowasy | POL | | 87 M20/20 | M / 71WO/45 | 01:45:15 | 01:45:10 | 04.59 | +0:35:37 | 0:23:55 / 63 0:49:55 / 48 1:13:59 / 46 |
| 78 | 1056 | KACHEL Mateusz | Kaniów | POL | | 87 M20/21 | M / 72WO/46 | 01:45:23 | 01:45:00 | 04.58 | +0:35:45 | 0:26:39 / 154 0:54:05 / 124 1:18:21 / 91 |
| 79 | 1181 | WIŚNIEWSKI Paweł | Gliwice | POL | | 79 M30/29 | M / 73 | 01:45:25 | 01:45:20 | 04.59 | +0:35:47 | 0:24:11 / 71 0:51:50 / 69 1:17:12 / 76 |
| 80 | 1098 | OLENDER Grzegorz | Opole | POL | | 78 M30/30 | M / 74WO/47 | 01:45:32 | 01:45:15 | 04.59 | +0:35:54 | 0:26:12 / 141 0:54:01 / 122 1:19:00 / 102 |
| 81 | 1069 | RADWAN Krzysztof | Wrocław | POL | Pjakprezent.pl | 76 M30/31 | M / 75 | 01:45:43 | 01:45:25 | 04.59 | +0:36:05 | 0:24:06 / 69 0:50:39 / 54 1:15:01 / 53 |
| 82 | 1226 | PIECHOWSKI Dawid | Potęgowo | POL | | 83 M30/32 | M / 76 | 01:45:59 | 01:45:53 | 05.01 | +0:36:21 | 0:21:59 / 31 0:48:51 / 45 1:15:11 / 55 |
| 83 | 1238 | KASPRZYCKI Grzegorz | Krzyżowice | POL | 10 Blog | 90 M20/22 | M / 77WO/48 | 01:46:10 | 01:45:48 | 05.00 | +0:36:32 | 0:24:52 / 89 0:51:52 / 70 1:17:27 / 79 |
| 84 | 1218 | WYDUCH Jan | Mikołów | POL | Hades | 49 M60/2 | M / 78 | 01:46:37 | 01:46:33 | 05.03 | +0:36:59 | 0:23:34 / 54 0:51:32 / 67 1:17:27 / 78 |
| 85 | 1160 | LIPOWSKI Grzegorz | Komprachcice | POL | | 68 M40/18 | M / 79WO/49 | 01:46:44 | 01:46:21 | 05.02 | +0:37:06 | 0:25:35 / 131 0:53:01 / 105 1:18:13 / 89 |
| 86 | 1156 | MARTAN Iwona | Wrocław | POL | | 81 K30/3 | K / 7 | 01:47:00 | 01:46:56 | 05.04 | +0:37:22 | 0:24:18 / 75 0:51:58 / 72 1:17:12 / 75 |
| 87 | 1273 | DYK Mirosław | Sosnowiec | POL | | 74 M30/33 | M / 80 | 01:47:03 | 01:46:54 | 05.04 | +0:37:25 | 0:25:25 / 125 0:53:05 / 108 1:18:36 / 94 |
| 88 | 1310 | FLEJTERSKI Adam | Wrocław | POL | Biegiem Po Zdrowie-team Asa | 56 M50/6 | M / 81 | 01:47:05 | 01:46:56 | 05.04 | +0:37:27 | 0:25:04 / 100 0:52:34 / 92 1:17:31 / 82 |
| 89 | 1042 | JUNG Kamil | Wrocław | POL | Radość Biegania | 85 M20/23 | M / 82 | 01:47:15 | 01:46:53 | 05.04 | +0:37:37 | 0:23:45 / 59 0:51:05 / 59 1:17:45 / 86 |
| 90 | 1074 | BROL Krzysztof | Lisowice | POL | | 65 M40/19 | M / 83 | 01:47:23 | 01:47:15 | 05.05 | +0:37:45 | 0:25:05 / 102 0:52:35 / 95 1:17:44 / 85 |
| 91 | 1097 | SŁOMKA Marek | Opole | POL | Solo Opole | 56 M50/7 | M / 84 WO/50 | 01:47:26 | 01:47:24 | 05.05 | +0:37:48 | 0:23:34 / 53 0:51:31 / 66 1:17:26 / 77 |
| 92 | 1066 | MRUGAŁA Monika | Węgry | POL | Fast Foot Opole | 74 K30/4 | K / 8 WO/51 | 01:47:37 | 01:47:32 | 05.05 | +0:37:59 | 0:23:35 / 55 0:52:05 / 74 1:17:56 / 88 |
| 93 | 8 | HACZYK Natalia | Opole | POL | Bieg Opolski | 73 K40/2 | K / 9 /2 | 01:47:45 | 01:47:37 | 05.06 | +0:38:07 | 0:25:23 / 121 0:53:17 / 113 1:18:42 / 97 |
| 94 | 1305 | ZAWODNIK Do uzup | | POL | | | M / 85 | 01:47:45 | 01:47:37 | 05.06 | +0:38:07 | 0:25:23 / 122 0:53:17 / 114 1:18:42 / 96 |
| 95 | 1276 | BULĄCZ Romuald | Wrocław | POL | | 75 M30/34 | M / 86 | 01:47:47 | 01:47:33 | 05.05 | +0:38:09 | 0:26:03 / 138 0:54:02 / 123 1:19:24 / 111 |
| 96 | 1112 | JANICZEK Adam | Opole | POL | | 81 M30/35 | M / 87WO/52 | 01:47:54 | 01:47:36 | 05.06 | +0:38:16 | 0:25:25 / 126 0:53:24 / 118 1:19:06 / 107 |
| 97 | 1267 | CHAMAŁA Krzysztof | Częstochowa | POL | | 83 M30/36 | M / 88 | 01:47:55 | 01:47:41 | 05.06 | +0:38:17 | 0:26:01 / 137 0:54:24 / 128 1:20:13 / 118 |
| 98 | 1233 | MALORNY Patrycja | Kamyk | POL | | 91 K20/4 | K / 10 | 01:48:01 | 01:47:55 | 05.06 | +0:38:23 | 0:23:47 / 60 0:51:24 / 64 1:19:02 / 103 |
| 99 | 1107 | MAŁYSA Marcin | Bielsko-biała | POL | | 85 M20/24 | M / 89 | 01:48:10 | 01:47:53 | 05.06 | +0:38:32 | 0:25:25 / 124 0:53:24 / 117 1:19:06 / 106 |
| 100 | 1068 | BEREZOWSKI Sławomir | Kępa | POL | | 67 M40/20 | M / 90 | 01:48:14 | 01:48:08 | 05.07 | +0:38:36 | 0:24:35 / 85 0:52:57 / 103 1:19:46 / 114 |
| 101 | 1001 | SEREDYNIECKI Ryszard | Olawa | POL | | 72 M40/21 | M / 91 | 01:48:17 | 01:48:01 | 05.07 | +0:38:39 | 0:24:28 / 80 0:52:35 / 94 1:18:42 / 98 |
| 102 | 1139 | SOCHA Grzegorz | Olawa | POL | | 79 M30/37 | M / 92 | 01:48:25 | 01:48:08 | 05.07 | +0:38:47 | 0:25:02 / 95 0:53:16 / 112 1:19:24 / 110 |
| 103 | 1009 | POSPIESZYŃSKI Przemysław | Opole | POL | Krakowska 9 | 91 M20/25 | M / 93WO/53 | 01:48:49 | 01:48:39 | 05.09 | +0:39:11 | 0:24:28 / 81 0:52:08 / 76 1:19:06 / 105 |

Klasyfikacja wg. czasów brutto

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Netto | Tempo m/km | diff Net | Check points | | |
|----------|--------|----------------------|-------------------|-----------|--|-----------|--------------------|-----------|----------|------------|----------|---------------|---------------|---------------|
| 104 | 1284 | SOBÓTKA Sławomir | Krapkowice | POL | | 71 M40/22 | M / 94WO/54 | 01:48:54 | 01:48:37 | 05.08 | +0:39:16 | 0:25:13 / 115 | 0:53:06 / 110 | 1:18:48 / 101 |
| 105 | 1109 | SZOBER Grzegorz | Strzelce Opolskie | POL | Osir Strzelce Opolskie | 92 M20/26 | M / 99WO/55 | 01:49:07 | 01:48:59 | 05.09 | +0:39:29 | 0:25:04 / 101 | 0:52:24 / 85 | 1:18:24 / 93 |
| 106 | 1299 | TOMCZAK Mieszko | Wrocław | POL | | 92 M20/27 | M / 96 | 01:49:09 | 01:49:01 | 05.10 | +0:39:31 | 0:23:33 / 51 | 0:51:12 / 63 | 1:17:30 / 81 |
| 107 | 1311 | WADAS Piotr | Łambinowice | POL | | 53 M60/3 | M / 97 WO/56 | 01:49:16 | 01:49:15 | 05.10 | +0:39:38 | 0:23:52 / 62 | 0:52:28 / 90 | 1:19:42 / 112 |
| 108 | 1025 | BEDNARZ Krzysztof | Brzeg | POL | Autoliv Biega | 76 M30/38 | M / 98WO/57 | 01:49:17 | 01:49:09 | 05.10 | +0:39:39 | 0:25:04 / 98 | 0:52:47 / 99 | 1:19:16 / 109 |
| 109 | 1007 | OSTROWSKI Rafał | Opole | POL | Niezrzeszony | 77 M30/39 | M / 99WO/58 | 01:49:21 | 01:49:01 | 05.10 | +0:39:43 | 0:25:08 / 112 | 0:53:03 / 106 | 1:19:13 / 108 |
| 110 | 1282 | OLSZEWSKI Michał | Opole | POL | Amator | 78 M30/40 | M / 100O/59 | 01:49:30 | 01:49:25 | 05.11 | +0:39:52 | 0:25:07 / 110 | 0:52:40 / 98 | 1:18:14 / 90 |
| 111 | 1212 | ZAJĄC Rafał | Łódź | POL | | 78 M30/41 | M / 101 | 01:49:33 | 01:49:13 | 05.10 | +0:39:55 | 0:23:57 / 64 | 0:52:23 / 82 | 1:20:03 / 117 |
| 112 | 1183 | BABIK Łukasz | Opole | POL | Bongo Opole | 82 M30/42 | M / 102O/60 | 01:49:44 | 01:49:33 | 05.11 | +0:40:06 | 0:27:12 / 176 | 0:56:49 / 161 | 1:23:02 / 142 |
| 113 | 1067 | SAMUSZONEK Jakub | Wrocław | POL | | 82 M30/43 | M / 103 | 01:49:49 | 01:49:37 | 05.11 | +0:40:11 | 0:27:12 / 174 | 0:55:58 / 152 | 1:21:51 / 130 |
| 114 | 1188 | SAWICKA Anna | Opole | POL | | 80 K30/5 | K / 11 WO/61 | 01:49:49 | 01:49:25 | 05.11 | +0:40:11 | 0:26:14 / 144 | 0:54:28 / 129 | 1:20:35 / 121 |
| 115 | 1185 | CHOLEWA Grzegorz | Pyskowice | POL | | 78 M30/44 | M / 104 | 01:49:54 | 01:49:50 | 05.12 | +0:40:16 | 0:25:16 / 116 | 0:53:36 / 120 | 1:20:28 / 120 |
| 116 | 1145 | LISIŃSKI Tomasz | Opole | POL | Um Opole | 81 M30/45 | M / 105O/62 | 01:50:01 | 01:49:54 | 05.12 | +0:40:23 | 0:25:09 / 114 | 0:53:18 / 116 | 1:19:42 / 113 |
| 117 | 1270 | NESTEREWICZ Ryszard | Kłodzko | POL | | 54 M50/8 | M / 106 | 01:50:03 | 01:49:46 | 05.12 | +0:40:25 | 0:24:03 / 66 | 0:52:19 / 80 | 1:18:44 / 99 |
| 118 | 1091 | MICHALAK Krzysztof | Wrocław | POL | | 82 M30/46 | M / 107 | 01:50:04 | 01:49:46 | 05.12 | +0:40:26 | 0:26:47 / 162 | 0:55:55 / 150 | 1:21:39 / 129 |
| 119 | 1038 | POLICHT Dominik | Praszka | POL | | 87 M20/28 | M / 108O/63 | 01:50:09 | 01:49:42 | 05.12 | +0:40:31 | 0:27:29 / 188 | 0:55:42 / 146 | 1:21:52 / 132 |
| 120 | 1255 | BUDZIK Ryszard | Brzeg | POL | Pwik Brzeg | 62 M50/9 | M / 109WO/64 | 01:50:16 | 01:49:55 | 05.12 | +0:40:38 | 0:25:20 / 118 | 0:53:35 / 119 | 1:19:58 / 115 |
| 121 | 1209 | WÓJCIK Monika | Krapkowice | POL | | 83 K30/6 | K / 12 WO/65 | 01:50:20 | 01:50:08 | 05.13 | +0:40:42 | 0:25:54 / 135 | 0:54:43 / 132 | 1:21:01 / 123 |
| 122 | 1014 | BASZCZYŻYŃ Artur | Kudowa Zdrój | POL | Ochikara | 85 M20/29 | M / 110 | 01:50:23 | 01:50:18 | 05.13 | +0:40:45 | 0:24:35 / 84 | 0:51:56 / 71 | 1:18:40 / 95 |
| 123 | 1103 | ŁOJKO Michał esteban | Drzonków | POL | Rajtarowianka Drzonków | 87 M20/30 | M / 111 | 01:50:23 | 01:50:07 | 05.13 | +0:40:45 | 0:26:13 / 142 | 0:55:26 / 141 | 1:21:30 / 126 |
| 124 | 1043 | PLONKA Tomasz | Wrocław | POL | Radość Biegania | 79 M30/47 | M / 112 | 01:50:51 | 01:50:28 | 05.14 | +0:41:13 | 0:26:25 / 149 | 0:55:01 / 138 | 1:21:34 / 128 |
| 125 | 1053 | PIĄTEK Marcin | Opole | POL | Niezrzeszony | 85 M20/31 | M / 113O/66 | 01:51:05 | 01:50:45 | 05.14 | +0:41:27 | 0:26:54 / 165 | 0:55:40 / 145 | 1:21:52 / 131 |
| 126 | 1263 | BARAN Michał | Wąrnów | POL | Osir Strzelce Opolskie | 81 M30/48 | M / 114O/67 | 01:51:31 | 01:51:18 | 05.16 | +0:41:53 | 0:24:36 / 87 | 0:52:15 / 79 | 1:20:14 / 119 |
| 127 | 1084 | SKRZYPEK Wiesław | Tulowice | POL | | 75 M30/49 | M / 115O/68 | 01:51:35 | 01:51:21 | 05.16 | +0:41:57 | 0:24:36 / 88 | 0:53:09 / 111 | 1:19:59 / 116 |
| 128 | 1308 | KOPEĆ Tomasz | Końskie | POL | | 83 M30/50 | M / 116 | 01:51:59 | 01:51:48 | 05.17 | +0:42:21 | 0:26:41 / 158 | 0:55:58 / 151 | 1:23:03 / 143 |
| 129 | 1061 | PIECZKA Adam | Brzeg | POL | 10 Blog | 85 M20/32 | M / 117WO/69 | 01:52:02 | 01:51:40 | 05.17 | +0:42:24 | 0:26:59 / 169 | 0:56:14 / 156 | 1:23:36 / 152 |
| 130 | 1247 | MIKSA Marcin | Glucholazy | POL | Zm Opole | 87 M20/33 | M / 118O/70 | 01:52:13 | 01:51:45 | 05.17 | +0:42:35 | 0:27:08 / 172 | 0:56:34 / 160 | 1:23:06 / 147 |
| 131 | 1179 | ROGOWSKI Robert | Opole | POL | | 72 M40/23 | M / 119O/71 | 01:52:29 | 01:52:23 | 05.19 | +0:42:51 | 0:26:16 / 146 | 0:55:59 / 153 | 1:23:15 / 149 |
| 132 | 1296 | KUŹMICZ Robert borys | Tarnowskie Góry | POL | | 87 M20/34 | M / 120 | 01:52:29 | 01:52:04 | 05.18 | +0:42:51 | 0:28:41 / 213 | 0:58:03 / 180 | 1:24:41 / 160 |
| 133 | 1182 | LIPIŃSKI Damian | Wrocław | POL | | 86 M20/35 | M / 121 | 01:52:34 | 01:52:29 | 05.19 | +0:42:56 | 0:23:42 / 58 | 0:52:06 / 75 | 1:21:05 / 124 |
| 134 | 1127 | LECHOWICZ Antoni | Dąbrowka | POL | | 58 M50/10 | M / 122O/72 | 01:52:55 | 01:52:51 | 05.20 | +0:43:17 | 0:24:53 / 90 | 0:54:43 / 133 | 1:22:29 / 137 |
| 135 | 1122 | BRZEZIŃSKI Zbigniew | Brzeg | POL | | 69 M40/24 | M / 123O/73 | 01:53:00 | 01:52:45 | 05.20 | +0:43:22 | 0:26:10 / 140 | 0:55:05 / 140 | 1:22:38 / 139 |
| 136 | 1191 | TOMCZUK Wojciech | Wołów | POL | | 69 M40/25 | M / 124 | 01:53:01 | 01:52:45 | 05.20 | +0:43:23 | 0:26:10 / 139 | 0:55:05 / 139 | 1:22:37 / 138 |
| 137 | 1198 | KUZIEMSKI Krzysztof | Smardzy Dolne | POL | | 91 M20/36 | M / 125O/74 | 01:53:02 | 01:52:38 | 05.20 | +0:43:24 | 0:27:54 / 194 | 0:57:38 / 172 | 1:23:04 / 146 |
| 138 | 1309 | BOCZULA Krzysztof | Bielawa | POL | Wkb Piast Wrocław | 62 M50/11 | M / 126 | 01:53:10 | 01:52:58 | 05.21 | +0:43:32 | 0:26:41 / 159 | 0:55:55 / 149 | 1:23:03 / 144 |
| 139 | 1047 | MARKIEWICZ Wiesław | Kały | POL | Pgkim Antoniów | 57 M50/12 | M / 127WO/75 | 01:53:18 | 01:53:12 | 05.21 | +0:43:40 | 0:24:06 / 68 | 0:52:56 / 101 | 1:21:31 / 127 |
| 140 | 1087 | ROMANOWSKI Paweł | Wrocław | POL | Indywidualnie / ltmzm2011 | 89 M20/37 | M / 128 | 01:53:28 | 01:53:19 | 05.22 | +0:43:50 | 0:26:28 / 152 | 0:55:38 / 144 | 1:22:56 / 141 |
| 141 | 1228 | ZIMON Adam | Wrocław | POL | Rakowski-kaglik Brokerzy Ubezpieczeniowi / | 75 M30/51 | M / 129 | 01:53:29 | 01:53:21 | 05.22 | +0:43:51 | 0:26:14 / 145 | 0:55:33 / 143 | 1:22:43 / 140 |
| 142 | 1070 | BARABASZ Jerzy | Wrocław | POL | Azs-awf Wrocław | 50 M60/4 | M / 130 | 01:53:37 | 01:53:36 | 05.23 | +0:43:59 | 0:23:50 / 61 | 0:52:57 / 102 | 1:21:15 / 125 |

Klasyfikacja wg. czasów brutto

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Netto | Tempo m/km | diff Net | Check points |
|----------|--------|----------------------|------------------|-----------|----------------------------------|-----------|--------------------|-----------|----------|------------|----------|---|
| 143 | 152 | KOZŁOWSKA Agnieszka | Kielce | POL | Kkl Kielce | 74 K30/7 | K / 13 | 01:53:58 | 01:53:46 | 05.23 | +0:44:20 | 0:26:40 / 156 0:56:13 / 155 1:23:58 / 156 |
| 144 | 1132 | FIGURA Lukasz | Częstochowa | POL | Zabiegani Częstochowa | 82 M30/52 | M / 131 | 01:54:12 | 01:53:52 | 05.23 | +0:44:34 | 0:26:40 / 157 0:55:01 / 136 1:23:12 / 148 |
| 145 | 1024 | LASENGA Piotr | Ostrożnica | POL | | 92 M20/38 | M / 132 | 01:54:17 | 01:53:53 | 05.23 | +0:44:39 | 0:27:59 / 197 0:58:00 / 179 1:25:34 / 167 |
| 146 | 1300 | SZYDZIAK Zygmunt | Opole | POL | | 82 M30/53 | M / 130/O/76 | 01:54:26 | 01:54:05 | 05.24 | +0:44:48 | 0:24:58 / 93 0:52:25 / 88 1:19:04 / 104 |
| 147 | 1252 | ŚREDZIŃSKI Lukasz | Wrocław | POL | Warszawa Targówek | 79 M30/54 | M / 134 | 01:54:28 | 01:54:07 | 05.24 | +0:44:50 | 0:27:13 / 179 0:57:23 / 170 1:25:09 / 164 |
| 148 | 1184 | SKRZYPCZYK Tomasz | Opole | POL | Bongo Opole | 85 M20/39 | M / 130/O/77 | 01:54:46 | 01:54:34 | 05.25 | +0:45:08 | 0:27:13 / 178 0:57:25 / 171 1:23:40 / 153 |
| 149 | 156 | LEBEK Piotr | Opole | POL | Kancelaria Prawna Sandl | 85 M20/40 | M / 130/O/78 | 01:54:50 | 01:54:41 | 05.26 | +0:45:12 | 0:24:56 / 91 0:52:25 / 89 1:18:46 / 100 |
| 150 | 1092 | KĄŻMIERCZAK Andrzej | Opole | POL | Niezrzeszony | 82 M30/55 | M / 130/O/79 | 01:54:51 | 01:54:28 | 05.25 | +0:45:13 | 0:27:57 / 196 0:57:08 / 168 1:23:51 / 154 |
| 151 | 1253 | MYSZKA Radosław | Wrocław | POL | | 79 M30/56 | M / 138 | 01:55:08 | 01:54:47 | 05.26 | +0:45:30 | 0:27:54 / 195 0:58:34 / 187 1:25:56 / 169 |
| 152 | 1194 | CURYŁO Maria | Gliwice | POL | | 90 K20/5 | K / 14 | 01:55:14 | 01:55:11 | 05.27 | +0:45:36 | 0:24:22 / 79 0:54:11 / 125 1:21:54 / 133 |
| 153 | 1239 | OSÓBKA Piotr | Kędzierzyn Koźle | POL | | 67 M40/26 | M / 130/O/80 | 01:55:23 | 01:55:20 | 05.28 | +0:45:45 | 0:24:05 / 67 0:52:52 / 100 1:20:59 / 122 |
| 154 | 1144 | SOBOŃ Daria | Mechnice | POL | | 93 K20/6 | K / 15 WO/81 | 01:55:29 | 01:55:13 | 05.27 | +0:45:51 | 0:25:35 / 132 0:54:39 / 131 1:23:53 / 155 |
| 155 | 1111 | PIOTROWSKI Marek | Wrocław | POL | Zespół Kanon | 61 M50/13 | M / 140 | 01:55:34 | 01:55:23 | 05.28 | +0:45:56 | 0:26:26 / 151 0:55:54 / 148 1:23:04 / 145 |
| 156 | 1113 | PORADA Małgorzata | Opole | POL | Bbl Opole | 73 K40/3 | K / 16 WO/82 | 01:56:03 | 01:55:52 | 05.29 | +0:46:25 | 0:26:41 / 160 0:56:16 / 157 1:24:43 / 161 |
| 157 | 1236 | JAWORSKI Piotr | Opole | POL | | 69 M40/27 | M / 140/O/83 | 01:56:04 | 01:55:52 | 05.29 | +0:46:26 | 0:25:33 / 129 0:55:29 / 142 1:24:31 / 159 |
| 158 | 1131 | GUTKOWSKI Adam | Krapkowice | POL | | 83 M30/57 | M / 140/O/84 | 01:56:12 | 01:56:05 | 05.30 | +0:46:34 | 0:25:08 / 113 0:54:17 / 127 1:23:21 / 151 |
| 159 | 1157 | KOMALA Wojciech | Brzeźnica | POL | | 76 M30/58 | M / 143 | 01:56:14 | 01:55:48 | 05.29 | +0:46:36 | 0:27:23 / 187 0:56:51 / 163 1:24:08 / 157 |
| 160 | 1129 | KURPAS Agata | Zdzieszowice | POL | | 82 K30/8 | K / 17 WO/85 | 01:56:27 | 01:56:20 | 05.30 | +0:46:49 | 0:26:24 / 148 0:56:52 / 164 1:25:04 / 163 |
| 161 | 1118 | MARGOS Dominika | Węgry | POL | | 84 K20/7 | K / 18 WO/86 | 01:56:42 | 01:56:28 | 05.31 | +0:47:04 | 0:27:43 / 192 0:57:51 / 177 1:25:43 / 168 |
| 162 | 1268 | HERDE Barbara | Opole | POL | | 84 K20/8 | K / 19 WO/87 | 01:56:42 | 01:56:29 | 05.31 | +0:47:04 | 0:25:52 / 134 0:56:27 / 159 1:24:46 / 162 |
| 163 | 1029 | STEPOWICZ Marek | Wrocław | POL | | 72 M40/28 | M / 144 | 01:57:17 | 01:57:03 | 05.32 | +0:47:39 | 0:28:05 / 203 0:59:54 / 199 1:27:44 / 183 |
| 164 | 1166 | DYNAK Mariusz | Sucha | POL | Adamietz | 73 M40/29 | M / 140/O/88 | 01:57:23 | 01:57:08 | 05.33 | +0:47:45 | 0:26:55 / 166 0:57:57 / 178 1:26:14 / 171 |
| 165 | 1227 | SOBIEŚŃSKI Piotr | Pagów | POL | | 82 M30/59 | M / 140/O/89 | 01:57:49 | 01:57:49 | 05.35 | +0:48:11 | 0:23:33 / 52 0:53:37 / 121 1:21:55 / 134 |
| 166 | 1032 | GUZIK Tomasz | Opole | POL | Wandy Opole | 80 M30/60 | M / 140/O/90 | 01:57:54 | 01:57:49 | 05.35 | +0:48:16 | 0:27:21 / 185 0:57:48 / 175 1:27:48 / 184 |
| 167 | 1020 | SZKUDLAREK Michał | Brzeg | POL | | 78 M30/61 | M / 140/O/91 | 01:57:58 | 01:57:45 | 05.34 | +0:48:20 | 0:26:43 / 161 0:56:50 / 162 1:25:11 / 166 |
| 168 | 1234 | MIDOŃ Paweł | Wrocław | POL | | 69 M40/30 | M / 149 | 01:58:03 | 01:57:56 | 05.35 | +0:48:25 | 0:27:12 / 177 0:58:25 / 185 1:27:16 / 179 |
| 169 | 1294 | JANKOWSKI Arkadiusz | Kluczbork | POL | | 79 M30/62 | M / 150/O/92 | 01:58:17 | 01:57:50 | 05.35 | +0:48:39 | 0:28:04 / 202 0:58:35 / 188 1:26:58 / 176 |
| 170 | 1202 | BIL Janusz | Praszka | POL | Neapco Praszka | 53 M60/5 | M / 151WO/93 | 01:58:20 | 01:58:08 | 05.35 | +0:48:42 | 0:26:59 / 170 0:57:44 / 174 1:25:56 / 170 |
| 171 | 1248 | MEHL Paweł | Opole | POL | | 85 M20/41 | M / 150/O/94 | 01:58:33 | 01:58:08 | 05.35 | +0:48:55 | 0:28:44 / 217 0:59:56 / 202 1:28:06 / 189 |
| 172 | 1177 | PRZYBYŁ Jacek | Luboszyce | POL | | 76 M30/63 | M / 150/O/95 | 01:58:37 | 01:58:29 | 05.36 | +0:48:59 | 0:24:21 / 76 0:53:00 / 104 1:22:17 / 135 |
| 173 | 1008 | KOCIOŁEK Andrzej | Osowiec | POL | Niezrzeszony | 70 M40/31 | M / 150/O/96 | 01:58:41 | 01:58:28 | 05.36 | +0:49:03 | 0:28:03 / 199 0:59:55 / 201 1:27:54 / 186 |
| 174 | 1089 | KWIATKOWSKI Paweł | Pisarzowice | POL | | 85 M20/42 | M / 150/O/97 | 01:58:41 | 01:58:25 | 05.36 | +0:49:03 | 0:29:57 / 243 1:01:14 / 219 1:29:26 / 201 3:18:24 / 1 |
| 175 | 1269 | HERDE Błażej | Opole | POL | | 83 M30/64 | M / 150/O/98 | 01:58:46 | 01:58:20 | 05.36 | +0:49:08 | 0:28:44 / 218 0:59:56 / 203 1:28:06 / 188 |
| 176 | 1052 | KUCHARSKA Barbara | Kąty Wrocławskie | POL | Kb Kąty Wrocławskie | 70 K40/4 | K / 20 | 01:58:58 | 01:58:52 | 05.38 | +0:49:20 | 0:27:12 / 175 0:58:24 / 184 1:27:16 / 178 |
| 177 | 1003 | SIMIŃSKI Sławomir | Prószków | POL | Three Trees. | 74 M30/65 | M / 150/O/99 | 01:59:02 | 01:58:43 | 05.37 | +0:49:24 | 0:28:50 / 225 1:00:49 / 213 1:29:16 / 196 |
| 178 | 1243 | NIEZGODA Ireneusz | Chorzów | POL | | 66 M40/32 | M / 158 | 01:59:11 | 01:59:03 | 05.38 | +0:49:33 | 0:27:21 / 184 0:58:06 / 181 1:26:59 / 177 |
| 179 | 1178 | KUCHARSKI Lukasz | Opole | POL | Mustangu Mknij / Mustangu Mknij! | 88 M20/43 | M / 150/O/100 | 01:59:15 | 01:59:02 | 05.38 | +0:49:37 | 0:26:14 / 143 0:57:02 / 166 1:26:51 / 175 |
| 180 | 1298 | LAZIK Robert | Opole | POL | | 70 M40/33 | M / 160/O/101 | 01:59:16 | 01:58:55 | 05.38 | +0:49:38 | 0:27:06 / 171 0:57:19 / 169 1:26:30 / 172 |
| 181 | 1266 | JAROSŁAWSKI Edward | Kędzierzyn Koźle | POL | | 48 M60/6 | M / 161WO/102 | 01:59:21 | 01:59:08 | 05.38 | +0:49:43 | 0:25:26 / 128 0:54:12 / 126 1:22:17 / 136 |

Klasyfikacja wg. czasów brutto

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Netto | Tempo m/km | diff Net | Check points |
|----------|--------|-------------------------|-------------------|-----------|------------------------------------|-----------|--------------------|-----------|----------|------------|----------|---|
| 182 | 1186 | BILSKI Adrian | Wroclaw | POL | Radość Biegania | 87 M20/44 | M / 162 | 01:59:23 | 01:59:02 | 05.38 | +0:49:45 | 0:25:22 / 119 0:54:50 / 134 1:25:09 / 165 |
| 183 | 1190 | PAWLIK Zygmunt | Olawa | POL | Niezrzeszony | 46 M60/7 | M / 163 | 01:59:43 | 01:59:21 | 05.39 | +0:50:05 | 0:25:34 / 130 0:54:50 / 135 1:23:21 / 150 |
| 184 | 1064 | WASIELEWSKI Włodzimierz | Zdzieszowice | POL | Luks Azymek Zdzieszowice | 70 M40/34 | M / 164/O/103 | 01:59:45 | 01:59:29 | 05.39 | +0:50:07 | 0:28:49 / 221 1:02:28 / 226 1:30:02 / 207 |
| 185 | 1164 | BEREŚNIEWICZ Maciej | Ochodze | POL | Niezrzeszony | 78 M30/66 | M / 165/O/104 | 01:59:46 | 01:59:20 | 05.39 | +0:50:08 | 0:28:48 / 220 0:59:59 / 207 1:29:19 / 198 |
| 186 | 1229 | PRIMUS Waldemar | Strzelce Opolskie | POL | Rsir Strzelce Op. | 59 M50/14 | M / 166/O/105 | 02:00:27 | 02:00:18 | 05.42 | +0:50:49 | 0:28:05 / 204 0:59:22 / 194 1:27:54 / 187 |
| 187 | 1192 | WITKOWSKI Tadeusz | Tarnów Opolski | POL | Niezrzeszony | 56 M50/15 | M / 167/O/106 | 02:00:33 | 02:00:20 | 05.42 | +0:50:55 | 0:25:06 / 106 0:54:34 / 130 1:24:12 / 158 |
| 188 | 1170 | ZABIEROWSKI Witold | Kadlub | POL | Adamietz | 65 M40/35 | M / 168/O/107 | 02:00:54 | 02:00:39 | 05.43 | +0:51:16 | 0:27:30 / 189 0:58:07 / 182 1:26:32 / 173 |
| 189 | 1102 | PARUSZEWSKA Joanna | Opole | POL | Fast Foot Opole | 73 K40/5 | K / 21 WO/108 | 02:01:12 | 02:01:08 | 05.44 | +0:51:34 | 0:27:09 / 173 0:59:33 / 196 1:29:25 / 200 |
| 190 | 1169 | GRACZYK Jakub | Opole | POL | Niezrzeszony | 80 M30/67 | M / 169/O/109 | 02:01:34 | 02:01:09 | 05.44 | +0:51:56 | 0:28:48 / 219 0:59:59 / 206 1:29:20 / 199 |
| 191 | 1289 | MASTALERZ Michał | Opole | POL | | 83 M30/68 | M / 170/O/110 | 02:02:01 | 02:01:54 | 05.46 | +0:52:23 | 0:26:37 / 153 0:57:42 / 173 1:28:45 / 193 |
| 192 | 1094 | WIŚNIEWSKA Kornelia | Ziębice | POL | | 97 K20/9 | K / 22 | 02:02:25 | 02:02:10 | 05.47 | +0:52:47 | 0:27:20 / 183 0:58:54 / 191 1:28:51 / 194 |
| 193 | 1086 | PASTUCHA Anna | Krapkowice | POL | Cross Krapkowice | 58 K50/1 | K / 23 WO/111 | 02:02:33 | 02:02:26 | 05.48 | +0:52:55 | 0:25:43 / 133 0:57:05 / 167 1:27:29 / 181 |
| 194 | 1065 | RAJCA Monika | Opole | POL | | 78 K30/9 | K / 24 WO/112 | 02:02:43 | 02:02:23 | 05.48 | +0:53:05 | 0:28:06 / 205 1:00:00 / 210 1:28:57 / 195 |
| 195 | 1225 | CZUBA Grzegorz | Wieliczka | POL | | 83 M30/69 | M / 171 | 02:02:58 | 02:02:50 | 05.49 | +0:53:20 | 0:25:03 / 96 0:55:54 / 147 1:26:51 / 174 |
| 196 | 1149 | UKRAŃSKI Grzegorz | Kędzierzyn Koźle | POL | Biegam Bo Lubie K-k / Niezrzeszony | 72 M40/36 | M / 172/O/113 | 02:03:04 | 02:02:40 | 05.48 | +0:53:26 | 0:29:29 / 232 1:01:13 / 218 1:30:00 / 206 |
| 197 | 1037 | WOJNAR Waldemar | Krosno | POL | Kkb Mosir Krosno | 80 M30/70 | M / 173 | 02:03:09 | 02:02:49 | 05.49 | +0:53:31 | 0:26:58 / 168 0:56:57 / 165 1:27:30 / 182 |
| 198 | 1115 | GÓRECKA Anna | Wroclaw | POL | Biegam Bo Lubie Wrocław | 82 K30/10 | K / 25 | 02:03:24 | 02:03:20 | 05.50 | +0:53:46 | 0:26:55 / 167 0:58:15 / 183 1:28:37 / 192 |
| 199 | 1240 | KOZŁOWSKI Aleksander | Dobrzeń Wielki | POL | | 85 M20/45 | M / 174/O/114 | 02:03:28 | 02:03:05 | 05.50 | +0:53:50 | 0:27:53 / 193 0:59:22 / 195 1:28:11 / 190 |
| 200 | 1167 | HERMANOWICZ Marek | Dobrzeń Wielki | POL | Niezrzeszony | 86 M20/46 | M / 175/O/115 | 02:03:39 | 02:03:14 | 05.50 | +0:54:01 | 0:29:58 / 246 1:01:53 / 224 1:30:04 / 208 |
| 201 | 1201 | PRZEŚLIĆCA Jan | Gliwice | POL | | 47 M60/8 | M / 176 | 02:03:43 | 02:03:39 | 05.51 | +0:54:05 | 0:26:49 / 164 0:57:51 / 176 1:28:28 / 191 |
| 202 | 1200 | KĘDZIERSKI Zenon | Strzelce Opolskie | POL | Osir Strzelce Opolskie | 51 M60/9 | M / 177/O/116 | 02:04:38 | 02:04:18 | 05.53 | +0:55:00 | 0:28:38 / 212 1:00:23 / 211 1:29:18 / 197 |
| 203 | 1304 | KOCIOK Gabriela | | POL | | 74 K30/11 | K / 26 | 02:04:39 | 02:04:16 | 05.53 | +0:55:01 | 0:28:56 / 227 1:01:08 / 217 1:30:56 / 214 |
| 204 | 1259 | POPIELARCZYK Adrianna | Kielczów | POL | | 74 K30/12 | K / 27 | 02:04:46 | 02:04:29 | 05.54 | +0:55:08 | 0:30:08 / 247 1:03:11 / 234 1:33:06 / 222 |
| 205 | 1048 | KOWALEWSKI Lukasz | Opole | POL | Azs-awf Wrocław | 82 M30/71 | M / 178/O/117 | 02:05:10 | 02:04:49 | 05.55 | +0:55:32 | 0:28:02 / 198 0:59:59 / 208 1:29:32 / 202 |
| 206 | 1154 | JEDYNAK Anna | Lewin Brzeski | POL | Drużyna Szpiku | 83 K30/13 | K / 28 WO/118 | 02:05:12 | 02:05:00 | 05.55 | +0:55:34 | 0:27:33 / 190 0:58:55 / 192 1:29:34 / 203 |
| 207 | 1079 | ANGRY Arkadiusz | Kluczbork | POL | Bullula Team | 79 M30/72 | M / 179/O/119 | 02:05:18 | 02:04:52 | 05.55 | +0:55:40 | 0:28:49 / 223 1:01:28 / 221 1:31:57 / 215 |
| 208 | 1135 | SKRZYŃKOWSKA Joanna | Opole | POL | | 78 K30/14 | K / 29 WO/120 | 02:05:28 | 02:04:59 | 05.55 | +0:55:50 | 0:31:35 / 269 1:04:17 / 240 1:34:25 / 232 |
| 209 | 1095 | MOSIEWICZ Jacek | Wroclaw | POL | | 76 M30/73 | M / 180 | 02:05:34 | 02:05:24 | 05.56 | +0:55:56 | 0:26:22 / 147 0:58:54 / 190 1:30:06 / 209 |
| 210 | 1172 | KILIAN Joanna | Tulowice | POL | | 74 K30/15 | K / 30 WO/121 | 02:05:35 | 02:05:20 | 05.56 | +0:55:57 | 0:29:25 / 229 1:02:53 / 231 1:33:20 / 224 |
| 211 | 1303 | SERWADCZAK Piotr | Skarbimierz | POL | Niezrzeszony | 72 M40/37 | M / 181/O/122 | 02:05:41 | 02:05:22 | 05.56 | +0:56:03 | 0:25:56 / 136 0:56:12 / 154 1:27:50 / 185 |
| 212 | 1136 | SOLL Dawid | Opole | POL | | 92 M20/47 | M / 182/O/123 | 02:05:57 | 02:05:38 | 05.57 | +0:56:19 | 0:29:58 / 245 1:02:45 / 230 1:32:44 / 219 |
| 213 | 1215 | GRUSZKA Ryszard | Wieruszów | POL | Niezrzeszony | 55 M50/16 | M / 183 | 02:06:44 | 02:06:33 | 05.59 | +0:57:06 | 0:28:04 / 200 0:59:58 / 205 1:29:47 / 205 |
| 214 | 1281 | ŚWIRNIAK Bernard | Strzegom | POL | Strzegomska 12-ka | 55 M50/17 | M / 184 | 02:06:53 | 02:06:42 | 06.00 | +0:57:15 | 0:26:48 / 163 1:00:00 / 209 1:32:38 / 218 |
| 215 | 1168 | STEFANIK Grzegorz | Opole | POL | | 84 M20/48 | M / 185/O/124 | 02:07:08 | 02:07:00 | 06.01 | +0:57:30 | 0:27:42 / 191 0:59:13 / 193 1:29:41 / 204 |
| 216 | 1049 | PLEWA Katarzyna | Stronie Śl. | POL | Kobiety Na Medal / Radość Biegania | 84 K20/10 | K / 31 | 02:07:10 | 02:06:49 | 06.00 | +0:57:32 | 0:29:47 / 234 1:02:30 / 228 1:33:12 / 223 |
| 217 | 1158 | MIGOŃ-WIRSKA Anna | Strzelce Opolskie | POL | Osir Strzelce Opolskie | 81 K30/16 | K / 32 WO/125 | 02:07:12 | 02:06:56 | 06.01 | +0:57:34 | 0:28:43 / 216 1:00:50 / 215 1:30:52 / 212 |
| 218 | 1063 | MATEJA Paweł | Nysa | POL | Rat Team | 88 M20/49 | M / 186/O/126 | 02:07:25 | 02:06:59 | 06.01 | +0:57:47 | 0:28:22 / 208 0:59:35 / 197 1:30:10 / 210 |
| 219 | 1171 | KUTYŁA Kamila | Tulowice | POL | | 74 K30/17 | K / 33 WO/127 | 02:07:28 | 02:07:15 | 06.01 | +0:57:50 | 0:29:25 / 230 1:02:54 / 232 1:33:32 / 228 |
| 220 | 1077 | WIELGUS Izabela | Wroclaw | POL | | 81 K30/18 | K / 34 | 02:07:28 | 02:07:11 | 06.01 | +0:57:50 | 0:28:42 / 214 1:01:25 / 220 1:32:51 / 220 |

Klasyfikacja wg. czasów brutto

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Netto | Tempo m/km | diff Net | Check points |
|-----------------------|--------|------------------------|-------------------|-----------|-------------------------------------|-----------|--------------------|-----------|----------|------------|----------|---|
| 221 | 1265 | MAŚLAK Grzegorz | Opole | POL | | 72 M40/38 | M / 18WO/128 | 02:08:17 | 02:08:02 | 06.04 | +0:58:39 | 0:28:34 / 210 1:01:30 / 222 1:33:22 / 227 |
| 222 | 1257 | BOGUCKI Wojciech | Opole | POL | | 72 M40/39 | M / 18WO/129 | 02:08:24 | 02:07:57 | 06.03 | +0:58:46 | 0:31:53 / 275 1:05:58 / 251 1:35:13 / 237 |
| 223 | 1275 | KOŚCIELEWSKI Jacek | Opole | POL | | 87 M20/50 | M / 18WO/130 | 02:08:49 | 02:08:30 | 06.05 | +0:59:11 | 0:27:17 / 182 0:58:36 / 189 1:30:55 / 213 |
| 224 | 1022 | MUSZEL Beata | Zabrze | POL | | 75 K30/19 | K / 35 | 02:08:53 | 02:08:38 | 06.05 | +0:59:15 | 0:31:27 / 260 1:06:49 / 263 1:38:22 / 251 |
| 225 | 1054 | WASIELEWSKA Teresa | Zdzieszowice | POL | Luks Azymek Zdzieszowice | 70 K40/6 | K / 36 WO/131 | 02:09:15 | 02:09:00 | 06.06 | +0:59:37 | 0:28:49 / 222 1:02:28 / 227 1:33:46 / 229 |
| 226 | 1018 | BESZ Andrzej | Opole | POL | Niezrzeszony | 79 M30/74 | M / 19WO/132 | 02:09:18 | 02:08:54 | 06.06 | +0:59:40 | 0:29:54 / 238 1:02:09 / 225 1:33:53 / 230 |
| 227 | 1159 | WIRSKI Adam | Strzelce Opolskie | POL | Osir Strzelce Opolskie | 78 M30/75 | M / 19WO/133 | 02:09:21 | 02:09:06 | 06.07 | +0:59:43 | 0:29:57 / 241 1:03:19 / 235 1:34:42 / 234 |
| 228 | 1016 | HEDRYCH Małgorzata | Głogów | POL | | 68 K40/7 | K / 37 | 02:09:53 | 02:09:33 | 06.08 | +1:00:15 | 0:30:42 / 255 1:05:27 / 248 1:36:22 / 240 |
| 229 | 1287 | TOMCZYK Katarzyna | Ozimek | POL | | 71 K40/8 | K / 38 WO/134 | 02:10:11 | 02:09:52 | 06.09 | +1:00:33 | 0:29:27 / 231 1:03:01 / 233 1:34:52 / 236 |
| 230 | 1213 | KENAR Marcin | Brzeg | POL | | 74 M30/76 | M / 19WO/135 | 02:10:28 | 02:10:11 | 06.10 | +1:00:50 | 0:28:42 / 215 1:00:49 / 214 1:30:51 / 211 |
| 231 | 1121 | MATUSZCZYK Adrian | Szczepanek | POL | Niezrzeszony | 73 M40/40 | M / 19WO/136 | 02:10:44 | 02:10:20 | 06.10 | +1:01:06 | 0:32:38 / 279 1:07:14 / 272 1:38:56 / 256 |
| 232 | 1153 | | Szczawno Zdrój | POL | | 70 K40/9 | K / 39 | 02:10:44 | 02:10:19 | 06.10 | +1:01:06 | 0:29:50 / 235 1:04:51 / 243 1:36:21 / 239 |
| KIELCZYNSKA-CHRZASZCZ | | | | | | | | | | | | |
| Olga | | | | | | | | | | | | |
| 233 | 1035 | CEDRO Damian | Opole | POL | ``struś Afrykański`` Malinka Opole` | 78 M30/77 | M / 19WO/137 | 02:11:09 | 02:10:53 | 06.12 | +1:01:31 | 0:26:25 / 150 0:58:31 / 186 1:32:31 / 217 |
| 234 | 1005 | ANUSIEWICZ Ewa | Żyrardów | POL | | 74 K30/20 | K / 40 | 02:11:33 | 02:11:30 | 06.13 | +1:01:55 | 0:28:37 / 211 1:03:37 / 237 1:35:21 / 238 |
| 235 | 1148 | SZYSZKA Kasia ewa | Opole | POL | Bieg Opolski | 65 K40/10 | K / 41 WO/138 | 02:11:34 | 02:11:22 | 06.13 | +1:01:56 | 0:28:31 / 209 1:01:33 / 223 1:33:21 / 226 |
| 236 | 1071 | KWIATKOWSKI Przemysław | Pisarzowice | POL | | 89 M20/51 | M / 19WO/139 | 02:11:39 | 02:11:23 | 06.13 | +1:02:01 | 0:31:34 / 268 1:06:48 / 260 1:38:21 / 248 |
| 237 | 1162 | KĘSY-KOWALSKA Hanna | Szczawno-zdrój | POL | | 67 K40/11 | K / 42 | 02:12:08 | 02:11:43 | 06.14 | +1:02:30 | 0:29:57 / 242 1:04:51 / 242 1:36:36 / 241 |
| 238 | 1027 | GAWŁOWSKI Andrzej | Lubliniec | POL | Klub Morsów Sopol | 61 M50/18 | M / 196 | 02:12:10 | 02:12:02 | 06.15 | +1:02:32 | 0:29:17 / 228 1:02:40 / 229 1:34:48 / 235 |
| 239 | 1080 | WAŚEK Joanna | Opole | POL | Biegam Bo Lubię Opole / Bbl Opole | 69 K40/12 | K / 43 WO/140 | 02:12:32 | 02:12:17 | 06.16 | +1:02:54 | 0:28:04 / 201 1:00:46 / 212 1:33:21 / 225 |
| 240 | 1134 | CHANAS Grzegorz | Opole | POL | Bbl Opole | 70 M40/41 | M / 19WO/141 | 02:12:33 | 02:12:06 | 06.15 | +1:02:55 | 0:31:42 / 273 1:06:19 / 253 1:36:40 / 244 |
| 241 | 1189 | CZABAN Tomasz | Olawa | POL | | 83 M30/78 | M / 198 | 02:13:12 | 02:12:55 | 06.18 | +1:03:34 | 0:31:31 / 264 1:06:48 / 261 1:38:24 / 253 |
| 242 | 1302 | JAKIELA Anna | Opole | POL | Trening Biegacza | 87 K20/11 | K / 44 WO/142 | 02:13:17 | 02:13:13 | 06.18 | +1:03:39 | 0:29:53 / 237 1:03:54 / 238 1:36:38 / 242 |
| 243 | 1013 | KOCIOŁEK Piotr | Opole | POL | Niezrzeszony | 86 M20/52 | M / 19WO/143 | 02:13:23 | 02:13:09 | 06.18 | +1:03:45 | 0:26:39 / 155 0:59:54 / 200 1:34:07 / 231 |
| 244 | 1244 | SKRZETUSKA Magdalena | Korfantów | POL | | 94 K20/12 | K / 45 WO/144 | 02:13:25 | 02:13:03 | 06.18 | +1:03:47 | 0:31:33 / 266 1:06:47 / 259 1:38:21 / 249 |
| 245 | 1251 | NOWAK Piotr | Pabianice | POL | | 70 M40/42 | M / 200 | 02:13:43 | 02:13:36 | 06.19 | +1:04:05 | 0:27:14 / 180 0:59:51 / 198 1:32:00 / 216 |
| 246 | 1021 | SZOSTAK Anna | Zabrze | POL | | 90 K20/13 | K / 46 | 02:13:53 | 02:13:39 | 06.20 | +1:04:15 | 0:31:27 / 261 1:06:49 / 264 1:38:23 / 252 |
| 247 | 1196 | OLUBCZYŃSKI Tomasz | Brzeg | POL | | 75 M30/79 | M / 20WO/145 | 02:13:55 | 02:13:39 | 06.20 | +1:04:17 | 0:27:17 / 181 0:59:57 / 204 1:33:05 / 221 |
| 248 | 1155 | SIDOROWICZ Joanna | Nowa Ruda | POL | | 79 K30/21 | K / 47 | 02:13:56 | 02:13:51 | 06.20 | +1:04:18 | 0:29:56 / 240 1:05:06 / 245 1:38:05 / 247 |
| 249 | 1204 | TOMASZ Piotr | Opole | POL | Indywidualnie / | 66 M40/43 | M / 20WO/146 | 02:14:05 | 02:13:46 | 06.20 | +1:04:27 | 0:30:46 / 257 1:04:31 / 241 1:36:38 / 243 |
| 250 | 1242 | SKOWRON Bartłomiej | Wrocław | POL | | 84 M20/53 | M / 203 | 02:14:33 | 02:14:12 | 06.21 | +1:04:55 | 0:31:33 / 267 1:05:21 / 247 1:37:11 / 245 |
| 251 | 1220 | KLEK Daniel | Biała Podlaska | POL | | 86 M20/54 | M / 204 | 02:14:35 | 02:14:18 | 06.21 | +1:04:57 | 0:28:08 / 207 1:01:01 / 216 1:34:40 / 233 |
| 252 | 1286 | BEDLICKI Michał | Katowice | POL | Ts Sokół Śląsk | 69 M40/44 | M / 205 | 02:14:48 | 02:14:48 | 06.23 | +1:05:10 | 0:24:35 / 86 0:56:16 / 158 1:27:20 / 180 |
| 253 | 1034 | WESNEROWICZ Anna | Opole | POL | Drużyna Szpiku | 89 K20/14 | K / 48 WO/147 | 02:15:32 | 02:15:16 | 06.24 | +1:05:54 | 0:29:56 / 239 1:05:05 / 244 1:38:03 / 246 |
| 254 | 1130 | ŻUROWSKA Anna | Mosina | POL | | 80 K30/22 | K / 49 | 02:15:33 | 02:15:10 | 06.24 | +1:05:55 | 0:32:04 / 277 1:06:48 / 262 1:38:38 / 255 |
| 255 | 1028 | BIAŁOŻYD Andrzej | Wrocław | POL | | 58 M50/19 | M / 206 | 02:16:06 | 02:15:44 | 06.26 | +1:06:28 | 0:31:33 / 265 1:06:57 / 271 1:38:22 / 250 |
| 256 | 1140 | GÓRA Marek | Tarnowskie Góry | POL | | 67 M40/45 | M / 207 | 02:17:22 | 02:17:06 | 06.29 | +1:07:44 | 0:30:37 / 254 1:07:14 / 273 1:40:42 / 260 |
| 257 | 1241 | KORZENIOWSKI Mirosław | Wrocław | POL | | 78 M30/80 | M / 208 | 02:17:32 | 02:17:12 | 06.30 | +1:07:54 | 0:28:55 / 226 1:04:13 / 239 1:38:33 / 254 |

Klasyfikacja wg. czasów brutto

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas | | Tempo m/km | diff Net | Check points | | |
|-------------|-----------|-------------------------|---------------------|--------------|--------------------------------|------------|-----------------------|----------|----------|---------------|-------------|---------------|---------------|---------------|
| | | | | | | | | Time | Netto | | | | | |
| 258 | 1271 | RUDA-ERTEL Krystyna | Baranów | | POL Maratony Polskie PI Team / | 69 | K40/13 K / 50 | 02:18:12 | 02:17:53 | 06.32 | +1:08:34 | 0:29:43 / 233 | 1:06:38 / 254 | 1:40:44 / 261 |
| 259 | 1026 | MAŁEK Tomasz | Olawa | | POL AutoIiv Biega | 80 | M30/81 M / 209 | 02:18:36 | 02:18:11 | 06.33 | +1:08:58 | 0:31:38 / 271 | 1:05:50 / 250 | 1:39:40 / 257 |
| 260 | 1033 | TURKO Katarzyna | Bytom | | POL Pko Bank Polski / | 70 | K40/14 K / 51 | 02:18:38 | 02:18:19 | 06.33 | +1:09:00 | 0:29:51 / 236 | 1:05:14 / 246 | 1:39:57 / 258 |
| 261 | 1222 | LUCKA Ewa | Kunów | | POL | 91 | K20/15 K / 52 | 02:21:23 | 02:21:07 | 06.41 | +1:11:45 | 0:30:13 / 248 | 1:06:51 / 266 | 1:42:16 / 266 |
| 262 | 1163 | DUDEK Grzegorz | Wrocław | | POL | 84 | M20/55 M / 210 | 02:21:23 | 02:21:02 | 06.41 | +1:11:45 | 0:33:26 / 281 | 1:09:28 / 277 | 1:42:35 / 267 |
| 263 | 1176 | SUTKOWSKI Andrzej | Myszków | | POL Aviva Częstochowa | 64 | M40/46 M / 211 | 02:21:24 | 02:21:23 | 06.42 | +1:11:46 | 0:30:25 / 253 | 1:06:45 / 257 | 1:44:44 / 274 |
| 264 | 1206 | KOCHANOWSKA Ewa | Opole | | POL | 76 | K30/23 K / 53 WO/148 | 02:21:36 | 02:21:15 | 06.41 | +1:11:58 | 0:31:30 / 263 | 1:06:53 / 267 | 1:41:40 / 265 |
| 265 | 1205 | KOCHANOWSKI Rafał | Opole | | POL | 76 | M30/82 M / 210/O/149 | 02:21:36 | 02:21:14 | 06.41 | +1:11:58 | 0:31:29 / 262 | 1:06:53 / 268 | 1:41:39 / 264 |
| 266 | 1059 | MASZKOWSKI Jacek | Polska Nowa Wieś | | POL Niezrzeszony | 62 | M50/20 M / 210/O/150 | 02:21:41 | 02:21:20 | 06.41 | +1:12:03 | 0:31:43 / 274 | 1:06:55 / 270 | 1:40:33 / 259 |
| kazimierz | | | | | | | | | | | | | | |
| 267 | 1230 | FIGURA Piotr | Opole | | POL | 84 | M20/56 M / 210/O/151 | 02:22:23 | 02:22:00 | 06.43 | +1:12:45 | 0:31:35 / 270 | 1:06:50 / 265 | 1:41:20 / 263 |
| 268 | 1293 | KOWANDA Marcela | Opole | | POL | 72 | K40/15 K / 54 WO/152 | 02:23:05 | 02:22:48 | 06.46 | +1:13:27 | 0:31:26 / 259 | 1:07:16 / 275 | 1:44:02 / 270 |
| 269 | 1292 | MASNY Przemysław | Opole | | POL | 62 | M50/21 M / 210/O/153 | 02:23:06 | 02:22:49 | 06.46 | +1:13:28 | 0:31:26 / 258 | 1:07:16 / 274 | 1:44:02 / 271 |
| 270 | 1002 | KOWALCZYK Beata | Opole | | POL | 68 | K40/16 K / 55 WO/154 | 02:23:16 | 02:22:57 | 06.46 | +1:13:38 | 0:31:39 / 272 | 1:08:18 / 276 | 1:43:40 / 269 |
| 271 | 1174 | KRAWCZYK Kazimierz | Wilcza Góra | | POL Aviva Częstochowa | 64 | M40/47 M / 216 | 02:24:41 | 02:24:39 | 06.51 | +1:15:03 | 0:30:24 / 250 | 1:06:45 / 255 | 1:44:44 / 273 |
| 272 | 1223 | BOJANOWICZ Paweł | Wrocław | | POL | 76 | M30/83 M / 217 | 02:24:54 | 02:24:46 | 06.51 | +1:15:16 | 0:29:58 / 244 | 1:03:37 / 236 | 1:40:58 / 262 |
| 273 | 1105 | WÓJCIK Maciej | Opole | | POL | 77 | M30/84 M / 210/O/155 | 02:26:27 | 02:26:06 | 06.55 | +1:16:49 | 0:28:50 / 224 | 1:06:54 / 269 | 1:42:56 / 268 |
| 274 | 1285 | BEDLICKA Joanna | Katowice | | POL Ts Sokół Śląsk | 73 | K40/17 K / 56 | 02:27:41 | 02:27:40 | 06.59 | +1:18:03 | 0:28:08 / 206 | 1:06:17 / 252 | 1:44:44 / 272 |
| 275 | 1093 | MICHALAK Martyna | Wrocław | | POL | 84 | K20/16 K / 57 | 02:27:44 | 02:27:27 | 06.59 | +1:18:06 | 0:32:16 / 278 | 1:09:45 / 278 | 1:45:04 / 277 |
| 276 | 1216 | KUSZ Marcin | Jemielnica | | POL Kancelaria Prawna Sandl | 85 | M20/57 M / 210/O/156 | 02:28:01 | 02:27:53 | 07.00 | +1:18:23 | 0:30:44 / 256 | 1:10:14 / 279 | 1:45:07 / 278 |
| 277 | 1116 | ŁĄTKA Agnieszka | Milton Keynes | | GBR | 85 | K20/17 K / 58 | 02:28:23 | 02:27:58 | 07.00 | +1:18:45 | 0:36:39 / 284 | 1:16:24 / 283 | 1:51:47 / 282 |
| 278 | 1173 | SKOWIERA Piotr | Częstochowa | | POL Aviva Częstochowa | 55 | M50/22 M / 220 | 02:28:44 | 02:28:44 | 07.03 | +1:19:06 | 0:30:24 / 249 | 1:06:45 / 258 | 1:44:54 / 275 |
| 279 | 1175 | MAREL Paweł | Częstochowa | | POL Aviva Częstochowa | 61 | M50/23 M / 221 | 02:28:44 | 02:28:42 | 07.02 | +1:19:06 | 0:30:24 / 252 | 1:06:45 / 256 | 1:44:54 / 276 |
| 280 | 1117 | ŁĄTKA Mirosław | Opole | | POL | 63 | M50/24 M / 220/O/157 | 02:28:49 | 02:28:23 | 07.02 | +1:19:11 | 0:36:37 / 282 | 1:16:17 / 282 | 1:51:21 / 281 |
| 281 | 1017 | SZKOLNICKI Stanisław | Opole | | POL | 49 | M60/10 M / 220/O/158 | 02:31:12 | 02:30:49 | 07.08 | +1:21:34 | 0:33:25 / 280 | 1:11:35 / 281 | 1:48:58 / 279 |
| 282 | 1245 | WYLEGAŁA Anna | Prudnik | | POL | 79 | K30/24 K / 59 WO/159 | 02:36:54 | 02:36:47 | 07.25 | +1:27:16 | 0:32:01 / 276 | 1:11:15 / 280 | 1:50:58 / 280 |
| 283 | 1211 | ŻOCHOWSKI Mirosław | Gliwice | | POL | 67 | M40/48 M / 224 | 02:37:30 | 02:37:02 | 07.26 | +1:27:52 | 0:30:24 / 251 | 1:05:35 / 249 | 1:52:06 / 283 |
| 284 | 1110 | BRZOZOWSKA - ZIĘBA | Opole | | POL | 79 | K30/25 K / 60 WO/160 | 02:44:41 | 02:44:17 | 07.47 | +1:35:03 | 0:36:39 / 283 | 1:16:50 / 284 | 1:58:03 / 284 |
| Anna | | | | | | | | | | | | | | |
| 285 | 1126 | KRUCZKIEWICZ Mateusz | Wrocław | | POL Kruki | 79 | M30/85 M / 225 | 02:46:23 | 02:45:59 | 07.52 | +1:36:45 | 0:37:21 / 286 | 1:21:11 / 285 | 2:01:24 / 285 |
| 286 | 1150 | CHYBICKA Alicja | Wrocław | | POL | 51 | K60/1 K / 61 | 02:49:28 | 02:49:06 | 08.00 | +1:39:50 | 0:37:16 / 285 | 1:21:12 / 286 | 2:02:19 / 286 |
| 287 | 1058 | REPA Antoni | Wrocław | | POL S.I. Salos | 49 | M60/11 M / 226 | 03:13:55 | 03:13:36 | 09.10 | +2:04:17 | 0:41:45 / 287 | 1:32:20 / 287 | 2:19:43 / 287 |